

FALL 2023 CLASS CATALOG | SEPTEMBER 11-NOVEMBER 17



# OLLI at Chico State

WHERE LEARNING NEVER RETIRES



## Three Ways to Learn This Fall!

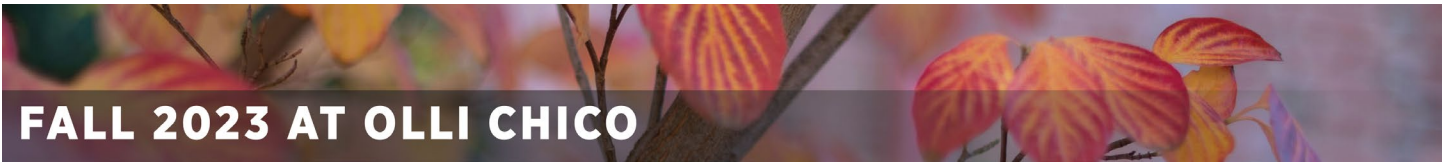
In the Classroom  
Outdoor Experiences  
Online Learning

Fall Class Previews: August 16 & 17  
Registration Begins: August 24  
Classes Begin: September 11

The **Osher Lifelong Learning Institute** in Chico, California is a learning community of more than 700 members ages 50+. We welcome adults with a desire to learn, build new friendships, and take an active part in discovering more about the world. **Join us!**

[olli.csuchico.edu](http://olli.csuchico.edu)

**530-898-6679**



# FALL 2023 AT OLLI CHICO

## About Us

When you join OLLI, you become part of our community of lifelong learners age 50 and older. As a member, you can take or teach classes and join or organize social meetups.

## Classes

Classes are the heart of the OLLI experience. Our classes vary from academic subjects taught by retired educators to hobbies shared by enthusiasts. There are no tests or grades. The only requirement is an interest in learning. OLLI has three 10-week class terms spread out across the year. This fall, our volunteer instructors will lead over 80 classes on everything from Shakespeare to aviation history, banjo to Spanish. We invite you to explore our full schedule of learning opportunities in the classroom, outside, and online.

## Social Meetups

OLLI continues throughout the year with social meetups between class terms. You might join other OLLI members to make some art, have a conversation, or knit together – in person or on Zoom. Social meetups are member-led: you decide what you want to do with other OLLI members. The OLLI office will send out the calendar of meetups each week to all members – and we’ll have special weeks when we invite you to bring a friend to introduce them to OLLI.

## Join OLLI

You can join OLLI beginning July 3. Your membership is good for three consecutive class terms—fall, winter, and spring. Membership is required to participate in OLLI classes, social meetups, and events.

- Fees:** Unlimited Membership \$300  
 À La Carte Membership \$50  
 Instructor-Only Unlimited Membership \$240

**Installments Available!**  
 See the Fall '23 Membership Form, page 17.

**Refund, Drop, and Waitlist Policies:** See our full policies on page 4.

## Learn with a Friend = Guaranteed Class Enrollments!

Learning is great when you get to do it with friends! When you refer someone you know and they also join OLLI, you can both **register early for classes this fall**, avoiding the rush on popular classes or classes with limited capacity. Contact the OLLI office by August 17 to confirm.

## Membership Benefits:

- Invitations to all OLLI social meetups
- Access to online lectures from OLLI programs across the country
- Free parking at primary classroom complex, The Social Chico
- Discounted meal option at OLLI partner dining facility
- One-on-one technical and Zoom support from OLLI staff and volunteers
- Subscription to OLLI’s *Bits & Bytes e-newsletter* sent out twice a month
- Option to request a Chico State library courtesy card (\$50 value)

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*Fall photos from around campus taken by Chico State’s University Photographers.*

# FALL 2023 SCHEDULE AT A GLANCE

*Classes Listed by Day & Start Time to Help You Plan*

\* = Counts toward 3-class limit. \$ = Additional materials/service fee. @ = Recorded class.

MONDAY CLASSES					
*	Hike & History: Meadow Hike & Jonesville Hotel	Pamela Waldsmith	8:30-4	Sep 18	Various Locations
*	Hike & Learn: Hike Deer Creek Preserve Women Only Hike	Pamela Waldsmith	8:30-4	Sep 11	Various Locations
	Beginning Guitar: Level 2	Phil Elkins	10-11:30	Sep 11-Oct 30	The Terraces, Lobby
	Cracker Barrel	David Price	10-11:30	Sep 11-Nov 13	The Social Chico, Bradley 2 and Link to be Provided
	Estate Planning 101	Dana Campbell	10-11:30	Oct 02-Oct 16	The Social Chico, Gordon 1
@	Green Burial: The Greenest Way to "Go"	Mary Ann Perry	10-11:30	Nov 06-Nov 13	Link to be Provided
*	Sing Gospel Music	Phil Elkins	10-11:30	Sep 18-Nov 06	The Terraces, Lobby
	French 1	Leanne Ulvang	1-2	Sep 11-Nov 13	Link to be Provided
	1000 Miles to Run: An Extraordinary Escape Story	Robin Dizard	1-2:30	Sep 11-Oct 16	The Social Chico, Bradley 1
*	On Being Nonprofit	Janet Rechtman	1-2:30	Oct 02-Oct 16	The Social Chico, Gordon 2
*	Successful Eldership: Coming to Terms with Type A	Janet Rechtman	1-4:30	Nov 06	The Social Chico, Gordon 2
	French 2	Leanne Ulvang	2:05-3	Sep 11-Nov 13	Link to be Provided
	French 3: Conversation	Leanne Ulvang	3:05-4	Sep 11-Nov 13	Link to be Provided
TUESDAY CLASSES					
	Hardwiring Your Brain for Happiness	Joni Samples	8:30-9:30	Sep 12-Oct 10	The Social Chico, Gordon 1
	Retirement Planning & Investments in a Changing Economy	Steven Cliadakis	8:30-9:30	Sep 19-Sep 26	Link to be Provided
*	108-Form Tai Chi: Beginning	Lenora Wong	10-11	Sep 12-Nov 17	Center for Spiritual Living
	Being Grateful	Rosie Potestio	10-11:30	Oct 17-Nov 14	The Social Chico, Gordon 2
	Costly Mistakes of Estate Planning	Miste Cliadakis	10-11:30	Sep 12	Link to be Provided
	Creating Connections and Community	Peggy Jennings-Severe	10-11:30	Oct 24-Nov 14	The Social Chico, Gordon 1
	Creating Wisdom Circles	Rosie Potestio	10-11:30	Sep 12-Sep 26	The Social Chico, Gordon 2
@	Intro to Prismacolor Pencils	Cris Guenter	10-11:30	Oct 24-Nov 14	Link to be Provided
\$	Slow Reading Your Inner Fish: An Adventure in Evolutionary Discovery	Charles Copeland	10-11:30	Sep 12-Nov 14	The Social Chico, Bradley 1
@	Weekly Creations	Cris Guenter	10-11:30	Sep 12-Oct 17	Link to be Provided
	Where Are My Keys?	Cliff Keene	10-12	Oct 17	The Social Chico, Bradley 2
	Tuesday Tunes	Bitz Haley	10:30-11:45	Sep 26-Nov 07	Haley's Martial Arts Center and Link to be Provided
	Slow Reading Shakespeare: Kingship	Jack Ayer	10:30-12	Sep 12-Nov 14	Link to be Provided
*	108-Form Tai Chi: Intermediate	Lenora Wong	11-12	Sep 12-Nov 17	Center for Spiritual Living
@	Making History: Covid and the Black Death Revisited	Leanne Ulvang	1-2	Oct 17-Nov 14	Link to be Provided
	Opening Pandora's Box: Reading Poetry for Meditation and Reflection	Kate Foley	1-2:30	Sep 12-Nov 14	Link to be Provided
*	Film, Movies, Cinema!	Aaron Bor	1-3:30	Sep 12-Nov 14	The Social Chico, Gordon 1
	Healthier You: Enloe Lecture Series	Baylee Martin	3-4	Oct 17-Nov 14	Link to be Provided
	Melodic Instrumental Clawhammer Banjo For Beginners	Bill Unger	3-4	Sep 12-Nov 14	The Social Chico, Bradley 2
@	Let's Keep Knitting	Gale Ulvang	3-4:30	Sep 12-Nov 14	Link to be Provided
*	Master Gardener Lecture Series	Debra Barger	3:30-4:45	Sep 12-Oct 17	The Social Chico, Bradley 1
WEDNESDAY CLASSES					
*	HOOFFers Revisited 2	Cynthia Weeks-Finnegan	8-4	Oct 11-Nov 01	Various Locations
	World Dance	Memo Keswick	9-10	Oct 18-Nov 15	The Terraces, Long Exercise Room
*	Fitness for Lifetime Mobility: Section 1	Paul Coots	9-10:15	Sep 13-Nov 15	The Social Chico, Bradley 2
	Learn to Draw with Humor	Dick Kennedy	10-11	Sep 13-Nov 15	Link to be Provided
@	Looking at Shakespeare's Hamlet Through a Writer's Eyes	Lynn Elliott	10-11:30	Sep 13-Nov 15	Link to be Provided
	The Politics Behind Military Invasion to Change National Borders	Richard Ponarul	10-11:30	Sep 13-Nov 15	The Social Chico, Bradley 1
*	Wisdom for Living in The Now	Gayle Womack	10-11:30	Sep 13-Oct 11	The Social Chico, Gordon 2

*	Trash and the Neal Road Landfill: Section 1	Eric Dugger	10-12	Sep 20	Neal Road Recycling and Waste Facility
*	Trash and the Neal Road Landfill: Section 2	Eric Dugger	10-12	Oct 11	Neal Road Recycling and Waste Facility
* \$	Beginning Spanish	Memo Keswick	10:30-11:30	Oct 18-Nov 15	The Terraces, Shasta Room
*	Fitness for Lifetime Mobility: Section 2	Paul Coots	10:30-11:45	Sep 13-Nov 15	The Social Chico, Bradley 2
* \$	Garden Gourmands	Debra Barger	11-1	Oct 11-Nov 01	Various Locations
*	Wisdom for Living in The Now: Tune-Up Class	Gayle Womack	12:30-2	Sep 13-Oct 11	The Social Chico, Gordon 2
@	California Women Artists 1850-1950	Erika Esau	1-2:30	Oct 18-Nov 08	Link to be Provided
@	Chico State Faculty Lecture Series	Sandra Flake	1-2:30	Oct 11-Nov 15	The Social Chico, Bradley 2 and Link to be Provided
@	Five American Artists	Dolores Mitchell	1-2:30	Sep 13-Oct 11	Link to be Provided
\$	Science Fiction Book Group	Sydney Wilde	1-2:30	Sep 13-Nov 15	Link to be Provided
	Writer's Workshop	Paul Belz	1-2:30	Sep 20-Nov 15	The Social Chico, Gordon 1
	The Aging Path	Cliff Keene	1-3	Sep 13-Sep 13	The Social Chico, Bradley 2
	Cribbage: Learn and Play	Susan Levine	3-4:30	Sep 13-Nov 15	The Social Chico, Bradley 1
<b>THURSDAY CLASSES</b>					
*	My Neighbor's Voice: Building Community Through Deep Listening	Victoria Chance	8:30-10	Oct 19-Nov 16	Link to be Provided
*	Birding in the Chico Area: All Levels	Joyce Bond	9-11	Sep 28-Nov 16	Various Locations
*	Birding in the Chico Area: Advanced Birding	Joyce Bond	9-12	Sep 14-Nov 02	Various Locations
@	Aviation History: American Airpower Ascendant 1944	Gary Hendrickson	10-11:30	Sep 14-Nov 16	The Social Chico, Bradley 2 and Link to be Provided
	Music of the Carter Family: Part 2	Rebecca Herring Reiner	10-11:30	Sep 14-Nov 16	The Social Chico, Gordon 1
*	The Nine Rooms of Your Life	Valerie Althoff	10-11:30	Sep 14-Oct 12	The Social Chico, Bradley 1
@	The Racial Wealth Gap: Government Policies and African Americans	Lori Murphy Cole	10-11:30	Sep 21	Link to be Provided
@	Great Decisions	William Tefteller	1-2:30	Sep 14-Nov 16	The Social Chico, Bradley 2 and Link to be Provided
@	The Brain Explained: Neurology in a Nutshell	Paul Schanfield	1-2:30	Oct 05-Nov 16	Link to be Provided
	What's New with Medicare in 2024	Tatiana Fassieux	1-2:30	Nov 09	The Social Chico, Gordon 1
*	Writing Short Plays	Pam Loyd	1-2:30	Sep 14-Nov 16	Link to be Provided
	The Art of Vision: Exploring Neuroaesthetics and the Eye Through the Lens of an Ophthalmic Surgeon	Isaac Barthelow	3-4	Sep 14-Oct 19	The Social Chico, Bradley 2
<b>FRIDAY CLASSES</b>					
*	Women's Hike to Cub-Butt Divide	Lorraine Smith	8-4	Sep 15	Various Locations
*	Explore Your Public Lands: Gray Lodge Wildlife Area	Vickie Stoll	9-4	Nov 17	Various Locations
*	Hike Deer Creek Trail	Vickie Stoll	9-4	Oct 13	Various Locations
	Poetry for Pleasure	Paul Belz	9:15-10:15	Sep 22-Nov 17	The Social Chico, Gordon 1
	Mary Beard's Ultimate Rome: Empire Without Limit	Walter Coffey	10-11:30	Sep 22-Nov 17	The Social Chico, Bradley 2
*	Studying Spanish Abroad in Cuernavaca, Mexico	Memo Keswick	10-11:30	Sep 15	The Social Chico, Bradley 1
* \$	Salmon Spawning Kayak Tour	Brad Cooke	10-12	Oct 13	Forebay Aquatic Center
*	Art Speaks: Writing to Art	Joan Goodreau	1-2:30	Sep 15-Oct 06	Chico Art Center
@	Artisan Bread Making: Advanced	Cathryn Hudin	1-3	Oct 20	Link to be Provided
@	Artisan Bread Making: Beginning	Cathryn Hudin	1-3	Oct 06	Link to be Provided
* \$	Arts & Eats	Bill Houck	1-3	Sep 15-Oct 13	Various Locations
	Music and Musicians	Walter Coffey	1-3	Sep 22-Nov 17	The Social Chico, Bradley 2
<b>SATURDAY CLASSES</b>					
*	Journey to the Center of a Volcano	Rachel Teasdale	8:30-4:30	Sep 09	Various Locations

## Class Locations

OLLI holds classes in several locations across (and beyond) Chico. For Google Map links and printable directions for all class locations, visit the OLLI website at [olli.csuchico.edu](http://olli.csuchico.edu) and select "Find Locations" on the home page.

- Center for Spiritual Living .....14 Hillary Lane, Chico
- Forebay Aquatic Center.....930 Garden Drive, Oroville
- Haley's Martial Arts Center..... 260 Cohasset Road, #150, Chico
- Neal Road Recycling and Waste Facility..... 1023 Neal Road, Paradise
- The Social Chico, Bradley & Gordon Classrooms....1400 W. 3rd Street, Chico
- The Terraces..... 2750 Sierra Sunrise Terrace, Chico

# REGISTRATION & POLICIES

## Registration Opens August 24 & Runs Throughout Fall



### Online

[olli.csuchico.edu](http://olli.csuchico.edu)



### Phone

530-898-6679



### Email

[olli@csuchico.edu](mailto:olli@csuchico.edu)



### Mail

OLLI at Chico State  
400 W. First St.  
Chico, CA 95929-0792



### In Person

Aymer J. Hamilton Bldg.,  
Room 118B  
Chico State Campus

## Fair Access to Favorite Classes (3-Class Limit)

To provide more fair opportunities for members to enroll in their favorite classes, there is a class limit policy through the first two weeks of registration. During that time, you may register for only three limited classes. Limited classes are noted with an asterisk (\*). After two weeks we will turn off the class limit and you may add additional classes to your schedule where space is available.

## Waitlists

- If a class is full, you can be added to the waitlist. If space becomes available in a class with a waitlist, waitlisted members will be added to the class in the order they were added to the waitlist. We ask that you not attend the class until you have been officially registered.
- If you paid À La Carte class fees by check ahead of registration day and you were added to a waitlist for a class, the OLLI office will contact you to arrange for registration in another class of the same cost, a credit on your account, or a refund. Refunds for check payments can take 4-6 weeks to process.

## Drop and Refund Policies

- No refunds will be given for membership fees. Any unused membership fees will help support our programs. Thank you!

### Unlimited Membership ~ Class Drop Policy

- If you will no longer be taking a class, contact the OLLI office at [olli@csuchico.edu](mailto:olli@csuchico.edu) or 530-898-6679 so we can offer that spot to another member.

### À La Carte Membership ~ Class Drop/Refund Policy

- If OLLI cancels a class, you will receive a credit on your account for the full amount of the class fee. Credits for cancellations can be issued as refunds upon request. Refunds for credit card payments will be processed within 2 business days. Refunds for check payments can take 4-6 weeks to process.
- The deadline to drop a class and receive a credit on your account for the full class price is the business day before the second class meeting for classes that meet 3 or more times, and 2 business days before the first class meeting for classes that meet 1 or 2 times.
- If you drop a class after the drop deadline, we will issue a credit on your account for the class price minus an administrative fee of \$10 for each dropped class.
- Credits from dropped or cancelled classes can only be used for class fees. They cannot be used for membership payments.
- To qualify for a credit for a dropped class, you must contact the OLLI office at [olli@csuchico.edu](mailto:olli@csuchico.edu) or 530-898-6679. Contact with the instructor will not constitute an official drop request.



## IN THE CLASSROOM

Learn more about our outstanding volunteer instructors by viewing their bios with the OLLI class listings online at [olli.csuchico.edu](http://olli.csuchico.edu).

### 1000 Miles to Run: An Extraordinary Escape Story

Mon, Sep 11–Oct 16 • 1:00PM–2:30PM • The Social Chico, Bradley 1  
Instructor(s): Robin Dizard (she/her)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

In 1848 William and Ellen Craft did the impossible: they escaped from Georgia disguised as a white master with his black slave. Pursued and in danger of being retaken and tortured, they went public, speaking and touring northern states before fleeing to England. This class will be a deep dive into their history and encourage developing your ideas out loud. At heart, this is an American love story between a man and a woman, a couple and a country.

### 108-Form Tai Chi: Beginning \*

Tue & Fri, Sep 12–Nov 17 • 10:00AM–11:00AM • Center for Spiritual Living  
Instructor(s): Lenora Wong

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

This is the longest of the six major Yang-style tai chi movements, taking about 25 minutes to complete. Tai Chi is known for developing balance, strength, and flexibility. It is a form of meditation in movement. In this class you will learn the first third of the forms, or about 36 moves, in a workshop environment. **Note:** This class meets twice a week.

### 108-Form Tai Chi: Intermediate \*

Tue & Fri, Sep 12–Nov 17 • 11:00AM–Noon • Center for Spiritual Living  
Instructor(s): Lenora Wong

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

This is the longest of the six major Yang-style tai chi movements, taking about 25 minutes to complete. Tai Chi is known for developing balance, strength, and flexibility. It is a form of meditation in movement. In this class we will review the first 36 forms in a workshop environment. Additional forms will be taught as the group is ready. **Note:** This class meets twice a week.

### Art Speaks: Writing to Art \*

Fri, Sep 15–Oct 06 • 1:00PM–2:30PM • Chico Art Center  
Instructor(s): Joan Goodreau, Jean Varda

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

OLLI students will have an opportunity to view an exhibit at Chico Art Center and write about the art. This class is for beginning writers as well as experienced ones. Jean Varda and Joan Goodreau, authors and OLLI members, will guide students through the art-to-writing process.

### Arts & Eats \* \$

Fri, Sep 15–Oct 13 • 1:00PM–3:00PM • Various Locations  
Instructor(s): Bill Houck, Maureen Fredrickson

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

We'll visit museums, art galleries, and studios in the area and talk with curators and artists to learn more about the places and the work. Afterwards, we'll go to coffee houses or restaurants for no-host treats and conversation with group members.

### Aviation History: American Airpower Ascendant 1944 @

Thu, Sep 14–Nov 16 • 10:00AM–11:30AM  
The Social Chico, Bradley 2 and Link to be Provided  
Instructor(s): Gary Hendrickson

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

As WWII enters its fourth year, American airpower begins to achieve air supremacy over the Axis powers. Rapid technical advances and superior training overcome German secret weapons and Japanese suicide attacks. This class will describe the airplanes and personalities during this time period. **Note:** This class will not meet September 21 and 28. You may choose to attend this hybrid class in person or online. The Zoom link will be provided to all registered participants.

### Beginning Guitar: Level 2

Mon, Sep 11–Oct 30 • 10:00AM–11:30AM • The Terraces, Lobby  
Instructor(s): Phil Elkins

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class is for people who know how to play the basic A to G chords on guitar, although class members may bring other stringed instruments to play, e.g. mandolin, bass, ukulele, banjo, harmonica, or squeeze box. Or sing along without an instrument! Songs and lyrics will be emailed each week, featuring artists like Johnny Cash, Bob Dylan, The Beatles, The Everly Brothers, The Drifters, and other favorites from the 1950s and 1960s. **Note:** This class will meet on the second and fourth Monday of each month.

### Beginning Spanish \* \$

Wed, Oct 18–Nov 15 • 10:30AM–11:30AM • The Terraces, Shasta Room  
Instructor(s): Memo Keswick

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class uses a group study of the book *Complete Spanish Step by Step*, Premium 2nd Edition, by Barbara Bregstein, starting with Chapter 1 unless otherwise decided by the group participants. **Note:** The book is available at Barnes & Noble, Amazon, and other booksellers.

## Being Grateful

Tue, Oct 17–Nov 14 • 10:00AM–11:30AM • The Social Chico, Gordon 2

Instructor(s): Rosie Potestio

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Gratitude helps us become healthier, strengthens our emotional and physical well-being, and helps us become more optimistic and resilient. Gratitude is an underused tool for improving our life and can actually rewire our brain. We will work together as a class to explore ever-deepening levels of gratitude as we integrate more of it into our daily lives. Whether you are new to the gratitude path or have been traveling it for a while, you are welcome.

## Chico State Faculty Lecture Series @

Wed, Oct 11–Nov 15 • 1:00PM–2:30PM

The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): Sandra Flake (she/her)

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

Chico State's tradition of academic excellence goes back more than 130 years. With over 900 faculty members and 13,000 students, the University's teaching and learning community is thriving. Discover the imagination, cutting-edge research, and expertise that flourishes in our own backyard! **Note:** You may choose to attend this hybrid class in person or online. The Zoom link will be provided to all registered participants.

## Cracker Barrel

Mon, Sep 11–Nov 13 • 10:00AM–11:30AM

The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): David Price

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

A scintillating review of current themes in the media will be discussed in each class. Class members present a topic, discuss it, then open the floor for discussion and debate. Poetry, literature, scientific discovery, and educational progress are examples of the issues addressed. Special guests are welcome to present. **Note:** You may choose to attend this hybrid class in person or online. The Zoom link will be provided to all registered participants.

## Creating Connections and Community

Tue, Oct 24–Nov 14 • 10:00AM–11:30AM • The Social Chico, Gordon 1

Instructor(s): Peggy Jennings-Severe

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Learn simple, effective, and sustainable tools for having more meaningful and satisfying conversations with your spouse, children, grandchildren, friends, and acquaintances. Participants will also learn how to build traditions that allow for and create an environment that supports connections and a sense of community. This workshop is highly interactive and fun!

## Creating Wisdom Circles

Tue, Sep 12–Sep 26 • 10:00AM–11:30AM • The Social Chico, Gordon 2

Instructor(s): Rosie Potestio

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Learn how to create a Wisdom Circle, a group of individuals coming together to share their experiences and insights in a safe and supportive environment. The purpose is to create a space where people can connect with each other on a deep level and explore meaningful topics together. Everyone is encouraged to listen deeply, speak from the heart, and share without fear of judgment or criticism, thus creating respect, sharing, and learning together.

## Cribbage: Learn and Play

Wed, Sep 13–Nov 15 • 3:00PM–4:30PM • The Social Chico, Bradley 1

Instructor(s): Susan Levine

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

Cribbage is a great card game for two people: fast, unpredictable, and portable. Though the game has many rules, this class will take you through all facets of the game, step by step. By the time you have finished this class, you will not only know the game well, but you will also know how to teach the game to others. If you already know the game, come play with us. Been looking for someone to play with? Maybe you will find a new friend and opponent here!

## Estate Planning 101

Mon, Oct 02–Oct 16 • 10:00AM–11:30AM • The Social Chico, Gordon 1

Instructor(s): Dana Campbell, Tara Campbell

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This course is designed to assist you in planning the transfer of your wealth to a spouse, children, grandchildren, and any other people or organizations you want to benefit from your estate. We will explore the advantages and disadvantages of different methods for wealth transfer to enable you to make better decisions regarding your own estate. Plan on both lecture and discourse, as many exciting things can be learned from information and experiences of participants.

## Film, Movies, Cinema! \*

Tue, Sep 12–Nov 14 • 1:00PM–3:30PM • The Social Chico, Gordon 1

Instructor(s): Aaron Bor

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

Want to watch some great and interesting movies? In this course we'll watch and discuss some of our favorites. Each meeting will feature a representative movie from a different genre.

## Fitness for Lifetime Mobility \*

**Section 1:** Wed, Sep 13–Nov 15 • 9:00AM–10:15AM • The Social Chico, Bradley 2

**Section 2:** Wed, Sep 13–Nov 15 • 10:30AM–11:45AM • The Social Chico, Bradley 2

Instructor(s): Paul Coots, James Salber

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

Flexibility declines with age, but more so if you're not active. Come rejuvenate your mental, physical, and spiritual well-being through exercise. We'll practice balance, strength, and flexibility movements that lead to enhanced mobility. Each class follows a similar pragmatic routine that can be done at home. Consistent practice with exercises that increase your range of motion means you'll be looking after the health of your joints for many years to come. Comfortable clothing recommended for ease of motion. **Note:** Please register for only one section.

## Great Decisions @

Thu, Sep 14–Nov 16 • 1:00PM–2:30PM

The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): William Tefteller (he/him), Myron Flindt, David Price

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

“Great Decisions” is the Foreign Policy Association’s public education program about US foreign policy and global affairs issues. The topics for fall 2023 are China and the US, politics in Latin America, global famine, and climate migration. In addition, we will add some foreign policy topics that are of interest to the class.

**Note:** You may choose to attend this hybrid class in person or online. The Zoom link will be provided to all registered participants. The Foreign Policy Association publishes a study guide each year, available for \$35 plus shipping at [www.fpa.org](http://www.fpa.org). The study guide is not required for the class.

## Hardwiring Your Brain for Happiness

Tue, Sep 12–Oct 10 • 8:30AM–9:30AM • The Social Chico, Gordon 1

Instructor(s): Joni Samples

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

It’s so easy to live in a world of negativity, survival, and habit. It really does take practice to make it different, but we can do that – at any age! So let’s see how and what it takes to make our lives better, happier, and more enjoyable. This class shows you both the joy of doing so and the underlying science that can make it happen.

## Mary Beard’s Ultimate Rome: Empire Without Limit

Fri, Sep 22–Nov 17 • 10:00AM–11:30AM • The Social Chico, Bradley 2

Instructor(s): Walter Coffey

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

Mary Beard is a professor of classics at the University of Cambridge, fellow of Newnham College, and Royal Academy of Arts Professor of Ancient Literature. She is unusual in that she is a popular TV personality while being well-respected by her peers. This class begins with her 4-part overview of the Roman Empire and continues with her examination of the lives of ordinary Romans in the series *Meet the Romans*. The class concludes with her exploration of Pompeii and programs about Caligula and the most famous Roman of them all, Gaius Julius Caesar.

## Master Gardener Lecture Series \*

Tue, Sep 12–Oct 17 • 3:30PM–4:45PM • The Social Chico, Bradley 1

Instructor(s): Debra Barger, Debi Durham

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

California Master Gardeners provide educational outreach from University of California Cooperative Extension (UCCE) offices throughout the state. The mission of the Butte County Master Gardeners is to extend research-based education and technical assistance throughout the non-commercial gardening community and to foster successful gardening practices by helping individuals make informed decisions about plants, pests, and the environment, with an emphasis on sustainability. Join us as we address a wide range of fascinating subjects.

## Melodic Instrumental Clawhammer Banjo for Beginners

Tue, Sep 12–Nov 14 • 3:00PM–4:00PM • The Social Chico, Bradley 2

Instructor(s): Bill Unger

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

I would love to share this beautiful style of banjo playing with you. We’ll start by learning how to tune and hold the banjo. Then we’ll learn three or four simple chord shapes and how to play the “bum ditty.” With a few left hand techniques, we’ll be playing some gorgeous music. If you don’t have a banjo or want more details, email Bill ([Stillstrumming@gmail.com](mailto:Stillstrumming@gmail.com)).

## Music and Musicians

Fri, Sep 22–Nov 17 • 1:00PM–3:00PM • The Social Chico, Bradley 2

Instructor(s): Walter Coffey

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

Each week we’ll view a feature-length documentary or two shorter films. The films will generally feature a performer or composer, the impact of their environment on their music, and the impact of their music on other musicians and on society. Or the focus might be on a style of music from swing to country, jazz to rock. This is a class for the open-minded and intellectually curious because, paraphrasing Mick Jagger, you might not always hear what you like, but sometimes you just might like what you hear.

## Music of the Carter Family: Part 2

Thu, Sep 14–Nov 16 • 10:00AM–11:30AM • The Social Chico, Gordon 1

Instructor(s): Rebecca Herring Reiner

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

The Original Carter Family disbanded in 1943, but their music lived on. Mother Maybelle Carter, as she was now known, formed a new group: The Carter Sisters. They performed on the radio, joined The Grand Ole Opry, and brought old-time music up into the urban folk revival of the 1960s and 70s. We will continue to trace Carter family history and sing their songs. Musicians, bring your instruments, but you don’t need to be a musician to participate. Interest and enthusiasm will suffice!

## On Being Nonprofit \*

Mon, Oct 02–Oct 16 • 1:00PM–2:30PM • The Social Chico, Gordon 2

Instructor(s): Janet Rechtman

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Volunteers, board members, social entrepreneurs, or just plain interested folks can deepen their understanding of the the role of nonprofits in our communities. We will look at nonprofit basics, including finances, volunteerism, governance, and the nonprofit life cycle. There will also be opportunities to explore specific questions and concerns raised by participants.

## Poetry for Pleasure

Fri, Sep 22–Nov 17 • 9:15AM–10:15AM • The Social Chico, Gordon 1

Instructor(s): Paul Belz

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Reading poetry helps you to know things more fully; it commands your attention; and it can sustain good conversation. In this class, participants select poetry from

\* = Counts toward 3-class limit. \$ = Additional materials/service fee. @ = Recorded class.



favorite sources to read aloud with fellow enthusiasts. **Note:** This class meets September 22, October 6 & 20, and November 3 & 17.

### **Sing Gospel Music \***

Mon, Sep 18–Nov 06 • 10:00AM–11:30AM • The Terraces, Lobby  
Instructor(s): Phil Elkins

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Sing and/or play popular gospel songs. Bring your voice, guitar, violin, cello, harmonica, squeeze box, or other instrument and join a group of people singing and playing for fun. This is not meant to be religious. It's just a place to enjoy great music. Join us! **Note:** This class will meet on the first and third Monday of each month.

### **Slow Reading Your Inner Fish: An Adventure In Evolutionary Discovery \$**

Tue, Sep 12–Nov 14 • 10:00AM–11:30AM • The Social Chico, Bradley 1  
Instructor(s): Charles Copeland

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

In 2004 Neil Shubin helped discover the previously missing but now-found link between fish (animals living in water) and amphibians (animals living on land). Now known as Tiktaalik, the “fish with hands,” it lived approximately 375 million years ago. Using our inner fish as a case study, our true goal is to better understand how scientists establish scientific claims. In this learning through conversation seminar, participants must read one short chapter of the book before each class. **Note:** The required book, *Your Inner Fish: A Journey into the 3.5-Billion-Year History of the Human Body* by Neil Shubin, is available at Barnes & Noble, Amazon, and other booksellers.

### **Studying Spanish Abroad in Cuernavaca, Mexico \***

Fri, Sep 15 • 10:00AM–11:30AM • The Social Chico, Bradley 1  
Instructor(s): Memo Keswick

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Studying Spanish as a second language is a journey. One option to speed up Spanish knowledge is to study abroad. This class will discuss Spanish study options offered by a Mexican university in Cuernavaca, Mexico, and will also address the benefits and challenges to this approach.

### **Successful Eldership: Coming to Terms with Type A \***

Mon, Nov 06 • 1:00PM–4:30PM • The Social Chico, Gordon 2  
Instructor(s): Janet Rechtman

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

What happens when a VIP (very important person) becomes a FIP (formerly important person), a.k.a. retirement? How does a Type A (as in actively ambitious) become a Type E (as in energetic elder)? How might elders in the world of business, community, government, and nonprofit organizations engage with at least four younger generations? This class uses reflective practice to engage participants in exploring how a lifetime of leading and leadership might bridge into eldership.

### **The Aging Path**

Wed, Sep 13–Sep 13 • 1:00PM–3:00PM • The Social Chico, Bradley 2  
Instructor(s): Cliff Keene (he/him)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

In this seminar class, we will discuss all the levels of care that seniors face as we age, from the hospital stay to skilled nursing visit and everything in between. Each step has its own benefits and challenges. This class will give you a chance to learn about each step before facing an often quick and important decision when the need arises.

### **The Art of Vision: Exploring Neuroaesthetics and the Eye Through the Lens of an Ophthalmic Surgeon**

Thu, Sep 14–Oct 19 • 3:00PM–4:00PM • The Social Chico, Bradley 2  
Instructor(s): J. Isaac Barthelow

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

This class is designed for anyone interested in the intersection of art, science, and medicine. You will gain a comprehensive understanding of the human eye, including its anatomy, physiology, and the most common ophthalmic diseases and treatments. We will also explore the fascinating field of neuroaesthetics, which focuses on the study of how the brain perceives and processes beauty, art, and aesthetics.

### **The Nine Rooms of Your Life \***

Thu, Sep 14–Oct 12 • 10:00AM–11:30AM • The Social Chico, Bradley 1  
Instructor(s): Valerie Althoff

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

According to feng shui, our lives consist of nine areas or “rooms” that we move through during our years here. This is a shift in classic feng shui teaching, which says your spaces reflect your life. In this class, we look at how your life is reflected in your spaces. You will see and learn a unique way of looking at your life, the importance of each room, and how ignoring any one of them can affect the balance and well-being of your life.

### **The Politics Behind Military Invasion to Change National Borders**

Wed, Sep 13–Nov 15 • 10:00AM–11:30AM • The Social Chico, Bradley 1  
Instructor(s): Richard Ponarul, Charles Copeland

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

How do we understand competing arguments about the justification for using armed conflict to change national borders? Typically we encounter contradictory principles such as territorial integrity and self-determination. Each class session will use short documents written by leaders as diverse as Pope Francis and Henry Kissinger. We will explore ideas and arguments employing the learning through conversation method and using the Russian invasion of Ukraine as our case study.

## Trash and the Neal Road Landfill \*

**Section 1:** Wed, Sep 20 • 10:00AM–Noon • Neal Road Recycling and Waste Facility

**Section 2:** Wed, Oct 11 • 10:00AM–Noon • Neal Road Recycling and Waste Facility

Instructor(s): Eric Dugger, Eric Miller

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

The class will present a brief history of the disposal of trash through time, regulations affecting the disposal of trash, and the history of the Neal Road Recycling and Waste Facility (landfill). Learn about the recycling and diversion of wastes from the landfill, landfill operations, monitoring, amounts of waste disposed, as well as effects of disasters, electrical power generation, equipment used, and the future of landfill and related topics. **Note:** Bring walking shoes (no sandals), sunscreen, hat, sunglasses, and water as the majority of class will be outside to allow observation of landfill operations. You may also bring a folding chair and clipboard. Please register for only one section.

## Tuesday Tunes

Tue, Sep 26–Nov 07 • 10:30AM–11:45am

Haley's Martial Arts Center and Link to be Provided

Instructor(s): Bitz Haley

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Start your Tuesday with music and songs. Join us in a fun, informal weekly sing-along. Bring your voices and/or musical instruments. The operative word is “fun.” If you like music, you will like this class. All levels welcome! **Note:** This class meets September 26, October 10, 24, and November 7. You may choose to attend this hybrid class in person or online. The Zoom link will be provided to all registered participants.

## What's New with Medicare in 2024

Thu, Nov 09 • 1:00PM–2:30PM • The Social Chico, Gordon 1

Instructor(s): Tatiana Fassieux, Victoria Brennan

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Passages Health Insurance Counseling & Advocacy Program (HICAP) is offering this class to assist current Medicare beneficiaries make the best choices possible for their health care needs in the upcoming Annual Enrollment Period beginning October 15 and ending December 7.

## Where Are My Keys?

Tue, Oct 17 • 10:00AM–Noon • The Social Chico, Bradley 2

Instructor(s): Cliff Keene (he/him)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Are you finding yourself more forgetful as you age? In this seminar class, we will discuss the normal and abnormal changes of the brain as we age. You'll learn what is common and what isn't part of the normal decline of memory as we get older. We will also discuss activities and nutrition ideas that will help keep our brains in optimum health.

## Wisdom for Living in The Now \*

Wed, Sep 13–Oct 11 • 10:00AM–11:30AM • The Social Chico, Gordon 2

Instructor(s): Gayle Womack

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Come prepared to discuss how this concept can work in your daily life: remembering that the past is gone and the future hasn't happened. One can be reflective but not ruminate over and over about the past or the future. This powerful concept for living can bring inner peace, even in the face of suffering. **Note:** This class is for new students only.

## Wisdom for Living in The Now: Tune-Up Class \*

Wed, Sep 13–Oct 11 • 12:30PM–2:00PM • The Social Chico, Gordon 2

Instructor(s): Gayle Womack

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This is an opportunity to refresh and learn more about wisdom for living in the now.

Prerequisite: “Wisdom for Living in The Now.”

## World Dance

Wed, Oct 18–Nov 15 • 9:00AM–10:00AM • The Terraces, Long Exercise Room

Instructor(s): Memo Keswick

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Fun social dances from around the world, including Bulgaria, Romania, Serbia, Greece, Israel, Scotland, and the United States. Line, circle, and couple dances. No partner required.

## Writer's Workshop

Wed, Sep 20–Nov 15 • 1:00PM–2:30PM • The Social Chico, Gordon 1

Instructor(s): Paul Belz

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

The Writer's Workshop serves a community of writers interested in sharing their writing and responding to other writers' work. We will focus on fiction, memoir, creative non-fiction, poetry, travel writing, stories for children, and other types of writing. Following a workshop format, this class will be an opportunity for students to receive feedback for their written work and provide meaningful support to fellow writers.



# ONLINE LEARNING

Learn more about our outstanding volunteer instructors by viewing their bios with the OLLI class listings online at [olli.csuchico.edu](http://olli.csuchico.edu).

## **Artisan Bread Making: Advanced @**

Fri, Oct 20 • 1:00PM–3:00PM • Link to be Provided

Instructor(s): Cathryn Hudin

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Building on the techniques learned in the beginning-level class, you'll learn to transform the basic dough into more beautiful, specialty seasonal bread. Prerequisite: "Artisan Bread Making: Beginning."

## **Artisan Bread Making: Beginning @**

Fri, Oct 06 • 1:00PM–3:00PM • Link to be Provided

Instructor(s): Cathryn Hudin

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

In this one-day class, participants will learn how to use four ingredients (flour, yeast, salt, and water) to make many kinds of bread, just like those lovely French baguettes. This class is based on the book *The New Artisan Bread in Five Minutes a Day*, and it is a prerequisite to "Artisan Bread Making: Advanced."

## **Aviation History: American Airpower Ascendant 1944 @**

Thu, Sep 14–Nov 16 • 10:00AM–11:30AM

The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): Gary Hendrickson

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

As WWII enters its fourth year, American airpower begins to achieve air supremacy over the Axis powers. Rapid technical advances and superior training overcome German secret weapons and Japanese suicide attacks. This class will describe the airplanes and personalities during this time period. **Note:** This class will not meet September 21 and 28. You may choose to attend this hybrid class in person or online. The Zoom link will be provided to all registered participants.

## **California Women Artists 1850-1950 @**

Wed, Oct 18–Nov 08 • 1:00PM–2:30PM • Link to be Provided

Instructor(s): Erika Esau (she/her)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

California's location on the edge of the continent has led to unique trajectories for "superbly independent" women in general, and women artists in particular. This class will examine the histories of creative women in the state, many of them only newly "rediscovered." The focus will be on the cultural context in which these women confronted the Western modernist canon in painting as well as their pioneering work in photography and craft.

## **Chico State Faculty Lecture Series @**

Wed, Oct 11–Nov 15 • 1:00PM–2:30PM

The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): Sandra Flake (she/her)

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

Chico State's tradition of academic excellence goes back more than 130 years. With over 900 faculty members and 13,000 students, the University's teaching and learning community is thriving. Discover the imagination, cutting-edge research, and expertise that flourishes in our own backyard! **Note:** You may choose to attend this hybrid class in person or online. The Zoom link will be provided to all registered participants.

## **Costly Mistakes of Estate Planning**

Tue, Sep 12 • 10:00AM–11:30AM • Link to be Provided

Instructor(s): Miste Ciadakis

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Many people make the wrong choices when it comes to estate planning. If not done properly, you could leave your loved ones facing hard decisions when you pass away or become incapacitated. Learn how to avoid the most common mistakes that could damage your financial succession and legacy.

## **Cracker Barrel**

Mon, Sep 11–Nov 13 • 10:00AM–11:30AM

The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): David Price

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

A scintillating review of current themes in the media will be discussed in each class. Class members present a topic, discuss it, then open the floor for discussion and debate. Poetry, literature, scientific discovery, and educational progress are examples of the issues addressed. Special guests are welcome to present. **Note:** You may choose to attend this hybrid class in person or online. The Zoom link will be provided to all registered participants.

### **Five American Artists @**

Wed, Sep 13–Oct 11 • 1:00PM–2:30PM • Link to be Provided

Instructor(s): Dolores Mitchell

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Through lectures, videos, and discussions, we will consider what five artists – Georgia O’Keeffe, Edward Hopper, Faith Ringgold, Wayne Thiebaud, and Audrey Flack – expressed about life in America. Participants will receive emails with something to read, something to watch, and a discussion preparation exercise in advance of each class meeting.

### **French 1**

Mon, Sep 11–Nov 13 • 1:00PM–2:00PM • Link to be Provided

Instructor(s): Leanne Ulvang (she/her), Michèle Martens

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

If you’ve studied French in the past – even as long ago as high school – and can construct a basic sentence in French, join us in improving our abilities to communicate orally and in writing. The class uses a text, but doesn’t always follow its sequence.

### **French 2**

Mon, Sep 11–Nov 13 • 2:05pm–3:00PM • Link to be Provided

Instructor(s): Leanne Ulvang (she/her)

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

This class will focus on grammar, usage, creating French sentences, and improving listening skills, plus reading French stories. A primary focus this term will be the subjunctive mood – with close attention also paid to placement of adverbs and picking the right preposition. Challenging, but fun!

### **French 3: Conversation**

Mon, Sep 11–Nov 13 • 3:05PM–4:00PM • Link to be Provided

Instructor(s): Leanne Ulvang (she/her), Jane Ziad, Claude Geffray

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

On parle français dans cette classe, sans traduction (si nous avons de la chance). On doit avoir l’envie d’entendre et de parler mieux le français, et peut-être un jour le parler couramment. Il n’y a pas de textes.

### **Great Decisions @**

Thu, Sep 14–Nov 16 • 1:00PM–2:30PM

The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): William Tefteller (he/him), Myron Flindt, David Price

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

“Great Decisions” is the Foreign Policy Association’s public education program about US foreign policy and global affairs issues. The topics for fall 2023 are China and the US, politics in Latin America, global famine, and climate migration. In addition, we will add some foreign policy topics that are of interest to the class.

**Note:** You may choose to attend this hybrid class in person or online. The Zoom link will be provided to all registered participants. The Foreign Policy Association publishes a study guide each year, available for \$35 plus shipping at [www.fpa.org](http://www.fpa.org). The study guide is not required for the class.

### **Green Burial: The Greenest Way to “Go” @**

Mon, Nov 06–Nov 13 • 10:00AM–11:30AM • Link to be Provided

Instructor(s): Mary Ann Perry (she/her)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Let’s face it! We are all going to “go” one of these days, and green burial is the greenest way. Learn about the science and practice of green burial, as well as other alternative disposition methods, like water cremation and human composting. We will discuss the green burial movement and its connection with land conservation and restoration. We will also hear from conservation practitioners in this field.

### **Healthier You: Enloe Lecture Series**

Tue, Oct 17–Nov 14 • 3:00PM–4:00PM • Link to be Provided

Instructor(s): Baylee Martin (she/her)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This lecture series consists of distinct classes, each designed to address a unique area of health-related issues. Presented by highly-qualified physicians and other caregivers, these classes will provide you with an opportunity to learn more about staying healthy and active. Each class is a complete topic and participants are invited to attend any combination of the offerings during the series.

### **Intro to Prismacolor Pencils @**

Tue, Oct 24–Nov 14 • 10:00AM–11:30AM • Link to be Provided

Instructor(s): Cris Guenter

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class will introduce participants to Prismacolor pencil use. These pencils have a wax base so it is good to know how to use and take care of them. The class will address what types of paper to use, basic procedures for color swatching, color blending strategies, layering colors, sharpening techniques, and preparing and working on a complete colored pencil drawing. Completed Prismacolor pencil drawings can look like paintings with a thoughtful approach, proper blending, and some patience. **Note:** See the full materials list with the class listing on the website.

### **Learn to Draw with Humor**

Wed, Sep 13–Nov 15 • 10:00AM–11:00AM • Link to be Provided

Instructor(s): Dick Kennedy

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

Have fun while learning to draw. This is your chance to relax and be entertained while learning to draw. Add humor to your drawings. No experience required. All you need is a pencil, some inexpensive paper, and your sense of humor.

### **Let’s Keep Knitting @**

Tue, Sep 12–Nov 14 • 3:00PM–4:30PM • Link to be Provided

Instructor(s): Gale Ulvang

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

Knitting with others is a wonderful learning environment. This class is designed to give knitters who have mastered the basic stitches of knit and purl a chance to work on a project of their choosing while we hang out online with other knitters. All levels of ability are welcome! Gale contributes to the class by offering tips and suggestions for patterns, yarn, and tools based on her years of knitting experience.

### **Looking at Shakespeare's Hamlet Through a Writer's Eyes @**

Wed, Sep 13–Nov 15 • 10:00AM–11:30AM • Link to be Provided

Instructor(s): Lynn Elliott

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

Pam Tibbetts wrote for Rapture Theatre that “*Hamlet* is an enigma, a paradox, a multi-layered mystery. For centuries it has fascinated audiences, critics, and scholars alike.” Can reading the play from a writer's perspective help you better understand it? Join OLLI instructor and stage and screenplay writer Lynn Elliott to examine this question and see how the techniques writers use to build what we see today on stage, in television, and in movies are the same techniques Shakespeare used in his writing.

### **Making History: COVID and the Black Death Revisited @**

Tue, Oct 17–Nov 14 • 1:00PM–2:00PM • Link to be Provided

Instructor(s): Leanne Ulvang (she/her), Robin Dizard (she/her)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

In June 2020 we offered “Lessons from the Black Death” to examine how medieval societies responded to the plague and how the modern world was reacting to the pandemic, then only a few months old. Three years on, we're revisiting our assessments and noticing how, so far, modern America is recounting its history of the pandemic. **Note.** Class members will receive links to the June 2020 videos to watch prior to each class, during which we will discuss how today compares with June 2020.

### **My Neighbor's Voice: Building Community Through Deep Listening \***

Thu, Oct 19–Nov 16 • 8:30AM–10:00AM • Link to be Provided

Instructor(s): Victoria Chance, Mary Anne Inglis

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

My Neighbor's Voice (MNV) is committed to encouraging respectful conversations about the things that matter most. Using MNV Listening Cards, we focus on universal community questions ranging from American culture to civic rights and responsibilities, spiritual thought to health and environment, and more. During class, we have a moderated listening practice with our cards. Each participant takes turns answering questions and listening to their neighbor answer a related question. At the end of several listening rounds, we open the forum up for free discussion of the topic of the day.

### **Opening Pandora's Box: Reading Poetry for Meditation and Reflection**

Tue, Sep 12–Nov 14 • 1:00PM–2:30PM • Link to be Provided

Instructor(s): Kate Foley, Susan Bollinger

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

Each week the class will read poems by an individual poet, a collection of poems on a specific subject, or a collection of poems in a specific style. A class member once said that she liked reading poetry because it was like opening Pandora's box – one never knew what one would find inside. A wide range of poets and poetry will be presented, from classic to contemporary, and we will discuss them from the perspective that the poet creates the work, but the reader activates it.

### **Retirement Planning & Investments in a Changing Economy**

Tue, Sep 19–Sep 26 • 8:30AM–9:30AM • Link to be Provided

Instructor(s): Steven Ciadakis (he/him)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class will discuss how tax law changes, rising interest rates, and a changing economy may affect your investments and retirement plans. We will share the financial market perspectives of respected economists and explore the investment trends and best practices in a constantly changing economic landscape. We will discuss various investment vehicles, such as mutual funds, index funds, ETFs, alternative investments, and others. The class will finish by highlighting the principles of financial planning and how they can be applied to your personal retirement goals.

### **Science Fiction Book Group \$**

Wed, Sep 13–Nov 15 • 1:00PM–2:30PM • Link to be Provided

Instructor(s): Sydney Wilde

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

This class will discuss favorite science fiction authors, their books, and the human, political, and scientific issues they raise. The books and authors will be chosen by Sydney from suggestions by participants. This is a fun, free-flowing gathering of science fiction enthusiasts. Please join us and bring your ideas, insights, and suspension of disbelief. **Note.** This class does not meet on the first Wednesday of each month. The first book will be *Prelude to Foundation* by Isaac Asimov and the second book will be *Waldo and Magic, Inc.*, by Robert Heinlein. All other books will be chosen by the class members. The books will be available in e-books, audio, paperback, and hard-bound formats, new and used; ranging in cost from \$0 (library) or \$2.99 - \$11 at Barnes & Noble, Amazon, and other booksellers.

### **Slow Reading Shakespeare: Kingship**

Tue, Sep 12–Nov 14 • 10:30AM–Noon • Link to be Provided

Instructor(s): Jack Ayer

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

This class will consider kingship in Shakespeare, drawing on scenes and passages from several different plays. You will be able to find materials in published sources or free online. Email Jack (jdayer@ucdavis.edu) for more specifics for guidance in making your decision or for doing any advance preparation you would like to do. If you want study just one play in full, it would be *Henry IV, Part 1*.

### **The Brain Explained: Neurology in a Nutshell @**

Thu, Oct 05–Nov 16 • 1:00PM–2:30PM • Link to be Provided

Instructor(s): Paul Schanfield

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

This class begins by explaining the mysteries of the brain. We'll address how you can navigate our complicated and fragmented healthcare system. Besides simplifying common neurological conditions, such as headache, dizziness, stroke, Parkinson's Disease, and memory loss, we will examine testing and imaging of the nervous system. This class will also delve into prevention of illness, focusing on healthy lifestyles, and intimately address end-of-life issues.

## **The Racial Wealth Gap: Government Policies and African Americans @**

Thu, Sep 21 • 10:00AM–11:30AM • Link to be Provided  
Instructor(s): Lori Murphy Cole (she/hers)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

This one-time class will examine the government policies that affected Black Americans after the Civil War.

## **Tuesday Tunes**

Tue, Sep 26–Nov 07 • 10:30AM–11:45AM  
Haley's Martial Arts Center and Link to be Provided  
Instructor(s): Bitz Haley

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Start your Tuesday with music and songs. Join us in a fun, informal weekly sing-along. Bring your voices and/or musical instruments. The operative word is “fun.” If you like music, you will like this class. All levels welcome! **Note:** This class meets September 26, October 10, 24, and November 7. You may choose to attend this hybrid class in person or online. The Zoom link will be provided to all registered participants.

## **Weekly Creations @**

Tue, Sep 12–Oct 17 • 10:00AM–11:30AM • Link to be Provided  
Instructor(s): Cris Guenter

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

Grab your sketchbook and assorted art materials! The goal of this class is to complete a piece of art each week during class time. For each session we will look at a photo, video clip, or artwork, briefly discuss it, and then create our own piece. Prior to each session, specific art materials that will be used by the instructor for that week will be shared. Participants are welcome to follow along with the instructor or take off in a direction of their own. **Note:** Materials: a sketchbook and/or drawing paper, and any other assorted art media that you have and like to use.

## **Writing Short Plays \***

Thu, Sep 14–Nov 16 • 1:00PM–2:30PM • Link to be Provided  
Instructor(s): Pam Loyd

- Fee for À La Carte Members: \$50. Fee for Unlimited Members: Included.

Learn to write a short 10- to 20-minute play. We will cover the basics of playwriting, including format, structure, character, conflict, and dialogue. This is a workshop-style class in which we discuss concepts and techniques, share what we have written, and write short exercises to develop skills. Prompts will be offered to stimulate your ideas. There will be an opportunity for some of the plays to be performed in the annual OLLI Play Festival.



## **OUTDOOR EXPERIENCES**

*Learn more about our outstanding volunteer instructors by viewing their bios with the OLLI class listings online at [olli.csuchico.edu](http://olli.csuchico.edu).*

## **Birding in the Chico Area: Advanced Birding \***

Thu, Sep 14–Nov 02 • 9:00AM–Noon • Various Locations  
Instructor(s): Joyce Bond

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

We will spend more time trying to sight interesting birds in varying habitats with advanced identification tips. We will meet once a month at different locations for field trips that may involve 2-3 miles of walking. Prerequisite: participants must have taken “Birding In the Chico Area” more than once. **Note:** This class meets September 14, October 5, and November 2. Please register for only one birding section.

## **Birding in the Chico Area: All Levels \***

Thu, Sep 28–Nov 16 • 9:00AM–11:00AM • Various Locations  
Instructor(s): Joyce Bond

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class is for both beginning and experienced birders. Through observation and the use of binoculars and field guides, class participants learn to identify birds in their

natural habitat. We will meet once a month at different birding locations for field trips that may involve 1-2 miles of walking. **Note:** This class meets on September 28, October 26, and November 16. Please register for only one birding section.

## **Explore Your Public Lands: Gray Lodge Wildlife Area \***

Fri, Nov 17 • 9:00AM–4:00PM • Various Locations  
Instructor(s): Vickie Stoll, Lorraine Smith

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

The North State is home to rich, diverse public lands: refuges, parks, forests, and reserves. Your public lands provide vital wildlife habitat and protect our natural resources. On this field trip, we'll explore Gray Lodge with guidance from a California Department of Fish and Wildlife Naturalist and enjoy an easy 2-mile nature walk on level paths. We will identify birds, enjoy stunning views of the Sutter Buttes, and learn about this haven for over 300 species of wildlife. Come explore your public lands with us! **Note:** Specific instructions, including where to meet, what to bring, and any information about entrance fees, will be provided the week before the field trip.

\* = Counts toward 3-class limit. \$ = Additional materials/service fee. @ = Recorded class.

## Garden Gourmands \* \$

Wed, Oct 11–Nov 01 • 11:00AM–1:00PM • Various Locations  
Instructor(s): Debra Barger, Debi Durham

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

California's temperate climate allows an amazing array of plants to be grown locally. Edible gardens, pollinator gardens, native gardens, contemplative gardens, and demonstration gardens are some of the many varieties to tour. Inspired by the successful model of the "Arts & Eats" OLLI class, "Garden Gourmands" will focus on touring the art of garden landscapes combined with eating locally. Join two Master Gardeners as we explore different area gardens followed by a no-host lunch at various local eateries to enjoy the bounty of Butte County. **Note:** Registered participants will receive the specific garden location/address via email one week before each tour. There will be a no-host lunch held after each class from 12 to 1PM.

## Hike & History: Meadow Hike & Jonesville Hotel \*

Mon, Sep 18 • 8:30AM–4:00PM • Various Locations  
Instructor(s): Pamela Waldsmith, Laurie Archambault, Bill Casey

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Join us for flora, fauna, and history. We will be treated to viewing the Jonesville Hotel with a local historian and resident. We will then hike in the meadows near the creek in Jonesville for about 3 miles at roughly 5500' elevation. Be prepared for uneven ground. **Note:** Hiking poles, good hiking shoes, and binoculars for birding are recommended. Further details will be provided prior to the hike.

## Hike & Learn: Hike Deer Creek Preserve Women Only Hike \*

Mon, Sep 11 • 8:30AM–4:00PM • Various Locations  
Instructor(s): Pamela Waldsmith, Laurie Archambault

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Cynthia Perinne, executive director of the Northern California Regional Land Trust, will join us to share information about this acquired land along the creek and beyond. Laurie and Pamela will add information about flora and fauna as we hike beautiful Deer Creek. This hike is 4-5 miles, approximately 5000'-5500' elevation with gorgeous views, rushing waters, a fish ladder, many ups and downs, uneven ground, cliffs, and much to learn from each other. **Note:** Hiking poles and sturdy hiking shoes are recommended. Further details will be provided prior to the hike. This hike is only open to women.

## Hike Deer Creek Trail \*

Fri, Oct 13 • 9:00AM–4:00PM • Various Locations  
Instructor(s): Vickie Stoll, Lorraine Smith

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

This is a moderate 3-4 mile out and back hike along picturesque Deer Creek. The trail meanders under a forest canopy, which should be at peak foliage color this time of year. Features to enjoy along our journey include stream crossings, waterfalls, and steep basalt cliffs towering above us on the walls of the canyon. We will hike at a leisurely pace, enjoying the flora and fauna along the way. **Note:** Sturdy hiking boots and poles recommended. Further details will be provided prior to the hike.

## HOOFeRs Revisited 2 \*

Wed, Oct 11–Nov 01 • 8:00AM–4:00PM • Various Locations  
Instructor(s): Cynthia Weeks-Finnegan, Laura Lukes, Lois Olson

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

The focus of this class will be on sharpening our navigation skills, sharing our love and knowledge of local trails, aligning our expectations when planning hikes, and building our HOOFeRs community of informed, like-minded hikers. Prerequisite: completion of a previous HOOFeRs class. Questions about your eligibility? Contact Lois (7ljoto@live.com), Cindy (tomkevin11@yahoo.com), or Laura (lukes76@gmail.com). **Note:** One in-person classroom meeting, 10AM-12PM October 11 in Gordon 1, and three outdoor hikes 8AM-4PM October 18, 25, and November 1. Participants must attend the classroom meeting to participate in the hikes.

## Journey to the Center of a Volcano \*

Sat, Sep 09 • 8:30AM–4:30PM • Various Locations  
Instructor(s): Rachel Teasdale, Charles Copeland

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

We will field-test a digital self-guided field trip app, MYana Explorer, to guide us into Mt. Yana, a 3-million-year-old eroded volcano of the Cascades volcanic arc. Mt. Yana, a stratovolcano of approximately 11,000 feet, was located on the border between Butte and Plumas counties. During a short hike we will observe evidence of the construction and later destruction of the volcano in lava flows, magmatic dikes, and debris flows. We will then examine evidence of the erosional remnants of Mt. Yana closer to Chico. **Note:** Participants must provide and use a smart phone or tablet. The moderate 5-mile hike on Pacific Crest Trail is the main focus of this day trip, but the hike itself is optional; there are good views and observations available from the Humboldt Summit parking lot. Further details will be provided prior to the field trip.

## Salmon Spawning Kayak Tour \* \$

Fri, Oct 13 • 10:00AM–Noon • Forebay Aquatic Center  
Instructor(s): Brad Cooke

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Observe the Chinook salmon, or king salmon, spawning season up close as we kayak beside them in the Feather River. We'll start with a brief safety and how to paddle lesson. Then we'll travel downriver to view the spawning salmon. You'll learn about the lifecycle of the salmon and the Feather River, and have a chance to see Oroville in a whole new way. **Note:** There is an activity fee of \$65 payable at the class.

## Women's Hike to Cub-Butt Divide \*

Fri, Sep 15 • 8:00AM–4:00PM • Various Locations  
Instructor(s): Lorraine Smith, Vickie Stoll

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

360-degree views will be one of the highlights of this moderate hike (4.3 miles round trip, 650' elevation gain). Our path will follow the Pacific Crest Trail into fir forest and then onto the ridge between Cub Creek and Butt Creek. Along the way we'll take opportunities to enjoy and learn about the flora and fauna in a variety of landscapes. From our lunch spot atop the ridge we'll have beautiful views of Lassen and other nearby and distant mountains. Our pace will be leisurely. Bring your camera! **Note:** Sturdy hiking boots required; hiking poles optional but recommended. Specific information about where to meet and what to bring will be provided the week before the outing. This hike is for women only.

# SPECIAL THANK YOU!

At OLLI at Chico State, community is at the heart of who we are. Our lifelong learning program exists through the heartfelt contributions of our volunteers – members and community partners who serve as guides, visionaries, teachers, and loyal supporters. We can't let this moment pass without acknowledging their hard work and tireless support that helps keep OLLI at Chico State at the forefront of active learning and engagement.

## Our Donors

Individual donations from 20 percent of OLLI members totaled more than \$37k in 2021-22. Your generosity provided fee assistance for members who needed a lift; new computer equipment to help us stay connected and engaged; air purifiers to keep us safe; and a financial boost when revenue targets fell short due to membership losses in the pandemic.

## Business Sponsors

Connecting with local businesses helps expand programming, improve public image, and build prestige in the community. OLLI sponsorships also offset major expenses, like classroom rental fees, and they contribute to our reserve fund, which sustained us through the darkest months of the pandemic.



## Accessibility & Safety

OLLI is committed to making our classes welcoming and accessible to everyone. We have implemented accessibility measures in our main classroom spaces at The Social Chico, we offer classes on Zoom for those who prefer to learn from home, and we are partnering with Chico State faculty and community partners to explore new ways to make OLLI open and friendly to marginalized groups. Visit our website at [olli.csuchico.edu](http://olli.csuchico.edu) for our full accessibility statement and more information about our commitment to belonging and inclusion.

COVID-19 vaccinations are strongly encouraged and not required. Masks are optional and always welcome. There are HEPA air purifiers in all four of our main classrooms at The Social Chico. If you are experiencing symptoms of COVID-19 or any other communicable illnesses, such as a cold or the flu, please stay home.



# FALL 2023 CLASS SELECTIONS

## IN PERSON

- \$30 1000 Miles to Run: An Extraordinary Escape Story
- \$50 108-Form Tai Chi: Beginning \*
- \$50 108-Form Tai Chi: Intermediate \*
- \$30 Art Speaks: Writing to Art \*
- \$30 Arts & Eats \*
- \$30 Beginning Guitar: Level 2
- \$30 Beginning Spanish \*
- \$30 Being Grateful
- \$30 Creating Connections and Community
- \$30 Creating Wisdom Circles
- \$50 Cribbage: Learn and Play
- \$30 Estate Planning 101
- \$50 Film, Movies, Cinema! \*
- \$50 Fitness for Lifetime Mobility: Section 1 \*
- \$50 Fitness for Lifetime Mobility: Section 2 \*
- \$30 Hardwiring Your Brain for Happiness
- \$50 Mary Beard's Ultimate Rome: Empire Without Limit
- \$50 Master Gardener Lecture Series \*
- \$50 Melodic Instrumental Clawhammer Banjo for Beginners
- \$50 Music and Musicians
- \$50 Music of the Carter Family: Part 2
- \$30 On Being Nonprofit \*
- \$30 Poetry for Pleasure
- \$30 Sing Gospel Music \*
- \$50 Slow Reading Your Inner Fish
- \$15 Studying Spanish Abroad in Cuernavaca, Mexico \*
- \$15 Successful Eldership: Coming to Terms with Type A \*
- \$15 The Aging Path
- \$50 The Art of Vision
- \$30 The Nine Rooms of Your Life \*
- \$50 The Politics Behind Military Invasion to Change National Borders
- \$15 Trash and the Neal Road Landfill: Section 1 \*
- \$15 Trash and the Neal Road Landfill: Section 2 \*
- \$15 What's New with Medicare in 2024
- \$15 Where Are My Keys?
- \$30 Wisdom for Living in The Now \*
- \$30 Wisdom for Living in The Now: Tune-Up Class \*
- \$30 World Dance
- \$50 Writer's Workshop

## HYBRID - ATTEND IN PERSON OR LIVE ONLINE!

- \$50 Aviation History: American Airpower Ascendant 1944
- \$50 Chico State Faculty Lecture Series
- \$50 Cracker Barrel
- \$50 Great Decisions
- \$30 Tuesday Tunes

## ONLINE

- \$15 Artisan Bread Making: Advanced
- \$15 Artisan Bread Making: Beginning
- \$30 California Women Artists 1850-1950
- \$15 Costly Mistakes of Estate Planning
- \$30 Five American Artists
- \$50 French 1
- \$50 French 2
- \$50 French 3: Conversation
- \$30 Green Burial: The Greenest Way to "Go"
- \$30 Healthier You: Enloe Lecture Series
- \$30 Intro to Prismacolor Pencils
- \$50 Learn to Draw with Humor
- \$50 Let's Keep Knitting
- \$50 Looking at Shakespeare's Hamlet Through a Writer's Eyes
- \$30 Making History: Covid and the Black Death Revisited
- \$30 My Neighbor's Voice Building Community Through Deep Listening\*
- \$50 Opening Pandora's Box: Reading Poetry...
- \$30 Retirement Planning & Investments in a Changing Economy
- \$50 Science Fiction Book Group
- \$50 Slow Reading Shakespeare: Kingship
- \$50 The Brain Explained: Neurology in a Nutshell
- \$15 The Racial Wealth Gap: Government Policies & African Americans
- \$50 Weekly Creations
- \$50 Writing Short Plays \*

## OUTDOOR EXPERIENCES

- \$30 Birding in the Chico Area: Advanced Birding \*
- \$30 Birding in the Chico Area: All Levels \*
- \$15 Explore Your Public Lands: Gray Lodge Wildlife Area \*
- \$30 Garden Gourmands \*
- \$15 Hike & History: Meadow Hike & Jonesville Hotel \*
- \$15 Hike & Learn: Hike Deer Creek Preserve Women Only \*
- \$15 Hike Deer Creek Trail \*
- \$30 HOOFers Revisited 2 \*
- \$15 Journey to the Center of a Volcano \*
- \$15 Salmon Spawning Kayak Tour \*
- \$15 Women's Hike to Cub-Butt Divide \*

## COURSE TOTAL FOR À LA CARTE MEMBERS

\$ \_\_\_\_\_

Add this amount to the payment section of the membership form.

### Helpful Notes:

- Classes with an asterisk (\*) count toward the 3-class limit. During the first two weeks of registration, you may register for up to three of these limited classes. After two weeks you may add additional limited classes to your schedule where space is available.
- Classes have different start dates throughout the semester. Please refer to the schedule at a glance for the class dates.



# FALL 2023 MEMBERSHIP FORM

Membership for those aged 50+ or retired is required to participate in OLLI classes, social meetups, and events. OLLI volunteer instructors are also required to join. Joining OLLI at Chico State supports our programs and enables you to enjoy OLLI's full range of offerings, make new friends, and socialize with people who share common interests.

### YOUR CONTACT INFORMATION:

Has any of your information changed since the last time you registered?  Yes!

Name \_\_\_\_\_ Phone # \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Relationship to You \_\_\_\_\_ Phone # \_\_\_\_\_

OLLI shares information by email and on our website. If you don't have access to a computer or email account, please check here to receive the information by mail. [  ]

### AVAILABLE MEMBERSHIP OPTIONS: *Installments Available!*

All memberships include three consecutive terms: fall, winter, and spring. Make your selection and enter your credit card information below.

#### Unlimited Membership

- 2 Payments of \$150 or
- 5 Payments of \$60 or
- Single Payment of \$300

#### À La Carte Membership

- Single Payment of \$50
- Individual course fees are extra and are listed with the class description and on the class registration form.*

#### Instructor-Only Unlimited Membership

- 2 Payments of \$120 or
- 5 Payments of \$48 or
- Single Payment of \$240

### INFORMED CONSENT AGREEMENT:

As a participant in the Osher Lifelong Learning Institute at Chico State, I understand that risk of accident and injuries can arise out of participation in program activities and agree to release from liability and hold harmless Chico State Enterprises, its programs, the Trustees of the California State University, and their officers and employees, from claims against them arising from injuries or property damage which might occur in connection with this activity. I certify that I am in good health and have the capacity to participate in programs of this nature. I give permission to be medically treated for illness or injury occurring during participation in the above activity and certify that I am covered by medical insurance and/or willing to bear financial responsibility for any costs incurred in medical treatment. I also give permission for photos taken during OLLI classes or activities to be published.

Signature (Required): \_\_\_\_\_ Date: \_\_\_\_\_

**FEES:** Enter your membership fee and course fees total from the other side of this form. If you have a current membership, enter \$0 for the membership fee. If you have or are paying for an Unlimited Membership, enter \$0 for the per class fee.

Membership Fee: \$ \_\_\_\_\_ + Per Class Fee Total (À La Carte Members Only): \$ \_\_\_\_\_ = Payment Total \$ \_\_\_\_\_

**PAYMENT:**  Check enclosed, payable to "Chico State Enterprises"  Charge My Credit Card \$ \_\_\_\_\_

Credit Card # \_\_\_\_\_

Exp. \_\_\_\_\_ 3-Digit Card Security Code: \_\_\_\_\_

**MAIL FORM & PAYMENT TO:** OLLI at Chico State • 400 W. 1st St • Chico, CA 95929-0792



## TRIPS & TOURS WITH OLLI

### Fully-Guided, In-Person Tours with OLLI

Take a trip guided by seasoned tour guides from Collette, a favorite touring company of other OLLIs in the national Osher network. These OLLI-exclusive experiences promise memorable journeys in the company of friends. For more information, visit the “Trips and Tours” page at [olli.csuchico.edu](http://olli.csuchico.edu)



#### Spain’s Classics & Portugal, Spring ’24

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Embark on an Iberian adventure as you take in medieval architecture, idyllic landscapes, and delectable cuisine. View Antoni Gaudí’s architectural masterpieces, including La Sagrada Família. Marvel at the timeless masterpieces at the Prado Museum. Explore Lisbon, Europe’s second oldest capital city, and visit the medieval walled town of Óbidos. Explore Spain and Portugal’s culture, history, and food set against a backdrop of sunny Mediterranean shores and grand mountain ranges.



#### America’s Cowboy Country, Spring ’24

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Enjoy stunning views of the American West as you make your way through Yellowstone, Grand Teton National Park, and more. Overnight in the cowboy towns of Jackson Hole and Cody. Experience Yellowstone National Park, home to an incredible array of wildlife. Search for free-ranging herds of buffalo in Custer State Park. Marvel at Grand Teton National Park’s towering peaks, marked with mountain glaciers. Soak in stunning views of Mt. Rushmore and the Crazy Horse Memorial. Grab your Stetson hat and saddle up for an adventure as you discover natural wonders and cultural treasures.



#### Memorials of World War II, Fall ’24

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An unforgettable journey of discovery and remembrance awaits you as you travel between London, Normandy, and Paris in the year of the 80th Anniversary of D-Day. Explore London’s connections to World War II during a city tour focused on The Blitz. Cross the English Channel, retracing the parallel journey nearly 160,000 courageous Allied troops took on June 6, 1944, as they set out to liberate Europe from the Nazis. Visit the Normandy American Cemetery and Saint-Mère-Église and learn about the brave paratroopers who parachuted into Normandy. Conclude your journey in Paris, the City of Light, with a festive dinner cruise along the Seine River.

## Three Ways to Learn This Fall!

In the Classroom  
Outdoor Experiences  
Online Learning



### SAVE THE DATE

#### OLLI Fall '23 Calendar

Now ..... Fall '23 Memberships Available  
August 16 ..... Live-Online Fall Class Preview  
August 17 ..... In-Person Fall Class Preview  
August 24 ..... Fall Class Registration Begins  
September 11 ..... Fall Classes Begin  
September 25..... Yom Kippur (No Classes)  
November 10 ..... Veterans Day  
(OLLI Closed, No Classes)  
November 17..... Last Day of Fall Classes  
November 18..... Winter Social Meetups Begin  
January 8 ..... Winter Classes Begin

#### Fall '23 Class Previews

In August we will highlight our fall offerings through an online class preview on Zoom and an in-person preview at the Chico Masonic Family Center. Learn about fall classes, plan your schedule, and hear from some of the volunteer instructors who will lead fall classes. Both events are open to the public. **Invite your friends!**

##### Live-Online Class Preview

**Wednesday, August 16**  
**10:30–11:30AM**

We encourage everyone familiar with Zoom to join us online for the Live-Online Class Preview.

The link to join will be posted at **olli.csuchico.edu** and shared in the *Bits & Bytes e-newsletter!*

##### In-Person Class Preview

**Thursday, August 17**  
**10:30AM–Noon**  
Presentation begins at 11AM

Chico Masonic Family Center  
1110 W. East Avenue, Chico

Free parking, coffee, and snacks. Come learn what OLLI has planned for fall!



**olli.csuchico.edu**  
**530-898-6679**