

Join Us!

The Osher Lifelong Learning Institute (OLLI) at CSU, Chico offers those age 50 and better more than 300 enrichment opportunities annually in a climate fostering friendship and the mutual sharing of ideas and expertise. Our mission is to create opportunities for **academic engagement**, civic involvement, **personal growth**, and fun. By offering a myriad of classes and experiences for a vibrant community of learners, OLLI delivers **learning for a lifetime**.

This spring we offer more than 130 classes, led by current and retired CSU, Chico faculty, working professionals, lecturers, hobbyists, and researchers who bring a lifetime of experience to their presentations. Whether you're interested in local or world **economic development**, improving your **health, star-gazing** with a former NASA employee, or expanding your knowledge of **local hikes**, there is truly something for everyone at OLLI.

And the best part? No entrance requirements, tests, grades, or papers—just learning for enjoyment, personal growth, and intellectual stimulation with like-minded people. Come learn with us—**just for the fun of it**—this spring!

YOU'RE INVITED!

Bring family & friends to the OLLI Spring Class Preview! Visit with other OLLI members, preview upcoming courses, and meet our Peer Leaders.

Spring Class Preview

Thursday, January 9

10 a.m.—Noon

Manzanita Place, 1705 Manzanita Avenue, Chico

For additional information, call 530-898-6679 or visit the OLLI website.



MEMBER BENEFITS

- Unlimited classes
- Priority registration for Peer Leaders & Classroom Hosts
- Free parking at primary classroom complex
- Discount meal plan at the OLLI classroom complex
- CSU, Chico Library Card
- Free admission to the OLLI Community Speaker Series
- Discounts to select Chico Performances main stage events

SPRING '20 KEY DATES & EVENTS

- January 9: Class Preview
- January 16: Class Registration Opens @ 9am
- January 27: Spring Classes Begin

Find a complete list of spring dates and details, plus membership and registration information, on our website.

olli.csuchico.edu

MEMBERSHIP

Membership is required to participate in OLLI classes, activities, and events. OLLI instructors, also called “Peer Leaders,” are also required to join. Joining OLLI allows members age 50 and better to participate in as many classes and activities as their lives will hold at one price. Some classes have an additional supplies fee, but the vast majority have no additional cost. Because of our volunteer-based program, Chico has some of the lowest program fees of the 122 unique OLLI programs nationwide. Join now to learn, grow, socialize and make new friends.

AVAILABLE CHICO CHAPTER MEMBERSHIP OPTIONS: *Classes in all locations*

Spring '20 & Summer '20 Bundle

- 2 Payments of \$72.50 or
- Single Payment of \$145

Spring '20 Only

- 2 Payments of \$62.50 or
- Single Payment of \$125

HOW TO REGISTER ~ CLASS REGISTRATION OPENS JANUARY 16 @ 9AM

- Online! Visit olli.csuchico.edu today to join OLLI & pay membership fees by VISA/MC, and to sign up for classes when registration opens on January 16.
- Complete and mail the enclosed Membership & Class Request Form.
- Call the OLLI office at 530-898-6679.

Don't wait! You can pay now & be ready to go on registration day!

DONATE & SHARE THE GIFT OF OLLI!

Gifts to the OLLI annual fund can help provide an OLLI membership to a friend, family member, or someone in need, as well as support a host of free classes and activities so that more may enjoy and benefit from lifelong learning. Give today at olli.csuchico.edu or call 530-898-6679.

WHERE IS THE OLLI OFFICE LOCATED?

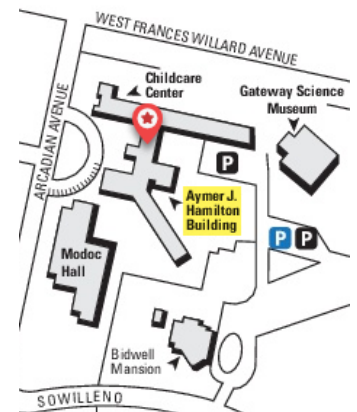
We're located in the Aymer J. Hamilton Building, Room 118B, on the CSU, Chico campus near the Gateway Science Museum and Bidwell Mansion. Office hours are Monday–Thursday, 9am–1pm. You can also find us at the OLLI Service Desk (limited staff hours) across from the coffee shop in the Bradley Lobby at The Social Chico!

Mailing Address:

Osher Lifelong Learning Institute
CSU, Chico
400 W. First Street
Chico, CA 95929-0792

Get in Touch:

Web: olli.csuchico.edu
Phone: 530-898-6679
Email: olli@csuchico.edu
Facebook: [facebook.com/ollichico](https://www.facebook.com/ollichico)



WHERE ARE OLLI CLASSES?

Most OLLI classes are held in four dedicated classrooms at The Social Chico, 1400 W. 3rd St. There is ample free parking, as well as food & beverage service available on site. Other classes are held in a variety of indoor and outdoor locations around the greater Chico area. Details and maps can be found online and in the class schedule.



Spring 2020 Schedule

Registration Opens January 16 @ 9AM

\$ = Class Has Additional Fee
 ✓ = Counts Toward 5-Class Limit
 Limit will be lifted Jan. 30 at 9am

MONDAY CLASSES

Maintaining Optimum Brain Health and Fitness Financial		Leonard Matheson	8:30–9:30	Jan 27–Mar 02	The Social Chico: Gordon 1
Planning for Retirement: Best Practices		Steven Ciadakis	8:30–9:30	Feb 03–Feb 24	The Social Chico: Bradley 1
Meditation and Contemplation	✓	George McClendon	8:30–10	Jan 27–May 04	Unitarian Church
OLLI Hikers: Iron Canyon Loop for Men & Women: Section 2	✓	Lorna Cunkle	9–4	Feb 24	Great Outdoors
Hoofers ~ A Community of Women Hikers CANCELLED	✓	Cynthia Weeks-Finnegan	9:30–10:30	Jan 27–Apr 13	The Social Chico: Gordon 2
History Through Mystery: 1st Mondays	✓	Claire Altheuser	9:30–11	Feb 03–May 04	Private Residence
History Through Mystery: 2nd Mondays	✓	Claire Altheuser	9:30–11	Feb 10–Apr 13	Private Residence
History Through Mystery: 3rd Mondays	✓	Claire Altheuser	9:30–11	Feb 17–Apr 20	Private Residence
History Through Mystery: 4th Mondays	✓	Claire Altheuser	9:30–11	Feb 24–Apr 27	Private Residence
Sing Gospel Music With or Without Instruments		Phil Elkins	10–11:30	Jan 27–May 04	The Lodge at The Terraces
Will		Lynn Elliott	10–11:30	Feb 24–Apr 20	The Social Chico: Bradley 1
Cracker Barrel		Dave Price	10–12	Jan 27–May 04	The Social Chico: Gordon 1
Introduction to the Art of Bonsai		Leo Martinez	10–12	Apr 27–May 04	The Social Chico: Bradley 1
Exploring Butte County History	✓	Maureen Fredrickson	10–11:30	Jan 27–May 04	The Social Chico: Bradley 2
French 1		Leanne Ulvang	1–1:50	Jan 27–May 04	The Social Chico: Gordon 2
Women & Money: Take Control of Your Finances!		Miste Cliadakis	1–2	Feb 03–Feb 17	The Social Chico: Bradley 1
CSU, Chico Faculty Lecture Series	✓	Ann Nikolai	1–2:30	Jan 27–May 04	The Social Chico: Bradley 2
Knitting Boot Camp: Section 1	✓	Gale Ulvang	1–2:30	Jan 27–Feb 17	Private Residence
Senior Hair Care for Women and Men		Grace Lonis	1–2:30	Jan 27–Feb 17	Faith Lutheran Church
Knitting Boot Camp: Section 2	✓	Gale Ulvang	1–2:30	Feb 24–Mar 23	Private Residence
Smart Phone 101: Apple iPhone and iPad		Susan Levine	1–2:30	Mar 02–Mar 30	The Social Chico: Gordon 1
Smart Phone 101: Android		Judy Barclay	1–2:30	Mar 30–May 04	The Social Chico: Bradley 1
OLLI 2.0: Becoming a Peer Leader		Susan Levine	1–2:30	Feb 24	The Social Chico: Bradley 1
Easy Peasy Easter Decoration	✓	Judi Holohan	1–2:30	Mar 02–Mar 02	The Social Chico: Bradley 1
Aging Bodies: An Owner's Manual	✓	Susan Levine	1–2:30	Apr 06–Apr 27	The Social Chico: Gordon 1
French 2		Leanne Ulvang	1:55–2:45	Jan 27–May 04	The Social Chico: Gordon 2
French 3: Conversation		Leanne Ulvang	2:50–3:45	Jan 27–May 04	The Social Chico: Gordon 2
Armchair Travel Sketching: Advanced	✓	Marvey Mueller	3–4:30	Jan 27–Feb 24	The Social Chico: Bradley 1
Estate Planning 101		Dana Campbell	3–4:30	Feb 24–Mar 09	The Social Chico: Gordon 1
Exploring Mixed Media Collage	✓	Debbie Vermette	3–4:30	Mar 02–May 04	The Social Chico: Bradley 1

TUESDAY CLASSES

Smart Cycling		Becky Warren	8:30–10	Apr 21–Apr 28	The Social Chico: Bradley 1
Reading Homer in Greek		Jack Ayer	9–10	Jan 28–May 05	The Social Chico: Gordon 2
Birdwatching Basics in Bidwell Park	✓	Karen L Smith	9–11	Feb 11–Apr 21	Bidwell Park
OLLI Hikers: Table Mtn Wildflower Hike / Men & Women: Sect 1	✓ \$	Lorraine Smith	9–2	Apr 07	Great Outdoors
Gift of the Arts: The Janet Turner Print Museum		Laura Nice	10–11:30	Feb 11–May 12	Janet Turner Print Museum

TUESDAY CLASSES

Mothers, Movers & Shakers: Women of the Hebrew Scriptures		Ginger Harwood	10–11:30	Jan 28–Mar 03	The Social Chico: Bradley 1
Book in Common: In Search of the Canary Tree		Brooks Thorlaksson	10–11:30	Mar 24–Mar 31	The Social Chico: Bradley 1
SMART Eldership		Janet Rechtman	10–11:30	Mar 24–Apr 28	The Social Chico: Gordon 1
Tuesday Tunes	√	Bitz Haley	10:15–11:30	Jan 28–May 05	Haley's Martial Arts Center
Current Issues with Emphasis on Media Coverage	√	Robert Main	10:30–12	Jan 28–May 05	The Social Chico: Bradley 2
Shakespeare: Slow-Reading King Lear		Jack Ayer	10:30–12	Jan 28–May 05	The Social Chico: Gordon 2
Elementary Logic for a Secondary World		Gary Hedlind	11–12	Jan 28–Feb 25	The Social Chico: Gordon 1
The Tao Te Ching: An Introduction		Jerome Dirnberger	1–2	Apr 14–Apr 28	The Social Chico: Bradley 1
Armchair Traveler	√	Jim Blaser	1–2:30	Jan 28–May 05	The Social Chico: Bradley 2
Reading Poetry for Insight and Reflection		Dennis Daniel	1–2:30	Jan 28–May 05	The Social Chico: Gordon 2
Tai Chi: Section 1	√	Lenora Wong	1–2:30	Jan 28–Apr 28	Windchime of Chico
2020 California Primary Ballot Propositions: Pros & Cons		Carolyn Dusenbury	1–2:30	Feb 04–Feb 11	The Social Chico: Gordon 1
Exploring the Adult World of Coloring		Patty Baroni	1–2:30	Feb 04–Apr 07	The Social Chico: Bradley 1
Better Pictures with Your iPhone Camera	√	Dick Emmons	1–2:30	Mar 10–May 05	Aymer J. Hamilton #124
Living with an Attitude of Gratitude		Rosie Potestio	1–2:30	Mar 10–May 05	The Social Chico: Gordon 1
Let's Knit	√	Gale Ulvang	3–4:30	Jan 28–May 05	The Social Chico: Bradley 1
Healthier You! Lecture Series Presented by Enloe Medical Center		Suzie Lawry-Hall	3–4:30	Mar 03–Apr 21	Enloe Conference Center

WEDNESDAY CLASSES

Trees of Chico	√	Roger Lederer	8:30–9:30	Feb 19–Mar 04	The Social Chico: Bradley 2
Recycling ~ Brunch 'n Learn with Waste Zero Specialist		Becky Holden	10–11	Mar 25–Apr 08	The Social Chico: Gordon 1
Creative Aging		Lynn Haskell	9–10:30	Jan 29–Apr 01	The Social Chico: Gordon 2
Beginning Guitar: Level 2		Phil Elkins	10–11:30	Jan 29–May 06	The Lodge at The Terraces
Drawing Lab		Dick Kennedy	10–11:30	Jan 29–Mar 25	The Social Chico: Bradley 1
Gardening with California Native Plants	√	Cindy Weiner	10–11:30	Jan 29–Mar 11	The Social Chico: Gordon 1
Thoughts Become Things ~ The Art of Thinking Yourself to Success	√	Rosario Clerici-Green	10–11:30	Apr 15–May 06	The Social Chico: Gordon 1
Firewise Landscaping	√	Joyce Hill	10–11:30	Apr 08–May 06	The Social Chico: Bradley 1
Rise & Fall of the Roman Empire		Bill Augros	10:30–12	Jan 29–May 06	Faith Lutheran Church
Wisdom through Meditation	√	Gayle Womack	10:30–12	Jan 29–May 06	Lakeside Pavilion (CARD)
Intermediate Spanish Conversation	√	Memo Keswick	11:15–12:30	Feb 05–May 06	The Social Chico: Bradley 2
Adopt a School		Bill Augros	12–1	Jan 29	Faith Lutheran Church
Feed the Homeless		Bill Augros	12–1	Jan 29	Faith Lutheran Church
Lunch Around Town	√	Susan Levine	12:30–2	Feb 12–May 08	Variou
Documentary Film: "Jazz"	√	Robert Main	1–2:30	Jan 29–May 06	The Social Chico: Bradley 2
Learn How To Draw	√	Susan Levine	1–2:30	Jan 29–May 06	Aymer J. Hamilton #124
The Meanings and Mysteries of Names		Robin Dizard	1–2:30	Feb 12–Apr 29	The Social Chico: Gordon 1
Exploring and Sharing Your Inner Wisdom		Peggy Jennings-Severe	1–2:30	Mar 04–Mar 25	The Social Chico: Bradley 1
Shakespeare Video Lectures & Plays		Bill Augros	1–4	Jan 29–May 06	Faith Lutheran Church
Upper Bidwell Park: Your gYm and a gEm!	√	Pamela Waldsmith	1–4	Jan 29–Feb 19	Bidwell Park
French for Travelers		Leanne Ulvang	1:30–2:30	Jan 29–May 06	The Social Chico: Gordon 2
Wars of the Roses	√	Leanne Ulvang	3–4	Feb 12–May 06	The Social Chico: Gordon 1
Local Issues	√	Gayle Womak	3–4:30	Jan 29–Mar 04	The Social Chico: Bradley 2

WEDNESDAY CLASSES

Local Artist Lecture Series	√	Debbie Vermette	3–4:30	Mar 11–Apr 22	The Social Chico: Bradley 2
Ancient Qi Gong: Section 1		Matt Cavender	3:30–4:30	Mar 25	The Lodge at The Terraces
Mindful Movements Workshop: Section 1		Matt Cavender	3:30–4:30	Apr 01	The Lodge at The Terraces
Ancient Qi Gong: Section 2		Matt Cavender	3:30–4:30	Apr 08	The Lodge at The Terraces
Mindful Movements Workshop: Section 2		Matt Cavender	3:30–4:30	Apr 15	The Lodge at The Terraces

THURSDAY CLASSES

Hike & Learn Series: Divide Ranch and BCCER	√	Pamela Waldsmith	8:30–4	Mar 12–Apr 16	Great Outdoors
Birding in the Chico Area	√	Joyce Bond	9–11	Jan 30–May 07	The Social Chico: Bradley 1
OLLI Hikers: Table Mtn Wildflower Hike / Men & Women: Sect 2	√ \$	Lorraine Smith	9–2	Apr 09	Great Outdoors
Acrylic Painting for Beginners and Beyond: Section 1	√ \$	Christine MacShane	9:30–11:30	Jan 30–Feb 20	Christine Mac Shane's Studio
Acrylic Painting for Beginners and Beyond: Section 2	√ \$	Christine MacShane	9:30–11:30	Feb 27–Mar 26	Christine Mac Shane's Studio
Acrylic Painting for Beginners and Beyond: Section 3	√ \$	Christine MacShane	9:30–11:30	Apr 02–Apr 23	Christine Mac Shane's Studio
Lewis and Clark Expedition (1803-1806) CANCELLED	√	Stew Monroe			
OLLI Book Group	√	Marian Milling	10–11:30	Feb 06–May 07	The Social Chico: Gordon 1
TED Talks	√	Gayle Womack	10–11:30	Jan 30–Apr 30	The Social Chico: Gordon 1
Aviation History: War Comes to the Pacific	√	Gary Hendrickson	10–11:30	Feb 13–Apr 09	The Social Chico: Bradley 1
Tai Chi: Section 2	√	Lenora Wong	10:30–12	Jan 30–Apr 30	Windchime of Chico
Advanced Sleep and Dreams	√	Susan Bollinger	1–2:30	Jan 30–Mar 26	The Social Chico: Gordon 2
Great Decisions	√	William Tefteller	1–2:30	Jan 30–May 07	The Social Chico: Bradley 2
Photography: Beyond Auto Mode	√	Dick Emmons	1–2:30	Mar 12–May 07	Aymer J. Hamilton #124 Faith
Investigation of the U.S. President		Bill Augros	1–2:30	Jan 30–Mar 19	Lutheran Church
Fairy Tales: Not the Same Old Stories Contemporary		Sydney Wilde	1–3	Feb 13–May 07	The Social Chico: Gordon 1
World Cinema	√	Peter Hogue	1–4	Jan 30–May 07	The Social Chico: Bradley 1
Make Dairy-Free Cheese the Easy Way: Section 1	√ \$	Trudi Meier	1–4	Jan 30	Faith Lutheran Church
Ballroom Dance: Beginning	√	Gloria Hylton	1:30–3:30	Feb 06–Apr 23	Lakeside Pavilion (CARD) The
Your Eyes and Your Health		Dr. Joel Isaac Barthelow	3–4:30	Jan 30–Apr 30	Social Chico: Gordon 1 Chico
Stargazing at the Chico Community Observatory	√	Mike Davis	6:30–9	Feb 27	Community Observatory

FRIDAY CLASSES

OLLI Hikers: Feather Falls for Women	√	Lorraine Smith	8–5	May 01	Great Outdoors
OLLI Hikers: Phantom Falls/Table Mountain for Women	√ \$	Lorraine Smith	8:30–4	Apr 03	Great Outdoors
Poetry for Pleasure		James Kirks	9–10:30	Jan 31–May 01	Aymer J. Hamilton #124
OLLI Hikers: Iron Canyon Loop for Men & Women: Section 1	√	Lorna Cunkle	9–4	Feb 21	Great Outdoors
Watercolor Made Simple: Section 1	√ \$	Christine MacShane	9:30–11:30	Jan 31–Feb 21	Christine Mac Shane's Studio
Watercolor Made Simple: Section 2	√ \$	Christine MacShane	9:30–11:30	Feb 28–Mar 27	Christine Mac Shane's Studio
Watercolor Made Simple: Section 3	√ \$	Christine MacShane	9:30–11:30	Apr 03–Apr 24	Christine Mac Shane's Studio
OLLI Hikers: Beatson Hollow for Men & Women	√ \$	Lorna Cunkle	9:30–5	Apr 03	Great Outdoors
Let's Walk		Deb Siouxthorup	10–11	Jan 31–May 08	Bidwell Park
Table Mountain Wildflowers	\$	Herman Gray	10–11:30	Apr 17	Great Outdoors
The Private Life of a Masterpiece	√	Walter Coffey	10:30–12	Jan 31–May 08	The Social Chico: Gordon 1
World Dance Singing	\$	Memo Keswick	1–2:30	Feb 07–May 08	Private Residence

FRIDAY CLASSES

Arts & Eats	√	Maureen Fredrickson	1–3	Jan 31–May 08	Various
Music and Musicians	√	Walter Coffey	1–3	Jan 31–May 08	The Social Chico: Gordon 1
Artisan Bread Making ~ Beginning: Section 1		Doreen Fogle	1–3:30	Mar 13	Faith Lutheran Church
Artisan Bread Making ~ Advanced: Section 1		Cathryn Hudin	1–3:30	Mar 27	Faith Lutheran Church
Artisan Bread Making ~ Beginning: Section 2		Doreen Fogle	1–3:30	Apr 17	Faith Lutheran Church
Artisan Bread Making ~ Advanced: Section 2		Cathryn Hudin	1–3:30	Apr 24	Faith Lutheran Church
Make Dairy-Free Cheese the Easy Way: Section 2	√ \$	Trudi Meier	1–4	Feb 07	Faith Lutheran Church
World Dance		Memo Keswick	3–4	Feb 07–May 08	The Lodge at The Terraces

SATURDAY & SUNDAY CLASSES

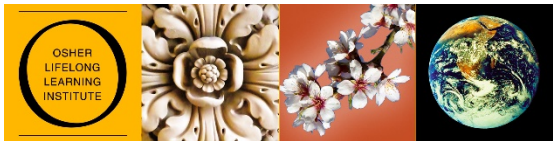
Make Dairy-Free Cheese the Easy Way: Section 3	√ \$	Trudi Meier	10–1	Sat: Feb 22	Faith Lutheran Church
Let's Play Board & Card Games		Bill Augros	1–4	Sat: Feb 08–Jun 27	Faith Lutheran Church
Let's Make Juice, Jam & Jelly...Without Sugar!		Bill Augros	1–4	Sat: Mar 28	Faith Lutheran Church
Poetry at the Glen		James Kirks	2–3:30	Sat: Feb 01–May 09	Sycamore Glen, Key Room
Movies at the Pageant Theatre	\$	Bill Augros	1–5	Sun: Feb 02–Jun 07	Pageant Theatre
Charlie Chaplin Video Movies		Bill Augros	2–5	Sun: Feb 09–Jun 14	Faith Lutheran Church

CLASS LOCATIONS *Maps & directions to most class locations can be found on the OLLI website. Meet up locations and/or directions for many field trips, private residences, and "various" locations will be sent to participants prior to the class dates.*

Aymer J. Hamilton Bldg #124	CSU, Chico Campus	Lakeside Pavilion	2565 California Park Dr, Chico
Bidwell Park	See Class Detail on Website	Northwood Commons Clubhouse	Northwood Commons Pl, Chico
CARD Center	545 Vallombrosa Ave., Chico	Pageant Theatre	351 E. 6th Street, Chico
Chico Community Observatory	1 Observatory Way, Chico	Sycamore Glen, Key Room	1199 Diablo Ave, Chico
Christine Mac Shane's Studio.....	561 E. Lindo Ave, Chico	The Lodge at The Terraces.....	2750 Sierra Sunrise Terrace, Chico
Enloe Conference Center.....	1528 Esplanade, Chico	The Social Chico	1400 W. 3rd Street, Chico
Faith Lutheran Church	667 E. 1st Avenue, Chico	Unitarian Church	1289 Filbert Ave, Chico
Haley's Martial Arts Center	260 Cohasset Rd #150, Chico	Windchime of Chico	855 Bruce Road, Chico
Janet Turner Print Museum	CSU, Chico Campus		

FIND COMPLETE SCHEDULE INFORMATION, INCLUDING CLASS DESCRIPTIONS, ONLINE AT **OLLI.CSUCHICO.EDU**

Osher Lifelong Learning Institute • 400 W. First Street • Chico, CA 95929-0792 • 530.898.6679



Name: _____ OLLI ID# _____

SPRING '20 CLASS REQUEST

CLASSES HAVE DIFFERENT START DATES THROUGHOUT THE SEMESTER. PLEASE CONSULT THE CLASS SCHEDULE.

Monday Classes

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|--|------------------------------------|---|--------------------------------|
| ✓ Aging Bodies: An Owner's Manual | Financial Planning for Retirement | ✓ Hoofers CANCELLED | Sing Gospel Music |
| ✓ Armchair Travel Sketching: Advanced Cracker Barrel | French 1 | ✓ Introduction to the Art of Bonsai | Smart Phone 101: Android |
| ✓ CSU, Chico Faculty Lecture Series | French 2 | ✓ Knitting Boot Camp: Sect 1 | Smart Phone 101: iPhone & iPad |
| ✓ Easy Peasy Easter Decoration | French 3: Conversation | ✓ Knitting Boot Camp: Sect 2 | Will |
| ✓ Estate Planning 101 | ✓ History Through Mystery: 1st Mon | ✓ Maintaining Optimum Brain Health | Women & Money |
| ✓ Exploring Butte County History | ✓ History Through Mystery: 2nd Mon | ✓ Meditation and Contemplation | |
| ✓ Exploring Mixed Media Collage | ✓ History Through Mystery: 3rd Mon | ✓ OLLI Hikers: Iron Canyon Loop: Sect 2 | |
| | ✓ History Through Mystery: 4th Mon | Senior Hair Care for Women & Men | |

Tuesday Classes

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|---------------------------------------|---------------------------------------|---------------------------------------|-----------------------------------|
| 2020 California Primary Ballot Props | Elementary Logic for Secondary World | Mothers, Movers & Shakers | Smart Cycling |
| ✓ Armchair Traveler | Exploring the Adult World of Coloring | OLLI 2.0: Becoming a Peer Leader | SMART Eldership |
| ✓ Better Pictures with iPhone Camera | Gift of the Arts: Turner Print Museum | ✓ OLLI Hikers: Table Mountain: Sect 1 | ✓ Tai Chi: Sect 1 |
| ✓ Birdwatching Basics in Bidwell Park | Healthier You! Enloe Lecture Series | Reading Homer in Greek | The Tao Te Ching: An Introduction |
| Book in Common | ✓ Let's Knit | Reading Poetry / Insight & Reflection | ✓ Tuesday Tunes |
| ✓ Current Issues / Media Coverage | Living with an Attitude of Gratitude | Shakespeare: Slow-Reading King Lear | |

Wednesday Classes

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|----------------------------------|---------------------------------------|------------------------------------|----------------------------------|
| Adopt a School | Feed the Homeless | ✓ Lunch Around Town | ✓ Trees of Chico |
| Ancient Qi Gong: Sect 1 | ✓ Firewise Landscaping | Mindful Movements: Sect 1 | ✓ Upper Bidwell Park: gYm & gEm! |
| Ancient Qi Gong: Sect 2 | French for Travelers | Mindful Movements: Sect 2 | ✓ Wars of the Roses |
| Beginning Guitar: Level 2 | ✓ Gardening with Calif. Native Plants | Recycling ~ Brunch 'n Learn | ✓ Wisdom through Meditation |
| Creative Aging | ✓ Intermediate Spanish Conversation | Rise & Fall of the Roman Empire | |
| ✓ Documentary Film: "Jazz" | ✓ Learn How To Draw | Shakespeare Video Lectures & Plays | |
| Drawing Lab | ✓ Local Artist Lecture Series | The Meanings & Mysteries of Names | |
| Exploring & Sharing Inner Wisdom | ✓ Local Issues | ✓ Thoughts Become Things | |

Thursday Classes

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|--|---------------------------------------|---------------------------------------|---------------------------|
| ✓ Acrylic Painting: Sect 1 | ✓ Birding in the Chico Area | ✓ Lewis and Clark CANCELLED | ✓ Tai Chi: Sect 2 |
| ✓ Acrylic Painting: Sect 2 | ✓ Contemporary World Cinema | ✓ Make Dairy-Free Cheese: Sect 1 | ✓ TED Talks |
| ✓ Acrylic Painting: Sect 3 | Fairy Tales: Not the Same Old Stories | ✓ OLLI Book Group | Your Eyes and Your Health |
| ✓ Advanced Sleep and Dreams | ✓ Great Decisions | ✓ OLLI Hikers: Table Mountain: Sect 2 | |
| ✓ Aviation History: War in the Pacific | ✓ Hike & Learn: Divide Ranch & BCCER | ✓ Photography: Beyond Auto Mode | |
| ✓ Ballroom Dance: Beginning | Investigation of the U.S. President | ✓ Stargazing at Community Observatory | |

Friday Classes

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|------------------------------------|--|---|----------------------------------|
| Artisan Bread Making ~ Adv: Sect 1 | Let's Walk | ✓ OLLI Hikers: Iron Canyon Loop: Sect 1 | ✓ Watercolor Made Simple: Sect 1 |
| Artisan Bread Making ~ Adv: Sect 2 | ✓ Make Dairy-Free Cheese: Sect 2 | ✓ OLLI Hikers: Phantom Falls/Table Mtn | ✓ Watercolor Made Simple: Sect 2 |
| Artisan Bread Making ~ Beg: Sect 1 | ✓ Music and Musicians | Poetry for Pleasure | ✓ Watercolor Made Simple: Sect 3 |
| Artisan Bread Making ~ Beg: Sect 2 | ✓ OLLI Hikers: Beatson Hollow | Table Mountain Wildflowers | World Dance |
| ✓ Arts & Eats | ✓ OLLI Hikers: Feather Falls for Women | ✓ The Private Life of a Masterpiece | World Dance Singing |

Saturday (S) & Sunday (U) Classes

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|-----------------------------------|--------------------------------------|
| Charlie Chaplin Video Movies (U) | ✓ Make Dairy-Free Cheese: Sect 3 (S) |
| Let's Make Juice, Jam & Jelly (S) | Poetry at the Glen (S) |
| Let's Play Board & Card Games (S) | Movies at the Pageant Theatre (U) |

Class Registration

Opens Jan. 16 @ 9am

Class Selections:

Please write in your class selections below AND circle your choice at left.

Top 5 Restricted Class Selections (with ✓):

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____

Additional Restricted Class Selections:

We will add these classes to your schedule if space is available after the restrictions are lifted.

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Non-Restricted Class Selections:

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SPRING '20 MEMBERSHIP FORM

Membership for those aged 50+ or retired is required to participate in OLLI classes, activities, and events. OLLI instructors, also called "Peer Leaders," are also required to join. Joining OLLI at CSU, Chico supports its programs and enables you to enjoy our full range of offerings, make new friends, and socialize with people who share common interests.

Your Contact Information: *Please check the box(es) if the information is being updated since the last time you registered.*

Name _____ Member ID # _____

Address _____ City _____ Zip _____

Email _____ Home Phone # _____

Cell Phone # _____ Emergency Contact Phone# _____

Emergency Contact's Name & Relationship to You: _____

OLLI shares information by email and on our website. If you do not have access to a computer or email account, please check here to receive the information by mail. []

Available Chico Chapter Membership Options: *Installments Available!*

If you wish to pay your membership fee installments, make your selection next to the option you prefer and enter your credit card information below. As with membership fees paid in one sum, there are no refunds and no cancellations of your recurring billing installments until your membership is paid in full.

Spring '20 & Summer '20 Bundle

- 2 Payments of \$72.50 or
- Single Payment of \$145

Spring '20 Only

- 2 Payments of \$62.50 or
- Single Payment of \$125

Informed Consent Agreement:

As a participant in the **Osher Lifelong Learning Institute at CSU, Chico**, I understand that risk of accident and injuries can arise out of participation in program activities and agree to release from liability and hold harmless the CSU, Chico Research Foundation, its programs, the Trustees of the California State University, and their officers and employees, from claims against them arising from injuries or property damage which might occur in connection with this activity. I certify that I am in good health and have the capacity to participate in programs of this nature. I give permission to be medically treated for illness or injury occurring during participation in the above activity, and certify that I am covered by medical insurance and/or willing to bear financial responsibility for any costs incurred in medical treatment. I also give permission for photos taken during OLLI classes or activities to be published.

Signature (Required): _____ Date: _____

Membership Payment:

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Refund Policy: *No refunds will be given but any unused membership fees will help to support our programs. Thank you.*

Mail Form & Payment To: OLLI at CSU, Chico • 400 W. 1st St • Chico, CA 95929-0792 • 530.898.6679

2020 California Primary Ballot Propositions: Pros & Cons (\$)

Peer Leader(s): Carolyn Dusenbury
Tuesday(s), Feb 04–Feb 11 • 1:00 PM–2:30 PM
Location: The Social Chico: Gordon 1

Pro & Con is a program of the California League of Women Voters. Pro & Con presentations are offered every election cycle. The League is a non-partisan organization that takes no position on candidates or political parties. Pro & Con is an educational program that will explain what each ballot measure is about, what it would accomplish, the arguments for and against, who is supporting or opposing the measure and who is contributing. The objective is to look behind the hoopla and advertising and provide a balanced and objective look at what is on the ballot.

Acrylic Painting for Beginners and Beyond (✓ \$)

Peer Leader(s): Christine MacShane
Location: Christine Mac Shane's Studio

Section 1: Thursday(s), Jan 30–Feb 20 • 9:30 AM–11:30 AM
Section 2: Thursday(s), Feb 27–Mar 26 • 9:30 AM–11:30 AM
Section 3: Thursday(s), Apr 02–Apr 23 • 9:30 AM–11:30 AM

This is a class designed to introduce the basics of acrylic painting as we paint an acrylic painting. The subjects will be simple and focus on color mixing, brush work, and design. Recommended for beginners and as a refresher.

Special Note(s): Materials and studio fee \$12 per class per week. Includes all paints, canvases and paper goods as well as studio.

Adopt a School

Peer Leader(s): Bill Augros
Wednesday, Jan 29 • 12:00 PM–1:00 PM
Location: Faith Lutheran Church

It takes a village to raise a child! We are a caring people in this community and can show our caring by adopting a school child who needs assistance with their education. Chico has a very good Reading Pals program and you can help! Visit their website at www.readingpalschico.org. We won't be judgmental of the children's learning difficulties or background. We will show our love through our actions. The "Adopt a School" class can let us all help in the education of OUR children. You will be able to donate as much or little time as you desire.

Special Note(s): This will be a one-time organizing meeting for both Adopt a School and Feed the Homeless. If you can't make this meeting, register for the class and someone will contact you.

Advanced Sleep and Dreams (✓)

Peer Leader(s): Susan Bollinger
Thursday(s), Jan 30–Mar 26 • 1:00 PM–2:30 PM
Location: The Social Chico: Gordon 2

This is a course for people who have had a beginning Sleep and Dreams class. We will look at any new sleep research and do in-depth dream work. There will be some group interaction rather than just academic information. A dream journal is recommended but not required.

Aging Bodies: An Owner's Manual (✓)

Peer Leader(s): Susan Levine
Monday(s), Apr 06–Apr 27 • 1:00 PM–2:30 PM
Location: The Social Chico: Gordon 1

You are given only one body to last you for life. As you work your way through your mature years toward your expiration date, we have experts to advise you on getting the best out of your vintage model in the years ahead. This class will be a series of lecturing experts on various subjects related to our aging bodies.

Ancient Qi Gong

Peer Leader(s): Matt Cavender
Location: The Lodge at The Terraces

Section 1: Wednesday, Mar 25 • 3:30 PM–4:30 PM
Section 2: Wednesday, Apr 08 • 3:30 PM–4:30 PM
Location: The Lodge at The Terraces

Qi Gong is an ancient Chinese practice that dates back over 5000 years. It is also the birthplace for all modern Qi Gong practices. In ancient times throughout Asia, this practice was used as medicine for creating harmony and well being. In essence, this practice is not only a moving meditation, but also a way of unifying one's breath and movement, thus bringing them together as one.

Armchair Travel Sketching: Advanced (✓)

Peer Leader(s): Marvey Mueller
Monday(s), Jan 27–Feb 24 • 3:00 PM–4:30 PM
Location: The Social Chico: Bradley 1

This class will continue to build the skills of participants who were in Armchair Travel Sketching: Beginning. Only those who have attended that class should enroll in this one. Through the use of slides and demonstrations, we will continue to explore techniques and ideas related to journal sketching. Some off-site experiences will be included so that the students can become familiar with outdoor sketching.

Armchair Traveler (√)

Peer Leader(s): Jim Blaser
Tuesday(s), Jan 28–May 05 • 1:00 PM–2:30 PM
Location: The Social Chico: Bradley 2

Entertaining, educational and fun presentations on exotic locations throughout the U.S. and around the world. Different presenters each week share personal adventures, special interests, expertise, and travel tips to a vibrant OLLI audience. From Sri Lanka to Antarctica, Europe to New England, we have a destination for you that will mesmerize and delight. Come join us!

Artisan Bread Making ~ Advanced

Peer Leader(s): Cathryn Hudin; Doreen Fogle
Location: Faith Lutheran Church

Section 1: Friday, Mar 27 • 1:00 PM–3:30 PM
Section 2: Friday, Apr 24 • 1:00 PM–3:30 PM

Building on the techniques learned in the beginning-level class, you'll learn to transform the basic dough into more beautiful, specialty seasonal breads. Prerequisite: Artisan Bread Making ~ Beginning.

Artisan Bread Making ~ Beginning

Peer Leader(s): Doreen Fogle
Location: Faith Lutheran Church

Section 1: Friday, Mar 13 • 1:00 PM–3:30 PM
Section 2: Friday, Apr 17 • 1:00 PM–3:30 PM

In this one-day class, participants will learn how to use four ingredients—flour, yeast, salt & water—to make many kinds of bread just like those lovely French baguettes. This class is based on the book "The New Artisan Bread in Five Minutes a Day" by Jeff Herzberg, M.D. & Zoe Francois. This class is a prerequisite to the advanced Artisan Bread Making classes.

Arts & Eats (√)

Peer Leader(s): Maureen Fredrickson; Bill Houck
Friday(s), Jan 31–May 08 • 1:00 PM–3:00 PM
Location: Various

We'll visit museums, art galleries, and studios in the area and talk with curators and artists to learn more about the places and the work. Afterwards, we'll go to coffee houses or restaurants for no-host treats and conversation with group members.

Aviation History: War Comes to the Pacific (√)

Peer Leader(s): Gary Hendrickson
Thursday(s), Feb 13 • 10:00 AM–11:30 AM
Location: The Social Chico: Bradley 1

A continuation of the post-Pearl Harbor WW-II aviation history.

Ballroom Dance: Beginning (√)

Peer Leader(s): Gloria Hylton
Thursday(s), Feb 06–Apr 23 • 1:30 PM–3:30 PM
Location: Lakeside Pavilion (CARD)

Dances taught Spring 2020 will be Waltz, Rumba and Night Club 2 Step. Class is from 1:30-3:30 (1:30-2:00 is practice & warm up time. 2-3 is instruction. 3:00-3:30 is social dancing (with lots of dance mixers). Couples and singles welcome. No experience necessary.

Special Note(s): Flexible shoes or dance shoes are required. No flip flops. No class March 19 & 26.

Beginning Guitar: Level 2

Peer Leader(s): Phil Elkins
Wednesday(s), Jan 29–May 06 • 10:00 AM–11:30 AM
Location: The Lodge at The Terraces

This class is for people who know how to play the basic A to G chords on guitar, although class members may bring other stringed instruments to play (mandolin, bass, ukulele, banjo, harmonica or squeeze box). Or come to sing along with no instrument. Songs will go out each week via email, with lyrics and featuring artists like Johnny Cash, Bob Dylan, The Beatles, The Everly Brothers, The Drifters, as well as other favorites from the 50's and 60's.

Better Pictures with Your iPhone Camera (√)

Peer Leader(s): Dick Emmons
Tuesday(s), Mar 10–May 05 • 1:00 PM–2:30 PM
Location: Aymer J. Hamilton #124

This class is designed to teach techniques for taking better pictures with your iPhone camera. This class is open to iPhone cameras 5 and above. No Android phones or earlier iPhones. This class replaces the class "Taking Better Pictures."

Birding in the Chico Area (√)

Peer Leader(s): Joyce Bond
Thursday(s), Jan 30–May 07 • 9:00 AM–11:00 AM
Location: The Social Chico: Bradley 1

Through observation and the use of binoculars and field guides, class participants have the opportunity to learn to identify birds in their natural habitat, using accepted birding etiquette. The first class (optional for experienced birders) will be held in a classroom to go over birding basics and answer any questions. The remainder of the classes will be field trips, and we will meet at various sites around Chico and the surrounding area. Transportation is not provided, but we will carpool to some of the farther destinations.

Special Note(s): Class meets the 1st & 3rd Thursdays of each month. For the first class, we'll meet in The Social Chico, Bradley 1. After the classroom session, we will go out on field trips to various locations. If there's bad weather on one of the scheduled days, we'll meet the following Thursday instead. I'll email specific directions and information for each field trip the weekend before class meets.

Birdwatching Basics in Bidwell Park (✓)

Peer Leader(s): Karen L Smith
Tuesday(s), Feb 11 • 9:00 AM–11:00 AM
Location: Bidwell Park

This is a 6-week course for beginning birders. All lessons will be held in Lower Bidwell Park. Participants will learn how to use binoculars, identify birds in the park, learn bird behaviors, bird habitat and bird vocalizations. We will reference Roger Lederer's book, "The Birds of Bidwell Park," but it is not necessary to buy the book. Binoculars will enhance your birding experience and are highly recommended, but are not required for the class. The class may give you an opportunity to decide upon the best binoculars to purchase for the future.

Book in Common: In Search of the Canary Tree

Peer Leader(s): Brooks Thorlaksson
Tuesday(s), Mar 24–Mar 31 • 10:00 AM–11:30 AM
Location: The Social Chico: Bradley 1

The 2020 Book in Common is In Search of the Canary Tree by Lauren Oakes. Join us in a book club environment as we read and discuss the book and then attend a public lecture by the author on April 2. Reviewers call this book eloquent and insightful as it educates readers about climate change, "holding space for optimism amidst despair."

Special Note(s): Read the first third of the book before the first class.

Charlie Chaplin Video Movies

Peer Leader(s): Bill Augros
Sunday(s), Feb 09–Jun 14 • 2:00 PM–5:00 PM
Location: Faith Lutheran Church

We will see Charlie Chaplin's full length features from the last to the first, and the shorts from the first to the last.

Special Note(s): Class meets the 2nd Sunday of each month.

Contemporary World Cinema (✓)

Peer Leader(s): Peter Hogue
Thursday(s), Jan 30 • 1:00 PM–4:00 PM
Location: The Social Chico: Bradley 1

Viewing and discussion of major contemporary films by great international directors, with particular emphasis on foreign-language films, including many which have not been shown in local theaters.

Cracker Barrel

Peer Leader(s): Dave Price
Monday(s), Jan 27 • 10:00 AM–12:00 PM
Location: The Social Chico: Gordon 1

A scintillating review of current themes in the media will be discussed each class. Class members present a topic, discuss that topic, then open the floor for discussion and debate. Poetry, literature, scientific discovery, and educational progress are examples of the issues dealt with. Special guests are always welcome to present.

Creative Aging

Peer Leader(s): Lynn Haskell
Wednesday(s), Jan 29–Apr 01 • 9:00 AM–10:30 AM
Location: The Social Chico: Gordon 2

Creative Aging invites you to think creatively about aging so that we can change habits now to create a future to meet our needs. Topics include our attitudes about aging, expanding our social circles, meaningful activities, staying fit, food, access vs mobility, our home, services/conveniences and passing it on. Handouts will be provided, small group discussions and games on occasion will generate ideas for designing a life where aging becomes a gift. Take charge, be the architect of your life and age gracefully.

CSU, Chico Faculty Lecture Series (✓)

Peer Leader(s): Ann Nikolai
Monday(s), Jan 27–May 04 • 1:00 PM–2:30 PM
Location: The Social Chico: Bradley 2

CSU, Chico's tradition of academic excellence goes back more than 130 years. With 1,000 faculty members and 17,000 students, the University's teaching and learning community is thriving. Join us in learning more about the CSU, Chico faculty and the subjects in which they are experts. Monstrosity and marginality in the Middle Ages, nutrition, tribal societies, natural resource management, biochemistry, and more will heighten OLLI's spring curriculum each Monday for 14 weeks. Discover the imagination, cutting-edge research, and expertise that flourishes in our own backyard!

Current Issues with Emphasis on Media Coverage (√)

Peer Leader(s): Robert Main
Tuesday(s), Jan 28–May 05 • 10:30 AM–12:00 PM
Location: The Social Chico: Bradley 2

Vigorous, civil discussion among participants is anticipated and welcomed in this class dedicated to current events and the media coverage thereof. The course focuses on political (national, state and local) issues with media presentations and discussions. Topics may be presented by use of video programs, PowerPoint presentations, or other media.

Documentary Film: "Jazz" (√\$)

Peer Leader(s): Robert Main
Wednesday(s), Jan 29–May 06 • 1:00 PM–2:30 PM
Location: The Social Chico: Bradley 2

Ken Burns documentary series "Jazz" with commentary on the origin of Jazz music and its cultural impact.

Drawing Lab

Peer Leader(s): Dick Kennedy
Wednesday(s), Jan 29–Mar 25 • 10:00 AM–11:30 AM
Location: The Social Chico: Bradley 1

The Drawing Lab is a creative place to hang out and draw. There will be demonstrations on the drawing fundamentals and other areas of interest (as requested). You will have the chance to learn from fellow students and are encouraged to share your own skills. The Drawing Lab is a great place to sip coffee (Starbucks is next door), meet others, get inspired...and learn some real skills. No experience required! The Drawing Lab is open to anyone with the desire to learn, practice, and improve their drawing skills. Contact Dick Kennedy with questions. *Special Note(s): Some pencils, paper and drawing aids will be supplied. Or bring your own favorites.*

Easy Peasy Easter Decoration (√)

Peer Leader(s): Judi Holohan
Monday, Mar 02 • 1:00 PM–2:30 PM
Location: The Social Chico: Bradley 1

In this workshop, participants will paint and decorate wood blocks to make charming Easter decorations. *Peer leader will provide wooden blocks. Participants will be asked to bring paint brushes, paint, & ribbon.*

Elementary Logic for a Secondary World

Peer Leader(s): Gary Hedlund
Tuesday(s), Jan 28–Feb 25 • 11:00 AM–12:00 PM
Location: The Social Chico: Gordon 1

Elementary Logic focuses on how we think, how we come to certain conclusions, and how we both support and communicate those conclusions to others. The

course will examine types of reasoning, logical forms (both valid and fallacious), and construction of arguments.

Special Note(s): Each session will include practical examples of reasoning, both sound and unsound, used to check the validity of our arguments.

Estate Planning 101

Peer Leader(s): Dana Campbell
Monday(s), Feb 24–Mar 09 • 3:00 PM–4:30 PM
Location: The Social Chico: Gordon 1

What is an Estate Plan? What is Probate? Do I need a Will or a Trust, Advance Health Care Directive, Durable Powers of Attorney? Why should I have these in place? This introductory course will address these questions and others to help you develop effective tools for making informed decisions regarding the management of your affairs during your life and assist your family after your passing. The structure of the course is both lecture and discourse, as participants possess amazing information and knowledge that enhances everyone's learning. Come join the journey.

Exploring and Sharing Your Inner Wisdom

Peer Leader(s): Peggy Jennings-Severe
Wednesday(s), Mar 04–Mar 25 • 1:00 PM–2:30 PM
Location: The Social Chico: Bradley 1

In this highly interactive workshop, you will define wisdom, discuss what it means to be wise, as well as learn how to identify and share your own core values and truths. Emphasis will be placed on the importance of cross-generational conversations, mentoring, and leaving a legacy not tied to money.

Exploring Butte County History (√)

Peer Leader(s): Maureen Fredrickson Nancy Collins
Monday(s), Jan 27–May 04 • 10:00 AM–11:30 AM
Location: The Social Chico: Bradley 2

What forces shaped our modern Butte County? Let's look at why and how our towns and industries grew. Through presentations by guest speakers we'll learn about such topics as the original land grants, the growth of farming and ranching, the local effect of world wars and the effect of the college on Chico.

Exploring Mixed Media Collage (√)

Peer Leader(s): Debbie Vermette
Monday(s), Mar 02–May 04 • 3:00 PM–4:30 PM
Location: The Social Chico: Bradley 1

Explore collage by using different papers such as tissue, magazines, books, and music, to name a few. Collage is easy and doesn't take 'artistic' talent. We'll complete several projects and have fun doing them!

Exploring the Adult World of Coloring

Peer Leader(s): Patty Baroni
Tuesday(s), Feb 04–Apr 07 • 1:00 PM–2:30 PM
Location: The Social Chico: Bradley 1

This class will explore the artistic, creative world coloring--the rejuvenating, calming, therapeutic, meditative and enjoyable art of using colors to display or affect mood or mindset. Using colored pencils, pens and markers, you'll color geometric designs, flora & fauna, line drawings of Old Masters, and mandalas. The class will explore the symbolic role of color with a limited explanation of the history and modern day developing techniques and honing intrinsic talent. Our goal for this class is to learn, experiment with color, and have fun.

Fairy Tales: Not the Same Old Stories

Peer Leader(s): Sydney Wilde
Thursday(s), Feb 13–May 07 • 1:00 PM–3:00 PM
Location: The Social Chico: Gordon 1

This class uses the Great Courses, "A Children's Guide to Folklore and Wonder Tales." It features Hannah Harvey, a masterful professional storyteller with a doctorate in communications, and it will be mediated by peer leader Sydney Wilde. We will share 24 Fairy Tales and Folk Stories along with what they mean on many levels, and how to tell them to your grandchildren and friends. This class will be a delightful romp through our collective unconscious with a chance (if you wish) to tell a few stories of your own.

Feed the Homeless

Peer Leader(s): Bill Augros
Thursday, Jan 29 • 12:00 PM–1:00 PM
Location: Faith Lutheran Church

People living without homes in Butte County face many challenges. Come join a group to help them. The Jesus Center and Torres Shelter are two groups in town working with the homeless. You can sign up to help serve once a month--or just one time. Jesus Center serves breakfast on the 3rd Saturday of each month from 7:30–9am. Torres Shelter serves dinner on the 1st Tuesday of each month from 4:30–6pm.

Special Note(s): This will be a one-time organizing meeting for both Adopt a School and Feed the Homeless. If you can't make this meeting, register for the class and someone will contact you.

Financial Planning for Retirement: Best Practices

Peer Leader(s): Steven Cliadakis
Monday(s), Feb 03–Feb 24 • 8:30 AM–9:30 AM
Location: The Social Chico: Bradley 1

This class will introduce the key principles of financial planning and the best practices of investing for retirement. We will discuss the importance of a written retirement plan and provide several sample case studies of retirement plans with associated investment strategies. Additional topics will include: the emergence of "goal-based" investing, the rapid growth of low cost index funds and exchange-

traded funds (ETFs), portfolio construction and risk management, retirement income options, tax-loss harvesting, and gifting and wealth transfer strategies. All skill levels welcome!

Firewise Landscaping (√)

Peer Leader(s): Joyce Hill
Wednesday(s), Apr 08–May 06 • 10:00 AM–11:30 AM
Location: The Social Chico: Bradley 1

Join the Butte County UC Master Gardeners for a course on rethinking your landscape design and maintenance routines to incorporate best practices for adapting to our changing climate. Some of the topics include considerations for California habitats, yard maintenance, garden design using defensible space guidelines, natural regeneration, erosion, mulching, fire ecology, post-fire care of trees and land, and characteristics of plants that provide the best fire resistance.

French 1

Peer Leader(s): Leanne Ulvang
Monday(s), Jan 27–May 04 • 1:00 PM–1:50 PM
Location: The Social Chico: Gordon 2

This class continues from fall semester for those new to French (or refreshing French after decades of disuse). It requires doing homework assignments regularly and memorizing verb conjugations. If you have never studied French and weren't in the Fall class, this is not the class for you. If you studied French a while ago and want to resurrect it, you are welcome. There is a text for the class.

Special Note(s): Text: "Easy French Step-by-Step," by Myrna Bell Rochester, PhD. McGraw Hill, 2009. ISBN: 978-0-07-145387-5. Available as a used book and on Kindle. Note: Lessons will use exercises in this text, but not necessarily in the text's sequence.

French 2

Peer Leader(s): Leanne Ulvang
Monday(s), Jan 27–May 04 • 1:55 PM–2:45 PM
Location: The Social Chico: Gordon 2

You know a fair amount of French, but sometimes blank on a verb conjugation or wonder when to use which relative pronoun or a particular tense? You want to express your thoughts in French with more facility? Be prepared for classes that focus on grammar, usage, creating French sentences, and improving listening skills, plus reading French writings to hone our skills.

Special Note(s): We are reading "Persepolis 1" (la première partie de 4) par Marjane Satrapi. ISBN 978-2-84414-058-6 Google the ISBN number for the best price on a used book.

French 3: Conversation

Peer Leader(s): Leanne Ulvang; Jane ZiadClaude Geffray
Monday(s), Jan 27–May 04 • 2:50 PM–3:45 PM
Location: The Social Chico: Gordon 2

On parle français dans cette classe, sans traduction (si nous avons de la chance). On doit avoir l'envie d'entendre et de parler mieux le français, et peut-être un jour le parler couramment. Il n'y a pas de textes.

French for Travelers

Peer Leader(s): Leanne Ulvang; Michèle Marten
Wednesday(s), Jan 29–May 06 • 1:30 PM–2:30 PM
Location: The Social Chico: Gordon 2

This class is for those who want to focus on pronunciation, politesse and practicalities -- the vocabulary and idioms helpful for travelers in French-speaking countries (or as armchair travelers). The class is conducted mainly in English, with the aim of explaining how to say and understand basic French expressions.

Gardening with California Native Plants (√)

Peer Leader(s): Cindy Weiner
Wednesday(s), Jan 29–Mar 11 • 10:00 AM–11:30 AM
Location: The Social Chico: Gordon 1

How can you make your garden more waterwise and more attractive to pollinators and other wildlife while fostering a real sense of place? Would you like to be a neighborhood trendsetter? Learn how to accomplish these goals by adding California native plants to your landscape. You'll learn how to choose the right plants as well as tips for planting, irrigating and maintaining them. You'll also be introduced to a variety of native annuals, perennials, bulbs, shrubs and trees that do well in the Chico area.

Gift of the Arts: The Janet Turner Print Museum

Peer Leader(s): Laura Nice
Tuesday(s), Feb 11–May 12 • 10:00 AM–11:30 AM
Location: Janet Turner Print Museum

Join us for lively and participatory discussions about art at the Janet Turner Print Museum on the CSU, Chico campus in a four class series, including a visit to the Archive, home to the over 4,000 prints in the Turner collection.

Special Note(s): Class meeting dates are February 11, March 10, April 14 and May 12.

Great Decisions (√)

Peer Leader(s): William Tefteller
Thursday(s), Jan 30–May 07 • 1:00 PM–2:30 PM
Location: The Social Chico: Bradley 2

The Great Decisions study group is the Foreign Policy Association's public education program to study U.S. foreign policy and global affairs issues. 2020 topics: Climate Change and the Global Order, India and Pakistan, Red Sea Security,

Modern Slavery and Human Trafficking, U.S. Relations with the Northern Triangle, China's Road into Latin America, The Philippines and the U.S., and Artificial Intelligence and Data. We'll discuss four topics in spring and four in fall, and add some foreign policy topics of interest. The 2020 study guide will cost approximately \$30 + shipping at www.fpa.org.

Healthier You! A Lecture Series Presented by Enloe Medical Center

Peer Leader(s): Suzie Lawry-Hall
Tuesday(s), Mar 03–April 21 • 3:00 PM–4:30 PM
Location: Enloe Conference Center

This lecture series includes eight distinct classes, each designed to address a unique area of health-related issues. Presented by highly-qualified physicians and other caregivers, these classes will provide you an opportunity to learn more about staying healthy and active. Each class is a complete topic. You are invited to attend any combination of the offerings during the series.

Hike & Learn Series: Divide Ranch and BCCER (√)

Peer Leader(s): Pamela Waldsmith; Cindy Finnegan
Thursday(s), Mar 12 • 8:30 AM–4:00 PM
Location: Great Outdoors

March 12 Hike & Learn: Divide Ranch

Moderately STRENUOUS, STEEP 3+ miles. Approx. 1,000 feet elevation change (600'-1,600'). Mike and Kathy, ranch owners, will be our experts as we climb a gorgeous oak and wildflower covered hilltop where we will be treated to 360* views.

April 16 Hike & Learn: BCCER (Big Chico Creek Ecological Reserve)

Moderately STRENUOUS, STEEP 3+ miles. Approx. 700 ft elevation change. Professor Emeritus Paul Maslin will tantalize us with knowledge of history, flora, fauna, geology, and the creek on this 4000 acre reserve.

Special Note(s): Two distinct moderately STRENUOUS, STEEP hikes and habitats to enjoy and learn from our EXPERTS! Please commit to both hikes. Specific instructions on times, locations, and what to bring will be provided about one week before each hike. Plan on sturdy hik

History Through Mystery (√)

Peer Leader(s): Claire Altheuser
Location: Private Residence
1st Mondays, Feb 03–May 04 • 9:30 AM–11:00 AM
2nd Monday(s), Feb 10–Apr 13 • 9:30 AM–11:00 AM
3rd Monday(s), Feb 17 • 9:30 AM–11:00 AM
4th Monday(s), Feb 24 • 9:30 AM–11:00 AM

A trip through history with the fun of reading and discussing historical mysteries. The groups are limited to 9 members and meet once a month at the home of Peer Leader Claire Altheuser. It is strongly urged that members have access to a computer in order to receive e-mails and other supplementary material for the books. *Special Note(s): The book for February is "No Graves as Yet," by Anne Perry.*

CANCELLED ~ Hoofers ~ A Community of Women Hikers (√)

Peer Leader(s): Cynthia Weeks-Finnegan; Diana Hoffmeister
Monday(s), Jan 27–Apr 13 • 9:30 AM–10:30 AM
Location: The Social Chico: Gordon 2

This class is for women hikers who are seeking some guidance to either get back into hiking or pursue getting out into nature. A required series of informational and planning sessions will include topics like equipment, matching hikes to abilities, and much more. There will also be four hikes that the Hoofers will plan together.

Special Note(s): Classroom sessions will be held Jan. 27, Feb. 3, Feb. 24, Mar. 2, Mar. 30 from 9:30–10:30am in Gordon 2 at The Social Chico. Hikes are Feb. 10, Mar. 9, Apr. 6, and Apr. 13 from 9am–3pm.

Intermediate Spanish Conversation (√)

Peer Leader(s): Memo Keswick
Wednesday(s), Feb 05–May 06 • 0.46875–12:30 PM
Location: The Social Chico: Bradley 2

For folks who want to improve their ability to converse in Spanish and meet other Spanish speakers. Spanish "Study Abroad" and online learning tools may be discussed and shared. Specific "themes" for day will be chosen dependent on level of participants and we'll meet in a variety of locations, including parks and cafes. Guest Spanish speakers may be invited.

Special Note(s): Participants determine their own levels of Spanish language ability. Peer leader welcomes all who want to "improve." Liduvina Hoil will lead the class on 3/4 and 3/11.

Introduction to the Art of Bonsai

Peer Leader(s): Leo Martinez
Monday(s), Apr 27–May 04 • 10:00 AM–12:00 PM
Location: The Social Chico: Bradley 1

Bonsai is a centuries old art that encompasses the cultivation, styling, training, display, and appreciation of miniature living trees. This art form originated in China and later became part of Japanese culture.

The essence of the art is in the selection, styling, and display of these trees to emulate nature in a visually creative manner as a piece of living art. The class will be presented in two parts:

1. The history of Bonsai, and the basic techniques of the art.
2. A demonstration by the artist of the processes and techniques resulting in a finished tree.

Investigation of the U.S. President (\$) (√)

Peer Leader(s): Bill Augros
Friday(s), Jan 31–Mar 19 • 1:00 PM–2:30 PM
Location: Faith Lutheran Church

Watch video lectures of acclaimed law professor Paul Rosenzweig, Professorial Lecturer in Law at George Washington University Law School, for a nonpartisan examination of what happens when a US president is accused of abuse of power. Anyone striving to make sense of what is going on in government today will appreciate the historical and legal perspectives brought by an impartial and nonpartisan professor. The lectures are designed to provide an unbiased view of current events, exploring them through the lens of American political history and law practice.

Knitting Boot Camp: Section 1 (√)

Peer Leader(s): Gale Ulvang
Monday(s), Jan 27–Feb 17 • 1:00 PM–2:30 PM
Location: Private Residence

This class is specifically for new knitters or those who learned long ago and need to refresh their skills. The intention is to give you a good start on a simple project after learning the basic knit and purl stitches. Attendees are invited to then join the "Let's Knit" class offered Tuesday afternoons.

Knitting Boot Camp: Section 2 (√)

Peer Leader(s): Gale Ulvang
Monday(s), Feb 24–Mar 23 • 1:00 PM–2:30 PM
Location: Private Residence

This class is specifically for new knitters or those who learned long ago and need to refresh their skills. The intention is to give you a good start on a simple project after learning the basic knit and purl stitches. Attendees are invited to then join the "Let's Knit" class offered Tuesday afternoons.

Learn How To Draw (√)

Peer Leader(s): Susan Levine
Wednesday(s), Jan 29–May 06 • 1:00 PM–2:30 PM
Location: Aymer J. Hamilton #124

This course is based on the book by Betty Edwards, "Drawing On The Right Side Of The Brain." The 1979 book incorporates the new knowledge of how the brain works to help people learn to draw what they see. Using exercises to tap into the spatial side of the brain, students will learn to shut down the verbal side of their brain that tells them they can't draw. This allows the student to "see the way an artist does" and draw what they see. Though Susan is not an artist, she has successfully taught 11-year olds to discover their untapped drawing abilities.

Let's Knit (√)

Peer Leader(s): Gale Ulvang
Tuesday(s), Jan 28–May 05 • 3:00 PM–4:30 PM
Location: The Social Chico: Bradley 1

Knitting with others creates a wonderful learning environment. This class is designed to give knitters who already know the basic stitches of knitting a chance to challenge themselves to expand their repertoire of skills and projects. All levels of ability are encouraged to participate; a separate class is offered for new knitters to learn the basics before moving into this class. If there is a wait list for this class, everyone on the list will have an opportunity to join the class a few weeks into the semester. Bring a project and join the fun!

Special Note(s): A list of online knitting resources can be downloaded from the online class schedule.

Let's Make Juice, Jam & Jelly...Without Sugar!

Peer Leader(s): Bill Augros
Saturday, Mar 28 • 1:00 PM–4:00 PM
Location: Faith Lutheran Church

Normal pectin requires sugar for jam to gel. Other kinds of sweetener do not work. In fact it requires seven cups of sugar to four cups of fruit to make jam. So the jam is 77% sugar! Pomona's Universal Pectin requires NO SUGAR. Come to this class to learn how to make jam, as well as jelly and juice, with NO or very little sugar (or other sweetener of choice). You will also be able to take home some jam & jelly samples. Class notes will be emailed before the class. Everything will be provided. Donations will be accepted.

Let's Play Board & Card Games

Peer Leader(s): Bill Augros
Saturday(s), Feb 08–Jun 27 • 1:00 PM–4:00 PM
Location: Faith Lutheran Church

Do you like card games or board games? We'll play a card game called "Jok-Rummy" - it's like rummy, but a little different. The board game will be "Ticket to Ride" which is a cross-county adventure connecting cities by laying claim to railway routes on a map of North America. Instructions for both will be provided.

Special Note(s): Class meets 2nd Saturday of each month. And beginning Feb. 21, it will also meet the 4th Friday of each month.

Let's Walk

Peer Leader(s): Deb Siouxthorup
Friday(s), Jan 31–May 08 • 10:00 AM–11:00 AM
Location: Bidwell Park

Joining a walking group is one of the best ways to start and maintain a healthy walking habit. WHERE: Meet by the bathrooms on the Vallombrosa Avenue (north) side of Sycamore/One Mile Pool WHEN: 10 am EVERY Friday of the year except stormy days and Christmas. Yes, some of us wear a raincoat if it's not too bad. DISTANCE: Choose a 1-mile route looping at Hwy 99 or a 2.5-mile route

looping at the 2nd (Cedar Grove) bridge. HOW does it work? Find group/person your own speed/distance. We are quite a friendly bunch, so please don't be shy about joining any group.

CANCELLED ~ Lewis and Clark Expedition (1803-1806) (√)

Peer Leader(s): Stew Monroe
Thursday(s), Jan 30–May 07 • 10:00 AM–11:30 AM
Location: The Social Chico: Bradley 2

The Lewis and Clark Expedition was one of the great journeys of exploration in the developing United States, a journey that would take more than three years from inception to completion. We will follow Lewis and Clark's route from its origin to its end, focusing on the expedition itself, the river systems they followed, and the geology of the regions they traversed. For example, they had no idea of the vastness of the Great Plains nor did they understand how rugged Rocky Mountains were. Truly, it was an expedition into a vast region that was largely unknown to Europeans.

Living with an Attitude of Gratitude

Peer Leader(s): Rosie Potestio
Tuesday(s), Mar 10–May 05 • 1:00 PM–2:30 PM
Location: The Social Chico: Gordon 1

Positive psychology research shows that gratitude is strongly and consistently associated with greater happiness. Gratitude makes us healthier, strengthens our emotional well-being, strengthens our physical well-being, helps us become more optimistic and resilient. Gratitude is no cure-all, but is an underutilized tool for transforming our life. We will explore an ever-deepening level of gratitude as we integrate it more fully into our daily life, one small step at a time. If you've taken this workshop before, please consider joining us for some new insights and new friendships.

Local Artist Lecture Series (√)

Peer Leader(s): Debbie Vermette
Wednesday(s), Mar 11–April 22 • 3:00 PM–4:30 PM
Location: The Social Chico: Bradley 2

Learn more about how artists are inspired to create. Each artist will share their own story and the results of their work. Join us in getting to know our own local talent and how their art brings them satisfaction. Questions and answers will follow each presentation.

Local Issues (√)

Peer Leader(s): Gayle Womak; Debbie Vermette
Wednesday(s), Jan 29–Mar 04 • 3:00 PM–4:30 PM
Location: The Social Chico: Bradley 2

New class! Presentations on six local issues will be given by experts in their fields: Traffic; Regenerative Agriculture on a Local Level; Water; Population; Senior Fitness; and Housing. Q&A will follow each presentation. Subjects may change but you will receive an email prior to each class.

Lunch Around Town (√)

Peer Leader(s): Susan Levine

Wednesday(s), Feb 12–May 08 • 12:30 PM–2:00 PM

Location: Various

With an emphasis on making personal connections, this class gives members the opportunity to have lunch at local restaurants in a small table configuration. Meeting approximately once a month during the semester, the class members will receive an electronic invitation listing the restaurants of the month. Members can then choose from the available restaurants and see who else has signed up. With no more than 12 people per restaurant, members will sit at tables of 4 to allow everyone to be able to hear and be heard.

Special Note(s): This class will meet once a month on different days of the week during the semester, dates TBA. The goal is to allow everyone at least one or two dates that work while still making their favorite classes.

Maintaining Optimum Brain Health and Fitness

Peer Leader(s): Leonard Matheson

Monday(s), Jan 27–Mar 02 • 8:30 AM–9:30 AM

Location: The Social Chico: Gordon 1

The most important resource to maintain excellent quality-of-life is the health and fitness of our brains. Following an introduction to brain structure and function, the instructor will present one of the five key ingredients to brain health and fitness based on the latest scientific research. Each session will include easy-to-implement recommendations that will optimize residual cognitive function and emotional resilience. Older adults who are intentional about brain health and fitness will be empowered by the information provided in this course.

Make Dairy-Free Cheese the Easy Way (√ \$)

Peer Leader(s): Trudi Meier

Location: Faith Lutheran Church

Section 1: Thursday, Jan 30 • 1:00 PM–4:00 PM

Section 2: Friday, Feb 07 • 1:00 PM–4:00 PM

Section 3: Saturday, Feb 22 • 10:00 AM–1:00 PM

Ever wonder how cheese is made? Trying to cut back on dairy? Then this is the class for you! Making cheese at home is quite simple, and you can help animals and the environment by using all plant-based ingredients. In just one class session, we will learn how to make hard and soft cheeses with different flavors, such as Dill Havarti, Pepper Jack, and French Brie.

Special Note(s): There is a \$15 fee to help defray the cost of materials, and everyone will go home with easy printed instructions, recipes, and delicious cheese samples.

Meditation and Contemplation (√)

Peer Leader(s): George McClendon

Monday(s), Jan 27–May 04 • 8:30 AM–10:00 AM

Location: Unitarian Church

Whether you are new to the class or returning, we'll review and practice meditative and contemplative techniques. We'll also explore the connection between contemplative and compassionate living. Class starts and ends with silent meditation, time for questions, discussion, and short "Dharma" talks in between.

Mindful Movements Workshop

Peer Leader(s): Matt Cavender

Location: The Lodge at The Terraces

Section 1: Wednesday, Apr 01 • 3:30 PM–4:30 PM

Section 2: Wednesday, Apr 15 • 3:30 PM–4:30 PM

Location: The Lodge at The Terraces

This class is about working with ancient practices dating back over 5,000 years, for the use of discovering one's true range of motion. Each person's body moves slightly differently; this class will be working with customizing each movement to fit each individual's body type. The benefits of a person knowing their true range of motion is that the chances of injuring yourself as you age becomes much less. The information learned within the workshop can be applied to everyday living. All levels of mobility and expertise are welcome.

Mothers, Movers & Shakers: Women of the Hebrew Scriptures

Peer Leader(s): Ginger Harwood

Tuesday(s), Jan 28–Mar 03 • 10:00 AM–11:30 AM

Location: The Social Chico: Bradley 1

This 5-meeting class will take a closer look at the dramatic and history-changing roles women played in the Bible. Explore the women who were prophets, peace-makers, religious experts, leaders, and history makers in the Hebrew Scriptures.

Movies at the Pageant Theatre (\$)

Peer Leader(s): Bill Augros

Sunday(s), Feb 02–Jun 07 • 1:00 PM–5:00 PM

Location: Pageant Theatre

Meet at the Pageant Theatre to enjoy a movie and then discuss it together afterward over refreshments at Faith Lutheran Church. Tickets are \$6.50 senior price at the door. A description of all the movies we'll see will be sent by email or letter to each person enrolled in the class. Please bring half a dozen cookies or equivalent per person per movie to share. Coffee, tea, hot chocolate, and ice water will be provided.

Special Note(s): Class meets the first Sunday of each month.

Music and Musicians (✓)

Peer Leader(s): Walter Coffey
Friday(s), Jan 31–May 08 • 1:00 PM–3:00 PM
Location: The Social Chico: Gordon 1

Each week we'll view and discuss either a feature-length documentary or two shorter films. The films will generally feature a performer or composer, the impact of their environment on their music, and the impact of their music on other musicians and on society. Or the focus might be on a style of music from swing to country to jazz or rock. This is a class for the open-minded and intellectually curious because, paraphrasing Mick Jagger, you might not always hear what you like but sometimes you just might like what you hear. There is a web site for this class at <http://ollibookgroup.blogspot.com>

OLLI 2.0: Becoming a Peer Leader

Peer Leader(s): Susan Levine
Monday, Feb 24 • 1:00 PM–2:30 PM
Location: The Social Chico: Gordon 1

Do you have an interest you would like to share with new friends? Have you been thinking about becoming a Peer Leader? Our volunteer instructors are called Peer Leaders because they are sharing a passion with their fellow members. Spend an hour with experienced Peer Leaders to learn the answers to all your questions. How long or short can a class be? Do I have to have a credential? (No!) Can we just go on field trips? (Absolutely!) and whatever else you might be wondering about.

OLLI Book Group (✓)

Peer Leader(s): Marian Milling
Thursday(s), Feb 06–May 07 • 10:00 AM–11:30 AM
Location: The Social Chico: Gordon 1

Participants will read and discuss a wide variety of books, from short stories, classic novels, contemporary novels, biographies to non-fiction. Information about currently scheduled books and books that have been read previously in the group can be found on the web site at <http://ollibookgroup.blogspot.com>. The same website links to copy availability of each book, either through the local libraries or to purchase. It also offers a method to make suggestions for future reading.

OLLI Hikers: Beatson Hollow for Men & Women (✓\$)

Peer Leader(s): Lorna Cunkle
Friday, Apr 03 • 9:30 AM–5:00 PM
Location: Great Outdoors

On this MODERATE Table Mountain hike (5 miles roundtrip, 500 feet elevation gain), we'll first go to Hollow Fall, then follow Campbell Creek down to Beatson Hollow. After a lunch break, we'll add an optional uphill climb for a view of Beatson Fall. You'll need sturdy hiking shoes/boots; this trail has lots of uneven terrain, a lava cap, and two stream crossings. We'll move at a leisurely pace, with plenty of time to smell & photograph the abundant wildflowers.

Special Note(s): We'll meet for carpooling at 9:30 AM, with a return time no later than 5:00 PM. Specific instructions, including carpool locations, will be provided the

week before the hike. Wear layered clothing, a hat, and sturdy hiking shoes/boots. Bring camera, water, lunch, and sunscreen. No dogs. We'll reschedule if it rains.

A CDFW Lands Pass (or hunting/fishing license) must be purchased prior to the event and carried with you. View / download a flyer on how to purchase. A daily pass is ~\$5. An annual pass is ~\$25/year, and also works at Gray Lodge.

OLLI Hikers: Feather Falls for Women (✓)

Peer Leader(s): Lorraine Smith; Vickie Stoll
Friday, May 01 • 8:00 AM–5:00 PM
Location: Great Outdoors

This is a STRENUOUS 8.5-mile hike with 900 feet elevation gain. We'll hike in the Feather Falls Scenic Area in Plumas County, to a beautiful 400+-foot waterfall, right above the confluence of Fall Creek and the Middle Fork of the Feather River. Sign up only if you have been hiking at least 6 miles on uneven ground. Our pace will be leisurely, with time to take photographs, identify wildflowers, perhaps identify a bird or two, and enjoy views of Bald Rock and the Feather River. Team up with other women to create a fun outdoor adventure!

Special Note(s): Sturdy hiking boots strongly recommended; hiking poles optional but helpful. Specific instructions, including where to meet and what to bring, will be provided the week before the hike.

OLLI Hikers: Iron Canyon Loop for Men & Women (✓)

Peer Leader(s): Lorna Cunkle
Location: Great Outdoors

Section 1: Friday, Feb 21 • 9:00 AM–4:00 PM
Section 2: Monday, Feb 24 • 9:00 AM–4:00 PM

For this MODERATE hike, we'll travel to the Sacramento River Bend Outstanding Natural Area. This sunny trail, a 4.5-mile loop with less than 200 feet of elevation gain, is perfect for a cold winter day. You'll need sturdy hiking shoes/boots; this trail has lots of uneven terrain, a lava cap, and two stream crossings. The riparian zone close to the river is home to lots of native species of trees, plants, and animals. We might see bald eagles and osprey, too. We'll move at a leisurely pace, with plenty of time to take photographs and make new friends.

Special Note(s): We'll meet for carpooling at 9 AM, with a return time no later than 4 PM. Specific instructions, including carpool locations, will be provided the week before the hike. Wear layered clothing, a hat (lots of sun on this trail), and sturdy hiking shoes/boots. Bring binoculars, water, lunch, and sunscreen. No dogs. We'll reschedule if it rains.

OLLI Hikers: Phantom Falls/Table Mountain for Women (✓\$)

Peer Leader(s): Lorraine Smith
Friday, Apr 03 • 8:30 AM–4:00 PM
Location: Great Outdoors

This is a STRENUOUS 6.6-mile hike with 850 feet elevation gain. Wildflowers and waterfalls will be the highlights of this hike! Table Mountain typically offers a succession of blooms late February through April; we'll enjoy a colorful array of

flowers on this hike, and will have opportunities to view 6 waterfalls along our path. This is a cross-country loop hike, over UNEVEN ground. Our pace will be leisurely, with time to take photographs, identify the abundant wildflowers, and enjoy the scenery. Team up with other women to create a fun outdoor adventure!

Special Note(s): A CDFW Lands Pass (or hunting/fishing license) must be purchased prior to the event and carried with you. View / download a flyer on how to purchase. There's a short stretch of trail that's narrow and along a cliff; though not dangerous, if you have a strong fear of heights it may challenge you (but we're here to offer support!). Sturdy hiking boots strongly recommended; hiking poles optional but very helpful. Specific instructions, including where to meet and what to bring, will be provided the week before the hike.

OLLI Hikers: Table Mountain Wildflower Hike for Men and Women
(√ \$)

Peer Leader(s): Lorraine Smith
Location: Great Outdoors

Section 1: Tuesday, Apr 07 • 9:00 AM–2:00 PM
Section 2: Thursday, Apr 09 • 9:00 AM–2:00 PM

Enjoy an EASY hike (approximately 2 miles with minor elevation change) as we view and identify the common spring wildflowers blooming on North Table Mountain Ecological reserve. Our pace will be leisurely. The terrain is uneven so sturdy walking shoes are recommended. Suggested (not required) reading is "Wildflowers of Table Mountain" by Bills and Mackey.

Special Note(s): Specific Instructions, including where to meet and what to bring, will be provided the week before the hike. A CDFW Lands Pass (or hunting/fishing license) must be purchased prior to the event and carried with you.

Photography: Beyond Auto Mode (√)

Peer Leader(s): Dick Emmons
Thursday(s), Mar 12–May 07 • 1:00 PM–2:30 PM
Location: Aymer J. Hamilton #124

This course is designed to show the use of the various controls on a digital camera. The class will emphasize those controls dealing with exposure and the effect they have on creating good photographs. Each week a different control will be used. During class students will take photos and the class will conclude with the photos viewed on a TV. A MUST requirement is a digital camera that has controls for Auto, P, Av, Tv or S and M. The camera must also use a SD memory card and a blank one should be brought to the first class.

Poetry at the Glen

Peer Leader(s): James Kirks
Saturday(s), Feb 01–May 09 • 2:00 PM–3:30 PM
Location: Sycamore Glen, Key Room

Reading poetry helps you to know things more fully, it commands your attention, and it can sustain good conversation. In this class participants select poetry from favorite sources to read aloud with fellow enthusiasts.

Poetry for Pleasure

Peer Leader(s): James Kirks
Friday(s), Jan 31 • 9:00 AM–10:30 AM
Location: Aymer J. Hamilton #124

Reading poetry helps you to know things more fully, it commands your attention, and it can sustain good conversation. In this class participants select poetry from favorite sources to read aloud with fellow enthusiasts.

Reading Homer in Greek

Peer Leader(s): Jack Ayer
Tuesday(s), Jan 28–May 05 • 9:00 AM–10:00 AM
Location: The Social Chico: Gordon 2

A small group of us has been struggling for some months now to read Homer's Iliad (Book I) in its original Greek. The task is demanding, maddening and deeply rewarding. None of us is remotely expert at this job but we help each other along. We invite suitable others to join us. To participate, you wouldn't want to know too much Greek or you'd be bored. You wouldn't want to know too little or you'd be left in the dust. Email Jack Ayer for help in identifying the Goldilocks point at jdayer@ucdavis.edu. Coursebook: Pharr, Homeric Greek

Reading Poetry for Insight and Reflection

Peer Leader(s): Dennis Daniel
Tuesday(s), Jan 28–May 05 • 1:00 PM–2:30 PM
Location: The Social Chico: Gordon 2

Each week we will examine three or four poems, mostly from the Western tradition, some in translation from other languages. We will look at classic themes such as: self-discovery, fear, compassion, insight, aging and mortality, relationships, et al. Our goal will be to see how the poem works and what it says to us as readers with divergent backgrounds. We will read each poem in depth and appreciation.

Recycling ~ Brunch 'n Learn with Waste Zero Specialist

Peer Leader(s): Becky Holden

Wednesday(s), Mar 25–Apr 08 • 10:00 AM–11:00 AM

Location: The Social Chico: Gordon 1

Join Recology Waste Zero Specialist Becky Holden for an hour-long seminar on Recycling with lunch provided. The presentation will cover a wide range of topics related to waste and resource recovery including: how the recycling industry works; ways to be better at the bin; reducing plastics pollution; pro tips for reusing; along with the latest recycling updates. The second class meeting will be a field trip to the Marysville Recycling Facility to observe the process of sorting the recyclables after they've been collected.

Special Note(s): March 25: Classroom lecture during which "brunch" will be served.

April 8: Field trip to tour the recycling facility at Recology Yuba Sutter, We'll carpool from Chico to Marysville and back. Please allow approximately four hours.

Rise & Fall of the Roman Empire

Peer Leader(s): Bill Augros

Wednesday(s), Jan 29–May 06 • 10:30 AM–12:00 PM

Location: Faith Lutheran Church

This class is a review of Edward Gibbon's classic history, "The Rise & Fall of the Roman Empire." The video lecturer is Professor Emeritus Leo Damrosch at Harvard University. Most histories written in Gibbon's time are of interest today only for their literary qualities; we look to more recent historians to explain what happened in the past. Gibbon's interpretations have been questioned or supplemented, and new modes of historiography have explored topics that he doesn't address. The videos lectures are from the Great Courses - Teaching Company.

Senior Hair Care for Women and Men

Peer Leader(s): Grace Lonis

Monday(s), Jan 27–Feb 17 • 1:00 PM–2:30 PM

Location: Faith Lutheran Church

Learn about easy care hair styles for seniors. Learn a variety of different hair styles that are fashioned around your unique facial structure and features. Focused on easy ongoing hair maintenance and styles. Visual examples will be shown. Visual Drawing and Pictures of facial features and best matching hair styles will be shown. Look for your "best look" with these special principles in senior hair styling. Your hair style can make all the difference in how you look and feel about yourself!

Shakespeare Video Lectures & Plays

Peer Leader(s): Bill Augros; Tom Jordan

Wednesday(s), Jan 29–May 06 • 1:00 PM–4:00 PM

Location: Faith Lutheran Church

This class will consist of video lectures from the Great Course Company on Shakespeare's plays and video versions of the plays from the BBC. You will learn a

set of interpretive tools, drawn from the texts themselves, that give direct insight into Shakespeare's plays. You can then follow the narratives of the plays as they unfold, with a clear understanding of how the plays function and fit together.

Special Note(s): The following plays will be presented: OTHELLO, MEASURE FOR MEASURE, THE TEMPEST (TWO VERSIONS), KING LEAR, CYMBELINE, MACBETH (TWO VERSIONS)

Shakespeare: Slow-Reading King Lear

Peer Leader(s): Jack Ayer

Tuesday(s), Jan 28–May 05 • 10:30 AM–12:00 PM

Location: The Social Chico: Gordon 2

We'll try to get under the hood of another of Shakespeare's greatest tragedies—this time, 'King Lear'—to figure out what makes it so great. Last term, we gave the same treatment to 'Hamlet,' but you don't need to have been there (nor, indeed, to know anything about Shakespeare at all) to get something out of this course.

Sing Gospel Music With or Without Instruments

Peer Leader(s): Phil Elkins

Monday(s), Jan 27–May 04 • 10:00 AM–11:30 AM

Location: The Lodge at The Terraces

Singing and/or playing popular gospel songs. Bring your voice, guitar, violin, cello, harmonica, squeeze box or other instrument and join a group of people singing and playing gospel music. This is not meant to be religious. It's just a place to enjoy great music. Join us!

Smart Cycling

Peer Leader(s): Becky Warren

Tuesday(s), Apr 21–Apr 28 • 8:30 AM–10:00 AM

Location: The Social Chico: Bradley 1

Students will start with the basics of choosing and fitting a bike/helmet and choosing what to wear; making simple adjustments to the bike; pre-ride safety checks; safe/efficient carrying systems (e.g., messenger bags, racks); and fixing a flat. More advanced topics will include: rules of the road (rights and responsibilities); state and local bike laws; riding predictably; bike handling (starting/stopping, shifting, scanning for traffic behind, signaling, turning/changing lanes); where to ride on the roadways; hazards; and how to avoid crashes by avoiding risky riding behaviors.

SMART Eldership

Peer Leader(s): Janet Rechtman

Tuesday(s), Mar 24–Apr 28 • 10:00 AM–11:30 AM

Location: The Social Chico: Gordon 1

Taking it not-so-easy with retirement? Remember how good it felt to be in charge of a classroom? A work group? A family? When there was a clearly defined "what" then the "so whats" and "now whats" were close at hand. This series of 5 90-

minute workshops are for folks new to retirement ... or folks still challenged by what to do next. Join us to think out loud together about approaches to SMART Eldership -- finding Sustainable, Measurable, Actionable, Relationship-Oriented and Transferable activities right for each of our stages of life.

Smart Phone 101: Android

Peer Leader(s): Judy Barclay
Monday(s), Mar 30–May 04 • 1:00 PM–2:30 PM
Location: The Social Chico: Bradley 1

This class covers the basic functions and vocabulary of the smart phone and tablet (not iPhone or iPad.) If you have an iPhone or iPad, look for Smart Phone 101 - iPhone/iPad in schedule. Using slides and live demonstrations, the class seeks to get you more familiar and comfortable with your smart phone or tablet. It will also give you resources that you can use to teach yourself how to enjoy these wonderful devices.

Smart Phone 101: Apple iPhone and iPad

Peer Leader(s): Susan Levine
Monday(s), Mar 02–Mar 30 • 1:00 PM–2:30 PM
Location: The Social Chico: Gordon 1

This class covers the basic functions and vocabulary of the iPhone and iPad. If you have any other smart phone or tablet, look for Smart Phone 101 - Android (not iPhone) in schedule. Using slides and live demonstrations, the class seeks to get you more familiar and comfortable with your iPhone or iPad. It will also give you resources that you can use to teach yourself how to enjoy these wonderful devices.

Stargazing at the Chico Community Observatory (√)

Peer Leader(s): Mike Davis
Thursday, Feb 27 • 6:30 PM–9:00 PM
Location: Chico Community Observatory

Here is your chance for a private OLLI night of stargazing at the Chico Community Observatory. With the two large telescopes, the observatory staff will show you what's up in the night sky, and explain what we are seeing, and the details about these deep space wonders, followed by a constellation tour of the night sky. This field trip is limited to 35 people. Note, that if the weather does not cooperate on the planned evening at CCO, we will reschedule.

Table Mountain Wildflowers (\$)

Peer Leader(s): Herman Gray
Friday, Apr 17 • 10:00 AM–11:30 AM
Location: Great Outdoors

This will be a one-time tour to view the wild flowers blooming on Table Mountain. See lupines, popcorn flowers, bitter root, blue dicks, Douglas violets, & others. Wear walking shoes, a jacket if it is cool. A good reference book with color photos of the common flowers on the mountain is "Wildflowers of Table Mt.," by Albin Bills & Samantha Mackey, but it is not required for the course.

Special Note(s): A CDFW Lands Pass (or hunting/fishing license) must be purchased prior to the event and carried with you. Wear walking shoes and a jacket if it is still cool that day. There is a book "Wildflowers of Table Mountain." It used to be available at Bidwell Mansion, or order from a bookshop. This is optional, not required for the course.

Tai Chi (√)

Peer Leader(s): Lenora Wong
Location: Windchime of Chico

Section 1: Tuesday(s), Jan 28–Apr 28 • 1:00 PM–2:30 PM
Section 2: Thursday(s), Jan 30–Apr 30 • 10:30 AM–12:00 PM

Tai Chi is a slow, no impact form of exercise that enhances flexibility and mobility. It is a form of meditation in movement. The aim is to learn the sequence of movements of the Yang style of tai chi chuan in this series of on-going classes. I learned the long form of 108 movements in 1978 and began teaching in the early 1980's.

TED Talks (√)

Peer Leader(s): Gayle Womack
Thursday(s), Jan 30–Apr 30 • 10:00 AM–11:30 AM
Location: The Social Chico: Gordon 1

TED Conferences LLC (Technology, Entertainment, Design) is a media organization that posts talks online for free distribution under the slogan "ideas worth spreading." TED's early emphasis was on technology and design, consistent with its Silicon Valley origins, but it has since broadened its repertoire to include talks on many scientific, cultural, and academic topics. Join us for the opportunity view and discuss various TED Talks. And, as an added bonus, you will get to know more OLLI members.

Special Note(s): Does not meet on the first Thursday of the month.

The Meanings and Mysteries of Names

Peer Leader(s): Robin Dizard
Wednesday(s), Feb 12–Apr 29 • 1:00 PM–2:30 PM
Location: The Social Chico: Gordon 1

A name—yours, mine or anyone else's—links your biological existence to your cultural existence. Put another way, usually a proper name signals where you come from. Meanwhile, your inner experience of answering to Mary, John or Tiger may be very different from the connotations that go with your name. This course explores what names can mean, customs and beliefs attached to names, and what happens when we experiment with names. Topics include the history of language, heraldry, names and professions, names and magic also lost names and changed names.

The Private Life of a Masterpiece (√)

Peer Leader(s): Walter Coffey
Friday(s), Jan 31–May 08 • 10:30 AM–12:00 PM
Location: The Social Chico: Gordon 1

We'll be viewing and discussing episodes from the BBC TV series "The Private Life of a Masterpiece." Each episode features an individual great work of art and shows the context in which the work was created. The life of the artist and the social and political environment of the time enrich our understanding of the work. Individual works include: Botticelli's "La Primavera", Rembrandt's "The Night Watch", Vermeer's "The Art of Painting", Goya's "The Third of May", Van Gogh's "The Sunflowers", Klimt's "The Kiss" and Michelangelo's "David." *There is a website for the class at www.ollivideos.blogspot.com*

The Tao Te Ching: An Introduction

Peer Leader(s): Jerome Dirnberger
Tuesday(s), Apr 14 • 1:00 PM–2:00 PM
Location: The Social Chico: Bradley 1

The Tao Te Ching is a Chinese classic book, or better, a series of 81 poems/chapters written by the philosopher Lao Tzu over 2500 years ago. In it he poetically explains the universe and humans' part in it. In this workshop, students will be presented with the various themes and concepts of Tzu's philosophy and how this can lead to living a more satisfying life. The Tao is supposedly the second most translated book in the world next to the Bible. Each version is different because of Tzu's poetic style and various meanings of his ancient Chinese characters.

Thoughts Become Things ~ The Art of Thinking Yourself to Success (√)

Peer Leader(s): Rosario Clerici-Green
Wednesday(s), Mar 25–Apr 22 • 10:00 AM–11:30 AM
Location: The Social Chico: Gordon 1

Our thoughts influence our perception of the world around us and play a significant role in our situational outcomes. We will learn to apply Guided Imagery techniques and Thought Management to bring about positive outcomes and bring meaning to the experiences in our life. We will practice skills known to lower stress, blood pressure, anxiety, depression, and purge unwanted habits. Learn critical skills to help you make desired changes, overcome challenges, and experience more successful outcomes towards a better quality of life.

Trees of Chico (√)

Peer Leader(s): Roger Lederer
Wednesday(s), Feb 19–Mar 04 • 8:30 AM–9:30 AM
Location: The Social Chico: Bradley 2

What do you know about the City of Trees' trees? Based upon research for my new book, The Trees of Bidwell Park, I'll introduce our local trees to you and discuss their history, natural history, human uses, and clues for identification as well as relate some stories, folklore, and mythology of these majestic plants around us, all illustrated with PowerPoint and its multimedia bag of tricks.

Special Note(s): You may wish to purchase "The Trees of Bidwell Park" or another appropriate field guide to the trees of the area.

Tuesday Tunes (√)

Peer Leader(s): Bitz Haley; ;
Tuesday(s), Jan 28–43590 • 10:15 AM–11:30 AM
Location: Haley's Martial Arts Center

Start your Tuesday with music and songs. Join us in a fun, informal, weekly sing-along. Bring your voices and/or musical instruments. We will provide reasons for smiles and laughter, a venue with chairs, and songs with chords. Please note that the operative word is "fun." If you like music, you will like this class. All levels welcome!

Upper Bidwell Park: Your gYm and a gEm! (√\$)

Peer Leader(s): Pamela Waldsmith
Wednesday(s), Jan 29–Feb 19 • 1:00 PM–4:00 PM
Location: Bidwell Park

This class is for experienced hikers working on fitness for hiking. We'll enjoy four different hikes, north and south side. Vigorous 2.5-3 hour moderately STRENUOUS hikes/fast walks for learning, fitness, and fun. 200-600 ft elevation gain. You'll get to know all of the trails in Bidwell Park; obtain a valuable map, resource materials, and awareness of volunteer opportunities in Bidwell Park; discover apps for nature and hiking; meet other outdoor enthusiasts; and exercise outdoors in the winter in your free outdoor gYm; our gEm. Get your endorphins pumping in our crown jewel, Bidwell Park!

Special Note(s): Specific instructions on times, meeting places and what to bring will be provided one week before each hike. You are encouraged to call or email with questions. Mandatory items include 1.5-2 liters of water, first aid kit, sturdy hiking boots/shoes, layered clothing. Walking poles are highly recommended. Literature will be provided on why these items are mandatory and encouraged. Multiple follow-up hikes will be shared and encouraged. Let Winter, Upper Bidwell Park, and camaraderie be your inspiration to get out there and hike/exercise intelligently and joyfully!

Wars of the Roses (√)

Peer Leader(s): Leanne Ulvang
Wednesday(s), Feb 12–May 06 • 3:00 PM–4:00 PM
Location: The Social Chico: Gordon 1

Henry V, hero of Agincourt (1415), died in 1422 leaving his 9-month old son heir to the crown. After decades of war with France, England's economic and political turmoil came to a head. Magnates feuded over control of feeble-minded Henry VI, fiscal policies and war strategies. Factions coalesced around the York family (white rose) and Lancastrian champions (red rose), erupting into battle in 1455. For 30 years, royal cousins connived and killed, destroying the Plantagenet line of kings. Material crammed into last June's four 90-minute sessions will be presented in a more leisurely 11 classes.

Watercolor Made Simple (√/\$)

Peer Leader(s): Christine MacShane
Location: Christine Mac Shane's Studio

Section 1: Friday(s), Jan 31–Feb 21 • 9:30 AM–11:30 AM
Section 2: Friday(s), Feb 28–Mar 27 • 9:30 AM–11:30 AM
Section 3: Friday(s), Apr 03–Apr 24 • 9:30 AM–11:30 AM

An introduction to watercolor painting. Techniques, color blending, color mixing and brush work for all levels.

Special Note(s): Materials and studio fee of \$12 per class.

Will

Peer Leader(s): Lynn Elliott
Monday(s), Feb 24–Apr 20 • 10:00 AM–11:30 AM
Location: The Social Chico: Bradley 1

It was a time of radical change, a time of violence. England was under siege, internally and externally, by foreign adversaries. Being on the wrong side, politically or religiously, could result in torture and death. Into this confusing and disordered world strode a young married man who had left his home of Stratford-upon-Avon to attempt his hand at playwriting for the London stage. His name was William Shakespeare. After a few relevant comments from the instructor, the class will watch weekly episodes of the lively, rambunctious and riotous series "WILL."

Special Note(s): Warning! This class is "R" rated and that all students wishing to take the class will need to bring a note from their parents! ;-)

Wisdom through Meditation (√)

Peer Leader(s): Gayle Womack
Wednesday(s), Jan 29–May 06 • 0.4375–12:00 PM
Location: Lakeside Pavilion (CARD)

Wisdom through meditation is a piece of advice yogis have given for thousands of years, saying "Take a deep breath and relax." Experience Meditation: learn how to discover your own personal truth and wisdom by calming the busy mind. Presentation of concepts, discussion, practice and meditation define this course.

Women & Money: Take Control of Your Finances!

Peer Leader(s): Mistie Ciadakis
Monday(s), Feb 03–Feb 17 • 1:00 PM–2:00 PM
Location: The Social Chico: Bradley 1

Women often face unique financial circumstances in their lives. Women have longer life expectancies, are more likely to be living on their own, and are often more conservative investors than men. More and more women find themselves having to make important financial decisions with little preparation. This class will cover the principles of investing and financial planning, including retirement income, asset allocation, diversification, stocks, bonds, mutual funds, ETFs, estate planning, and financial scams. This class is for women only!

World Dance

Peer Leader(s): Memo Keswick
Friday(s), Feb 07–May 08 • 3:00 PM–4:00 PM
Location: The Lodge at The Terraces

Fun social dances from around the world, including Bulgaria, Romania, Serbia, Greece, Israel, Scotland, and the United States. Line, circle, and couple dances. No partner required. *There will be no classes held on 3/6 or 3/13.*

World Dance Singing (\$)

Peer Leader(s): Memo Keswick
Friday(s), Feb 07–May 08 • 1:00 PM–2:30 PM
Location: Private Residence

Class teaches World Dance songs that challenge the singer tonally, phonetically, and rhythmically. The songs may be performed for many audiences, including for local Chico World Dancers. Whenever possible (especially for performances) singers will be "backed up" by local musicians. Come sing with us! *Special Note(s): One-time \$10 fee for materials. No classes on 1/31, 3/6, and 3/13.*

Your Eyes and Your Health

Peer Leader(s): Dr. Joel Isaac Barthelow
Thursday(s), Jan 30–Apr 30 • 3:00 PM–4:30 PM
Location: The Social Chico: Gordon 1

Eye disease can sneak up on you in a blink of an eye. Sometimes you will not even know because there are no noticeable symptoms. As you start to lose your vision, your brain adjusts, making it hard for you to realize there is a problem. In this class, Dr. Barthelow will discuss the importance of eye care. He will cover some of the most common diseases such as Glaucoma, Cataracts, Diabetic Retinopathy, and more.

Special Note(s): Class meets once a month on 1/30, 2/27, 3/26 & 4/30.