

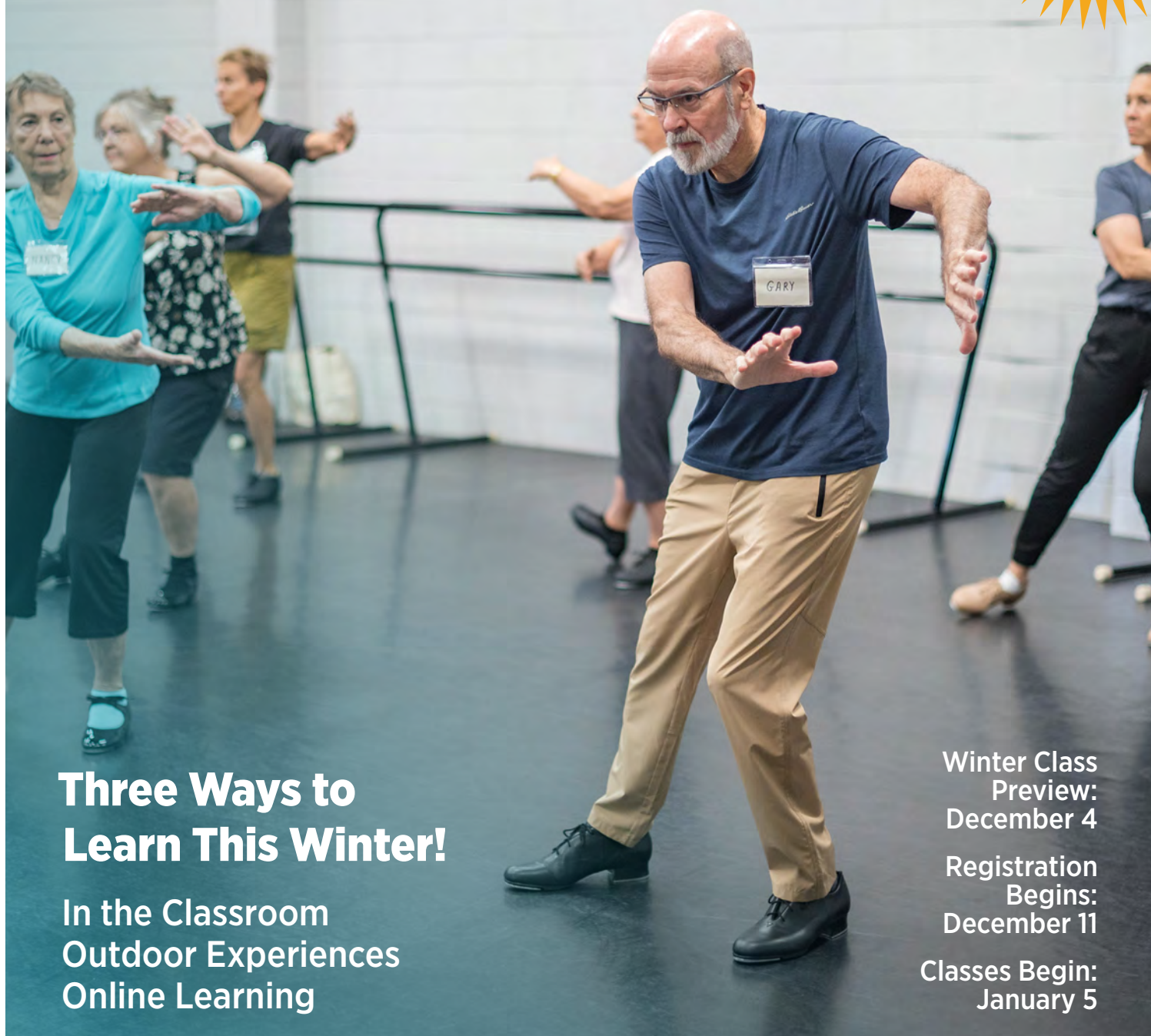
WINTER 2026 CLASS CATALOG | JANUARY 5-MARCH 13



OLLI at Chico State

WHERE LEARNING NEVER RETIRES

Check out
our new
**Outdoor
Intersession!**



Three Ways to Learn This Winter!

In the Classroom
Outdoor Experiences
Online Learning

Winter Class
Preview:
December 4

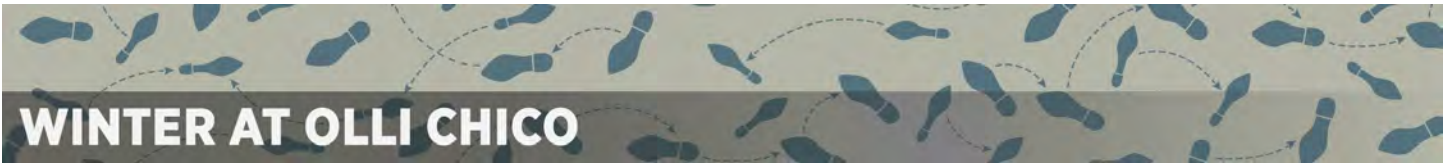
Registration
Begins:
December 11

Classes Begin:
January 5

The **Osher Lifelong Learning Institute** in Chico, California is a learning community of more than 900 members. We welcome adults with a desire to learn, share their gifts with others, build new friendships, and take an active part in discovering more about the world. **Join us!**

olli.csuchico.edu

530-898-6679



Welcome to OLLI All Year!

When you join OLLI, you become part of our welcoming community of lifelong learners. OLLI is designed for adults 50 and older and is open to everyone. As a member, you can take or teach classes, join or organize social meetups, attend free events, and access all of OLLI’s member benefits.

Classes: Classes are the heart of the OLLI experience. Our classes vary from academic subjects taught by former educators to hobbies shared by enthusiasts. There are no tests or grades. The only requirement is an interest in learning. OLLI has three 10-week class terms spread out across the year. This winter, our volunteer instructors will lead over 90 classes on everything from language diversity to surrealist women artists; from beaded jewelry to yoga. We invite you to explore our full schedule of learning opportunities in the classroom, outside, and online.

Social Meetups: OLLI continues throughout the year with social meetups between class terms. You might join other OLLI members to make some art, have a conversation, or play a card game – in person or on Zoom. Social meetups are member-led: you decide what you want to do with other OLLI members. The OLLI office will send out the calendar of meetups each week to all members. Want to introduce a friend to OLLI? Bring them to a meetup to get a taste of what OLLI is all about.

Join OLLI At Any Time

Your membership is good for three consecutive class terms. Membership is required to participate in OLLI classes and member events.

- Fees:** Unlimited Membership (Winter, Spring, and Fall) **\$300**
- À La Carte Membership (Winter, Spring, and Fall) **\$50**
- Instructor-Only Unlimited Membership (Winter, Spring, and Fall) **\$240**
- Upgrade from À La Carte Membership to Unlimited Membership **\$250**

- Installment Payment Plans Available!**
- See the Winter ’26 Membership Form, page 17.
- Refund, Drop, and Waitlist Policies:**
- See our full policies on page 22.

Unlimited members have access to all OLLI classes with no additional per-class fees. À La Carte members pay a per-class fee for each class they take each term. À La Carte members can upgrade to Unlimited membership within the first six months. Previously paid per-class fees will not be refunded. Some materials fees may be requested at both membership levels for some classes.

Benefits for All Members:

- Invitations to all OLLI social meetups, events, and travel opportunities
- Access to online lectures from many other OLLI programs across the country
- Free parking at primary classroom complex, The Social Chico
- Discounted lunch option and tickets
- One-on-one technical and Zoom support from OLLI staff and volunteers
- Subscription to OLLI’s *Bits & Bytes e-newsletter* sent out twice per month
- Option to request a Chico State library courtesy card



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WINTER '26 SCHEDULE AT A GLANCE

Classes listed by day & start time to help you plan.

* = Counts toward 3-class limit. \$ = Additional materials/service fee. @ = Recorded class.

MONDAY CLASSES					
*	Meandering in Interesting Places: Oroville Dam and Lake Oroville Visitor Center	Vickie Bernhardt	8:30–11:30	Feb 23	Various Locations
*	In Search of California's Vanishing Flora: Sect. 2	David Popp	8:30–12	Mar 12	Various Locations
	Planning for Disability: Health Care Directives, Powers of Attorney, and Special Needs Trusts	Dana Campbell	10–11:30	Jan 05–Jan 26	The Social Chico, Gordon 1
	Playing Guitar at Beginning Level 2 and Singing Along	Phil Elkins	10–11:30	Jan 12–Mar 09	Westmont of Chico (formerly The Terraces), Lobby
	Sing Gospel Music	Phil Elkins	10–11:30	Jan 05–Mar 02	Westmont of Chico (formerly The Terraces), Lobby
\$	Visions for 2026	Kim Goosmann	10–11:30	Jan 05	The Social Chico, Bradley 1
	Cracker Barrel	David Price	10–11:30	Jan 05–Mar 09	The Social Chico, Bradley 2 and Link to be Provided
	French 1	Leanne Ulvang (she/her/elle)	1–2	Jan 05–Mar 09	Link to be Provided
	Navigating Dating, Physical Changes, and Safer Sex in Your Golden Years	Noemi Mandujano-Olivera (she/her/hers)	1–2:30	Feb 02	The Social Chico, Bradley 2
\$	Never Let Me Go, A Novel by Kazuo Ishiguro	Charles Copeland	1–2:30	Jan 05–Mar 09	The Social Chico, Bradley 1
*	New Looks at Old Books	Janet Rechtman	1–2:30	Jan 05–Feb 02	The Social Chico, Gordon 1
\$	French 2	Leanne Ulvang (she/her/elle)	2:05–3	Jan 05–Mar 09	Link to be Provided
\$	Beginning Spanish from Chapter 3	Jennifer Castañeda	3–4	Jan 05–Mar 09	The Social Chico, Gordon 2
	Armchair Travel Sketching Journal	Marvey Mueller	3–4:30	Jan 05–Feb 09	The Social Chico, Bradley 1
	French 3: Conversation	Leanne Ulvang (she/her/elle)	3:05–4	Jan 05–Mar 09	Link to be Provided
\$	Beginning Spanish from Chapter 11	Aaron Alexander (he/him/his)	5:30–6:30	Jan 05–Mar 09	The Social Chico, Bradley 1
TUESDAY CLASSES					
*	Tap Dance Is Fun: Sect. 1	Mary Sweeney	8:30–9:30	Jan 20–Mar 03	Chico Creek Dance, Studio B
	Identity Theft & Financial Scams: How to Protect Yourself	Steven Cliadakis (he/him/his)	8:30–10	Jan 06	Link to be Provided
*	Introduction to Heart Health	Celina Westphal (she/her/hers)	10–10:45	Mar 03–Mar 10	The Social Chico, Gordon 1
*	A-Thrifting We Will Go	Linda Patrick	10–11	Jan 06–Feb 10	The Social Chico, Bradley 1
@	B-Line Paratransit and Other Services	Victoria Proctor (she/her/hers)	10–11	Feb 24	Link to be Provided
	From We to Me: Preparing for Financial Decisions in Widowhood	Miste Cliadakis	10–11	Feb 10	The Social Chico, Gordon 1
	Wildfires and Other Risks in Our Environment	Richard Utter	10–11	Jan 06–Feb 03	The Social Chico, Gordon 1
@	Aviation History: Aviation Vignettes	Gary Hendrickson	10–11:30	Jan 06–Mar 10	The Social Chico, Bradley 2 and Link to be Provided
	More Spiritual Principles	Rosie Potestio	10–11:30	Jan 06–Feb 03	The Social Chico, Gordon 2
@	Intro to Prismacolor Pencils	Cris Guenter	10–11:30	Jan 06–Feb 10	Link to be Provided
	Tuesday Tunes	Bitz Haley	10:30–11:45	Jan 06–Mar 10	Haley Music Therapy, Group Room and Link to be Provided
	Addiction 101	Helen Harberts (she/her/hers)	1–2:30	Feb 24	The Social Chico, Bradley 2
*	Language Diversity: Challenging the Stereotypes	Karen Burdette (she/her/hers)	1–2:30	Jan 06–Feb 24	The Social Chico, Bradley 1
	Nature in the Neighborhood	Hilary Hassenzahl	1–2:30	Jan 06–Jan 13	The Social Chico, Bradley 2
	Theatre Acting: It's No Mystery	April Gausemel	1–2:30	Feb 10–Mar 10	The Social Chico, Gordon 1
	Reading Poetry for Insight and Enrichment	Kate Foley	1–2:30	Jan 06–Mar 10	Link to be Provided
*	Film, Movies, Cinema!	Aaron Bor	1–3:30	Jan 06–Feb 03	The Social Chico, Gordon 1
*	Gentle Yoga	Tom Hess (he/him/his)	2–3	Jan 06–Jan 27	Yoga Center of Chico
@	Green Burial 101: Sustainable Choices for Life's Final Chapter	Stephanie Brow	3–4	Feb 03–Mar 03	Link to be Provided
@	Let's Keep Knitting	Gale Ulvang	3–4:30	Jan 06–Mar 10	Link to be Provided

WEDNESDAY CLASSES					
*	HOOFRS: Revisited	Cynthia Weeks-Finnegan	8-4	Jan 28-Mar 04	Various Locations
	Armchair National Park Tour	Mike Graf	8:30-9:30	Jan 07	The Social Chico, Bradley 2 and Link to be Provided
*	Fitness for Lifetime Mobility: Sect. 1	Paul Coots	8:30-9:45	Jan 14-Mar 04	The Social Chico, Bradley 2
*	Meandering in Interesting Places: Valene L. Smith Museum of Anthropology	Candice Roethler	9-11	Jan 28-Jan 28	Various Locations
	Wednesday Park Walks: Sect. 1	Amy Hahn	9:15-10:30	Jan 07-Feb 04	Various Locations
	Wednesday Park Walks: Sect. 2	Amy Hahn	9:15-10:30	Feb 11-Mar 11	Various Locations
\$	Watercolor for Beginners	Christine MacShane	9:30-11:30	Jan 07-Mar 11	Christine MacShane Art Studio
*	Fitness for Lifetime Mobility: Sect. 2	Paul Coots	10-11:15	Jan 14-Mar 04	The Social Chico, Bradley 2
	Good Nutrition and Great Taste	Steve Naiman	10-11:30	Feb 11-Mar 11	The Social Chico, Bradley 1
*	Human Personality: Why You Are Who You Are	Lawrence Herringer (he/him/his)	10-11:30	Jan 07-Feb 04	The Social Chico, Bradley 1
*	Chico State University Farm Tour	University Farm Tour Guide	10-11:30	Mar 11	Chico State University Farm
\$	Beginning Spanish from Chapter 7	Jennifer Castañeda	11-12	Jan 07-Mar 11	The Social Chico, Gordon 2
	Life Hacks	Judi Holohan	1-2	Jan 07-Feb 11	The Social Chico, Bradley 2
	Pandemics and Epidemics	Terry Wilson	1-2	Jan 07-Mar 11	The Social Chico, Gordon 1
\$	Acrylic Painting	Christine MacShane	1-2:30	Jan 07-Mar 11	Christine MacShane Art Studio
	Writer's Workshop	Paul Belz	1-2:30	Jan 07-Mar 11	The Social Chico, Gordon 2
@	Masterworks of Islamic Art	Katherine Harper (she/her/hers)	1-2:30	Jan 07-Feb 04	Link to be Provided
@	Surrealist Women Artists	Dolores Mitchell	1-2:30	Feb 11-Mar 11	Link to be Provided
	French for Travelers	Leanne Ulvang (she/her/elle)	1:30-2:30	Jan 07-Mar 11	Link to be Provided
	Let's Play Games	Donna Knorton	2-4	Jan 07-Mar 11	The Social Chico, Bradley 1
	Telling Your Story	Lisa Holeman	3-4	Jan 07-Mar 11	Westmont of Chico (formerly The Terraces), Sierra Room
\$	Spanish Composition and Conversation	Aaron Alexander (he/him/his)	5:30-6:30	Jan 07-Mar 11	The Social Chico, Bradley 1
THURSDAY CLASSES					
*	Birding in the Chico Area: Beyond the Basics	Joyce Bond	8-11	Jan 08-Mar 05	Various Locations
	Armchair Tour of the World's Best Places	Mike Graf	8:30-9:30	Jan 22-Jan 22	The Social Chico, Bradley 2 and Link to be Provided
	What Is the Vestibular System and How Does It Affect Balance?	Erin Edwards (she/her/hers)	8:30-10:30	Feb 19	The Social Chico, Bradley 2
*	In Search of California's Vanishing Flora: Sect. 1	David Popp	8:30-12	Feb 26	Various Locations
*	Birding in the Chico Area: All Levels	Joyce Bond	9-11	Jan 15-Mar 12	Various Locations
*	Tap Dance Is Fun: Sect. 2	Mary Sweeney	9:30-10:30	Jan 22-Mar 05	Chico Creek Dance, Studio B
* \$	Chair Yoga	Rob Cossetta (he/him/his)	10-11	Jan 08-Mar 12	Nibukikan Martial Arts Academy
	Fairy Tales and Their Tellers	Robin Dizard (she/her/hers)	10-11	Jan 08-Mar 05	The Social Chico, Gordon 1
	Creating the US Constitution: Why, How, What	Charles Copeland	10-11:30	Jan 08-Mar 12	The Social Chico, Bradley 1
@	Zen Drawing 101	Susan Levine	10-11:30	Feb 12-Mar 12	Link to be Provided
	Only Hope: My Mother and the Holocaust Brought to Light	Irv Lubliner	10-12	Jan 29	Link to be Provided
*	Feng Shui in the Twenty-First Century	Valerie Althoff	1-2:30	Jan 08-Feb 05	The Social Chico, Bradley 1
*	Living the Four Agreements	Valerie Althoff	1-2:30	Feb 12-Mar 12	The Social Chico, Gordon 2
@	Great Decisions	William Tefteller	1-2:30	Jan 08-Mar 12	The Social Chico, Bradley 2 and Link to be Provided
*	Tap Dance Movie Maven	Debra Barger (she/her/hers)	1-3:30	Jan 08-Jan 22	The Social Chico, Gordon 1
	How to Make a Movie on a Mac	Neil Schwartz	3-4:30	Jan 08-Feb 05	The Social Chico, Bradley 1
FRIDAY CLASSES					
* \$	Explore Your Public Lands: Sacramento National Wildlife Refuge	Vickie Stoll	8-4	Jan 30	Various Locations
*	Women's Yana Trail Shuttle Hike	Lorraine Smith (she/her/hers)	8-5	Feb 13	Various Locations
	Poetry for Pleasure	Paul Belz	9:15-10:15	Jan 09-Mar 06	The Social Chico, Gordon 2

	Drôme: The Other Provence	Sylvie Delaunay	10–11	Jan 09–Feb 20	The Social Chico, Gordon 1
*	A Visit to the Ahart Herbarium: Sect. 1	David Popp	10–11:30	Feb 13	Chico State Campus, Ahart Herbarium, Holt Hall 129
*	A Visit to the Ahart Herbarium: Sect. 2	David Popp	10–11:30	Feb 27	Chico State Campus, Ahart Herbarium, Holt Hall 129
*	Historical Geography of California	Steve Herman	10–11:30	Jan 09–Feb 27	The Social Chico, Bradley 2
*	Westside Museum Tours	Hendrik Feenstra	10–11:30	Feb 06–Mar 06	Various Locations
*	Stansbury Home Tour: Sect. 1	Elizabeth Carrillo	11–12:30	Feb 06	The Stansbury Home
*	Stansbury Home Tour: Sect. 2	Elizabeth Carrillo	11–12:30	Mar 06	The Stansbury Home,
* \$	Basics of a Family Owned and Operated Artisan Winery	Vanessa Pitney	1–2	Jan 09	Nascere Vineyards
*	Successful Eldership: Coming to Terms with Type A	Janet Rechtman	1–4	Jan 16	The Social Chico, Bradley 1
* \$	Intro to Beaded Jewelry Making: Sect. 1	Heather Lawther	3:30–5	Jan 30	String Bead
* \$	Intro to Beaded Jewelry Making: Sect. 2	Heather Lawther	3:30–5	Feb 13	String Bead
* \$	Intro to Beaded Jewelry Making: Sect. 3	Heather Lawther	3:30–5	Feb 27	String Bead
SATURDAY CLASSES					
	Behind the Scenes: North State Symphony Rehearsal and Conversation with Scott Seaton	Scott Seaton	1:45–4:10	Mar 21	Laxson Auditorium

Class Locations: OLLI holds classes in several locations across (and beyond) Chico. For Google Map links and printable directions for all class locations, visit the OLLI website at oli.csuchico.edu and select “Find Locations” on the home page.

- Chico Creek Dance..... 1144 W. 1st Street, Chico
- Chico State University Farm 311 Nicholas C Shouten Lane, Chico
- Haley Music Therapy 2550 Floral Avenue, Suite 20, Chico
- Nascere Vineyards..... 3471 Durham Dayton Hwy, Chico
- Nibukikan Martial Arts Academy 664 E. 1st Avenue, Suite 10, Chico
- String Bead 2201 Pillsbury Road, Suite 138, Chico
- The Social Chico: 1400 W. 3rd Street, Chico
Bradley & Gordon Classrooms
- The Stansbury Home..... 307 W. 5th Street, Chico
- The Lodge at Westmont of Chico 2750 Sierra Sunrise Terrace, Chico
(formerly The Terraces)
- Yoga Center of Chico 250 Vallombrosa, Suite 150, Chico

TRIPS & TOURS WITH OLLI



Fully-Guided, In-Person Tours with OLLI

Guided by seasoned tour guides from Collette, these OLLI-exclusive experiences promise memorable journeys in the company of friends. For more information, visit the “Trips and Tours” page at oli.csuchico.edu

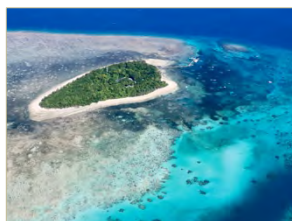
Discover the Best of Eastern Canadian Cities, Summer '26

From the old-world style of Quebec City to the power of Niagara Falls, say bienvenue to Eastern Canada. Visit charming Canadian cities, learn about maple syrup making, and walk cobblestone streets. An unforgettable experience awaits as you venture along picturesque countryside and glistening skyscrapers.



Spotlight on New York City, Fall '26

Start spreading the news! This extended Spotlight on New York City tour makes the most of a single hotel stay to explore Manhattan and Brooklyn. Experience the best of the “Big Apple” from Rockefeller Center to Greenwich Village and across the Brooklyn Bridge.



Discover South Pacific Wonders, Fall '26

Experience Queenstown, cruise Sydney Harbour, and discover the wonders of Aboriginal culture on this incredible journey through New Zealand and Australia. From the ethereal beauty of New Zealand's glacial fjords to the tropical splendor of Australia's Great Barrier Reef, enjoy the best of the South Pacific.



IN THE CLASSROOM

Learn more about our outstanding volunteer instructors by viewing their bios with the OLLI class listings online.

A Visit to the Ahart Herbarium *

Section 1: Fri, Feb 13 • 10:00AM–11:30AM • Chico State Campus, Ahart Herbarium, Holt Hall 129

Section 2: Fri, Feb 27 • 10:00AM–11:30AM • Chico State Campus, Ahart Herbarium, Holt Hall 129

Instructor(s): David Popp

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

The Ahart Herbarium at Chico State is the most complete repository of plant specimens from Northern California, containing more than 107,000 dried and mounted plant specimens. This guided visit will show you how herbariums work, what they do, and why they are an important source of information for scientific research.

A-Thrifting We Will Go *

Tue, Jan 06–Feb 10 • 10:00AM–11:00AM • The Social Chico, Bradley 1

Instructor(s): Linda Patrick

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This is an introductory class on how to effectively shop at thrift and consignment stores. These types of stores are a great way to enjoy and reap the benefits of buying fashion and household items without paying high-end retail prices. We will also discuss how to repurpose many items found in your home and garage. Class meetings will be a mix of in the classroom and out and about at thrift stores.

Acrylic Painting \$

Wed, Jan 07–Mar 11 • 1:00PM–2:30PM • Christine MacShane Art Studio

Instructor(s): Christine MacShane

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This acrylic class is for the absolute beginner as well as more experienced painters. We will follow step-by-step instructions to create our paintings while also learning why and what we are doing. Paintings will be completed over several class sessions. All materials are provided. *Class Notes:* There is an additional \$150 materials fee payable to the instructor at the first class meeting.

Addiction 101

Tue, Feb 24 • 1:00PM–2:30PM • The Social Chico, Bradley 2

Instructor(s): Helen Harberts (she/her/hers)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Substance use disorders are often confusing and frustrating for family, friends, and communities. Learn about the science of addiction, the treatment realities, and the psychopharmacology of common drugs in the North State. This presentation will leave your head spinning with data and brain scans that explain what we know about this complex disease of the brain.

Armchair National Park Tour

Wed, Jan 07 • 8:30AM–9:30AM • The Social Chico, Bradley 2 and Link to be Provided
Instructor(s): Mike Graf

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Take a national park tour with full-color photos, stories, park information, animal sightings, and vacation planning information about the following national parks: Sequoia, Kings Canyon, Yosemite, Yellowstone, Grand Canyon, Grand Teton, Glacier, Zion, Bryce Canyon, Arches, Canyonlands, Acadia, Great Smoky Mountains, Olympic, Rocky Mountain, and Badlands, as well as Mount Rushmore National Monument. This armchair tour will leave you wanting to head immediately to that national park!

Armchair Tour of the World's Best Places

Thu, Jan 22 • 8:30AM–9:30AM • The Social Chico, Bradley 2 and Link to be Provided
Instructor(s): Mike Graf

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Take an armchair tour of some of the most special, historical, and fascinating places our world has to offer. Many of these locations are designated as World Heritage Sites by the United Nations Educational, Scientific, and Cultural Organization (UNESCO), including the Great Wall of China, Africa's wildlife national parks, the pyramids of Egypt and Mexico, European castles and churches, Stonehenge, the Great Barrier Reef of Australia, New Zealand's rainforest national parks, the Dead Sea, the Olympiad, and much more.

Armchair Travel Sketching Journal

Mon, Jan 05–Feb 09 • 3:00PM–4:30PM • The Social Chico, Bradley 1

Instructor(s): Marvey Mueller

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class for seasoned sketchers will focus on development of skills through practice using a different theme each week. There will be guidance from the instructor but not specific lessons. *Class Notes:* This class requires a strong skill level. Only prior students or those who submit their work to the instructor for consideration will be admitted.

Aviation History: Aviation Vignettes @

Tue, Jan 06–Mar 10 • 10:00AM–11:30AM • The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): Gary Hendrickson

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This continuation of personal experiences from the instructor's participation in military, agricultural, and aerial firefighting aviation will include stories from the early days of flight to modern adventures of the 21st Century. You'll learn about

airplanes and the characters who flew them, from Orville Wright to Burt Rutan (1903-2025).

Basics of a Family Owned and Operated Artisan Winery * \$

Fri, Jan 09 • 1:00PM–2:00PM • Nascere Vineyards

Instructor(s): Vanessa Pitney, Jess Pitney

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

This class will cover the basics of grape growing, vineyard management, and artisan winemaking techniques. It will also offer insight into the trends within the wine industry and the economics of winemaking and wine tasting. *Class Notes:* There is a \$15 tasting fee, waived with the purchase of two or more bottles of wine.

Beginning Spanish from Chapter 3 \$

Mon, Jan 05–Mar 09 • 3:00PM–4:00PM • The Social Chico, Gordon 2

Instructor(s): Jennifer Castañeda

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class engages in a group study of the book *Complete Spanish Step by Step*, Premium 2nd Edition, by Barbara Bregstein, beginning with chapter 3. *Class Notes:* The book is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers.

Beginning Spanish from Chapter 7 \$

Wed, Jan 07–Mar 11 • 11:00AM–12:00PM • The Social Chico, Gordon 2

Instructor(s): Jennifer Castañeda

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class engages in a group study of the book *Complete Spanish Step by Step*, Premium 2nd Edition, by Barbara Bregstein, beginning with chapter 7. *Class Notes:* The book is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers.

Beginning Spanish from Chapter 11 \$

Mon, Jan 05–Mar 09 • 5:30PM–6:30PM • The Social Chico, Bradley 1

Instructor(s): Aaron Alexander (he/him/his)

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class uses a group study of the book *Complete Spanish Step by Step*, Premium 2nd Edition, by Barbara Bregstein, beginning with chapter 11. *Class Notes:* The book is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers.

Behind the Scenes: North State Symphony Rehearsal and Conversation with Scott Seaton

Sat, Mar 21 • 1:45PM–4:10PM • Laxson Auditorium

Instructor(s): Scott Seaton, Siana Sonoquie (they/them/theirs)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Join North State Symphony Music Director Scott Seaton for an exclusive behind-the-scenes look at a symphony piece. The class includes a pre-rehearsal lecture, open rehearsal, and Q&A. Experience the creativity, collaboration, and passion that bring great music to life in this unique and immersive symphonic journey.

Class Notes: This class will focus on Bartók's *Concerto for Orchestra*, a folk-infused masterpiece showcasing each section as a soloist. Explore how both this work and Sibelius's *Finlandia* respond to political oppression through musical expression, identity, and hope.

Chair Yoga * \$

Thu, Jan 08–Mar 12 • 10:00AM–11:00AM • Nibukikan Martial Arts Academy

Instructor(s): Rob Cossetta (he/him/his),

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Join us for an hour of chair yoga for beginners and older adults. Chair yoga can offer many benefits including enhanced core and leg strength, decreased pain, restored functionality, improved flexibility, enhanced balance, relief of joint pressure, and breaking up of rigid muscle tissue. *Class Notes:* Bring a yoga mat and two yoga blocks. There is an additional \$20 studio fee payable to the instructor at the first class meeting.

Cracker Barrel

Mon, Jan 05–Mar 09 • 10:00AM–11:30AM • The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): David Price

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class includes short presentations (talks, slides, videos) followed by discussions on all sorts of current US and world topics involving history, government, policy, science, technology, literature, education, culture, and many more. Participants are welcome to make presentations, suggest topics, discuss, or just listen. Special guests are also welcome to present.

Creating the US Constitution: Why, How, What

Thu, Jan 08–Mar 12 • 10:00AM–11:30AM • The Social Chico, Bradley 1

Instructor(s): Charles Copeland

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

The Founding Fathers wrote a new, second Constitution for the new United States in 1787. Today its contents and meaning are only partially understood. Why did they propose the creation of a much stronger federal government? How did they compromise while writing it? What are its fundamental provisions? In this learning through conversation seminar, we will examine the events and essential documents surrounding the Constitutional Convention.

Drôme: The Other Provence

Fri, Jan 09–Feb 20 • 10:00AM–11:00AM • The Social Chico, Gordon 1

Instructor(s): Sylvie Delaunay

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Travelling to the French Riviera from the north, one is sure to miss one of the hidden secrets of France. Although quieter and slower, Drôme has as much to offer, and even more, than her bustling southern sister, Provence. In this class we will discover the origins, traditions, and innovations of this hidden gem. We will travel through gorgeous landscapes and vineyards, explore castles and tiny villages, and meet the people who shaped this dear county of the instructor.

Fairy Tales and Their Tellers

Thu, Jan 08–Mar 05 • 10:00AM–11:00AM • The Social Chico, Gordon 1
Instructor(s): Robin Dizard (she/her/hers)

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

In this class, we will look at old tales, their tellers and illustrators, and transitions from spoken to written literature. Fairy tales, a.k.a. magic tales, are very old and both stable and shapeshifting. People have enjoyed them in cartoons, Victorian nurseries, peasant huts, and even courts like Versailles. The original, oral forms of magic tales are violent, coarse, and sexually explicit. Sometimes governments, priests, or schoolmarmms compelled changes. Sometimes, writers. There will be nine tellers with at least nine tales sent to class members.

Feng Shui in the Twenty-First Century *

Thu, Jan 08–Feb 05 • 1:00PM–2:30PM • The Social Chico, Bradley 1
Instructor(s): Valerie Althoff

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Feng shui has been around for centuries, but the world is different now, and feng shui must adapt to the challenges we face in today's world. This class looks at ways to balance and harmonize your spaces, with all the technology and “stuff” we deal with on a regular basis. Your spaces are a reflection of your life. Change your spaces, change your life. This is more important than ever in today's complex world! In this class, we will work with the floor plan of your home for opportunities to enhance areas of your life. We take a deeper look at the energy of who you are and why you relate to the world as you do.

Film, Movies, Cinema! *

Tue, Jan 06–Feb 03 • 1:00PM–3:30PM • The Social Chico, Gordon 1
Instructor(s): Aaron Bor

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Want to watch some great and interesting movies? In this class we'll watch and discuss some of our favorites. Each meeting will feature a representative movie from a different genre.

Fitness for Lifetime Mobility *

Section 1: Wed, Jan 14–Mar 04 • 8:30AM–9:45AM • The Social Chico, Bradley 2

Section 2: Wed, Jan 14–Mar 04 • 10:00AM–11:15AM • The Social Chico, Bradley 2
Instructor(s): Paul Coots

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Physical well-being allows us to live our longest, most capable, and fulfilling lives. Come ensure your well-being through mobility exercises. We'll practice balance, strength, agility, and flexibility movements that improve your mobility. Each class follows a similar routine that can be done at home, allowing you to look after the health of your body for many years to come. All ability levels are welcome. Your body will thank you! *Class Notes:* Wear comfy clothing and bring an exercise or yoga mat, a yoga strap or similar strap, and a yoga block or rolled-up towel.

From We to Me: Preparing for Financial Decisions in Widowhood

Tue, Feb 10 • 10:00AM–11:00AM • The Social Chico, Gordon 1
Instructor(s): Miste Cliadakis

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Going from making financial decisions together to making them on your own can be overwhelming and stressful. Join Miste Cliadakis from OLLI sponsor Altum Wealth Advisors for this class that helps prepare women to navigate the emotional and practical realities that accompany loss. *Class Notes:* This class is for women only.

Gentle Yoga *

Tue, Jan 06–Jan 27 • 2:00PM–3:00PM • Yoga Center of Chico
Instructor(s): Tom Hess (he/him/his)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Stretch your body and relax your mind with one hour of gentle yoga. The instructor specializes in making yoga accessible to everyone at any age or physical condition. There is always a way to practice yoga. This class will include some discussion and lecture on the philosophy of yoga. *Class Notes:* The Yoga Center of Chico has a full supply of yoga mats and props, so you just need to bring yourself, dressed comfortably, to participate.

Good Nutrition and Great Taste

Wed, Feb 11–Mar 11 • 10:00AM–11:30AM • The Social Chico, Bradley 1
Instructor(s): Steve Naiman

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Join this nutrition class to learn about the six nutrients your body needs and how to combine good nutrition with delicious flavor. The class will share ideas about how to choose healthy foods, snacks, and meals. We will also share healthy recipes and ideas for using herbs and spices to optimize great taste. Learn about the importance of consuming balanced meals, what physiological process happens when we skip meals, and grocery shopping tips that will support your health.

Great Decisions @

Thu, Jan 08–Mar 12 • 1:00PM–2:30PM • The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): William Tefteller, Myron Flindt, David Price, Lynn Cannon, Patti Davis

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

“Great Decisions” is the Foreign Policy Association's public education program about US foreign policy and global affairs. Currently, relations with other nations are undergoing great change; there are new winners and new losers. Old rules don't apply and the world is struggling to make new ones. However, the geographical map of natural resources, manufacturing, trade routes, and population centers has not changed. Join us for a thoughtful examination of the major issues and new directions in foreign policy. *Class Notes:* The announced topics for 2026 include Trump's foreign policy, Trump tariffs and the future of the world economy, US-China relations, the risk of nuclear proliferation, Ukraine and the future of European security, multilateral institutions in a changing world order, US engagement of Africa, and the future of human rights and international law. There is an optional study guide available in January 2026 for \$35 plus shipping at www.fpa.org. We will discuss four of the 2026 topics and add several discussions as current events develop.

Historical Geography of California *

Fri, Jan 09–Feb 27 • 10:00AM–11:30AM • The Social Chico, Bradley 2
Instructor(s): Steve Herman

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class will explore California, focusing primarily on its cultural landscapes, past and present. We will journey through California's diverse environments and history, exploring how humans have impacted this unique corner of the earth.

How to Make a Movie on a Mac

Thu, Jan 08–Feb 05 • 3:00PM–4:30PM • The Social Chico, Bradley 1
Instructor(s): Neil Schwartz

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class will examine how humans cognitively process visual material (graphics, pictures, and videos) in education, litigation law, and advertising. You will learn to how to select photos and videos, and curate and select music, for making your own short movie. The class will cover which software to use, how to use the software, and how to find and download the right music for emotional conveyance. You will build your own 5-minute movie during this class. *Class Notes:* You will need a Mac laptop or desktop computer, software for creating your movie (iMovie, Canva, or Prezi), and a Spotify account.

Human Personality: Why You Are Who You Are *

Wed, Jan 07–Feb 04 • 10:00AM–11:30AM • The Social Chico, Bradley 1
Instructor(s): Lawrence Herringer (he/him/his)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

What is personality? How much is inherited and how much is learned? In this thought-provoking class, we explore how personality develops, the role of thinking patterns and emotions, what drives human motivation, and how free will fits in. We also examine the most important personality traits and whether change is possible later in life. There are, of course, some optional personality tests. This is not a self-help class, but you will come away with fresh insight into yourself and the people around you.

Intro to Beaded Jewelry Making * \$

Section 1: Fri, Jan 30 • 3:30PM–5:00PM • String Bead
Section 2: Fri, Feb 13 • 3:30PM–5:00PM • String Bead
Section 3: Fri, Feb 27 • 3:30PM–5:00PM • String Bead
Instructor(s): Heather Lawther

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Explore the basics of beading in this introductory class. Learn what types of materials to use depending on the project and various techniques to create bracelets, necklaces, or earrings. All materials are provided. *Class Notes:* There is an additional \$45 materials fee payable to the instructor at the class.

Introduction to Heart Health *

Tue, Mar 03–Mar 10 • 10:00AM–10:45AM • The Social Chico, Gordon 1
Instructor(s): Celina Westphal (she/her/hers)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

This class is for non-medical people who have questions about heart-related diagnoses or procedures. The explanations will use diagrams, analogies, and simple language to help you understand how the heart works. This is not a lecture about how you should live, but more on the effects of lifestyle choices.

Language Diversity: Challenging the Stereotypes *

Tue, Jan 06–Feb 24 • 1:00PM–2:30PM • The Social Chico, Bradley 1
Instructor(s): Karen Burdette (she/her/hers)

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Do you speak a dialect? If not, who does? Whose dialect is better? Is there good English and bad English? Who decides? This class will consider these questions and perhaps challenge some of our basic assumptions and implicit biases. Come along as we take a fun romp through the wonderful diversity of human language!

Let's Play Games

Wed, Jan 07–Mar 11 • 2:00PM–4:00PM • The Social Chico, Bradley 1
Instructor(s): Donna Knorton

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Join us to play games, socialize, and have fun. We have Rummikub, Qwirkle, Sequence, Mexican Train, card games, and more, from the well-known to the obscure. Bring a game to share or just show up and have fun.

Life Hacks

Wed, Jan 07–Feb 11 • 1:00PM–2:00PM • The Social Chico, Bradley 2
Instructor(s): Judi Holohan

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class will be full of tricks to save time, money, and/or energy and provides an opportunity to get together and share ideas. These ideas will include cleaning, cooking, gardening, camping, travel, entertaining, communication, shopping, and anything else the class as a group shows interest in. If you have already taken this class, don't let that stop you from taking it again. There will be lots of fresh new ideas along with some repeated material.

Living the Four Agreements *

Thu, Feb 12–Mar 12 • 1:00PM–2:30PM • The Social Chico, Gordon 2
Instructor(s): Valerie Althoff

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

In 1997, Don Miguel Ruiz published *The Four Agreements*. He writes that we have, mostly unconsciously, agreed to living as what he calls “the domesticated human,” leading lives that can be unfulfilling and difficult. The four agreements can create the experience of inner freedom and contentment. We will discuss each agreement and ways to apply them in everyday life. Familiarity with the book is helpful but not necessary. Just come and learn how to live a more wholesome life!

More Spiritual Principles

Tue, Jan 06–Feb 03 • 10:00AM–11:30AM • The Social Chico, Gordon 2
Instructor(s): Rosie Potestio

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

We will continue our study of spiritual principles that help us to experience life with strength and resilience. These are fundamental truths that are universally accepted and passed on through many traditions. *Class Notes:* This term we will focus on the power of choice, recognizing false teachings, compassion, courage, humility, and forgiveness.

Nature in the Neighborhood

Tue, Jan 06–Jan 13 • 1:00PM–2:30PM • The Social Chico, Bradley 2
Instructor(s): Hilary Hassenzahl

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Explore the treasures under our noses with this photographic journey of wildlife in Chico and the greater Northern California area based on five years of weekly wanderings and the research they inspired. The series looks at animal behaviors and interactions, cool adaptive features, interesting facts, rare mutations, seasonal and developmental changes, nature's beauty in the abstract, diversity, and captured moments. Pique your curiosity and understanding for next time you step into your backyard or adventure further afield. *Class Notes:* This class includes new content each term.

Navigating Dating, Physical Changes, and Safer Sex in Your Golden Years

Mon, Feb 02 • 1:00PM–2:30PM • The Social Chico, Bradley 2
Instructor(s): Noemi Mandujano-Olivera (she/her/hers)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Join us to learn about sex, dating, and physical changes that come along with aging. We will discuss STDs, how they spread, and how to prevent them. We will also look at the way our bodies change as we get older and the effect that can have on sex and dating in our lives.

Never Let Me Go, A Novel by Kazuo Ishiguro \$

Mon, Jan 05–Mar 09 • 1:00PM–2:30PM • The Social Chico, Bradley 1
Instructor(s): Charles Copeland

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This learning through conversation seminar will discuss *Never Let Me Go*, a novel by Nobel Prize-winning author Kazuo Ishiguro. We meet an unusual group of children in an English boarding school, and follow them into young adulthood. Ishiguro slowly reveals to us how unusual these children are. In the process we visit several fundamental issues about what it means to be human, especially in the context of contemporary medical ethics. *Class Notes:* The required book, *Never Let Me Go* by Kazuo Ishiguro, is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers. The recommended edition for this class is the Vintage International edition, ISBN 978-1-4000-7877-6.

New Looks at Old Books *

Mon, Jan 05–Feb 02 • 1:00PM–2:30PM • The Social Chico, Gordon 1
Instructor(s): Janet Rechtman, Robin Dizard (she/her/hers)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Old tales are like hidden treasure chests. Most people have forgotten what is in them – or never knew about them in the first place. This class offers chances to experience (read, savor, discuss) these hidden treasures. The readings are all in the public domain (virtually on the internet or in hard copies in libraries and bookstores). The chosen readings permit us to look at social institutions, such as property, religion, and the state, and the efforts of individuals to accommodate, resist, or change their circumstances.

Pandemics and Epidemics

Wed, Jan 07–Mar 11 • 1:00PM–2:00PM • The Social Chico, Gordon 1
Instructor(s): Terry Wilson

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Recent changes in US health insurance and health care policy, including vaccinations, implore us to learn all we can about health issues so we can be our own best advocate. This class will offer information concerning how pandemics and epidemics are declared at the local, state, national, and international level. We will examine diseases including bird flu, swine flu, monkeypox, West Nile virus, and COVID-19. We will discuss masking, social distancing, the Strategic National Stockpile of medicine and medical devices, biocontainment lab operations, and disease disinformation.

Planning for Disability: Health Care Directives, Powers of Attorney, and Special Needs Trusts

Mon, Jan 05–Jan 26 • 10:00AM–11:30AM • The Social Chico, Gordon 1
Instructor(s): Dana Campbell, Tara Campbell

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

In this highly interactive class, OLLI sponsors Dana and Tara Campbell will explore what happens when you can no longer make good decisions for yourself. They will explain the difference between durable powers of attorney and advanced health care directives, and help develop effective tools for making informed decisions regarding the management of your affairs during your life. The class will also discuss long-term care, whether Medi-Cal should be part of your plan, and when a special needs trust can help ensure your long-term care and comfort.

Playing Guitar at Beginning Level 2 and Singing Along

Mon, Jan 12–Mar 09 • 10:00AM–11:30AM • Westmont of Chico (formerly The Terraces), Lobby
Instructor(s): Phil Elkins

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class is for people who already know how to play the A-G chords. We play and sing 3-, 4-, and 5-chord songs by Elvis Presley, Buddy Holly, Johnny Cash, the Everly Brothers, and other musicians from the '50s, '60s, and '70s. The class is mostly to practice feeling comfortable with playing guitar while singing. There is some instruction on more advanced guitar playing. Bring a guitar, ukulele, or other stringed instrument, or you're welcome to come just to sing along with the class. *Class Notes:* Music stand and battery-operated tuner recommended. Songs will be sent out before each class.

→ Schedule Note: This class meets on the second and fourth Monday of each month.

Poetry for Pleasure

Fri, Jan 09–Mar 06 • 9:15AM–10:15AM • The Social Chico, Gordon 2

Instructor(s): Paul Belz, Jennifer Castañeda

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Reading poetry helps you to know things more fully; it commands your attention; and it can sustain good conversation. In this class, participants select poetry from favorite sources to read aloud with fellow enthusiasts.

→ Schedule Note: This class meets January 9, January 23, February 6, February 20, and March 6.

Sing Gospel Music

Mon, Jan 05–Mar 02 • 10:00 AM–11:30 AM • Westmont of Chico (formerly The Terraces), Lobby

Instructor(s): Phil Elkins

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Sing and/or play popular gospel songs. Bring your voice, guitar, violin, cello, harmonica, squeeze box, or other instrument and join a group of people singing and playing for fun. This is not meant to be religious. It's just a place to enjoy great music. Join us!

→ Schedule Note: This class meets on the first, third, and fifth Monday of each month.

Spanish Composition and Conversation \$

Wed, Jan 07–Mar 11 • 5:30 PM–6:30 PM • The Social Chico, Bradley 1

Instructor(s): Aaron Alexander (he/him/his)

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class covers writing and conversation in Spanish. The class will be conducted mostly in Spanish; English may be used for support. Participants will have the opportunity to speak and to write short compositions for review and discussion. The class may have native speakers and professional Spanish educators as guest speakers. There is nothing like having a professional Spanish educator to help learn Spanish conversation. *Class Notes:* There is an additional \$25 materials and speaker fee payable to the instructor at the first class meeting.

Stansbury Home Tour *

Section 1: Fri, Feb 06 • 11:00 AM–12:30 PM • The Stansbury Home

Section 2: Fri, Mar 06 • 11:00 AM–12:30 PM • The Stansbury Home

Instructor(s): Elizabeth Carrillo

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Located at the corner of Fifth and Salem Streets, the Stansbury Home was built by Dr. Oscar Stansbury, a local physician, in 1883. Owned by the City of Chico since 1976, it is operated by the Stansbury Home Preservation Association as a historic house museum. This tour will include Dr. Stansbury's office, with its display of the tools used in his practice, as well as rooms used by the Stansbury family with original interiors and furnishings intact.

Successful Eldership: Coming to Terms with Type A *

Fri, Jan 16 • 1:00PM–4:00 PM • The Social Chico, Bradley 1

Instructor(s): Janet Rechtman

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

What happens when a VIP (very important person) becomes an FIP (formerly important person), a.k.a. retirement? How does a Type A (as in actively ambitious) become a Type E (as in energetic elder)? How might elders in the world of business, community, government, and nonprofit organizations engage with at least four younger generations? This class uses reflective practice to engage participants in exploring how a lifetime of leading and leadership might bridge into eldership.

Tap Dance Is Fun *

Section 1: Tue, Jan 20–Mar 03 • 8:30AM–9:30AM • Chico Creek Dance, Studio B

Section 2: Thu, Jan 22–Mar 05 • 9:30AM–10:30AM • Chico Creek Dance, Studio B

Instructor(s): Mary Sweeney

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Tap dance involves rhythmic, percussive, and precise movement of the feet while promoting the flow and individual style of the entire body. Classes will include warm-up, structured movement phrases that will build in complexity, and creative explorations. All levels are welcome. Good standing balance is recommended. *Class Notes:* Wear comfortable clothing that allows for ease of movement and tap shoes, preferably with low heel.

Tap Dance Movie Maven *

Thu, Jan 08–Jan 22 • 1:00PM–3:30PM • The Social Chico, Gordon 1

Instructor(s): Debra Barger (she/her/hers)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Join us for a fun winter afternoon as we watch a classic tap dance movie together. No dance shoes required; we will watch and enjoy a brief discussion of our reactions to the film. BYOP (bring your own popcorn).

Telling Your Story

Wed, Jan 07–Mar 11 • 3:00PM–4:00PM • Westmont of Chico (formerly The Terraces), Sierra Room

Instructor(s): Lisa Holeman

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Want to hear some interesting stories? Each class session will feature someone telling their life story. Through listening and honoring each other's journeys, we can connect profoundly. Plus it's just fun to share and learn about one another. There is an option to be recorded and receive a flash drive to pass onto your family or friends. You will be supplied with a list of possible topics to address when giving your talk. Everyone has a story to tell. Come and share yours!

Theatre Acting: It's No Mystery

Tue, Feb 10–Mar 10 • 1:00PM–2:30PM • The Social Chico, Gordon 1

Instructor(s): April Gausemel

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class is designed to alleviate some of the often heard reasons people are reluctant to try theatre acting at the amateur OLLI level. Participants will actively participate in learning some theatre basics through exercises in stage movements, vocalization, script reading, and memorization. By the end of the class, you'll feel prepared and confident to try theatre acting by eliminating some of the mystery of acting. No previous experience required!

Tuesday Tunes

Tue, Jan 06–Mar 10 • 10:30AM–11:45AM • Haley Music Therapy, Group Room and Link to be Provided

Instructor(s): Bitz Haley

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Start your Tuesday with music and songs. Join us in a fun, informal sing-along. Bring your voices and/or musical instruments. The operative word is "fun." If you like music, you will like this class. All levels welcome!

Visions for 2026 \$

Mon, Jan 05 • 10:00AM–11:30AM • The Social Chico, Bradley 1

Instructor(s): Kim Goosmann

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Let the beginning of 2026 inspire you to dream big, set meaningful goals, and design a life you love. In this workshop, you'll craft your own personalized vision board to help you focus on what truly matters in the year ahead. Whether you're seeking travel, deeper relationships, health, or personal fulfillment, a vision board is a powerful visual tool to clarify your intentions and stay motivated all year long. No artistic experience needed – just bring your hopes, dreams, and open mind. All materials are provided. *Class Notes:* There is an additional \$5 materials fee payable to the instructor at the class.

Watercolor for Beginners \$

Wed, Jan 07–Mar 11 • 9:30AM–11:30AM • Christine MacShane Art Studio

Instructor(s): Christine MacShane

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class is an introduction to watercolor painting. We will cover techniques, color blending, color mixing, and brushwork. All materials are provided. *Class Notes:* There is an additional \$150 materials fee payable to the instructor at the first class meeting.

Westside Museum Tours *

Fri, Feb 06–Mar 06 • 10:00AM–11:30AM • Various Locations

Instructor(s): Hendrik Feenstra

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class will tour three museums. The Tehama County Museum in the town of Tehama has many artifacts from different time periods. The old jail and original Masonic Lodge are part of the museum. The Heritage Trail on the Glenn County Fairgrounds in Orland has many old buildings moved in from different parts of Glenn County. The Sacramento Valley Museum in Williams is housed in the original high school with a one-room schoolhouse adjacent. *Class Notes:* Further details will be provided prior to each tour. Plan for travel time of 30 minutes to an hour before and after the scheduled class meeting time. Participants can choose to have lunch afterward at one of the local restaurants.

→ Schedule Note: This class meets February 6, February 20, and March 6.

What Is the Vestibular System and How Does It Affect Balance?

Thu, Feb 19 • 8:30AM–10:30AM • The Social Chico, Bradley 2

Instructor(s): Erin Edwards (she/her/hers), Kitty Sos (she/her/hers)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

We all know that as we age our mobility declines. Changes in strength and flexibility certainly affect our balance. But what is the purpose of the vestibular system with regard to balance? What are common disorders involving the vestibular system and how can we improve vestibular function as we age? This class will review the anatomy and function of the amazing vestibular system, as well as discuss the functions of the other primary systems – vision and somatosensation – for optimal postural control.

Wildfires and Other Risks in Our Environment

Tue, Jan 06–Feb 03 • 10:00AM–11:00AM • The Social Chico, Gordon 1

Instructor(s): Richard Utter

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class is intended to give us a better understanding of wildfires, how we fight them, and the risk reduction measures we can take. Among other information sources, we'll reference material from Zeke Lunder and Cal Fire. We will include coverage of other risks around the home, risk reduction, and recovery strategies.

Writer's Workshop

Wed, Jan 07–Mar 11 • 1:00PM–2:30PM • The Social Chico, Gordon 2

Instructor(s): Paul Belz, Linda Crill (she/her/hers)

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This writer's workshop serves a community of writers interested in sharing their writing and responding to other writers' work. We will focus on fiction, memoir, creative nonfiction, poetry, travel writing, stories for children, and other types of writing. Following a workshop format, this class will be an opportunity for students to receive feedback for their written work and provide meaningful support to fellow writers.

ONLINE LEARNING

Learn more about our outstanding volunteer instructors by viewing their bios with the OLLI class listings online.

Armchair National Park Tour

Wed, Jan 07 • 8:30AM–9:30AM • The Social Chico, Bradley 2 and Link to be Provided
Instructor(s): Mike Graf

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Take a national park tour with full-color photos, stories, park information, animal sightings, and vacation planning information about the following national parks: Sequoia, Kings Canyon, Yosemite, Yellowstone, Grand Canyon, Grand Teton, Glacier, Zion, Bryce Canyon, Arches, Canyonlands, Acadia, Great Smoky Mountains, Olympic, Rocky Mountain, and Badlands, as well as Mount Rushmore National Monument. This armchair tour will leave you wanting to head immediately to that national park!

Armchair Tour of the World's Best Places

Thu, Jan 22 • 8:30AM–9:30AM • The Social Chico, Bradley 2 and Link to be Provided
Instructor(s): Mike Graf

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Take an armchair tour of some of the most special, historical, and fascinating places our world has to offer. Many of these locations are designated as World Heritage Sites by the United Nations Educational, Scientific, and Cultural Organization (UNESCO), including the Great Wall of China, Africa's wildlife national parks, the pyramids of Egypt and Mexico, European castles and churches, Stonehenge, the Great Barrier Reef of Australia, New Zealand's rainforest national parks, the Dead Sea, the Olympiad, and much more.

Aviation History: Aviation Vignettes @

Tue, Jan 06–Mar 10 • 10:00AM–11:30AM • The Social Chico, Bradley 2 and Link to be Provided
Instructor(s): Gary Hendrickson

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This continuation of personal experiences from the instructor's participation in military, agricultural, and aerial firefighting aviation will include stories from the early days of flight to modern adventures of the 21st Century. You'll learn about airplanes and the characters who flew them, from Orville Wright to Burt Rutan (1903-2025).

B-Line Paratransit and Other Services @

Tue, Feb 24 • 10:00AM–11:00AM • Link to be Provided
Instructor(s): Victoria Proctor (she/her/hers),

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Join us to learn more about the various services B-Line, Butte County's public transit provider, offers for older adults and people with disabilities.

Cracker Barrel

Mon, Jan 05–Mar 09 • 10:00AM–11:30AM • The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): David Price

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class includes short presentations (talks, slides, videos) followed by discussions on all sorts of current US and world topics involving history, government, policy, science, technology, literature, education, culture, and many more. Participants are welcome to make presentations, suggest topics, discuss, or just listen. Special guests are also welcome to present.

French 1

Mon, Jan 05–Mar 09 • 1:00PM–2:00PM • Link to be Provided
Instructor(s): Leanne Ulvang (she/her/elle), Michèle Martens

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class is for people who have studied some French in the past. We study basic French grammar, usage, pronunciation, and vocabulary. The focus is communicating with others in written and spoken French. *Class Notes:* This term we will work on everyday terms to build our conversational prowess. The recommended book, *Easy French Step-by-Step* by Myrna Bell Rochester, is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers.

French 2 \$

Mon, Jan 05–Mar 09 • 2:05PM–3:00PM • Link to be Provided
Instructor(s): Leanne Ulvang (she/her/elle)

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

The class is reading *Le Chien Jaune* by Georges Simenon. The class reads aloud, followed by translation into English, with some discussion of vocabulary, grammar, and the plot. *Class Notes:* Class sessions may focus on grammar topics, such as relative pronouns. The French edition of the book is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers. The class will pick up where the class left off last term. New students this term will want to catch up before class starts.

French 3: Conversation

Mon, Jan 05–Mar 09 • 3:05PM–4:00PM • Link to be Provided
Instructor(s): Leanne Ulvang (she/her/elle), Jane Ziad

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

On parle français dans cette classe, sans traduction (si nous avons de la chance). On doit avoir l'envie d'entendre et de parler mieux le français, et peut-être un jour le parler couramment. Il n'y a pas de textes.

French for Travelers

Wed, Jan 07–Mar 11 • 1:30PM–2:30PM • Link to be Provided

Instructor(s): Leanne Ulvang (she/her/elle), Michèle Martens

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class will focus on French pronunciation, politesse, and practicalities – the vocabulary and idioms helpful as an introduction to French and for travelers in French-speaking countries. While classes are conducted mainly in English, they will include more basic French than in the past. Come prepared to exercise your brain and facial muscles as you dive into the beautiful French language.

Great Decisions @

Thu, Jan 08–Mar 12 • 1:00PM–2:30PM • The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): William Tefteller, Myron Flindt, David Price, Lynn Cannon, Patti Davis

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

“Great Decisions” is the Foreign Policy Association’s public education program about US foreign policy and global affairs. Currently, relations with other nations are undergoing great change; there are new winners and new losers. Old rules don’t apply and the world is struggling to make new ones. However, the geographical map of natural resources, manufacturing, trade routes, and population centers has not changed. Join us for a thoughtful examination of the major issues and new directions in foreign policy. *Class Notes:* The announced topics for 2026 include Trump’s foreign policy, Trump tariffs and the future of the world economy, US-China relations, the risk of nuclear proliferation, Ukraine and the future of European security, multilateral institutions in a changing world order, US engagement of Africa, and the future of human rights and international law. There is an optional study guide available in January 2026 for \$35 plus shipping at www.fpa.org. We will discuss four of the 2026 topics and add several discussions as current events develop.

Green Burial 101: Sustainable Choices for Life’s Final Chapter @

Tue, Feb 03–Mar 03 • 3:00PM–4:00PM • Link to be Provided

Instructor(s): Stephanie Brow

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Discover the growing movement of green burial, a simple, meaningful, and environmentally friendly alternative to conventional burial and cremation. In this class, we’ll explore the history, legal considerations, environmental benefits, and planning steps involved in returning to the earth naturally. Learn how green burial honors both the individual and the planet, while reducing environmental impact. This class offers a thoughtful look at life’s final chapter through a sustainable lens.

Identity Theft & Financial Scams: How to Protect Yourself

Tue, Jan 06 • 8:30AM–10:00AM • Link to be Provided

Instructor(s): Steven Cliadakis (he/him/his)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

The Federal Trade Commission (FTC) received over 2.6 million fraud complaints and over 1.1 million identity theft complaints in 2024, accounting for over \$12 billion in financial losses. Some of the most common types of fraud included

imposter scams. The FTC also cited that investment-related fraud totaled over \$5 billion in 2024. The presentation by Steven Cliadakis from OLLI sponsor Altum Wealth Advisors will cover some of the most common types of identity theft and financial scams, discuss tactics fraudsters use, and outline how to avoid falling prey.

Intro to Prismacolor Pencils @

Tue, Jan 06–Feb 10 • 10:00AM–11:30AM • Link to be Provided

Instructor(s): Cris Guenter

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class will specifically introduce participants to Prismacolor pencils and how to use them. Since Prismacolor pencils have a wax base, it is important to know how to use and care for them properly. The class will cover the types of paper to use, basic procedures for color swatching, color blending strategies, layering techniques, sharpening methods, and preparing for and working on a complete colored pencil drawing. With a thoughtful approach, proper blending, and some patience, completed Prismacolor pencil drawings can look like paintings. *Class Notes:* See the full materials list with the class listing on the website.

Let’s Keep Knitting @

Tue, Jan 06–Mar 10 • 3:00PM–4:30PM • Link to be Provided

Instructor(s): Gale Ulvang

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Knitting with others is a wonderful learning environment. This class is designed to give knitters who have mastered the basic stitches of knit and purl a chance to work on a project of their choosing while we chat and share ideas online with other knitters. All levels of ability are welcome! Gale contributes to the class by offering tips and suggestions for patterns, yarn, and tools based on her years of knitting experience.

Masterworks of Islamic Art @

Wed, Jan 07–Feb 04 • 1:00PM–2:30PM • Link to be Provided

Instructor(s): Katherine Harper (she/her/hers)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

The class introduces masterworks of Islam through the ages beginning with the foundational architecture from the Middle East and North Africa. We will look at the classic monuments of Iraq and Spain, Turkey, central Asia, Persia, and south Asia. We will also cover the great paintings of the eastern Islamic world.

Only Hope: My Mother and the Holocaust Brought to Light

Thu, Jan 29 • 10:00AM–Noon • Link to be Provided

Instructor(s): Irv Lubliner

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Before she died in 1974, Felicia Lubliner wrote about her internment in ghettos and the Auschwitz and Gross-Rosen concentration camps in Nazi-occupied Poland. Her powerful stories were published by her son, Irv Lubliner, who also contributed the foreword and afterword to *Only Hope: A Survivor’s Stories of the Holocaust*. Irv will share excerpts, shedding light on his mother’s experiences and indomitable spirit, as well as his experience as a child of Holocaust survivors. He will pause during and after his presentation to invite questions and discussion.

Reading Poetry for Insight and Enrichment

Tue, Jan 06–Mar 10 • 1:00PM–2:30PM • Link to be Provided

Instructor(s): Kate Foley

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Each week the class will read poems by an individual poet, a collection of poems on a specific subject, or a collection of poems in a specific style. A wide range of poets and poetry will be presented, from classic to contemporary. We will discuss poetry from the perspective that the poet creates the work but the reader activates it.

Surrealist Women Artists @

Wed, Feb 11–Mar 11 • 1:00PM–2:30PM • Link to be Provided

Instructor(s): Dolores Mitchell, Erika Esau (she/her/hers)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

We'll look at the accomplishments of several women artists associated with surrealism, including Méret Oppenheim, Remedios Varo, Leonor Fini, Maya Deren, Dorothea Tanning, and others.

Tuesday Tunes

Tue, Jan 06–Mar 10 • 10:30AM–11:45AM • Haley Music Therapy, Group Room and Link to be Provided

Instructor(s): Bitz Haley

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Start your Tuesday with music and songs. Join us in a fun, informal sing-along. Bring your voices and/or musical instruments. The operative word is “fun.” If you like music, you will like this class. All levels welcome!

Zen Drawing 101 @

Thu, Feb 12–Mar 12 • 10:00AM–11:30AM • Link to be Provided

Instructor(s): Susan Levine

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Drawing as a form of relaxation and meditation? Yes! Drawing accesses parts of your brain that are not so active in our twenty-first-century life. This will give you a break from the constant input of modern life and instead put you into a relaxing, creative space. You will learn and practice several relaxing styles of abstract, non-representational drawing in which there is no wrong way to do it. No drawing experience or “talent” required. Stick-figure drawing level skill works.



Learn more about our outstanding volunteer instructors by viewing their bios with the OLLI class listings online.

Birding in the Chico Area: All Levels *

Thu, Jan 15–Mar 12 • 9:00AM–11:00AM • Various Locations

Instructor(s): Joyce Bond

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class is for both beginning and experienced birders. Through observation and the use of your binoculars, field guides, and birding apps, class participants learn to identify birds in their natural habitat. We will meet once a month at different birding locations for field trips that may involve 1-2 miles of walking. *Class Notes:* Please register for only one birding section.

→ Schedule Note: This class meets January 15, February 19, and March 12.

Birding in the Chico Area: Beyond the Basics *

Thu, Jan 08–Mar 05 • 8:00AM–11:00AM • Various Locations

Instructor(s): Joyce Bond

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class is for students who have taken the “Birding in the Chico Area” class more than once. We will not cover birding basics and will spend more time in the

field. We will meet once a month at different locations for field trips that may involve 2-3 miles of walking. *Class Notes:* Please register for only one birding section.

→ Schedule Note: This class meets January 8, February 5, and March 5.



*Photos of Mary Sweeney's **Tap Dance Is Fun** class are courtesy of University photographer Jason Halley.*

Chico State University Farm Tour *

Wed, Mar 11 • 10:00AM–11:30AM • Chico State University Farm

Instructor(s): University Farm Tour Guide

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

The University Farm serves as the center for agricultural education, literacy, and research for a significant portion of Northern California. We welcome opportunities to show off our “living laboratory” to students, youth, farmers and ranchers, and the public. Please join us for a guided tour!

Explore Your Public Lands: Sacramento National Wildlife Refuge * \$

Fri, Jan 30 • 8:00AM–4:00PM • Various Locations

Instructor(s): Vickie Stoll, Lorraine Smith (she/her/hers)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

The North State is home to rich, diverse public lands: refuges, parks, forests, and reserves. Your public lands provide vital wildlife habitat and protect our natural resources. During this outing, we'll explore the Sacramento National Wildlife Refuge in Willows, which attracts over a million wintering waterfowl. On a leisurely 1-mile Wetlands Walk, led by visitor service staff, we'll learn about the refuge system, wetland management, and visiting waterfowl and songbirds. After lunch we will take the auto tour. Come explore your public lands with us. *Class Notes:* Further details will be provided prior to the hike. Sturdy walking shoes recommended. There will be a refuge entrance fee.

HOOFRS: Revisited *

Wed, Jan 28–Mar 04 • 8:00AM–4:00PM • Various Locations

Instructor(s): Cynthia Weeks-Finnegan, Laura Lukes, Lois Olson

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

The focus of this hiking class will be on sharpening our navigational skills using maps and compasses, practical trail safety, evaluating key items critical to include in your backpack, aligning individual expectations when planning hikes, and building our HOOFRs community. The trail is our classroom! We'll be practicing and applying these skills while we are hiking. Prerequisite: completion of a previous HOOFRs class. Questions about your eligibility? Contact Cynthia (tomkevin11@yahoo.com), Laura (lukes76@gmail.com), or Lois (7ljoto@live.com). *Class Notes:* Further details will be provided prior to each hike. The specific hikes are yet to be determined, but will include Dye Creek Nature Preserve.

→ Schedule Note: This class meets January 28, February 11, February 25, and March 4.

In Search of California's Vanishing Flora *

Section 1: Thu, Feb 26 • 8:30AM–Noon • Various Locations

Section 2: Mon, Mar 12 • 8:30AM–Noon • Various Locations

Instructor(s): David Popp

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Get an introduction to California native plants and basic botany in the field as we saunter in search of California native wildflowers. *Class Notes:* Further details will be provided prior to the class. Dress appropriately and be prepared to face the elements of nature.

Meandering in Interesting Places: Oroville Dam and Lake Oroville Visitor Center *

Mon, Feb 23 • 8:30AM–11:30AM • Various Locations

Instructor(s): Vickie Bernhardt, Candice Roethler

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Step into the heart of California's water story with a guided tour of the Lake Oroville Visitor Center and the iconic Oroville Dam – the tallest earthen dam in the United States! Explore interactive exhibits and climb the 47-foot observation tower for stunning 360° views at the visitor center. Witness one of the most impressive feats of engineering in the country, then walk the length of the dam and feel the power of water beneath your feet. *Class Notes:* Participants should be comfortable walking and standing for up to three hours. Further details will be provided prior to the trip.

Meandering in Interesting Places: Valene L. Smith Museum of Anthropology *

Wed, Jan 28 • 9:00AM–11:00AM • Various Locations

Instructor(s): Candice Roethler, Laura Booth

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Join us for an adventure exploring an interesting place in our community. This meander will include visits to the Valene L. Smith Museum of Anthropology and the Human Identification Lab on the Chico State campus. Participants should be comfortable walking 1-2 miles and standing for up to two hours. *Class Notes:* Further details will be provided prior to the class.

Wednesday Park Walks

Section 1: Wed, Jan 07–Feb 04 • 9:15AM–10:30AM • Various Locations

Section 2: Wed, Feb 11–Mar 11 • 9:15AM–10:30AM • Various Locations

Instructor(s): Amy Hahn, Bill Casey

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Join us for our Wednesday morning park walks! If you want to start a walking habit, add to your daily step count, spend a morning with old and new friends, or just enjoy beautiful Lower Park, lace up your shoes and join us. Each week, you have the opportunity to choose a 1-mile route looping at Hwy 99 or a 2.8-mile route looping at the 2nd bridge (Cedar Grove).

Women's Yana Trail Shuttle Hike *

Fri, Feb 13 • 8:00AM–5:00PM • Various Locations

Instructor(s): Lorraine Smith (she/her/hers), Vickie Stoll

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Though 9 miles, this shuttle hike is moderate with gentle elevation gain. It offers much to keep us delighted and interested! Our trail, located in the Sacramento River Bend Area, winds through varied landscapes with beautiful views of the Sacramento River and distant snowy peaks. We may spot numerous birds along the way. We'll eat lunch at Yana Camp, under oak trees along the river. Our pace will be leisurely, with time to take photographs, observe flora and fauna, and enjoy the scenery and camaraderie. *Class Notes:* Further details will be provided prior to the hike. The trail requires climbing up a 6' vertical ladder and scrambling over a couple of boulders. Sturdy hiking boots required; hiking poles strongly recommended. This class is for women only.

WINTER '26 CLASS SELECTIONS

IN PERSON

- ☐ \$15 A Visit to the Ahart Herbarium: Sect. 1 *
- ☐ \$15 A Visit to the Ahart Herbarium: Sect. 2 *
- ☐ \$55 A-Thrifting We Will Go *
- ☐ \$55 Acrylic Painting
- ☐ \$15 Addiction 101
- ☐ \$30 Armchair Travel Sketching Journal
- ☐ \$15 Basics of a Family Owned...Winery *
- ☐ \$55 Beginning Spanish from Chapter 11
- ☐ \$55 Beginning Spanish from Chapter 3
- ☐ \$55 Beginning Spanish from Chapter 7
- ☐ \$15 Behind the Scenes: North State Symphony
- ☐ \$55 Chair Yoga *
- ☐ \$55 Creating the US Constitution
- ☐ \$55 Drôme: The Other Provence
- ☐ \$55 Fairy Tales and Their Tellers
- ☐ \$30 Feng Shui in the Twenty-First Century *
- ☐ \$30 Film, Movies, Cinema! *
- ☐ \$55 Fitness for Lifetime Mobility: Sect. 1 *
- ☐ \$55 Fitness for Lifetime Mobility: Sect. 2 *
- ☐ \$15 From We to Me: Financial Decisions
- ☐ \$30 Gentle Yoga *
- ☐ \$30 Good Nutrition and Great Taste
- ☐ \$55 Historical Geography of California *
- ☐ \$30 How to Make a Movie on a Mac
- ☐ \$30 Human Personality *
- ☐ \$15 Intro to Beaded Jewelry Making: Sect. 1 *
- ☐ \$15 Intro to Beaded Jewelry Making: Sect. 2 *
- ☐ \$15 Intro to Beaded Jewelry Making: Sect. 3 *
- ☐ \$15 Introduction to Heart Health *
- ☐ \$55 Language Diversity *
- ☐ \$55 Let's Play Games
- ☐ \$55 Life Hacks
- ☐ \$30 Living the Four Agreements *
- ☐ \$30 More Spiritual Principles
- ☐ \$30 Nature in the Neighborhood
- ☐ \$15 Navigating Dating, Physical Changes...
- ☐ \$55 *Never Let Me Go*, A Novel

IN PERSON, CONT.

- ☐ \$30 New Looks at Old Books *
- ☐ \$55 Pandemics and Epidemics
- ☐ \$30 Planning for Disability
- ☐ \$30 Playing Guitar at Beginning Level 2
- ☐ \$30 Poetry for Pleasure
- ☐ \$30 Sing Gospel Music
- ☐ \$55 Spanish Composition and Conversation
- ☐ \$15 Stansbury Home Tour: Sect. 1 *
- ☐ \$15 Stansbury Home Tour: Sect. 2 *
- ☐ \$15 Successful Eldership *
- ☐ \$55 Tap Dance Is Fun: Sect. 1 *
- ☐ \$55 Tap Dance Is Fun: Sect. 2 *
- ☐ \$30 Tap Dance Movie Maven *
- ☐ \$55 Telling Your Story
- ☐ \$30 Theatre Acting: It's No Mystery
- ☐ \$15 Visions for 2026
- ☐ \$55 Watercolor for Beginners
- ☐ \$30 Westside Museum Tours *
- ☐ \$15 What Is the Vestibular System?
- ☐ \$30 Wildfires and Other Risks
- ☐ \$55 Writer's Workshop

ONLINE

- ☐ \$15 B-Line Paratransit and Other Services
- ☐ \$55 French 1
- ☐ \$55 French 2
- ☐ \$55 French 3: Conversation
- ☐ \$55 French for Travelers
- ☐ \$30 Green Burial 101
- ☐ \$15 Identity Theft & Financial Scams
- ☐ \$30 Intro to Prismacolor Pencils
- ☐ \$55 Let's Keep Knitting
- ☐ \$30 Masterworks of Islamic Art
- ☐ \$15 Only Hope: My Mother and the Holocaust
- ☐ \$55 Reading Poetry for Insight, Enrichment
- ☐ \$30 Surrealist Women Artists
- ☐ \$30 Zen Drawing 101

HYBRID ~ IN PERSON OR LIVE ONLINE!

- ☐ \$15 Armchair National Park Tour
- ☐ \$15 Armchair Tour of the World's Best Places
- ☐ \$55 Aviation History: Aviation Vignettes
- ☐ \$55 Cracker Barrel
- ☐ \$55 Great Decisions
- ☐ \$55 Tuesday Tunes

OUTDOOR EXPERIENCES

- ☐ \$30 Birding in the Chico Area: All Levels *
- ☐ \$30 Birding in the Chico Area: Beyond Basics *
- ☐ \$15 Chico State University Farm Tour *
- ☐ \$15 Explore Your Public Lands *
- ☐ \$30 HOOVERS: Revisited *
- ☐ \$15 In Search of... Vanishing Flora: Sect. 1 *
- ☐ \$15 In Search of... Vanishing Flora: Sect. 2 *
- ☐ \$15 Meandering: Oroville Dam *
- ☐ \$15 Meandering: Valene L. Smith Museum *
- ☐ \$30 Wednesday Park Walks: Sect. 1
- ☐ \$30 Wednesday Park Walks: Sect. 2
- ☐ \$15 Women's Yana Trail Shuttle Hike *

CLASS FEE TOTAL FOR À LA CARTE MEMBERS

\$ _____

Add this amount to the payment Sect. of the membership form.

Helpful Notes:

- Classes with an asterisk (*) count toward the 3-class limit. During the first two weeks of registration, you may register for up to three of these limited classes. After two weeks, you may add additional limited classes to your schedule where space is available.
- You can register for any number of classes without an asterisk (*).
- Classes have different start dates throughout the term. Please refer to the Schedule at a Glance for the class dates.

WINTER '26 MEMBERSHIP FORM

Membership is required to participate in OLLI classes and member events. OLLI volunteer instructors are also required to join. Joining OLLI at Chico State supports our programs and enables you to enjoy OLLI's full range of offerings, make new friends, and socialize with people who share common interests.

YOUR CONTACT INFORMATION:

Has any of your information changed since the last time you registered? ☐ Yes!

Name _____ Phone # _____

Address _____ City _____ Zip _____

Email _____ Date of Birth ____/____/____

Emergency Contact Name _____

Relationship to You _____ Phone # _____

OLLI shares information by email and on our website. If you don't have access to a computer or email account, please check here to receive the information by mail. [☐]

AVAILABLE MEMBERSHIP OPTIONS: *Installments Available!*

All memberships include three consecutive terms: **winter, spring, and fall**. Make your selection and enter your credit card information below.

Unlimited Membership

- ☐ 2 Payments of \$150 or
- ☐ 5 Payments of \$60 or
- ☐ Single Payment of \$300

À La Carte Membership

- ☐ Single Payment of \$50
- Individual class fees are extra and are listed with the class description and on the class registration form.*

Instructor-Only Unlimited Membership

- ☐ 2 Payments of \$120 or
- ☐ 5 Payments of \$48 or
- ☐ Single Payment of \$240

☐ **Upgrade** from À La Carte Membership to Unlimited Membership \$250

Check the back of your catalog for your current membership status.

INFORMED CONSENT AGREEMENT:

As a participant in the Osher Lifelong Learning Institute at Chico State, I understand that risk of accident and injuries can arise out of participation in program activities and agree to release from liability and hold harmless Chico State Enterprises, its programs, the Trustees of the California State University, and their officers and employees, from claims against them arising from injuries or property damage which might occur in connection with this activity. I certify that I am in good health and have the capacity to participate in programs of this nature. I give permission to be medically treated for illness or injury occurring during participation in the above activity and certify that I am covered by medical insurance and/or willing to bear financial responsibility for any costs incurred in medical treatment. I also give permission for photos taken during OLLI classes or activities to be published.

Signature (Required): _____ Date: _____

FEES: Enter your membership fee and class fees total from the other side of this form. If you have a current membership, enter \$0 for the membership fee. If you have or are paying for an Unlimited Membership, enter \$0 for the per class fee. Check the back of your catalog for your membership expiration date.

Membership Fee: \$ _____ + Per Class Fee Total (À La Carte Members Only): \$ _____ = Payment Total \$ _____

PAYMENT: ☐ Check enclosed, payable to "Chico State Enterprises" ☐ Charge My Credit Card \$ _____

Credit Card # _____ Exp. _____

MAIL FORM & PAYMENT TO: OLLI at Chico State • 400 W. 1st St • Chico, CA 95929-0792

OUTDOOR INTERSESSION | MARCH 16 - APRIL 17

WHERE ADVENTURE NEVER RETIRES



Welcome to OLLI's Special Outdoor Intersession!

This is an opportunity to take outdoor classes between the winter and spring terms. **Class registration for outdoor intersession classes opens at 9AM on Thursday, February 26.** The last day anyone will be added to an outdoor intersession class off the waitlist is March 16.

Outdoor Intersession Fair Access to Limited Classes (1-Class Limit)

To provide fair registration for members for the outdoor intersession, there is a special class limit policy in effect for the first week of registration. During that time, you may register or be added to the waitlist for only one outdoor intersession class. After the first week, we will turn off the class limit and you may register or be added to the waitlist for additional classes.

Learn more about our outstanding volunteer instructors by viewing their bios with the OLLI class listings online.

A Taste of Hiking with the HOOFers *

Wed, Apr 01 • 8:00AM–4:00PM • Various Locations

Instructor(s): Cynthia Weeks-Finnegan, Lois Olson, Laura Lukes

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

This hike is for able hikers who have contemplated joining the HOOFer community. We are offering this chance for an introduction to the HOOFer community while participating in a hike to Inks Creek Point. The hike is about 4 miles out and back with 350 feet of elevation gain. After this hike, you will know if you want to take the introductory HOOFers class and fully join the HOOFer community. *Class Notes:* Further details will be provided prior to the hike. This class is for women only.

A Tranquility Walk *

Tue, Mar 24 • 8:30AM–1:00PM • Various Locations

Instructor(s): Diana Hoffmeister, Akhila Murphy, Candice Roethlis

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Join us for a leisurely walk of up to four miles along the tree-lined shore of Paradise Lake. Let's connect with nature in a way that stimulates our senses and unclutters our minds while enlivening our bodies with easy walking. Let your to-do list take a back seat for a while and allow the nurturing energy of Mother Nature to slow you down as you appreciate the tranquility of your surroundings. *Class Notes:* Further details will be provided prior to the hike. Sturdy walking shoes required. There is a \$3 parking fee per vehicle.

Birding & Gardens at Turtle Bay Exploration Park * \$

Thu, Mar 19 • 8:30AM–4:30PM • Various Locations

Instructor(s): Joyce Bond, Joan Mitchell

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Bring your binoculars and enjoy spring birding along the scenic, tree-shaded paths by the Sacramento River at the Turtle Bay Exploration Park in Redding. Both beginning and experienced birders are welcome! We'll also visit the

botanical gardens across the beautiful Sundial Bridge. After a picnic lunch, we'll explore the indoor museum and the forestry and wildlife center, including an interactive aviary with colorful lorikeets. *Class Notes:* Specific instructions will be emailed the weekend before the event. There is a \$22 admission fee (\$18 if 65+) to enter the museum. You may spend just the morning and leave at lunchtime if you prefer.

Birding & Wildflowers at Red Bluff Recreation Area *

Thu, Apr 09 • 8:30AM–1:30PM • Various Locations

Instructor(s): Joyce Bond, Laurie Archambault

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Bring your binoculars and enjoy spring birding at the Red Bluff Recreation Area. The 2-mile loop trail takes us on paved paths through oak woodlands, flowering grasslands, and riparian areas along the Sacramento River. You'll see a variety of birds, wildflowers, and scenic views of snow-capped mountains. There's a botanical garden with a picnic area where we can eat lunch. Both beginning and experienced birders are welcome. *Class Notes:* Further details will be provided prior to the walk.

Hike Along the Sacramento River Trail *

Thu, Apr 02 • 8:30AM–3:30PM • Various Locations

Instructor(s): Richard Utter, Pamela Waldsmith

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

We'll enjoy river views along a hiking and biking path along the Sacramento River Trail in Redding. The path is generally paved path with several elevation changes. The elevation changes and path conditions offer some tripping hazards. The hike is approximately 5.5 miles in a loop that will take us back to our starting point. Trail traffic is not heavy but we will likely encounter other trail users. *Class Notes:* Further details will be provided prior to the hike.

OUTDOOR INTERSESSION | MARCH 16 - APRIL 17

WHERE ADVENTURE NEVER RETIRES



Hike to Beatson Falls Overlook * \$

Fri, Mar 27 • 8:00AM–4:00PM • Various Locations

Instructor(s): Vickie Stoll, Lorraine Smith, (she/her/hers)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

This 6.5-mile hike to Beatson Falls overlook offers a moderately challenging excursion across unique terrain, formed by ancient basalt lava flows, and boasts impressive geological features and diverse landscapes. The trail will lead us through spectacular wildflowers, alongside streams, down into ravines, and up to the top of mesas providing panoramic vistas of the surrounding area, ultimately leading to the stunning Beatson Falls overlook. Our pace will be leisurely, allowing time to take photographs and admire the abundant wildflowers. *Class Notes:* Further details will be provided prior to the hike. California Department of Fish and Wildlife Lands Pass or hunting/fishing license required. Sturdy hiking boots required; hiking poles recommended.

In Search of California's Vanishing Flora *

Section 1: Thu, Apr 02 • 8:30AM–Noon • Various Locations

Section 2: Thu, Apr 16 • 8:30AM–Noon • Various Locations

Instructor(s): David Popp

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Get an introduction to California native plants and basic botany in the field as we saunter in search of California native wildflowers. *Class Notes:* Further details will be provided prior to the class. Dress appropriately and be prepared to face the elements of nature.

Meandering in Interesting Places: Wildflowers at Horseshoe Lake *

Mon, Mar 30 • 9:00AM–11:00AM • Various Locations

Instructor(s): Candice Roethler, Felicia Stiles

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Join us for an outdoor adventure exploring interesting places in our community. We will meander at a leisurely pace for 1-2 miles in the Horseshoe Lake area of Upper Bidwell Park to enjoy the wildflower bloom and birds of the area. Participants should be comfortable walking and standing for 2 hours. The trails are relatively flat and somewhat uneven in spots. *Class Notes:* Further details will be provided prior to the walk.

Soils, Landforms, and Vegetation of Bidwell Park *

Mon, Mar 23 • 9:00AM–2:00PM • Various Locations

Instructor(s): Vickie Bernhardt, Amy Hahn, Andrew Conlin

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

We will begin in the floodplain of Big Chico Creek and travel back in time across the older deposits of the creek and into the Cascade foothills. The first route, from Five Mile to the North Rim Trail, covers a condensed sequence of the major

landforms that occur in the Sacramento Valley, as well as the transition to the Tuscan Formation in the Cascade foothills. In the second route, following the Lower Trail and Yahi Trail from Horseshoe Lake, we walk up the bottom of Big Chico Creek Canyon, applying what we observed on the first route and viewing the slot canyon in the Lovejoy basalt. There will be approximately 6 miles of moderate hiking with some rocky and uneven areas. The first route has a short, steep up-and-down. *Class Notes:* Further details will be provided prior to the hike. Hiking poles and sturdy shoes are recommended.

Waterfalls Hike: Old Homestead Semi-Loop to Lovejoy Falls *

Wed, Mar 18 • 8:00AM–Noon • Various Locations

Instructor(s): Pamela Waldsmith, Richard Utter

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Lovejoy Falls is tucked away on the south side of Bidwell Park. This hidden gem has a nearly 51-foot drop into the lush canyon below. The journey will follow the Old Homestead semi-loop, approximately 5 miles, winding through rugged volcanic rock, oak woodlands, and sweeping canyon views. Wildflowers are possible as well. You will need to be a sturdy hiker for the strong downhill and uphill of this 1,100-foot elevation gain hike. *Class Notes:* Further details will be provided prior to the hike.

Wednesday Park Walks *

Wed, Mar 25–Apr 15 • 9:15AM–10:30AM • Various Locations

Instructor(s): Amy Hahn, Bill Casey

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Join us for our Wednesday morning park walks! If you want to start a walking habit, add to your daily step count, spend a morning with old and new friends, or just enjoy beautiful Lower Park, lace up your shoes and join us. Each week, you have the opportunity to choose a 1-mile route looping at Hwy 99 or a 2.8-mile route looping at the 2nd bridge (Cedar Grove).

Women's Bidwell Park Hike: Upper Yahi Trail *

Fri, Apr 17 • 9:00AM–3:00PM • Various Locations

Instructor(s): Lorraine Smith (she/her/hers), Vickie Stoll

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Beginning at the Diversion Dam, we'll hike to the end of the Yahi trail (U ford) and back, approximately 5.25 miles. This upper portion of the Yahi trail offers the most interesting views, features an array of wildflowers in spring, and is less traveled than the lower portion. This hike is moderately challenging, with uneven terrain and some steep sections. Our pace will be leisurely, with time to take photographs, observe and identify wildflowers and birds, and enjoy the views and the camaraderie. *Class Notes:* Further details will be provided prior to the hike. Sturdy hiking boots required; hiking poles recommended. This class is for women only.

OUTDOOR INTERSESSION | MARCH 16 - APRIL 17

WHERE ADVENTURE NEVER RETIRES



MEMBERSHIP & CLASS SELECTION FORM

YOUR CONTACT INFORMATION:

Has any of your information changed since the last time you registered? ☐ Yes!

Name _____ Phone # _____

Address _____ City _____ Zip _____

Email _____ Date of Birth ____/____/____

Emergency Contact _____ Phone # _____

CLASS SELECTION: Class registration for outdoor intersession classes opens at **9AM on Thursday, February 26**. There is a **one-class limit** for the first week of registration.

- | | |
|--|---|
| ☐ \$15 A Taste of Hiking with the HOOFers * | ☐ \$15 In Search of California's Vanishing Flora: Section 2 * |
| ☐ \$15 A Tranquility Walk * | ☐ \$15 Meandering: Wildflowers at Horseshoe Lake * |
| ☐ \$15 Birding & Gardens at Turtle Bay Exploration Park * | ☐ \$15 Soils, Landforms, and Vegetation of Bidwell Park * |
| ☐ \$15 Birding & Wildflowers at Red Bluff Recreation Area * | ☐ \$15 Waterfalls Hike: Old Homestead Semi-Loop to Lovejoy Falls * |
| ☐ \$15 Hike Along the Sacramento River Trail * | ☐ \$30 Wednesday Park Walks * |
| ☐ \$15 Hike to Beatson Falls Overlook * | ☐ \$15 Women's Bidwell Park Hike: Upper Yahí Trail * |
| ☐ \$15 In Search of California's Vanishing Flora: Section 1 * | |

AVAILABLE MEMBERSHIP OPTIONS: *Installments Available!*

All memberships include three consecutive terms: **winter, spring, and fall**. Make your selection and enter your credit card information below.

Unlimited Membership

- ☐ 2 Payments of \$150 or
- ☐ 5 Payments of \$60 or
- ☐ Single Payment of \$300

À La Carte Membership

- ☐ Single Payment of \$50
- Individual class fees are extra and are listed with the class description and on the class registration form.*

Instructor-Only Unlimited Membership

- ☐ 2 Payments of \$120 or
- ☐ 5 Payments of \$48 or
- ☐ Single Payment of \$240

INFORMED CONSENT AGREEMENT:

As a participant in the Osher Lifelong Learning Institute at Chico State, I understand that risk of accident and injuries can arise out of participation in program activities and agree to release from liability and hold harmless Chico State Enterprises, its programs, the Trustees of the California State University, and their officers and employees, from claims against them arising from injuries or property damage which might occur in connection with this activity. I certify that I am in good health and have the capacity to participate in programs of this nature. I give permission to be medically treated for illness or injury occurring during participation in the above activity and certify that I am covered by medical insurance and/or willing to bear financial responsibility for any costs incurred in medical treatment. I also give permission for photos taken during OLLI classes or activities to be published.

Signature (Required): _____ Date: _____

FEES: If you have a current membership, enter \$0 for the **membership** fee. If you have or are paying for an Unlimited Membership, enter \$0 for the **per class** fee.

Membership Fee: \$ _____ + Per Class Fee Total (À La Carte Members Only): \$ _____ = Payment Total \$ _____

PAYMENT: ☐ Check enclosed, payable to "Chico State Enterprises" ☐ Charge My Credit Card \$ _____

Credit Card # _____ Exp. _____

MAIL FORM & PAYMENT TO: OLLI at Chico State • 400 W. 1st St • Chico, CA 95929-0792

SPECIAL THANK YOU!

At OLLI at Chico State, community is at the heart of who we are. Our lifelong learning program exists through the dedicated contributions of our volunteers – members and community partners who serve as guides, visionaries, teachers, and loyal supporters. We want to say a resounding thank you to all of them for their hard work and tireless support that helps keep OLLI at Chico State at the forefront of active learning and engagement.

Our Donors

Generous contributions from our members help provide OLLI with its incredible variety of classes, in addition to classroom upgrades and new computer equipment to help us stay connected and engaged. Membership fees cover only half of OLLI's total expenses. By making a donation to OLLI, either monetarily or by volunteering, you can help broaden the horizons of future OLLI members. Visit the "Donate" page at olli.csuchico.edu to support OLLI with a donation or the "Volunteer" page to sign up to join our volunteer team.

Business Sponsors

Connecting with local businesses helps expand programming, increase awareness of our program, and build connections with the broader community. We would like to thank our sponsors for their partnership with our OLLI program.



Accessibility & Safety

OLLI is committed to making our classes welcoming and accessible to everyone. We have implemented accessibility measures in our main classroom spaces at The Social Chico, we offer classes on Zoom for those who prefer to learn from home, and we are partnering with Chico State faculty and community partners to explore new ways to make OLLI open and friendly to marginalized groups. Visit our website at olli.csuchico.edu for our full accessibility statement and more information about our commitment to welcoming and inclusion.

COVID-19 vaccinations are strongly encouraged and not required. Masks are optional and always welcome. There are HEPA air purifiers in all four of our main classrooms at The Social Chico. If you are experiencing symptoms of COVID-19 or any other communicable illnesses, such as a cold or the flu, please stay home.

REGISTRATION & POLICIES

Class Registration Opens December 11 & Runs Throughout Winter



Online

olli.csuchico.edu



Phone

530-898-6679



Email

olli@csuchico.edu



Mail

OLLI at Chico State
400 W. First St.
Chico, CA 95929-0792



In Person

Aymer J. Hamilton
Bldg., Room 118B
Chico State Campus

Fair Access to Limited Classes (3-Class Limit)

To provide more fair opportunities for members to enroll in their favorite classes, there is a class limit policy in effect through the first two weeks of registration. During that time, you may register for only three limited classes. Limited classes are noted with an asterisk (*). You can register for any number of classes without an asterisk (*). After two weeks we will turn off the class limit and you may add additional classes to your schedule where space is available.

Waitlists

- If a class is full, add yourself to the waitlist. If space becomes available in a class with a waitlist, waitlisted members will be added to the class in the order they were added to the waitlist. We ask that you not attend the class until you have been officially registered.
- There is no fee to be added to the waitlist. À La Carte Members on the waitlist will be contacted for payment before being registered in the class.
- If you paid À La Carte class fees ahead of registration day and you were added to a waitlist for a class, but were not enrolled in the class, the OLLI office will contact you to arrange registration in another class of the same cost, a credit on your account, or a refund. Refunds for credit card payments will be processed within 2 business days. Refunds for check payments can take 4-6 weeks to process.

Drop and Refund Policies

- No refunds will be given for membership fees. Any unused membership fees will help support our programs. Thank you!

Unlimited Membership Class Drop Policy

- If you will no longer be taking a class, please contact the OLLI office at olli@csuchico.edu or 530-898-6679 so we can offer that spot to another member.

À La Carte Membership Class Drop/Refund Policy

- If OLLI cancels a class, you will receive a credit on your account for the full amount of the class fee. Credits for cancellations can be issued as refunds upon request. Refunds for credit card payments will be processed within 2 business days. Refunds for check payments can take 4-6 weeks to process.
- The deadline to drop a class and receive a credit on your account for the full class price is the business day before the second class meeting for classes that meet 3 or more times and 5 business days before the first class meeting for classes that meet 1 or 2 times.
- If you drop a class after the drop deadline, we will issue a credit on your account for the class price minus an administrative fee of \$10 for each dropped class.
- Credits from dropped or cancelled classes can only be used for class fees. They cannot be used for membership payments.
- To qualify for a credit for a dropped class, you must contact the OLLI office at olli@csuchico.edu or 530-898-6679. Contact with the instructor will not constitute an official drop request.
- Credits expire one year after they are issued. No refunds will be given for unused credits.
- No refunds will be given except as stated in this policy. Any unused fees will help support our programs. Thank you!

Three Ways to Learn This Winter!

In the Classroom
Outdoor Experiences
Online Learning

WINTER AT OLLI CHICO

OLLI Winter '26 Calendar

Nov. 16	Winter Social Meetups Begin
Nov. 24-28.....	Fall Break (OLLI Closed)
Dec. 4.....	Winter Class Preview
Dec. 11	Winter Class Registration Opens
Dec. 17-30.....	Winter Break (OLLI Closed)
Jan. 1.....	New Year's Day (OLLI Closed)
Jan. 4.....	Winter Social Meetups End
Jan. 5	First Day of Winter Classes
Jan. 19.....	Martin Luther King Jr. Day (No Classes, OLLI Closed)
Feb. 26.....	Outdoor Intersession Class Registration Opens
March 13	Last Day of Winter Classes
March 15	Spring Social Meetups Begin
March 16	First Day of Outdoor Intersession Classes

Winter '26 Class Preview

In December, we will highlight our winter offerings through an in-person preview at the Chico Masonic Family Center. Learn about winter classes, plan your schedule, and hear from some of the volunteer instructors who will lead classes. The event is open to the public. **Invite your friends!**

- **Thursday, December 4, 10:30AM–Noon** (Presentation begins at 11AM)
- Chico Masonic Family Center, 1110 W. East Avenue, Chico
- Free parking, coffee, and snacks. ***Come learn what OLLI has planned for winter!***

Learn with a Friend = Guaranteed Class Enrollments!

Learning is great when you get to do it with friends! When you refer someone you know and they also join OLLI, you can both register early for classes this winter. Whether you're taking all your classes together or enjoying separate parts of OLLI, registering early lets you avoid the rush on popular classes or classes with limited capacity. Contact the OLLI office by December 4 to confirm.



olli.csuchico.edu
530-898-6679