September 12, 2019 | Fall 2019

OLLIbits & bytes!

Osher Lifelong Learning Institute at CSU, Chico

COMMUNITY SPEAKER SERIES TO FOCUS ON ADULT RESOURCES

Wednesday, Oct. 9 from 11:30 am – 1 pm, Chico Masonic Family Center

Each semester, OLLI hosts a community speaker series (formerly called "general meeting") to bring members and friends together to learn more about a topic of interest and to expand our connections to the broader community. The wonderful Mary Brashears, who sadly passed away last month, championed the idea that OLLI would become a more recognizable resource for community services—especially targeting older adults—and dedicated the past six months to helping us conceptualize this fall event.

The topic of the October 9 meeting is **How to Protect Yourself & Those You Love As we Age**, with a focus on financial abuse—the fastest growing form of abuse of older adults. To help us better understand these issues, we will hear from a panel of three experts in the field who confront elder abuse and its impact every day. The panel members are David Beveridge, Passages; Jill Anchordoguy, Adult Protective Services; Debbie Anderson, Butte County District Attorney's Office. In addition to these panelists, agency representatives and local businesses from Butte County will have tables, material, and staff available to answer questions. **This "Agency Fair" starts promptly at 11:30am**.



Long-Term Care Coordinator
David Beveridge headlines
OLLI Speaker Series
October 9
11:30-1pm
Masonic Center
1110 W. East Avenue

PARADISE RECOVERY WORKSHOP

OLLI continues to reach out to members and friends on the Ridge

Earlier in spring, OLLI member and Magalia resident Dennis Ivey reached out to OLLI Program Director Ann Nikolai with the idea to expand lifelong learning on the Ridge. Specifically, he had a vision to start with OLLI Peer Leader Rosie Potestio, from whom Dennis had taken a recent class. "I found her approach to mindfulness and healing so refreshing and direct," Dennis explained. "I felt like her message would be so helpful for those of us still on the Ridge who are working to rebuild our community."

This two-hour workshop will explore how the practice of gratitude affects our lives. It is **FREE** and open to the public. Water and light refreshments will be offered. Bring a journal or a notebook.



Thursday, October 17
1—3pm
Paradise Lutheran Church
780 Luther Drive, Paradise

SPRING 2020 COURSE PROPOSAL FORM NOW ONLINE

Class proposals for spring are due September 30

Building the OLLI class schedules is a major undertaking—handled almost entirely by OLLI volunteers. Getting a head start is critical in order to build, confirm, and publish schedules in time for the next term.

Whether you've led a class in the past or could be convinced to lead one for the first time, we hope you'll consider submitting a course proposal for spring. Requiring nothing more than a passion for a topic, our volunteer instructors talk about the new friends they've made and the immense satisfaction from enriching another's life. You can find our <u>online proposal form</u> on the <u>Peer Leader Resources page</u> of our website, along with a wealth of helpful information for both new and veteran Peer Leaders.

Questions? Contact OLLI Peer Leader Mentor Sydney Wilde at <u>2skwilde@gmail.com</u>. Or call the OLLI office (530) 898-6679.

Peer Leader Resources " Audio-Visual Resources " Log In To View Class Rosters " Peer Leader Handbook

Course Proposals

Do you wish to lead a class in an upcoming term(s)? prior to each term.

• Spring 2020 Course Proposal ~ Due September 30

Go <u>online</u> now to submit your spring course proposal!

OLLI PLAY FESTIVAL COMMITTEE LOOKING AHEAD TO SPRING

Catch the theater bug. It's a thing!

Plans are already underway for the **Sixth Annual OLLI Play Festival in spring 2020**, where OLLI members—many with no previous theater experience—showcase their talent and hard work. Founded by OLLI member and peer leader Pamela Loyd, the play festival features **OLLI-original writers, actors, directors, and stage hands**, with some guidance from professional actors and directors.

Pam got the inspiration for the festival because of her own desire to write a play and hasn't looked back since. "Being part of the play festival is one of the best ways to make new friends and feel a real sense of community spirit," says Pam. In 2014, she launched her own playwriting class—learning by doing—and invited other OLLI members to do the same. Since then, classes and workshops in acting and writing have appeared in the class schedule, and more than 100 members have participated in some capacity over the past several years. Everyone is invited to join in on the fun! Here are some key dates to mark on your calendar:

December 13, Noon, OLLI Office: Submission deadline for plays **January 15**, 1 to 4pm: Play Reading Workshop

February 5 & 6, AUDITIONS! 1 to 4pm February 10: Rehearsals begin (times TBD)

April 8-11: Four performances

Thinking of submitting a play? A "Guidelines for Playwrights" publication is available now upon request at pamloyd@icloud.com.

Highlights from past play festivals







OLLI LOOKING TO TRAVEL FURTHER ABROAD

Where would you like to go?

Following the lead of several other Osher programs in the 123-member network, OLLI Chico is partnering with Overseas Adventure Travel (O.A.T.) and Grand Circle to enrich "field trip" options for OLLI members. If you like to travel, please take a minute and complete our <u>travel survey</u> so that we can get started with OAT!

Can't wait until we offer our first OLLI-exclusive trip for Chico members? Then **consider tagging along** on one of these great trips, currently being offered by other OLLI programs (with seats available for you!)

Canyon County: Arizona & Utah by OLLI at Granite State College This trip is open to members of all OLLIs as well as their adult friends and family members. <u>Learn more about this 8- day trip that includes three US National Parks.</u>

Spain & Portugal (in depth) by OLLI at Granite State College This 15-day trip can be extended with visit to Barcelona and/or five nights in Madeira, Portugal. <u>Learn more about this trip to Spain and Portugal</u>

Sunny Portugal by OLLI at University of North Texas Enjoy a winery visit, five UNESCO World Heritage Sites, and a cork factory tour. <u>Learn more about this trip to Portugal</u>.



Utah and Arizona: April 23 – 30, 2020



Andalucía, Spain and Portugal: October 14 – 28, 2020



Portugal: August 25 – September 3, 2020

WE WANT TO KNOW YOU'RE HERE & HOW TO FIND YOU

Emergency contact information is key after Camp Fire

The OLLI database and registration software was custom-built for OLLI 8 years ago, and has some limitations, including inability to add another field on the registration page for collecting **additional contact information**. After the Camp Fire, OLLI staff is especially conscientious about being able to find you—or a friend or family member in the event of another emergency. Please look for the clipboards in the classrooms at The Social Chico and add someone we can contact "In Case Of Emergency." For those Peer Leaders at The Social Chico, **we will also be providing attendance notebooks in order to get a better accounting of who is attending the class**. We did this last fall and it helped immensely with our waiting list issues.

SPRING 2019 CALENDAR

Mark your calendars!

September 30Spring '20 Course Proposals Due

October 9 Community Speaker Series

November 11 Veteran's Day (no classes)

November 25 – 29 Thanksgiving Break December 11 Holiday Luncheon

December 13Last Day of Fall Classes



HAVE SOMETHING TO SHARE?

If you have something to say, a photo to share, or a question to pose to the editor, you can submit information using our new "<u>OLLI Newsletter Submission</u>" form.



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