A decade into her career working with survivors of trauma, Laura van Dernoot Lipsky experienced a near-psychotic break. She came to realize that this was the cumulative result of years of witnessing and being intimately involved in trauma while lacking insight into how to sustain herself amidst such conditions. As a part of her attempt to come back from the brink, she began a journey of inquiry into the lasting effects of exposure to suffering, hardship, crisis, or trauma.

The Camp Fire has thrown our community, and many of us personally, into a state of crisis and trauma. Professionally, we are overwhelmed with the task of caring, healing, and rebuilding. Laura van Dernoot Lipsky will show how a deeper understanding of trauma exposure and the tools for navigating systems will enable us to do our work better.

**Topics Will Include:**
- Understanding Cumulative Toll
- The Trauma Exposure Response
- How to Sustain Individually
- How to Sustain Collectively
- Creating Organizational, Institutional & Movement-level Change

**Who Should Attend**
Educators, Nurses, Social Workers, First Responders, Psychologists, Public Health Workers, Physicians & others who work with individuals who have experienced trauma

**Schedule**
- Check In & Coffee ~ 7:30–8:00AM
- Welcome ~ 8:00AM
- Transforming Trauma Workshop
- Lunch ~ Noon–12:30PM
- Profession-specific Breakouts ~ 12:30–2:30PM

**Registration**
- Full-day fee: $15. Includes lunch.
  Registration deadline is April 15.

Register by phone, 530-898-6105, or online at rce.csuchico.edu/transforming-trauma