

OLLI bits & bytes!

Osher Lifelong Learning Institute at CSU, Chico

SPRING '20 COURSE PROPOSALS DUE THIS WEEK!

Last call for Spring Proposals!

Whether you've led a class in the past or could be convinced to lead one for the first time, we hope you'll [submit a course proposal](#) for the spring term. If you don't have time to complete the form now, just remember to go to the OLLI website at olli.csuchico.edu and look for the [Peer Leader Resource page](#) in the green menu bar. You'll find the link to the proposal page among the many peer leader resources, along with other helpful information for both new and veteran leaders. Questions about leading a class for OLLI? Contact Peer Leader and Member Services Rep. Susan Levine in the **OLLI Office** at (530) 898-6679.

FALL COMMUNITY SPEAKER SERIES

Wednesday, Oct. 9 from 11:30am – 1 pm, Chico Masonic Family Center

The topic of this year's **Fall Community Speaker Series** (formerly called "General Meeting") is "**How to Protect Yourself & Those You Love As we Age**," with a special focus on financial abuse – the fastest growing form of abuse of older adults. Join us at the [Chico Masonic Family Center](#), where more than a dozen Butte County Agencies and local businesses will be on hand to provide information about the resources and services they provide.

The event is FREE and open to friends & family. Refreshments will be served!



Wednesday, October 9
11:30am to 1pm

GRATITUDE WORKSHOP

Bring an Attitude of Gratitude to the Ridge on October 17

Six months ago, OLLI member Dennis Ivey, a Magalia resident who fled the Ridge last November, approached OLLI with an idea for bringing more lifelong learning opportunities to the impacted communities in Paradise and surrounding areas. The result is a four-part lecture series beginning **Thursday, October 17 at the Paradise Lutheran Church**. To lead the series, Dennis recommended OLLI Peer Leader Rosie Potestio, who has conducted several classes on gratitude and healing over the years. Rosie embraced the invitation, and she has developed a two-hour workshop about the practice of gratitude and how it affects our lives. The workshop is FREE and open to the public. Water & light refreshments will be offered. Bring a journal or a notebook.

Thursday, October 17 from 1—3 pm

[Paradise Lutheran Church](#)
780 Luther Drive in Paradise



Rosie Potestio leads the first Gratitude Workshop in Paradise this fall

CLASSROOM CONDUCT

Remember the OLLI Honor Code

Please remember that the OLLI classroom is not a place to promote your religious or political views. We pride ourselves on creating a comfortable space where conversation is free of judgements and heated rhetoric. If you feel uncomfortable about a situation in your classroom, please contact the OLLI office so we can send a gentle reminder to members of our honor code. We value everyone's point of view. It is your diversity of thought that makes lifelong learning so interesting, and it is your discretion that makes our community welcoming and safe.

PERFUMES AND OTHER SCENTED LOTIONS CAN TRIGGER ALLERGIES

Take care of the people seated around you

Several members have asked us to pass along the message that wearing fragrances to class has some unintended consequences. Headaches and asthma attacks can be triggered by perfumes and scented lotions – especially in close quarters. Please remember that your use of fragrances is voluntary, while another's reaction is not.

We want members to feel welcome and comfortable in every OLLI classroom, and we appreciate your cooperation in doing your part to help us meet this goal.



BUS TRIP TO LEGION OF HONOR

Join Artists of River Town on bus trip to San Francisco

Artists of River Town have scheduled a bus trip to San Francisco to visit the Legion of Honor, and they are inviting OLLI members to tag along! The museum is filled with ancient art, European decorative arts, and one of the largest collections of prints and drawings in the country. The special exhibition will feature James Tissot: Fashion & Faith.

Sunday, October 20

7:30am – 8pm

Tickets: \$100/person (includes transportation & museum entry)



Reserve your seat by calling Artists of River Town at (530) 781-3849

SPRING 2019 CALENDAR

Mark your calendars!

September 30 Spring '20 Course Proposals Due

October 9 Community Speaker Series

November 11 Veterans Day (no classes)

November 25 – 29 Thanksgiving Break

December 11 Holiday Luncheon

December 13 Last Day of Fall Classes



HAVE SOMETHING TO SHARE?

If you have something to say, a photo to share, or a question to pose to the editor, you can submit information using our new “[OLLI Newsletter Submission](#)” form.



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