

irst & Last Na	ame:	

SPRING '23 CLASS REQUEST FORM

Classes have different start dates throughout the semester. Please consult the class schedule.

Classes with * Count Toward 3-Class Limit

MONDAY CLASSES

24-Form Tai Chi
Age Well, Drive Smart: Section 1
Age Well, Drive Smart: Section 3
Armchair Travel Sketching Journal

Beginning Guitar: Level 2 Cracker Barrel: In-Person Cracker Barrel: Online

Creating a Junk Journal

Estate Administration

Exploring Mixed Media Collage

French 1 French 2

French 3: Conversation
Green Burial: The Greenest Way to "Go"

Knitting Nuances

Leader to Elder: Reflections on Life Change

Learning to Play Bridge for Beginners

Nonprofit Board Governance
Planning for Assisted Living in Chico
Retirement Planning & Investments

Safe Urban Hiking Sing Gospel Music

The Dark Ages: How Dark Were They?

Will: An English Playwright

Class Registration Begins Jan. 19 @ 9_{AM}

Class Selections:

Write your class selections below AND highlight or circle your choices at left.

TUESDAY CLASSES

108-Form Tai Chi: Beginning
108-Form Tai Chi: Intermediate
Age Well, Drive Smart: Section 2
Armchair Traveler: In-Person
Armchair Traveler: Online
Brain Development, Trauma, and Your Mi
Chico Performances: California Trees

Brain Development, Trauma, and Your Mindset Chico Performances: California Trees Chico Performances: Modern Dance Chico Performances: Vocal Jazz 1920-1950 Conversations on the Tao Te Ching Feet With A Beat: Gentle Cardio Fitness Feng Shui in the 21st Century

Film, Movies, Cinema! Garden Gourmands

Gardening In The Real World Healthier You: Enloe Lecture Series

Let's Keep Knitting

National Security & US Intelligence

Not Only Feathers Make a Bird

Opening Pandora's Box: Reading Poetry... Reverse Mortgage Myth vs Reality

Slow-Reading Shakespeare: Twelfth Night

Tet 1968: An Eyewitness Account Tuesday Tunes: In-Person Tuesday Tunes: Online

Using Watercolor and Inktense Pencils

Zen Drawing 101

WEDNESDAY CLASSES

Art Nouveau, Arts and Crafts, Symbolism
Arts of Zen Buddhism
Chico State Faculty Lecture Series: In-Person
Chico State Faculty Lecture Series: Online
Fitness for Lifetime Mobility

Flirting with French

Friendly Activism HOOFERs 3

Learn to Draw Cartoons Living Deliberately

Medicare Rights, Appeals, and Protections Names: The History of Human Speech... Save or Shred

Science Fiction Book Group

Wisdom for Living in The Now: Section 1
Wisdom for Living in The Now: Section 2

Writer's Workshop

THURSDAY CLASSES

Aviation History: Back to the Pacific Birding in the Chico Area: Section 1 Birding in the Chico Area: Section 2 Explore Your Public Lands Great Decisions: In-Person Great Decisions: Online

John Locke: Our First Founding Father

Learn How to Draw

Mindfulness for Health and Well-being

My Neighbor's Voice

TED Talks

Water Operations Basics: In-Person Water Operations Basics: Online

FRIDAY CLASSES

Artisan Bread Making: Advanced Artisan Bread Making: Beginning Arts & Eats Beginning Spanish Chico State University Farm Tour Contacting the Mystic Within Hike Bidwell Park: Upper Yahi Trail Music and Musicians

Poetry for Pleasure
The Repair Shop
Women's Hike to Iron Canyon

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World Dance

SATURDAY CLASSES

Discover Oroville's Museum Mile

Let's Get Cooking!