

SPRING 2026 CLASS CATALOG | APRIL 20-JUNE 26



OLLI at Chico State

WHERE LEARNING NEVER RETIRES



Three Ways to Learn This Spring!

- In the Classroom
- Outdoor Experiences
- Online Learning

Spring Class Preview:
March 26

Registration Begins:
April 2

Classes Begin:
April 20

Join Us This Spring!

The Osher Lifelong Learning Institute in Chico, California is a learning community of more than 900 members. We welcome adults with a desire to learn, share their gifts with others, build new friendships, and take an active part in discovering more about the world. **Join us!**

olli.csuchico.edu

530-898-6679



SPRING 2026 AT OLLI CHICO

Welcome to OLLI All Year!

When you join OLLI, you become part of our welcoming community of lifelong learners. OLLI is designed for adults 50 and older and is open to everyone. As a member, you can take or teach classes, join or organize social meetups, attend free events, and access all of OLLI’s member benefits.

Classes: Classes are the heart of the OLLI experience. Our classes vary from academic subjects taught by former educators to hobbies shared by enthusiasts. There are no tests or grades. The only requirement is an interest in learning. OLLI has three 10-week class terms spread out across the year. This spring, our volunteer instructors will lead over 90 classes on everything from astronomy to the Wars of the Roses; from acrylic painting to pickleball. We invite you to explore our full schedule of learning opportunities in the classroom, outside, and online.

Social Meetups: OLLI continues throughout the year with social meetups between class terms. You might join other OLLI members to make some art, have a conversation, or play a card game – in person or on Zoom. Social meetups are member-led: you decide what you want to do with other OLLI members. The OLLI office will send out the calendar of meetups each week to all members. Want to introduce a friend to OLLI? Bring them to a meetup to get a taste of what OLLI is all about.

Join OLLI At Any Time

Your membership is good for three consecutive class terms. Membership is required to participate in OLLI classes and member events.

- Fees:** Unlimited Membership (Spring, Fall, and Winter) **\$300**
- À La Carte Membership (Spring, Fall, and Winter) **\$50**
- Instructor-Only Unlimited Membership (Spring, Fall, and Winter) **\$240**
- Upgrade from À La Carte Membership to Unlimited Membership **\$250**

- Installment Payment Plans Available!**
See the Spring '26 Membership Form, page 20.
- Refund, Drop, and Waitlist Policies:**
See our full policies on page 5.

Unlimited members have access to all OLLI classes with no additional per-class fees. À La Carte members pay a per-class fee for each class they take each term. À La Carte members can upgrade to Unlimited membership within the first six months. Previously paid per-class fees will not be refunded. Some materials fees may be requested at both membership levels for some classes.

Benefits for All Members:

- Invitations to all OLLI social meetups, events, and travel opportunities
- Access to online lectures from many other OLLI programs across the country
- Free parking at primary classroom complex, The Social Chico
- Discounted lunch option and tickets
- One-on-one technical and Zoom support from OLLI staff and volunteers
- Subscription to OLLI’s *Bits & Bytes e-newsletter* sent out twice per month
- Option to request a Chico State library courtesy card

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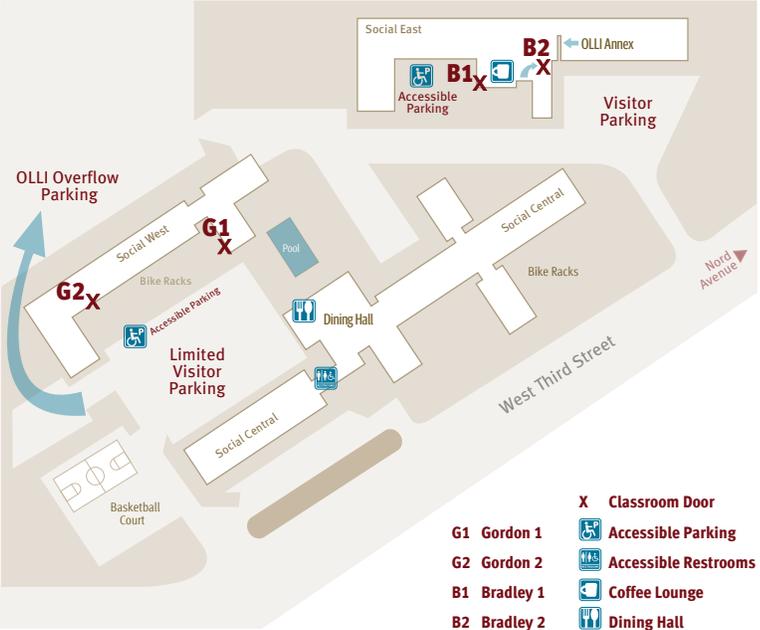
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The Social Chico

1400 W. 3rd St. Cross Street: Nord Ave. / Walnut St.

OLLI holds many of our in-person classes at The Social Chico. In addition to our four classrooms, there is a dining hall, coffee lounge, and accessible parking and restrooms.



OLLI Advisory Council

The OLLI Advisory Council provides a vital platform for member input and reaffirms OLLI's commitment to shared leadership. Each volunteer team represented on the Advisory Council works on a key area of OLLI's success. The Advisory Council gives teams an opportunity to connect with each other and OLLI staff.

- Membership Team Leads: Debbie Vermette and Gayle Womack
- AV and Facilities Team Lead: William Tefteller
- Curriculum Team Lead: Open
- Outdoor Experiences Team Leads: Lorraine Smith and Vickie Stoll
- Social Meetups Team Lead: Myron Flindt
- Fundraising Team Lead: Marcia Moore
- Members-At-Large: Lynda Klein, Lois Olson, and David Price

All of our volunteer teams have openings for additional members. If you'd like to join a team, contact OLLI at 530-898-6679 or olli@csuchico.edu.



SPRING '26 SCHEDULE AT A GLANCE

Classes listed by day & start time to help you plan.

* = Counts toward 3-class limit. \$ = Additional materials/service fee. @ = Recorded class.

MONDAY CLASSES					
*	HOOfers: A Hiking Community for Like-Minded Women	Cynthia Weeks-Finnegan	8-3	Apr 20-Jun 01	Various Locations
	Retirement Planning & Investments in a Changing Economy	Steven Cliadakis (he/him/his)	8:30-10	May 04-May 11	Link to be Provided
*	In Search of California's Vanishing Flora: Coutolenc Park	David Popp	8:30-12	Apr 20	Various Locations
*	Meditation and Journaling for Clarity	Kim Goosmann	10-10:30	Apr 20-May 11	The Social Chico, Gordon 2
* \$	What to Do with What's Left	Robin Dizard (she/her/hers)	10-10:45	Apr 27-May 18	The Social Chico, Bradley 1
	Healthier You	Claire McClure	10-11	Jun 08-Jun 22	Enloe Conference Center
	Cracker Barrel	David Price	10-11:30	Apr 20-Jun 22	The Social Chico, Bradley 2 and Link to be Provided
	Estate Administration	Dana Campbell	10-11:30	Apr 20-May 11	The Social Chico, Gordon 1
	Sing Gospel Music	Phil Elkins	10-11:30	Apr 20-Jun 15	Westmont of Chico (formerly The Terraces), Lobby
	Playing Guitar at Beginning Level 2 and Singing Along	Phil Elkins	10-11:30	Apr 27-Jun 22	Westmont of Chico (formerly The Terraces), Lobby
*	Meandering Rio Vista Unit Hike	Hendrik Feenstra	10-2	May 04	Various Locations
	French 1	Leanne Ulvang (she/her/elle)	1-2	Apr 20-Jun 22	Link to be Provided
\$	For the Time Being: Spiritual Essays by Annie Dillard	Charles Copeland	1-2:30	Apr 20-Jun 22	The Social Chico, Bradley 1
\$	Acrylic Painting: Beginning	Christine MacShane	1-3	Apr 20-Jun 22	Christine MacShane Art Studio
\$	French 2	Leanne Ulvang (she/her/elle)	2:05-3	Apr 20-Jun 22	Link to be Provided
*	Immersive Nature Journaling Hikes	Carolyn Short	2:30-5	Apr 20-Jun 01	Various Locations
	Beginning Spanish from Chapter 5	Jennifer Castañeda	3-4	Apr 20-Jun 22	The Social Chico, Gordon 2
	Current Events as Constitutional Issues: Sect. 1	Charles Copeland	3-4:30	Apr 20-Jun 22	The Social Chico, Bradley 1
	Skywatchers' Almanac: Folklore, Facts, & Physics	Lynda Klein	3-4:30	Apr 20-May 18	The Social Chico, Bradley 2
	Are We Alone in the Universe?	Lynda Klein	3-4:30	Jun 01-Jun 22	The Social Chico, Bradley 2
	French 3: Conversation	Leanne Ulvang (she/her/elle)	3:05-4	Apr 20-Jun 22	Link to be Provided
\$	Beginning Spanish from Chapter 12	Aaron Alexander (he/him/his)	5:30-6:30	Apr 20-Jun 22	The Social Chico, Bradley 1
TUESDAY CLASSES					
*	Explore Your Public Lands: Sutter Buttes State Park	Vickie Stoll	8-4:30	Apr 28	Various Locations
*	Meandering in Interesting Places: Murals and History in Downtown Oroville	Mary Johnson	8:30-11:30	May 19	Various Locations
*	Tap Dance Is Fun: Sect. 1	Mary Sweeney	9-10	Apr 28-Jun 16	Chico Creek Dance
*	Clutter According to Feng Shui	Valerie Althoff	10-11	Apr 21-May 19	The Social Chico, Bradley 1
@	Weekly Creations	Cris Guenter	10-11:30	Apr 21-May 26	Link to be Provided
@	Taking and Editing Photos on Your iPhone	Cris Guenter	10-11:30	Jun 02-Jun 09	Link to be Provided
*	Tai Chi for Arthritis and Fall Prevention	Mary Sweeney	10:15-11:15	Tu & Th, Apr 28-Jun 18	Chico Creek Dance
	Tuesday Tunes	Bitz Haley	10:30-11:45	Apr 21-Jun 23	Haley Music Therapy, Group Room and Link to be Provided
*	Yoga for You	Jeanne Christopherson	10:30-11:45	Apr 21-May 12	Movement Arts of Chico
* \$	Garden Gourmands: Sect. 1	Debra Barger (she/her/hers)	11-1	Apr 21-Apr 28	Various Locations
* \$	Garden Gourmands: Sect. 2	Debra Barger (she/her/hers)	11-1	May 12-May 19	Various Locations
*	Solving Moral Dilemmas	Becky White	1-2:30	Apr 21-Jun 23	The Social Chico, Bradley 1

	Reading Poetry for Insight and Enrichment	Kate Foley	1-2:30	Apr 21-Jun 23	Link to be Provided
@	The Wars of the Roses	Leanne Ulvang (she/her/elle)	1-2:30	Apr 21-Jun 23	Link to be Provided
	Age Well, Drive Smart	Midge Vandervelden (she/her/hers)	1-2:30	Apr 28	The Social Chico, Bradley 2
*	Beyond the Four Agreements	Valerie Althoff	1-2:30	May 26-Jun 23	The Social Chico, Gordon 2
*	Film, Movies, Cinema!	Aaron Bor	1-3:30	Apr 21-May 19	The Social Chico, Gordon 1
*	Gentle Yoga	Tom Hess (he/him/his)	2-3	Apr 21-May 12	Yoga Center of Chico
@	Let's Keep Knitting!	Gale Ulvang	3-4:30	Apr 21-Jun 23	Link to be Provided
	Master Gardener Lecture Series	Debra Barger (she/her/hers)	3:30-4:45	Apr 21-May 19	The Social Chico, Bradley 2

WEDNESDAY CLASSES

*	Fitness for Lifetime Mobility: Sect. 1	Paul Coots	8:30-9:45	Apr 22-May 27	The Social Chico, Bradley 2
*	Meandering in Interesting Places: Butte College Campus	Fran Babich	8:30-11:30	Apr 22	Various Locations
	Stay Safe, Stay Strong: Sect. 1	Farshad Azad	9-10	Apr 22	Azad's Martial Arts Center
	Stay Safe, Stay Strong: Sect. 2	Farshad Azad	9-10	May 06	Azad's Martial Arts Center
	My Neighbor's Voice Community Story Table	Kyle Gookins	9-10:30	Apr 29-May 20	Link to be Provided
	Wednesday Park Walks	Amy Hahn	9:15-10:30	Apr 22-May 20	Various Locations
*	Experience the Promise of Restoring California's Rivers	Holly Ferrara	9:30-11	May 20-May 27	Various Locations
\$	Acrylic Painting: Developing Artist	Christine MacShane	9:30-11:30	Apr 22-Jun 24	Christine MacShane Art Studio
@	Six Pillars of Brain Health	Kris Ritualo	10-11	Jun 17	Link to be Provided
*	Fitness for Lifetime Mobility: Sect. 2	Paul Coots	10-11:15	Apr 22-May 27	The Social Chico, Bradley 2
*	Mindfulness for Everyday Living: Building Inner Calm, Clarity, and Compassion	Julia Ferre (she/her/hers)	10-11:30	Apr 22-Jun 10	The Social Chico, Bradley 1
	Writing Workshop: Let's Write a Screenplay	Sandra O'Donnell	10-11:30	Apr 22-Jun 24	The Social Chico, Gordon 2
@	Myths, Legends, and Tales of the Celts	Lynn H. Elliott	10-11:30	Apr 22-Jun 24	Link to be Provided
*	Chico State University Farm Tour	University Farm Tour Guide	10-11:30	May 06	Chico State University Farm
	Wise Walk Workshop: Local Advocacy for Your Safety	Hayley Shafer (she/her/hers)	10-11:30	Jun 17-Jun 24	The Social Chico, Bradley 1
	Beginning Spanish from Chapter 10	Jennifer Castañeda	11-12	Apr 22-Jun 24	The Social Chico, Gordon 1
\$	Watercolor: Developing Artist	Christine MacShane	12:30-2:30	Apr 22-Jun 24	Christine MacShane Art Studio
@	Chico State Faculty Lecture Series	Ann Nikolai (she/her/hers)	1-2:30	Apr 22-May 13	The Social Chico, Bradley 2 and Link to be Provided
* \$	Pickleball	Erin O'Neil	1-2:30	Apr 22-Jun 24	Chico Pickle & Pong
	Writer's Workshop	Paul Belz	1-2:30	Apr 22-Jun 24	The Social Chico, Gordon 2
	Let's Play Games!: Sect. 1	Donna Knorton	2-4	Apr 22-Jun 24	The Social Chico, Bradley 1
	Sierra Nevada Brewery Tour	Vickie Stoll	3-4:30	Jun 10	Sierra Nevada Brewery
\$	Beer Styles and Histories: Sect. 1	Steve Kay	4-5:30	May 06-May 20	The Allies Pub
\$	Beer Styles and Histories: Sect. 2	Steve Kay	4-5:30	Jun 03-Jun 17	The Allies Pub
\$	Spanish Composition and Conversation	Aaron Alexander (he/him/his)	5:30-6:30	Apr 22-Jun 24	The Social Chico, Bradley 1
	The Aging Eye	Doctors at Chico Eye Center	5:30-6:30	Apr 22-Jun 10	Chico Eye Center

THURSDAY CLASSES

*	Green Island Lake and Frog Lake Hike	Pamela Waldsmith	7:30-4:30	Apr 30	Various Locations
*	Birding in the Chico Area: Beyond the Basics	Joyce Bond	8-11	Apr 23-Jun 04	Various Locations
*	In Search of California's Vanishing Flora: Butterfly Valley Botanical Area	David Popp	8-3	Apr 30	Various Locations
*	Women's Hike to Colby Meadows	Lorraine Smith (she/her/hers)	8-4	Jun 18	Various Locations
*	In Search of California's Vanishing Flora: Doon Grade Trail	David Popp	8:30-12	May 07	Various Locations

*	Tap Dance Is Fun: Sect. 2	Mary Sweeney	9–10	Apr 30–Jun 18	Chico Creek Dance
*	Birding in the Chico Area: All Levels	Joyce Bond	9–11	Apr 30–Jun 11	Various Locations
*	The "I Can't Dance" Class	Jeanne Christopherson	9:30–10:45	Apr 23–May 28	Movement Arts of Chico
* \$	Hatha Yoga Plus for Beginners Through Level 1	Rob Cossetta (he/him/his)	10–11	Apr 23–Jun 25	Nibukikan Martial Arts Academy
@	HomeFit: Making Home Safe and Livable for All	Kris Ritualo	10–11	Apr 30	Link to be Provided
	Current Events as Constitutional Issues: Sect. 2	Charles Copeland	10–11:30	Apr 23–Jun 25	The Social Chico, Bradley 1
@	Learn How to Draw	Susan Levine	10–11:30	Apr 23–Jun 25	Link to be Provided
\$	Intro to Kayaking and Stand Up Paddleboarding	Calder Phillips (he/him/his)	10–12	Apr 30	Forebay Aquatic Center
\$	Watercolor: Beginning	Christine MacShane	12:30–2:30	Apr 23–Jun 25	Christine MacShane Art Studio
*	Creative Card Making	Debbie Vermette	1–2:30	May 28–Jun 25	The Social Chico, Bradley 1
* \$	Table Tennis	Victor Keastor	2–3:30	Apr 23–Jun 25	Chico Pickle & Pong
	Creation Zone	Lynda Klein	2:45–4:45	Apr 23–Jun 25	The Social Chico, Bradley 1
* \$	OLLI Theatre Club	Deb Tull	5:30–10	Th & Su, Apr 23–Jun 11	Various Locations
FRIDAY CLASSES					
*	Dye Creek Hike	Azure Kurth	8–4	Apr 24	Various Locations
	Poetry for Pleasure	Paul Belz	9:15–10:15	Apr 24–Jun 05	The Social Chico, Gordon 2
	The Battle of Vercors: How a Stronghold of the French Resistance Fell	Sylvie Delaunay	10–11:30	Apr 24–May 01	The Social Chico, Gordon 1
\$	Chico Air Museum Tour	Mark Koch	10–12	Apr 24	Chico Air Museum
	Let's Play Games!: Sect. 2	Donna Knorton	10–12	Apr 24–Jun 26	The Social Chico, Bradley 1
\$	Kayaking on the Thermalito Afterbay: Sect. 1	Calder Phillips (he/him/his)	10–1	Apr 24	Various Locations
*	Stansbury Home Tour: Sect. 1	Elizabeth Carrillo	11–12:30	May 08	The Stansbury Home
*	Stansbury Home Tour: Sect. 2	Elizabeth Carrillo	11–12:30	Jun 05	The Stansbury Home
* \$	Arts & Eats	Bill Houck	1–2:30	May 15–Jun 12	Various Locations
* \$	Intro to Beaded Jewelry Making: Sect. 1	Heather Lawther	3:30–5	May 08	String Bead
* \$	Intro to Beaded Jewelry Making: Sect. 2	Heather Lawther	3:30–5	Jun 12	String Bead
*	Folkloric Cuban Dance and Rhythm	Jeanne Christopherson	4–5:30	Apr 24–May 22	Movement Arts of Chico
SATURDAY CLASSES					
\$	Kayaking on the Thermalito Afterbay: Sect. 2	Calder Phillips (he/him/his)	10–1	May 02	Various Locations

Class Locations: OLLI holds classes in several locations across (and beyond) Chico. For Google Map links and printable directions for all class locations, visit the OLLI website at oli.csuchico.edu and select "Find Locations" on the home page.

- Azad's Martial Arts Center 313 Walnut Street, #150, Chico
- Chico Air Museum.....165 Ryan Avenue, Chico
- Chico Creek Dance.....1144 W. 1st Street, Chico
- Chico Eye Center3401 Esplanade, Chico
- Chico Pickle & Pong 424 Otterson Drive, Chico
- Chico State University Farm 311 Nicholas C Shouten Lane, Chico
- Christine MacShane Art Studio 1459 Humboldt Road, Suite B, Chico
- Enloe Conference Center 1528 Esplanade, Chico
- Forebay Aquatic Center930 Garden Drive, Oroville
- Haley Music Therapy2550 Floral Avenue, Suite 20, Chico
- Movement Arts of Chico..... 254 E. 1st Street, Chico
- Nibukikan Martial Arts Academy664 E. 1st Avenue, Suite 10, Chico
- Sierra Nevada Brewery 1075 E. 20th Street, Chico
- String Bead.....2201 Pillsbury Road, Suite 138, Chico
- The Allies Pub 426 Broadway, Suite 130, Chico
- The Social Chico: 1400 W. 3rd Street, Chico
Bradley & Gordon Classrooms
- The Stansbury Home 307 W. 5th Street, Chico
- The Lodge at Westmont of Chico.....2750 Sierra Sunrise Terrace, Chico
(Formerly The Terraces)
- Yoga Center of Chico..... 250 Vallombrosa, Suite 150, Chico

REGISTRATION & POLICIES

Class Registration Opens April 2 & Runs Throughout Spring



Online

olli.csuchico.edu



Phone

530-898-6679



Email

olli@csuchico.edu



Mail

OLLI at Chico State
400 W. First St.
Chico, CA 95929-0792



In Person

Aymer J. Hamilton
Bldg., Room 118B
Chico State Campus

Fair Access to Limited Classes (3-Class Limit)

To provide more fair opportunities for members to enroll in their favorite classes, there is a class limit policy in effect through the first two weeks of registration. During that time, you may register for only three limited classes. Limited classes are noted with an asterisk (*). You can register for any number of classes without an asterisk (*). After two weeks we will turn off the class limit and you may add additional classes to your schedule where space is available.

Waitlists

- If a class is full, add yourself to the waitlist. If space becomes available in a class with a waitlist, waitlisted members will be added to the class in the order they were added to the waitlist. We ask that you not attend the class until you have been officially registered.
- There is no fee to be added to the waitlist. À La Carte Members on the waitlist will be contacted for payment before being registered in the class.
- If you paid À La Carte class fees ahead of registration day and you were added to a waitlist for a class, but were not enrolled in the class, the OLLI office will contact you to arrange registration in another class of the same cost, a credit on your account, or a refund. Refunds for credit card payments will be processed within 2 business days. Refunds for check payments can take 4-6 weeks to process.

Drop and Refund Policies

- No refunds will be given for membership fees. Any unused membership fees will help support our programs. Thank you!

Unlimited Membership Class Drop Policy

- If you will no longer be taking a class, please contact the OLLI office at olli@csuchico.edu or 530-898-6679 so we can offer that spot to another member.

À La Carte Membership Class Drop/Refund Policy

- If OLLI cancels a class, you will receive a credit on your account for the full amount of the class fee. Credits for cancellations can be issued as refunds upon request. Refunds for credit card payments will be processed within 2 business days. Refunds for check payments can take 4-6 weeks to process.
- The deadline to drop a class and receive a credit on your account for the full class price is the business day before the second class meeting for classes that meet 3 or more times and 5 business days before the first class meeting for classes that meet 1 or 2 times.
- If you drop a class after the drop deadline, we will issue a credit on your account for the class price minus an administrative fee of \$10 for each dropped class.
- Credits from dropped or cancelled classes can only be used for class fees. They cannot be used for membership payments.
- To qualify for a credit for a dropped class, you must contact the OLLI office at olli@csuchico.edu or 530-898-6679. Contact with the instructor will not constitute an official drop request.
- Credits expire one year after they are issued. No refunds will be given for unused credits.
- No refunds will be given except as stated in this policy. Any unused fees will help support our programs. Thank you!



IN THE CLASSROOM

Learn more about our outstanding volunteer instructors by viewing their bios with the OLLI class listings online.

Acrylic Painting: Beginning \$

Mon, Apr 20–Jun 22 • 1:00PM–3:00PM • Christine MacShane Art Studio
Instructor(s): Christine MacShane

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class is for the beginning painter. We will learn and practice color mixing, composition, using basic painting projects to master blending, and control of the acrylic medium. We will follow step-by-step instructions. All materials are provided. *Class Notes:* There is an additional \$150 materials fee payable to the instructor at the first class meeting.

Acrylic Painting: Developing Artist \$

Wed, Apr 22–Jun 24 • 9:30AM–11:30AM • Christine MacShane Art Studio
Instructor(s): Christine MacShane

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

If you have painted before and would like to take your painting to a deeper level, this class is for you. We will continue to work on brush use, palette knives with the addition of mixed media, and furthering our understanding of building a painting. Paintings will be step-by-step with room for individual exploration. The focus will be on understanding the what and the why and developing an informed, intuitive painting practice. *Class Notes:* There is an additional \$150 materials fee payable to the instructor at the first class meeting.

Age Well, Drive Smart

Tue, Apr 28 • 1:00PM–2:30PM • The Social Chico, Bradley 2
Instructor(s): Midge Vandervelden (she/her/hers)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

California is facing continuing growth in the number of seniors residing in the state with 8.6 million adults aged 65 and older expected by 2030. The overall goal of the Age Well, Drive Smart program is to ensure older adults have access to continued driver's education and training to help keep roads safe for everyone. Upon completion of this course you will be issued an Age Well, Drive Well certificate that can be presented to your insurance company for a possible discount.

Are We Alone in the Universe?

Mon, Jun 01–Jun 22 • 3:00PM–4:30PM • The Social Chico, Bradley 2
Instructor(s): Lynda Klein

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class will provide an overview of the history and methods used to search for extraterrestrial intelligence in the Milky Way galaxy. We will explore how and where we are searching, and what we have found. The Drake equation, the Rare Earth hypothesis, and the Fermi Paradox are among the topics discussed.

Arts & Eats * \$

Fri, May 15–Jun 12 • 1:00PM–2:30PM • Various Locations
Instructor(s): Bill Houck

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

We'll visit museums, art galleries, and studios in the area and talk with curators and artists to learn more about the places and the work. Afterwards, we'll go to coffee houses or restaurants for no-host treats and conversation with group members.

Beer Styles and Histories \$

Section 1: Wed, May 06–May 20 • 4:00PM–5:30PM • The Allies Pub
→ Schedule Note: This class meets May 6 and May 20.

Section 2: Wed, Jun 03–Jun 17 • 4:00PM–5:30PM • The Allies Pub
→ Schedule Note: This class meets June 3 and June 17.

Instructor(s): Steve Kay

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class will explore the varied styles of beer, from lager to bitter, gruit to porter. We will cover the style criteria, history, and brewing techniques of various styles. No background is necessary, just an inquiring and inquisitive mindset – and a love of beer, of course. *Class Notes:* Beer and food will be available for purchase.

Beginning Spanish from Chapter 12 \$

Mon, Apr 20–Jun 22 • 5:30PM–6:30PM • The Social Chico, Bradley 1
Instructor(s): Aaron Alexander (he/him/his)

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class uses a group study of the book *Complete Spanish Step by Step*, Premium 2nd Edition, by Barbara Bregstein, beginning with chapter 12. *Class Notes:* The book is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers.

NEW ADDITIONS!

Beginning Spanish from Chapter 5 \$

Mon, Apr 20–Jun 22 • 3:00PM–4:00PM • The Social Chico, Gordon 2

Beginning Spanish from Chapter 10 \$

Wed, Apr 22–Jun 24 • 11:00AM–12:00PM • The Social Chico, Gordon 1

Instructor(s): Jennifer Castañeda

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

These classes use a group study of the book *Complete Spanish Step by Step*, Premium 2nd Edition, by Barbara Bregstein. *Class Notes:* The book is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers.

Beyond the Four Agreements *

Tue, May 26–Jun 23 • 1:00PM–2:30PM • The Social Chico, Gordon 2

Instructor(s): Valerie Althoff

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

We will discuss the fifth agreement and the importance of core values in guiding our lives, as well as inspirational words to help move us more intentionally and peacefully through the chaos and uncertainty of this life. This class is only for those who are familiar with the four agreements or have taken the “Living the Four Agreements” class.

Chico Air Museum Tour \$

Fri, Apr 24 • 10:00AM–12:00PM • Chico Air Museum

Instructor(s): Mark Koch

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Experience an engaging two-hour aviation field trip that brings local air history and aircraft operations to life. Begin with a warm welcome and overview of aviation basics before heading outdoors for a guided walk along the flight line to explore Cal Fire’s aircraft, a vintage 1929 biplane, and Aero-Flite’s air tanker operations. Conclude with an in-depth hangar tour. *Class Notes:* There is a recommended minimum museum donation of \$2.50 per participant. Dress for the weather. Restrooms and water are available.

Chico State Faculty Lecture Series @

Wed, Apr 22–May 13 • 1:00PM–2:30PM • The Social Chico, Bradley 2 and

Link to be Provided

Instructor(s): Ann Nikolai (she/her/hers)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Chico State’s tradition of academic excellence goes back more than 130 years. With over 800 faculty members and 14,000 students, the University’s teaching and learning community is thriving. Discover the imagination, cutting-edge research, and expertise that flourishes in our own backyard!

Clutter According to Feng Shui *

Tue, Apr 21–May 19 • 10:00AM–11:00AM • The Social Chico, Bradley 1

Instructor(s): Valerie Althoff

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Does your life spark joy? If not, decluttering with feng shui can help. Clutter is not bad, but it is a great teacher. Feng shui teaches that where you have clutter in your spaces reflects where you’re stuck in your life. Without this level of understanding, you can declutter but it may return. This will be a fun and interactive class, and you will learn a bit about yourself in the process.

Cracker Barrel

Mon, Apr 20–Jun 22 • 10:00AM–11:30AM • The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): David Price

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class includes short presentations (talks, slides, videos) followed by discussions on all sorts of current US and world topics involving history, government, policy, science, technology, literature, education, culture, and

many more. Participants are welcome to make presentations, suggest topics, discuss, or just listen. Special guests are also welcome to present.

Creation Zone

Thu, Apr 23–Jun 25 • 2:45PM–4:45PM • The Social Chico, Bradley 1

Instructor(s): Lynda Klein, Mary Sweeney

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Do you draw, write novels, knit, paint, collage, hook rugs, embroider, or make any other art or craft? Do you need an impulse to get you going? Instead of doing it alone, come to the OLLI Creation Zone. We will have tables (with plastic sheets covering them to allow for messiness) and chairs set up. You bring yourself, your ideas, and your materials. No instruction, no demands, just a group of people creating in comradery.

Creative Card Making *

Thu, May 28–Jun 25 • 1:00PM–2:30PM • The Social Chico, Bradley 1

Instructor(s): Debbie Vermette

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Friends and family love getting handmade cards. Come join us and discover basic techniques and tips for making beautiful cards. And the best part is that it’s fun!

Current Events as Constitutional Issues

Section 1: Mon, Apr 20–Jun 22 • 3:00PM–4:30PM • The Social Chico, Bradley 1

Section 2: Thu, Apr 23–Jun 25 • 10:00AM–11:30AM • The Social Chico, Bradley 1

Instructor(s): Charles Copeland

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

We will examine current controversies about federal government initiatives reported in popular media. In general, these issues relate to provisions in the US Constitution called the separation of powers. Why did the founders design this? How is it supposed to work? Our sources will be news articles, opinion columns, and letters to the editor. We will use the learning through conversation method to understand these public policy issues. We will not attempt to propose solutions.

Estate Administration

Mon, Apr 20–May 11 • 10:00AM–11:30AM • The Social Chico, Gordon 1

Instructor(s): Dana Campbell, Tara Campbell

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

In this class intended as a primer for estate administrators Dana and Tara Campbell from OLLI sponsor Dana L. Campbell, Attorney At Law will explore the intricacies of probate and of trust administration. We will discuss strategy, requirements, and dangers lurking in the administration of estates. If you are currently administering an estate or may be responsible for an administration in the future, please join us for discourse and fellowship. You are not alone! We will also briefly touch upon why administering a trust is so much easier than having to complete a probate.

Film, Movies, Cinema! *

Tue, Apr 21–May 19 • 1:00PM–3:30PM • The Social Chico, Gordon 1
Instructor(s): Aaron Bor

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Want to watch some great and interesting movies? In this class we'll watch and discuss some of our favorites. Each meeting will feature a representative movie from a different genre.

Fitness for Lifetime Mobility *

Section 1: Wed, Apr 22–May 27 • 8:30AM–9:45AM • The Social Chico, Bradley 2
Section 2: Wed, Apr 22–May 27 • 10:00AM–11:15AM • The Social Chico, Bradley 2
Instructor(s): Paul Coots

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Physical well-being allows us to live our longest, most capable, and fulfilling lives. Come ensure your well-being through mobility exercises. We'll practice balance, strength, agility, and flexibility movements that improve your mobility. Each class follows a similar routine that can be done at home, allowing you to look after the health of your body for many years to come. All ability levels are welcome. Your body will thank you! *Class Notes:* Wear comfy clothing and bring an exercise or yoga mat, a yoga strap or similar strap, and a yoga block or rolled-up towel.

Folkloric Cuban Dance and Rhythm *

Fri, Apr 24–May 22 • 4:00PM–5:30PM • Movement Arts of Chico
Instructor(s): Jeanne Christopherson

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

"Folkloric" means "for everyone" – all ages, all abilities. If you can walk, you can dance; if you can talk, you can sing. This interactive class weaves together lecture, movement, live percussion, and discussion to explore embodied practices that preserve culture and build community. Participants learn through doing, engaging mind, body, and spirit in traditions that entertain, educate, and strengthen. As a bonus, when you're done, you won't need a trip to the gym.

→ Schedule Note: This class does not meet May 15.

For the Time Being: Spiritual Essays by Annie Dillard \$

Mon, Apr 20–Jun 22 • 1:00PM–2:30PM • The Social Chico, Bradley 1
Instructor(s): Charles Copeland

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

In *For the Time Being*, naturalist Annie Dillard explores how the sacred reveals itself in our modern, scientifically-oriented world. Her protagonists are the Baal Shem Tov, an eighteenth-century Hasidic rabbi, and Teilhard de Chardin, a twentieth-century Jesuit paleontologist. She brings the mystery of birth, the Chinese Emperor Qin's ten thousand terra-cotta soldiers, and an extended visit to modern Israel into her quest. Dillard asks, "Given things as they are, how shall one individual live?" Join this learning through conversation seminar to explore with her. *Class Notes:* The required book, *For the Time Being* by Annie Dillard, is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers. The recommended edition for this class is the Vintage paperback edition, ISBN 978-0375703478.

Gentle Yoga *

Tue, Apr 21–May 12 • 2:00PM–3:00PM • Yoga Center of Chico
Instructor(s): Tom Hess (he/him/his)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Stretch your body and relax your mind with one hour of gentle yoga. The instructor specializes in making yoga accessible to everyone at any age or physical condition. There is always a way to practice yoga. This class will include some discussion and lecture on the philosophy of yoga. *Class Notes:* The Yoga Center of Chico has a full supply of yoga mats and props, so you just need to bring yourself, dressed comfortably, to participate.

Hatha Yoga Plus for Beginners Through Level 1 * \$

Thu, Apr 23–Jun 25 • 10:00AM–11:00AM • Nibukikan Martial Arts Academy
Instructor(s): Rob Cossetta (he/him/his)

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Join us for an energizing hour of yoga designed to build strength, enhance mobility, and restore balance. Each class blends traditional yoga postures with functional movement. You'll also experience a taste of myofascial release, a proven technique that rehydrates sore muscles and supports fresh collagen renewal, a system used by athletic teams across the US. *Class Notes:* Bring a yoga mat, two blocks, and a yoga blanket. There is an additional \$20 studio fee payable to the instructor at the first class meeting.

Healthier You

Mon, Jun 08–Jun 22 • 10:00AM–11:00AM • Enloe Conference Center
Instructor(s): Claire McClure

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Join Enloe Community Health for a three-part lecture series. Each class will cover a unique topic led by a local medical expert from Enloe Health with time for questions. The series is designed to support a healthier you.

Intro to Beaded Jewelry Making * \$

Section 1: Fri, May 08 • 3:30PM–5:00PM • String Bead
Section 2: Fri, Jun 12 • 3:30PM–5:00PM • String Bead
Instructor(s): Heather Lawther

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Explore the basics of beading in this introductory class. Learn what types of materials to use depending on the project and various techniques to create bracelets, necklaces, or earrings. All materials are provided. *Class Notes:* There is an additional \$45 materials fee payable to the instructor at the class.

Let's Play Games!

Section 1: Wed, Apr 22–Jun 24 • 2:00PM–4:00PM • The Social Chico, Bradley 1
Section 2: Fri, Apr 24–Jun 26 • 10:00AM–12:00PM • The Social Chico, Bradley 1
Instructor(s): Donna Knorton

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Join us to play games, socialize, and have fun. We have Rummikub, Qwirkle, Sequence, Mexican Train, card games, and more, from the well-known to the obscure. Bring a game to share or just show up and have fun. *Class Notes:* Please register for only one section.

Master Gardener Lecture Series

Tue, Apr 21–May 19 • 3:30PM–4:45PM • The Social Chico, Bradley 2
Instructor(s): Debra Barger (she/her/hers)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

California Master Gardeners provide educational outreach from University of California Cooperative Extension (UCCE) offices throughout the state. The mission of the Butte County Master Gardeners is to extend research-based education and technical assistance throughout the non-commercial gardening community and to foster successful gardening practices by helping individuals make informed decisions about plants, pests, and the environment, with an emphasis on sustainability. Join us as we address a wide range of fascinating subjects.

→ Schedule Note: This class does not meet on May 5.

Meditation and Journaling for Clarity *

Mon, Apr 20–May 11 • 10:00AM–10:30AM • The Social Chico, Gordon 2
Instructor(s): Kim Goosmann

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class offers a calm and welcoming space to connect more deeply within yourself and gain clarity around life. Each session focuses on a specific theme and begins with a 10-minute meditation that combines guided and silent practice. Following meditation, you will have time for personal journaling. A themed writing prompt will be provided to spark reflection, though you are welcome to explore any topic that feels meaningful. All journal entries are private. *Class Notes:* Bring a journal and something to write with.

Mindfulness for Everyday Living: Building Inner Calm, Clarity, and Compassion *

Wed, Apr 22–Jun 10 • 10:00AM–11:30AM • The Social Chico, Bradley 1
Instructor(s): Julia Ferre (she/her/hers)

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This experiential workshop teaches practical mindfulness skills to reduce stress, increase emotional well-being, and support a more grounded daily life. Each session includes guided meditation, gentle awareness practices, and group reflection. You will learn mindful breathing, body awareness, emotional regulation, and compassion practices, along with strategies for applying mindfulness during challenging moments. No prior experience is needed. By the end of the class, you will have tools for greater calm, clarity, and resilience.

OLLI Theatre Club * \$

Thu & Sun, Apr 23–Jun 11 • 5:30PM–10:00PM • Various Locations
Instructor(s): Deb Tull

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Join us for dinner and a show! We will enjoy a pre-show dinner followed by a play at a local theatre. Dinners are optional and will be scheduled closer to the dates of each performance. Come enjoy local talent and socialize with fellow show lovers. *Class Notes:* Participants will need to pay for their meal and theatre tickets. Details will be sent by email to those enrolled.

→ Schedule Note: This class meets for a matinee on Sunday, May 3, and for evening performances on Thursdays, April 23, May 7, June 4, and June 11.

Pickleball * \$

Wed, Apr 22–Jun 24 • 1:00PM–2:30PM • Chico Pickle & Pong
Instructor(s): Erin O'Neil

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Play pickleball with other members. In this class, you will receive paddles and balls, enjoy light instruction for beginners, and have plenty of time to practice skills and play games with fellow OLLI members. Whether you're brand new to pickleball or looking to sharpen your game, this fun, social class is a great way to get active and learn one of the fastest-growing sports in the country. *Class Notes:* There is an additional \$100 facility and materials fee payable at the first class.

Playing Guitar at Beginning Level 2 and Singing Along

Mon, Apr 27–Jun 22 • 10:00AM–11:30AM • Westmont of Chico (formerly The Terraces), Lobby
Instructor(s): Phil Elkins

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class is for people who already know how to play the A-G chords. We play and sing 3-, 4-, and 5-chord songs by Elvis Presley, Buddy Holly, Johnny Cash, the Everly Brothers, and other musicians from the '50s, '60s, and '70s. The class is mostly to practice feeling comfortable with playing guitar while singing. There is some instruction on more advanced guitar playing. Bring a guitar, ukulele, or other stringed instrument, or you're welcome to come just to sing along with the class. *Class Notes:* Music stand and battery-operated tuner recommended. Songs will be sent out before each class.

→ Schedule Note: This class meets on the second and fourth Monday of each month.

Poetry for Pleasure

Fri, Apr 24–Jun 05 • 9:15AM–10:15AM • The Social Chico, Gordon 2
Instructor(s): Paul Belz, Jennifer Castañeda

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Reading poetry helps you to know things more fully; it commands your attention; and it can sustain good conversation. In this class, participants select poetry from favorite sources to read aloud with fellow enthusiasts.

→ Schedule Note: This class meets April 24, May 8, May 22, and June 5.

Sierra Nevada Brewery Tour

Wed, Jun 10 • 3:00PM–4:30PM • Sierra Nevada Brewery
Instructor(s): Vickie Stoll, Lorraine Smith (she/her/hers)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Step inside one of California's most iconic breweries to get the full behind-the-scenes experience at Sierra Nevada Brewery. Learn about the company's history, its brewing process, and its innovative and industry-leading sustainability efforts. See the copper kettles where each batch begins, learn how the hops shape the flavor of each beer, learn about the magic of fermentation, and watch the packaging line in action. You don't have to be a beer lover to make this brewery worth a visit. *Class Notes:* The tour route is over 1/4 mile long and will take approximately 60 minutes. Closed-toe shoes are required for safety reasons.

Sing Gospel Music

Mon, Apr 20–Jun 15 • 10:00AM–11:30AM • Westmont of Chico (formerly The Terraces), Lobby

Instructor(s): Phil Elkins

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Sing and/or play popular gospel songs. Bring your voice, guitar, violin, cello, harmonica, squeeze box, or other instrument and join a group of people singing and playing for fun. This is not meant to be religious. It's just a place to enjoy great music. Join us!

→ Schedule Note: This class meets on the first, third, and fifth Monday of each month.

Skywatchers' Almanac: Folklore, Facts, and Physics

Mon, Apr 20–May 18 • 3:00PM–4:30PM • The Social Chico, Bradley 2

Instructor(s): Lynda Klein

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Join us for this beginner's guide to navigating the heavens. We will consider an eclectic mix of mythology, historic viewpoints, and current events in meteorology, astronomy, and cosmology. Eyes to the sky!

Solving Moral Dilemmas *

Tue, Apr 21–Jun 23 • 1:00PM–2:30PM • The Social Chico, Bradley 1

Instructor(s): Becky White

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

In this class you will learn the nature and characteristics of a moral or ethical dilemma, along with a technique for identifying, addressing, and solving the dilemma. New dilemmas will be provided for each class period. You will be encouraged, but not required, to bring your own suitably anonymized dilemmas to class for discussion and analysis.

Spanish Composition and Conversation \$

Wed, Apr 22–Jun 24 • 5:30PM–6:30PM • The Social Chico, Bradley 1

Instructor(s): Aaron Alexander (he/him/his)

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class covers writing and conversation in Spanish. The class will be conducted mostly in Spanish; English may be used for support. Participants will have the opportunity to speak and to write short compositions for review and discussion. The class may have native speakers and professional Spanish educators as guest speakers. There is nothing like having a professional Spanish educator to help learn Spanish conversation. *Class Notes:* There is an additional \$25 materials and speaker fee payable to the instructor at the first class meeting.

Stansbury Home Tour *

Section 1: Fri, May 08 • 11:00AM–12:30PM • The Stansbury Home

Section 2: Fri, Jun 05 • 11:00AM–12:30PM • The Stansbury Home

Instructor(s): Elizabeth Carrillo

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Located at the corner of Fifth and Salem Streets, the Stansbury Home was built by Dr. Oscar Stansbury, a local physician, in 1883. Owned by the City of Chico since 1976, it is operated by the Stansbury Home Preservation Association as a historic house museum. This tour will include Dr. Stansbury's office, with its display of the tools used in his practice, as well as rooms used by the Stansbury family with original interiors and furnishings intact.

Stay Safe, Stay Strong

Section 1: Wed, Apr 22 • 9:00AM–10:00AM • Azad's Martial Arts Center

Section 2: Wed, May 06 • 9:00AM–10:00AM • Azad's Martial Arts Center

Instructor(s): Farshad Azad

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Join us for an empowering self-defense class designed exclusively for OLLI members. In this fun, dynamic, safe, and practical session, Senior Grandmaster Azad, renowned for training tens of thousands of people in personal safety, will teach you real-world strategies to protect yourself at home, in public, and beyond. Learn simple but powerful techniques to stay safe, enhance awareness, and defend yourself effectively. This class is for people of all abilities.

Table Tennis * \$

Thu, Apr 23–Jun 25 • 2:00PM–3:30PM • Chico Pickle & Pong

Instructor(s): Victor Keastor

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Play table tennis with other members. You will receive paddles and balls, get basic instruction on strokes and footwork, and enjoy friendly games with fellow OLLI members. Whether you're completely new to table tennis or returning to a favorite pastime, this fast, fun, low-impact activity is a great way to sharpen your reflexes, stay active, and enjoy time with friends. *Class Notes:* There is an additional \$50 facility and materials fee payable at the first class.

Tai Chi for Arthritis and Fall Prevention *

Tue & Thu, Apr 28–Jun 18 • 10:15AM–11:15AM • Chico Creek Dance

Instructor(s): Mary Sweeney

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Tai Chi for Arthritis was developed in 1997 and is recommended by the Centers for Disease Control and Prevention (CDC). Arthritis often gets worse without proper exercise. Tai Chi for Arthritis helps to improve muscular strength, flexibility, balance, cardiorespiratory fitness, and clarity of mind. The gentle and slow movements help to improve the flow of energy and healing, and it is enjoyable and calming. *Class Notes:* Wear flat shoes and comfortable, loose clothing.

→ Schedule Note: This class meets twice a week.

Tap Dance Is Fun *

Section 1: Tue, Apr 28–Jun 16 • 9:00AM–10:00AM • Chico Creek Dance
Section 2: Thu, Apr 30–Jun 18 • 9:00AM–10:00AM • Chico Creek Dance
Instructor(s): Mary Sweeney

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Tap dance involves rhythmic, percussive, and precise movement of the feet while promoting the flow and individual style of the entire body. Classes will include warm-up, structured movement phrases that will build in complexity, and creative explorations. All levels are welcome. Good standing balance is recommended. *Class Notes:* Wear comfortable clothing that allows for ease of movement and tap shoes, preferably with low heel.

The “I Can’t Dance” Class *

Thu, Apr 23–May 28 • 9:30AM–10:45AM • Movement Arts of Chico
Instructor(s): Jeanne Christopherson

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

How many times have you heard, “Dance like nobody’s watching”? This class is the antidote to movement inhibition. Your cells are itching to move to the beat, perfection not required. We’ll play, connect, and converse through music and movement in a fun, safe, inclusive setting. If you just love to move, show up and share it!

→ Schedule Note: This class does not meet May 14 or May 21.

The Aging Eye

Wed, Apr 22–Jun 10 • 5:30PM–6:30PM • Chico Eye Center
Instructor(s): Doctors at Chico Eye Center

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Our eyes exhibit age-related changes in performance as we get older, particularly as we reach our 60s. Some of these changes are perfectly normal and don’t signify any sort of disease process. And though cataracts can be considered an age-related disease, they are common in older adults and can be readily corrected with surgery. Benjamin Gilbert and other doctors from OLLI sponsor Chico Eye Center explore these common changes, as well as more serious age-related eye diseases. Understanding more about our aging eyes and what we can do as we notice changes can help improve our eye health and overall quality of life.

→ Schedule Note: This class meets April 22, May 6, May 20, and June 10.

The Battle of Vercors: How a Stronghold of the French Resistance Fell

Fri, Apr 24–May 01 • 10:00AM–11:30AM • The Social Chico, Gordon 1
Instructor(s): Sylvie Delaunay

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Vercors, an alpine fortress in the French Alps, saw many French Resistance fighters join the movement in 1944. The fighters were set to disrupt German activities to support the Provence Landing. This class will look at what happened and why through the eyes of the instructor’s father, a teen at the time, who was pulled into the Resistance movement at the eleventh hour. We will read excerpts of his book about his unbelievable experience during this battle that remained controversial for many years.

Tuesday Tunes

Tue, Apr 21–Jun 23 • 10:30AM–11:45AM • Haley Music Therapy, Group Room and Link to be Provided
Instructor(s): Bitz Haley, Judi Holohan, Debbie Silveira

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Start your Tuesday with music and songs. Join us in a fun, informal sing-along. Bring your voices and/or musical instruments. The operative word is “fun.” If you like music, you will like this class. All levels welcome!

Watercolor: Beginning \$

Thu, Apr 23–Jun 25 • 12:30PM–2:30PM • Christine MacShane Art Studio
Instructor(s): Christine MacShane

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class is an introduction to watercolor. We will focus on learning the basics of technique, color mixing, blending, and familiarizing ourselves with the medium of watercolor. Some classes will be dedicated to techniques; in other classes we will be creating finished works. The class will help you to feel more confident in your watercolor practice. *Class Notes:* There is an additional \$150 materials fee payable to the instructor at the first class meeting.

Watercolor: Developing Artist \$

Wed, Apr 22–Jun 24 • 12:30PM–2:30PM • Christine MacShane Art Studio
Instructor(s): Christine MacShane

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

If you have painted with watercolor and would like to take it to the next stage, this class is for you. We will practice sketching and developing a deeper understanding of planning and painting while adding our own individual style. We will practice brushwork and take our time developing each piece. *Class Notes:* There is an additional \$150 materials fee payable to the instructor at the first class meeting.

What to Do with What’s Left * \$

Mon, Apr 27–May 18 • 10:00AM–10:45AM • The Social Chico, Bradley 1
Instructor(s): Robin Dizard (she/her/hers)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Based primarily on Judith Viorst’s book *Making the Best of What’s Left: When We’re Too Old to Get the Chairs Reupholstered*, this class will be a combination reading and discussion group about the situation we occupy in our last years. What kind of plans should we make? Would we prefer the single life, marriage, or some other arrangement? If we seek guidance, what kind is good, and where will we likely find it? *Class Notes:* The book is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers.

Wise Walk Workshop: Local Advocacy for Your Safety

Wed, Jun 17–Jun 24 • 10:00AM–11:30AM • The Social Chico, Bradley 1
Instructor(s): Hayley Shafer (she/her/hers)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Does your daily walk feel safe? Do you have access to crosswalks, sidewalks, and adequate lighting? We will cover the key things needed to walk and feel safe, and how to get involved in making changes. The first class meeting will be a conversation and advocacy hour. In the second class meeting you will gain experience surveying and auditing a neighborhood in Chico. Don't miss out on the opportunity to improve your community.

Writer's Workshop

Wed, Apr 22–Jun 24 • 1:00PM–2:30PM • The Social Chico, Gordon 2
Instructor(s): Paul Belz, Linda Crill (she/her/hers)

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This writer's workshop serves a community of writers interested in sharing their writing and responding to other writers' work. We will focus on fiction, memoir, creative nonfiction, poetry, travel writing, stories for children, and other types of writing. Following a workshop format, this class will be an opportunity for students to receive feedback for their written work and provide meaningful support to fellow writers.

Writing Workshop: Let's Write a Screenplay

Wed, Apr 22–Jun 24 • 10:00AM–11:30AM • The Social Chico, Gordon 2
Instructor(s): Sandra O'Donnell

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Ever watch a movie and think, "I could write something better"? Now's your chance! This hands-on workshop for beginners delivers practical techniques from working screenwriters in a supportive environment. You'll learn structure that works, create compelling characters, and master visual storytelling. Whether you're adapting your novel or exploring that idea rattling around your brain, you'll gain the skills to write your screenplay and working knowledge of what it takes to get from page to screen. No experience necessary – just stories to tell.

Yoga for You *

Tue, Apr 21–May 12 • 10:30AM–11:45AM • Movement Arts of Chico
Instructor(s): Jeanne Christopherson

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This all-levels hatha yoga class welcomes all bodies and abilities. Jeanne teaches "to the room," adapting the practice to meet the needs of those present. Drawing on her background in dance, kinesiology, and massage, she offers a comprehensive, informative, and enjoyable experience. Classes include breathing (pranayama), chanting, yoga philosophy, and asana practice to enhance range of motion and circulation while we stretch, strengthen, and relax.



Learn more about our outstanding volunteer instructors by viewing their bios with the OLLI class listings online.

Chico State Faculty Lecture Series @

Wed, Apr 22–May 13 • 1:00PM–2:30PM • The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): Ann Nikolai (she/her/hers)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Chico State's tradition of academic excellence goes back more than 130 years. With over 800 faculty members and 14,000 students, the University's teaching and learning community is thriving. Discover the imagination, cutting-edge research, and expertise that flourishes in our own backyard!

Cracker Barrel

Mon, Apr 20–Jun 22 • 10:00AM–11:30AM • The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): David Price

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class includes short presentations (talks, slides, videos) followed by discussions on all sorts of current US and world topics involving history, government, policy, science, technology, literature, education, culture, and many more. Participants are welcome to make presentations, suggest topics, discuss, or just listen. Special guests are also welcome to present.

French 1

Mon, Apr 20–Jun 22 • 1:00PM–2:00PM • Link to be Provided
Instructor(s): Leanne Ulvang (she/her/elle), Michèle Martens

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class is for people who have studied some French in the past. We study basic French grammar, usage, pronunciation, and vocabulary. The focus is communicating with others in written and spoken French. *Class Notes:* This term we will work on prepositions and articles. The recommended book, *Easy French Step-by-Step* by Myrna Bell Rochester, is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers.

French 2 \$

Mon, Apr 20–Jun 22 • 2:05PM–3:00PM • Link to be Provided
Instructor(s): Leanne Ulvang (she/her/elle)

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class is centered around a French book. The class reads aloud, followed by translation into English, with some discussion of vocabulary, grammar, and the plot. We will review grammar when questions about usage or form come up, and class sessions may focus on specific grammar topics. *Class Notes:* Prepositions always need attention. The book for the class will be announced before the class starts. The class will pick up where the class left off last term. New students this term will want to catch up before class starts.

French 3: Conversation

Mon, Apr 20–Jun 22 • 3:05PM–4:00PM • Link to be Provided
Instructor(s): Leanne Ulvang (she/her/elle), Jane Ziad

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

On parle français dans cette classe, sans traduction (si nous avons de la chance). On doit avoir l'envie d'entendre et de parler mieux le français, et peut-être un jour le parler couramment. Il n'y a pas de textes.

HomeFit: Making Home Safe and Livable for All @

Thu, Apr 30 • 10:00AM–11:00AM • Link to be Provided
Instructor(s): Kris Ritualo

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Learn how to adapt your living space for safe and independent aging. Download valuable resources, including the HomeFit Guide, and take the first step toward a more livable home. Don't miss this opportunity to enhance your home for a better quality of life.

Learn How to Draw @

Thu, Apr 23–Jun 25 • 10:00AM–11:30AM • Link to be Provided
Instructor(s): Susan Levine

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

If you can't draw, know that it's not your fault. You weren't taught properly. First published in 1979, Betty Edwards' *Drawing on the Right Side of the Brain* applied brain science to drawing instruction. Using her teaching techniques to bypass our internal barriers and connect us to our innate ability to draw, we learn we can do more than we believed. If you want to start exploring art classes but still draw like a child, start here. Stick-figure level drawing skill is perfect and welcome.

Let's Keep Knitting! @

Tue, Apr 21–Jun 23 • 3:00PM–4:30PM • Link to be Provided
Instructor(s): Gale Ulvang

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Knitting with others is a wonderful learning environment. This class is designed to give knitters who have mastered the basic stitches of knit and purl a chance to work on a project of their choosing while we chat and share ideas online with other knitters. All levels of ability are welcome! Gale contributes to the class by offering tips and suggestions for patterns, yarn, and tools based on her years of knitting experience.

My Neighbor's Voice Community Story Table

Wed, Apr 29–May 20 • 9:00AM–10:30AM • Link to be Provided
Instructor(s): Kyle Gookins, Abby Hope

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

My Neighbor's Voice (MNV) is committed to encouraging respectful conversations about the things that matter most. Using MNV Listening Cards, we focus on universal community questions ranging from American culture to civic rights and responsibilities, spiritual thought to health and environment, and more. During class, we have a moderated listening practice with our cards. Each participant takes turns answering questions and listening to their neighbor answer a related question. At the end of several listening rounds, we open the forum up for free discussion on the topic of the day.

Myths, Legends, and Tales of the Celts @

Wed, Apr 22–Jun 24 • 10:00AM–11:30AM • Link to be Provided
Instructor(s): Lynn H. Elliott

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

W.B. Yeats, in his essay "The Celtic Element In Literature," spoke of visions of a world expressed by people who "believed that trees were divine, and could take a human or grotesque shape and dance among the shadows." Once a powerful people who dominated much of Europe, the Celts were reduced to a few small groups after the Roman invasions. However, their mythology survived, thanks largely to the efforts of medieval Irish and Welsh monks who wrote down the stories.

Reading Poetry for Insight and Enrichment

Tue, Apr 21–Jun 23 • 1:00PM–2:30PM • Link to be Provided
Instructor(s): Kate Foley

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Each week the class will read poems by an individual poet, a collection of poems on a specific subject, or a collection of poems in a specific style. A wide range of poets and poetry will be presented, from classic to contemporary. We will discuss poetry from the perspective that the poet creates the work but the reader activates it.

Retirement Planning & Investments in a Changing Economy

Mon, May 04–May 11 • 8:30AM–10:00AM • Link to be Provided
Instructor(s): Steven Cliadakis (he/him/his)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

In this class Steven Cliadakis from OLLI sponsor Altum Wealth Advisors will discuss how tax law changes, inflation, falling interest rates, and a changing economy may affect your investments and retirement plans. The class will cover various investment vehicles, such as CDs, Treasuries, index funds, ETFs, alternative investments, and others. Hear the financial market perspectives of respected economists and explore investment trends and best practices. The class will highlight key principles of financial planning and how they can be applied to your personal retirement goals.

Six Pillars of Brain Health @

Wed, Jun 17 • 10:00AM–11:00AM • Link to be Provided
Instructor(s): Kris Ritualo

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Unlock the secrets to a healthier mind and enhance your cognitive well-being. This interactive class will explore the six essential pillars of brain health. You will gain valuable insights and practical strategies to support and enhance your brain health, empowering you to lead a more vibrant and fulfilling life. Join us and take the first step toward fostering a healthier mind.

Taking and Editing Photos on Your iPhone @

Tue, Jun 02–Jun 09 • 10:00AM–11:30AM • Link to be Provided
Instructor(s): Cris Guenter

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class will introduce you to basic foundational skills in establishing a composition for a photo, using the rule of thirds, and considering the values in a photo. This content will be followed by an introduction to the many photo editing tools available on an iPhone and how to use them with the photos you have taken. If you have taken this class previously, you are welcome to take it as a refresher. *Class Notes:* This class is for iPhone users with an iPhone 11 or higher. The iPhone should have the most current operating system and recent updates on it.

The Wars of the Roses @

Tue, Apr 21–Jun 23 • 1:00PM–2:30PM • Link to be Provided
Instructor(s): Leanne Ulvang (she/her/elle)

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

The Cousins' War, as it was called contemporaneously, that ripped apart the ruling Plantagenet family in England affords some insights into competitions for leadership, control, and alliances, even in the present day. Join us as we dissect the complicated relationships that played out in 15th-century England and ended with the throne occupied by the first Tudor king, Henry VII.

Tuesday Tunes

Tue, Apr 21–Jun 23 • 10:30AM–11:45AM • Haley Music Therapy, Group Room and Link to be Provided
Instructor(s): Bitz Haley, Judi Holohan, Debbie Silveira

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Start your Tuesday with music and songs. Join us in a fun, informal sing-along. Bring your voices and/or musical instruments. The operative word is "fun." If you like music, you will like this class. All levels welcome!

Weekly Creations @

Tue, Apr 21–May 26 • 10:00AM–11:30AM • Link to be Provided
Instructor(s): Cris Guenter

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Grab your sketchbook and assorted art materials! The goal of this class is to complete a piece of art during each weekly session. To do this, we will observe or listen to something inspiring, briefly discuss it, and then create our own original piece of art. Prior to each session, the instructor will share the specific art materials she will be using. Participants are welcome to follow along with the instructor or take off in a direction of their own. *Class Notes:* Materials: a sketchbook or drawing paper and any other assorted art media that you have and like to use.





OUTDOOR EXPERIENCES

Learn more about our outstanding volunteer instructors by viewing their bios with the OLLI class listings online.

Birding in the Chico Area: All Levels *

Thu, Apr 30–Jun 11 • 9:00AM–11:00AM • Various Locations
Instructor(s): Joyce Bond, Joan Mitchell

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class is for both beginning and experienced birders. Through observation and the use of your binoculars, field guides, and birding apps, class participants learn to identify birds in their natural habitat. We will meet once a month at different birding locations for field trips that may involve 1-2 miles of walking. *Class Notes:* Please register for only one birding section.

→ Schedule Note: This class meets April 30, May 21, and June 11.

Birding in the Chico Area: Beyond the Basics *

Thu, Apr 23–Jun 04 • 8:00AM–11:00AM • Various Locations
Instructor(s): Joyce Bond

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class is for students who have taken the “Birding in the Chico Area” class more than once. We will not cover birding basics and will spend more time in the field. We will meet once a month at different locations for field trips that may involve 2-3 miles of walking. *Class Notes:* Please register for only one birding section.

→ Schedule Note: This class meets April 23, May 7, and June 4.

Chico State University Farm Tour *

Wed, May 06 • 10:00AM–11:30AM • Chico State University Farm
Instructor(s): University Farm Tour Guide

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

The University Farm is a “living laboratory” for agricultural education, literacy, and research in Northern California. Join us for a guided tour showcasing our fields, labs, and hands-on learning spaces, including the new Agricultural Education Center and Jay Gilbert Farm Store. This state-of-the-art facility features modern classrooms, collaboration areas, and a student-run retail space with farm-produced goods. Explore how the farm supports experiential learning, community engagement, and the next generation of leaders in sustainable agriculture.

Dye Creek Hike *

Fri, Apr 24 • 8:00AM–4:00PM • Various Locations
Instructor(s): Azure Kurth, Laura Booth

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Join us for a rare opportunity to visit the Dye Creek Preserve, managed by The Nature Conservancy, with a resident scientist. Melding ethnobotany, geology, birds, flora, and fauna in the Park Fire burn scar, this uneven, rugged at times, moderately challenging trail is rocky in spots yet gentle uphill with one small creek crossing. The hike is 5 miles round-trip with 725 feet of elevation change over two miles. With a steady pace, we will reach the welcoming destination of Campo Seco Ridge. *Class Notes:* Further details will be provided prior to the hike.

Experience the Promise of Restoring California’s Rivers *

Wed, May 20–May 27 • 9:30AM–11:00AM • Various Locations
Instructor(s): Holly Ferrara

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Join experts from River Partners for walking tours of the landscapes they’ve transformed from flood-prone farmland into native habitat for ecosystem, community, and economic wins at the Bidwell-Sacramento River State Park and Sacramento River National Wildlife Refuge. You’ll learn how restoring California’s historic floodplains improves habitat and biodiversity for an array of imperiled species, boosts flood safety for vulnerable communities, supports clean and abundant water supplies, provides important outdoor recreation that improves public health, stores greenhouse gases naturally to improve California’s climate resilience, and more. *Class Notes:* Further details will be provided prior to the class.

Explore Your Public Lands: Sutter Buttes State Park *

Tue, Apr 28 • 8:00AM–4:30PM • Various Locations
Instructor(s): Vickie Stoll, Lorraine Smith (she/her/hers)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Sutter Buttes State Park is one of the newer state parks in California and has no public access. We will meet with park staff for an exclusive tour of the beautiful Peace Valley where we will learn about the unique geology of the land, explore several historic and prehistoric cultural features, and observe and identify abundant wildflowers and birds. This is a 3-4 mile moderately difficult cross-country hike over uneven, rocky terrain with some short, steep hills and possible stream crossings. *Class Notes:* Further details will be provided prior to the hike. No early departures due to locked gates.

Garden Gourmands * \$

Section 1: Tue, Apr 21–Apr 28 • 11:00AM–1:00PM • Various Locations

Section 2: Tue, May 12–May 19 • 11:00AM–1:00PM • Various Locations

Instructor(s): Debra Barger (she/her/hers), Laurie Smith

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

California's temperate climate allows an amazing array of plants to be grown locally. Edible gardens, pollinator gardens, native gardens, contemplative gardens, and demonstration gardens are some of the many varieties to tour. Inspired by the successful model of the "Arts & Eats" OLLI class, "Garden Gourmands" will focus on touring the art of garden landscapes combined with eating locally. Join Master Gardeners as we explore different area gardens followed by a no-host lunch at various local eateries to enjoy the bounty of Butte County. *Class Notes:* Each section of this class will visit different gardens. Registered participants will receive the specific garden location/address via email by the Saturday before each tour. Plan for possible travel time of at least 35 minutes before and after the scheduled class meeting time. There will be a no-host lunch 12-1pm.

Green Island Lake and Frog Lake Hike *

Thu, Apr 30 • 7:30AM–4:30PM • Various Locations

Instructor(s): Pamela Waldsmith, Bill Casey, Richard Utter

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Joy for seasoned hikers! This hike of 5-7 miles begins with a drive in of 8-10 miles on dirt and gravel road. The hiking trail has good switchbacks on this steep, uneven terrain along with unstable rocks. We will start at about 6,000 feet of elevation with approximately 1,800 feet of elevation change throughout the hike. The Dixie Fire of 2021 burned this beautiful landscape, but it is showing lovely signs of regeneration. We will learn about this area as part of our adventure. *Class Notes:* Further details will be provided prior to the hike.

HOOFers: A Hiking Community for Like-Minded Women *

Mon, Apr 20–Jun 01 • 8:00AM–3:00PM • Various Locations

Instructor(s): Cynthia Weeks-Finnegan, Lois Olson, Laura Lukes

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

HOOFers unites women seeking a hiking community. This is not for beginners; we hike 3-6 miles on uneven terrain with moderate elevation changes, lasting 3-6 hours including travel. The emphasis is on safety, navigation, knowledge-sharing, and building connections among like-minded hikers. A mandatory in-class meeting introduces members, reviews packs and equipment, and includes a short trail safety presentation. Three subsequent meetings are hikes. *Class Notes:* Participants must attend the classroom meeting to participate in the hikes and must attend at least two hikes to become members of the HOOFers community. This class is for participants who have not yet taken an initial HOOFers class. This class is for women only.

→ Schedule Note: One classroom meeting 10am-12pm April 20 in Bradley 1 and three outdoor hikes 8am-3pm May 4, May 18, and June 1.

Immersive Nature Journaling Hikes *

Mon, Apr 20–Jun 01 • 2:30PM–5:00PM • Various Locations

Instructor(s): Carolyn Short

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

A half-hour walk immersed in nature prepares us to sit with our sketchbook journals and observe, question, draw, paint, and write about what we see, hear, and feel – focusing on our senses, curiosity, and the observation process over perfecting an end product. We'll explore Upper and Lower Bidwell Park, Indian Fishery, and the Genetic Resource & Conservation Center (Chico Tree Farm). Participants provide their own art materials and choose their subjects. There is no official art instruction. Some basic techniques and many online supplemental materials are provided. *Class Notes:* Further details will be provided prior to each hike.

In Search of California's Vanishing Flora: Butterfly Valley Botanical Area *

Thu, Apr 30 • 8:00AM–3:00PM • Various Locations

Instructor(s): David Popp

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

The Butterfly Valley Botanical Area is located just north of Quincy, elevation 3,800 feet. The area includes the California pitcher plant, a rare and unusual insect eating plant that only grows in scattered boggy areas from southern Oregon down through Northern California, as well as 4 other species of insectivorous plants, 12 species of orchids, and 9 species of ferns. Get an introduction to California native plants and basic botany in the field as we saunter in search of California native wildflowers. *Class Notes:* Further details will be provided prior to the class.

In Search of California's Vanishing Flora: Coutolenc Park *

Mon, Apr 20 • 8:30AM–12:00PM • Various Locations

Instructor(s): David Popp

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Coutolenc Park sits on 340 acres off Coutolenc Road east of Magalia. Get an introduction to California native plants and basic botany in the field as we saunter in search of California native wildflowers. *Class Notes:* Further details will be provided prior to the class.

In Search of California's Vanishing Flora: Doon Grade Trail *

Thu, May 07 • 8:30AM–12:00PM • Various Locations

Instructor(s): David Popp

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

The Doon Grade Trail is part of the old railroad bed that went from Chico, through Magalia, and all the way to Stirling City. We will be on the middle part east of Magalia. Get an introduction to California native plants and basic botany in the field as we saunter in search of California native wildflowers. *Class Notes:* Further details will be provided prior to the class.

Intro to Kayaking and Stand Up Paddleboarding \$

Thu, Apr 30 • 10:00AM–12:00PM • Forebay Aquatic Center

Instructor(s): Calder Phillips (he/him/his)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

In this class, you will explore essential water safety skills, discover how watercraft design influences performance, and practice proper techniques for entering, exiting, and maneuvering the vessel. The class also covers paddle design and a range of effective paddle strokes. It's an excellent introduction for anyone looking to build confidence and have fun on flat or slow-moving water. *Class Notes:* Further details will be provided prior to the class. There will be an additional equipment and facility use fee of \$45. You will receive a separate email with a link to pay the fee. Fee payment deadline: April 23.

Kayaking on the Thermalito Afterbay \$

Section 1: Fri, Apr 24 • 10:00AM–1:00PM • Various Locations

Section 2: Sat, May 02 • 10:00AM–1:00PM • Various Locations

Instructor(s): Calder Phillips (he/him/his)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

This low-impact, physically active kayak adventure is a great way to view the ecology of the area. There is abundant wildlife, including many species of waterfowl and raptors. We will be paddling on open flat water in either a single or tandem kayak. Our paddling trip will take us to an island in the Thermalito Afterbay. *Class Notes:* Further details will be provided prior to the class. There will be an additional equipment and facility use fee of \$65. You will receive a separate email with a link to pay the fee. Fee payment deadlines:

- For Section 1: Fri, Apr 24 • Deadline is April 17
- For Section 2: Sat, May 02 • Deadline is April 25

Meandering in Interesting Places: Butte College Campus *

Wed, Apr 22 • 8:30AM–11:30AM • Various Locations

Instructor(s): Fran Babich, Candice Roethler

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

If you haven't visited the Butte College Campus recently, here is your chance to join us on a wonderful campus tour. A student guide will help us explore various buildings, educational programs, and a bit of Butte College history. The tour will end at the new Science Building, where we will be given a sneak peek at the adjacent planetarium. Participants must be comfortable navigating steps and walking or standing for up to two hours. All walking paths are paved. *Class Notes:* Further details will be provided prior to the class.

Meandering in Interesting Places: Murals and History in Downtown Oroville *

Tue, May 19 • 8:30AM–11:30AM • Various Locations

Instructor(s): Mary Johnson, Candice Roethler

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Join us for an outdoor adventure exploring an interesting town. We will meander at a leisurely pace for 2 miles. Participants must be comfortable walking and standing for up to two hours. This class will include viewing and discussing murals that depict events, people, and sights that have been drawing people to Oroville since the Gold Rush. *Class Notes:* Further details will be provided prior to the walk.

Meandering Rio Vista Unit Hike *

Mon, May 04 • 10:00AM–2:00PM • Various Locations

Instructor(s): Hendrik Feenstra, Kris Zappettini (she/her/hers)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Join us for a leisurely hike of 3-6 miles with no elevation change at the Sacramento River National Wildlife Refuge Rio Vista Unit. We will observe native and other vegetation and wildlife. The trail borders the Sacramento River so we may see some birds and otters in the river. There will be information about the history of this and other units, as well as the change from riparian habitat to cultivated land and back to riparian habitat. *Class Notes:* Further details will be provided prior to the hike.

Wednesday Park Walks

Wed, Apr 22–May 20 • 9:15AM–10:30AM • Various Locations

Instructor(s): Amy Hahn, Bill Casey

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Join us for our Wednesday morning park walks! If you want to start a walking habit, add to your daily step count, spend a morning with old and new friends, or just enjoy beautiful Lower Park, lace up your shoes and join us. Each week, you have the opportunity to choose a 1-mile route looping at Hwy 99 or a 2.8-mile route looping at the 2nd bridge (Cedar Grove).

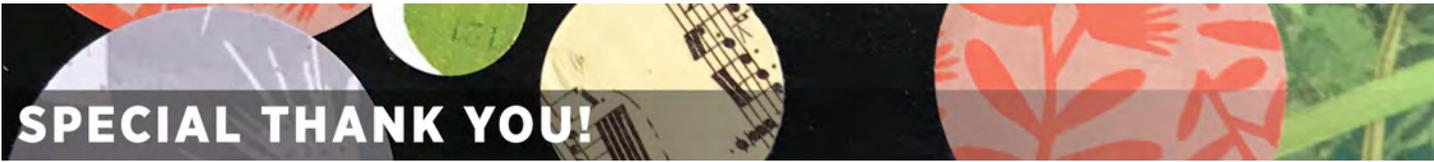
Women's Hike to Colby Meadows *

Thu, Jun 18 • 8:00AM–4:00PM • Various Locations

Instructor(s): Lorraine Smith (she/her/hers), Vickie Stoll

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

We'll hike a moderate 4.5 miles with 450 feet of elevation gain along Colby Creek, on forest trails, and through meadows filled with wildflowers. The trailhead is at 4,750 feet, high enough to escape the valley heat. Our pace will be leisurely, with time to take photographs, observe and identify wildflowers and birds, enjoy the views, and make new friends. Team up with other women to enjoy a fun day outdoors! *Class Notes:* Further details will be provided prior to the hike. This hike is for women only.



At OLLI at Chico State, community is at the heart of who we are. Our lifelong learning program exists through the dedicated contributions of our volunteers – members and community partners who serve as guides, visionaries, teachers, and loyal supporters. We want to say a resounding thank you to all of them for their hard work and tireless support that helps keep OLLI at Chico State at the forefront of active learning and engagement.

Our Donors

Generous contributions from our members help provide OLLI with its incredible variety of classes, in addition to classroom upgrades and new computer equipment to help us stay connected and engaged. Membership fees cover only half of OLLI's total expenses. By making a donation to OLLI, either monetarily or by volunteering, you can help broaden the horizons of future OLLI members. Visit the "Donate" page at olli.csuchico.edu to support OLLI with a donation or the "Volunteer" page to sign up to join our volunteer team.

Business Sponsors

Connecting with local businesses helps expand programming, increase awareness of our program, and build connections with the broader community. We would like to thank our sponsors for their partnership with our OLLI program.



Accessibility & Safety

OLLI is committed to making our classes welcoming and accessible to everyone. We have implemented accessibility measures in our main classroom spaces at The Social Chico, we offer classes on Zoom for those who prefer to learn from home, and we are partnering with Chico State faculty and community partners to explore new ways to make OLLI open and friendly to marginalized groups. Visit our website at olli.csuchico.edu for our full accessibility statement and more information about our commitment to welcoming and inclusion.

COVID-19 vaccinations are strongly encouraged and not required. Masks are optional and always welcome. There are HEPA air purifiers in all four of our main classrooms at The Social Chico. If you are experiencing symptoms of COVID-19 or any other communicable illnesses, such as a cold or the flu, please stay home.

SPRING '26 CLASS SELECTIONS

IN PERSON

- \$55 Acrylic Painting: Beginning
- \$55 Acrylic Painting: Developing Artist
- \$15 Age Well, Drive Smart
- \$30 Are We Alone in the Universe?
- \$30 Arts & Eats *
- \$30 Beer Styles and Histories: Sect. 1
- \$30 Beer Styles and Histories: Sect. 2
- \$55 Beginning Spanish from Chapter 5
- \$55 Beginning Spanish from Chapter 10
- \$55 Beginning Spanish from Chapter 12
- \$30 Beyond the Four Agreements *
- \$15 Chico Air Museum Tour
- \$30 Clutter According to Feng Shui *
- \$55 Creation Zone
- \$30 Creative Card Making *
- \$55 Current Events as Constitutional Issues: Sect. 1
- \$55 Current Events as Constitutional Issues: Sect. 2
- \$30 Estate Administration
- \$30 Film, Movies, Cinema! *
- \$55 Fitness for Lifetime Mobility: Sect. 1 *
- \$55 Fitness for Lifetime Mobility: Sect. 2 *
- \$30 Folkloric Cuban Dance and Rhythm *
- \$55 For the Time Being: Annie Dillard
- \$30 Gentle Yoga *
- \$55 Hatha Yoga Plus *
- \$30 Healthier You
- \$15 Intro to Beaded Jewelry Making: Sect. 1 *
- \$15 Intro to Beaded Jewelry Making: Sect. 2 *
- \$55 Let's Play Games!: Sect. 1
- \$55 Let's Play Games!: Sect. 2
- \$30 Master Gardener Lecture Series
- \$30 Meditation and Journaling for Clarity *
- \$55 Mindfulness for Everyday Living *
- \$30 OLLI Theatre Club *
- \$55 Pickleball *
- \$30 Playing Guitar and Singing Along
- \$30 Poetry for Pleasure
- \$15 Sierra Nevada Brewery Tour
- \$30 Sing Gospel Music

IN PERSON, CONT.

- \$30 Skywatchers' Almanac
- \$55 Solving Moral Dilemmas *
- \$55 Spanish Composition and Conversation
- \$15 Stansbury Home Tour: Sect. 1 *
- \$15 Stansbury Home Tour: Sect. 2 *
- \$15 Stay Safe, Stay Strong: Sect. 1
- \$15 Stay Safe, Stay Strong: Sect. 2
- \$55 Table Tennis *
- \$55 Tai Chi for Arthritis and Fall Prevention *
- \$55 Tap Dance Is Fun: Sect. 1 *
- \$55 Tap Dance Is Fun: Sect. 2 *
- \$30 The "I Can't Dance" Class *
- \$30 The Aging Eye
- \$30 The Battle of Vercors
- \$55 Watercolor: Beginning
- \$55 Watercolor: Developing Artist
- \$30 What to Do with What's Left *
- \$30 Wise Walk Workshop: Local Advocacy
- \$55 Writer's Workshop
- \$55 Writing Workshop: Write a Screenplay
- \$30 Yoga for You *

ONLINE

- \$55 French 1
- \$55 French 2
- \$55 French 3: Conversation
- \$15 HomeFit: Making Home Safe and Livable
- \$55 Learn How to Draw
- \$55 Let's Keep Knitting!
- \$30 My Neighbor's Voice
- \$55 Myths, Legends, and Tales of the Celts
- \$55 Reading Poetry for Insight & Enrichment
- \$30 Retirement Planning & Investments
- \$15 Six Pillars of Brain Health
- \$30 Taking / Editing Photos on Your iPhone
- \$55 The Wars of the Roses
- \$55 Weekly Creations

HYBRID ~ IN PERSON OR LIVE ONLINE!

- \$30 Chico State Faculty Lecture Series
- \$55 Cracker Barrel
- \$55 Tuesday Tunes

OUTDOOR EXPERIENCES

- \$30 Birding in the Chico Area: All Levels *
- \$30 Birding in the Chico Area: Beyond Basics *
- \$15 Chico State University Farm Tour *
- \$15 Dye Creek Hike *
- \$30 Experience... Restoring California's Rivers *
- \$15 Explore... Sutter Buttes State Park *
- \$30 Garden Gourmands: Sect. 1 *
- \$30 Garden Gourmands: Sect. 2 *
- \$15 Green Island Lake and Frog Lake Hike *
- \$30 HOOFFers: Hiking Community for Women *
- \$55 Immersive Nature Journaling Hikes *
- \$15 In Search of California's Vanishing Flora: Butterfly Valley Botanical Area *
- \$15 In Search of California's Vanishing Flora: Coutolenc Park *
- \$15 In Search of California's Vanishing Flora: Doon Grade Trail *
- \$15 Intro to Kayaking and Stand Up Paddleboarding
- \$15 Kayaking on Thermalito Afterbay: Sect. 1
- \$15 Kayaking on Thermalito Afterbay: Sect. 2
- \$15 Meandering: Butte College Campus *
- \$15 Meandering: Murals & History in Oroville *
- \$15 Meandering Rio Vista Unit Hike *
- \$30 Wednesday Park Walks
- \$15 Women's Hike to Colby Meadows *

CLASS FEE TOTAL FOR À LA CARTE MEMBERS

\$ _____

Add this amount to the payment section of the membership form.

Helpful Notes:

- Classes with an asterisk (*) count toward the 3-class limit. During the first two weeks of registration, you may register for up to three of these limited classes. After two weeks, you may add additional limited classes to your schedule where space is available.
- You can register for any number of classes without an asterisk (*).
- Classes have different start dates throughout the term. Please refer to the Schedule at a Glance for the class dates.

SPRING '26 MEMBERSHIP FORM

Membership is required to participate in OLLI classes and member events. OLLI volunteer instructors are also required to join. Joining OLLI at Chico State supports our programs and enables you to enjoy OLLI's full range of offerings, make new friends, and socialize with people who share common interests.

YOUR CONTACT INFORMATION:

Has any of your information changed since the last time you registered? Yes!

Name _____ Phone # _____

Address _____ City _____ Zip _____

Email _____ Date of Birth ____/____/____

Emergency Contact Name _____

Relationship to You _____ Phone # _____

OLLI shares information by email and on our website. If you don't have access to a computer or email account, please check here to receive the information by mail. []

AVAILABLE MEMBERSHIP OPTIONS: *Installments Available!*

All memberships include three consecutive terms: **spring, fall, and winter**. Make your selection and enter your credit card information below.

Unlimited Membership

- 2 Payments of \$150 or
- 5 Payments of \$60 or
- Single Payment of \$300

À La Carte Membership

- Single Payment of \$50
- Individual class fees are extra and are listed with the class description and on the class registration form.*

Instructor-Only Unlimited Membership

- 2 Payments of \$120 or
- 5 Payments of \$48 or
- Single Payment of \$240

Upgrade from À La Carte Membership to Unlimited Membership \$250

Check the back of your catalog for your current membership status.

INFORMED CONSENT AGREEMENT:

As a participant in the Osher Lifelong Learning Institute at Chico State, I understand that risk of accident and injuries can arise out of participation in program activities and agree to release from liability and hold harmless Chico State Enterprises, its programs, the Trustees of the California State University, and their officers and employees, from claims against them arising from injuries or property damage which might occur in connection with this activity. I certify that I am in good health and have the capacity to participate in programs of this nature. I give permission to be medically treated for illness or injury occurring during participation in the above activity and certify that I am covered by medical insurance and/or willing to bear financial responsibility for any costs incurred in medical treatment. I also give permission for photos taken during OLLI classes or activities to be published.

Signature (Required): _____ Date: _____

FEES: Enter your membership fee and class fees total from the other side of this form. If you have a current membership, enter \$0 for the membership fee. If you have or are paying for an Unlimited Membership, enter \$0 for the per class fee. Check the back of your catalog for your membership expiration date.

Membership Fee: \$ _____ + Per Class Fee Total (À La Carte Members Only): \$ _____ = Payment Total \$ _____

PAYMENT: Check enclosed, payable to "Chico State Enterprises" Charge My Credit Card \$ _____

Credit Card # _____ Exp. _____

MAIL FORM & PAYMENT TO: OLLI at Chico State • 400 W. 1st St • Chico, CA 95929-0792



OLLI Play Festival 2026 ~ Thursday-Sunday, April 16-19

The OLLI Play Festival takes the stage this spring for its 11th year! See original comedies written, directed, and acted entirely by OLLI members. Tickets: \$10. Invite your friends!



Curtains up!
2PM Thursday & Saturday
7PM Friday & Sunday
The Social Chico, Gordon 1

Fully-Guided, In-Person Tours with OLLI

Take a trip guided by seasoned tour guides from Collette, a favorite touring company of other OLLIs in the national Osher network. These OLLI-exclusive experiences promise memorable journeys in the company of friends. For more information, visit the "Trips and Tours" page at olli.csuchico.edu



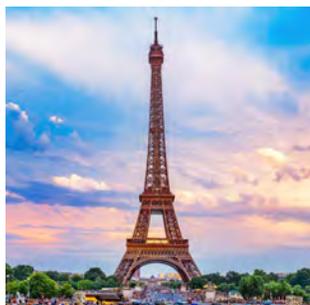
Discover South Pacific Wonders, Fall '26

See what life is like "Down Under" on this incredible journey along the coast of Australia and through New Zealand's North and South Islands. Cruise Milford Sound and Sydney Harbour. Discover the wonders of Aboriginal culture. Visit Auckland and gain insight into Polynesian culture. Experience a Hangi dinner celebration. Visit the Agrodome and observe a sheep shearing demonstration. Experience Queenstown, the "Adventure Capital of the World." Cruise Lake Wakatipu and enjoy a lakeside BBQ. From the tropical splendor of Australia's Great Barrier Reef to the ethereal beauty of New Zealand's glacial fjords, enjoy the best of the South Pacific.



Wonders of Thailand, Winter '27

Delve into a land where bustling modern cities, ornate ancient temples, and stunning jungle beaches coexist. Discover the busy metropolitan roads of Bangkok by tuk tuk. Nosh on perfectly balanced street food. See intricate colored tiles and golden statues at Buddhist shrines. Explore the melting pot of culture and bright, eccentric Sino-Portuguese architecture in Phuket's Old Town. Relax at pure white sandy beaches overlooking turquoise waters beside verdant green jungles. Uncover the beautifully balanced mosaic of old and new, metropolitan, rural, and coastal that is Thailand.



France Magnifique Discovery, Spring '27

From the royal Palace of Versailles to the enchanting streets of Paris, grab a baguette and rendezvous with the best of France. Explore the former royal court and gardens in Versailles. Stroll past the magnificent, colorful flora in Monet's Garden in Giverny. Immerse yourself in the history of Normandy's D-Day Landing Beaches and visit the Normandy American Cemetery. Delight in a 2-night stay in a stunning, renovated chateau in the UNESCO World Heritage Loire Valley. Enjoy a visit to the famous Chenonceau Castle. Sip wine during a tour of a winery and its impressive underground caves. Glide along the Seine as you take in the highlights of Paris. Savor the views and rich cuisine during dinner at the Eiffel Tower. Bask in the robust history, culture, and romance of these celebrated cities and charming towns.

Three Ways to Learn This Spring!

In the Classroom
Outdoor Experiences
Online Learning



SAVE THE DATE

OLLI Spring '26 Calendar

March 15 Spring Social Meetups Begin
March 26 Spring Class Preview
March 31 César Chávez Day (OLLI Closed)
April 2 Spring Class Registration Opens
April 16–19 OLLI Play Festival
April 19 Spring Social Meetups End
April 20 First Day of Spring Classes
May 25 Memorial Day (No Classes, OLLI Closed)
June 19 Juneteenth (No Classes, OLLI Closed)
June 26 Last Day of Spring Classes
June 28 Summer Social Meetups Begin

Spring '26 Class Preview

In March we will highlight our spring offerings through an online class preview on Zoom and an in-person preview at the Chico Masonic Family Center. Learn about spring classes, plan your schedule, and hear from some of the volunteer instructors who will lead spring classes. Both events are open to the public.

Invite your friends!

- **Thursday, March 26, 10:30AM–Noon** (Presentation begins at 11AM)
- Chico Masonic Family Center, 1110 W. East Avenue, Chico
- Free parking, coffee, and snacks.

Come learn what OLLI has planned for spring!

Learn with a Friend = Guaranteed Class Enrollments!



Learning is great when you get to do it with friends! When you refer someone you know and they also join OLLI, you can both register early for classes this spring. Whether you're taking all your classes together or enjoying separate parts of OLLI, registering early lets you avoid the rush on popular classes or classes with limited capacity. Contact the OLLI office by March 26 to confirm.



olli.csuchico.edu
530-898-6679