

FALL 2026 CLASS CATALOG | SEPTEMBER 14-NOVEMBER 20

OSHER
LIFELONG
LEARNING
INSTITUTE

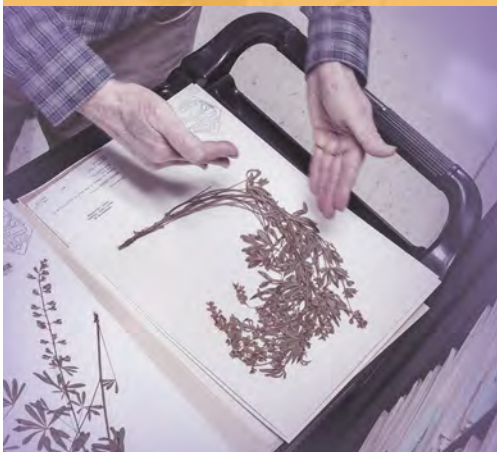
OLLI at Chico State

WHERE LEARNING NEVER RETIRES



Three Ways to Learn This Fall!

In the Classroom
Outdoor Experiences
Online Learning



Fall Class Preview:
August 20

Registration Begins:
August 27

Classes Begin:
September 14

The **Osher Lifelong Learning Institute** in Chico, California is a learning community of more than 900 members. We welcome adults with a desire to learn, build new friendships, and take an active part in discovering more about the world. **Join us!**

olli.csuchico.edu
530-898-6679

FALL 2026 AT OLLI CHICO

Welcome to OLLI All Year!

When you join OLLI, you become part of our welcoming community of lifelong learners. OLLI is designed for adults 50 and older and is open to everyone. As a member, you can take or teach classes, join or organize social meetups, attend free events, and access all of OLLI's member benefits.

Classes: Classes are the heart of the OLLI experience. Our classes vary from academic subjects taught by former educators to hobbies shared by enthusiasts. There are no tests or grades. The only requirement is an interest in learning. OLLI has three 10-week class terms spread out across the year. This fall, our volunteer instructors will lead over 120 classes on everything from the Beatles to recreational mathematics; from making wirework earrings to exploring the Gray Lodge Wildlife Area. We invite you to explore our full schedule of learning opportunities in the classroom, outside, and online.

Social Meetups: OLLI continues throughout the year with social meetups between class terms. You might join other OLLI members to make some art, have a conversation, or play a card game – in person or on Zoom. Social meetups are member-led: you decide what you want to do with other OLLI members. The OLLI office will send out the calendar of meetups each week to all members. Want to introduce a friend to OLLI? Bring them to a meetup to get a taste of what OLLI is all about.

Join OLLI At Any Time

Your membership is good for three consecutive class terms. Membership is required to participate in OLLI classes and member events.

- Fees:** Unlimited Membership (Fall, Winter, and Spring) **\$300**
À La Carte Membership (Fall, Winter, and Spring) **\$50**
Instructor-Only Unlimited Membership (Fall, Winter, and Spring) **\$240**
Upgrade from À La Carte Membership to Unlimited Membership **\$250**

Installment Payment Plans & Scholarships Available!
See the Fall '26 Membership Form, page 24.

Refund, Drop, and Waitlist Policies:
See our full policies on page 6.

Unlimited members have access to all OLLI classes with no additional per-class fees. À La Carte members pay a per-class fee for each class they take each term. À La Carte members can upgrade to Unlimited membership within the first six months. Previously paid per-class fees will not be refunded. Some materials fees may be requested at both membership levels for some classes.

Benefits for All Members:

- Invitations to all OLLI social meetups, events, and travel opportunities
- Access to online lectures from many other OLLI programs across the country
- Free parking at primary classroom complex, The Social Chico
- Discounted lunch option and tickets
- One-on-one technical and Zoom support from OLLI staff and volunteers
- Subscription to OLLI's *Bits & Bytes e-newsletter* sent out twice per month
- Option to request a Chico State library courtesy card

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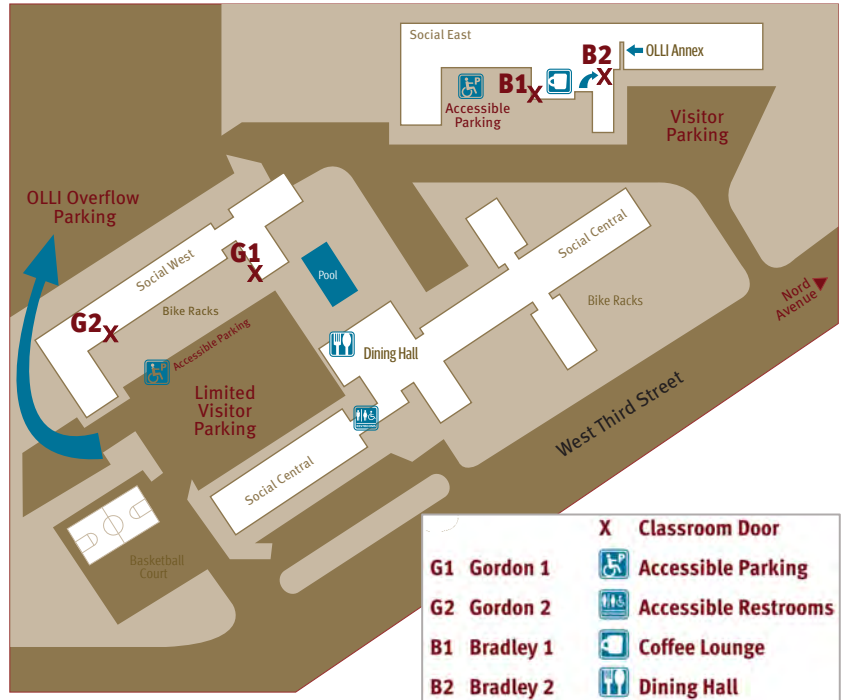
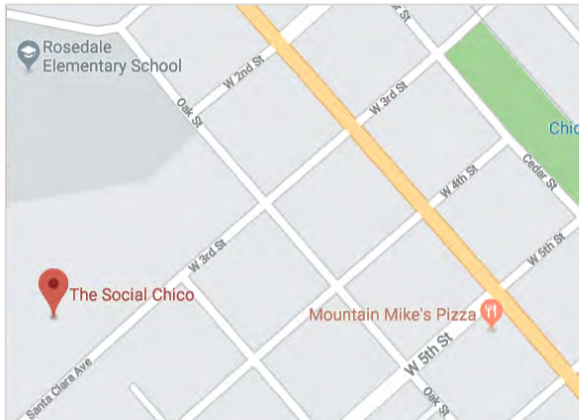
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The Social Chico

1400 W. 3rd St. Cross Street: Nord Ave. / Walnut St.

OLLI holds many of our in-person classes at The Social Chico. In addition to our four classrooms, there is a dining hall, coffee lounge, and accessible parking and restrooms.

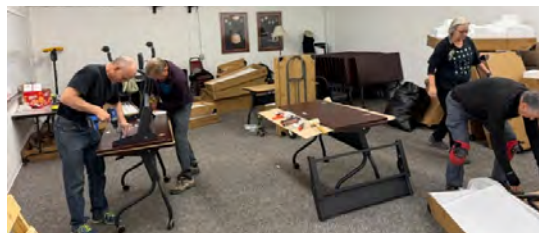


OLLI Advisory Council

The OLLI Advisory Council provides a vital platform for member input and reaffirms OLLI's commitment to shared leadership. Each volunteer team represented on the Advisory Council works on a key area of OLLI's success. The Advisory Council gives teams an opportunity to connect with each other and OLLI staff.

- Membership Team Lead: Debbie Vermette
- AV and Facilities Team Lead: William Tefteller
- Curriculum Team Lead: Open
- Outdoor Experiences Team Leads: Lorraine Smith and Vickie Stoll
- Social Meetups Team Lead: Open
- Fundraising Team Lead: Open
- Members-At-Large: Lynda Klein, Lois Olson, and David Price

All of our volunteer teams have openings for additional members. If you'd like to join a team, contact OLLI at 530-898-6679 or olli@csuchico.edu.



FALL '26 SCHEDULE AT A GLANCE

Classes listed by day & start time to help you plan.

* = Counts toward 3-class limit. \$ = Additional materials/service fee. @ = Recorded class.

MONDAY CLASSES					
	HOOFers Revisited: Easy Hike	Cynthia Weeks-Finnegan	8-4	Sep 28	Various Locations
	HOOFers Revisited: Moderate Hike	Cynthia Weeks-Finnegan	8-4	Oct 12	Various Locations
	HOOFers Revisited: Moderately Challenging Hike	Cynthia Weeks-Finnegan	8-4	Oct 26	Various Locations
	HOOFers Revisited: Challenging Hike	Cynthia Weeks-Finnegan	8-4	Nov 09	Various Locations
*	Meandering in Interesting Places: Feather River Fish Hatchery	Vickie Bernhardt	8:30-11:30	Oct 12	Various Locations
*	Meandering in Interesting Places: Butte College Health, Kinesiology and Athletics Department	Fran Babich	8:30-11:30	Oct 19	Various Locations
*	Meandering in Interesting Places: Chico Vecino	Candice Roethler	9-11:30	Oct 26	Various Locations
	Cracker Barrel	David Price	10-11:30	Sep 14-Nov 16	The Social Chico, Bradley 2 and Link to be Provided
	Estate Planning 101	Dana Campbell	10-11:30	Sep 14-Oct 12	The Social Chico, Gordon 1
	Playing Guitar at Beginning Level 2 and Singing Along	Phil Elkins	10-11:30	Sep 14-Nov 09	Westmont of Chico (formerly The Terraces), Lobby
*	Hike, History, and How It's Made: Oak Gall Ink	Carolyn Short	10-12	Sep 14	Various Locations
	Sing Gospel Music	Phil Elkins	10-11:30	Oct 05-Nov 16	Westmont of Chico (formerly The Terraces), Lobby
	Good Nutrition and Great Taste	Steve Naiman (he/him/his)	10-11:30	Oct 19-Nov 16	The Social Chico, Bradley 1
	What Is the Vestibular System and How Does It Affect Balance?	Erin Edwards (she/her/hers)	10-12	Oct 19	The Social Chico, Gordon 1
*	A Visit to the Chico State Greenhouse	David Popp	10-12	Nov 09	Chico State Campus, Greenhouse
	French 1	Leanne Ulvang (she/her/elle)	1-2	Sep 14-Nov 16	Link to be Provided
* \$	Behind the Beautiful Forevers: Sect. 1	Charles Copeland	1-2:30	Sep 14-Nov 16	The Social Chico, Bradley 1
*	Singing A Cappella in Four-Part Harmony for Women's Voices	Melanie Glick	1-2:30	Sep 14	The Social Chico, Bradley 2
	Solving Moral Dilemmas	Becky White	1-2:30	Sep 14-Nov 16	The Social Chico, Gordon 1
\$	Watercolor: Beginning	Christine MacShane	1-2:30	Sep 14-Nov 16	Christine MacShane Art Studio
\$	French 2	Leanne Ulvang (she/her/elle)	2:05-3	Sep 14-Nov 16	Link to be Provided
\$	Beginning Spanish from Chapter 7	Jennifer Castañeda	3-4	Sep 14-Nov 16	The Social Chico, Gordon 1
	Sketchbook Journaling	Marvey Mueller	3-4:30	Sep 14-Oct 26	The Social Chico, Bradley 1
	French 3: Conversation	Leanne Ulvang (she/her/elle)	3:05-4	Sep 14-Nov 16	Link to be Provided
\$	Beginning Spanish from Chapter 1	Aaron Alexander (he/him/his)	5:30-6:30	Sep 14-Nov 16	The Social Chico, Bradley 1
	The Beatles, the Whole Beatles, and Nothing but the Beatles	LaDawn Haws	6-7:15	M & W, Sep 14-Oct 19	The Social Chico, Bradley 2
TUESDAY CLASSES					
	Navigating Retirement Investing in a Changing Economic Landscape	Steven Cliadakis (he/him/his)	8:15-9:45	Sep 15-Sep 22	The Social Chico, Gordon 1
*	24-Form Tai Chi	Mike McCluskey	8:30-9:30	T & Th, Sep 15-Nov 19	Chico Creek Dance, Studio A
*	In Search of California's Vanishing Flora	David Popp	9-12	Sep 15	Various Locations
*	Tap Dance Is Fun: Sect. 1	Mary Sweeney	9-10	Sep 29-Nov 17	Chico Creek Dance, Studio B
*	Identifying and Quick Sketching Birds at Llano Seco Unit	Carolyn Short	9-11:30	Nov 17	Various Locations
	Backyard Stewardship	Richard Utter	10-11	Sep 15-Sep 22	The Social Chico, Bradley 1

@	Aviation History: Post-World War II Aviation Vignettes	Gary Hendrickson	10-11:30	Sep 15-Nov 17	The Social Chico, Bradley 2 and Link to be Provided
	Fairy Tales and Their Tellers	Robin Dizard (she/her/hers)	10-11:30	Sep 15-Nov 10	The Social Chico, Gordon 1
*	Spiritual Principles	Rosie Potestio	10-11:30	Sep 15-Oct 13	The Social Chico, Gordon 2
@	The Gentle Art Studio: An Eight-Week Sketchbook Journey	Cris Guenter	10-11:30	Sep 15-Nov 03	Link to be Provided
@	Using B-Line Services in Butte County	Amy White	10-11	Sep 22	Link to be Provided
*	Art Projects x 5	Debbie Vermette	10-11:30	Sep 22-Oct 20	The Social Chico, Bradley 1
	The Battle of Vercors: How a Stronghold of the French Resistance Fell	Sylvie Delaunay	10-11	Oct 20-Nov 10	The Social Chico, Gordon 2
*	Exploring Mixed Media Collage	Debbie Vermette	10-11:30	Oct 27-Nov 17	The Social Chico, Bradley 1
*	Tai Chi for Arthritis and Fall Prevention	Mary Sweeney	10:15-11:15	T & Th, Sep 29-Nov 19	Chico Creek Dance, Studio B
	Tuesday Tunes	Bitz Haley	10:30-11:45	Sep 15-Nov 17	Haley Music Therapy, Group Room and Link to be Provided
	Yoga for You	Jeanne Christopherson	10:30-11:45	Sep 15-Oct 06	Movement Arts of Chico
	Healthier You	Claire McClure	1-2	Sep 15-Oct 06	Enloe Conference Center
*	Learning to Speak Dragon	Richard Varlinsky	1-2	Sep 15-Nov 17	The Social Chico, Bradley 2
* \$	Make an Altered Book	Lisa Freeman-Wood	1-2	Sep 15-Sep 29	The Social Chico, Gordon 2
*	Human Evolution	David Donnell	1-2:30	Sep 15-Nov 17	The Social Chico, Bradley 1
	Reading Poetry for Insight and Enrichment	Kate Foley	1-2:30	Sep 15-Nov 17	Link to be Provided
	Writing Short Plays	Pam Loyd	1-3	Sep 15-Nov 17	Westmont of Chico (formerly The Terraces), Sierra Room and Link to be Provided
	Women & Money: Pause Before You Pay to Spot Scams Early	Miste Cliadakis	1-2	Sep 22	The Social Chico, Gordon 1
	Addiction 101	Helen Harberts (she/her/hers)	1-2:30	Sep 29	The Social Chico, Gordon 1
	The Power of Words: Euphemism, Metaphor, and Mindset	Karen Burdette (she/her/hers)	1-2:30	Oct 27-Nov 17	The Social Chico, Gordon 1
* \$	Creative Journaling	Lisa Freeman-Wood	1-3	Oct 27-Nov 17	The Social Chico, Gordon 2
@	Let's Keep Knitting!	Gale Ulvang	3-4:30	Sep 15-Nov 17	Link to be Provided
	United States Politics: An Update	George Wright	3-4:30	Sep 15-Nov 17	The Social Chico, Gordon 1
	Golden Beaver Distillery Tasting	Kris Koenig	3-4:30	Sep 29	Park Avenue Still House
	Understanding Alzheimer's and Dementia	Kindra Adcock Dantanavatanawong (she/her/hers)	3-4:30	Oct 13	The Social Chico, Bradley 2
	Thoughts, Beliefs, Values, and Awareness: Sect. 2	Valerie Althoff	3-4:30	Oct 20-Nov 17	The Social Chico, Bradley 1
	Master Gardener Lecture Series	Debra Barger (she/her/hers)	3:30-4:45	Sep 15-Sep 29	The Social Chico, Bradley 2
WEDNESDAY CLASSES					
* \$	Watercolor Painting	Christine MacShane	9-11	Sep 16-Nov 18	Christine MacShane Art Studio
	Wednesday Park Walks: Sect. 1	Amy Hahn	9:15-10:30	Sep 16-Oct 14	Various Locations
	Wednesday Park Walks: Sect. 2	Amy Hahn	9:15-10:30	Oct 21-Nov 18	Various Locations
*	A Philosophy for Living: Sect. 1	Gayle Womack	10-11:30	Sep 16-Oct 14	The Social Chico, Gordon 1
* \$	Behind the Beautiful Forevers: Sect. 2	Charles Copeland	10-11:30	Sep 16-Nov 18	The Social Chico, Bradley 1
\$ @	Will: An English Playwright in Times of Radical Change	Lynn H. Elliott	10-11:30	Sep 16-Nov 18	Link to be Provided
	Oral Health and Longevity	Kevin Kremer	10-11	Oct 07-Oct 21	The Social Chico, Bradley 2
*	Trash and the Neal Road Landfill	Eric Dugger	10-12	Oct 14	Neal Road Recycling & Waste Facility
	Age Well, Drive Smart	Midge Vandervelden (she/her/hers)	10-11:30	Oct 21	The Social Chico, Gordon 1

\$	Stories in Stone: Living History of Durham Cemetery	Rian Farley (she/her/hers)	10-11:30	Oct 21	Various Locations
*	How Herbarium Specimens Are Mounted	David Popp	10-12	Nov 04	Chico State Campus, Ahart Herbarium Holt Hall 129
* \$	Meandering in Interesting Places: New Clairvaux Abbey and Vineyard	Laura Booth	10:30-12	Oct 07	Various Locations
\$	Beginning Spanish from Chapter 13	Jennifer Castañeda	11-12	Sep 16-Nov 18	The Social Chico, Gordon 2
* \$	Garden Gourmands	Debra Barger (she/her/hers)	11-1	Sep 16-Sep 23	Various Locations
\$	Acrylic Painting	Christine MacShane	12:30-2:30	Sep 16-Nov 18	Christine MacShane Art Studio
	Medicare Updates and Plan Review Workshop	Victoria Brennan	12:45-2:45	Oct 21	The Social Chico, Bradley 2
	France Off the Beaten Path	Sylvie Delaunay	1-2	Sep 16-Oct 14	The Social Chico, Bradley 2
*	A Philosophy for Living: Sect. 2	Gayle Womack	1-2:30	Sep 16-Oct 14	The Social Chico, Gordon 1
@	Mapping the Emergence of France	Leanne Ulvang (she/her/elle)	1-2:30	Sep 16-Nov 18	Link to be Provided
\$	Science Fiction and Fantasy Book Group	Sydney Wilde	1-2:30	Sep 16-Nov 18	Link to be Provided
@	Treasures of Persia Over Five Millennia	Katherine Harper (she/her/hers)	1-2:30	Sep 16-Oct 14	Link to be Provided
	Writer's Workshop	Paul Belz	1-2:30	Sep 16-Nov 18	The Social Chico, Gordon 2
*	Fredrik Backman's And Every Morning the Way Home Gets Longer and Longer	Karen Burdette (she/her/hers)	1-2:30	Oct 21-Nov 04	The Social Chico, Gordon 1
	Let's Play Games!: Sect. 1	Donna Knorton	2-4	Sep 16-Nov 18	The Social Chico, Bradley 1
	Let's Play Improv Games	Valerie Althoff	3-4	Sep 16-Nov 18	The Social Chico, Gordon 1
	Telling Your Story	Lisa Holeman	3-4	Sep 16-Nov 18	Westmont of Chico (formerly The Terraces), Sierra Room
\$	Spanish Composition and Conversation	Aaron Alexander (he/him/his)	5:30-6:30	Sep 16-Nov 18	The Social Chico, Bradley 1
THURSDAY CLASSES					
*	Small Towns of Northern California: Delta, Mount Shasta, and McCloud	Azure Kurth	7:30-4	Sep 24	Various Locations
*	Birding in the Chico Area: Beyond the Basics	Joyce Bond	8-11	Sep 10-Nov 05	Various Locations
*	Birding in the Chico Area: All Levels	Joyce Bond	9-11	Sep 17-Nov 12	Various Locations
*	Tap Dance Is Fun: Sect. 2	Mary Sweeney	9-10	Oct 01-Nov 19	Chico Creek Dance, Studio B
\$	Dancing Makes You Smarter	Jeanne Christopherson	9:30-10:45	Sep 17-Oct 08	Movement Arts of Chico
*	Walk the Yellowstone Kelly Heritage Trail in Paradise	Melissa Loura	9:45-3	Oct 22	Various Locations
	Spanish Songs	Memo Keswick	10-11	Sep 17-Nov 19	The Social Chico, Bradley 1
	Anthropology on Film	Jesse Dizard	10-11:30	Sep 17-Nov 19	The Social Chico, Gordon 1
	Jug Band Music	Rebecca Herring Reiner	10-11:30	Sep 17-Nov 19	The Social Chico, Bradley 2
*	Mindfulness for Everyday Living: Building Inner Calm, Clarity, and Compassion	Julia Ferre (she/her/hers)	10-11:30	Sep 17-Nov 05	The Social Chico, Gordon 2
	Intermediate Spanish Conversation	Memo Keswick	11-12	Sep 17-Nov 19	The Social Chico, Bradley 1
*	Introduction to Heart Health	Celina Westphal (she/her/hers)	1-2	Sep 17-Sep 24	The Social Chico, Gordon 2
@	Great Decisions	William Tefteller	1-2:30	Sep 17-Nov 19	The Social Chico, Bradley 2 and Link to be Provided
	Thoughts, Beliefs, Values, and Awareness: Sect. 1	Valerie Althoff	1-2:30	Sep 17-Oct 15	The Social Chico, Bradley 1
*	Reader's Theatre	Pam Loyd	1-3	Sep 17-Nov 19	The Social Chico, Gordon 1
	Recreational Mathematics	LaDawn Haws	3-4:45	Sep 17-Nov 19	The Social Chico, Bradley 1
*	Democracy's Pillars of Influence	Kendall Moalem (she/her/hers)	3-4:30	Oct 22-Oct 29	The Social Chico, Gordon 1

FRIDAY CLASSES

*	Hike & History: Meadow Hike & Jonesville Hotel	Pamela Waldsmith	8:30-3	Sep 18	Various Locations
*	Pacific Crest Trail: Humboldt Peak Hike	Lorraine Smith (she/her/hers)	8:30-4	Sep 18	Various Locations
*	Hike to Cub-Butt Divide	Vickie Bernhardt	8:30-3:30	Oct 16	Various Locations
*	Explore Your Public Lands: Gray Lodge Wildlife Area	Vickie Stoll	8:30-4:30	Nov 20	Various Locations
	Poetry for Pleasure	Paul Belz	9:15-10:15	Sep 18-Nov 13	The Social Chico, Gordon 2
	Let's Play Games!: Sect. 2	Donna Knorton	10-12	Sep 18-Nov 20	The Social Chico, Bradley 1
*	Stansbury Home Tour	Elizabeth Carrillo	10-11:30	Oct 09	The Stansbury Home
*	A Visit to the Ahart Herbarium	David Popp	10-11:30	Oct 23	Chico State Campus, Ahart Herbarium Holt Hall 129
*	Welcome to the World of Chi	Marie Mitchell	10:30-11:45	Sep 18-Nov 20	The Social Chico, Bradley 2
	Stay Safe, Stay Strong	Farshad Azad	11-12	Sep 25	Azad's Martial Arts Center
*	History, Art, Bees: Orland Museum Tours	Hendrik Feenstra	1-3	Oct 23	Various Locations
* \$	Intro to Silversmithing: Sect. 1	Heather Lawther	4-5:30	Sep 11	String Bead
\$	Cuban Folkloric Dance and Music	Jeanne Christopherson	4-5:30	Sep 18-Oct 09	Movement Arts of Chico
* \$	Wirework Earrings: Sect. 1	Heather Lawther	4-5:30	Sep 25	String Bead
* \$	Beading Basics: Sect. 1	Heather Lawther	4-5:30	Oct 09	String Bead
* \$	Intro to Silversmithing: Sect. 2	Heather Lawther	4-5:30	Oct 16	String Bead
* \$	Wirework Earrings: Sect. 2	Heather Lawther	4-5:30	Oct 23	String Bead
* \$	Beading Basics: Sect. 2	Heather Lawther	4-5:30	Oct 30	String Bead
* \$	Intro to Silversmithing: Sect. 3	Heather Lawther	4-5:30	Nov 06	String Bead
* \$	Wirework Earrings: Sect. 3	Heather Lawther	4-5:30	Nov 13	String Bead
* \$	Beading Basics: Sect. 3	Heather Lawther	4-5:30	Nov 20	String Bead

SATURDAY CLASSES

*	Garden Gourmands at Merlo Park in Stirling City	Debra Barger (she/her/hers)	10-2	Oct 03	Various Locations
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SUNDAY CLASSES

	World Dance	Memo Keswick	1-2	Sep 13-Nov 15	Chico Creek Dance, Studio A
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Class Locations: OLLI holds classes in several locations across (and beyond) Chico. For Google Map links and printable directions for all class locations, visit the OLLI website at oli.csuchico.edu and select "Find Locations" on the home page.

- Azad's Martial Arts Center 313 Walnut Street, #150, Chico
- Chico Creek Dance.....1144 W. 1st Street, Chico
- Chico State University Farm 311 Nicholas C Shouten Lane, Chico
- Christine MacShane Art Studio 1459 Humboldt Road, Suite B, Chico
- Enloe Conference Center 1528 Esplanade, Chico
- Haley Music Therapy.....2550 Floral Avenue, Suite 20, Chico
- Movement Arts of Chico..... 254 E. 1st Street, Chico
- Neal Road Recycling and Waste Facility..... 1023 Neal Road, Chico
- Park Avenue Still House.....2420 Park Avenue, Chico
- String Bead.....2201 Pillsbury Road, Suite 138, Chico
- The Social Chico: 1400 W. 3rd Street, Chico
Bradley & Gordon Classrooms
- The Stansbury Home 307 W. 5th Street, Chico
- The Lodge at Westmont of Chico.....2750 Sierra Sunrise Terrace, Chico
(Formerly The Terraces)

REGISTRATION & POLICIES

Class Registration Opens August 27 & Runs Throughout Fall



Online

olli.csuchico.edu



Phone

530-898-6679



Email

olli@csuchico.edu



Mail

OLLI at Chico State
400 W. First St.
Chico, CA 95929-0792



In Person

Aymer J. Hamilton
Bldg., Room 118B
Chico State Campus

Fair Access to Limited Classes (3-Class Limit)

To provide more fair opportunities for members to enroll in their favorite classes, there is a class limit policy in effect through the first two weeks of registration. During that time, you may register for only three limited classes. Limited classes are noted with an asterisk (*). You can register for any number of classes without an asterisk (*). After two weeks we will turn off the class limit and you may add additional classes to your schedule where space is available.

Waitlists

- If a class is full, add yourself to the waitlist. If space becomes available in a class with a waitlist, waitlisted members will be added to the class in the order they were added to the waitlist. We ask that you not attend the class until you have been officially registered.
- There is no fee to be added to the waitlist. À La Carte Members on the waitlist will be contacted for payment before being registered in the class.
- If you paid À La Carte class fees ahead of registration day and you were added to a waitlist for a class, but were not enrolled in the class, the OLLI office will contact you to arrange registration in another class of the same cost, a credit on your account, or a refund. Refunds for credit card payments will be processed within 2 business days. Refunds for check payments can take 4-6 weeks to process.

Drop and Refund Policies

- No refunds will be given for membership fees. Any unused membership fees will help support our programs. Thank you!

Unlimited Membership Class Drop Policy

- If you will no longer be taking a class, please contact the OLLI office at olli@csuchico.edu or 530-898-6679 so we can offer that spot to another member.

À La Carte Membership Class Drop/Refund Policy

- If OLLI cancels a class, you will receive a credit on your account for the full amount of the class fee. Credits for cancellations can be issued as refunds upon request. Refunds for credit card payments will be processed within 2 business days. Refunds for check payments can take 4-6 weeks to process.
- The deadline to drop a class and receive a credit on your account for the full class price is the business day before the second class meeting for classes that meet 3 or more times and 5 business days before the first class meeting for classes that meet 1 or 2 times.
- If you drop a class after the drop deadline, we will issue a credit on your account for the class price minus an administrative fee of \$10 for each dropped class.
- Credits from dropped or cancelled classes can only be used for class fees. They cannot be used for membership payments.
- To qualify for a credit for a dropped class, you must contact the OLLI office at olli@csuchico.edu or 530-898-6679. Contact with the instructor will not constitute an official drop request.
- Credits expire one year after they are issued. No refunds will be given for unused credits.
- No refunds will be given except as stated in this policy. Any unused fees will help support our programs. Thank you!

IN THE CLASSROOM

Learn more about our outstanding volunteer instructors by viewing their bios with the OLLI class listings online.

24-Form Tai Chi *

Tue & Thu, Sep 15–Nov 19 • 8:30AM–9:30AM • Chico Creek Dance, Studio
A Instructor(s): Mike McCluskey, Mary McCluskey

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This is the shortest of the six major Yang-style tai chi movements, taking about six minutes to complete. Tai chi is known for developing balance, strength, and flexibility. It is a form of meditation in movement. In this class you will learn all 24 forms and by the end be able to join other groups wherever you go.

→ Schedule Note: This class meets twice a week.

A Philosophy for Living *

Section 1: Wed, Sep 16–Oct 14 • 10:00AM–11:30AM • The Social Chico, Gordon 1
Section 2: Wed, Sep 16–Oct 14 • 1:00PM–2:30PM • The Social Chico, Gordon 1
Instructor(s): Gayle Womack

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Follow Epictetus's concept of the study of philosophy – study, yes, but go live your life as well. This discussion class is about understanding why and how we choose to respond to life every day. How or when did we decide what is important to us in living our lives? Not our purpose, but what is the basis of our decisions for living a meaningful, fulfilling life? *Class Notes:* Please register for only one section.

A Visit to the Ahart Herbarium *

Fri, Oct 23 • 10:00AM–11:30AM • Chico State Campus, Ahart Herbarium Holt Hall 129
Instructor(s): David Popp

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

The Ahart Herbarium at Chico State is the most complete repository of plant specimens from Northern California, containing more than 125,000 dried and mounted plant specimens. This guided visit will show you how herbariums work, what they do, and why they are an important source of information for scientific research.

Acrylic Painting \$

Wed, Sep 16–Nov 18 • 12:30PM–2:30PM • Christine MacShane Art Studio
Instructor(s): Christine MacShane

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This acrylic class is for the absolute beginner as well as more experienced painters. We will follow step-by-step instructions to create our paintings while also learning why and what we are doing. Paintings will be completed over several class sessions. All materials are provided. *Class Notes:* There is an additional \$135 materials fee payable to the instructor at the first class meeting.

Addiction 101

Tue, Sep 29 • 1:00PM–2:30PM • The Social Chico, Gordon 1
Instructor(s): Helen Harberts (she/her/hers)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Substance use disorders are often confusing and frustrating for family, friends, and communities. Learn about the science of addiction, the treatment realities, and the psychopharmacology of common drugs in the North State. This presentation will leave your head spinning with data and brain scans that explain what we know about this complex disease of the brain.

Age Well, Drive Smart

Wed, Oct 21 • 10:00AM–11:30AM • The Social Chico, Gordon 1
Instructor(s): Midge Vandervelden (she/her/hers)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

California is facing continuing growth in the number of seniors residing in the state with 8.6 million adults aged 65 and older expected by 2030. The overall goal of the Age Well, Drive Smart program is to ensure older adults have access to continued driver's education and training to help keep roads safe for everyone. Upon completion of this course you will be issued an Age Well, Drive Well certificate that can be presented to your insurance company for a possible discount.

Anthropology on Film

Thu, Sep 17–Nov 19 • 10:00AM–11:30AM • The Social Chico, Gordon 1
Instructor(s): Jesse Dizard

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class offers a look at current anthropological research by screening a variety of short films about topics that have been explored by anthropologists at Chico State. Each film will be introduced by the instructor's remarks about its relevance to the broader context of contemporary anthropological discourse. All screenings will be followed by time for questions.

Art Projects x 5 *

Tue, Sep 22–Oct 20 • 10:00AM–11:30AM • The Social Chico, Bradley 1
Instructor(s): Debbie Vermette, Akhila Murphy, Lynda Klein, Melissa Ottem, Joan Goodreau

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Five different art projects, five different instructors. Come create with us and have fun!

Aviation History: Post-World War II Aviation Vignettes @

Tue, Sep 15–Nov 17 • 10:00AM–11:30AM • The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): Gary Hendrickson

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This continuation of personal experiences from the instructor's participation in military, agricultural, and aerial firefighting aviation will include aviation stories from after World War II. This term's vignettes will emphasize the local history of agricultural flying and aerial firefighting.

Backyard Stewardship

Tue, Sep 15–Sep 22 • 10:00AM–11:00AM • The Social Chico, Bradley 1

Instructor(s): Richard Utter

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Join Butte County Fire Safe Council staff to learn about backyard stewardship at the intersection of wildfire resilience, responsibility, and ecosystem health. The first class session will be in the classroom discussing the Firesafe Council's new guide at backyard scale. The second class session will be outdoors discussing the topics in application to a local backyard.

Beading Basics * \$

Section 1: Fri, Oct 09 • 4:00PM–5:30PM • String Bead

Section 2: Fri, Oct 30 • 4:00PM–5:30PM • String Bead

Section 3: Fri, Nov 20 • 4:00PM–5:30PM • String Bead

Instructor(s): Heather Lawther

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Explore the world of beading while designing your own bracelet. Get to know the tools of the trade and the different types of materials available for jewelry making. All tools and materials will be provided during the workshop. *Class Notes:* There is an additional \$45 materials fee payable to the instructor at the first class meeting.

Beginning Spanish from Chapter 1 \$

Mon, Sep 14–Nov 16 • 5:30PM–6:30PM • The Social Chico, Bradley 1

Instructor(s): Aaron Alexander (he/him/his)

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class uses a group study of the book *Complete Spanish Step by Step*, Premium 2nd Edition, by Barbara Bregstein, beginning with chapter 1. *Class Notes:* The book is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers.

Beginning Spanish from Chapter 13 \$

Wed, Sep 16–Nov 18 • 11:00AM–12:00PM • The Social Chico, Gordon 2

Instructor(s): Jennifer Castañeda

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class uses a group study of the book *Complete Spanish Step by Step*, Premium 2nd Edition, by Barbara Bregstein, beginning with chapter 13. *Class Notes:* The book is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers.

Beginning Spanish from Chapter 7 \$

Mon, Sep 14–Nov 16 • 3:00PM–4:00PM • The Social Chico, Gordon 1

Instructor(s): Jennifer Castañeda

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class engages in a group study of the book *Complete Spanish Step by Step*, Premium 2nd Edition, by Barbara Bregstein, beginning with chapter 7. *Class Notes:* The book is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers.

Behind the Beautiful Forevers * \$

Section 1: Mon, Sep 14–Nov 16 • 1:00PM–2:30PM • The Social Chico, Bradley 1

Section 2: Wed, Sep 16–Nov 18 • 10:00AM–11:30AM • The Social Chico, Bradley 1

Instructor(s): Charles Copeland

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

The place: a grim Indian urban slum, overshadowed by luxury hotels near the Mumbai airport. The time: 2008-2010. The real-life characters: slum residents with aspirations and energy. The plot: how they struggle and face tensions over religion, caste, sex, power, and economic envy, yet emerge with abiding hope. Using the learning through conversation format, we will discuss equity and inclusion, set in a contemporary international context. *Class Notes:* The required book, *Behind the Beautiful Forevers: Life, Death, and Hope in a Mumbai Undercity* by Katherine Boo, is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers. The recommended edition for this class is the paperback edition, ISBN 978-0812979329.

Cracker Barrel

Mon, Sep 14–Nov 16 • 10:00AM–11:30AM • The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): David Price

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class includes short presentations (talks, slides, videos) followed by discussions on all sorts of current US and world topics involving history, government, policy, science, technology, literature, education, culture, and many more. Participants are welcome to make presentations, suggest topics, discuss, or just listen. Special guests are also welcome to present.

Creative Journaling * \$

Tue, Oct 27–Nov 17 • 1:00PM–3:00PM • The Social Chico, Gordon 2

Instructor(s): Lisa Freeman-Wood

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Come play with color, patterns, and textures. These can be a catalyst for creativity and a way into journaling. You do not have to be an artist. No drawing or painting is required; this is not an art class. There are no rules, and this is not a diary. Journaling is recommended for self-reflection, stress relief, and self-expression, but often is not easy to do. We will use hands-on activities to get unstuck and help you to journal. *Class Notes:* There is an additional \$55 materials fee payable to the instructor at the first class meeting. All materials will be provided; if you have a journal you are currently using, feel free to bring it.

Cuban Folkloric Dance and Music \$

Fri, Sep 18–Oct 09 • 4:00PM–5:30PM • Movement Arts of Chico
Instructor(s): Jeanne Christopherson

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

“Folkloric” means “for everyone” – all ages, all abilities. If you can walk, you can dance; if you can talk, you can sing. This interactive class weaves together lecture, movement, live percussion, and discussion to explore embodied practices that preserve culture and build community. Participants learn through doing, engaging mind, body, and spirit in traditions that entertain, educate, and strengthen. As a bonus, when you’re done, you won’t need a trip to the gym. *Class Notes:* There is an additional \$10 studio fee payable to the instructor at the first class meeting.

Dancing Makes You Smarter \$

Thu, Sep 17–Oct 08 • 9:30AM–10:45AM • Movement Arts of Chico
Instructor(s): Jeanne Christopherson

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Yes, really. Studies show it’s better than crossword puzzles. It’s good for your brain, your body, and your social life. We will find our common interest, be it modern dance, social dance, partnering, etc., and enjoy dance together. All levels of experience and abilities welcome. *Class Notes:* There is an additional \$10 studio fee payable to the instructor at the first class meeting.

Democracy’s Pillars of Influence *

Thu, Oct 22–Oct 29 • 3:00PM–4:30PM • The Social Chico, Gordon 1
Instructor(s): Kendall Moalem (she/her/hers)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

There are fundamental principles and institutions that uphold democratic governance and serve as essential support for a democracy’s associated freedoms and rights. We’ll introduce these pillars and how we relate to them. What is their interaction with our own values, our community, and civil society? How can we influence change through them? This topic is relevant for all sociopolitical leanings, and can help empower us to apply effective actions in the civic space.

Estate Planning 101

Mon, Sep 14–Oct 12 • 10:00AM–11:30AM • The Social Chico, Gordon 1
Instructor(s): Dana Campbell, Tara Campbell

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class is designed to assist you in planning the transfer of your wealth to a spouse, children, grandchildren, and any other people or organizations you want to benefit from your estate. OLLI sponsors Dana and Tara Campbell will explore the advantages and disadvantages of different methods for wealth transfer to enable you to make better decisions regarding your own estate. Plan on both lecture and discussion as many exciting things can be learned from information and experiences of participants.

Exploring Mixed Media Collage *

Tue, Oct 27–Nov 17 • 10:00AM–11:30AM • The Social Chico, Bradley 1
Instructor(s): Debbie Vermette

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Collage is a creative medium accessible to people of all artistic skill levels. We’ll explore the world of collage by using different papers and techniques. There is no wrong way to create a collage. It is simply a matter of layering color, texture, and patterns. And it’s fun!

Fairy Tales and Their Tellers

Tue, Sep 15–Nov 10 • 10:00AM–11:30AM • The Social Chico, Gordon 1
Instructor(s): Robin Dizard (she/her/hers), Janet Rechtman

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

In this class, we will look at old tales, their tellers and illustrators, and transitions from spoken to written literature. Fairy tales, a.k.a. magic tales, are very old and both stable and shapeshifting. People have enjoyed them in cartoons, Victorian nurseries, peasant huts, and even courts like Versailles. The original, oral forms of magic tales are violent, coarse, and sexually explicit. Sometimes governments, priests, or schoolmarm compelled changes. Sometimes, writers. There will be nine tellers with at least nine tales sent to class members. *Class Notes:* This class considers different tales each term. Anticipate increased attention to illustrators and the history of books this term. Tales to expect this term include “Beauty and the Beast,” “The Fisherman and His Wife,” “The Emperor’s New Clothes” and a tale from *One Thousand and One Nights*.

France Off the Beaten Path

Wed, Sep 16–Oct 14 • 1:00PM–2:00PM • The Social Chico, Bradley 2
Instructor(s): Sylvie Delaunay

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Paris, Normandy, Lascaux, and Provence are well traveled areas of France. France is more than those destinations. In this class we will explore four areas that you might not have heard of that are often favorites of the French. From history to culture, food, and heritage, we will discover what makes each worth the detour.

Fredrik Backman’s *And Every Morning the Way Home Gets Longer and Longer* *

Wed, Oct 21–Nov 04 • 1:00PM–2:30PM • The Social Chico, Gordon 1
Instructor(s): Karen Burdette (she/her/hers)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Fredrik Backman’s novella *And Every Morning the Way Home Gets Longer and Longer* is an ongoing conversation between an elderly man and his young grandson, poignantly relayed in the poetic voice of Grandpa. As the conversation progresses, the reader is intimately drawn into Grandpa’s inner world as he meanders into the hazy twilight of dementia. Reading in advance is optional. We will listen to an excellent reading of the book on CD together as a springboard for discussion. *Class Notes:* The optional book, *And Every Morning the Way Home Gets Longer and Longer* by Fredrik Backman, is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers.

Golden Beaver Distillery Tasting

Tue, Sep 29 • 3:00PM–4:30PM • Park Avenue Still House

Instructor(s): Kris Koenig

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Golden Beaver Distillery is one of only a few distilleries in the country that use primarily rice. Learn about the unique process distiller Kris Koenig uses and how it sets Golden Beaver apart from other distilleries. You will also have the opportunity to taste whiskey, with surprising flavors of the season. *Class Notes:* There will be no additional tasting fee for this class.

Good Nutrition and Great Taste

Mon, Oct 19–Nov 16 • 10:00AM–11:30AM • The Social Chico, Bradley 1

Instructor(s): Steve Naiman (he/him/his)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Join this nutrition class to learn about the six nutrients your body needs and how to combine good nutrition with delicious flavor. The class will share ideas about how to choose healthy foods, snacks, and meals. We will also share healthy recipes and ideas for using herbs and spices to optimize great taste. Learn about the importance of consuming balanced meals, what physiological process happens when we skip meals, and grocery shopping tips that will support your health.

Great Decisions @

Thu, Sep 17–Nov 19 • 1:00PM–2:30PM • The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): William Tefteller, Myron Flindt, David Price, Lynn Cannon, Patti Davis

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

“Great Decisions” is the Foreign Policy Association’s public education program about US foreign policy and global affairs. Currently, relations with other nations are undergoing great change; there are new winners and new losers. Old rules don’t apply and the world is struggling to make new ones. However, the geographical map of natural resources, manufacturing, trade routes, and population centers has not changed. Join us for a thoughtful examination of the major issues and new directions in foreign policy. *Class Notes:* The announced topics for 2026 include Trump tariffs and the future of the world economy, US-China relations, ruptured alliances and the risk of nuclear proliferation, Ukraine and the future of European security, and multilateral institutions in a changing world order. There is an optional study guide available for \$35 plus shipping at www.fpa.org. We will discuss four of the 2026 topics and add several discussions as current events develop.

Healthier You

Tue, Sep 15–Oct 06 • 1:00PM–2:00PM • Enloe Conference Center

Instructor(s): Claire McClure

- Fee for À La Carte Members: \$0. Fee for Unlimited Members: Included.

Join Enloe Community Health for a lecture series. Each class will cover a unique topic led by a local medical expert from Enloe Health with time for questions. The series is designed to support a healthier you.

How Herbarium Specimens Are Mounted *

Wed, Nov 04 • 10:00AM–12:00PM • Chico State Campus, Ahart Herbarium, Holt Hall 129

Instructor(s): David Popp

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

An herbarium is a collection of preserved plant specimens. This class offers a unique hands-on learning experience as an introduction to the art and science of mounting plants. The class will cover how herbarium specimens are mounted, handled, processed, stored, displayed, and repaired. It is useful, but not necessary, to have visited an herbarium before.

Human Evolution *

Tue, Sep 15–Nov 17 • 1:00PM–2:30PM • The Social Chico, Bradley 1

Instructor(s): David Donnell

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Are you wondering if some of your friends are part Neanderthal? Was Herb Caen correct when he intimated that Chico is the cradle of civilization? We’ll address these questions after a brief introduction to such topics as DNA, natural and artificial selection, and genetics. We can even discuss the question of whether or not we’re still evolving and where our species might be heading regardless of the outcome of the next election. *Class Notes:* All materials necessary for class discussion will be provided by email or by direction to readily accessible, free online resources.

Intermediate Spanish Conversation

Thu, Sep 17–Nov 19 • 11:00AM–12:00PM • The Social Chico, Bradley 1

Instructor(s): Memo Keswick, Judy Keswick

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class is for those who have been studying Spanish for a while and already have some ability to converse.

Intro to Silversmithing * \$

Section 1: Fri, Sep 11 • 4:00PM–5:30PM • String Bead

Section 2: Fri, Oct 16 • 4:00PM–5:30PM • String Bead

Section 3: Fri, Nov 06 • 4:00PM–5:30PM • String Bead

Instructor(s): Heather Lawther

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Dive into the world of jewelry fabrication and discover how to create your own sterling silver rings! This is an introductory class on silver soldering where you will learn how to hammer, torch, and polish metals into your very own ring. All tools and materials will be provided during the workshop. *Class Notes:* Closed-toe shoes required. No loose clothing. Bring something to tie up loose hair if applicable. There is an additional \$45 materials fee payable to the instructor at the first class meeting.

Introduction to Heart Health *

Thu, Sep 17–Sep 24 • 1:00PM–2:00PM • The Social Chico, Gordon 2
Instructor(s): Celina Westphal (she/her/hers)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class is for non-medical people who have questions about heart-related diagnoses or procedures. The explanations will use diagrams, analogies, and simple language to help you understand how the heart works. This is not a lecture about how you should live, but more on the effects of lifestyle choices.

Jug Band Music

Thu, Sep 17–Nov 19 • 10:00AM–11:30AM • The Social Chico, Bradley 2
Instructor(s): Rebecca Herring Reiner

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

“Jug Band: a band that uses primitive or improvised instruments (such as jugs, washboards and kazoos) to play blues, jazz, and folk music” (Merriam-Webster Dictionary). We’ll gather once a week to explore the history of jug bands, and to sing and play jug band songs. This class is less about musicianship, and more about exploring the roots of this great American art form. We’ll listen to 1920s and 1930s recordings, and trace jug band influences on modern day music. Then we’ll recreate some old-time music! *Class Notes:* Although experienced acoustic players are encouraged, you don’t have to be a musician to be part of this endeavor. Bring acoustic string instruments, rhythm instruments, and a jug if you have one; or just bring yourself. There will be a basket of rhythm instruments, a bag of kazoos, and a few additional items to use.

Learning to Speak Dragon *

Tue, Sep 15–Nov 17 • 1:00PM–2:00PM • The Social Chico, Bradley 2
Instructor(s): Richard Varlinsky

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Fear and anxiety can feel like facing a dragon – but what if you could learn its language? This class offers an overview of stress and anxiety while teaching you how to understand and work with your body’s natural systems to transform panic into peace. Through topics such as the triune brain, mindfulness, heart rate variability (HRV), and the aging brain, you’ll gain practical tools to calm your mind, regulate your emotions, and build resilience.

Let’s Play Games!

Section 1: Wed, Sep 16–Nov 18 • 2:00PM–4:00PM • The Social Chico, Bradley 1
Section 2: Fri, Sep 18–Nov 20 • 10:00AM–12:00PM • The Social Chico, Bradley 1
Instructor(s): Donna Knorton

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Join us to play games, socialize, and have fun. We have Rummikub, Qwirkle, Sequence, Mexican Train, card games, and more, from the well-known to the obscure. Bring a game to share or just show up and have fun. *Class Notes:* Please register for only one section.

Let’s Play Improv Games

Wed, Sep 16–Nov 18 • 3:00PM–4:00PM • The Social Chico, Gordon 1
Instructor(s): Valerie Althoff

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Improv is all about being spontaneous and not overthinking, so it’s a great exercise for the brain. Plus, it’s a lot more interactive than doing crosswords or sudoku, because we play it together. Come stretch your brain and have a lot of fun doing it!

Make an Altered Book * \$

Tue, Sep 15–Sep 29 • 1:00PM–2:00PM • The Social Chico, Gordon 2
Instructor(s): Lisa Freeman-Wood

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Did you ever want to color, draw, or write in a book as a child? Give yourself free rein in this workshop. You can do all those things and more. It is called an altered book. You can draw or stamp in it; add collage, stickers, ribbon, paper tape, photos, or memorabilia; and much more. We will explore what can be done with a gently used book by altering and embellishing it. This is something you can continue at home. *Class Notes:* There is an additional \$45 materials fee payable to the instructor at the first class meeting. All materials will be provided. If you have a gently used book that you would like to use, you are welcome to bring it.

Master Gardener Lecture Series

Tue, Sep 15–Sep 29 • 3:30PM–4:45PM • The Social Chico, Bradley 2
Instructor(s): Debra Barger (she/her/hers)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

California Master Gardeners provide educational outreach from University of California Cooperative Extension (UCCE) offices throughout the state. The mission of the Butte County Master Gardeners is to extend research-based education and technical assistance throughout the non-commercial gardening community and to foster successful gardening practices by helping individuals make informed decisions about plants, pests, and the environment, with an emphasis on sustainability. Join us as we address a wide range of fascinating subjects.

Medicare Updates and Plan Review Workshop

Wed, Oct 21 • 12:45PM–2:45PM • The Social Chico, Bradley 2
Instructor(s): Victoria Brennan, Andrew Settlemire

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

The Medicare Annual Open Enrollment Period (AEP) for Part D prescription drug plans and Part C Medicare Advantage plans begins October 15 and ends December 7. This class will offer beneficiaries options for their healthcare needs in the coming year. Passages HICAP Medicare counselors will be on site and ready to perform AEP Part D prescription drug plan comparisons and plan changes for attendees who wish to reevaluate their current plan. *Class Notes:* If you are interested in having a Part D prescription drug plan comparison conducted, please bring a list of your prescriptions (including name, dosage, and quantity taken per day) and your Medicare card.

Mindfulness for Everyday Living: Building Inner Calm, Clarity, and Compassion *

Thu, Sep 17–Nov 05 • 10:00AM–11:30AM • The Social Chico, Gordon 2
Instructor(s): Julia Ferre (she/her/hers)

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This experiential workshop teaches practical mindfulness skills to reduce stress, increase emotional well-being, and support a more grounded daily life. Each session includes guided meditation, gentle awareness practices, and group reflection. You will learn mindful breathing, body awareness, emotional regulation, and compassion practices, along with strategies for applying mindfulness during challenging moments. No prior experience is needed. By the end of the class, you will have tools for greater calm, clarity, and resilience.

Navigating Retirement Investing in a Changing Economic Landscape

Tue, Sep 15–Sep 22 • 8:15AM–9:45AM • The Social Chico, Gordon 1
Instructor(s): Steven Cliadakis (he/him/his)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Economic conditions constantly change, impacting retirement planning and investment strategies. In this class, Steven Cliadakis from OLLI sponsor Altum Wealth Advisors will explore how shifts in inflation, interest rates, fiscal policy, and geopolitical tensions can affect portfolios. Participants will review various investment options, such as CDs, Treasuries, index funds, ETFs, and others, and learn how to allocate them within diversified portfolios. The class includes insights from leading economists and key principles of portfolio construction and risk management, providing practical guidance to help align investments with personal retirement goals.

Oral Health and Longevity

Wed, Oct 07–Oct 21 • 10:00AM–11:00AM • The Social Chico, Bradley 2
Instructor(s): Kevin Kremer

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Your mouth is the front door to your whole body – and what happens there can add years to your life or quietly take them away. In this class, Dr. Kevin Kremer from OLLI sponsor New Smile Now shares what most people are never told: how gum health, missing teeth, and chronic infection connect to heart disease, diabetes, dementia, and longevity. You'll leave with simple, practical habits to protect your health, your independence, and your smile for decades to come. No jargon. Real answers.

→ Schedule Note: This class meets in Bradley 2 on October 7 and 14 and at New Smile Now on October 21.

Playing Guitar at Beginning Level 2 and Singing Along

Mon, Sep 14–Nov 09 • 10:00AM–11:30AM • Westmont of Chico (formerly The Terraces), Lobby
Instructor(s): Phil Elkins

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class is for people who already know how to play the A-G chords. We play and sing 3-, 4-, and 5-chord songs by Elvis Presley, Buddy Holly, Johnny Cash, the Everly Brothers, and other musicians from the '50s, '60s, and '70s. The class is mostly to practice feeling comfortable with playing guitar while singing. There is some instruction on more advanced guitar playing. Bring a guitar, ukulele, or other stringed instrument, or you're welcome to come just to sing along with the class. *Class Notes:* Music stand and battery-operated tuner recommended. Songs will be sent out before each class.

→ Schedule Note: This class meets every other week.

Poetry for Pleasure

Fri, Sep 18–Nov 13 • 9:15AM–10:15AM • The Social Chico, Gordon 2
Instructor(s): Paul Belz, Jennifer Castañeda

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Reading poetry helps you to know things more fully; it commands your attention; and it can sustain good conversation. In this class, participants select poetry from favorite sources to read aloud with fellow enthusiasts.

→ Schedule Note: This class meets every other week.

Reader's Theatre *

Thu, Sep 17–Nov 19 • 1:00PM–3:00PM • The Social Chico, Gordon 1
Instructor(s): Pam Loyd, April Gausemel

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Reader's theatre is an easy acting form of theater where actors read the scripts so no memorizing is required. There is minimal physical movement because actors are generally seated while reading the play. The acting is done primarily with the actors' voices, emotions, facial expressions, and gestures. This will be a playful class where we will read a variety of short comic plays with fun characters in silly situations. *Class Notes:* Short plays will be emailed to participants each week to print and bring to class.

Recreational Mathematics

Thu, Sep 17–Nov 19 • 3:00PM–4:45PM • The Social Chico, Bradley 1
Instructor(s): LaDawn Haws

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

While some people might consider "recreational mathematics" an oxymoron, this class will pursue the enjoyable aspects of math. Be prepared to be an engaged participant in this class with interactive demonstrations and exploration through drawing, cutting things with scissors, and other activities. Most activities will have a historical context. This class will show you how to find interest, enjoyment, and appreciation of mathematics in the world surrounding you.

Sing Gospel Music

Mon, Oct 05–Nov 16 • 10:00AM–11:30AM • Westmont of Chico (formerly The Terraces), Lobby
Instructor(s): Phil Elkins

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Sing and/or play popular gospel songs. Bring your voice, guitar, violin, cello, harmonica, squeeze box, or other instrument and join a group of people singing and playing for fun. This is not meant to be religious. It's just a place to enjoy great music. Join us!

→ Schedule Note: This class meets every other week.

Singing A Cappella in Four-Part Harmony for Women's Voices *

Mon, Sep 14 • 1:00PM–2:30PM • The Social Chico, Bradley 2
Instructor(s): Melanie Glick

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Experience the joy of singing four-part harmony, barbershop style! In this class we will choose your singing range (bass, baritone, lead, or tenor). Splitting the class into four groups by range, you will learn your part with your group. Next, we'll bring the groups together and sing the songs, hearing the harmonic blend of chords. No experience in four-part harmony is required, just the ability to sing a simple song (such as "Happy Birthday") in tune. *Class Notes:* This class is for women only.

Sketchbook Journaling

Mon, Sep 14–Oct 26 • 3:00PM–4:30PM • The Social Chico, Bradley 1
Instructor(s): Marvey Mueller

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Sharpen your drawing and watercolor skills as we paint and sketch together on a variety of subjects. The purpose of this class is to provide a supportive community for those who work to keep their journal practice alive. We will share ideas and sometimes our favorite art materials, the ones that make this practice all the more fun. With seasonal sights available to us as examples, plan on some brilliant pages in your sketchbook. *Class Notes:* This class requires a strong skill level. Only prior students or those who submit their work to the instructor for consideration will be admitted.

Solving Moral Dilemmas

Mon, Sep 14–Nov 16 • 1:00PM–2:30PM • The Social Chico, Gordon 1
Instructor(s): Becky White

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

In this class you will learn the nature and characteristics of a moral or ethical dilemma, along with a technique for identifying, addressing, and solving the dilemma. New dilemmas will be provided for each class period. You will be encouraged, but not required, to bring your own suitably anonymized dilemmas to class for discussion and analysis.

Spanish Composition and Conversation \$

Wed, Sep 16–Nov 18 • 5:30PM–6:30PM • The Social Chico, Bradley 1
Instructor(s): Aaron Alexander (he/him/his)

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class covers writing and conversation in Spanish. The class will be conducted mostly in Spanish; English may be used for support. Participants will have the opportunity to speak and to write short compositions for review and discussion. The class may have native speakers and professional Spanish educators as guest speakers. There is nothing like having a professional Spanish educator to help learn Spanish conversation. *Class Notes:* There is an additional \$25 materials and speaker fee payable to the instructor at the first class meeting.

Spanish Songs

Thu, Sep 17–Nov 19 • 10:00AM–11:00AM • The Social Chico, Bradley 1
Instructor(s): Memo Keswick, Judy Keswick

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Join us to learn to sing songs in Spanish. Lyrics and audio files will be provided to help you learn.

Spiritual Principles *

Tue, Sep 15–Oct 13 • 10:00AM–11:30AM • The Social Chico, Gordon 2
Instructor(s): Rosie Potestio

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Spiritual principles are ways of being, doing, and thinking that help us move through life with greater awareness. They are an inner compass helping us to respond to challenges with clarity and purpose. These are fundamental truths from many traditions. *Class Notes:* We will explore the following principles this term: acceptance and letting go, forgiveness for self, gratitude reboot, everything is energy, and divine paradox.

Stansbury Home Tour *

Fri, Oct 09 • 10:00AM–11:30AM • The Stansbury Home
Instructor(s): Elizabeth Carrillo

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Located at the corner of Fifth and Salem Streets, the Stansbury Home was built by Dr. Oscar Stansbury, a local physician, in 1883. Owned by the City of Chico since 1976, it is operated by the Stansbury Home Preservation Association as a historic house museum. This tour will include Dr. Stansbury's office, with its display of the tools used in his practice, as well as rooms used by the Stansbury family with original interiors and furnishings intact.

Stay Safe, Stay Strong

Fri, Sep 25 • 11:00AM–12:00PM • Azad's Martial Arts Center
Instructor(s): Farshad Azad

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Join us for an empowering self-defense class designed exclusively for OLLI members. In this fun, dynamic, safe, and practical session, Senior Grandmaster Azad, renowned for training tens of thousands of people in personal safety, will teach you real-world strategies to protect yourself at home, in public, and beyond. Learn simple but powerful techniques to stay safe, enhance awareness, and defend yourself effectively. This class is for people of all abilities.

Tai Chi for Arthritis and Fall Prevention *

Tue & Thu, Sep 29–Nov 19 • 10:15AM–11:15AM • Chico Creek Dance, Studio B
Instructor(s): Mary Sweeney

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Tai Chi for Arthritis was developed in 1997 and is recommended by the Centers for Disease Control and Prevention (CDC). Arthritis often gets worse without proper exercise. Tai Chi for Arthritis helps to improve muscular strength, flexibility, balance, cardiorespiratory fitness, and clarity of mind. The gentle and slow movements help to improve the flow of energy and healing, and it is enjoyable and calming. *Class Notes:* Wear flat shoes and comfortable, loose clothing.

→ Schedule Note: This class meets twice a week.

Tap Dance Is Fun *

Section 1: Tue, Sep 29–Nov 17 • 9:00AM–10:00AM • Chico Creek Dance, Studio B
Section 2: Thu, Oct 01–Nov 19 • 9:00AM–10:00AM • Chico Creek Dance, Studio B
Instructor(s): Mary Sweeney

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Tap dance involves rhythmic, percussive, and precise movement of the feet while promoting the flow and individual style of the entire body. Classes will include warm-up, structured movement phrases that will build in complexity, and creative explorations. All levels are welcome. Good standing balance is recommended. *Class Notes:* Wear comfortable clothing that allows for ease of movement and tap shoes, preferably with low heel.

Telling Your Story

Wed, Sep 16–Nov 18 • 3:00PM–4:00PM • Westmont of Chico (formerly The Terraces), Sierra Room
Instructor(s): Lisa Holeman

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Want to hear some interesting stories? Each class session will feature someone telling their life story. Through listening and honoring each other's journeys, we can connect profoundly. Plus it's just fun to share and learn about one another. There is an option to be recorded and receive a flash drive to pass onto your family or friends. You will be supplied with a list of possible topics to address when giving your talk. Everyone has a story to tell. Come and share yours!

The Battle of Vercors: How a Stronghold of the French Resistance Fell

Tue, Oct 20–Nov 10 • 10:00AM–11:00AM • The Social Chico, Gordon 2
Instructor(s): Sylvie Delaunay

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Vercors, an alpine fortress in the French Alps, saw many French Resistance fighters join the movement in 1944. The fighters were set to disrupt German activities to support the Provence Landing. This class will look at what happened and why through the eyes of the instructor's father, a teen at the time, who was pulled into the Resistance movement at the eleventh hour. We will read excerpts of his book about his unbelievable experience during this battle that remained controversial for many years.

The Beatles, the Whole Beatles, and Nothing but the Beatles

Mon & Wed, Sep 14–Oct 19 • 6:00PM–7:15PM • The Social Chico, Bradley 2
Instructor(s): LaDawn Haws

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

We'll do a deep dive into the Beatles, their history, and the stories behind their songs. We will do a sing-along each week, starting with "Please Please Me" and working our way to "Let It Be." Bring instruments if you want to play along – lyrics and chords will be provided – or just bring yourself if you want to sing along to these amazing oldies. You don't have to be a great singer, just someone who likes to sing.

→ Schedule Note: This class meets twice a week.

The Power of Words: Euphemism, Metaphor, and Mindset

Tue, Oct 27–Nov 17 • 1:00PM–2:30PM • The Social Chico, Gordon 1
Instructor(s): Karen Burdette (she/her/hers)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This is a participatory, discussion-based class exploring the hidden assumptions in our language. Does the way we speak influence and manipulate the way we think? Our language is replete with militaristic euphemisms and metaphors, political code words and dog whistles, and hidden assumptions about power, patriarchy, hierarchy, and identity. Many of those words and phrases are so ingrained in our lexicon that we are oblivious to the potentially manipulative power they hold over us and our way of thinking.

Thoughts, Beliefs, Values, and Awareness

Section 1: Thu, Sep 17–Oct 15 • 1:00PM–2:30PM • The Social Chico, Bradley 1
Section 2: Tue, Oct 20–Nov 17 • 3:00PM–4:30PM • The Social Chico, Bradley 1
Instructor(s): Valerie Althoff

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

The way we live our lives is a reflection of our inner being. This class is for those who want to have a deeper, more fulfilling personal life. There will be writing and discussion exercises that will help get you more in touch with your inner self. We will explore avenues for insights into the question, "Who am I?"

Trash and the Neal Road Landfill *

Wed, Oct 14 • 10:00AM–12:00PM • Neal Road Recycling and Waste Facility
Instructor(s): Eric Dugger, Eric Miller

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

The class will present a brief history of the disposal of trash through time, regulations affecting the disposal of trash, and the history of the Neal Road Recycling and Waste Facility (landfill). Learn about the recycling and diversion of wastes from the landfill, landfill operations, monitoring, amounts of waste disposed, as well as effects of disasters, electrical power generation, equipment used, and the future of landfill and related topics. *Class Notes:* Bring walking shoes (no sandals), sunscreen, hat, sunglasses, and water as the majority of class will be outside to allow observation of landfill operations. You may also bring a folding chair and clipboard.

Tuesday Tunes

Tue, Sep 15–Nov 17 • 10:30AM–11:45AM • Haley Music Therapy, Group Room and Link to be Provided

Instructor(s): Bitz Haley, Judi Holohan, Debbie Silveira

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Start your Tuesday with music and songs. Join us in a fun, informal sing-along. Bring your voices and/or musical instruments. The operative word is “fun.” If you like music, you will like this class. All levels welcome!

Understanding Alzheimer’s and Dementia

Tue, Oct 13 • 3:00PM–4:30PM • The Social Chico, Bradley 2

Instructor(s): Kindra Adcock Dantanavatanawong (she/her/hers)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

This engaging presentation offers information on Alzheimer’s disease and dementia, highlighting the latest research and FDA-approved treatments, practical brain health tips, and ways to support people impacted by this disease.

United States Politics: An Update

Tue, Sep 15–Nov 17 • 3:00PM–4:30PM • The Social Chico, Gordon 1

Instructor(s): George Wright

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

The premise of this class is that the United States is undergoing unprecedented historical, political, and economic turmoil and crises, underscored by a re-ordering of the post-World War II geopolitical world order. Therefore, in order to understand the current state of things, this class will provide an assessment of United States politics within a historical context. The class will also situate United States politics within the context of the ongoing geopolitical realities.

Watercolor Painting * \$

Wed, Sep 16–Nov 18 • 9:00AM–11:00AM • Christine MacShane Art Studio

Instructor(s): Christine MacShane

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This watercolor class is for the absolute beginner as well as more experienced painters. We will follow step-by-step instructions to create our paintings while also learning why and what we are doing. All materials are provided. *Class Notes:* There is an additional \$135 materials fee payable to the instructor at the first class meeting.

Watercolor: Beginning \$

Mon, Sep 14–Nov 16 • 1:00PM–2:30PM • Christine MacShane Art Studio

Instructor(s): Christine MacShane

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class is an introduction to watercolor. We will focus on learning the basics of technique, color mixing, blending, and familiarizing ourselves with the medium of watercolor. Some classes will be dedicated to techniques; in other classes we will be creating finished works. The class will help you to feel more confident in your watercolor practice. All materials are provided. *Class Notes:* There is an additional \$135 materials fee payable to the instructor at the first class meeting.

Welcome to the World of Chi *

Fri, Sep 18–Nov 20 • 10:30AM–11:45AM • The Social Chico, Bradley 2

Instructor(s): Marie Mitchell

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class aims to encourage participants to experience their own “chi field” and learn simple movements that can be used at home to help restore and maintain fluidity, balance, confidence, and resilience. Basic qigong and tai chi forms, coupled with breath awareness, can be helpful in relieving stress and enhancing health and well-being from the inside out. The class is intended to be introductory, but anyone with beginner’s mind is welcome to join together in the joy and benefits of the world of chi. *Class Notes:* Wear flat shoes and comfortable, loose clothing. All movements can be adapted to be done seated.

What Is the Vestibular System and How Does It Affect Balance?

Mon, Oct 19 • 10:00AM–12:00PM • The Social Chico, Gordon 1

Instructor(s): Erin Edwards (she/her/hers), Kitty Sos (she/her/hers)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

We all know that as we age our mobility declines. Changes in strength and flexibility certainly affect our balance. But what is the purpose of the vestibular system with regard to balance? What are common disorders involving the vestibular system and how can we improve vestibular function as we age? This class will review the anatomy and function of the amazing vestibular system, as well as discuss the functions of the other primary systems – vision and somatosensation – for optimal postural control.

Wirework Earrings * \$

Section 1: Fri, Sep 25 • 4:00PM–5:30PM • String Bead

Section 2: Fri, Oct 23 • 4:00PM–5:30PM • String Bead

Section 3: Fri, Nov 13 • 4:00PM–5:30PM • String Bead

Instructor(s): Heather Lawther

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Bend, twist, texture, and hammer various wires to build your own earrings! Add bead embellishments or style it your way with wire coils. All tools and materials will be provided during the workshop. *Class Notes:* There is an additional \$45 materials fee payable to the instructor at the first class meeting.

Women & Money: Pause Before You Pay to Spot Scams Early

Tue, Sep 22 • 1:00PM–2:00PM • The Social Chico, Gordon 1

Instructor(s): Mistie Cliadakis

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Join this informative and supportive class from Mistie Cliadakis from OLLI sponsor Altum Wealth Advisors designed to help women recognize and avoid common scams. Get up to date on current scams including artificial intelligence (AI) scams, how to recognize them, and steps to take to feel safer. *Class Notes:* This class is for women only.

World Dance

Sun, Sep 13–Nov 15 • 1:00PM–2:00PM • Chico Creek Dance, Studio A
Instructor(s): Memo Keswick

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Learn fun social dances from around the world, including Bulgaria, Romania, Serbia, Greece, Israel, Scotland, and the United States. Line, circle, and couple dances. No partner required.

Writer's Workshop

Wed, Sep 16–Nov 18 • 1:00PM–2:30PM • The Social Chico, Gordon 2
Instructor(s): Paul Belz, Linda Crill (she/her/hers)

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This writer's workshop serves a community of writers interested in sharing their writing and responding to other writers' work. We will focus on fiction, memoir, creative nonfiction, poetry, travel writing, stories for children, and other types of writing. Following a workshop format, this class will be an opportunity for students to receive feedback for their written work and provide meaningful support to fellow writers.

Writing Short Plays

Tue, Sep 15–Nov 17 • 1:00PM–3:00PM • Westmont of Chico (formerly The Terraces), Sierra Room and Link to be Provided
Instructor(s): Pam Loyd

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Learn to write a short 10- to 20-minute play. We will cover the basics of playwriting, including format, structure, character, conflict, and dialogue. This is a workshop-style class in which we discuss concepts and techniques, share what we have written, and write short exercises to develop skills. Prompts will be offered to stimulate your ideas. There will be an opportunity for some of the plays to be performed in the annual OLLI Play Festival.

→ Schedule Note: This class meets in person September 15–October 13 and online October 20–November 17.

Yoga for You

Tue, Sep 15–Oct 06 • 10:30AM–11:45AM • Movement Arts of Chico
Instructor(s): Jeanne Christopherson

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This all-levels hatha yoga class welcomes all bodies and abilities. Jeanne teaches “to the room,” adapting the practice to meet the needs of those present. Drawing on her background in dance, kinesiology, and massage, she offers a comprehensive, informative, and enjoyable experience. Classes include breathing (pranayama), chanting, yoga philosophy, and asana practice to enhance range of motion and circulation while we stretch, strengthen, and relax. *Class Notes:* There is an additional \$10 studio fee payable to the instructor at the first class meeting.

ONLINE LEARNING

Learn more about our outstanding volunteer instructors by viewing their bios with the OLLI class listings online.

Aviation History: Post-World War II Aviation Vignettes @

Tue, Sep 15–Nov 17 • 10:00AM–11:30AM • The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): Gary Hendrickson

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This continuation of personal experiences from the instructor's participation in military, agricultural, and aerial firefighting aviation will include aviation stories from after World War II. This term's vignettes will emphasize the local history of agricultural flying and aerial firefighting.

Cracker Barrel

Mon, Sep 14–Nov 16 • 10:00AM–11:30AM • The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): David Price

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class includes short presentations (talks, slides, videos) followed by discussions on all sorts of current US and world topics involving history,

government, policy, science, technology, literature, education, culture, and many more. Participants are welcome to make presentations, suggest topics, discuss, or just listen. Special guests are also welcome to present.

French 1

Mon, Sep 14–Nov 16 • 1:00PM–2:00PM • Link to be Provided

Instructor(s): Leanne Ulvang (she/her/elle), Michèle Martens

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class is for people who have studied some French in the past. We study basic French grammar, usage, pronunciation, and vocabulary. The focus is communicating with others in written and spoken French. *Class Notes:* This term we will work on prepositions and articles. The recommended book, *Easy French Step-by-Step* by Myrna Bell Rochester, is available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers.

French 2 \$

Mon, Sep 14–Nov 16 • 2:05PM–3:00PM • Link to be Provided
Instructor(s): Leanne Ulvang (she/her/elle)

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class is centered around a French book. The class reads aloud, followed by translation into English, with some discussion of vocabulary, grammar, and the plot. We will review grammar when questions about usage or form come up, perhaps dedicating a class to a particularly irksome topic. *Class Notes:* The class is reading *L'élégance du hérisson* by Muriel Barbery. The French edition of the book is available at Bookshop.org, Amazon, and other booksellers. The class will pick up where the class left off last term. New students this term will want to catch up before class starts.

French 3: Conversation

Mon, Sep 14–Nov 16 • 3:05PM–4:00PM • Link to be Provided
Instructor(s): Leanne Ulvang (she/her/elle), Jane Ziad

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

On parle français dans cette classe, sans traduction (si nous avons de la chance). On doit avoir l'envie d'entendre et de parler mieux le français, et peut-être un jour le parler couramment. Il n'y a pas de textes.

Great Decisions @

Thu, Sep 17–Nov 19 • 1:00PM–2:30PM • The Social Chico, Bradley 2 and Link to be Provided

Instructor(s): William Tefteller, Myron Flindt, David Price, Lynn Cannon, Patti Davis

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

“Great Decisions” is the Foreign Policy Association’s public education program about US foreign policy and global affairs. Currently, relations with other nations are undergoing great change; there are new winners and new losers. Old rules don’t apply and the world is struggling to make new ones. However, the geographical map of natural resources, manufacturing, trade routes, and population centers has not changed. Join us for a thoughtful examination of the major issues and new directions in foreign policy. *Class Notes:* The announced topics for 2026 include Trump tariffs and the future of the world economy, US-China relations, ruptured alliances and the risk of nuclear proliferation, Ukraine and the future of European security, and multilateral institutions in a changing world order. There is an optional study guide available for \$35 plus shipping at www.fpa.org. We will discuss four of the 2026 topics and add several discussions as current events develop.

Let’s Keep Knitting! @

Tue, Sep 15–Nov 17 • 3:00PM–4:30PM • Link to be Provided
Instructor(s): Gale Ulvang

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Knitting with others is a wonderful learning environment. This class is designed to give knitters who have mastered the basic stitches of knit and purl a chance to work on a project of their choosing while we chat and share ideas online with other knitters. All levels of ability are welcome! Gale contributes to the class by offering tips and suggestions for patterns, yarn, and tools based on her years of knitting experience.

Mapping the Emergence of France @

Wed, Sep 16–Nov 18 • 1:00PM–2:30PM • Link to be Provided
Instructor(s): Leanne Ulvang (she/her/elle)

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

When did France become France? Using maps, this class will examine the changing boundaries and structures within the territory now known as France from the fall of the western Roman Empire circa 450 CE to the French Revolution in 1789. Key events and personalities will punctuate the story of the origins of the France we know today.

Reading Poetry for Insight and Enrichment

Tue, Sep 15–Nov 17 • 1:00PM–2:30PM • Link to be Provided
Instructor(s): Kate Foley

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Each week the class will read poems by an individual poet, a collection of poems on a specific subject, or a collection of poems in a specific style. A wide range of poets and poetry will be presented, from classic to contemporary. We will discuss poetry from the perspective that the poet creates the work but the reader activates it.

Science Fiction and Fantasy Book Group \$

Wed, Sep 16–Nov 18 • 1:00PM–2:30PM • Link to be Provided
Instructor(s): Sydney Wilde

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

This class will explore the works of science fiction and fantasy authors. We will discuss the differences and similarities between the two genres, and note the many crossover authors who write in both realms. We are in for a fun ride with authors who have crafted characters and worlds which will carry us to worlds of adventure far, far away. *Class Notes:* This term we will read the first two books in the Vorkosigan Saga by Lois McMaster Bujold, *Shards of Honor* and *The Warrior’s Apprentice*, and the first two books of the Battle Mage Farmer series by Seth Ring, *Domestication* and *Germination*. The books are available at Barnes & Noble, Bookshop.org, Amazon, and other booksellers.

→ Schedule Note: This class meets September 16, September 30, October 14, October 28, November 4, and November 18.

The Gentle Art Studio: An Eight-Week Sketchbook Journey @

Tue, Sep 15–Nov 03 • 10:00AM–11:30AM • Link to be Provided
Instructor(s): Cris Guenter

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Join us for a relaxed, welcoming eight-week art series designed for beginners and anyone returning to creativity. Using a single sketchbook throughout the class, you’ll build a simple, enjoyable creative habit – one page at a time. Each week explores a new approach: gentle drawing, marker basics, watercolor, watercolor pencils, colored pencils, smartphone photography for inspiration, and maintaining your sketchbook practice. No experience or perfection needed – just curiosity. By the end, you’ll have a sketchbook filled with your artwork. Please bring the same sketchbook each week. *Class Notes:* See the full materials list with the class listing on the website.

Treasures of Persia Over Five Millennia @

Wed, Sep 16–Oct 14 • 1:00PM–2:30PM • Link to be Provided
Instructor(s): Katherine Harper (she/her/hers)

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Persia, now called Iran, has an ancient and rich history of producing fascinating architecture and artifacts whether they be paintings, ceramics, decorated tile works, metal works, or carpets. The beauty of Persian culture from earliest times has significantly influenced a large part of the world's creative endeavors. This class will introduce select works from early Persian history through the early twentieth century. *Class Notes:* Attendees will be provided with a detailed syllabus that includes a list of names and terms and any videos and reading recommendations before the first class.

Tuesday Tunes

Tue, Sep 15–Nov 17 • 10:30AM–11:45AM • Haley Music Therapy, Group Room and Link to be Provided
Instructor(s): Bitz Haley, Judi Holohan, Debbie Silveira

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Start your Tuesday with music and songs. Join us in a fun, informal sing-along. Bring your voices and/or musical instruments. The operative word is “fun.” If you like music, you will like this class. All levels welcome!

Using B-Line Services in Butte County @

Tue, Sep 22 • 10:00AM–11:00AM • Link to be Provided
Instructor(s): Amy White

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Join us to learn more about the various services B-Line, Butte County's public transit provider, offers for older adults and people with disabilities.

Will: An English Playwright in Times of Radical Change \$ @

Wed, Sep 16–Nov 18 • 10:00AM–11:30AM • Link to be Provided
Instructor(s): Lynn H. Elliott

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

It was a time of radical change, a time of violence. England was under siege internally and externally. Being on the wrong side, politically or religiously, could result in torture and death. Into this confusing and disordered world strode a young married man who had left his home of Stratford-upon-Avon to attempt his hand at playwriting for the London stage. His name was William Shakespeare. Join us for a discussion of the TV show *Will*, described as “Shakespeare on sex, drugs, and rock and roll.” *Class Notes:* Class members will watch episodes on their own outside of class. The TV show is available to stream with a subscription or purchase on TNT, YouTube, Apple TV+, Amazon, and other streaming services.

Writing Short Plays

Tue, Sep 15–Nov 17 • 1:00PM–3:00PM • Westmont of Chico (formerly The Terraces), Sierra Room and Link to be Provided
Instructor(s): Pam Loyd

- Fee for À La Carte Members: \$55. Fee for Unlimited Members: Included.

Learn to write a short 10- to 20-minute play. We will cover the basics of playwriting, including format, structure, character, conflict, and dialogue. This is a workshop-style class in which we discuss concepts and techniques, share what we have written, and write short exercises to develop skills. Prompts will be offered to stimulate your ideas. There will be an opportunity for some of the plays to be performed in the annual OLLI Play Festival.

→ Schedule Note: This class meets in person September 15–October 13 and online October 20–November 17.

OUTDOOR EXPERIENCES

Learn more about our outstanding volunteer instructors by viewing their bios with the OLLI class listings online.

A Visit to the Chico State Greenhouse *

Mon, Nov 09 • 10:00AM–12:00PM • Chico State Campus, Greenhouse
Instructor(s): David Popp

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

This will be an opportunity to tour the Chico State greenhouse and see how it functions, what it does, and the different habitats that it supports to grow plants from many parts of the world. You'll also see some unique plants. This will be a walking tour lasting about 1 to 2 hours at the greenhouse and surrounding gardens.

Birding in the Chico Area: All Levels *

Thu, Sep 17–Nov 12 • 9:00AM–11:00AM • Various Locations
Instructor(s): Joyce Bond, Joan Mitchell

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class is for both beginning and experienced birders. Through observation and the use of your binoculars, field guides, and birding apps, class participants learn to identify birds in their natural habitat. We will meet once a month at different birding locations for field trips that may involve up to 2 miles of walking. *Class Notes:* Please register for only one birding section.

→ Schedule Note: This class meets September 17, October 22, and November 12.

Birding in the Chico Area: Beyond the Basics *

Thu, Sep 10–Nov 05 • 8:00AM–11:00AM • Various Locations

Instructor(s): Joyce Bond

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

This class is for students who have taken the “Birding in the Chico Area” class more than once. We will not cover birding basics and will spend more time in the field. We will meet once a month at different locations for field trips that may involve 2-3 miles of walking. *Class Notes:* Please register for only one birding section.

→ Schedule Note: This class meets September 10, October 1, and November 5.

Explore Your Public Lands: Gray Lodge Wildlife Area *

Fri, Nov 20 • 8:30AM–4:30PM • Various Locations

Instructor(s): Vickie Stoll, Lorraine Smith (she/her/hers)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

The North State is home to rich, diverse public lands: refuges, parks, forests, and reserves. Your public lands provide vital wildlife habitat and protect our natural resources. On this field trip, we’ll explore Gray Lodge with guidance from a California Department of Fish and Wildlife naturalist and enjoy an easy 2-mile nature walk on level paths. We will identify birds, enjoy stunning views of the Sutter Buttes, and learn about this haven for over 300 species of wildlife. Come explore your public lands with us! *Class Notes:* Further details will be provided prior to the class.

Garden Gourmands * \$

Wed, Sep 16–Sep 23 • 11:00AM–1:00PM • Various Locations

Instructor(s): Debra Barger (she/her/hers), Laurie Smith

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

California’s temperate climate allows an amazing array of plants to be grown locally. Edible gardens, pollinator gardens, native gardens, contemplative gardens, and demonstration gardens are some of the many varieties to tour. Inspired by the successful model of the “Arts & Eats” OLLI class, “Garden Gourmands” will focus on touring the art of garden landscapes combined with eating locally. Join Master Gardeners as we explore different area gardens followed by a no-host lunch at various local eateries to enjoy the bounty of Butte County. *Class Notes:* Each section of this class will visit different gardens. Registered participants will receive the specific garden location via email by the Saturday before each tour. Plan for possible travel time of at least 35 minutes before and after the scheduled class meeting time. There will be a no-host lunch 12-1pm.

Garden Gourmands at Merlo Park in Stirling City *

Sat, Oct 03 • 10:00AM–2:00PM • Various Locations

Instructor(s): Debra Barger (she/her/hers), Laurie Smith

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Join us for a half-day adventure to Clotilde Merlo Park in Stirling City. This privately owned garden park with an abundance of plants, trees, and pollinating insects along with a fish-filled pond, is a lovely 20-acre gem situated at 3500’ elevation. Bronze statues dot the landscape with numerous references to the historic activities in and around Stirling City. Opportunities for photos abound and depending on the weather, we may see the start of fall colors. After touring

the Park, we will enjoy our bring-your-own picnic lunches. *Class Notes:* More details will be provided before the class. Please allow adequate time to drive to Stirling City. The instructors will provide seasonal fruit bounty from the County, cookies, and iced tea.

Hike & History: Meadow Hike & Jonesville Hotel *

Fri, Sep 18 • 8:30AM–3:00PM • Various Locations

Instructor(s): Pamela Waldsmith, Bill Casey, Richard Utter

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Join us for history and a hike. We will be treated to viewing the Jonesville Hotel with a local historian and resident. We will then hike in the meadows near the creek in Jonesville for about 5 miles at roughly 5500’ elevation. Be prepared for uneven ground. *Class Notes:* Hiking poles, good hiking shoes, and binoculars for birding are recommended. Further details will be provided prior to the hike.

Hike to Cub-Butt Divide *

Fri, Oct 16 • 8:30AM–3:30PM • Various Locations

Instructor(s): Vickie Bernhardt, Bill Casey

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

360-degree views will be one of the highlights of this moderate hike (4.5 miles round trip, 650’ elevation gain). Our path will follow the Pacific Crest Trail into fir forest and then onto the ridge between Cub Creek and Butt Creek. Along the way we’ll take opportunities to enjoy and learn about the flora, fauna, soil, history, and stories about the area. From our lunch spot atop the ridge we’ll have beautiful views of Lassen and other nearby and distant mountains. Our pace will be leisurely. *Class Notes:* Further details will be provided prior to the hike. Sturdy hiking boots required; hiking poles optional but recommended.

Hike, History, and How It’s Made: Oak Gall Ink *

Mon, Sep 14 • 10:00AM–12:00PM • Various Locations

Instructor(s): Carolyn Short, Azure Kurth

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Did you know the Magna Carta, US founding documents, da Vinci’s and Rembrandt’s drawings, Bach’s musical scores, and many other important historical documents were written with oak gall ink? We’ll explore a brief history lesson, make our own ink samples from California’s endemic valley oak galls (oak apples), and take a short stroll through the riparian forest, discovering how galls are created each spring by California gall wasps. We’ll look for other types of galls and gall-inducing species. Each participant receives their own ink sample. *Class Notes:* Further details will be provided prior to the class.

History, Art, Bees: Orland Museum Tours *

Fri, Oct 23 • 1:00PM–3:00PM • Various Locations

Instructor(s): Hendrik Feenstra

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

History. Art. Bees. Orland has plenty of each. Spend a couple of hours exploring all three in one afternoon. The Alta Schmidt House Museum houses many historical artifacts, documents, and photos. The Orland Arts Center and Gallery has a new exhibit every three months, plus other events almost monthly. The Honeybee Discovery Center is a great learning experience for schoolchildren, but also for all other age groups. Check out the Story Walk in Library Park when

walking between the venues. *Class Notes:* This class involves standing for most of the time with two city blocks of walking between venues.

HOOFers Revisited: Challenging Hike

Mon, Nov 09 • 8:00AM–4:00PM • Various Locations

Instructor(s): Cynthia Weeks-Finnegan, Laura Lukes, Lois Olson

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

HOOFers Revisited continues building skills in navigation, trail safety, and techniques while hiking our regional trails. Our community of supportive and experienced hikers help shape outings while enjoying shared learning, letting the trail be our classroom. This challenging hike (examples: Feather Falls, Annie Bidwell Trail, Many Waterfalls Loop) will be 6-10 miles in length with uneven and rocky terrain and approximately 2000' elevation gain while enjoying outdoor beauty. Prerequisite: completion of a previous HOOFers class. Questions about your eligibility? Contact Cynthia (tomkevin11@yahoo.com), Laura (lukes76@gmail.com), or Lois (7ljoto@live.com). *Class Notes:* Further details will be provided prior to the hike.

HOOFers Revisited: Easy Hike

Mon, Sep 28 • 8:00AM–4:00PM • Various Locations

Instructor(s): Cynthia Weeks-Finnegan, Laura Lukes, Lois Olson

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

HOOFers Revisited continues building skills in navigation, trail safety, and techniques while hiking our regional trails. Our community of supportive and experienced hikers help shape outings while enjoying shared learning, letting the trail be our classroom. This easy hike (examples: Inks Creek, Rio Vista Loop) will be 3-5 miles in length with uneven terrain and minimal elevation gains while enjoying outdoor beauty. Prerequisite: completion of a previous HOOFers class. Questions about your eligibility? Contact Cynthia (tomkevin11@yahoo.com), Laura (lukes76@gmail.com), or Lois (7ljoto@live.com). *Class Notes:* Further details will be provided prior to the hike.

HOOFers Revisited: Moderate Hike

Mon, Oct 12 • 8:00AM–4:00PM • Various Locations

Instructor(s): Cynthia Weeks-Finnegan, Laura Lukes, Lois Olson

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

HOOFers Revisited continues building skills in navigation, trail safety, and techniques while hiking our regional trails. Our community of supportive and experienced hikers help shape outings while enjoying shared learning, letting the trail be our classroom. This moderate hike (examples: Potters Point Loop, Deer Creek) will be 3-6 miles in length with uneven terrain and 600' elevation gain while enjoying outdoor beauty. Prerequisite: completion of a previous HOOFers class. Questions about your eligibility? Contact Cynthia (tomkevin11@yahoo.com), Laura (lukes76@gmail.com), or Lois (7ljoto@live.com). *Class Notes:* Further details will be provided prior to the hike.

HOOFers Revisited: Moderately Challenging Hike

Mon, Oct 26 • 8:00AM–4:00PM • Various Locations

Instructor(s): Cynthia Weeks-Finnegan, Laura Lukes, Lois Olson

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

HOOFers Revisited continues building skills in navigation, trail safety, and techniques while hiking our regional trails. Our community of supportive and experienced hikers help shape outings while enjoying shared learning, letting the trail be our classroom. This moderately challenging hike (examples: Brad Freeman Trail, Dye Creek) will be 4-7 miles in length with uneven and rocky terrain and approximately 1000' elevation gain while enjoying outdoor beauty. Prerequisite: completion of a previous HOOFers class. Questions about your eligibility? Contact Cynthia (tomkevin11@yahoo.com), Laura (lukes76@gmail.com), or Lois (7ljoto@live.com). *Class Notes:* Further details will be provided prior to the hike.

Identifying and Quick Sketching Birds at Llano Seco Unit *

Tue, Nov 17 • 9:00AM–11:30AM • Various Locations

Instructor(s): Carolyn Short, Azure Kurth

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

The Upper Butte Basin Wildlife Area, Llano Seco Unit hosts massive numbers of Pacific Flyway migratory birds in November. Taking our sketchbooks, binoculars, field guides, and cameras, we'll meander along the 1/2-mile walking trail and stop at two observation platforms allowing us to observe and quickly sketch bird poses and behaviors. We'll identify key species: green-winged teal, American wigeon, northern shoveler, mallard, pintail, bufflehead, snow geese, white-fronted geese, swans, ring-necked ducks, sandhill cranes, and raptor species. *Class Notes:* Further instructions will be given prior to the workshop. Binoculars and journaling materials required.

In Search of California's Vanishing Flora *

Tue, Sep 15 • 9:00AM–12:00PM • Various Locations

Instructor(s): David Popp

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Get an introduction to California native plants and basic botany in the field as we saunter in search of California native wildflowers. *Class Notes:* Further details will be provided prior to the class. Dress appropriately and be prepared to face the elements of nature.

Meandering in Interesting Places: Butte College Health, Kinesiology and Athletics Department *

Mon, Oct 19 • 8:30AM–11:30AM • Various Locations

Instructor(s): Fran Babich, Candice Roethler

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

If you haven't visited the Butte College Health, Kinesiology and Athletics Department recently, here is your chance to join us on a wonderful tour! Various department staff and faculty will help us explore multiple facilities, educational opportunities, and athletic programs. You will have the opportunity to interact with the department dean, coaches, athletic trainers, and various student athletes. Participants must be comfortable navigating steps and walking or standing for up to 2 hours. All walking paths are paved. *Class Notes:* Further details will be provided prior to the class.

Meandering in Interesting Places: Chico Vecino *

Mon, Oct 26 • 9:00AM–11:30AM • Various Locations

Instructor(s): Candice Roethler, Dave Nopel, Kim Harwood-Inouye

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Join us for an outdoor adventure exploring interesting places in our community. In this class we will be walking from the Chico History Museum up the Esplanade exploring one of the first neighborhoods of Chico, called the Vecino. Dave Nopel will be sharing the history and development of this unique area of Chico. *Class Notes:* This walk will be about 2 miles on sidewalks, crossing busy streets at places, with frequent stops at points of historical interest. Further details will be provided prior to the class.

Meandering in Interesting Places: Feather River Fish Hatchery *

Mon, Oct 12 • 8:30AM–11:30AM • Various Locations

Instructor(s): Vickie Bernhardt, Candice Roethler

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Join us in visiting the Feather River Fish Hatchery in Oroville to learn about Chinook salmon returning to the Feather River at the height of fall spawning season. We will visit both sections of the Feather River Fish Hatchery: the spawning room, hatchery, and rearing ponds on the west side of Table Mountain Boulevard; and the fish barrier dam, observation platform, and underwater viewing on the east side of Table Mountain Boulevard. We will walk about 3.5 miles. *Class Notes:* Further details will be provided prior to the class.

Meandering in Interesting Places: New Clairvaux Abbey and Vineyard * \$

Wed, Oct 07 • 10:30AM–12:00PM • Various Locations

Instructor(s): Laura Booth, Candice Roethler

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Join us for an easy, approximately 90-minute docent-led tour of the vineyard grounds and Abbey of Our Lady of New Clairvaux in Vina. The unique soils of this land have led to its cultivation as a vineyard for many years. In 1955 much of the land was purchased by Trappist-Cistercian monks, an order known for their winemaking skills, who established a winery and monastery. A gift shop, informational displays, chapel, and an optional wine tasting are possible extensions to the tour. *Class Notes:* Further details will be provided prior to the class. There is a suggested donation of \$10 per person. Participants should be comfortable walking and standing for up to 2 hours. Plan for travel time of approximately 30 minutes before and after the scheduled class meeting time.

Pacific Crest Trail: Humboldt Peak Hike *

Fri, Sep 18 • 8:30AM–4:00PM • Various Locations

Instructor(s): Lorraine Smith (she/her/hers), Vickie Stoll

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Expansive views and interesting rock formations will be some of the highlights of this moderate, high-elevation hike (3 miles round trip, 200' elevation gain). The trail is well-traveled, with gradual steady ascents and descents. Our path will follow the Pacific Crest Trail through a regenerating fir forest, burned in the 2021 Dixie Fire, to our lunch spot nestled amid remnants of 3-million-year-old stratovolcano Mount Yana. Our pace will be leisurely as we enjoy and learn about

the flora and fauna along the way. *Class Notes:* Further details will be provided prior to the hike. Sturdy hiking boots required; hiking poles optional but recommended.

Small Towns of Northern California: Delta, Mount Shasta, and McCloud *

Thu, Sep 24 • 7:30AM–4:00PM • Various Locations

Instructor(s): Azure Kurth, Bill Casey

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Enjoy Northern California beauty and history with 30-45 minutes to explore, observe, and take short walks in each location. A fifth-generation historian will tell us about Delta in the Sacramento Canyon and the historic significance of the Siskiyou Trail, a famous Native American Battle, gold, and railroads. We will see the stratovolcano and community in Mount Shasta. In the old logging town of McCloud we will visit a community park and learn about the Klamath Tribes, the Modoc War, and Modoc displacement to Oklahoma. *Class Notes:* Further details will be provided prior to the class.

Stories in Stone: Living History of Durham Cemetery \$

Wed, Oct 21 • 10:00AM–11:30AM • Various Locations

Instructor(s): Rian Farley (she/her/hers)

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

To hear Rian Farley speak about Durham Cemetery is to see it as a living, breathing chronicle of community life. In this engaging class, Rian explores the broader history of cemeteries, the symbolism of headstones and footstones, and the personal stories etched in stone. Discover how cemeteries preserve memory, meaning, and local heritage. *Class Notes:* Uneven ground. Closed-toe shoes required. There is a suggested \$5 donation.

Walk the Yellowstone Kelly Heritage Trail in Paradise *

Thu, Oct 22 • 9:45AM–3:00PM • Various Locations

Instructor(s): Melissa Loura, Pat Bronson, Candice Roethler

- Fee for À La Carte Members: \$15. Fee for Unlimited Members: Included.

Come enjoy Paradise and walk the Yellowstone Kelly Heritage Trail with us! We will walk the trail from the top to the bottom, a little over 5 miles downhill, and experience elevations from 2800-1800 feet. The trail is paved and will provide an opportunity to see the rebuild progress and the changing landscape. We will visit the Depot Museum and stop at Joy Lyn's Candy Shop. The last section of the path includes an art installation by muralist Shane Grammer. *Class Notes:* Further details will be provided prior to the walk.

Wednesday Park Walks

Section 1: Wed, Sep 16–Oct 14 • 9:15AM–10:30AM • Various Locations

Section 2: Wed, Oct 21–Nov 18 • 9:15AM–10:30AM • Various Locations

Instructor(s): Amy Hahn, Bill Casey

- Fee for À La Carte Members: \$30. Fee for Unlimited Members: Included.

Join us for our Wednesday morning park walks! If you want to start a walking habit, add to your daily step count, spend a morning with old and new friends, or just enjoy beautiful Lower Park, lace up your shoes and join us. Each week, you have the opportunity to choose a 1-mile route looping at Hwy 99 or a 2.8-mile route looping at the 2nd bridge (Cedar Grove).

SPECIAL THANK YOU!

At OLLI at Chico State, community is at the heart of who we are. Our lifelong learning program exists through the dedicated contributions of our volunteers – members and community partners who serve as guides, visionaries, teachers, and loyal supporters. We want to say a resounding thank you to all of them for their hard work and tireless support that helps keep OLLI at Chico State at the forefront of active learning and engagement.

Our Donors

Generous contributions from our members help provide OLLI with its incredible variety of classes, in addition to classroom upgrades and new computer equipment to help us stay connected and engaged. Membership fees cover only half of OLLI's total expenses. By making a donation to OLLI, either monetarily or by volunteering, you can help broaden the horizons of future OLLI members. Visit the "Donate" page at olli.csuchico.edu to support OLLI with a donation or the "Volunteer" page to sign up to join our volunteer team.

Business Sponsors

Connecting with local businesses helps expand programming, increase awareness of our program, and build connections with the broader community. We would like to thank our sponsors for their partnership with our OLLI program.



Accessibility & Safety

OLLI is committed to making our classes welcoming and accessible to everyone. We have implemented accessibility measures in our main classroom spaces at The Social Chico, we offer classes on Zoom for those who prefer to learn from home, and we are partnering with Chico State faculty and community partners to explore new ways to make OLLI open and friendly to marginalized groups. Visit our website at olli.csuchico.edu for our full accessibility statement and more information about our commitment to welcoming and inclusion.

COVID-19 vaccinations are strongly encouraged and not required. Masks are optional and always welcome. There are HEPA air purifiers in all four of our main classrooms at The Social Chico. If you are experiencing symptoms of COVID-19 or any other communicable illnesses, such as a cold or the flu, please stay home.

FALL '26 CLASS SELECTIONS

First & Last Name: _____

IN PERSON

- \$55 24-Form Tai Chi *
- \$30 A Philosophy for Living: Sect. 1 *
- \$30 A Philosophy for Living: Sect. 2 *
- \$15 A Visit to the Ahart Herbarium *
- \$55 Acrylic Painting
- \$15 Addiction 101
- \$15 Age Well, Drive Smart
- \$55 Anthropology on Film
- \$30 Art Projects x 5 *
- \$30 Backyard Stewardship
- \$15 Beading Basics: Sect. 1 *
- \$15 Beading Basics: Sect. 2 *
- \$15 Beading Basics: Sect. 3 *
- \$55 Beginning Spanish from Chapter 1
- \$55 Beginning Spanish from Chapter 13
- \$55 Beginning Spanish from Chapter 7
- \$55 Behind the Beautiful Forevers: Sect. 1 *
- \$55 Behind the Beautiful Forevers: Sect. 2 *
- \$30 Creative Journaling *
- \$30 Cuban Folkloric Dance and Music
- \$30 Dancing Makes You Smarter
- \$30 Democracy's Pillars of Influence *
- \$30 Estate Planning 101
- \$30 Exploring Mixed Media Collage *
- \$55 Fairy Tales and Their Tellers
- \$30 France Off the Beaten Path
- \$30 Fredrik Backman's *And Every Morning...* *
- \$15 Golden Beaver Distillery Tasting
- \$30 Good Nutrition and Great Taste
- \$0 Healthier You
- \$15 How Herbarium Specimens Are Mounted *
- \$55 Human Evolution *
- \$55 Intermediate Spanish Conversation
- \$15 Intro to Silversmithing: Sect. 1 *
- \$15 Intro to Silversmithing: Sect. 2 *
- \$15 Intro to Silversmithing: Sect. 3 *
- \$30 Introduction to Heart Health *
- \$55 Jug Band Music
- \$55 Learning to Speak Dragon *
- \$55 Let's Play Games!: Sect. 1
- \$55 Let's Play Games!: Sect. 2
- \$55 Let's Play Improv Games
- \$30 Make an Altered Book *
- \$30 Master Gardener Lecture Series
- \$15 Medicare Updates and Plan Review
- \$55 Mindfulness for Everyday Living *

IN PERSON, CONT.

- \$30 Navigating Retirement Investing
- \$30 Oral Health and Longevity
- \$30 Playing Guitar at Beginning Level 2...
- \$30 Poetry for Pleasure
- \$55 Reader's Theatre *
- \$55 Recreational Mathematics
- \$30 Sing Gospel Music
- \$15 Singing A Cappella *
- \$55 Sketchbook Journaling
- \$55 Solving Moral Dilemmas
- \$55 Spanish Composition and Conversation
- \$55 Spanish Songs
- \$30 Spiritual Principles *
- \$15 Stansbury Home Tour *
- \$15 Stay Safe, Stay Strong
- \$55 Tai Chi for Arthritis and Fall Prevention *
- \$55 Tap Dance Is Fun: Sect. 1 *
- \$55 Tap Dance Is Fun: Sect. 2 *
- \$55 Telling Your Story
- \$30 The Battle of Vercors
- \$55 The Beatles
- \$30 The Power of Words
- \$30 Thoughts, Beliefs, Values.... Sect. 1
- \$30 Thoughts, Beliefs, Values.... Sect. 2
- \$15 Trash and the Neal Road Landfill *
- \$15 Understanding Alzheimer's and Dementia
- \$55 United States Politics: An Update
- \$55 Watercolor Painting *
- \$55 Watercolor: Beginning
- \$55 Welcome to the World of Chi *
- \$15 What Is the Vestibular System?
- \$15 Wirework Earrings: Sect. 1 *
- \$15 Wirework Earrings: Sect. 2 *
- \$15 Wirework Earrings: Sect. 3 *
- \$15 Women & Money: Pause Before You Pay
- \$55 World Dance
- \$55 Writer's Workshop
- \$30 Yoga for You

HYBRID ~ IN PERSON OR LIVE ONLINE!

- \$55 Aviation History: Post-World War II
- \$55 Cracker Barrel
- \$55 Great Decisions
- \$55 Tuesday Tunes
- \$55 Writing Short Plays

ONLINE

- \$55 French 1
- \$55 French 2
- \$55 French 3: Conversation
- \$55 Let's Keep Knitting!
- \$55 Mapping the Emergence of France
- \$55 Reading Poetry for Insight & Enrichment
- \$55 Science Fiction and Fantasy Book Group
- \$55 The Gentle Art Studio
- \$30 Treasures of Persia Over Five Millennia
- \$15 Using B-Line Services in Butte County
- \$55 Will: An English Playwright

OUTDOOR EXPERIENCES

- \$15 A Visit to the Chico State Greenhouse *
- \$30 Birding in the Chico Area: All Levels *
- \$30 Birding in the Chico Area: Beyond Basics *
- \$15 Explore Your Public Lands: Gray Lodge *
- \$30 Garden Gourmands *
- \$15 Garden Gourmands at Merlo Park *
- \$15 Hike & History: Meadow Hike & Jonesville *
- \$15 Hike to Cub-Butt Divide *
- \$15 Hike, History.... Oak Gall Ink *
- \$15 History, Art, Bees: Orland Museum Tours *
- \$15 HOOFFers: Challenging Hike
- \$15 HOOFFers: Easy Hike
- \$15 HOOFFers: Moderate Hike
- \$15 HOOFFers: Moderately Challenging Hike
- \$15 Identifying and Quick Sketching Birds *
- \$15 In Search of California's Vanishing Flora *
- \$15 Meandering: Butte College *
- \$15 Meandering: Chico Vecino *
- \$15 Meandering: Feather River Hatchery *
- \$15 Meandering: New Clairvaux *
- \$15 Pacific Crest Trail: Humboldt Peak Hike *
- \$15 Small Towns of Northern California *
- \$15 Stories in Stone: Durham Cemetery
- \$15 Walk the Yellowstone Kelly Heritage Trail *
- \$30 Wednesday Park Walks
- \$30 Wednesday Park Walks: Sect. 2

CLASS FEE TOTAL FOR À LA CARTE MEMBERS

\$ _____

Add this amount to the membership form.

Helpful Notes:

- Classes with an asterisk (*) count toward the 3-class limit. During the first two weeks of registration, you may register for up to three of these limited classes. After two weeks, you may add additional limited classes to your schedule where space is available.
- You can register for any number of classes without an asterisk (*).
- Classes have different start dates throughout the term. Please refer to the Schedule at a Glance for the class dates.



These forms are provided for printing. To register electronically, visit olli.csuchico.edu.

FALL '26 MEMBERSHIP FORM

Membership is required to participate in OLLI classes and member events. OLLI volunteer instructors are also required to join. Joining OLLI at Chico State supports our programs and enables you to enjoy OLLI's full range of offerings, make new friends, and socialize with people who share common interests.

YOUR CONTACT INFORMATION:

Has any of your information changed since the last time you registered? Yes!

Name _____ Phone # _____

Address _____ City _____ Zip _____

Email _____ Date of Birth ____/____/____

Emergency Contact Name _____

Relationship to You _____ Phone # _____

OLLI shares information by email and on our website. If you don't have access to a computer or email account, please check here to receive the information by mail. []

AVAILABLE MEMBERSHIP OPTIONS: *Installments Available!*

All memberships include three consecutive terms: **fall, winter, and spring**. Make your selection and enter your credit card information below.

Unlimited Membership

- 2 Payments of \$150 or
- 5 Payments of \$60 or
- Single Payment of \$300

À La Carte Membership

- Single Payment of \$50
- Individual class fees are extra and are listed with the class description and on the class registration form.*

Instructor-Only Unlimited Membership

- 2 Payments of \$120 or
- 5 Payments of \$48 or
- Single Payment of \$240

Upgrade from À La Carte Membership to Unlimited Membership \$250

Check the back of your catalog for your current membership status.

Scholarships available. Contact OLLI at 530-898-6679 or olli@csuchico.edu for more information.

INFORMED CONSENT AGREEMENT:

As a participant in the Osher Lifelong Learning Institute at Chico State, I understand that risk of accident and injuries can arise out of participation in program activities and agree to release from liability and hold harmless Chico State Enterprises, its programs, the Trustees of the California State University, and their officers and employees, from claims against them arising from injuries or property damage which might occur in connection with this activity. I certify that I am in good health and have the capacity to participate in programs of this nature. I give permission to be medically treated for illness or injury occurring during participation in the above activity and certify that I am covered by medical insurance and/or willing to bear financial responsibility for any costs incurred in medical treatment. I also give permission for photos taken during OLLI classes or activities to be published.

Signature (Required): _____ Date: _____

FEES: Enter your membership fee and class fees total from the other side of this form. If you have a current membership, enter \$0 for the membership fee. If you have or are paying for an Unlimited Membership, enter \$0 for the per class fee. Check the back of your catalog for your membership expiration date.

Membership Fee: \$ _____ + Per Class Fee Total (À La Carte Members Only): \$ _____ = Payment Total \$ _____

PAYMENT: Check enclosed, payable to "Chico State Enterprises" Charge My Credit Card \$ _____

Credit Card # _____ Exp. _____

MAIL FORM & PAYMENT TO: OLLI at Chico State • 400 W. 1st St • Chico, CA 95929-0792

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Take a trip guided by seasoned tour guides from Collette, a favorite touring company of other OLLIs in the national Osher network. These OLLI-exclusive experiences promise memorable journeys in the company of friends. For more information, visit the “Trips and Tours” page at olli.csuchico.edu



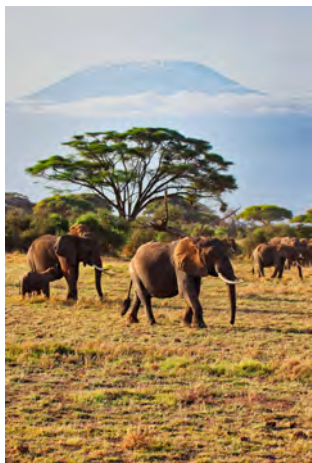
Wonders of Thailand, Winter '27

Delve into a land where bustling modern cities, ornate ancient temples, and stunning jungle beaches coexist. Discover the busy metropolitan roads of Bangkok by tuk tuk. Nosh on perfectly balanced street food. See intricate colored tiles and golden statues at Buddhist shrines. Explore the melting pot of culture and bright, eccentric Sino-Portuguese architecture in Phuket's Old Town. Relax at pure white sandy beaches overlooking turquoise waters beside verdant green jungles. Uncover the beautifully balanced mosaic of old and new, metropolitan, rural, and coastal that is Thailand.



France Magnifique Discovery, Spring '27

From the royal Palace of Versailles to the enchanting streets of Paris, grab a baguette and rendezvous with the best of France. Explore the former royal court and gardens in Versailles. Stroll past the magnificent, colorful flora in Monet's Garden in Giverny. Immerse yourself in the history of Normandy's D-Day Landing Beaches and visit the Normandy American Cemetery. Delight in a 2-night stay in a stunning, renovated château in the UNESCO World Heritage Loire Valley. Enjoy a visit to the famous Chenonceau Castle. Sip wine during a tour of a winery and its impressive underground caves. Glide along the Seine as you take in the highlights of Paris. Savor the views and rich cuisine during dinner at the Eiffel Tower. Bask in the robust history, culture, and romance of these celebrated cities and charming towns.



The Plains of Africa, Summer '27

Enjoy Kenya's scenic vistas and magnificent wildlife as you traverse the African plains on an intimate safari adventure. In Swahili, "safari" means journey; to you, it will mean that – and so much more. Explore Kenya, home to incredible wildlife from cheetahs to wildebeests. Discover the thriving cultures and innumerable natural wonders that make this one of the most popular African countries to visit. Go in search of elephants, lions, buffalo, rhinos, and leopards – collectively known as the "Big 5" – and other animals on 13 game drives. Meet a member of the Samburu tribe who opens you up to the culture, folklore, and African traditions. Visit with Rothschild giraffes at the Giraffe Sanctuary. Visit the beautiful Maasai Mara National Reserve, and top off a full-day game drive with a traditional dinner in the bush and a Maasai dance performance. These are the plains of Africa, where unparalleled experiences greet you at every turn.

Three Ways to Learn This Fall!

In the Classroom
Outdoor Experiences
Online Learning

SAVE THE DATE

OLLI Fall '26 Calendar

June 28..... Summer Social Meetups Begin
June 29-July 3..... Fourth of July Week (*OLLI Closed*)
August 20 Fall Class Preview
August 27..... Fall Class Registration Opens
September 7..... Labor Day (*OLLI Closed*)
September 13..... Summer Social Meetups End
September 14 First Day of Fall Classes
September 21..... Yom Kippur (*No Classes*)
November 11 Veterans Day (*No Classes, OLLI Closed*)
November 20..... Last Day of Fall Classes
November 22..... Winter Social Meetups Begin

Fall '26 Class Preview

In August, we will highlight our fall offerings through an in-person preview at the Chico Masonic Family Center. Learn about fall classes, plan your schedule, and hear from some of the volunteer instructors who will lead classes. The event is open to the public. **Invite your friends!**

- **Thursday, August 20, 10:30AM–Noon** (Presentation begins at 11AM)
- Chico Masonic Family Center, 1110 W. East Avenue, Chico
- Free parking, coffee, and snacks. Come learn what OLLI has planned for fall!

Learn with a Friend = Guaranteed Class Enrollments!



Learning is great when you get to do it with friends! When you refer someone you know and they also join OLLI, you can both register early for classes this fall. Whether you're taking all your classes together or enjoying separate parts of OLLI, registering early lets you avoid the rush on popular classes or classes with limited capacity. Contact the OLLI office by August 20 to confirm.



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