2027 | WINTER AND OUTDOOR INTERSESSION

OLLI at Chico State

OSHER LIFELONG LEARNING INSTITUTE

WHERE LEARNING NEVER RETIRES



The **Osher Lifelong Learning Institute** in Chico, California is a learning community of more than 900 members. We welcome adults with a desire to learn, share their gifts with others, build new friendships, and take an active part in discovering more about the world. **Join us!**

olli.csuchico.edu

530-898-6679

WINTER 2027 AT OLLI

Welcome to OLLI All Year!

When you join OLLI, you become part of our welcoming community of lifelong learners. OLLI is designed for adults 50 and older and is open to everyone. As a member, you can take or teach classes, join or organize social meetups, attend free events, and access all of OLLI's member benefits.

Classes: Classes are the heart of the OLLI experience. Our classes vary from academic subjects taught by former educators to hobbies shared by enthusiasts. There are no tests or grades. The only requirement is an interest in learning. OLLI has three 10-week class terms spread out across the year. This winter, our volunteer instructors will lead over 120 classes on everything from sketchbook journaling to Greek tragedies; from California history to hiking in Iron Canyon. We invite you to explore our full schedule of learning opportunities in the classroom, outside, and online.

Social Meetups: OLLI continues throughout the year with social meetups between class terms. You might join other OLLI members to make some art, have a conversation, or play a card game – in person or on Zoom. Social meetups are member-led: you decide what you want to do with other OLLI members. The OLLI office will send out the calendar of meetups each week to all members. Want to introduce a friend to OLLI? Bring them to a meetup to get a taste of what OLLI is all about.

Join OLLI At Any Time

Your membership is good for three consecutive class terms. Membership is required to participate in OLLI classes and member events.

Annual Fees:

- Unlimited Membership (Winter, Spring, and Fall) **$300**
- À La Carte Membership (Winter, Spring, and Fall) **$50**
- Instructor-Only Unlimited Membership (Winter, Spring, and Fall) **$240**
- Upgrade from À La Carte Membership to Unlimited Membership **$250**

Installment Payment Plans & Scholarships Available!
See the Winter '27 Membership Form, page 28.

Refund, Drop, and Waitlist Policies:
See our full policies on page 26.

Unlimited members have access to all OLLI classes with no additional per-class fees. À La Carte members pay a per-class fee for each class they take each term. À La Carte members can upgrade to Unlimited membership within the first six months. Previously paid per-class fees will not be refunded. Some materials fees may be requested at both membership levels for some classes.

Benefits for All Members:

- Invitations to all OLLI social meetups, events, and travel opportunities
- Access to online lectures from OLLI programs across the country
- Free parking at primary classroom complex, The Social Chico
- Discounted lunch option and tickets
- One-on-one technical and Zoom support from OLLI staff and volunteers
- Subscription to OLLI's *Bits & Bytes e-newsletter* sent out twice per month
- Option to request a Chico State library courtesy card

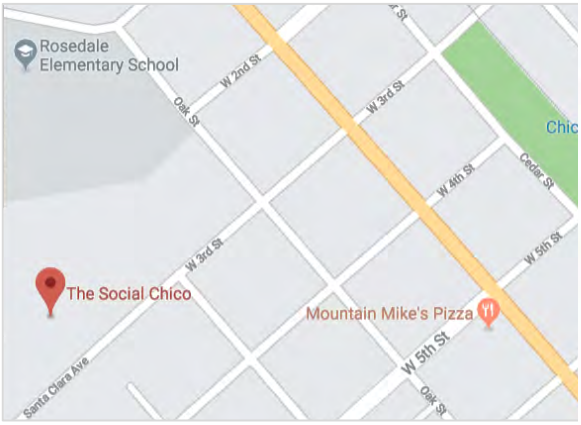
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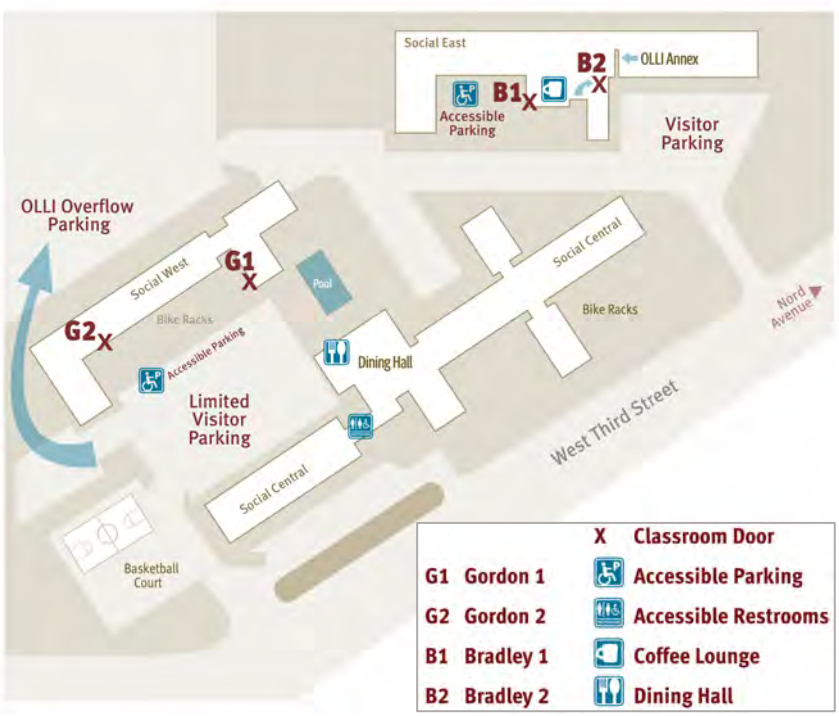
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Class Preview Event ..... Back Cover

The Social Chico

1400 W. 3rd St. Cross Street: Nord Ave. / Walnut St.

OLLI holds many of our in-person classes at The Social Chico. In addition to our four classrooms, there is a dining hall, coffee lounge, and accessible parking and restrooms.





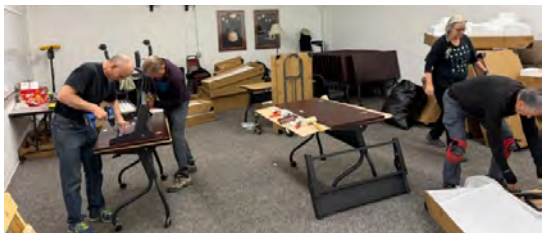
OLLI Advisory Council

The OLLI Advisory Council provides a vital platform for member input and reaffirms OLLI's commitment to shared leadership. Each volunteer team represented on the Advisory Council works on a key area of OLLI's success. The Advisory Council gives teams an opportunity to connect with each other and OLLI staff.

- Membership Team Lead: Debbie Vermette and Gayle Womack
- AV and Facilities Team Lead: William Tefteller
- Curriculum Team Lead: Open
- Outdoor Experiences Team Leads: Lorraine Smith and Vickie Stoll
- Social Meetups Team Lead: Open
- Fundraising Team Lead: Open
- Members-At-Large: Lynda Klein, Lois Olson, and David Price

All of our volunteer teams have openings for additional members. If you'd like to join a team, contact OLLI at 530-898-6679 or olli@csuchico.edu.









OSHER LIFELONG LEARNING INSTITUTE
OLLI at Chico State

WINTER '27 SCHEDULE AT A GLANCE

Classes listed by day & start time to help you plan.

* = Counts toward 3-class limit. $ = Additional materials/service fee. @ = Recorded class.

MONDAY CLASSES						
*		Meandering in Interesting Places: Oroville Dam and Lake Oroville Visitor Center	Vickie Bernhardt	8:30–12	Feb 22	Various Locations
*		Easing onto the Hiking Trail	Lorraine Smith (she/her/hers)	9–1	Feb 15–Mar 08	Various Locations
*		A-Thrifting We Will Go	Linda Patrick	10–11	Jan 04–Feb 08	The Social Chico, Bradley 1
		An Introduction to Calflora	David Popp	10–11	Feb 22	The Social Chico, Bradley 1
		Women & Money: Costly Mistakes of Estate Planning	Miste Cliadakis	10–11	Mar 08	The Social Chico, Gordon 1
		Playing Guitar at Beginning Level 2 and Singing Along	Phil Elkins	10–11:30	Jan 04–Mar 01	Westmont of Chico, Lobby
		Cracker Barrel	David Price	10–11:30	Jan 04–Mar 08	The Social Chico, Bradley 2 and Link to be Provided
*		Westside Museum Tours	Hendrik Feenstra	10–11:30	Jan 11–Feb 08	Various Locations
		Sing Gospel Music	Phil Elkins	10–11:30	Jan 11–Mar 08	Westmont of Chico, Lobby
		Planning for Disability: Health Care Directives, Powers of Attorney, and Special Needs Trusts	Dana Campbell	10–11:30	Jan 25–Feb 08	The Social Chico, Gordon 1
		French 1	Leanne Ulvang (she/her/elle)	1–2	Jan 04–Mar 08	Link to be Provided
		Unlocking Your Home Equity: A Practical Guide to Reverse Mortgages	Jim Heberle	1–2	Jan 11	The Social Chico, Gordon 1
*	$	Greek Tragedy: Sophocles' Oedipus Trilogy: Sect. 1	Charles Copeland	1–2:30	Jan 04–Mar 08	The Social Chico, Bradley 1
	$	Watercolor: Beginning	Christine MacShane	1–2:30	Jan 04–Mar 08	Christine MacShane Art Studio
		Passages Area Agency on Aging Overview	Victoria Brennan	1–2:30	Jan 25	The Social Chico, Gordon 1
		Understanding Treatment Courts	Helen Harberts (she/her/hers)	1–2:30	Jan 25	The Social Chico, Bradley 2
		Building Brain-Healthy Habits	Kindra Adcock Dantanavatanawong (she/her/hers)	1–2:30	Feb 15	The Social Chico, Bradley 2
*	$	Fun with Fabric Collage	Lisa Freeman-Wood	1–4	Feb 15–Mar 01	The Social Chico, Gordon 2
	$	French 2	Leanne Ulvang (she/her/elle)	2:05–3	Jan 04–Mar 08	Link to be Provided
	$	Beginning Spanish from Chapter 8	Jennifer Castañeda	3–4	Jan 04–Mar 08	The Social Chico, Gordon 1
		Feeding the Aging Dragon: Brain, Body, and Mind as We Age	Richard Varlinsky	3–4	Jan 04–Mar 08	The Social Chico, Bradley 2
		French 3: Conversation	Leanne Ulvang (she/her/elle)	3:05–4	Jan 04–Mar 08	Link to be Provided
		Sketchbook Journaling	Marvey Mueller	3–4:30	Jan 04–Feb 15	The Social Chico, Bradley 1
	$	Beginning Spanish from Chapter 3	Aaron Alexander (he/him/his)	5:30–6:30	Jan 04–Mar 08	The Social Chico, Bradley 1
TUESDAY CLASSES						
		Has Your Retirement Portfolio Kept Pace with Inflation, AI, and Global Shifts?	Steven Cliadakis (he/him/his)	8:15–9:45	Jan 12–Jan 19	The Social Chico, Gordon 1
*		24-Form Tai Chi	Mike McCluskey	8:30–9:30	Jan 05–Mar 11	Chico Creek Dance, Studio A
*		Tap Dance Is Fun: Intermediate	Mary Sweeney	9–10	Jan 19–Mar 09	Chico Creek Dance, Studio B
		Right-Sizing Your Home and Your Life: Practical Thoughts on Moving, Downsizing, or Staying Put	Walker Edmondson	10–11	Jan 05	The Social Chico, Gordon 1
	$	Chico History Museum Tour: Section 2	Chico History Museum	10–11	Feb 09	Chico History Museum
*		Spiritual Principles	Rosie Potestio	10–11:30	Jan 05–Feb 02	The Social Chico, Gordon 2
	@	Mastering Prismacolor Pencils	Cris Guenter	10–11:30	Jan 05–Feb 23	Link to be Provided
		Cribbage: Learn and Play	Susan Levine	10–11:30	Jan 05–Mar 09	The Social Chico, Bradley 1

TUESDAY CLASSES, CONT.						
	@	California History Through the Characters Who Made It	Gary Hendrickson	10–11:30	Jan 05–Mar 09	The Social Chico, Bradley 2 and Link to be Provided
*		Tai Chi for Arthritis and Fall Prevention: Beginning	Mary Sweeney	10:15–11	Jan 19–Mar 11	Chico Creek Dance, Studio B
		Tuesday Tunes	Bitz Haley	10:30–11:45	Jan 05–Mar 09	Haley Music Therapy, Group Room and Link to be Provided
*		Strength, Posture, Flexibility, and Balance for 50s, 60s, 70s and Beyond: Section 2	Kim Hawley	11–11:45	Feb 16	Whole Body Fitness
*		Tai Chi for Arthritis and Fall Prevention: Intermediate	Mary Sweeney	11:15–12:15	Jan 19–Mar 11	Chico Creek Dance, Studio B
*		Strength, Posture, Flexibility, and Balance for 50s, 60s, 70s and Beyond: Section 3	Kim Hawley	1–1:45	Mar 09	Whole Body Fitness
		Espionage 102	Terry Wilson	1–2	Feb 09–Mar 02	The Social Chico, Gordon 1
		Reading Poetry for Insight and Enrichment	Kate Foley	1–2:30	Jan 05–Mar 09	Link to be Provided
*		Dialect Diversity: Challenging the Stereotypes	Karen Burdette (she/her/hers)	1–2:30	Jan 19–Mar 09	The Social Chico, Bradley 1
		Road Ready at Any Age	Hayley Shafer (she/her/hers)	1–2:30	Feb 02	The Social Chico, Bradley 2
		Everyone Watches Women's Sports: How We Got Here	Richard Willman	1–2:30	Feb 09–Mar 09	The Social Chico, Bradley 2
*	$	Creative Journaling	Lisa Freeman-Wood	1–3	Feb 09–Mar 02	The Social Chico, Gordon 2
*	$	Watercolor Exploration	Lisa Freeman-Wood	1–3	Jan 05–Feb 02	The Social Chico, Gordon 2
*		Film, Movies, Cinema!	Aaron Bor	1–3:30	Jan 05–Feb 02	The Social Chico, Gordon 1
		How Deserts Are Converted to Vibrant Landscapes	Julie Heath	3–4	Jan 05–Jan 26	The Social Chico, Bradley 2
		How We Cognitively Process Visual Media	Neil Schwartz	3–5	Jan 05–Feb 16	The Social Chico, Bradley 1
	@	Let's Keep Knitting!	Gale Ulvang	3–4:30	Jan 05–Mar 09	Link to be Provided
		Theatre Acting: It's No Mystery	April Gausemel	3–4:30	Feb 16–Mar 09	The Social Chico, Gordon 1
*		A Mindfulness Meditation Experience	Rebecca Cook	3–4:30	Mar 02	Sky Creek Dharma Center
WEDNESDAY CLASSES						
		Fitness for Lifetime Mobility: Section 1	Paul Coots	8:30–9:45	Jan 06–Feb 24	The Social Chico, Bradley 2
*		Hike & Learn: Lovejoy Falls	Pamela Waldsmith	8:30–1:30	Feb 24	Various Locations
*	$	Watercolor Painting	Christine MacShane	9–11	Jan 06–Mar 10	Christine MacShane Art Studio
		Wednesday Park Walks: Section 1	Amy Hahn	9:15–10:30	Jan 06–Feb 03	Various Locations
		Wednesday Park Walks: Section 2	Amy Hahn	9:15–10:30	Feb 10–Mar 10	Various Locations
*		Decoding AI: From Practical Tools to Global Realities	Fran Murphy	10–11	Jan 06–Jan 27	The Social Chico, Gordon 2
		Fitness for Lifetime Mobility: Section 2	Paul Coots	10–11:15	Jan 06–Feb 24	The Social Chico, Bradley 2
*	$	Greek Tragedy: Sophocles' Oedipus Trilogy: Section 2	Charles Copeland	10–11:30	Jan 06–Mar 10	The Social Chico, Bradley 1
	$	Chico History Museum Tour: Section 1	Chico History Museum	10–11	Jan 13	Chico History Museum
*		Meandering in Interesting Places: Janet Turner Print Museum	Candice Roethler	10–12	Feb 17	Chico State Campus, Janet Turner Print Museum
	@	Making Cents of Caregiving Costs	Kris Ritualo	10–11:30	Feb 24	Link to be Provided
	$	Acrylic Painting	Christine MacShane	12:30–2:30	Jan 06–Mar 10	Christine MacShane Art Studio
		Household Electrical: Exterior	Robert Fickert	1–2:30	Jan 06	The Social Chico, Bradley 2
	@	Zen Drawing 101	Susan Levine	1–2:30	Jan 06–Feb 10	Link to be Provided
		Great Speeches	Robin Dizard (she/her/hers)	1–2:30	Jan 06–Feb 17	The Social Chico, Gordon 1
	$	Pickleball	Peter Hill	1–2:30	Jan 06–Feb 24	Dill Dinkers (formerly Chico Pickle & Pong)
	$	Science Fiction and Fantasy Book Group	Sydney Wilde	1–2:30	Jan 06–Mar 03	Link to be Provided
		Writer's Workshop	Paul Belz	1–2:30	Jan 06–Mar 10	The Social Chico, Gordon 2

		WEDNESDAY CLASSES, CONT.				
		Household Electrical: Interior	Robert Fickert	1–2:30	Jan 13	The Social Chico, Bradley 2
	@	California Art from an Artist's Viewpoint	Dolores Mitchell	1–2:30	Feb 10–Mar 10	Link to be Provided
		French for Travelers	Leanne Ulvang (she/her/elle)	1:30–2:30	Jan 06–Mar 10	Link to be Provided
		Let's Play Games!: Section 1	Donna Knorton	2–4	Jan 06–Mar 10	The Social Chico, Bradley 1
	$	Beginning Spanish from Chapter 13	Jennifer Castañeda	3–4	Jan 06–Mar 10	The Social Chico, Gordon 1
		Telling Your Story	Lisa Holeman	3–4	Jan 06–Mar 10	Westmont of Chico, Sierra Room
		Human Personality: Why You Are Who You Are	Lawrence Herringer (he/him/his)	3–4:30	Jan 13–Mar 10	The Social Chico, Bradley 2
	$	Beer Styles and Histories	Steve Kay	4–5:30	Jan 13–Jan 27	The Allies Pub
		History and Styles of Whisk(e)y	Steve Kay	4–5:30	Feb 10–Feb 24	The Allies Pub
	$	Spanish Composition and Conversation	Aaron Alexander (he/him/his)	5:30–6:30	Jan 06–Mar 10	The Social Chico, Bradley 1
		Thinking Like a Physicist 2.0	Louis Buchholtz	6–7:30	Jan 06–Mar 10	The Social Chico, Gordon 1
		THURSDAY CLASSES				
*		Tap Dance Is Fun: Beginning	Mary Sweeney	9–10	Jan 21–Mar 11	Chico Creek Dance, Studio B
*		Birding in the Chico Area: All Levels	Joyce Bond	9–11	Jan 21–Mar 11	Various Locations
		Birding in the Chico Area: Beyond the Basics	Joyce Bond	9–12	Jan 07–Mar 04	Various Locations
		In Search of California's Vanishing Flora	David Popp	9–1	Mar 11	Various Locations
		Spanish Songs	Memo Keswick	10–11	Jan 07–Mar 11	The Social Chico, Bradley 1
	@	Using B-Line Services in Butte County	Amy White	10–11	Feb 11	Link to be Provided
	$	Chico History Museum Tour: Section 3	Chico History Museum	10–11	Mar 11	Chico History Museum
*		Feng Shui in the Twenty-First Century	Valerie Althoff	10–11:30	Jan 07–Feb 04	The Social Chico, Gordon 2
		Skywatchers' Almanac: Folklore, Facts, and Physics	Lynda Klein	10–11:30	Jan 07–Feb 04	The Social Chico, Gordon 1
		Global Climate Change: Evidence, Impacts, and Choices	Lynda Klein	10–11:30	Feb 11–Mar 11	The Social Chico, Gordon 1
*		Living the Four Agreements	Valerie Althoff	10–11:30	Feb 11–Mar 11	The Social Chico, Gordon 2
		Only Hope: My Mother and the Holocaust Brought to Light	Irv Lubliner	10–12	Jan 28	Link to be Provided
*		Welcome to the World of Chi	Marie Mitchell	10:30–11:45	Jan 07–Mar 11	The Social Chico, Bradley 2
		Intermediate Spanish Conversation	Memo Keswick	11–12	Jan 07–Mar 11	The Social Chico, Bradley 1
*	$	An Afternoon at Burnt Barn Distilling Co.	Melissa Loura	12–3	Feb 11	Burnt Barn Distilling Co.
*		Strength, Posture, Flexibility, and Balance for 50s, 60s, 70s and Beyond: Section 1	Kim Hawley	1–1:45	Jan 14	Whole Body Fitness
		Beatles, Beatles, Beatles: Part 1	LaDawn Haws	1–2	Jan 07–Mar 11	The Social Chico, Gordon 1
*		Mindfulness for Everyday Living: Building Inner Calm, Clarity, and Compassion	Julia Ferre (she/her/hers)	1–2:30	Jan 07–Feb 25	The Social Chico, Gordon 2
	@	Great Decisions	William Tefteller	1–2:30	Jan 07–Mar 11	The Social Chico, Bradley 2 and Link to be Provided
*		OLLI Chess Club	Walter Coffey	1–3	Jan 07–Mar 11	The Social Chico, Bradley 1
	$	Table Tennis	Darrin Yoder	2–3:30	Jan 07–Feb 18	Dill Dinkers (formerly Chico Pickle & Pong)
		FRIDAY CLASSES				
*		Iron Canyon Hike	Vickie Stoll	8–4	Feb 19	Various Locations
		Poetry for Pleasure	Paul Belz	9:15–10:15	Jan 08–Mar 05	The Social Chico, Gordon 2
		Safeguarding What Matters: A Conversational Class on Protecting Your Home, Estate, and Family	Doug Love	10–11	Jan 08	The Social Chico, Gordon 1
		The Private Life of a Masterpiece	Walter Coffey	10–11:30	Jan 08–Mar 12	The Social Chico, Bradley 2

		FRIDAY CLASSES, CONT.				
*		Stansbury Home Tour	Elizabeth Carrillo	10–11:30	Feb 12	The Stansbury Home
		Let's Play Games!: Section 2	Donna Knorton	10–12	Jan 08–Mar 12	The Social Chico, Bradley 1
*		A Tour of Chico State's Behavioral and Social Sciences Building	Margo Lund	10–12	Feb 19	Chico State Campus
*		Explore Chico Art Center's Digital Art Lab	Carolyn Short	10–12:30	Feb 26	Chico Art Center
		Healthy Aging Through Nutrition and Lifestyle: Practical Strategies for Living Well	Seth Klobodu	11–12:30	Jan 29	The Social Chico, Gordon 1
		Music and Musicians	Walter Coffey	1–3	Jan 08–Mar 12	The Social Chico, Bradley 2
	$	Beading Basics: Section 1	Heather Lawther	4–5:30	Jan 08	String Bead
	$	Wirework Earrings: Section 1	Heather Lawther	4–5:30	Jan 15	String Bead
	$	Soldered Charm Bracelets	Heather Lawther	4–5:30	Jan 22	String Bead
	$	Torch Enameling: Section 1	Heather Lawther	4–5:30	Jan 29	String Bead
	$	Beading Basics: Section 2	Heather Lawther	4–5:30	Feb 05	String Bead
	$	Wirework Earrings: Section 2	Heather Lawther	4–5:30	Feb 12	String Bead
	$	Intro to Silversmithing: Section 1	Heather Lawther	4–5:30	Feb 19	String Bead
	$	Torch Enameling: Section 2	Heather Lawther	4–5:30	Feb 26	String Bead
	$	Metalwork 101: Open Saw Work	Heather Lawther	4–5:30	Mar 05	String Bead
	$	Intro to Silversmithing: Section 2	Heather Lawther	4–5:30	Mar 12	String Bead
		SATURDAY CLASSES				
	$	Wilderness First Aid	Sierra Rescue International	8:30–5:30	Jan 09	The Social Chico, Bradley 2
*	$	Chico History Museum Special Lecture	Chico History Museum	10–11	Jan 30	Chico History Museum
*		Historical Walking Tour: Downtown Chico & Chico State	Chico History Museum	10–11	Mar 06	Various Locations
*	$	Foods for a Healthy Heart	Sherry Morgado (she/her/hers)	10–12	Jan 09	The Social Chico, Bradley 1
*	$	Power Foods for the Brain	Sherry Morgado (she/her/hers)	10–12	Feb 06	The Social Chico, Bradley 1
		Inside the Orchestra with North State Symphony	Scott Seaton	1:45–4:10	Mar 27	Laxson Auditorium
		SUNDAY CLASSES				
		World Dance	Memo Keswick	1–2	Jan 03–Mar 07	Chico Creek Dance, Studio A

Class Locations: OLLI holds classes in several locations across (and beyond) Chico. For Google Map links and printable directions for all class locations, visit the OLLI website at **olli.csuchico.edu** and select "Find Locations" on the home page.

- Burnt Barn Distilling Co. ..... 195 Wayland Road, Paradise
- Chico Art Center ..... 450 Orange Street, Chico
- Chico Creek Dance..... 1144 W. 1st Street, Chico
- Chico History Museum..... 141 Salem Street, Chico
- Christine MacShane Art Studio .....1459 Humboldt Road, Suite B, Chico
- Dill Dinkers (formerly Chico Pickle & Pong) ..... 424 Otterson Drive, Chico
- Haley Music Therapy..... 2550 Floral Avenue, Suite 20, Chico
- Sky Creek Dharma Center.....120 Three Oaks Court, Chico
- String Bead.....2201 Pillsbury Road, Suite 138, Chico
- The Allies Pub ..... 426 Broadway, Suite 130, Chico
- The Social Chico: .....1400 W. 3rd Street, Chico
  Bradley & Gordon Classrooms
- The Stansbury Home ..... 307 W. 5th Street, Chico
- The Lodge at Westmont of Chico.....2750 Sierra Sunrise Terrace, Chico
- Whole Body Fitness.....2954 Highway 32, Suite 600, Chico



Fully-Guided, In-Person Tours with OLLI

Take a trip guided by seasoned tour guides from Collette, a favorite touring company of other OLLIs in the national Osher network. These OLLI-exclusive experiences promise memorable journeys in the company of friends. For more information, visit the "Trips and Tours" page at **olli.csuchico.edu**



The Plains of Africa, Summer '27

Enjoy Kenya's scenic vistas and magnificent wildlife as you traverse the African plains on an intimate safari adventure. In Swahili, "safari" means journey; to you, it will mean that – and so much more. Explore Kenya, home to incredible wildlife from cheetahs to wildebeests. Discover the thriving cultures and innumerable natural wonders that make this one of the most popular African countries to visit. Go in search of elephants, lions, buffalo, rhinos, and leopards – collectively known as the "Big 5" – and other animals on 13 game drives. Meet a member of the Samburu tribe who opens you up to the culture, folklore, and African traditions. Visit with Rothschild giraffes at the Giraffe Sanctuary. Visit the beautiful Maasai Mara National Reserve, and top off a full-day game drive with a traditional dinner in the bush and a Maasai dance performance. These are the plains of Africa, where unparalleled experiences greet you at every turn.





Canadian Maritimes and Coastal Wonders, Fall '27

From the nautical beauty of Peggy's Cove to the rugged splendor of the Cabot Trail, the Maritimes will enchant you. Choose how you explore Lunenburg – at the Fisheries Museum of the Atlantic or on a locally guided walking tour. Partake in a PEI tradition with a supper of fresh lobster and mussels. Visit the Anne of Green Gables Museum and learn about potato farming. See the four-story high Hopewell Rocks. Savor a traditional Maritimes seafood feast beside the Bay of Fundy, where some of the world's highest tides are recorded. Don't miss the rugged beaches, picturesque fishing villages, and rich seafaring history of Canada's amazing Maritime Provinces.



Imperial Cities, Fall '27

Bask in the splendor, history, and romance of Europe's regal capital cities of Prague, Vienna, and Budapest. Your journey starts in Prague, the noble capital of the Czech Republic. Your adventure continues in Vienna, where you'll delight in the Baroque marvels of the Schönbrunn Palace, the summer retreat of the Habsburg dynasty for more than 200 years. Listen to the lineage of Vienna's history and indulge in a performance featuring the works of Mozart and Strauss, two former Viennese residents. In Budapest, visit a fourteenth century Hungarian castle. Enjoy traditional local cuisine, and a glimpse into this region's eminent past.



IN THE CLASSROOM

Learn more about our outstanding volunteer instructors by viewing their bios with the OLLI class listings online.

24-Form Tai Chi *

Tue & Thu, Jan 05–Mar 11 • 8:30AM–9:30AM • Chico Creek Dance, Studio A
Instructor(s): Mike McCluskey, Mary McCluskey

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This is the shortest of the six major Yang-style tai chi movements, taking about six minutes to complete. Tai chi is known for developing balance, strength, and flexibility. It is a form of meditation in movement. In this class you will learn all 24 forms and by the end be able to join other groups wherever you go.

→ Schedule Note: This class meets twice a week.

A Mindfulness Meditation Experience *

Tue, Mar 02 • 3:00PM–4:30PM • Sky Creek Dharma Center
Instructor(s): Rebecca Cook

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Explore mindfulness meditation and learn about several approaches to meditation in this introductory class. Discover how mindfulness meditation works, what to expect when beginning a practice, and how meditation can support awareness, focus, and a sense of calm. Join us for a visit to the Sky Creek Dharma Center, a quiet local space dedicated to meditation, peace, and well-being. Time will be set aside for questions and discussion. The visit will conclude with an optional 10–15 minute guided meditation in the center's meditation hall.

A Tour of Chico State's Behavioral and Social Sciences Building *

Fri, Feb 19 • 10:00AM–12:00PM • Chico State Campus
Instructor(s): Margo Lund

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Are you curious about the new buildings going up on Chico State's campus? Join us for a tour of the Behavioral and Social Sciences Building. Opened in 2024, the 94,000-square-foot building was the third net-zero building in the California State University system and first on Chico State's campus. We'll see its sustainability features and the way it extends Chico's natural beauty through an indoor garden with living trees. Expect to stand for the majority of the tour. *Class Notes:* Further details will be provided prior to the class.

A-Thrifting We Will Go *

Mon, Jan 04–Feb 08 • 10:00AM–11:00AM • The Social Chico, Bradley 1
Instructor(s): Linda Patrick

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

This is an introductory class on how to effectively shop at thrift and consignment stores. These types of stores are a great way to enjoy and reap the benefits of buying fashion and household items without paying high-end retail prices. We will also discuss how to repurpose many items found in your home and garage. Class meetings will be a mix of in the classroom and out and about at thrift stores.

Acrylic Painting $

Wed, Jan 06–Mar 10 • 12:30PM–2:30PM • Christine MacShane Art Studio
Instructor(s): Christine MacShane

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This acrylic class is for the absolute beginner as well as more experienced painters. We will follow step-by-step instructions to create our paintings while also learning why and what we are doing. Paintings will be completed over several class sessions. All materials are provided. *Class Notes:* There is an additional $150 materials fee payable to the instructor at the first class meeting.

An Afternoon at Burnt Barn Distilling Co. * $

Thu, Feb 11 • 12:00PM–3:00PM • Burnt Barn Distilling Co.
Instructor(s): Melissa Loura, Pat Bronson, Candice Roethler

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Join us for this tasting and tour in Paradise. We will have lunch provided by a local café. We will learn how Burnt Barn's spirits are entirely made – from grain to glass – locally on a tour of the bonded production and distilling operations. We will sample their spirits in the tasting room with views of the surrounding hillsides, vineyards, and creek. *Class Notes:* There is an additional $40 lunch and tasting fee payable to the instructor at the class. Further details will be provided prior to the class.

An Introduction to Calflora

Mon, Feb 22 • 10:00AM–11:00AM • The Social Chico, Bradley 1
Instructor(s): David Popp

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Calflora is a digital library that provides comprehensive information on the wild native and exotic plants of California. This class will give a brief overview of Calflora's features, with an emphasis on the "What Grows Here" section. This section will be useful for going to your favorite places of interests in nature and having your custom-made plant list, with photographs if desired. *Class Notes:* To follow along in class, bring your smartphone, tablet, or laptop.

Beading Basics $

Section 1: Fri, Jan 08 • 4:00PM–5:30PM • String Bead
Section 2: Fri, Feb 05 • 4:00PM–5:30PM • String Bead
Instructor(s): Heather Lawther

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Explore the world of beading while designing your own bracelet. Get to know the tools of the trade and the different types of materials available for jewelry

making. All tools and materials will be provided during the workshop. *Class Notes:* There is an additional $45 materials fee payable to the instructor at the class.

Beatles, Beatles, Beatles: Part 1

Thu, Jan 07–Mar 11 • 1:00PM–2:00PM • The Social Chico, Gordon 1
Instructor(s): LaDawn Haws

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This listening party and sing-along class will include some brief history and interesting anecdotes about the Beatles and their songs, starting with several of their pre-Beatles tunes, then following them through their albums and singles from 1963 to 1966. We will listen to all the released Beatles songs, plus a few extras, with 1967-1970 in part two. Lyrics will be provided so you can sing along, or you can just listen. Join us to enjoy the fabulous foursome who changed the face of popular music.

Beer Styles and Histories $

Wed, Jan 13–Jan 27 • 4:00PM–5:30PM • The Allies Pub
Instructor(s): Steve Kay

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

This class will explore the varied styles of beer, from lager to bitter, gruit to porter. We will cover the style criteria, history, and brewing techniques of various styles. No background is necessary, just an inquiring and inquisitive mindset – and a love of beer, of course. *Class Notes:* Beer and food will be available for purchase.

→ Schedule Note: This class meets January 13 and January 27.

Beginning Spanish from Chapter 13 $

Wed, Jan 06–Mar 10 • 3:00PM–4:00PM • The Social Chico, Gordon 1
Instructor(s): Jennifer Castañeda

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This class uses a group study of the book *Complete Spanish Step by Step*, Premium 2nd Edition, by Barbara Bregstein, beginning with chapter 13. *Class Notes:* The book is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers.

Beginning Spanish from Chapter 3 $

Mon, Jan 04–Mar 08 • 5:30PM–6:30PM • The Social Chico, Bradley 1
Instructor(s): Aaron Alexander (he/him/his)

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This class engages in a group study of the book *Complete Spanish Step by Step*, Premium 2nd Edition, by Barbara Bregstein, beginning with chapter 3. *Class Notes:* The book is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers.

Beginning Spanish from Chapter 8 $

Mon, Jan 04–Mar 08 • 3:00PM–4:00PM • The Social Chico, Gordon 1
Instructor(s): Jennifer Castañeda

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This class engages in a group study of the book *Complete Spanish Step by Step*, Premium 2nd Edition, by Barbara Bregstein, beginning with chapter 8. *Class Notes:* The book is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers.

Building Brain-Healthy Habits

Mon, Feb 15 • 1:00PM–2:30PM • The Social Chico, Bradley 2
Instructor(s): Kindra Adcock Dantanavatanawong (she/her/hers)

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Research shows there are everyday habits you can build today to help protect your memory and thinking in the future – even reducing your risk of cognitive decline and possibly dementia. Join us to learn how you can take positive steps to help you live better now and protect your memory and thinking as you get older.

California History Through the Characters Who Made It @

Tue, Jan 05–Mar 09 • 10:00AM–11:30AM • The Social Chico, Bradley 2 and Link to be Provided
Instructor(s): Gary Hendrickson

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

A history of our Golden State with a different twist. No dates to memorize, no politics, just stories of the characters who made a difference and photographs of historic sites then and now.

Chico History Museum Special Lecture * $

Sat, Jan 30 • 10:00AM–11:00AM • Chico History Museum
Instructor(s): Chico History Museum, Dave Nopel

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Join local historian Dave Nopel for a special, OLLI-exclusive lecture at the Chico History Museum. *Class Notes:* Specific topic to be determined. There is an additional $10 museum entry fee payable at the class.

Chico History Museum Tour $

Section 1: Wed, Jan 13 • 10:00AM–11:00AM • Chico History Museum
Section 2: Tue, Feb 09 • 10:00AM–11:00AM • Chico History Museum
Section 3: Thu, Mar 11 • 10:00AM–11:00AM • Chico History Museum
Instructor(s): Chico History Museum

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Come learn the unique and fascinating history of Chico at the Chico History Museum. This OLLI-exclusive guided tour transforms local history into an interactive, storytelling experience as you explore the historic 1904 Andrew Carnegie Library building. The Museum's knowledgeable docents will guide you through this personalized journey, sharing deep insights into the city's diverse cultural past and fascinating local trivia. *Class Notes:* There is an additional $10 museum entry fee payable at the class.

Cracker Barrel

Mon, Jan 04–Mar 08 • 10:00AM–11:30AM • The Social Chico, Bradley 2 and Link to be Provided
Instructor(s): David Price

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This class includes short presentations (talks, slides, videos) followed by discussions on all sorts of current US and world topics involving history, government, policy, science, technology, literature, education, culture, and many more. Participants are welcome to make presentations, suggest topics, discuss, or just listen. Special guests are also welcome to present.

Creative Journaling * $

Tue, Feb 09–Mar 02 • 1:00PM–3:00PM • The Social Chico, Gordon 2
Instructor(s): Lisa Freeman-Wood

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

Come play with color, patterns, and textures. These can be a catalyst for creativity and a way into journaling. You do not have to be an artist. No drawing or painting is required; this is not an art class. There are no rules, and this is not a diary. Journaling is recommended for self-reflection, stress relief, and self-expression, but often is not easy to do. We will use hands-on activities to get unstuck and help you to journal. All materials will be provided. *Class Notes:* There is an additional $25 materials fee payable to the instructor at the first class meeting.

Cribbage: Learn and Play

Tue, Jan 05–Mar 09 • 10:00AM–11:30AM • The Social Chico, Bradley 1
Instructor(s): Susan Levine

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

Cribbage is a great card game for two people: fast, unpredictable, and portable. Though the game has many rules, this class will take you through all facets of the game, step by step. By the time you have finished this class, you will not only know the game well, but you will also know how to teach the game to others. If you already know the game, come play with us. Been looking for someone to play with? Maybe you will find a new friend and opponent here.

→ Schedule Note: This class does not meet January 19.

Decoding AI: From Practical Tools to Global Realities *

Wed, Jan 06–Jan 27 • 10:00AM–11:00AM • The Social Chico, Gordon 2
Instructor(s): Fran Murphy

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

Explore artificial intelligence through a grounded, agnostic lens designed for everyday learners. In this four-week hands-on class, we'll look at what tools like ChatGPT and Gemini do, how to use them safely for daily tasks, and how to recognize risks such as deepfakes, scams, and misinformation. Beyond the basics, we will examine broader societal impacts, including environmental costs, global realities, and ethical dilemmas. You will come away equipped to explore, discuss, and form your own well-rounded opinions. *Class Notes:* A laptop computer or other device capable of using AI tools is required.

Dialect Diversity: Challenging the Stereotypes *

Tue, Jan 19–Mar 09 • 1:00PM–2:30PM • The Social Chico, Bradley 1
Instructor(s): Karen Burdette (she/her/hers)

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

Do you speak a dialect? If not, who does? Is there good English and bad English? Who decides what's "correct"? This class will consider these questions and perhaps challenge some of our basic assumptions and implicit biases. Come along as we take a fun romp through the wonderful diversity of human language.

Espionage 102

Tue, Feb 09–Mar 02 • 1:00PM–2:00PM • The Social Chico, Gordon 1
Instructor(s): Terry Wilson

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

This class will cover individuals involved in spy craft with extended information on the Coastwatchers in the South Pacific. We will also discuss European espionage events during World War II.

Everyone Watches Women's Sports: How We Got Here

Tue, Feb 09–Mar 09 • 1:00PM–2:30PM • The Social Chico, Bradley 2
Instructor(s): Richard Willman

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

This class begins with the women who were pioneers in sports like tennis, track and field, and golf. We'll look at the growth of different sports, Title IX, and the establishment and growth of women's sports leagues and US women's national teams. We will take a special look at the athletes who were instrumental in growing their individual sports and how their popularity has increased. The class will include slide shows, open discussion, and some fun collectibles and memorabilia.

Explore Chico Art Center's Digital Art Lab *

Fri, Feb 26 • 10:00AM–12:30PM • Chico Art Center
Instructor(s): Carolyn Short, Elisabeth Stewart

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Tour Chico Art Center's digital art lab with CAC President Daniel Donnelly. You will get hands-on demonstrations of the array of digital and traditional printing and book binding equipment. The lab includes ten computer stations; six printers, including 3D, large format, and Risograph; and three types of book binding machines. Each class member will have the opportunity to create a cover and bind a book or art journal. *Class Notes:* Further details will be provided prior to the class.

Feeding the Aging Dragon: Brain, Body, and Mind as We Age

Mon, Jan 04–Mar 08 • 3:00PM–4:00PM • The Social Chico, Bradley 2
Instructor(s): Richard Varlinsky

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

The dragon that is your brain has spent your whole life guarding you, anticipating danger, and running the show without asking permission. It doesn't retire just because you do. What keeps the fire burning as you age? This class

looks at neuroplasticity, exercise and nutrition, learning and brain stimulation, social connection, gratitude, reframing your past, and building a legacy. We will draw on the latest research in psychology, neuroscience, and sociology and learn to treat your brain like a guardian that needs tending.

Feng Shui in the Twenty-First Century *

Thu, Jan 07–Feb 04 • 10:00AM–11:30AM • The Social Chico, Gordon 2
Instructor(s): Valerie Althoff

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

Feng shui has been around for centuries, but the world is different now, and feng shui must adapt to the challenges we face in today's world. This class looks at ways to balance and harmonize your spaces, with all the technology and "stuff" we deal with on a regular basis. Your spaces are a reflection of your life. Change your spaces, change your life. This is more important than ever in today's complex world! In this class, we will work with the floor plan of your home for opportunities to enhance areas of your life. We take a deeper look at the energy of who you are and why you relate to the world as you do.

Film, Movies, Cinema! *

Tue, Jan 05–Feb 02 • 1:00PM–3:30PM • The Social Chico, Gordon 1
Instructor(s): Aaron Bor

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

Want to watch some great and interesting movies? In this class we'll watch and discuss some of our favorites. Each meeting will feature a representative movie from a different genre.

Fitness for Lifetime Mobility

Wed, Section 1: Jan 06–Feb 24 • 8:30AM–9:45AM • The Social Chico, Bradley 2
Wed, Section 2: Jan 06–Feb 24 • 10:00AM–11:15AM • The Social Chico, Bradley 2
Instructor(s): Paul Coots

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

Physical well-being allows us to live our longest, most capable, and fulfilling lives. Come ensure your well-being through mobility exercises. We'll practice balance, strength, agility, and flexibility movements that improve your mobility. Each class follows a similar routine that can be done at home, allowing you to look after the health of your body for many years to come. All ability levels are welcome. Your body will thank you! *Class Notes:* Wear comfy clothing and bring an exercise or yoga mat, a yoga strap or similar strap, and a yoga block or rolled-up towel.

Foods for a Healthy Heart * $

Sat, Jan 09 • 10:00AM–12:00PM • The Social Chico, Bradley 1
Instructor(s): Sherry Morgado (she/her/hers)

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Discover delicious, practical ways to bring more heart-friendly foods to the table. Through a cooking demonstration and tasting, you will explore affordable, plant-based recipes featuring ingredients that may support cardiovascular health. Along the way, the instructor will discuss nutrition research and how food choices may impact factors such as blood pressure and cholesterol. You will leave with recipes, preparation tips, and fresh ideas for creating flavorful, nourishing meals at home. *Class Notes:* There is an additional $5 tasting fee payable to the instructor at the class.

Fun with Fabric Collage * $

Mon, Feb 15–Mar 01 • 1:00PM–4:00PM • The Social Chico, Gordon 2
Instructor(s): Lisa Freeman-Wood

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

In this workshop we will create our own original fabric collage. This is a freeform piece composed of vintage and new fabric, ribbons, beads, lace, buttons, sequins, and other items. You do not have to be accomplished at sewing or embroidery; basic skills in handling a needle and thread are all you need. You do not have to be an artist or consider yourself artistic. We are all creative and this will be an opportunity to expand and explore your creativity. All materials will be provided. *Class Notes:* There is an additional $25 materials fee payable to the instructor at the first class meeting.

Global Climate Change: Evidence, Impacts, and Choices

Thu, Feb 11–Mar 11 • 10:00AM–11:30AM • The Social Chico, Gordon 1
Instructor(s): Lynda Klein

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

What do we know about global climate change, how do we know it, and what remains uncertain? This class offers an accessible, evidence-based introduction to one of the defining issues of our time – without assuming prior knowledge of physics, climatology, or environmental science. You are encouraged to bring questions and skepticism; inquiry and discussion will be central to every session.

Great Decisions @

Thu, Jan 07–Mar 11 • 1:00PM–2:30PM • The Social Chico, Bradley 2 and Link to be Provided
Instructor(s): William Tefteller, Myron Flindt, David Price, Lynn Cannon, Patti Davis

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

"Great Decisions" is the Foreign Policy Association's public education program about US foreign policy and global affairs. Currently, relations with other nations are undergoing great change; there are new winners and new losers. Old rules don't apply and the world is struggling to make new ones. However, the geographical map of natural resources, manufacturing, trade routes, and population centers has not changed. Join us for a thoughtful examination of the major issues and new directions in foreign policy. *Class Notes:* There is an optional study guide available for $35 plus shipping at www.fpa.org. The specific 2027 Great Decisions topics will be announced in the fall and the study guide will be available in January 2027. We will discuss four of the 2027 topics and add several discussions as current events develop.

Great Speeches

Wed, Jan 06–Feb 17 • 1:00PM–2:30PM • The Social Chico, Gordon 1
Instructor(s): Robin Dizard (she/her/hers)

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

What makes a speech great? Possibly most important aspects are the speaker's reasoning and passion, the occasion, place, audience, and, yes, beauty in the words and pacing. We will read and, where possible, hear at least seven notable speeches. The featured speakers will represent a variety of viewpoints and

persuasions. After considering their creations, we can figure out if a speech mattered and, if so, how. *Class Notes:* Speeches are generally available online.

Greek Tragedy: Sophocles' Oedipus Trilogy * $

Section 1: Mon, Jan 04–Mar 08 • 1:00PM–2:30PM • The Social Chico, Bradley 1
Section 2: Wed, Jan 06–Mar 10 • 10:00AM–11:30AM • The Social Chico, Bradley 1
Instructor(s): Charles Copeland

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

We will investigate tragedy and fate as classical Greeks understood them. We will start with reading *Oedipus the King*, then *Oedipus at Colonus*, and finish with *Antigone*, and we will watch a traditionally staged production of *Oedipus at Colonus*. The class is organized as a series of conversations in which all members contribute to enlarging our understanding as well as our enjoyment. *Class Notes:* The required book, *The Three Theban Plays: Antigone; Oedipus the King; Oedipus at Colonus*, is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers. The recommended edition for this class is the Penguin Classics edition, ISBN 0140444254.

Has Your Retirement Portfolio Kept Pace with Inflation, AI, and Global Shifts?

Tue, Jan 12–Jan 19 • 8:15AM–9:45AM • The Social Chico, Gordon 1
Instructor(s): Steven Cliadakis (he/him/his)

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

Artificial intelligence, changing interest rates, inflation, government policies, and global events are reshaping today's investment landscape. How might these forces affect your retirement portfolio? Join Steven Cliadakis from OLLI sponsor Altum Wealth Advisors for an insightful discussion on current economic trends and their impact on investors. Explore the role of equities, fixed income, index funds, ETFs, and risk-management strategies such as buffer ETFs while learning practical approaches to diversification, portfolio construction, and managing risk to help pursue your long-term retirement goals.

Healthy Aging Through Nutrition and Lifestyle: Practical Strategies for Living Well

Fri, Jan 29 • 11:00AM–12:30PM • The Social Chico, Gordon 1
Instructor(s): Seth Klobodu, Lydia Borley Kotey

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Learn practical, evidence-based strategies for healthy aging through nutrition and lifestyle. Topics include hydration, protein and muscle health, healthy eating, cognitive health, skin health, fall prevention, and maintaining independence. You will leave with simple, actionable recommendations you can apply immediately to support healthy aging and improve quality of life. This interactive session combines expertise in nutrition and nursing with practical tips, audience discussion, and time for questions. No prior nutrition knowledge is required.

History and Styles of Whisk(e)y

Wed, Feb 10–Feb 24 • 4:00PM–5:30PM • The Allies Pub
Instructor(s): Steve Kay

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

Join this two-lecture series on the history of whisky (and whiskey). The first session will look at the history of whisky, where it was first developed, by who, and how it migrated and changed around the world, including some fun dark history and classic stories. The second session will look at the different styles and regions known for whisky production, including a quick discussion of the distillation process followed by the various styles, terroirs, techniques, and tasting notes.

→ Schedule Note: This class meets February 10 and February 24.

Household Electrical: Exterior

Wed, Jan 06 • 1:00PM–2:30PM • The Social Chico, Bradley 2
Instructor(s): Robert Fickert

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Join an experienced electrician to learn more about the electrical system that connects to your house. The class will cover how electricity gets to your house, meter main combination panels, and how to be safe around electricity outdoors.

Household Electrical: Interior

Wed, Jan 13 • 1:00PM–2:30PM • The Social Chico, Bradley 2
Instructor(s): Robert Fickert

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Join an experienced electrician to learn more about the electrical system in your house. The class will cover how the system works and its age and capacity.

How Deserts Are Converted to Vibrant Landscapes

Tue, Jan 05–Jan 26 • 3:00PM–4:00PM • The Social Chico, Bradley 2
Instructor(s): Julie Heath

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

Historically humans have turned fertile land into deserts, but we are equally capable of restoring and regenerating the land. Humans have revived dried-up river systems, regenerated tall grass prairies, and healed land fertility so villagers can stay home instead of migrating away. This class will explore the biggest and best regeneration projects healing vast landscapes on Earth. We'll see videos from projects and learn the core principles that cause dramatic, positive changes.

How We Cognitively Process Visual Media

Tue, Jan 05–Feb 16 • 3:00PM–5:00PM • The Social Chico, Bradley 1
Instructor(s): Neil Schwartz

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This class will be devoted to a deep dive into the way the human mind makes meaning of visual media from pictures on the news to advertisements. You will have an opportunity to use your new knowledge to make your own movie and share it in class. *Class Notes:* You will need a Mac and iMovie to learn the process for creating your own movie.

Human Personality: Why You Are Who You Are

Wed, Jan 13–Mar 10 • 3:00PM–4:30PM • The Social Chico, Bradley 2
Instructor(s): Lawrence Herringer (he/him/his)

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

What is personality? How much is inherited and how much is learned? In this thought-provoking class, we explore how personality develops; the roles of cognition, emotion, and behavior; what drives human motivation; and how free will fits in. We also examine the most important personality traits and whether change is possible later in life. There will be some optional personality tests. This is not a self-help class, but you will come away with fresh insight into yourself and the people around you.

Inside the Orchestra with North State Symphony

Sat, Mar 27 • 1:45PM–4:10PM • Laxson Auditorium
Instructor(s): Scott Seaton, Siana Sonoquie (they/them/theirs)

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Join North State Symphony Music Director Scott Seaton for a behind-the-scenes exploration of a symphony piece. Following a pre-rehearsal conversation, you will attend an open rehearsal and experience these ideas taking shape in real time. The afternoon concludes with questions and conversation, offering a rare glimpse into the artistry and collaboration that bring great music to life. *Class Notes:* This class will focus on Gustav Holst's *The Planets*. Discover the stories, musical ideas, and extraordinary orchestral colors behind this imaginative masterpiece, from the relentless rhythms of "Mars" and exuberance of "Jupiter" to the mysterious "Neptune."

Intermediate Spanish Conversation

Thu, Jan 07–Mar 11 • 11:00AM–12:00PM • The Social Chico, Bradley 1
Instructor(s): Memo Keswick, Judy Keswick

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This class is for those who have been studying Spanish for a while and already have some ability to converse.

Intro to Silversmithing $

Section 1: Fri, Feb 19 • 4:00PM–5:30PM • String Bead
Section 2: Fri, Mar 12 • 4:00PM–5:30PM • String Bead
Instructor(s): Heather Lawther

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Dive into the world of jewelry fabrication and discover how to create your own sterling silver rings! This is an introductory class on silver soldering where you will learn how to hammer, torch, and polish metals into your very own ring. All tools and materials will be provided during the workshop. *Class Notes:* There is an additional $45 materials fee payable to the instructor at the class.

Let's Play Games!

Section 1: Wed, Jan 06–Mar 10 • 2:00PM–4:00PM • The Social Chico, Bradley 1
Section 2: Fri, Jan 08–Mar 12 • 10:00AM–12:00PM • The Social Chico, Bradley 1
Instructor(s): Donna Knorton

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

Join a friendly, sociable and helpful group to play games in a fun environment. We have a literal wagon full of games, from the well-known to the obscure, and if you don't know the game, we'll teach you! You can also bring your own game to share. *Class Notes:* Section 2 will include tables for Mahjong.

Living the Four Agreements *

Thu, Feb 11–Mar 11 • 10:00AM–11:30AM • The Social Chico, Gordon 2
Instructor(s): Valerie Althoff

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

In 1997, Don Miguel Ruiz published *The Four Agreements*. He writes that we have, mostly unconsciously, agreed to living as what he calls "the domesticated human," leading lives that can be unfulfilling and difficult. The four agreements can create the experience of inner freedom and contentment. In class, we will discuss each agreement and ways to apply them in everyday life. Familiarity with the book is helpful but not necessary. Just come and learn how to live a more wholesome life.

Metalwork 101: Open Saw Work $

Fri, Mar 05 • 4:00PM–5:30PM • String Bead
Instructor(s): Heather Lawther

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

One of the essential skills in silversmithing is sawing. Learn the dos and don'ts to hone your saw work from cutting corners and pierce work to proper tension for smooth sawing. Students will want to bring a printout of a silhouette image roughly 1" square to transfer onto sheet metal. Images can also be hand drawn. Closed-toe shoes required. No loose clothing. Bring something to tie up loose hair if applicable. *Class Notes:* There is an additional $45 materials fee payable to the instructor at the class.

Mindfulness for Everyday Living: Building Inner Calm, Clarity, and Compassion *

Thu, Jan 07–Feb 25 • 1:00PM–2:30PM • The Social Chico, Gordon 2
Instructor(s): Julia Ferre (she/her/hers)

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This experiential workshop teaches practical mindfulness skills to reduce stress, increase emotional well-being, and support a more grounded daily life. Each session includes guided meditation, gentle awareness practices, and group reflection. You will learn mindful breathing, body awareness, emotional regulation, and compassion practices, along with strategies for applying mindfulness during challenging moments. No prior experience is needed. By the end of the class, you will have tools for greater calm, clarity, and resilience.

Music and Musicians

Fri, Jan 08–Mar 12 • 1:00PM–3:00PM • The Social Chico, Bradley 2
Instructor(s): Walter Coffey

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

Each week we'll view a feature-length documentary or two shorter films. The films will generally feature a performer or composer, the impact of their environment on their music, and the impact of their music on other musicians and on society. Or the focus might be on a style of music from swing to country, jazz to rock. This is a class for the open-minded and intellectually curious because, paraphrasing Mick Jagger, you might not always hear what you like, but sometimes you just might like what you hear.

OLLI Chess Club *

Thu, Jan 07–Mar 11 • 1:00PM–3:00PM • The Social Chico, Bradley 1
Instructor(s): Walter Coffey

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This chess club is for anyone from beginner to expert. Learn how to play, from how the pieces move on the board to basic strategy (hint: develop your pieces). The focus will be more on playing than on anything like a lecture. Learning how to play is easy; learning how to play well takes practice and practice involves playing games against people who play better than you do. If you have them, bring a chess board, pieces, and a chess clock.

Passages Area Agency on Aging Overview

Mon, Jan 25 • 1:00PM–2:30PM • The Social Chico, Gordon 1
Instructor(s): Victoria Brennan

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Passages is the Area Agency on Aging for Northern California, providing service and care for older adults, people with disabilities, caregivers, and advocates. Passages AAA encompasses several departments which offer free community services including in-home care management, home-delivered and daily hot meal nutrition program, mental health referrals, caregiver and family support, Medicare health insurance advocacy and advice, long-term care ombudsman program, the senior AmeriCorps volunteer program, and more. This class will detail the available programs and resources available through Passages AAA.

Pickleball $

Wed, Jan 06–Feb 24 • 1:00PM–2:30PM • Dill Dinkers (formerly Chico Pickle & Pong)
Instructor(s): Peter Hill

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

Play pickleball with other members. In this class, you will enjoy light instruction for beginners to include rules and scoring and have plenty of time to practice skills and play games with fellow OLLI members. Whether you're brand new to pickleball or looking to sharpen your game, this fun, social class is a great way to get active and learn one of the fastest-growing sports in the country. Paddles are available for use during class. Please bring non-marking shoes, a water bottle, and a great attitude. *Class Notes:* There is an additional $100 facility and equipment use fee payable at the first class.

Planning for Disability: Health Care Directives, Powers of Attorney, and Special Needs Trusts

Mon, Jan 25–Feb 08 • 10:00AM–11:30AM • The Social Chico, Gordon 1
Instructor(s): Dana Campbell, Tara Campbell

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

In this highly interactive class, OLLI sponsors Dana and Tara Campbell will explore what happens when you can no longer make good decisions for yourself. They will explain the difference between durable powers of attorney and advanced health care directives, and help develop effective tools for making informed decisions regarding the management of your affairs during your life. The class will also discuss long-term care, whether Medi-Cal should be part of your plan, and when a special needs trust can help ensure your long-term care and comfort.

Playing Guitar at Beginning Level 2 and Singing Along

Mon, Jan 04–Mar 01 • 10:00AM–11:30AM • Westmont of Chico, Lobby
Instructor(s): Phil Elkins

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

This class is for people who already know how to play the A-G chords. We play and sing 3-, 4-, and 5-chord songs by musicians from the '50s, '60s, and '70s. The class is mostly to practice feeling comfortable with playing guitar while singing. There is some instruction on more advanced guitar playing. Bring a guitar, ukulele, or other stringed instrument, or you're welcome to come just to sing along with the class. A music stand and battery-operated tuner are recommended.

→ Schedule Note: This class meets every other week.

Poetry for Pleasure

Fri, Jan 08–Mar 05 • 9:15AM–10:15AM • The Social Chico, Gordon 2
Instructor(s): Paul Belz, Jennifer Castañeda

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

Reading poetry helps you to know things more fully; it commands your attention; and it can sustain good conversation. In this class, participants select poetry from favorite sources to read aloud with fellow enthusiasts.

→ Schedule Note: This class meets every other week.

Free Discussion Series!

Join us and bring your friends. Open to OLLI members and the public. No registration required!



Exploring the Book in Common: The AI Con

Thu, Feb 25–Mar 11 • 3-4:30PM
The Social Chico, Bradley 2
Instructor(s): Janet Rechtman

Have questions about AI? This year's Book in Common may have answers. In *The AI Con: How to Fight Big Tech's Hype and Create the Future We Want*, the authors explain how the various systems being called AI work, where and how they're used, and the social and environmental effects of scaling them. In this series of short presentations and small group discussions, we will think out loud together about what this book is about and how the systems known as AI can affect us, our communities, and the world around us.

Power Foods for the Brain * $

Sat, Feb 06 • 10:00AM–12:00PM • The Social Chico, Bradley 1
Instructor(s): Sherry Morgado (she/her/hers)

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Explore foods and flavors that may support brain health in this cooking-focused class inspired by *Power Foods for the Brain: An Effective 3-Step Plan to Protect Your Mind and Strengthen Your Memory* by Neal D. Barnard, MD. Through a cooking demonstration and tasting, you will discover plant-based ingredients and approachable recipes while learning about research examining the relationship between nutrition and brain function. The class will offer practical ideas for incorporating these foods into everyday meals, along with easy, affordable recipes you can prepare at home. *Class Notes:* There is an additional $5 tasting fee payable to the instructor at the class.

Right-Sizing Your Home and Your Life: Practical Thoughts on Moving, Downsizing, or Staying Put

Tue, Jan 05 • 10:00AM–11:00AM • The Social Chico, Gordon 1
Instructor(s): Walker Edmondson

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Is your current home still the right fit? Explore the practical and emotional considerations involved in moving, downsizing, or staying put in this class with Walker Edmondson from OLLI sponsor Century 21 Select Real Estate. The class will also introduce California property tax rules, including Proposition 19, and home sale capital gains considerations that may affect your plans. Learn useful questions and strategies to help you evaluate your housing options with greater clarity and confidence.

Road Ready at Any Age

Tue, Feb 02 • 1:00PM–2:30PM • The Social Chico, Bradley 2
Instructor(s): Hayley Shafer (she/her/hers)

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Driving provides us with a sense of freedom and independence. This class will cover information on how to be a safe, friendly, and confident driver in your community. Feeling confident behind the wheel is key to ensuring your safety. The class will also incorporate aspects of the CarFit model, allowing you to learn how to make small, necessary adjustments to your vehicle to make driving safer and more comfortable.

Safeguarding What Matters: A Conversational Class on Protecting Your Home, Estate, and Family

Fri, Jan 08 • 10:00AM–11:00AM • The Social Chico, Gordon 1
Instructor(s): Doug Love

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Join longtime real estate professional Doug Love from OLLI sponsor Century 21 Select Real Estate and a guest title expert for a candid, conversational look at issues that can affect your home, estate, and family. Explore common real estate scams, the roles of wills and trusts, title-related concerns, and practical steps that may help you avoid costly surprises. Bring your questions and learn what to watch for before problems arise.

Sing Gospel Music

Mon, Jan 11–Mar 08 • 10:00AM–11:30AM • Westmont of Chico, Lobby
Instructor(s): Phil Elkins

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

Sing and/or play popular gospel songs. Bring your voice, guitar, violin, cello, harmonica, squeeze box, or other instrument and join a group of people singing and playing for fun. This is not meant to be religious. It's just a place to enjoy great music. Join us!

→ Schedule Note: This class meets every other week.

Sketchbook Journaling

Mon, Jan 04–Feb 15 • 3:00PM–4:30PM • The Social Chico, Bradley 1
Instructor(s): Marvey Mueller

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

Sharpen your drawing and watercolor skills as we paint and sketch together on a variety of subjects. The purpose of this class is to provide a supportive community for those who work to keep their journal practice alive. We will share ideas and sometimes our favorite art materials, the ones that make this practice all the more fun. With seasonal sights available to us as examples, plan on some brilliant pages in your sketchbook. *Class Notes:* This class requires a strong skill level. Only prior students or those who submit their work to the instructor for consideration will be admitted.

Skywatchers' Almanac: Folklore, Facts, and Physics

Thu, Jan 07–Feb 04 • 10:00AM–11:30AM • The Social Chico, Gordon 1
Instructor(s): Lynda Klein

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

Join us for this beginner's guide to navigating the heavens. We will consider an eclectic mix of mythology, historic viewpoints, and current events in meteorology, astronomy, and cosmology. Eyes to the sky!

Soldered Charm Bracelets $

Fri, Jan 22 • 4:00PM–5:30PM • String Bead
Instructor(s): Heather Lawther

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Create your own charm bracelet. Select up to three charms to attach to a chain and secure them while learning to torch solder. You will build a bracelet using copper and brass materials. All tools and materials will be provided during the workshop. *Class Notes:* There is an additional $45 materials fee payable to the instructor at the class.

Spanish Composition and Conversation $

Wed, Jan 06–Mar 10 • 5:30PM–6:30PM • The Social Chico, Bradley 1
Instructor(s): Aaron Alexander (he/him/his)

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This class covers writing and conversation in Spanish. The class will be conducted mostly in Spanish; English may be used for support. Participants will have the opportunity to speak and to write short compositions for review and discussion. The class may have native speakers and professional Spanish educators as guest speakers. There is nothing like having a professional Spanish educator to help

learn Spanish conversation. *Class Notes:* There is an additional $25 materials and speaker fee payable to the instructor at the first class meeting.

Spanish Songs

Thu, Jan 07–Mar 11 • 10:00AM–11:00AM • The Social Chico, Bradley 1
Instructor(s): Memo Keswick, Judy Keswick

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

Join us to learn to sing songs in Spanish. Lyrics and audio files will be provided to help you learn. In class, we will review song lyrics and sing along to recordings. The option is available for any class member to play or sing the music live in class.

Spiritual Principles *

Tue, Jan 05–Feb 02 • 10:00AM–11:30AM • The Social Chico, Gordon 2
Instructor(s): Rosie Potestio

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

Spiritual principles are ways of being, doing, and thinking that help us move through life with greater awareness. They are an inner compass helping us to respond to challenges with clarity and purpose. These are fundamental truths from many traditions. *Class Notes:* We will explore the following principles this term: there is only here and now, is there such a thing as justice, all is illusion, divine synchronicity, and spiritual congruency.

Stansbury Home Tour *

Fri, Feb 12 • 10:00AM–11:30AM • The Stansbury Home
Instructor(s): Elizabeth Carrillo

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Located at the corner of Fifth and Salem Streets, the Stansbury Home was built by Dr. Oscar Stansbury, a local physician, in 1883. Owned by the City of Chico since 1976, it is operated by the Stansbury Home Preservation Association as a historic house museum. This tour will include Dr. Stansbury's office, with its display of the tools used in his practice, as well as rooms used by the Stansbury family with original interiors and furnishings intact.

Strength, Posture, Flexibility, and Balance for 50s, 60s, 70s and Beyond *

Section 1: Thu, Jan 14 • 1:00PM–1:45PM • Whole Body Fitness
Section 2: Tue, Feb 16 • 11:00AM–11:45AM • Whole Body Fitness
Section 3: Tue, Mar 09 • 1:00PM–1:45PM • Whole Body Fitness
Instructor(s): Kim Hawley

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

We all know that keeping our independence and being able to continue doing the things we love are very important as we age. In this class, you will learn how your posture, strength, flexibility, and balance interact to impact your health and functionality. You will experience movements and exercises that can improve your comfort and quality of life. This class is for people of all abilities. Wear comfortable clothing for ease of movement and shoes with support that works best for your feet.

Table Tennis $

Thu, Jan 07–Feb 18 • 2:00PM–3:30PM • Dill Dinkers (formerly Chico Pickle & Pong)
Instructor(s): Darrin Yoder

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

Play table tennis with other members. You will get basic instruction on strokes and footwork and enjoy friendly games with fellow OLLI members. Whether you're completely new to table tennis or returning to a favorite pastime, this fast, fun, low-impact activity is a great way to sharpen your reflexes, stay active, and enjoy time with friends. *Class Notes:* There is an additional $35 facility and equipment use fee payable at the first class.

Tai Chi for Arthritis and Fall Prevention: Beginning *

Tue & Thu, Jan 19–Mar 11 • 10:15AM–11:00AM • Chico Creek Dance, Studio B
Instructor(s): Mary Sweeney

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This class is for people who have not previously taken "Tai Chi for Arthritis and Fall Prevention" or who want a refresher of the basic six. Tai Chi for Arthritis was developed in 1997 and is recommended by the Centers for Disease Control and Prevention (CDC). Arthritis often gets worse without proper exercise. This program is for anyone who wants to gently improve muscular strength, flexibility, balance, clarity of mind, and flow of energy. It was designed to promote healing. *Class Notes:* Wear loose comfortable clothing and flat, comfortable shoes. Select shoes that you can dedicate to your tai chi practice so as not to degrade the dance floor with dirt or other debris that might be on street shoes.

→ Schedule Note: This class meets twice a week.

Tai Chi for Arthritis and Fall Prevention: Intermediate *

Tue & Thu, Jan 19–Mar 11 • 11:15AM–12:15PM • Chico Creek Dance, Studio B
Instructor(s): Mary Sweeney

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This class is for people who have previously taken "Tai Chi for Arthritis and Fall Prevention." We will start with a refresher of the basic six, then learn new forms. Tai Chi for Arthritis was developed in 1997 and is recommended by the Centers for Disease Control and Prevention (CDC). Arthritis often gets worse without proper exercise. This program is intended to gently improve muscular strength, flexibility, balance, clarity of mind, and flow of energy with more challenging movements. It was designed to promote healing. *Class Notes:* Wear loose comfortable clothing and flat, comfortable shoes. Select shoes that you can dedicate to your tai chi practice so as not to degrade the dance floor with dirt or other debris that might be on street shoes.

→ Schedule Note: This class meets twice a week.

Tap Dance Is Fun: Beginning *

Thu, Jan 21–Mar 11 • 9:00AM–10:00AM • Chico Creek Dance, Studio B
Instructor(s): Mary Sweeney

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

Tap dance involves rhythmic, percussive, and precise movement of the feet while promoting the flow and individual style of the entire body. Classes will include warm-up, structured movement phrases that will build in complexity, and creative explorations. This is a beginning level class for those with a little

experience or no experience. The learning pace will be slow and steady. Good standing balance is recommended. *Class Notes:* Wear comfortable clothing that allows ease of movement and tap shoes, preferably with low heel.

Tap Dance Is Fun: Intermediate *

Tue, Jan 19–Mar 09 • 9:00AM–10:00AM • Chico Creek Dance, Studio B
Instructor(s): Mary Sweeney

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

Continue to explore the joy of tap dancing. You will refine your skills with more advanced steps and patterns to improve speed, clarity of sounds, complexity of rhythms, and improvisation. This is an intermediate tap class for dancers who have a foundational understanding of basic tap steps. Good standing balance is required. *Class Notes:* Wear comfortable clothing that allows for ease of movement and tap shoes, preferably with low heel.

Telling Your Story

Wed, Jan 06–Mar 10 • 3:00PM–4:00PM • Westmont of Chico, Sierra Room
Instructor(s): Lisa Holeman

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

Want to hear some interesting stories? Each class session will feature someone telling their life story. Through listening and honoring each other's journeys, we can connect profoundly. Plus it's just fun to share and learn about one another. There is an option to be recorded and receive a flash drive to pass onto your family or friends. You will be supplied with a list of possible topics to address when giving your talk. Everyone has a story to tell. Come and share yours!

The Private Life of a Masterpiece

Fri, Jan 08–Mar 12 • 10:00AM–11:30AM • The Social Chico, Bradley 2
Instructor(s): Walter Coffey

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This class is based on a BBC documentary telling the stories of many of the world's most loved and admired works of art, from Michelangelo's *David* to Van Gogh's *Sunflowers*. The class will be augmented with other documentaries and images of the same masterpieces the instructor photographed when visiting museums from Williamstown, Massachusetts to Amsterdam, including the works of J. M. W. Turner and Edward Hopper's *Nighthawks*.

Theatre Acting: It's No Mystery

Tue, Feb 16–Mar 09 • 3:00PM–4:30PM • The Social Chico, Gordon 1
Instructor(s): April Gausemel

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

This class is designed to alleviate some of the often heard reasons people are reluctant to try theatre acting at the amateur OLLI level. In class you will actively participate in learning some theatre basics through exercises in stage movements, vocalization, script reading, and memorization. By the end of the class, you'll feel prepared and confident to try theatre acting by eliminating some of the mystery of acting. No previous experience required!

Thinking Like a Physicist 2.0

Wed, Jan 06–Mar 10 • 6:00PM–7:30PM • The Social Chico, Gordon 1
Instructor(s): Louis Buchholtz

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

Most people still have not internalized the revelations of 400 years ago! This class presents core results and, more importantly, manners of thinking, starting with Galileo (but hearkening back to Lucretius and earlier) and proceeding up to Einstein, that most people are utterly unaware of. These are the underlying principles of all modern physicist-like thinking that most people don't even dream exist. Each week will introduce one more of these seemingly simple yet truly subtle and powerful realizations, with demos where possible.

Torch Enameling $

Section 1: Fri, Jan 29 • 4:00PM–5:30PM • String Bead
Section 2: Fri, Feb 26 • 4:00PM–5:30PM • String Bead
Instructor(s): Heather Lawther

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Discover the world of vitreous enamels. This is an introductory class to fusing powder glass to copper while exploring colors and textures. You will learn the process of torch firing from start to finish to create a pendant. Closed-toe shoes required. No loose clothing. Bring something to tie up loose hair if applicable. *Class Notes:* There is an additional $45 materials fee payable to the instructor at the class.

Tuesday Tunes

Tue, Jan 05–Mar 09 • 10:30AM–11:45AM • Haley Music Therapy, Group Room and Link to be Provided
Instructor(s): Bitz Haley, Judi Holohan, Debbie Silveira

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

Start your Tuesday with music and songs. Join us in a fun, informal sing-along. Bring your voices and/or musical instruments. The operative word is "fun." If you like music, you will like this class. All levels welcome!

Understanding Treatment Courts

Mon, Jan 25 • 1:00PM–2:30PM • The Social Chico, Bradley 2
Instructor(s): Helen Harberts (she/her/hers)

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

First developed in Miami in 1989, drug treatment courts have evolved into a highly successful intervention in one of the most difficult criminal justice populations: people who are both high risk and high need. The research has led to the development of repeat impaired driver courts, drug treatment courts, veterans courts, family treatment courts and community courts. Heavy on research, these things work where nothing else has. Locally the Butte County Drug Court has been operating since 1995.

Unlocking Your Home Equity: A Practical Guide to Reverse Mortgages

Mon, Jan 11 • 1:00PM–2:00PM • The Social Chico, Gordon 1
Instructor(s): Jim Heberle

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Your home may be one of your most valuable financial resources. This class with Jim Heberle from OLLI sponsor Century 21 Select Real Estate offers a clear, practical introduction to Home Equity Conversion Mortgages, or HECMs. Learn how reverse mortgages work, common ways homeowners use their equity, key costs and responsibilities to consider, and questions to ask when deciding whether this option could support your goals or benefit you.

Watercolor Exploration * $

Tue, Jan 05–Feb 02 • 1:00PM–3:00PM • The Social Chico, Gordon 2
Instructor(s): Lisa Freeman-Wood

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

Do you want to take your watercolor painting in a new direction but aren't sure how? We will explore tools that can be used with watercolor painting including watercolor markers, pencils, and crayons; gouache crayons and pastels; chalk pastels; colored pencils; acrylic ink; markers; paint; and more. We will have fun but be prepared for messes and mishaps. The instructor will share tips on paints, brushes, and paper as well as fixing mistakes and glazing or layering colors. Some watercolor experience is recommended. *Class Notes:* There is an additional $20 materials fee payable to the instructor at the first class meeting.

Watercolor Painting * $

Wed, Jan 06–Mar 10 • 9:00AM–11:00AM • Christine MacShane Art Studio
Instructor(s): Christine MacShane

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This watercolor class is for the absolute beginner as well as more experienced painters. We will follow step-by-step instructions to create our paintings while also learning why and what we are doing. All materials are provided. *Class Notes:* There is an additional $150 materials fee payable to the instructor at the first class meeting.

Watercolor: Beginning $

Mon, Jan 04–Mar 08 • 1:00PM–2:30PM • Christine MacShane Art Studio
Instructor(s): Christine MacShane

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This class is an introduction to watercolor. We will focus on learning the basics of technique, color mixing, blending, and familiarizing ourselves with the medium of watercolor. Some classes will be dedicated to techniques; in other classes we will be creating finished works. The class will help you to feel more confident in your watercolor practice. All materials are provided. *Class Notes:* There is an additional $135 materials fee payable to the instructor at the first class meeting.

Welcome to the World of Chi *

Thu, Jan 07–Mar 11 • 10:30AM–11:45AM • The Social Chico, Bradley 2
Instructor(s): Marie Mitchell

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This class encourages you to experience your own "chi field" and learn simple movements that can be used at home to help restore and maintain fluidity, balance, confidence, and resilience. Basic qigong and tai chi forms, coupled with breath awareness, can help relieve stress and enhance health and well-being from the inside out. The class is intended to be introductory, but anyone with beginner's mind is welcome to join together in the joy and benefits of the world of chi. All movements can be done seated. *Class Notes:* Wear flat shoes and comfortable, loose clothing.

Westside Museum Tours *

Mon, Jan 11–Feb 08 • 10:00AM–11:30AM • Various Locations
Instructor(s): Hendrik Feenstra

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

Every town has a story to tell. What better place to hear and see the story than a museum? The Corning Museum has artifacts specific to Corning and items of regional historic interest. The Heritage Trail on the Glenn County Fairgrounds in Orland has many old buildings moved in from different parts of Glenn County. The Willows Museum is housed in a Carnegie library with contents so diverse you'll probably want to come back again. Access to the buildings on this tour requires climbing stairs. *Class Notes:* Further details will be provided prior to the class.

→ Schedule Note: This class meets January 11, January 25, and February 8.

Wilderness First Aid $

Sat, Jan 09 • 8:30AM–5:30PM • The Social Chico, Bradley 2
Instructor(s): Sierra Rescue International

- Fee for À La Carte Members: $150. Fee for Unlimited Members: $150.

Sierra Rescue International will lead OLLI members in a 1-day, 8-hour wilderness first aid and CPR training course. The training will be geared toward the hikes and walks done at OLLI. All OLLI members are welcome to join in and brush up on their skills. Participants will receive an American CPR and first aid card that is valid for 2 years and a Sierra Rescue International Wilderness First Aid Workshop card that is valid for 2 years.

→ Schedule Note: The registration deadline for this class is January 4.

Wirework Earrings $

Section 1: Fri, Jan 15 • 4:00PM–5:30PM • String Bead
Section 2: Fri, Feb 12 • 4:00PM–5:30PM • String Bead
Instructor(s): Heather Lawther

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Bend, twist, texture, and hammer various wires to build your own earrings! Add bead embellishments or style it your way with wire coils. All tools and materials will be provided during the workshop. *Class Notes:* There is an additional $45 materials fee payable to the instructor at the class.

Women & Money: Costly Mistakes of Estate Planning

Mon, Mar 08 • 10:00AM–11:00AM • The Social Chico, Gordon 1
Instructor(s): Miste Cliadakis

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Many people make the wrong choices when it comes to estate planning. If not done properly, you could leave your loved ones facing hard decisions when you pass away or become incapacitated. Join Miste Cliadakis from OLLI sponsor Altum Wealth Advisors to learn how to avoid the most common mistakes that could damage your financial succession and legacy. *Class Notes:* This class is for women only.

World Dance

Sun, Jan 03–Mar 07 • 1:00PM–2:00PM • Chico Creek Dance, Studio A
Instructor(s): Memo Keswick, Chico World Dancers

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

Learn fun social dances from around the world, including Bulgaria, Romania, Serbia, Greece, Israel, Scotland, and the United States. Line, circle, and couple dances. No partner required.

→ Schedule Note: This class does not meet January 17 or February 21.

Writer's Workshop

Wed, Jan 06–Mar 10 • 1:00PM–2:30PM • The Social Chico, Gordon 2
Instructor(s): Paul Belz, Linda Crill (she/her/hers)

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This writer's workshop serves a community of writers interested in sharing their writing and responding to other writers' work. We will focus on fiction, memoir, creative nonfiction, poetry, travel writing, stories for children, and other types of writing. Following a workshop format, this class will be an opportunity for students to receive feedback for their written work and provide meaningful support to fellow writers.

ONLINE LEARNING

Learn more about our outstanding volunteer instructors by viewing their bios with the OLLI class listings online.

California Art from an Artist's Viewpoint @

Wed, Feb 10–Mar 10 • 1:00PM–2:30PM • Link to be Provided
Instructor(s): Dolores Mitchell

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

This class features California art and architecture that has moved local artist Dolores Mitchell and influenced her paintings. The artists and architects covered include Wayne Thiebaud, David Hockney, Richard Diebenkorn, Julia Morgan, Frank Lloyd Wright, Frank Gehry, and more. Dolores will also analyze 20 of her own California paintings and explain their influences. Participants will receive supplemental articles and videos in advance of each class meeting. In class, we will practice five minutes of "slow looking" at a single piece of art followed by a discussion.

California History Through the Characters Who Made It @

Tue, Jan 05–Mar 09 • 10:00AM–11:30AM • The Social Chico, Bradley 2 and Link to be Provided
Instructor(s): Gary Hendrickson

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

A history of our Golden State with a different twist. No dates to memorize, no politics, just stories of the characters who made a difference and photographs of historic sites then and now.

Cracker Barrel

Mon, Jan 04–Mar 08 • 10:00AM–11:30AM • The Social Chico, Bradley 2 and Link to be Provided
Instructor(s): David Price

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This class includes short presentations (talks, slides, videos) followed by discussions on all sorts of current US and world topics involving history, government, policy, science, technology, literature, education, culture, and many more. Participants are welcome to make presentations, suggest topics, discuss, or just listen. Special guests are also welcome to present.

French 1

Mon, Jan 04–Mar 08 • 1:00PM–2:00PM • Link to be Provided
Instructor(s): Leanne Ulvang (she/her/elle), Michele Martens

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This class is for people who have studied some French in the past. We study basic French grammar, usage, pronunciation, and vocabulary. The focus is communicating with others in written and spoken French. *Class Notes:* This term we will work on prepositions and articles. The recommended book, *Easy French Step-by-Step* by Myrna Bell Rochester, is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers.

French 2 $

Mon, Jan 04–Mar 08 • 2:05PM–3:00PM • Link to be Provided
Instructor(s): Leanne Ulvang (she/her/elle)

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This class is centered around a French book. The class reads aloud, followed by translation into English, with some discussion of vocabulary, grammar, and the plot. We will review grammar when questions about usage or form come up, perhaps dedicating a class to a particularly irksome topic. *Class Notes:* The class is reading *L'élégance du hérisson* by Muriel Barbery. The French edition of the book is available at Bookshop.org, Amazon, and other booksellers. The class will pick up where the class left off last term. New students this term will want to catch up before class starts.

French 3: Conversation

Mon, Jan 04–Mar 08 • 3:05PM–4:00PM • Link to be Provided
Instructor(s): Leanne Ulvang (she/her/elle), Jane Ziad

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

On parle français dans cette classe, sans traduction (si nous avons de la chance). On doit avoir l'envie d'entendre et de parler mieux le français, et peut-être un jour le parler couramment. Il n'y a pas de textes.

French for Travelers

Wed, Jan 06–Mar 10 • 1:30PM–2:30PM • Link to be Provided
Instructor(s): Leanne Ulvang (she/her/elle), Michele Martens

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

This class will focus on French pronunciation, politesse, and practicalities – the vocabulary and idioms helpful as an introduction to French and for travelers in French-speaking countries. We'll also talk about places the OLLI Colette tour will visit in March. Come prepared to exercise your brain and facial muscles as you dive into the beautiful French language.

Great Decisions @

Thu, Jan 07–Mar 11 • 1:00PM–2:30PM • The Social Chico, Bradley 2 and Link to be Provided
Instructor(s): William Tefteller, Myron Flindt, David Price, Lynn Cannon, Patti Davis

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

"Great Decisions" is the Foreign Policy Association's public education program about US foreign policy and global affairs. Currently, relations with other nations are undergoing great change; there are new winners and new losers. Old rules don't apply and the world is struggling to make new ones. However, the geographical map of natural resources, manufacturing, trade routes, and population centers has not changed. Join us for a thoughtful examination of the major issues and new directions in foreign policy. *Class Notes:* There is an optional study guide available for $35 plus shipping at www.fpa.org. The specific 2027 Great Decisions topics will be announced in the fall and the study guide will be available in January 2027. We will discuss four of the 2027 topics and add several discussions as current events develop.

Let's Keep Knitting! @

Tue, Jan 05–Mar 09 • 3:00PM–4:30PM • Link to be Provided
Instructor(s): Gale Ulvang

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

Knitting with others is a wonderful learning environment. This class is designed to give knitters who have mastered the basic stitches of knit and purl a chance to work on a project of their choosing while we chat and share ideas online with other knitters. All levels of ability are welcome! Gale contributes to the class by offering tips and suggestions for patterns, yarn, and tools based on her years of knitting experience.

Making Cents of Caregiving Costs @

Wed, Feb 24 • 10:00AM–11:30AM • Link to be Provided
Instructor(s): Kris Ritualo

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

This class offers caregivers essential insights and practical strategies to effectively manage the complexities of caregiving. You will learn how to incorporate financial tips into your caregiving approach and be introduced to valuable resources for additional support. By the end of the class, you will feel more confident in developing care plans and will have a clearer understanding of how to prepare for your care recipient's needs.

Mastering Prismacolor Pencils @

Tue, Jan 05–Feb 23 • 10:00AM–11:30AM • Link to be Provided
Instructor(s): Cris Guenter

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

Discover the beauty and versatility of Prismacolor pencils in this class designed for beginners and those with some experience. Learn essential techniques for working with wax-based colored pencils, including paper selection, color swatching, blending, layering, burnishing, sharpening, and creating smooth transitions. Through guided practice exercises and drawing projects, you will build confidence, refine your skills, and explore how thoughtful techniques can transform colored pencil artwork into rich, painterly creations. *Class Notes:* See the full materials list with the class listing on the website.

Only Hope: My Mother and the Holocaust Brought to Light

Thu, Jan 28 • 10:00AM–12:00PM • Link to be Provided
Instructor(s): Irv Lubliner

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Before she died in 1974, Felicia Lubliner wrote about her internment in ghettos and the Auschwitz and Gross-Rosen concentration camps in Nazi-occupied Poland. Her powerful stories were published by her son, Irv Lubliner, who also contributed the foreword and afterword to *Only Hope: A Survivor's Stories of the Holocaust*. Irv will share excerpts, shedding light on his mother's experiences and indomitable spirit, as well as his experience as a child of Holocaust survivors. He will pause during and after his presentation to invite questions and discussion.

Reading Poetry for Insight and Enrichment

Tue, Jan 05–Mar 09 • 1:00PM–2:30PM • Link to be Provided
Instructor(s): Kate Foley

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

Each week the class will read poems by an individual poet, a collection of poems on a specific subject, or a collection of poems in a specific style. A wide range of poets and poetry will be presented, from classic to contemporary. We will discuss poetry from the perspective that the poet creates the work but the reader activates it.

Science Fiction and Fantasy Book Group $

Wed, Jan 06–Mar 03 • 1:00PM–2:30PM • Link to be Provided
Instructor(s): Sydney Wilde

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

This class will explore the works of science fiction and fantasy authors. We will discuss the differences and similarities between the two genres, and note the many crossover authors who write in both realms. We are in for a fun ride with authors who have crafted characters and worlds which will carry us to worlds of adventure far, far away. *Class Notes:* The specific books for the winter will be announced before the beginning of the term. The books are available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers.

→ Schedule Note: This class meets January 6, January 20, February 3, February 17, and March 3.

Tuesday Tunes

Tue, Jan 05–Mar 09 • 10:30AM–11:45AM • Haley Music Therapy, Group Room and Link to be Provided
Instructor(s): Bitz Haley, Judi Holohan, Debbie Silveira

- Fee for À La Carte Members: $55. Fee for Unlimited Members: Included.

Start your Tuesday with music and songs. Join us in a fun, informal sing-along. Bring your voices and/or musical instruments. The operative word is "fun." If you like music, you will like this class. All levels welcome!

Using B-Line Services in Butte County @

Thu, Feb 11 • 10:00AM–11:00AM • Link to be Provided
Instructor(s): Amy White

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Join us to learn more about the various services B-Line, Butte County's public transit provider, offers for older adults and people with disabilities.

Zen Drawing 101 @

Wed, Jan 06–Feb 10 • 1:00PM–2:30PM • Link to be Provided
Instructor(s): Susan Levine

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

Drawing as a form of relaxation and meditation? Yes! Drawing accesses parts of your brain that are not so active in our twenty-first-century life. This will give you a break from the constant input of modern life and instead put you into a relaxing, creative space. You will learn and practice several relaxing styles of abstract, non-representational drawing in which there is no wrong way to do it. No drawing experience or "talent" required. Stick-figure drawing level skill works.

→ Schedule Note: This class does not meet January 20.



Learn more about our outstanding volunteer instructors by viewing their bios with the OLLI class listings online.

Birding in the Chico Area: All Levels *

Thu, Jan 21–Mar 11 • 9:00AM–11:00AM • Various Locations
Instructor(s): Joyce Bond, Joan Mitchell

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

This class is for both beginning and experienced birders. Through observation and the use of your binoculars, field guides, and birding apps, class participants learn to identify birds in their natural habitat. We will meet once a month at different birding locations for field trips that may involve up to 2 miles of walking. *Class Notes:* Please register for only one birding section.

→ Schedule Note: This class meets January 21, February 18, and March 11.

Birding in the Chico Area: Beyond the Basics

Thu, Jan 07–Mar 04 • 9:00AM–12:00PM • Various Locations
Instructor(s): Joyce Bond

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

This class is for students who have taken the "Birding in the Chico Area" class more than once. We will not cover birding basics and will spend more time in the field. We will meet once a month at different locations for field trips that may involve 2-3 miles of walking. *Class Notes:* Please register for only one birding section.

→ Schedule Note: This class meets January 7, February 4, and March 4.

Easing onto the Hiking Trail *

Mon, Feb 15–Mar 08 • 9:00AM–1:00PM • Various Locations
Instructor(s): Lorraine Smith (she/her/hers), Amy Hahn

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

Want to enjoy a hike, but not too far or too hard? Did you used to hike? Have you never set foot on a trail, but you'd like to get outdoors and try a supportive, fun hiking experience? This class is for you! A first in-classroom session will address all your questions and concerns. We'll cover the basics of your hiking enjoyment and safety. Then we'll do two hikes together, each approximately 2 miles on easy terrain. Let's ease onto the trail together. *Class Notes:* Further details will be provided prior to the class.

→ Schedule Note: One classroom meeting 9–11 AM on February 15 in Bradley 1, and two outdoor hikes 9AM–1PM on March 1 and March 8.

Hike & Learn: Lovejoy Falls *

Wed, Feb 24 • 8:30AM–1:30PM • Various Locations
Instructor(s): Pamela Waldsmith, Richard Utter

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Lovejoy Falls is tucked away on the south side of Bidwell Park. This hidden gem has a 51-foot drop into the lush canyon below. The journey will follow the Old Homestead semi-loop for approximately 5 miles, winding through rugged volcanic rock, oak woodlands, and sweeping canyon views. We may see wildflowers and unique plants. It's a beautiful hike whether or not the falls are running. You will need to be a sturdy hiker for the strong downhill and uphill of this 1,100-foot elevation gain hike. *Class Notes:* Further details will be provided prior to the hike.

Historical Walking Tour: Downtown Chico and Chico State *

Sat, Mar 06 • 10:00AM–11:00AM • Various Locations
Instructor(s): Chico History Museum, Dave Nopel

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Explore Chico's history on foot with local historian Dave Nopel. Beginning at the Chico History Museum, this guided walk will wind through part of the Chico State campus, continue to Downtown Chico's City Plaza, and return to the museum. Along the way, Dave will share the history and context behind many of the familiar sights of downtown Chico. This walk covers approximately 8-10 blocks on flat, paved surfaces. Participants should be comfortable standing and walking for most of the tour as seating opportunities will be limited. *Class Notes:* There is a suggested $10 donation to support the Chico History Museum.

In Search of California's Vanishing Flora

Thu, Mar 11 • 9:00AM–1:00PM • Various Locations
Instructor(s): David Popp

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Get an introduction to California native plants and basic botany in the field as we saunter in search of California native wildflowers. *Class Notes:* This will be trip to the serpentine formation in Magalia. We will meander down toward the head dam and back up looking for some unique plants. Further details will be provided prior to the class.

Iron Canyon Hike *

Fri, Feb 19 • 8:00AM–4:00PM • Various Locations
Instructor(s): Vickie Stoll, Lorraine Smith (she/her/hers)

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

This moderate hike in the Sacramento River Bend Recreation Area is a sunny 4.5-mile loop with 270 feet elevation gain. The trail crosses volcanic terrain with scenic views of Mount Lassen, Mount Shasta, and the Sacramento River. Our pace will be leisurely with time to take photographs, observe and identify wildflowers and birds, and take in the views. This trail has some uneven rocky terrain, a lava cap, and two small stream crossings, all adding to our adventure. Sturdy hiking boots/shoes are required; hiking poles recommended. *Class Notes:* Further details will be provided prior to the hike.

Meandering in Interesting Places: Janet Turner Print Museum *

Wed, Feb 17 • 10:00AM–12:00PM • Chico State Campus, Janet Turner Print Museum
Instructor(s): Candice Roethler, Lorraine Smith (she/her/hers)

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Join us for a visit to the Janet Turner Print Museum located on the Chico State campus. Rachel Skokowski, the museum director and curator, will give us a tour of the current print exhibition, *A Century of Atelier*, a collection from a modernist print studio. We will also spend time in the archive to learn about this amazing collection of prints and their care. After our time in the museum, we will take a walking tour of the outdoor works of art on campus. *Class Notes:* Further information will be provided before the class.

Meandering in Interesting Places: Oroville Dam and Lake Oroville Visitor Center *

Mon, Feb 22 • 8:30AM–12:00PM • Various Locations
Instructor(s): Vickie Bernhardt, Candice Roethler

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Step into the heart of California's water story with a guided tour of the Lake Oroville Visitor Center and the iconic Oroville Dam – the tallest earthen dam in the United States! Explore interactive exhibits and climb the 47-foot observation tower for stunning 360° views. Witness one of the most impressive feats of engineering in the country, then walk the length of the dam and feel the power of water beneath your feet. Participants should be comfortable walking and standing for up to 3 hours. *Class Notes:* Further details will be provided prior to the class.

Wednesday Park Walks

Section 1: Wed, Jan 06–Feb 03 • 9:15AM–10:30AM • Various Locations
Section 2: Wed, Feb 10–Mar 10 • 9:15AM–10:30AM • Various Locations
Instructor(s): Amy Hahn, Bill Casey

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

Join us for our Wednesday morning park walks! If you want to start a walking habit, add to your daily step count, spend a morning with old and new friends, or just enjoy beautiful Lower Park, lace up your shoes and join us. Each week, you have the opportunity to choose a 1-mile route looping at Hwy 99 or a 2.8-mile route looping at the 2nd bridge (Cedar Grove).



OUTDOOR INTERSESSION | MARCH 15 – APRIL 16

WHERE ADVENTURE NEVER RETIRES

Welcome to OLLI's Special Outdoor Intersession! This is an opportunity to take outdoor classes between the winter and spring terms. **Class registration for outdoor intersession classes opens at 9AM on Thursday, February 25.** The last day anyone will be added to an outdoor intersession class off the waitlist is March 22.

Outdoor Intersession Fair Access to Limited Classes (2-Class Limit)
To provide fair registration for members for the outdoor intersession, there is a special class limit policy in effect for the first week of registration. During that time, you may register or be added to the waitlist for only two outdoor intersession classes. After the first week, we will turn off the class limit and you may register or be added to the waitlist for additional classes.

Learn more about our outstanding volunteer instructors by viewing their bios with the OLLI class listings online.

A Taste of Hiking with the HOOFers *

Mon, Mar 15 • 8:00AM–4:00PM • Various Locations
Instructor(s): Cynthia Weeks-Finnegan, Laura Lukes

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

This hike is for able hikers who have contemplated joining the HOOFer community. We are offering this chance for an introduction to the HOOFer community while participating in a hike to Inks Creek Point. The hike is about 4 miles out and back with 350 feet of elevation gain. After this hike, you will know if you want to take the introductory HOOFers class and fully join the HOOFer community. *Class Notes:* Further details will be provided prior to the hike. This class is for women only.

A Tranquility Walk * $

Tue, Mar 30 • 8:30AM–1:00PM • Various Locations
Instructor(s): Diana Hoffmeister, Akhila Murphy, Candice Roethler

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Join us for a leisurely walk of up to four miles along the tree-lined shore of Paradise Lake. Let's connect with nature in a way that stimulates our senses and unclutters our minds while enlivening our bodies with easy walking. Let your to-do list take a back seat for a while and allow the nurturing energy of Mother Nature to slow you down as you appreciate the tranquility of your surroundings. *Class Notes:* There is a $3 parking fee per vehicle. Further details will be provided prior to the hike.

Birding in the Black Butte Lake Area *

Thu, Apr 15 • 8:30AM–3:30PM • Various Locations
Instructor(s): Joyce Bond, Joan Mitchell

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

The Black Butte Lake area is a great place for spring birding! We'll drive with many stops on back roads around the lake to look for birds in a variety of habitats, including a few paths, each less than a mile, through woods and fields, vistas along the lake, and the dam overlook. We'll see a wide variety of birds, which may include several osprey on their nests, eagles and other raptors, grebes, orioles, shrikes, bluebirds, spring migrant warblers, and much more. *Class Notes:* Further details will be provided prior to the class.

Chasing Waterfalls * $

Tue, Apr 13 • 7:15AM–4:00PM • Various Locations
Instructor(s): Azure Kurth, Vickie Bernhardt

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Explore northeastern California's most captivating waterfalls while discovering the natural forces that created them. Journey through volcanic landscapes, river canyons, spring-fed cascades, and snowmelt falls as each stop reveals a unique story of geology, water, and time. Experience their beauty through your own lens, whether with a camera or simply your eyes. Today we're not just chasing waterfalls; we're chasing the stories that created them. *Class Notes:* There is a $10 park entrance fee. Further details will be provided prior to the class.

Discover Bille Park *

Thu, Apr 15 • 11:00AM–1:00PM • Various Locations
Instructor(s): Melissa Loura, Pat Bronson

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Join us for a nature hike in a hidden gem in Paradise. We will hike to a lookout point to enjoy views of Little Butte Creek Canyon, Chico, and beyond. Then we will hike to the grotto, a lovely spot with a small waterfall and great canyon views. The hike is approximately 1.5 miles on a rocky, narrow trail with some up and down. Hiking poles are recommended. We will enjoy our bring-your-own picnic lunches after the hike. There are bathrooms at the park. *Class Notes:* Further details will be provided prior to the class.

Feather River Nature Center Birding and Museum Visit * $

Mon, Mar 29 • 9:00AM–12:00PM • Various Locations
Instructor(s): Joyce Bond, Joan Mitchell

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Bring your binoculars and enjoy spring birding at this beautiful scenic area along the Feather River in Oroville. We'll see a variety of birds, beautiful wildflowers and native plants, and maybe even a beaver or otter. We'll also explore inside the Nature Center. Both beginning and experienced birders are welcome on this outing of up to 2 miles of walking on fairly easy dirt paths, with one short but steep uphill to get to the water above the dam. *Class Notes:* There is a museum admission fee of $4 for adults, $3 for seniors. Further details will be provided prior to the class.

Garden Gourmands at Sacramento River Discovery Center *

Fri, Apr 09 • 10:00AM–2:00PM • Various Locations
Instructor(s): Debra Barger (she/her/hers)

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Join us for a half-day adventure to the Sacramento River Discovery Center in Red Bluff. This garden park has an abundance of plants, trees, birds, and pollinating insects along the Sacramento River, including a center with informative exhibits. After touring the park, we will enjoy our bring-your-own picnic lunches. The instructors will provide seasonal fruit bounty from the County, dessert, and iced tea. *Class Notes:* Further details will be provided before the class.

Hike & Learn: Iron Canyon Fish Ladder *

Wed, Mar 24 • 8:00AM–2:00PM • Various Locations
Instructor(s): Pamela Waldsmith, Richard Utter

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Hike approximately 5 miles and learn about the amazing Iron Canyon Fish Passage Project with a special guest. The fish ladder is being built with the hopes of getting salmon and other species about 8.5 miles past Salmon Hole into Iron Canyon, where cool ponds are believed to be ideal for spawning. We will hike along uneven ground with 600 feet elevation gain and loss. *Class Notes:* Further details will be provided prior to the hike.

Hiking the Historic Humboldt Wagon Road *

Mon, Apr 05 • 8:30AM–11:30AM • Various Locations
Instructor(s): Candice Roethler, Mary Johnson, Dave Nopel

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Join us for a hike along this 1865-built wagon road that connected Chico to destinations to the East. We will learn about the history of the road as we see views of the valley and Chico, wildflowers, the remains of wagon ruts, and rock walls. This is a moderately easy hike. Participants should be able to stand for up to 3 hours and walk at leisurely pace downhill on a paved pathway for 3+ miles. There are no bathrooms, benches, or water on the trail. *Class Notes:* Further details will be provided prior to the hike.

In Search of California's Vanishing Flora *

Tue, Mar 30 • 9:00AM–1:00PM • Various Locations
Instructor(s): David Popp

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Get an introduction to California native plants and basic botany in the field as we saunter in search of California native wildflowers. *Class Notes:* This wil be a visit to the Vina Plains vernal pool habitat, a Nature Conservancy preserve in Tehama County. Further details will be provided prior to the class.

Meandering in Interesting Places: Wildflowers at Horseshoe Lake *

Mon, Mar 22 • 9:00AM–11:00AM • Various Locations
Instructor(s): Candice Roethler, Felicia Stiles

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Join us for an outdoor adventure exploring interesting places in our community. We will meander at a leisurely pace for 1-2 miles in the Horsehoe Lake area of Upper Bidwell Park to enjoy the wildflower bloom and birds of the area. Participants should be comfortable walking and standing for two hours. The trails are relatively flat and somewhat uneven in spots. *Class Notes:* Further details will be provided prior to the walk.

Nature Journaling at Horseshoe Lake *

Section 1: Fri, Apr 09 • 10:00AM–12:30PM • Various Locations
Section 2: Fri, Apr 16 • 10:00AM–12:30PM • Various Locations
Instructor(s): Carolyn Short, Diana Hoffmeister

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Recent rains and warmer weather make April a prime time for nature journaling in Upper Park's Horseshoe Lake area. Colorful native wildflowers approach full bloom while lingering winter waterfowl and arriving spring songbirds offer a diversity of avian activity. Expect to see resident waterfowl such as great blue heron, green heron, great egret, and mallards. A few pipevine swallowtail and western tiger swallowtail butterflies may grace us with early emergence. Easy access from the parking lot makes Horseshoe Lake an ideal plein air painting location. *Class Notes:* Further details will be provided prior to the class.

Outdoor Sketching Around Chico *

Mon, Mar 15–Apr 05 • 2:30PM–4:30PM • Various Locations
Instructor(s): Marvey Mueller

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

Bring your sketching materials and a folding chair as we hit a few of our local outdoor places to add to our sketchbooks. We will gather at each site to talk about how to approach each view and the instructor will give a quick demonstration. Students will then set up to sketch as the instructor moves around to check their progress and make suggestions. *Class Notes:* Further details will be provided prior to the class.

Plein Air Painting at TEIL Farms in Durham * $

Mon, Apr 05 • 10:00AM–12:00PM • Various Locations
Instructor(s): Carolyn Short

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Come to Durham to the TEIL Farms cut flower garden and enjoy a morning of painting out in nature. After a tour of the farm, we will spend time painting in the farm's dedicated outdoor space. The season will bring the sights and smells of irises, lavender, and snapdragons as beautiful colors welcome spring. Bring your own art supplies. *Class Notes:* There is a $20 farm entry fee. Further details will be provided prior to the class.

Soils, Landforms, and Vegetation of Bidwell Park *

Mon, Apr 05 • 9:00AM–2:00PM • Various Locations
Instructor(s): Vickie Bernhardt, Amy Hahn

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

We will begin in the floodplain of Big Chico Creek and travel back in time across the older deposits of the creek and into the Cascade foothills. The first route, from Five Mile to the North Rim Trail, covers a condensed sequence of the major landforms that occur in the Sacramento Valley, as well as the transition to the Tuscan Formation in the Cascade foothills. In the second route, following the Lower Trail and Yahi Trail from Horseshoe Lake, we walk up the bottom of Big Chico Creek Canyon, applying what we observed on the first route and viewing the slot canyon in the Lovejoy basalt. There will be approximately 6 miles of moderate hiking with some rocky and uneven areas. The first route has a short, steep up-and-down. *Class Notes:* Further details will be provided prior to the hike.

Table Mountain Hike to Beatson Hollow * $

Fri, Mar 26 • 8:00AM–4:00PM • Various Locations
Instructor(s): Lorraine Smith (she/her/hers), Vickie Stoll

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

Spring on Table Mountain is spectacular! This is a moderate out-and-back hike (5 miles with 400 feet elevation gain) on uneven terrain, with several easy small creek crossings; ascents and descents are gradual. Along the way we'll enjoy the wildflower displays, birds, and expansive views. We'll have lunch in Beatson Hollow, where we can elect to explore some more or just sit and soak our feet in the water! We'll move at a leisurely pace, with plenty of time to identify and photograph abundant wildflowers. *Class Notes:* California Department of Fish and Wildlife Lands Pass or hunting/fishing license required. Further details will be provided prior to the hike.

Wednesday Park Walks *

Wed, Mar 17–Apr 14 • 9:15AM–10:30AM • Various Locations
Instructor(s): Amy Hahn, Bill Casey

- Fee for À La Carte Members: $30. Fee for Unlimited Members: Included.

Join us for our Wednesday morning park walks! If you want to start a walking habit, add to your daily step count, spend a morning with old and new friends, or just enjoy beautiful Lower Park, lace up your shoes and join us. Each week, you have the opportunity to choose a 1-mile route looping at Hwy 99 or a 2.8-mile route looping at the 2nd bridge (Cedar Grove).

Women's Hike to Yana Camp, Sacramento River Bend Area *

Fri, Apr 09 • 8:00AM–4:00PM • Various Locations
Instructor(s): Vickie Stoll, Lorraine Smith (she/her/hers)

- Fee for À La Carte Members: $15. Fee for Unlimited Members: Included.

This moderate out-and-back hike is 7.2 miles with 650 feet elevation gain. We'll hike through rolling blue oak woodlands, gently climb to bluffs offering views of the Sacramento River and surrounding mountains, cross lush streams, and observe and identify abundant wildflowers. We'll eat lunch at Yana Camp under the oak trees along the river. The trail requires climbing down and up a six-foot vertical ladder and scrambling over a few boulders, adding to our adventure. Sturdy hiking boots/shoes are required; hiking poles recommended. *Class Notes:* Further details will be provided prior to the hike. This class is for women only.

OUTDOOR INTERSESSION | MARCH 15–APRIL 16

WHERE ADVENTURE NEVER RETIRES

MEMBERSHIP & CLASS SELECTION FORM

These forms are provided for printing. To register electronically, visit olli.csuchico.edu.

YOUR CONTACT INFORMATION: *Has any of your information changed since the last time you registered?* ☐ Yes!

Name _____ Phone # _____

Address _____ City _____ Zip _____

Email _____ Date of Birth ____/____/____

Emergency Contact _____ Phone # _____

CLASS SELECTION: Class registration for outdoor intersession classes opens at **9AM on Thursday, February 25**. *There is a * two-class limit * for the first week of registration.*

- ☐ $15 A Taste of Hiking with the HOOFers *
- ☐ $15 A Tranquility Walk *
- ☐ $15 Birding in the Black Butte Lake Area *
- ☐ $15 Chasing Waterfalls *
- ☐ $15 Discover Bille Park *
- ☐ $15 Feather River Nature Center Birding and Museum Visit *
- ☐ $15 Garden Gourmands at Sacramento River Discovery Center *
- ☐ $15 Hike & Learn: Iron Canyon Fish Ladder *
- ☐ $15 Hiking the Historic Humboldt Wagon Road *
- ☐ $15 In Search of California's Vanishing Flora *
- ☐ $15 Meandering in Interesting Places: Wildflowers at Horseshoe Lake *
- ☐ $15 Nature Journaling at Horseshoe Lake: Section 1 *
- ☐ $15 Nature Journaling at Horseshoe Lake: Section 2 *
- ☐ $30 Outdoor Sketching Around Chico *
- ☐ $15 Plein Air Painting at TEIL Farms in Durham *
- ☐ $15 Soils, Landforms, and Vegetation of Bidwell Park *
- ☐ $15 Table Mountain Hike to Beatson Hollow *
- ☐ $30 Wednesday Park Walks *
- ☐ $15 Women's Hike to Yana Camp, Sacramento River Bend Area *

AVAILABLE MEMBERSHIP OPTIONS: *Installments Available!*

All memberships include three consecutive terms: **winter, spring, and fall**. Make your selection and enter your credit card information below.

Unlimited Membership

☐ 2 Payments of $150 or

☐ 5 Payments of $60 or

☐ Single Payment of $300

À La Carte Membership

☐ Single Payment of $50

Individual class fees are extra and are listed with the class description and on the class registration form.

Instructor-Only Unlimited Membership

☐ 2 Payments of $120 or

☐ 5 Payments of $48 or

☐ Single Payment of $240

INFORMED CONSENT AGREEMENT:

As a participant in the Osher Lifelong Learning Institute at Chico State, I understand that risk of accident and injuries can arise out of participation in program activities and agree to release from liability and hold harmless Chico State Enterprises, its programs, the Trustees of the California State University, and their officers and employees, from claims against them arising from injuries or property damage which might occur in connection with this activity. I certify that I am in good health and have the capacity to participate in programs of this nature. I give permission to be medically treated for illness or injury occurring during participation in the above activity and certify that I am covered by medical insurance and/or willing to bear financial responsibility for any costs incurred in medical treatment. I also give permission for photos taken during OLLI classes or activities to be published.

Signature (Required): _____ Date: _____

FEES: If you have a current membership, enter $0 for the **membership** fee. If you have or are paying for an Unlimited Membership, enter $0 for the **per class** fee.

Membership Fee: $_____ + Per Class Fee Total (À La Carte Members Only): $_____ = Payment Total $_____

PAYMENT: ☐ Check enclosed, payable to "Chico State Enterprises" ☐ Charge My Credit Card $ _____

Credit Card # _____ Exp. _____

MAIL FORM & PAYMENT TO: OLLI at Chico State • 400 W. 1st St • Chico, CA 95929-0792

REGISTRATION & POLICIES

Class Registration Opens December 10 & Runs Throughout Winter

Online	Phone	Email	Mail	In Person
olli.csuchico.edu	530-898-6679	olli@csuchico.edu	OLLI at Chico State 400 W. First St. Chico, CA 95929-0792	Aymer J. Hamilton Bldg., Room 118B Chico State Campus

Fair Access to Limited Classes (3-Class Limit)

To provide more fair opportunities for members to enroll in their favorite classes, there is a class limit policy in effect through the first two weeks of registration. During that time, you may register for only three limited classes. Limited classes are noted with an asterisk (*). You can register for any number of classes without an asterisk (*). After two weeks we will turn off the class limit and you may add additional classes to your schedule where space is available.

Waitlists

- If a class is full, add yourself to the waitlist. If space becomes available in a class with a waitlist, waitlisted members will be added to the class in the order they were added to the waitlist. We ask that you not attend the class until you have been officially registered.
- There is no fee to be added to the waitlist. À La Carte Members on the waitlist will be contacted for payment before being registered in the class.
- If you paid À La Carte class fees ahead of registration day and you were added to a waitlist for a class, but were not enrolled in the class, the OLLI office will contact you to arrange registration in another class of the same cost, a credit on your account, or a refund. Refunds for credit card payments will be processed within 2 business days. Refunds for check payments can take 4-6 weeks to process.

Drop and Refund Policies

- No refunds will be given for membership fees. Any unused membership fees will help support our programs. Thank you!

Unlimited Membership Class Drop Policy

- If you will no longer be taking a class, please contact the OLLI office at olli@csuchico.edu or 530-898-6679 so we can offer that spot to another member.

À La Carte Membership Class Drop/Refund Policy

- If OLLI cancels a class, you will receive a credit on your account for the full amount of the class fee. Credits for cancellations can be issued as refunds upon request. Refunds for credit card payments will be processed within 2 business days. Refunds for check payments can take 4-6 weeks to process.
- The deadline to drop a class and receive a credit on your account for the full class price is the business day before the second class meeting for classes that meet 3 or more times and 5 business days before the first class meeting for classes that meet 1 or 2 times.
- If you drop a class after the drop deadline, we will issue a credit on your account for the class price minus an administrative fee of $10 for each dropped class.
- Credits from dropped or cancelled classes can only be used for class fees. They cannot be used for membership payments.
- To qualify for a credit for a dropped class, you must contact the OLLI office at olli@csuchico.edu or 530-898-6679. Contact with the instructor will not constitute an official drop request.
- Credits expire one year after they are issued. No refunds will be given for unused credits.
- No refunds will be given except as stated in this policy. Any unused fees will help support our programs. Thank you!

OLLI at Chico State

These forms are provided for printing.
To register electronically, visit olli.csuchico.edu.

WINTER '27 CLASS SELECTIONS

IN PERSON

- ☐ $55 24-Form Tai Chi *
- ☐ $15 A Mindfulness Meditation Experience *
- ☐ $15 A Tour of Chico State's BSS Building *
- ☐ $30 A-Thrifting We Will Go *
- ☐ $55 Acrylic Painting
- ☐ $15 An Afternoon at Burnt Barn Distilling Co. *
- ☐ $15 An Introduction to Calflora
- ☐ $15 Beading Basics: Sect. 1
- ☐ $15 Beading Basics: Sect. 2
- ☐ $55 Beatles, Beatles, Beatles: Part 1
- ☐ $30 Beer Styles and Histories
- ☐ $55 Beginning Spanish from Chapter 13
- ☐ $55 Beginning Spanish from Chapter 3
- ☐ $55 Beginning Spanish from Chapter 8
- ☐ $15 Building Brain-Healthy Habits
- ☐ $15 Chico History Museum Special Lecture *
- ☐ $15 Chico History Museum Tour: Sect. 1
- ☐ $15 Chico History Museum Tour: Sect. 2
- ☐ $15 Chico History Museum Tour: Sect. 3
- ☐ $30 Creative Journaling *
- ☐ $55 Cribbage: Learn and Play
- ☐ $30 Decoding AI *
- ☐ $55 Dialect Diversity *
- ☐ $30 Espionage 102
- ☐ $30 Everyone Watches Women's Sports
- ☐ $15 Explore Chico Art Center's Digital Art Lab *
- ☐ $55 Feeding the Aging Dragon
- ☐ $30 Feng Shui in the Twenty-First Century *
- ☐ $30 Film, Movies, Cinema! *
- ☐ $55 Fitness for Lifetime Mobility: Sect. 1
- ☐ $55 Fitness for Lifetime Mobility: Sect. 2
- ☐ $15 Foods for a Healthy Heart *
- ☐ $30 Fun with Fabric Collage *
- ☐ $30 Global Climate Change
- ☐ $55 Great Speeches
- ☐ $55 Greek Tragedy: Section 1 *
- ☐ $55 Greek Tragedy: Section 2 *
- ☐ $30 Has Your Retirement Portfolio Kept Pace
- ☐ $15 Healthy Aging Through Nutrition & Lifestyle
- ☐ $30 History and Styles of Whisk(e)y
- ☐ $15 Household Electrical: Exterior
- ☐ $15 Household Electrical: Interior
- ☐ $30 How Deserts Are Converted to Landscapes
- ☐ $55 How We Cognitively Process Visual Media
- ☐ $55 Human Personality
- ☐ $15 Inside the Orchestra

IN PERSON, CONT.

- ☐ $55 Intermediate Spanish Conversation
- ☐ $15 Intro to Silversmithing: Sect. 1
- ☐ $15 Intro to Silversmithing: Sect. 2
- ☐ $55 Let's Play Games!: Sect. 1
- ☐ $55 Let's Play Games!: Sect. 2
- ☐ $30 Living the Four Agreements *
- ☐ $15 Metalwork 101: Open Saw Work
- ☐ $55 Mindfulness for Everyday Living *
- ☐ $55 Music and Musicians
- ☐ $55 OLLI Chess Club *
- ☐ $15 Passages Overview
- ☐ $55 Pickleball
- ☐ $30 Planning for Disability
- ☐ $30 Playing Guitar Level 2 and Singing Along
- ☐ $30 Poetry for Pleasure
- ☐ $15 Power Foods for the Brain *
- ☐ $15 Right-Sizing Your Home and Your Life
- ☐ $15 Road Ready at Any Age
- ☐ $15 Safeguarding What Matters
- ☐ $30 Sing Gospel Music
- ☐ $55 Sketchbook Journaling
- ☐ $30 Skywatchers' Almanac
- ☐ $15 Soldered Charm Bracelets
- ☐ $55 Spanish Composition and Conversation
- ☐ $55 Spanish Songs
- ☐ $30 Spiritual Principles *
- ☐ $15 Stansbury Home Tour *
- ☐ $15 Strength, Posture, Flexibility: Sect. 1 *
- ☐ $15 Strength, Posture, Flexibility: Sect. 2 *
- ☐ $15 Strength, Posture, Flexibility: Sect. 3 *
- ☐ $55 Table Tennis
- ☐ $55 Tai Chi for Arthritis: Beginning *
- ☐ $55 Tai Chi for Arthritis: Intermediate *
- ☐ $55 Tap Dance Is Fun: Beginning *
- ☐ $55 Tap Dance Is Fun: Intermediate *
- ☐ $55 Telling Your Story
- ☐ $55 The Private Life of a Masterpiece
- ☐ $30 Theatre Acting: It's No Mystery
- ☐ $55 Thinking Like a Physicist 2.0
- ☐ $15 Torch Enameling: Sect. 1
- ☐ $15 Torch Enameling: Sect. 2
- ☐ $15 Understanding Treatment Courts
- ☐ $15 Unlocking Your Home Equity
- ☐ $30 Watercolor Exploration *
- ☐ $55 Watercolor Painting *
- ☐ $55 Watercolor: Beginning

IN PERSON, CONT.

- ☐ $55 Welcome to the World of Chi *
- ☐ $30 Westside Museum Tours *
- ☐ $150 Wilderness First Aid
- ☐ $15 Wirework Earrings: Sect. 1
- ☐ $15 Wirework Earrings: Sect. 2
- ☐ $15 Women & Money
- ☐ $55 World Dance
- ☐ $55 Writer's Workshop

HYBRID ~ IN PERSON OR LIVE ONLINE!

- ☐ $55 California History
- ☐ $55 Cracker Barrel
- ☐ $55 Great Decisions
- ☐ $55 Tuesday Tunes

ONLINE

- ☐ $30 California Art from an Artist's Viewpoint
- ☐ $55 French 1
- ☐ $55 French 2
- ☐ $55 French 3: Conversation
- ☐ $55 French for Travelers
- ☐ $55 Let's Keep Knitting!
- ☐ $15 Making Cents of Caregiving Costs
- ☐ $55 Mastering Prismacolor Pencils
- ☐ $15 Only Hope: My Mother and the Holocaust
- ☐ $55 Reading Poetry for Insight & Enrichment
- ☐ $30 Science Fiction and Fantasy Book Group
- ☐ $15 Using B-Line Services in Butte County
- ☐ $30 Zen Drawing 101

OUTDOOR EXPERIENCES

- ☐ $30 Birding: All Levels *
- ☐ $30 Birding: Beyond the Basics
- ☐ $30 Easing onto the Hiking Trail *
- ☐ $15 Hike & Learn: Lovejoy Falls *
- ☐ $15 Historical Walking Tour: Downtown Chico *
- ☐ $15 In Search of California's Vanishing Flora
- ☐ $15 Iron Canyon Hike *
- ☐ $15 Meandering: Janet Turner Print Museum *
- ☐ $15 Meandering: Oroville Dam... *
- ☐ $30 Wednesday Park Walks: Section 1
- ☐ $30 Wednesday Park Walks: Section 2

CLASS FEE TOTAL FOR À LA CARTE MEMBERS

$ _____

Add this amount to the membership form.

Helpful Notes:

- Classes with an asterisk (*) count toward the 3-class limit. During the first two weeks of registration, you may register for up to three of these limited classes. After two weeks, you may add additional limited classes to your schedule where space is available.
- You can register for any number of classes without an asterisk (*).
- Classes have different start dates throughout the term. Please refer to the Schedule at a Glance for the class dates.

OLLI at Chico State

These forms are provided for printing.
To register electronically, visit olli.csuchico.edu.

WINTER '27 MEMBERSHIP FORM

Membership is required to participate in OLLI classes and member events. Joining OLLI at Chico State supports our programs and enables you to enjoy OLLI's full range of offerings, make new friends, and socialize with people who share common interests.

YOUR CONTACT INFORMATION: *Has any of your information changed since the last time you registered?* ☐ Yes!

Name _____ Phone # _____

Address _____ City _____ Zip _____

Email _____ Date of Birth ____/____/____

Emergency Contact Name _____

Relationship to You _____ Phone # _____

OLLI shares information by email and on our website. If you don't have access to a computer or email account, please check here to receive the information by mail. [ ]

AVAILABLE MEMBERSHIP OPTIONS: *Installments Available!*

All memberships include three consecutive terms: **winter, spring, and fall**. Make your selection and enter your credit card information below.

Unlimited Membership

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☐ 5 Payments of $60 or

☐ Single Payment of $300

À La Carte Membership

☐ Single Payment of $50

Individual class fees are extra and are listed with the class description and on the class registration form.

Instructor-Only Unlimited Membership

☐ 2 Payments of $120 or

☐ 5 Payments of $48 or

☐ Single Payment of $240

☐ **Upgrade** from À La Carte Membership to Unlimited Membership $250

Check the back of your catalog for your current membership status.

Scholarships available. Contact OLLI at 530-898-6679 or olli@csuchico.edu for more information.

INFORMED CONSENT AGREEMENT:

As a participant in the Osher Lifelong Learning Institute at Chico State, I understand that risk of accident and injuries can arise out of participation in program activities and agree to release from liability and hold harmless Chico State Enterprises, its programs, the Trustees of the California State University, and their officers and employees, from claims against them arising from injuries or property damage which might occur in connection with this activity. I certify that I am in good health and have the capacity to participate in programs of this nature. I give permission to be medically treated for illness or injury occurring during participation in the above activity and certify that I am covered by medical insurance and/or willing to bear financial responsibility for any costs incurred in medical treatment. I also give permission for photos taken during OLLI classes or activities to be published.

Signature (Required): _____ Date: _____

FEES: Enter your membership fee and class fees total from the other side of this form. If you have a current membership, enter $0 for the membership fee. If you have or are paying for an Unlimited Membership, enter $0 for the per class fee. Check the back of your catalog for your membership expiration date.

Membership Fee: $_____ + Per Class Fee Total (À La Carte Members Only): $_____ = Payment Total $_____

PAYMENT: ☐ Check enclosed, payable to "Chico State Enterprises" ☐ Charge My Credit Card $ _____

Credit Card # _____ Exp. _____

MAIL FORM & PAYMENT TO: OLLI at Chico State • 400 W. 1st St • Chico, CA 95929-0792

SPECIAL THANK YOU

At OLLI at Chico State, community is at the heart of who we are. Our lifelong learning program exists through the dedicated contributions of our volunteers – members and community partners who serve as guides, visionaries, teachers, and loyal supporters. We want to say a resounding thank you to all of them for their hard work and tireless support that helps keep OLLI at Chico State at the forefront of active learning and engagement.

Our Donors

Generous contributions from our members help provide OLLI with its incredible variety of classes, in addition to classroom upgrades and new computer equipment to help us stay connected and engaged. Membership fees cover only half of OLLI's total expenses. By making a donation to OLLI, either monetarily or by volunteering, you can help broaden the horizons of future OLLI members. Visit the "Donate" page at olli.csuchico.edu to support OLLI with a donation or the "Volunteer" page to sign up to join our volunteer team.

Business Sponsors

Connecting with local businesses helps expand programming, increase awareness of our program, and build connections with the broader community. We would like to thank our sponsors for their partnership with our OLLI program.























Accessibility & Safety

OLLI is committed to making our classes welcoming and accessible to everyone. We have implemented accessibility measures in our main classroom spaces at The Social Chico, we offer classes on Zoom for those who prefer to learn from home, and we are partnering with Chico State faculty and community partners to explore new ways to make OLLI open and friendly to marginalized groups. Visit our website at olli.csuchico.edu for our full accessibility statement and more information about our commitment to welcoming and inclusion.

COVID-19 vaccinations are strongly encouraged and not required. Masks are optional and always welcome. There are HEPA air purifiers in all four of our main classrooms at The Social Chico. If you are experiencing symptoms of COVID-19 or any other communicable illnesses, such as a cold or the flu, please stay home.

OLLI at Chico State
OSHER LIFELONG LEARNING INSTITUTE
400 W. First Street
Chico, CA 95929-0792



SAVE THE DATE

OLLI Winter '27 Calendar

Nov. 22 ..... Winter Social Meetups Begin
Nov. 23-27..... Fall Break (OLLI Closed)
Dec. 3..... Winter Class Preview
Dec. 10..... Winter Class Registration Opens
Dec. 16-29..... Winter Break (OLLI Closed)
Jan. 1..... New Year's Day (OLLI Closed)
Jan. 3..... Winter Social Meetups End
Jan. 4..... First Day of Winter Classes
Jan. 18..... Martin Luther King Jr. Day (No Classes, OLLI Closed)
Feb. 25..... Outdoor Intersession Class Registration Opens
Mar. 12..... Last Day of Winter Classes
Mar. 14 ..... Spring Social Meetups Begin
Mar. 15..... First Day of Outdoor Intersession Classes

Winter '27 Class Preview

In December, we will highlight our winter and outdoor intersession offerings through an in-person preview at the Chico Masonic Family Center. Learn about classes, plan your schedule, and hear from some of the volunteer instructors who will lead classes. The event is open to the public. **Invite your friends!**

- **Thursday, December 3, 10:30AM–Noon** (Presentation begins at 11AM)
- Chico Masonic Family Center, 1110 W. East Avenue, Chico
- Free parking, coffee, and snacks. ***Come learn what OLLI has planned for winter!***

Learn with a Friend = Guaranteed Class Enrollments!

Learning is great when you get to do it with friends! When you refer someone you know and they also join OLLI, you can both register early for classes this winter. Whether you're taking all your classes together or enjoying separate parts of OLLI, registering early lets you avoid the rush on popular classes or classes with limited capacity. Contact the OLLI office by December 3 to confirm.



olli.csuchico.edu
530-898-6679