

Welcome!

OLLI at CSU, Chico offers members aged 50 and better or retired a full schedule of classes and activities that explore a wide array of interests in history, literature, the natural and social sciences, fine arts, and current events. Spring is coming, a time to shake off winter and explore new things – like ballroom or line dancing, or art. You have your choice of photography, drawing, painting or journaling classes. How about learning all about roses or garden design? We even have a class about Harry Potter!

NEW OFFERINGS!

CSU, Chico Faculty Lecture Series, featuring different faculty as guest lecturers each week. Medieval monsters (!), gene splicing, forensic anthropology, and more! In Musical Journeys, Professor Emeritus Russell Burnham will discuss the experience of music from a variety of cultures, genres, and time periods, including examples on a real piano! Professor Emerita Sandra Flake will lead a five-week class in American Indian Literature, sharing her favorite writings and facilitating related discussion.

OLD FAVORITES!

Enloe's Healthier You! Lecture Series and Armchair Traveler are tested crowd pleasers. Additional classes in history, current events, literature, languages, geology, genealogy, and technology round out the schedule, with special attention to travel, health, and wellness—topics in which OLLI members show a growing interest.

YOU'RE INVITED!

Bring family & friends to the OLLI Spring Class Preview! Visit with other OLLI members, preview upcoming courses, and meet our Peer Leaders.

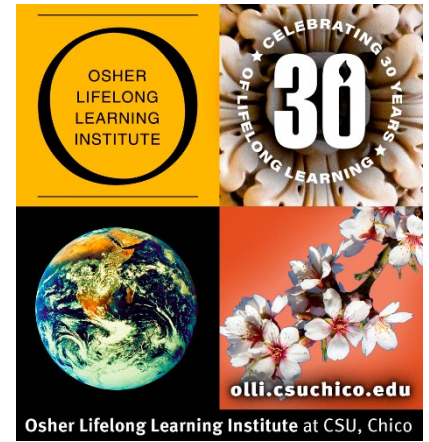
Chico Class Preview

January 10, 10 am–12 pm

Manzanita Place / Chico Elks Lodge

1705 Manzanita Avenue, Chico

For additional information, visit the olli.csuchico.edu or call 530-898-6679.



SPRING 2019 KEY DATES & EVENTS

- Jan. 10: Chico Class Preview: 10am-12pm, Manzanita Place / Chico Elks Lodge
- Jan. 17: Class Registration Opens @ 9am
- Jan. 28: Spring Classes Begin
- Jan. 31: Class Limit Lifted. Sign up for more!
- Jan. 31: Summer '19 Course Proposals Due
- March 6: Fall '19 Course Proposals Due
- March 13: Spring General Meeting, 11:30am-1pm, Chico Masonic Family Ctr.
- March 18–22: Spring Break (No Classes)
- April 1: César Chávez Day Observed (No Classes)
- April 17: Annual Business Meeting
- May 8: Spring Luncheon & Peer Leader Recognition, 11:30am-1pm, Canyon Oaks Country Club
- May 10: Last Day of Spring Classes

For more information and to sign up for classes, visit the OLLI website.

MEMBERSHIP

Membership is required to participate in OLLI classes, activities, and events. OLLI instructors, also called "Peer Leaders," are also required to join. Joining OLLI allows members age 50 and better to participate in as many classes and activities as their lives will hold at one price. Some classes have an additional supply fee, but the vast majority may be attended at no additional cost. Because of our volunteer based program, Chico has some of the lowest program fees of the 121 unique OLLI programs nationwide. Join now to learn, grow, socialize and make new friends.

CHICO CHAPTER *(Classes in All Locations)*

- Spring '19 Only: \$125
- Summer '19 Only: \$75
- Spring '19 & Summer '19 Bundle: \$145

GREATER BUTTE COUNTY CHAPTER *(Oroville Classes Only)*

- Spring '19 Only: \$45

*You can now pay your membership fee in installments!
See the spring membership form for details.*

HOW TO REGISTER ~ REGISTRATION OPENS JANUARY 17 @ 9AM

- Online! Visit olli.csuchico.edu today to join OLLI & pay membership fees by VISA/MC, and to sign up for classes when registration opens on January 17.
- Complete and mail the enclosed Membership & Class Request Form.
- Call the OLLI office at 530-898-6679.

**Pay early & be ready to
go on registration day!**

GIVE THE GIFT OF LEARNING

Giving an OLLI membership to a friend or relative provides a host of free classes and activities to any older adult interested in the joy of learning. Call OLLI for more information.

FEE ASSISTANCE PROGRAM

Through the generosity of our members donating to the Annual Fund, OLLI can offer some financial assistance for those who are fiscally challenged. Please call the OLLI office and speak to Susan to ask for fee assistance. She will explain the process and limitations.

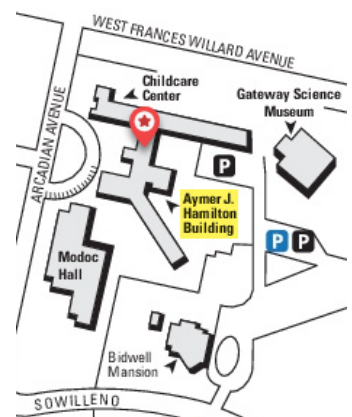
WHERE IS THE OLLI OFFICE LOCATED?

We're located in the Aymer J. Hamilton Building, Room 118B, on the CSU, Chico campus near the Gateway Science Museum and Bidwell Mansion. Office hours are Monday–Thursday, 9am–1pm. You can also find us across from the coffee shop in the Bradley Lobby at Craig Hall!

Mailing Address:

Osher Lifelong Learning Institute
CSU, Chico
400 W. First Street
Chico, CA 95929-0792

- Web: olli.csuchico.edu
- Phone: 530-898-6679
- Email: olli@csuchico.edu
- Facebook: [facebook.com/ollichico](https://www.facebook.com/ollichico)





Spring 2019 Schedule

Registration Opens January 17 @ 9AM

\$ = Class Has Additional Fee
√ = Counts Toward 5-Class Limit
Limit will be lifted Jan. 31 at 9am

MONDAY CLASSES

Yahi Trail: Upper Bidwell Park Hike for Men & Women	√	Cynthia Finnegan	8-4	Mar 11	Various
Anthology of Genealogy		Kathleen Corrigan	8:30-10	Jan 28-Mar 25	Craig Hall: Gordon 1
Meditation and Contemplation		George McClendon	8:30-10	Jan 28-May 06	Unitarian Church
Tai Chi Twice a Week for Beginners	√	Mike McCluskey	8:30-9:30	Jan 28-May 09	The Lodge at The Terraces
Financial Planning & Investments II: Trends & Best Practices		Steven Ciadakis	9-10	Feb 18-Mar 04	Craig Hall: Bradley 1
Reincarnation: A Bigger Picture: Chico		Deborah Muth	9-10	Feb 11-Feb 25	Craig Hall: Gordon 2
History Through Mystery: 1st Mondays	√	Claire Altheuser	9:30-11	Jan 07-6-May	Private Residence
History Through Mystery: 2nd Mondays	√	Claire Altheuser	9:30-11	Jan 14-13-May	Private Residence
History Through Mystery: 3rd Mondays	√	Claire Altheuser	9:30-11	Jan 21-May 20	Private Residence
History Through Mystery: 4th Mondays	√	Claire Altheuser	9:30-11	Jan 28-May 27	Private Residence
Sing Gospel Music With or Without Instruments		Phil Elkins	10-11:30	Jan 28-May 06	The Lodge at The Terraces
Drum Circle		Judy Kane	10-11	Jan 28-May 06	Private Residence
Sharing Stories With Children and Adults		Paul Belz	10:30-12	Jan 28-Feb 18	Craig Hall: Bradley 1
Thoughts Become Things ~ Thinking Yourself to Success		Rosario Clerici-Green	10:30-12	Jan 28-Feb 18	Craig Hall: Gordon 2
The Gospel of Thomas	\$	Jerome Dirnberger	10:30-12	Apr 22-May 06	Craig Hall: Bradley 1
Cracker Barrel		Charney Herst	10:30-12:30	Jan 28-May 06	Craig Hall: Gordon 1
Exploring Our Inner Wisdom		Peggy Jennings-Severe	10:30-12	Apr 08-Apr 15	Craig Hall: Bradley 1
Life Talks-Creating Conversations, Connections & Traditions		Peggy Jennings-Severe	10:30-12	Feb 25-Mar 11	Craig Hall: Bradley 1
Exploring Butte County History		April Pryor	10:30-12	Jan 28-May 06	Craig Hall: Bradley 2
An Experience in Democracy		David Simmen	10:30-12	Apr 08-Apr 29	Craig Hall: Gordon 2
Community Connections: Giving Back, Getting Back		Abe Baily	1-2:30	Jan 28-May 06	Craig Hall: Gordon 1
Sleep and Dreams		Susan Bollinger	1-2:30	Jan 28-Mar 25	Craig Hall: Bradley 1
Computers: Fundamentals for the Beginner		Lon Halley	1-2:30	Jan 28-Feb 18	Faith Lutheran Church
Genealogy Research Using Technology		Lon Halley	1-2:30	Mar 25-Apr 15	Faith Lutheran Church
Technology Tips, Tricks, Secrets and Shortcuts		Lon Halley	1-2:30	Feb 25-Mar 11	Faith Lutheran Church
Technology, Society, Culture and Faith		Lon Halley	1-2:30	Apr 22-May 06	Faith Lutheran Church
CSU, Chico Faculty Lecture Series		Ann Nikolai	1-2:30	Jan 28-May 06	Craig Hall: Bradley 2
French 1: Resurrecting French	√	Leanne Ulvang	1-1:40	Jan 28-May 06	Craig Hall: Gordon 2
Knitting Boot Camp: Section 1	√	Gale Ulvang	1-2:30	Jan 28-Feb 18	Private Residence
Knitting Boot Camp: Section 2	√	Gale Ulvang	1-2:30	Feb 25-Mar 25	Private Residence
Creating a Doodle Journal	√ \$	Christine Wright	1-2:30	Jan 28-May 06	Northwood Commons Clubhouse
French 2: Beyond the Basics	√	Leanne Ulvang	1:50-2:35	Jan 28-May 06	Craig Hall: Gordon 2
French 3: Conversation	√	Leanne Ulvang	2:40-3:45	Jan 28-May 06	Craig Hall: Gordon 2
Smart Phone 101: Android		Judy Barclay	3-4:30	Feb 25-Apr 15	Craig Hall: Gordon 1
Smart Phone 101: Apple iPhone and iPad		Susan Levine	3-4:30	Jan 28-Feb 18	Craig Hall: Gordon 1
Armchair Travel Sketching: Advanced	√	Marvey Mueller	3-4:30	Mar 25-Apr 22	Craig Hall: Bradley 1
Fun Art Techniques		Debbie Vermette	3-4:30	Jan 28-Mar 04	Craig Hall: Bradley 1

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TUESDAY CLASSES

Reading Poetry for Insight and Inspiration		Dennis Daniel	1–2:30	Jan 29–May 07	Craig Hall: Bradley 1
Reading Homer in Greek	✓	Jack Ayer	9–10	Jan 29–May 07	Craig Hall: Gordon 2
National Security and the U.S. Intelligence Community		Terry Wilson	9–10	Jan 29–Feb 26	Craig Hall: Gordon 1
Tuesday Tunes		Bitz Haley	10–11:30	Jan 29–May 07	Haley's Martial Arts Center
Drawing for Beginners: Section 1	✓	\$ Christine MacShane	10–12	Jan 29–Feb 19	Christine Mac Shane's Studio
Drawing for Beginners: Section 2	✓	\$ Christine MacShane	10–12	Feb 26–Mar 26	Christine Mac Shane's Studio
Drawing for Beginners: Section 3	✓	\$ Christine MacShane	10–12	Apr 02–Apr 23	Christine Mac Shane's Studio
Plato: Republic and Symposium		Jack Ayer	10:30–12	Jan 29–May 07	Craig Hall: Gordon 2
Books and Authors: The Stories Behind the Stories	✓	Walter Coffey	10:30–12	Jan 29–May 07	Craig Hall: Gordon 1
Aviation History: The Golden Age	✓	Gary Hendrickson	10:30–12	Jan 29–Mar 12	Craig Hall: Bradley 1
Home Garden Design	✓	Joyce Hill	10:30–12	Apr 9–May 14	Craig Hall: Bradley 1
Current Issues with Emphasis on Media Coverage	✓	Robert Main	10:30–12	Jan 29–May 07	Craig Hall: Bradley 2
Armchair Traveler	✓	Jim Blaser	1–2:30	Jan 29–May 07	Craig Hall: Bradley 2
Art Around The World: The Art, The Artists, The Countries	✓	Walter Coffey	1–2:30	Jan 29–May 07	Craig Hall: Gordon 1
Science Projects with Grandkids	✓	Stephanie Parker	1–2:30	Feb 19–Mar 12	Gateway Science Museum
Postcrossing.com: The Joy of Exchanging Postcards		Blaine Waterman	1–2:30	Apr 09–Apr 16	Craig Hall: Gordon 2
Learn How to Draw		Susan Levine	1:30–3	Jan 29–May 07	Aymer J. Hamilton, Room 124
Healthier You! A Lecture Series by Enloe Medical Center		Nicole Johansson	3–4:30	Mar 05–Apr 30	Enloe Conference Center
Community Land Trusts: History, Development & Deployment		Richard Roth	3–4:30	Feb 05–May 07	Craig Hall: Gordon 1
People-Centered Agricultural & Gardening Improvement		Richard Roth	3–4:30	Jan 29–Apr 30	Craig Hall: Gordon 1
Book in Common: All They Will Call You		Brooks Thorlaksson	3–4:30	Feb 19–Mar 05	Craig Hall: Bradley 2
Let's Knit	✓	Gale Ulvang	3–4:30	Jan 29–May 07	Craig Hall: Bradley 1

WEDNESDAY CLASSES

Birds of Spring and Summer in the Chico Area		Roger Lederer	9–10	Jan 30–Feb 13	Craig Hall: Gordon 1
Guitar: Beginning - Level 2		Phil Elkins	10–11:30	Jan 30–May 08	The Lodge at The Terraces
The World of Byzantium		Bill Augros	10:30–12	Jan 30–May 08	Faith Lutheran Church
Genesis: The Beginning According to the Bible		Dennis Daniel	10:30–12	Jan 30–May 08	Craig Hall: Gordon 2
Will		Lynn Elliott	10:30–12	Jan 30–Apr 10	Craig Hall: Gordon 1
History Documentaries	✓	Robert Main	10:30–12	Jan 30–May 08	Craig Hall: Bradley 2
Water Conservation 101		Kyle Ramey	10:30–12	Apr 17	Craig Hall: Gordon 1
Estate Planning 101		Cheryl Tyree	10:30–11:30	Apr 24–May 08	Craig Hall: Gordon 1
The History of Spain: Land on a Crossroad, Cont.	✓	Sal Ventura	10:30–12	Jan 30–May 08	Craig Hall: Bradley 1
Wisdom Through Meditation	✓	Gayle Womack	10:30–12	Jan 30–May 08	Lakeside Pavilion
Intermediate Spanish Conversation	✓	Memo Keswick	11–12:15	Feb 06–May 08	Various
Shakespeare Videos, Lectures & Plays		Bill Augros	1–3	Jan 30–May 08	Faith Lutheran Church
Line Dance		Pamela Beeman	1–2	Feb 20–Mar 13	Trinity United Methodist Church
Musical Journeys	✓	Russell Burnham	1–2:15	Apr 03–May 22	Center for Spiritual Living
Photography: Taking Better Digital Pictures		Dick Emmons	1–2:30	Mar 13–May 08	Aymer J. Hamilton, Room 124
Classic Movie Westerns	✓	Peter Hogue	1–4	Jan 30–May 08	Craig Hall: Bradley 1
Writer's Workshop: Section 1	✓	Velda Stubbings	1–3:30	Jan 30–May 08	Lakeside Pavilion
Native American Women's Voices		Sandra Flake	1:30–3	Jan 30–Feb 27	Craig Hall: Bradley 2
French for Travelers	✓	Leanne Ulvang	1:30–2:30	Jan 30–May 08	Craig Hall: Gordon 1
Medieval Machinations		Leanne Ulvang	3–4:30	Feb 13–Apr 24	Craig Hall: Gordon 1
Adopt a School		Bill Augros	3:30–4:30	Feb 06	Faith Lutheran Church

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WEDNESDAY CLASSES, cont.

Qi Gong ~ The Mindful Walk: Section 1	✓	Matt Cavender	4:30–6	Jan 30	The Lodge at The Terraces
Qi Gong ~ The Mindful Walk: Section 2	✓	Matt Cavender	4:30–6	Mar 27	The Lodge at The Terraces
Tai Chi as Self Defense: Section 1	✓	Matt Cavender	4:30–6	Feb 06	The Lodge at The Terraces
Tai Chi as Self Defense: Section 2	✓	Matt Cavender	4:30–6	Apr 03	The Lodge at The Terraces
The Chant of Compassion: Section 1		Matt Cavender	4:30–6	Jan 16	The Lodge at The Terraces
The Chant of Compassion: Section 2		Matt Cavender	4:30–6	Mar 20	The Lodge at The Terraces

THURSDAY CLASSES

Birding in the Chico Area	✓	Joyce Bond	9–11	Jan 31–May 02	Various
Women & Money: Smart Financial Decisions in Retirement		Miste Cliadakis	9–10	Feb 21–Mar 07	Craig Hall: Bradley 1
Acrylic Painting for Beginners and Beyond: Section 1	✓ \$	Christine MacShane	10–12	Jan 31–Feb 21	Christine Mac Shane's Studio
Acrylic Painting for Beginners and Beyond: Section 2	✓ \$	Christine MacShane	10–12	Feb 28–Mar 28	Christine Mac Shane's Studio
Acrylic Painting for Beginners and Beyond: Section 3	✓ \$	Christine MacShane	10–12	Apr 04–Apr 25	Christine Mac Shane's Studio
What's Your Name?		Robin Dizard	10:30–11:30	Mar 14–May 09	Craig Hall: Gordon 1
TED Talks	✓	Judy Gargas	10:30–12	Jan 31–Apr 25	Craig Hall: Gordon 2
Mothers, Movers & Shakers: Women of the Bible		Ginger Hanks Harwood	10:30–12:30	Feb 07–Mar 07	Craig Hall: Bradley 1
OLLI Book Group	✓	Marian Milling	10:30–12	Feb 07–May 02	Craig Hall: Gordon 2
California's Magnificent Geology	✓	Stewart Monroe	10:30–12	Jan 31–May 9	Craig Hall: Bradley 2
Gift of the Arts: The Janet Turner Print Museum		Laura Nice	10:30–12	Feb 21–Apr 25	Janet Turner Print Museum
The Wizard of Oz as a Spiritual Adventure		Rosie Potestio	10:30–12	Jan 31–Mar 07	Craig Hall: Gordon 1
Photography: Beyond Auto Mode		Dick Emmons	1–2:30	Mar 14–May 09	Aymer J. Hamilton, Room 124
Contemporary World Cinema	✓	Peter Hogue	1–4	Jan 31–May 09	Craig Hall: Bradley 1
Monet and Gauguin: de Young Museum Trip "Prep Talk"		Dolores Mitchell	1–2:30	Feb 21	Craig Hall: Gordon 1
Great Decisions	✓	William Tefteller	1–2:30	Jan 31–May 09	Craig Hall: Bradley 2
A Jungian Interpretation of Fairy Tales		Sydney Wilde	1–2:30	Mar 07–May 09	Craig Hall: Gordon 1
Ballroom Dance: Beginning	✓	Gloria Hylton	2–3	Feb 07–Apr 25	Lakeside Pavillion
The Short Story (El Cuento)		Liduvina Hoil	3–5	Jan 31–May 09	Craig Hall: Gordon 1

FRIDAY CLASSES

Chambers Creek Hike for Men & Women	✓	Cynthia Finnegan	8–4	Apr 26	Various
OLLI Hikers: Women's Hike to Yana Trail and Osprey Pond	✓	Lorraine Smith	8–4	Feb 22	Various
OLLI Hikers: Women's Hike to Phantom Falls/Table Mountain	✓ \$	Lorraine Smith	8–4	Apr 05–Apr 05	Various
OLLI Hikes for Men & Women: Sycamore Hill		Lorna Cunkle	9–5	Apr 12	Various
Poetry for Pleasure		James Kirks	9–10:30	Feb 01–May 03	Aymer J. Hamilton, Room 124
OLLI Hikes for Men & Women: Butte College Wildlife Refuge	✓	Lorna Cunkle	10–2	Mar 15	Various
Watercolor for Beginners: Section 1	✓ \$	Christine MacShane	10–12	Feb 01–Feb 22	Christine Mac Shane's Studio
Watercolor for Beginners: Section 2	✓ \$	Christine MacShane	10–12	Mar 01–Mar 29	Christine Mac Shane's Studio
Watercolor for Beginners: Section 3	✓ \$	Christine MacShane	10–12	Apr 05–Apr 26	Christine Mac Shane's Studio
Let's Walk		Deborah Siouxthorup	10–11	Feb 01–May 10	Bidwell Park
OLLI Hikers: Women's Hike to Gray Lodge	✓ \$	Lorraine Smith	10–4	Feb 01	Various
Lost Kingdoms of Africa, Central America, and South America	✓	Walter Coffey	10:30–12	Feb 01–May 10	Craig Hall: Gordon 1
All About Roses		Jan Burnham	1–2:30	Feb 01–Apr 05	Craig Hall: Bradley 1
Music and Musicians	✓	Walter Coffey	1–3	Feb 01–May 10	Craig Hall: Gordon 1
World Dance Singing		Memo Keswick	1–2:15	Feb 08–26-Apr	Private Residence
Artisan Bread Making ~ Beginning: Section 1		Doreen Fogle	1–4	Feb 08	Faith Lutheran Church

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FRIDAY CLASSES, cont.

Artisan Bread Making ~ Beginning: Section 2		Doreen Fogle	1-4	Feb 15	Faith Lutheran Church
Arts & Eats	✓	Maureen Fredrickson	1-3	Feb 01-May 10	Various
Arts of Later India (South Asia)		Katherine Harper	1-2:30	Feb 01-May 10	Craig Hall: Bradley 2
Artisan Bread Making ~ Advanced: Section 1		Cathryn Hudin	1-4	Apr 05	Faith Lutheran Church
Artisan Bread Making ~ Advanced: Section 2		Cathryn Hudin	1-4	Apr 12	Faith Lutheran Church
World Dance	✓	Memo Keswick	3-4	Feb 08-26-Apr	The Lodge at The Terraces
Gilbert & Sullivan Operas on Video		Bill Augros	6-9	Feb 01-Jun 07	Faith Lutheran Church

SATURDAY & SUNDAY CLASSES

Music for the Soul: A Gospel Workshop		Robert Morton	12-1:30	Sat: Feb 09	Bethel AME Church
Let's Make Juice, Jam & Jelly... Without Sugar!		Bill Augros	1-4	Sat: Feb 23	Faith Lutheran Church
Let's Play Games		Bill Augros	1-4	Sat: Feb 09-Jun 08	Faith Lutheran Church
Poetry at the Glen		James Kirks	2-3:30	Sat: Feb 02-May 11	Sycamore Glen Key Room
Movies at the Pageant Theatre	\$	Bill Augros	1-5	Sun: Feb 03-Jun 02	Pageant Theatre
Harry Potter Lecture on Books and Movies		Bill Augros	2:30-5:30	Sun: Feb 24-May 26	Faith Lutheran Church

OROVILLE CLASSES

American Democracy		Michael Ochoa	1-2:30	Mon: Jan 28-Apr 15	TBD
Reincarnation: A Bigger Picture: Oroville		Deborah Muth	10:30-11:30	Tue: Feb 26-Mar 12	TBD
Thoughts Become Things ~ Thinking Yourself to Success		Rosario Clerici-Green	10:30-12	Wed: Jan 30-Feb 20	TBD

CLASS LOCATIONS Maps & directions to most class locations can be found on the OLLI website. Meet up locations and/or directions for many field trips, private residences, and "various" locations will be sent to participants prior to the class dates.

Aymer J. Hamilton Bldg #124	CSU, Chico Campus	Haley's Martial Arts Center	260 Cohasset Rd #150, Chico
Bethel AME Church	821 Linden St., Chico	Janet Turner Print Museum	CSU, Chico Campus
Bidwell Park	See Class Detail on Website	Lakeside Pavilion	2565 California Park Dr, Chico
Center for Spiritual Living	14 Hillary Lane, Chico	Northwood Commons Clubhouse	Northwood Commons Pl, Chico
Christine Mac Shane's Studio	561 E. Lindo Ave, Chico	Pageant Theatre	351 E. 6th Street, Chico
Craig Hall / The Social Chico	1400 W. 3rd Street, Chico	Sycamore Glen, Key Room	1199 Diablo Ave, Chico
Enloe Conference Center	1528 Esplanade, Chico	The Lodge at The Terraces	2750 Sierra Sunrise Terrace, Chico
Faith Lutheran Church	667 E. 1st Avenue, Chico	Trinity United Methodist Church	285 E. 5th Street, Chico
Gateway Science Museum	625 Esplanade, Chico	Unitarian Church	1289 Filbert Ave, Chico

FIND COMPLETE SCHEDULE INFORMATION, INCLUDING CLASS DESCRIPTIONS, ONLINE AT **OLLI.CSUCHICO.EDU**

Osher Lifelong Learning Institute • 400 W. First Street • Chico, CA 95929-0792 • 530.898.6679



Name: _____ OLLI ID# _____

SPRING '19 CLASS REQUEST

CLASSES HAVE DIFFERENT START DATES THROUGHOUT THE SEMESTER. PLEASE CONSULT THE CLASS SCHEDULE.

Monday Classes in Chico

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|---------------------------------------|-------------------------------------|--------------------------------------|--------------------------------------|
| An Experience in Democracy | Exploring Our Inner Wisdom | ✓ History Through Mystery: 4th Mon | Smart Phone 101: iPhone & iPad |
| Anthology of Genealogy | Financial Planning & Investments II | ✓ Knitting Boot Camp: Sect 1 | ✓ Tai Chi Twice a Week for Beginners |
| ✓ Armchair Travel Sketching: Advanced | ✓ French 1: Resurrecting French | ✓ Knitting Boot Camp: Sect 2 | Technology Tips, Tricks, Secrets |
| Community Connections | ✓ French 2: Beyond the Basics | Life Talks | Technology, Society, Culture |
| Computers: Fundamentals, Beginner | ✓ French 3: Conversation | Meditation and Contemplation | The Gospel of Thomas |
| Cracker Barrel | Fun Art Techniques | Reincarnation: A Bigger Picture | Thoughts Become Things |
| ✓ Creating a Doodle Journal | Genealogy Research Using Technology | Sharing Stories w/ Children & Adults | ✓ Yahi Trail: Upper Bidwell Park |
| CSU, Chico Faculty Lecture Series | ✓ History Through Mystery: 1st Mon | Sing Gospel Music | |
| Drum Circle | ✓ History Through Mystery: 2nd Mon | Sleep and Dreams | |
| Exploring Butte County History | ✓ History Through Mystery: 3rd Mon | Smart Phone 101: Android | |

Tuesday Classes in Chico

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|------------------------------------|----------------------------------|---------------------------------------|-----------------------------------|
| ✓ Armchair Traveler | ✓ Current Issues, Media Coverage | Learn How to Draw | ✓ Reading Homer in Greek |
| ✓ Art Around The World | ✓ Drawing for Beginners: Sect 1 | ✓ Let's Knit | Reading Poetry for Insight |
| ✓ Aviation History: The Golden Age | ✓ Drawing for Beginners: Sect 2 | National Security & U.S. Intelligence | ✓ Science Projects with Grandkids |
| Book in Common | ✓ Drawing for Beginners: Sect 3 | People-Centered Agricultural | Tuesday Tunes |
| ✓ Books and Authors | Healthier You Lecture Series | Plato: Republic and Symposium | |
| Community Land Trusts | ✓ Home Garden Design | Postcrossing.com | |

Wednesday Classes in Chico

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|-----------------------------|--------------------------------------|--------------------------------------|---------------------------------|
| Adopt a School | ✓ History Documentaries | ✓ Qi Gong: Sect 1 | The Chant of Compassion: Sect 2 |
| Birds of Spring and Summer | ✓ Intermediate Spanish Conversation | ✓ Qi Gong: Sect 2 | The World of Byzantium |
| ✓ Classic Movie Westerns | Line Dance | Shakespeare Videos, Lectures & Plays | Water Conservation 101 |
| Estate Planning 101 | Medieval Machinations | ✓ Tai Chi as Self Defense: Sect 1 | Will |
| ✓ French for Travelers | ✓ Musical Journeys | ✓ Tai Chi as Self Defense: Sect 2 | ✓ Wisdom Through Meditation |
| Genesis: The Beginning | Native American Women's Voices | ✓ The History of Spain | ✓ Writer's Workshop: Sect 1 |
| Guitar: Beginning - Level 2 | Photography: Better Digital Pictures | The Chant of Compassion: Sect 1 | |

Thursday Classes in Chico

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|-----------------------------------------|------------------------------------|-------------------------------|-----------------------------|
| A Jungian Interpretation of Fairy Tales | ✓ Birding in the Chico Area | Monet and Gauguin | The Short Story (El Cuento) |
| ✓ Acrylic Painting: Sect 1 | ✓ California's Magnificent Geology | Mothers, Movers & Shakers | The Wizard of Oz |
| ✓ Acrylic Painting: Sect 2 | ✓ Contemporary World Cinema | ✓ OLLI Book Group | What's Your Name? |
| ✓ Acrylic Painting: Sect 3 | Gift of the Arts | Photography: Beyond Auto Mode | Women & Money |
| ✓ Ballroom Dance: Beginning | ✓ Great Decisions | ✓ TED Talks | |

Friday Classes in Chico

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|------------------------------------|------------------------------------|------------------------------|------------------------------------|
| All About Roses | Arts of Later India (South Asia) | ✓ OLLI Hikers: Gray Lodge | ✓ Watercolor for Beginners: Sect 1 |
| Artisan Bread Making ~ Adv: Sect 1 | ✓ Chambers Creek Hike | ✓ OLLI Hikers: Phantom Falls | ✓ Watercolor for Beginners: Sect 2 |
| Artisan Bread Making ~ Adv: Sect 2 | Gilbert & Sullivan Operas on Video | ✓ OLLI Hikers: Yana Trail | ✓ Watercolor: Sect 3 |
| Artisan Bread Making ~ Beg: Sect 1 | Let's Walk | ✓ OLLI Hikes: Butte College | ✓ World Dance |
| Artisan Bread Making ~ Beg: Sect 2 | ✓ Lost Kingdoms | OLLI Hikes: Sycamore Hill | World Dance Singing |
| ✓ Arts & Eats | ✓ Music and Musicians | Poetry for Pleasure | |

Saturday (S) & Sunday (U) Classes

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|-----------------------------------|-------------------------------------------|--------------------------------------------|
| Let's Make Juice, Jam & Jelly (S) | Music for the Soul: A Gospel Workshop (S) | Harry Potter Lecture on Books & Movies (U) |
| Let's Play Games (S) | Poetry at the Glen (S) | Movies at the Pageant Theatre (U) |

Oroville Classes

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|--------------------|-------------------------------------------|------------------------|
| American Democracy | Reincarnation: A Bigger Picture: Oroville | Thoughts Become Things |
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Registration Opens January 17 @ 9am

Class Selections:

Please write in your class selections below AND circle your choice at left.

Top 5 Restricted Class Selections (with ✓):

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____

Additional Restricted Class Selections:

We will add these classes to your schedule if space is available after the restrictions are lifted.

- _____
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Non-Restricted Class Selections:

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SPRING 2019 MEMBERSHIP FORM

Membership for those aged 50+ or retired is required to participate in OLLI classes, activities, and events. OLLI instructors, also called "Peer Leaders," are also required to join. Joining OLLI at CSU, Chico supports its programs and enables you to enjoy our full range of offerings, make new friends, and socialize with people who share common interests.

Your Contact Information: Please check the box(es) if the information is being updated since the last time you registered.

Form fields for contact information including Name, Address, Email, Cell Phone, Emergency Contact, etc.

OLLI shares information by email and on our website. If you do not have access to a computer or email account, please check here to receive the information by mail. []

Available Membership Options: Installments Now Available!

Chico Chapter: Classes in All Locations Greater Butte County Chapter (GBCC): Oroville Classes Only

Chico Chapter: Spring & Summer '19 Bundle

- 3 Payments of \$48.33 or
6 Payments of \$24.17 or
Single Payment of \$145

Chico Chapter: Spring '19 Only

- 3 Payments of \$41.67 or
6 Payments of \$20.83 or
Single Payment of \$125

If you wish to pay your membership fee installments, make your selection next to the option you prefer and enter your credit card information below. As with membership fees paid in one sum, there are no refunds and no cancellations of your recurring billing installments until your membership is paid in full.

Greater Butte County Chapter: Spring '19 Only Single Payment of: \$45

Annual Campaign Gift: OLLI relies on the financial support of our members. Thank you for your gift!



- I would like to become a Sustaining Member I would like to make a one-time gift

Gift Amount: \$300 \$100 \$60 \$30 Other \$

Note: Sustaining gifts will continue monthly as specified unless a change is made through University Advancement.

Gift Payment:

- Separate Check, Payable to CSU, Chico University Foundation Charge My Credit Card (Enter # Below)
I'd like to set up automatic deductions transactions from my bank account. (We'll contact you with instructions.)

INFORMED CONSENT AGREEMENT: As a participant in the Osher Lifelong Learning Institute at CSU, Chico, I understand that risk of accident and injuries can arise out of participation in program activities and agree to release from liability and hold harmless the CSU, Chico Research Foundation, its programs, the Trustees of the California State University, and their officers and employees, from claims against them arising from injuries or property damage which might occur in connection with this activity. I certify that I am in good health and have the capacity to participate in programs of this nature. I give permission to be medically treated for illness or injury occurring during participation in the above activity, and certify that I am covered by medical insurance and/or willing to bear financial responsibility for any costs incurred in medical treatment. I also give permission for photos taken during OLLI classes or activities to be published.

Signature (Required): Date:

Membership Payment:

- Check(s) enclosed. Note: Separate Checks Required for Membership Fees & Gifts Charge My Credit Card \$

Membership Check Payable to CSU, Chico Research Foundation. Donation / Gift Check Payable to CSU, Chico University Foundation.

VISA/MC Card #

Exp. 3-Digit Card Security Code:

Refund Policy: No refunds will be given but any unused membership fees will help to support our programs. Thank you.

Mail Form & Payment To: OLLI at CSU, Chico • 400 W. 1st St • Chico, CA 95929-0792 • 530.898.6679

A Jungian Interpretation of Fairy Tales

Peer Leader(s): Sydney Wilde
Thu(s), Mar 07–May 09 • 1:00 PM–2:30 PM
Location: Craig Hall: Gordon 1

What is the difference between Myth, Dreams, Story, Fables, and Fairytales? Where do they come from? What makes Fairytales different from religious teaching stories and written children’s stories? How do Jungian interpretations and Freudian interpretations differ? Why is the stepmother always wicked? And, who is Baba Yaga anyway? All this and more will be revealed as we delve into our favorite childhood fairytales and discover they are far more than they seemed.

Acrylic Painting for Beginners and Beyond: Section 1 (√ \$)

Peer Leader(s): Christine MacShane
Thu(s), Jan 31–Feb 21 • 10:00 AM–12:00 PM
Location: Christine Mac Shane’s Studio

A hands on class using acrylic paint and mixed medias that introduces the beginner painter (and refreshes the seasoned artist) to the medium. We will look at composition, color choices, color mixing and technique in relation to choice of subject. *Special Note(s): Materials and studio fee \$12 per class per week. Includes all paints, canvases and paper goods as well as studio.*

Acrylic Painting for Beginners and Beyond: Section 2 (√ \$)

Peer Leader(s): Christine MacShane
Thu(s), Feb 28–Mar 28 • 10:00 AM–12:00 PM
Location: Christine Mac Shane’s Studio

A hands on class using acrylic paint and mixed medias that introduces the beginner painter (and refreshes the seasoned artist) to the medium. We will look at composition, color choices, color mixing and technique in relation to choice of subject. *Special Note(s): Materials and studio fee \$12 per class per week. Includes all paints, canvases and paper goods as well as studio.*

Acrylic Painting for Beginners and Beyond: Section 3 (√ \$)

Peer Leader(s): Christine MacShane
Thu(s), Apr 04–Apr 25 • 10:00 AM–12:00 PM
Location: Christine Mac Shane’s Studio

A hands on class using acrylic paint and mixed medias that introduces the beginner painter (and refreshes the seasoned artist) to the medium. We will look at composition, color choices, color mixing and technique in relation to choice of subject. *Special Note(s): Materials and studio fee \$12 per class per week. Includes all paints, canvases and paper goods as well as studio.*

Adopt a School

Peer Leader(s): Bill Augros
Wed(s), Feb 06 • 3:30 PM–4:30 PM
Location: Faith Lutheran Church

“It takes a village to raise a child!” We are a caring people in this community and can show our caring by adapting a school child who needs assistance with their education. Chico has a very good Reading Pals program and you can help! Visit their website at www.readingpalschico.org. We won’t be judgmental of the children’s learning difficulties or background. We will show our love through our actions. The “Adopt a School” class can let us all help in the education of OUR children. You will be able to donate as much or little time as you desire.

All About Roses

Peer Leader(s): Jan Burnham
Fri(s), Feb 01–Apr 05 • 1:00 PM–2:30 PM
Location: Craig Hall: Bradley 1

This is course for those who are new to growing roses as well as those who are veterans. It will cover rose growing basics such as pruning, deadheading, fertilizing, pests and diseases, and types of roses that grow well in our climate. *Special Note(s): Class meets once a month on the first Friday of the month: 2/1, 3/1 and 4/5. We may go on a garden tour later in the semester to view roses at their prime.*

American Democracy

Peer Leader(s): Michael Ochoa
Mon(s), Jan 28–Apr 15 • 1:00 PM–2:30 PM
Location: TBD

This term we will ask the question, "Is America a Democracy?" We will look at the development of democracy from Socrates, Plato, and Aristotle, through James Madison, all the way through the iteration of the current government. I hope there is a lot of discussion, but remember that we have to be nonpartisan and on the point. At the end of the term we should certainly be able to answer our question -- Is America a Democracy?

An Experience in Democracy

Peer Leader(s): David Simmen
Mon(s), Apr 08–Apr 29 • 10:30 AM–12:00 PM
Location: Craig Hall: Gordon 2

We will explore the concept and function of a "pure" democracy based on the Individual: their ability to make fundamental decisions of law and constitutionality; their responsibilities and the psychology necessary to perform the duties of voting; a structure of government to accommodate this style of governance; and the necessary framework and structure to achieve collective results. Interactive classroom models on solutions to some of today most pressing decisions. Participants must be willing to express and discuss their personal views and the views of the collective class.

Anthology of Genealogy

Peer Leader(s): Kathleen Corrigan; Betty Porter
Mon(s), Jan 28–Mar 25 • 8:30 AM–10:00 AM
Location: Craig Hall: Gordon 1

Join us as we revisit a medley of genealogical research topics on our journey of self-discovery. Unraveling your personal past is enthralling detective work and success requires both methodology and targeted strategies.

Armchair Travel Sketching: Advanced (√)

Peer Leader(s): Marvey Mueller
Mon(s), Mar 25–Apr 22 • 3:00 PM–4:30 PM
Location: Craig Hall: Bradley 1

This class will continue to build the skills of participants who were in Armchair Travel Sketching: Beginning. Only those who have attended that class should enroll in this one. Through the use of slides and demonstrations, we will continue to explore techniques and ideas related to journal sketching. Some off-site experiences will be included so that the students can become familiar with outdoor sketching. *Special Note(s): There will be an optional off-site meetup on April 1, which is an OLLI holiday.*

Armchair Traveler (√)

Peer Leader(s): Jim Blaser; Sue Monroe
Tue(s), Jan 29–May 07 • 1:00 PM–2:30 PM
Location: Craig Hall: Bradley 2

Entertaining, educational and fun presentations on exotic locations throughout the U.S. and around the world. Different presenters each week share personal adventures, special interests, expertise, and travel tips to a vibrant OLLI audience. From Sri Lanka to Antarctica, Europe to New England, we have a destination for you that will mesmerize and delight. Come join us!

Art Around The World: The Art, The Artists, The Countries (√)

Peer Leader(s): Walter Coffey
Tue(s), Jan 29–May 07 • 1:00 PM–2:30 PM
Location: Craig Hall: Gordon 1

This class presents selected episodes from several video series presented by art critic Andrew Graham-Dixon. We'll view and discuss The Art of China, The Art of Russia, The Art of Spain, The Art of Germany, The Art of France, The Art of Scandinavia, The High Art of the Low Countries, and the Art of America. Graham-Dixon examines the art, the artists, and the historical and political context in which the art was produced. It's great art; it's luscious scenery; it's history, politics and expert analysis. What's not to like? *Special Note(s): There's a website for this class at ollivideos.blogspot.com. All videos are captioned for the hearing-impaired.*

Artisan Bread Making ~ Advanced: Section 1

Peer Leader(s): Cathryn Hudin; Doreen Fogle
Fri(s), Apr 05 • 1:00 PM–4:00 PM
Location: Faith Lutheran Church

Building on the techniques learned in the beginning-level class, you'll learn to transform the basic dough into more beautiful, specialty seasonal breads. *Special Note(s): Every semester we offer different kinds of more complicated bread making based on the "Artisan Bread in 5 Minutes" books.*

Artisan Bread Making ~ Advanced: Section 2

Peer Leader(s): Cathryn Hudin; Doreen Fogle
Fri(s), Apr 12 • 1:00 PM–4:00 PM
Location: Faith Lutheran Church

Building on the techniques learned in the beginning-level class, you'll learn to transform the basic dough into more beautiful, specialty seasonal breads. *Special Note(s): Every semester we offer different kinds of more complicated bread making based on the "Artisan Bread in 5 Minutes" books.*

Artisan Bread Making ~ Beginning: Section 1

Peer Leader(s): Doreen Fogle; Cathryn Hudin
Fri(s), Feb 08 • 1:00 PM–4:00 PM
Location: Faith Lutheran Church

In this one-day class, participants will learn how to use four ingredients—flour, yeast, salt & water—to make many kinds of bread just like those lovely French baguettes. This class is based on the book "The New Artisan Bread in Five Minutes a Day" by Jeff Herzberg, M.D. & Zoe Francois. This class is a prerequisite to the advanced Artisan Bread Making classes.

Artisan Bread Making ~ Beginning: Section 2

Peer Leader(s): Doreen Fogle; Cathryn Hudin
Fri(s), Feb 15–Feb 15 • 1:00 PM–4:00 PM
Location: Faith Lutheran Church

In this one-day class, participants will learn how to use four ingredients—flour, yeast, salt & water—to make many kinds of bread just like those lovely French baguettes. This class is based on the book "The New Artisan Bread in Five Minutes a Day" by Jeff Herzberg, M.D. & Zoe Francois. This class is a prerequisite to the advanced Artisan Bread Making classes.

Arts & Eats (√)

Peer Leader(s): Maureen Fredrickson; Bobbie Peterson
Fri(s), Feb 01–May 10 • 1:00 PM–3:00 PM
Location: Various

We'll visit museums, art galleries, and studios in the area and talk with curators and artists to learn more about the places and the work. Afterwards, we'll go to coffee houses or restaurants for no-host treats and conversation with group members. :

Arts of Later India (South Asia)

Peer Leader(s): Katherine Harper
Fri(s), Feb 01–May 10 • 1:00 PM–2:30 PM
Location: Craig Hall: Bradley 2

The course will examine the art and architecture of Later South Asia (India, Pakistan and Nepal) from the time of the introduction of Islam to the region to the present. We will explore and discuss major examples of art and architecture. One

of the primary goals of the class is to create a historical context for the creation of the art and architecture; therefore, an examination of the social, religious, political and cultural influences on art as background will be essential. *Special Note(s): A recommended reading list and a syllabus will be provided on the OLLI website.*

Aviation History: The Golden Age (√)

Peer Leader(s): Gary Hendrickson
Tue(s), Jan 29–Mar 12 • 10:30 AM–12:00 PM
Location: Craig Hall: Bradley 1

A continuation of Aviation History from 1927 to 1941 prior to WWII. Describes the rise of the American civil aviation industry and commercial air line development. Includes colorful aviation personalities and aircraft designers.

Ballroom Dance: Beginning (√)

Peer Leader(s): Gloria Hylton
Thu(s), Feb 07–Apr 25 • 2:00 PM–3:00 PM
Location: Lakeside Pavilion

Dances taught this Spring 2019 will be Waltz in February, Rumba in March and Night Club 2 Step in April. The Spring 2019 “Prom” is scheduled for Saturday, April 21. Flexible shoes or dance shoes are required. No flip flops. Couples and singles welcome – no experience required. Enjoy photos from previous Proms and Halloween Dance Parties at chicogloria.blogspot.com and www.studiooneballroom.com. Click on photos. *Special Note(s): Price is \$45.00 for OLLI members (for 3 months, 1st class each month is free).*

Birding in the Chico Area (√)

Peer Leader(s): Joyce Bond
Thu(s), Jan 31–May 02 • 9:00 AM–11:00 AM
Location: Various

Through observation and the use of binoculars and field guides, class participants have the opportunity to learn to identify birds in their natural habitat, using accepted birding etiquette. The first class (optional for experienced birders) will be held in a classroom to go over birding basics and answer any questions. The remainder of the classes will be field trips, and we will meet at various sites around Chico and the surrounding area. Transportation is not provided, but we will carpool to some of the farther destinations. *Special Note(s): Class meets the 1st & 3rd Thursdays of each month. For the first class, we'll meet in Craig Hall, Bradley 1. After the classroom session, we will go out on a total of 6 field trips. If there's bad weather on one of the scheduled days, we'll meet the following Thursday instead. Schedules with the locations and directions will be given out in the first class and also emailed.*

Birds of Spring and Summer in the Chico Area

Peer Leader(s): Roger Lederer
Wed(s), Jan 30–Feb 13 • 9:00 AM–10:00 AM
Location: Craig Hall: Gordon 1

Many birds that spent the fall and winter in Chico have moved on, replaced by birds that spent the winter in Central or South America. Warblers, tanagers,

buntings, and others in their breeding plumage, their most elegant finery, will be passing through on their way north or establishing a home here to raise their young. And our resident birds will also put on their best duds to attract a mate. The woods will be full of activity and birdsong. We'll learn how to identify these birds and their calls, and glean some interesting tidbits about their lifestyles as well.

Book in Common: All They Will Call You

Peer Leader(s): Brooks Thorlaksson
Tue(s), Feb 19–Mar 05 • 3:00 PM–4:30 PM
Location: Craig Hall: Bradley 2

Join in with this year's Book in Common, “All they Will Call You,” a shared read to promote discussion and understanding of important issues facing the broader community. It is the story of the 1948 crash in California's Los Gatos Canyon of a chartered plane deporting 28 Mexican nationals. The event and its news coverage prompted Woody Guthrie to write one of his most famous songs and led journalist Tim Hernandez to dedicate years to finding the truth. We get to know the people, their families, and the times; we study history and memory; and appreciate a journalist's dedication to truth. *Special Note(s): Purchase and read the book before class begins so we can talk about it and plan to attend a lecture by the author on March 13 at 7:30pm at Chico State. I will pre-purchase 25 tickets for those who want to attend.*

Books and Authors: The Stories Behind the Stories (√)

Peer Leader(s): Walter Coffey
Tue(s), Jan 29–May 07 • 10:30 AM–12:00 PM
Location: Craig Hall: Gordon 1

In his Cornell University literature course, Vladimir Nabokov defined literature as follows: “Literature was born not on the day when a boy crying 'wolf! wolf!' came running out of the Neanderthal valley with a big grey wolf at his heels. Literature was born on the day when a boy came crying 'wolf!, wolf!' and there was no wolf behind him.” Novels, poems, history and biography; from “Beowulf” to “1984”; W. B Yeats to J. K. Rowling; books don't just furnish a room, they enrich lives and they provide material for 13 illuminating videos. *Special Note(s): There is a website for this class at ollivideos.blogspot.com. Not all of the videos are captioned for the hearing impaired.*

California's Magnificent Geology (√)

Peer Leader(s): Stewart Monroe
Thu(s), Jan 31–May 9 • 10:30 AM–12:00 PM
Location: Craig Hall: Bradley 2

Travel the highways of California and enjoy its magnificent geology and scenery. No other state has such diverse landscapes and ongoing geological processes including: recently active volcanoes; earthquakes; lofty mountains; hot, arid deserts; many small but active glaciers; streams, rivers, and lakes; and some of the most spectacular coastline in the country.

Chambers Creek Hike for Men & Women (√)

Peer Leader(s): Cynthia Finnegan; Pam Waldsmith
Fri(s), Apr 26 • 8:00 AM–4:00 PM
Location: Various

Strenuous, 3.6 miles, 1,700 ft elevation gain (for the amount of elevation gain per mile, this hike rates equal to Mt. Lassen). This hike should not be attempted by those who are not actively hiking. The trail will be a steady, steep climb up with views of Feather River, canyons, wildflowers, forest and the rail line with the final reward of having lunch at the spectacular falls and historic bridge built in the early 1930's. For this hike come prepared with sturdy hiking boots, hiking poles (highly recommended), 2 liters of water, and snacks for energy. *Special Note(s): Hikers will meet at the park-n-ride for carpooling and will depart for the hike at 8:00.*

Classic Movie Westerns (√)

Peer Leader(s): Peter Hogue
Wed(s), Jan 30–May 08 • 1:00 PM–4:00 PM
Location: Craig Hall: Bradley 1

A survey of the history of western movies, with special emphasis on the classics of the genre from 1929 to the present. Viewing and discussion of major examples directed by such masters of the genre as John Ford, Raoul Walsh, William Wellman, Howard Hawks, Allan Dwan, Anthony Mann, Budd Boetticher, Sam Peckinpah, etc. (with such actor/icons as John Wayne, Gary Cooper, Henry Fonda, Randolph Scott, James Stewart, Clint Eastwood, etc.)

Community Connections: Giving Back, Getting Back

Peer Leader(s): Abe Baily
Mon(s), Jan 28–May 06 • 1:00 PM–2:30 PM
Location: Craig Hall: Gordon 1

Learn more about what keeps Chico ticking and how you can make a difference in our community. Learn ways to best use your talents and time to participate in our community and investigate why you would benefit from community connections. Abe Baily will introduce spokespersons from a variety of worthy organizations who will share information about volunteer roles in their programs. The presentations will be followed by class discussion of the organization. No matter if you want to help with issues regarding the environment, the homeless, animals, or children, opportunities abound!

Community Land Trusts: History, Development, and Deployment

Peer Leader(s): Richard Roth
Tue(s), Feb 05–May 07 • 3:00 PM–4:30 PM
Location: Craig Hall: Gordon 1

This class explores the history, development and applications of Community Land Trusts for preserving affordable access to housing, social services, and agricultural lands for moderate and low income residents. "Once invested - forever in service". Applicable to both users and estate planning and planners. *Special Note(s): Class meets every other Tuesday. Class materials are online and free in both text and audio format and include the first part of "Progress and Poverty: Wages and Capital" <<http://www.henrygeorge.org/pcontents.htm>> and the first chapter of THE*

COMMUNITY LAND TRUST TECHNICAL MANUAL <<http://cltnetwork.org/wp-content/uploads/2014/01/MASTER-CLT-MANUAL.pdf>>

Computers: Fundamentals for the Beginner

Peer Leader(s): Lon Halley
Mon(s), Jan 28–Feb 18 • 1:00 PM–2:30 PM
Location: Faith Lutheran Church

A bewildering world of technology: computers, laptops, smart phones, tablets, mobile computing, the cloud, software, apps, social media. This course will teach skills for using technology, including: file and folder management; how to work and navigate Windows Desktop; how to perform computer tune-ups to keep your technology running efficiently and fix minor problems; "techno-babble" and terminology; managing privacy and security; removing viruses; how to protect documents and pictures; and different methods of "backing up." Windows, Google, and Mac users welcome. *Special Note(s): I teach a series of short duration courses that when added together that stretch over most of the semester. Students can enroll in courses that fit their skill level, interest and/or preferences. One or all of the courses. This class is offered Jan 28th –Feb 18th.*

Contemporary World Cinema (√)

Peer Leader(s): Peter Hogue
Thu(s), Jan 31–May 09 • 1:00 PM–4:00 PM
Location: Craig Hall: Bradley 1

Viewing and discussion of major contemporary films by great international directors, with particular emphasis on foreign-language films, including many which have not been shown in local theaters.

Cracker Barrel

Peer Leader(s): Charney Herst; Dave Price
Mon(s), Jan 28–May 06 • 10:30 AM–12:30 PM
Location: Craig Hall: Gordon 1

A scintillating review of current themes in the media will be discussed each class. Class members present a topic, discuss that topic, then open the floor for discussion and debate. Poetry, literature, scientific discovery, educational progress, etc., are examples of the issues dealt with. Special guests are always welcome to present.

Creating a Doodle Journal (√ \$)

Peer Leader(s): Christine Wright
Mon(s), Jan 28–May 06 • 1:00 PM–2:30 PM
Location: Northwood Commons Clubhouse

Can you draw a straight line? Neither can I. But, I love to doodle. This course will be an opportunity to refine your "doodling" skills and incorporate journaling. Self-reflection and meditation are a natural result of doodling and writing. We will doodle, write, sing, and color. No artistic skill or experience is required! *Special Note(s): Materials fee of \$10.*

CSU, Chico Faculty Lecture Series

Peer Leader(s): Ann Nikolai
Mon(s), Jan 28–May 06 • 1:00 PM–2:30 PM
Location: Craig Hall: Bradley 2

CSU, Chico’s tradition of academic excellence goes back more than 130 years. With 1,000 faculty members and 17,000 students, the University’s teaching and learning community is thriving. Join us in learning more about the CSU, Chico faculty and the subjects in which they are experts. Monstrosity and marginality in the Middle Ages, nutrition, tribal societies, natural resource management, biochemistry, and more will heighten OLLI’s spring curriculum each Monday for 14 weeks. Discover the imagination, cutting-edge research, and expertise that flourishes in our own backyard!

Current Issues with Emphasis on Media Coverage (√)

Peer Leader(s): Robert Main
Tue(s), Jan 29–May 07 • 10:30 AM–12:00 PM
Location: Craig Hall: Bradley 2

Vigorous, civil discussion among participants is anticipated and welcomed in this class dedicated to current events and the media coverage thereof. The course focuses on political (national, state and local) issues with media presentations and discussions and topics may be presented by use of video programs, PowerPoint presentations, or other media. Participants are encouraged to make presentations of topics of special interest and expertise they have.

Drawing for Beginners: Section 1 (√ \$)

Peer Leader(s): Christine MacShane
Tue(s), Jan 29–Feb 19 • 10:00 AM–12:00 PM
Location: Christine Mac Shane’s Studio

In this course we will be exploring the human figure in sketches and paint. All classes will be suitable for both beginner and experienced artist. *Special Note(s):* Materials fee of \$10.

Drawing for Beginners: Section 2 (√ \$)

Peer Leader(s): Christine MacShane
Tue(s), Feb 26–Mar 26 • 10:00 AM–12:00 PM
Location: Christine Mac Shane’s Studio

In this course we will be exploring the human figure in sketches and paint. All classes will be suitable for both beginner and experienced artist. *Special Note(s):* Materials fee of \$10.

Drawing for Beginners: Section 3 (√ \$)

Peer Leader(s): Christine MacShane
Tue(s), Apr 02–Apr 23 • 10:00 AM–12:00 PM
Location: Christine Mac Shane’s Studio

In this course we will be exploring the human figure in sketches and paint. All classes will be suitable for both beginner and experienced artist. *Special Note(s):* Materials fee of \$10.

Drum Circle

Peer Leader(s): Judy Kane
Mon(s), Jan 28–May 06 • 10:00 AM–11:00 AM
Location: Private Residence

LLI Encore Drum Circle is an improvisational drum group. Members provide their own drums; some rhythm instruments are available.

Estate Planning 101

Peer Leader(s): Cheryl Tyree
Wed(s), Apr 24–May 08 • 10:30 AM–11:30 AM
Location: Craig Hall: Gordon 1

any believe they have put their "Affairs in Order" and their assets will pass to intended recipients. This class examines estate planning options available and their legal effect. Some choices made are effective only on death, some are effective immediately, and some are effective upon the occurrence of a specific event. A primary goal of this class is to expose you to various options to assist you in gaining a greater understanding of them and expose you to tools that will assist you in selecting an estate plan that meets your individual goals and needs.

Exploring Butte County History

Peer Leader(s): April Pryor; Maureen Fredrickson
Mon(s), Jan 28–May 06 • 10:30 AM–12:00 PM
Location: Craig Hall: Bradley 2

What forces shaped our modern Butte County? Let’s look at why and how our towns and industries grew. Through presentations by guest speakers we’ll learn about such topics as the original land grants, the growth of farming and ranching, the local effect of world wars and the effect of the college on Chico.

Exploring Our Inner Wisdom

Peer Leader(s): Peggy Jennings-Severe
Mon(s), Apr 08–Apr 15 • 10:30 AM–12:00 AM
Location: Craig Hall: Bradley 1

this highly interactive workshop, you will define wisdom, discuss what it means to be wise, as well as learn how to identify and share your own core values and truths. Emphasis will be placed on the importance of cross-generational conversations, mentoring, and leaving a legacy not tied to money.

Financial Planning & Investments II: Trends & Best Practices

Peer Leader(s): Steven Cliadakis
Mon(s), Feb 18–Mar 04 • 9:00 AM–10:00 AM
Location: Craig Hall: Bradley 1

This class will provide a brief recap of last semester’s class introducing key principles, trends, and best practices of financial planning & investments. In addition, the class will dive deeper into the trends & best practices of the industry and will provide several sample case studies of investment approaches for discussion. Topics include: retirement planning, goal-based investing, portfolio

construction, mutual funds, index funds, exchange-traded funds, retirement income options, alternative investments, online tools, gifting & wealth transfer strategies, and financial scams.

French 1: Resurrecting French (√)

Peer Leader(s): Leanne Ulvang; Michèle Martens
Mon(s), Jan 28–May 06 • 1:00 PM–1:40 PM
Location: Craig Hall: Gordon 2

Studied French in high school or college? Have a long-term goal to communicate with native French speakers at a level above basic travel needs? This is your class. We are using "Easy French Step-by-Step" by Myrna Bell Rochester (McGraw-Hill, 2009). NOTE: this class is a continuation from the previous semester. New students should brush up on gender, adjectives, and present-tense verb conjugations. We will probably start at Chapter 7.

French 2: Beyond the Basics (√)

Peer Leader(s): Leanne Ulvang
Mon(s), Jan 28–May 06 • 1:50 PM–2:35 PM
Location: Craig Hall: Gordon 2

ou've mastered the basics of the French grammar and vocabulary, but now want to transform thoughts into French so that they aren't lost in translation. Classes will focus on grammar, usage, creating French sentences and improving listening skills, using Living Language's "Beyond the Basics" as a text, supplemented by other materials. We also read aloud from French novels and translate.

French 3: Conversation (√)

Peer Leader(s): Leanne Ulvang; Jane Ziad; Claude Geffray
Mon(s), Jan 28–May 06 • 2:40 PM–3:45 PM
Location: Craig Hall: Gordon 2

On parle français dans cette classe, sans traduction (si nous avons de la chance). On doit avoir l'envie d'entendre et de parler mieux le français, et peut-être un jour le parler couramment. Il n'y a pas de textes.

French for Travelers (√)

Peer Leader(s): Leanne Ulvang; Michèle Martens
Wed(s), Jan 30–May 08 • 1:30 PM–2:30 PM
Location: Craig Hall: Gordon 1

This class is for those who want to focus on pronunciation, politesse and practicalities -- the vocabulary and idioms helpful for travelers in French-speaking countries (or as armchair travelers). The class is conducted mainly in English, with the aim of explaining how to say and understand basic French expressions.
Special Note(s): Note: Room Change to Gordon 1

Fun Art Techniques

Peer Leader(s): Debbie Vermette
Mon(s), Jan 28–Mar 04 • 3:00 PM–4:30 PM
Location: Craig Hall: Bradley 1

Easy and fun art projects using various mediums such as watercolor, collage and acrylic!

Genealogy Research Using Technology

Peer Leader(s): Lon Halley
Mon(s), Mar 25–Apr 15 • 1:00 PM–2:30 PM
Location: Faith Lutheran Church

In family genealogy research, technology tools, software, and web sites offer more complete and accurate family genealogy history. In this course, we will survey the many technologies used in genealogy research. How do you choose and use the right genealogy software and apps to create an organized, useful system that makes doing research much easier? We will explore some strategies to take advantage of today's technology in developing a family history and conducting genealogy research.

Genesis: The Beginning According to the Bible

Peer Leader(s): Dennis Daniel
Wed(s), Jan 30–May 08 • 10:30 AM–12:00 PM
Location: Craig Hall: Gordon 2

Why was light created first? Was that tree in the Garden a setup? Why was Noah angry at Ham? Sarah gave birth to Isaac at ninety, really??? We will look at these questions and many more as we read through the Book of Genesis with the aid of weekly videos posted by various rabbis as they discuss the relevant Torah portion. I understand the Bible to be a human artifact, so I approach it as literature. We will nonetheless look at some of the traditional understandings of the stories, since they helped form the culture we live in.

Gift of the Arts: The Janet Turner Print Museum

Peer Leader(s): Laura Nice
Thu(s), Feb 21–Apr 25 • 10:30 AM–12:00 PM
Location: Janet Turner Print Museum

Experience three exciting Turner Print Museum exhibitions with Native American art, contemporary regional printmakers and audacious students! Three sessions focus on a curator's museum talk (Be A Curator!), a chance to make your own print (Be A Printmaker!) and explore the Print Archive (Be An Archivist!). Topics include discussions on the history of printmaking, printmaking as an art form, how exhibitions are developed and how to enlarge your visual literacy in understanding 21st century exhibitions. This program is a lively interaction with the curator, Catherine Sullivan, focusing on understanding, appreciating and analyzing art through the fine art prints. *Special Note(s): Class will meet on three Thursdays: 2/21, 3/21 and 4/25.*

Gilbert & Sullivan Operas on Video

Peer Leader(s): Bill Augros; Tom Jordon
Fri(s), Feb 01–Jun 07 • 6:00 PM–9:00 PM
Location: Faith Lutheran Church

From the immortal partnership of composer Arthur Sullivan and librettist W.S. Gilbert, whose comic operas have been delighting audiences around the world for more than a century. We'll watch videos from the popular BBC series featuring music by the London Symphony Orchestra and highlighting a host of international stars, including Vincent Price, Joel Grey, Peter Marshall, Keith Michell, William Conrad, Peter Allen & Frankie Howard. *Special Note(s): The class meets the first Friday each month. Schedule:*

- Feb 1-- Iolanthe
- Mar 1-- The Gondoliers
- Apr 5-- The Yeomen of the Guard
- May 3 -- The Sorcerer
- Jun 7 -- Princess Ida

Great Decisions (√)

Peer Leader(s): William Tefteller; Myron Flindt
Thu(s), Jan 31–May 09 • 1:00 PM–2:30 PM
Location: Craig Hall: Bradley 2

The Great Decisions study group is the Foreign Policy Association's public education program to discuss U.S. foreign policy and global affairs issues. 2019 topics are: Refugees and Global Migration, The Middle East Regional Disorder, Nuclear negotiations, The Rise of Populism in Europe, U.S.-China Trade, India, Cyber Conflicts and Geopolitics, US and Mexico, and the State Department and Diplomacy. We'll cover four topics in the spring and four in fall, and also add some foreign policy topics that are of interest to the class. The 2019 study guide will cost \$30 plus shipping at www.fpa.org.

Guitar: Beginning - Level 2

Peer Leader(s): Phil Elkins
Wed(s), Jan 30–May 08 • 10:00 AM–11:30 AM
Location: The Lodge at The Terraces

This is for those who already know the basics of beginning guitar. We will learn 12 bar blues progressions and some blues licks, how to transpose the key of a song to another key to suit your own singing voice, how to write a song, some finger picking and a lot more songs.

Harry Potter Lecture on Books and Movies

Peer Leader(s): Bill Augros; Tom Jordon
Sun(s), Feb 24–May 26 • 2:30 PM–5:30 PM
Location: Faith Lutheran Church

here are seven books and eight movies of Harry Potter's adventures. Several local college professors and other Harry Potter experts will review each of these with us. The first four will be covered in the 2018 Fall semester. The rest will be covered in the 2019 Spring semester. *Special Note(s): The class meets the 4th Sunday of each month. Schedule:*

- Feb. 24 -- Book 5: The Order of the Phoenix
- Mar. 24 -- Book 6: The Half-Blood Prince
- Apr. 28 -- Book 7: The Deathly Hallows: Part 1
- May 26 -- Book 7: The Deathly Hallows: Part 2

Healthier You! A Lecture Series Presented by Enloe Medical Center

Peer Leader(s): Nicole Johansson
Tue(s), Mar 05–Apr 30 • 3:00 PM–4:30 PM
Location: Enloe Conference Center

lecture series includes eight distinct classes, each designed to address a unique area of health-related issues. Presented by highly-qualified physicians and other caregivers, these classes will provide you an opportunity to learn more about staying healthy and active. Each class is a complete topic. You are invited to attend any combination of the offerings during the series.

History Documentaries (√)

Peer Leader(s): Robert Main
Wed(s), Jan 30–May 08 • 10:30 AM–12:00 PM
Location: Craig Hall: Bradley 2

Documentary films of American lives; people who shaped America viewed through the lens of Ken Burns. A video presentation of American History by our countries greatest documentary film producer with a discussion of the events portrayed.

History Through Mystery: 1st Mondays (√)

Peer Leader(s): Claire Altheuser
Mon(s), Jan 07–6-May • 9:30 AM–11:00 AM
Location: Private Residence

A trip through history with the fun of reading and discussing historical mysteries. The groups are limited to 9 members and meet once a month at the home of Peer Leader Claire Altheuser. It is strongly urged that members have access to a computer in order to receive e-mails and other supplementary material for the books. *Special Note(s): Please read "Puritan" by David Hingley for the first meeting.*

History Through Mystery: 2nd Mondays (√)

Peer Leader(s): Claire Altheuser
Mon(s), Jan 14–13-May • 9:30 AM–11:00 AM
Location: Private Residence

A trip through history with the fun of reading and discussing historical mysteries. The groups are limited to 9 members and meet once a month at the home of Peer Leader Claire Altheuser. It is strongly urged that members have access to a computer in order to receive e-mails and other supplementary material for the books. *Special Note(s): Please read "Puritan" by David Hingley for the first meeting.*

History Through Mystery: 3rd Mondays (√)

Peer Leader(s): Claire Altheuser
Mon(s), Jan 21–May 20 • 9:30 AM–11:00 AM
Location: Private Residence

A trip through history with the fun of reading and discussing historical mysteries. The groups are limited to 9 members and meet once a month at the home of Peer Leader Claire Altheuser. It is strongly urged that members have access to a computer in order to receive e-mails and other supplementary material for the books. *Special Note(s): Please read "Puritan" by David Hingley for the first meeting.*

History Through Mystery: 4th Mondays (√)

Peer Leader(s): Claire Altheuser
Mon(s), Jan 28–May 27 • 9:30 AM–11:00 AM
Location: Private Residence

A trip through history with the fun of reading and discussing historical mysteries. The groups are limited to 9 members and meet once a month at the home of Peer Leader Claire Altheuser. It is strongly urged that members have access to a computer in order to receive e-mails and other supplementary material for the books. *Special Note(s): Please read "Puritan" by David Hingley for the first meeting.*

Home Garden Design (√)

Peer Leader(s): Joyce Hill
Tue(s), 9-Apr–14-May • 10:30 AM–12:00 PM
Location: Craig Hall: Bradley 1

Thinking about updating or designing your garden? Join the UC Master Gardeners of Butte County as we take you through the steps of designing and planting your new landscape. We will spend time discussing landscape design, hardscape, soils, irrigation, plant selection and planting. We will have a field trip to Patrick Ranch to show you some of the possibilities for your new garden at the demonstration garden.

Intermediate Spanish Conversation (√)

Peer Leader(s): Memo Keswick
Wed(s), Feb 06–May 08 • 11:00 AM–12:15 PM
Location: Various

r folks who want to improve their ability to converse in Spanish and meet other Spanish speakers. Spanish "Study Abroad" and online learning tools may be discussed and shared. Specific "themes" for day will be chosen dependent on level of participants and we'll meet in a variety of locations, including parks and cafes. Guest Spanish speakers may be invited.

Knitting Boot Camp: Section 1 (√)

Peer Leader(s): Gale Ulvang
Mon(s), Jan 28–Feb 18 • 1:00 PM–2:30 PM
Location: Private Residence

This class is specifically for new knitters or those who learned long ago and need to refresh their skills. The intention is to give you a good start on a simple project after learning the basic knit and purl stitches. Attendees are invited to then join the "Let's Knit" class offered Tuesday afternoons. *Special Note(s): offered in my home to a small group of beginners to allow time for individual attention.*

Knitting Boot Camp: Section 2 (√)

Peer Leader(s): Gale Ulvang
Mon(s), Feb 25–Mar 25 • 1:00 PM–2:30 PM
Location: Private Residence

This class is specifically for new knitters or those who learned long ago and need to refresh their skills. The intention is to give you a good start on a simple project after learning the basic knit and purl stitches. Attendees are invited to then join the "Let's Knit" class offered Tuesday afternoons. *Special Note(s): offered in my home to a small group of beginners to allow time for individual attention.*

Learn How to Draw

Peer Leader(s): Susan Levine
Tue(s), Jan 29–May 07 • 1:30 PM–3:00 PM
Location: Aymer J. Hamilton, Room 124

This course is based on the book by Betty Edwards, "Drawing On The Right Side Of The Brain." The 1979 book incorporates the new knowledge of how the brain works to help people learn to draw what they see. Using exercises to tap into the spatial side of the brain, students will learn to shut down the verbal side of their brain that tells them they can't draw. This allows the student to "see the way an artist does" and draw what they see. Though Susan is not an artist, she has successfully taught 11-year olds to discover their untapped drawing abilities.

Let's Knit (√)

Peer Leader(s): Gale Ulvang
Tue(s), Jan 29–May 07 • 3:00 PM–4:30 PM
Location: Craig Hall: Bradley 1

Knitting with others creates a wonderful learning environment. This class is designed to give knitters who already know the basic stitches of knitting a chance to challenge themselves to expand their repertoire of skills and projects. All levels of ability are encouraged to participate; a separate class is offered for new knitters to learn the basics before moving into this class. If there is a wait list for this class, everyone on the list will have an opportunity to join the class a few weeks into the semester. Bring a project and join the fun!

Let's Make Juice, Jam & Jelly...Without Sugar!

Peer Leader(s): Bill Augros
Sat(s), Feb 23–Feb 23 • 1:00 PM–4:00 PM
Location: Faith Lutheran Church

Normal pectin requires sugar for jam to gel. Other kinds of sweetener do not work. In fact it requires seven cups of sugar to four cups of fruit to make jam. So the jam is 77% sugar! Pomona's Universal Pectin requires NO SUGAR. Come to this class to

learn how to make jam, as well as jelly and juice, with NO or very little sugar (or other sweetener of choice). You will also be able to take home some jam & jelly samples. Class notes will be emailed before the class. Everything will be provided. Donations will be accepted.

Let's Play Games

Peer Leader(s): Bill Augros
Sat(s), Feb 09–Jun 08 • 1:00 PM–4:00 PM
Location: Faith Lutheran Church

Do you like card games or board games? We'll play a card game called "Jok-Rummy" - it's like rummy, but a little different. The board game will be "Ticket to Ride" which is a cross-county adventure connecting cities by laying claim to railway routes on a map of North America. Instructions for both will be provided. *Special Note(s):* Class meets one a month on Feb 9, Mar 9, Apr 13, May 11 & Jun 8.

Let's Walk

Peer Leader(s): Deborah Siouxthorup; Linda Stukey
Fri(s), Feb 01–May 10 • 10:00 AM–11:00 AM
Location: Bidwell Park

Joining a walking group is one of the best ways to start and maintain a healthy walking habit. WHERE: Meet by the bathrooms on the Vallombrosa Avenue (north) side of Sycamore/One Mile Pool WHEN: 10 am EVERY Friday of the year except stormy days and Christmas. Yes, some of us wear a raincoat if it's not too bad. DISTANCE: Choose a 1-mile route looping at Hwy 99 or a 2.5-mile route looping at the 2nd (Cedar Grove) bridge. HOW does it work? Find group/person your own speed/distance. We are quite a friendly bunch, so please don't be shy about joining any group.

Life Talks - Creating Conversations, Connections & Traditions

Peer Leader(s): Peggy Jennings-Severe
Mon(s), Feb 25–Mar 11 • 10:30 AM–12:00 PM
Location: Craig Hall: Bradley 1

Learn simple, effective, and sustainable tools for having more meaningful and satisfying conversations with your spouses, children, grandchildren, friends and acquaintances. Participants will also learn how to build traditions that allow and create an environment that supports connections and a sense of community. This workshop is highly interactive and fun!

Line Dance

Peer Leader(s): Pamela Beeman
Wed(s), Feb 20–Mar 13 • 1:00 PM–2:00 PM
Location: Trinity United Methodist Church

Learn beginner-level line dances from someone for whom dancing does not come easily! Each week you'll learn one or two new dances and review the previous week's dances. No cowboy boots necessary.

Lost Kingdoms of Africa, Central America, and South America (√)

Peer Leader(s): Walter Coffey
Fri(s), Feb 01–May 10 • 10:30 AM–12:00 PM
Location: Craig Hall: Gordon 1

Archaeologist and presenter Jago Cooper describes his South American series of videos: "The Inca only make up a few hundred years of more than 12,000 years of human history in South America. . . But anyone who has traveled to South America knows that everywhere you go, there's a huge time-depth of different cultures that have been there in very, very diverse environments. And they've all taken different pathways through to social complexity and that's really what this series is about. How different human communities decide to work together and develop complex societies." *Special Note(s):* There is a website for this class at ollivideos.blogspot.com. All videos are captioned for the hearing-impaired.

Medieval Machinations

Peer Leader(s): Leanne Ulvang
Wed(s), Feb 13–Apr 24 • 3:00 PM–4:30 PM
Location: Craig Hall: Gordon 1

Return to medieval England and beyond to recap 10 previously-delivered lectures (with some updates) covering the battles of Hastings and Agincourt -- plus a millennium of mayhem and meandering in the medieval world.

Meditation and Contemplation

Peer Leader(s): George McClendon
Mon(s), Jan 28–May 06 • 8:30 AM–10:00 AM
Location: Unitarian Church

Whether you are new to the class or returning, we'll review and practice meditative and contemplative techniques. We'll also explore the connection between contemplative and compassionate living. Class starts and ends with silent meditation, time for questions, discussion, and short "Dharma" talks in between.

Monet and Gauguin: Two Superb Colorists ~ de Young Museum Trip "Prep Talk"

Peer Leader(s): Dolores Mitchell
Thu(s), Feb 21 • 1:00 PM–2:30 PM
Location: Craig Hall: Gordon 1

Retired CSU Art History Professor Dolores Mitchell will talk about exhibits by two superb colorists, Claude Monet and Paul Gauguin, as preparation for an OLLI bus trip to the de Young Museum in San Francisco on Sunday, Feb. 24. "Monet: The Late Years," features paintings from Monet's garden in Giverny where he depicted flowerbeds, a Japanese bridge and watery reflections of willows and wisteria. "Gauguin: A Spiritual Journey," features over fifty paintings, wood carvings, and ceramics from Copenhagen plus Oceanic art that inspired him.

Mothers, Movers & Shakers: Women of the Bible

Peer Leader(s): Ginger Hanks Harwood
Thu(s), Feb 07–Mar 07 • 10:30 AM–12:30 PM
Location: Craig Hall: Bradley 1

This 5-meeting class will take a closer look at the dramatic and history-changing roles women played in the Bible. Explore the women who were prophets, peace-makers, religious experts, leaders and history makers in the Hebrew Scriptures as well as women who were Jesus' disciples and then leaders in the foundation of Christianity. *Special Note(s):* Class meets twice a month on 2/8, 2/22, 3/8, 3/29 and 4/12.

Movies at the Pageant Theatre (\$)

Peer Leader(s): Bill Augros
Sun(s), Feb 03–Jun 02 • 1:00 PM–5:00 PM
Location: Pageant Theatre

Meet at the Pageant Theatre to enjoy a movie and then discuss it together afterward over refreshments at Faith Lutheran Church. Tickets are \$6.50 senior price at the door. A description of all the movies we'll see will be sent by email or letter to each person enrolled in the class. Please bring half a dozen cookies or equivalent per person per movie to share. Coffee, tea, hot chocolate, and ice water will be provided. *Special Note(s):* Class meets the first Sunday of each month: Feb 3, Mar 3, Apr 7 May 5, and Jun 2.

Music and Musicians (✓)

Peer Leader(s): Walter Coffey
Fri(s), Feb 01–May 10 • 1:00 PM–3:00 PM
Location: Craig Hall: Gordon 1

Each week we'll view and discuss either a feature-length documentary or two shorter films. The films will generally feature a performer or composer, the impact of their environment on their music, and the impact of their music on other musicians and on society. Or the focus might be on a style of music from swing to country to jazz or rock. This is a class for the open-minded and intellectually curious because, paraphrasing Mick Jagger, you might not always hear what you like but sometimes you just might like what you hear. *Special Note(s):* There is a website for this class: ollivideos.blogspot.com

Music for the Soul: A Gospel Workshop

Peer Leader(s): Robert Morton
Sat(s), Feb 09 • 12:00 PM–1:30 PM
Location: Bethel AME Church

The roots of gospel music are not well documented. Early recordings were lost. Stories behind the songs weren't written down. In this workshop, we'll talk about the history of gospel music and its deep roots in the rich traditions of the African-American church. The class will take place at Bethel AME Church (821 Linden St) in Chico, where the local gospel choir rehearses each week, and leads to a culminating experience and spring performance by the choir to which the OLLI class is invited.

Musical Journeys (✓)

Peer Leader(s): Russell Burnham
Wed(s), Apr 03–May 22 • 1:00 PM–2:15 PM
Location: Chico New Thought Center

Ever been "moved" by music? Well then, if you were moved, where did you go? This course explores the ways, both metaphorical and literal, in which the experience of music can be said to be a journey. Musical examples will be drawn from a variety of cultures, genres and times, but emphasize the western art tradition. Examples will include both excerpts and whole pieces. A somewhat detailed introduction to the basics of motion through the elements of melody, harmony, and rhythm will be included as a module of the course. No prior special knowledge of music theory is required.

National Security and the U.S. Intelligence Community

Peer Leader(s): Terry Wilson
Tue(s), Jan 29–Feb 26 • 9:00 AM–10:00 AM
Location: Craig Hall: Gordon 1

A description of the 17 intelligence agencies that comprise the US intelligence community will be offered. It will include the 5 basic intelligence sources. A description will be offered of the 6 steps of the intelligence cycle. We will drill down into several of the intelligence agencies, such as the DIA, the Defense Intelligence Agency. Relevant books and periodicals will be recommended.

Native American Women's Voices

Peer Leader(s): Sandra Flake
Wed(s), Jan 30–Feb 27 • 1:30 PM–3:00 PM
Location: Craig Hall: Bradley 2

We will listen to the voices of Native women from the past and present. Narrative is and has been a primary way of passing many tribal people's beliefs, traditions, and history across generations. This course features poetry by several Native American Women as well as a collection of stories from women storytellers of many tribes across the continent and across time, *Spider Woman's Granddaughters*, edited by the Laguna writer, Paula Gunn Allen.

OLLI Book Group (✓)

Peer Leader(s): Marian Milling; Blaine Waterman
Thu(s), Feb 07–May 02 • 10:30 AM–12:00 PM
Location: Craig Hall: Gordon 2

Participants will read and discuss a wide variety of books, from short stories, classic novels, contemporary novels, biographies to non-fiction. Information about currently scheduled books and books that have been read previously in the group can be found on the web site at ollibookgroup.blogspot.com. The same website links to copy availability of each book, either through the local libraries or to purchase. It also offers a method to make suggestions for future reading. *Special Note(s):* Class meets the first Thursday of each month on Feb. 7, March 7, April 4, and May 2.

OLLI Hikers: Women’s Hike to Gray Lodge (√ \$)

Peer Leader(s): Lorraine Smith; Vickie Stoll
Fri(s), Feb 01 • 10:00 AM–4:00 PM
Location: Various

This is an easy 2-mile hike on level, established paths. If you want to hike, but are reluctant to try a “moderate” or “strenuous” hike – this will be a great hike for you! You must be able to walk comfortably for approximately 2 hours, but our pace will be leisurely, with time to take photographs, identify some birds, enjoy gorgeous views looking out to the Sutter Buttes, and perhaps see beautiful flocks of waterfowl that winter here. Team up with other women to enjoy a fun day outdoors! *Special Note(s): A CDFW Lands Pass (or hunting/fishing license) must be purchased prior to the event and carried with you.*

OLLI Hikers: Women’s Hike to Phantom Falls/Table Mountain (√ \$)

Peer Leader(s): Lorraine Smith; Vickie Stoll
Fri(s), Apr 05 • 8:00 AM–4:00 PM
Location: Various

This is a strenuous 6.6-mile hike with 850 feet elevation gain. Wildflowers and waterfalls will be the highlights of this hike! Table Mountain typically offers a succession of blooms late February through April; we’ll enjoy a colorful array of flowers on this hike, and will have opportunities to view 6 waterfalls along our path. This is a cross-country loop hike, over UNEVEN ground. Our pace will be leisurely, with time to take photographs, identify the abundant wildflowers, and enjoy the scenery. Team up with other women to create a fun outdoor adventure! *Special Note(s): A CDFW Lands Pass (or hunting/fishing license) must be purchased prior to the event and carried with you. View / download a flyer on how to purchase. View / download a flyer on how to purchase. There’s a short stretch of trail that’s narrow and along a cliff; though not dangerous, if you have a strong fear of heights it may challenge you (but we’re here to offer support!). Sturdy hiking boots strongly recommended; hiking poles optional but very helpful.*

OLLI Hikers: Women’s Hike to Yana Trail and Osprey Pond (√)

Peer Leader(s): Lorraine Smith; Vickie Stoll
Fri(s), Feb 22 • 8:00 AM–4:00 PM
Location: Various

This is a moderate 5.1-mile hike with 200 feet elevation gain. Located outside Red Bluff, this pleasant trail traverses through several diverse habitats, with beautiful views of Lassen Peak in the distance. There are often numerous birds to enjoy – perhaps we’ll see Osprey at the pond! Our pace will be leisurely, with time to take photographs, enjoy the scenery, and have lunch alongside Osprey Pond. Team up with other women to create a fun outdoor adventure!

OLLI Hikes for Men & Women: Butte College Wildlife Refuge (√)

Peer Leader(s): Lorna Cunkle; Lorraine Smith
Fri(s), Mar 15 • 10:00 AM–2:00 PM
Location: Various

We’ll explore the southeast area of the main Butte College campus, following a 2-mile flat, easy, unpaved loop trail. We’ll meander along two branches of Clear Creek, where flowers, birds, and other wildlife will be abundant. We’ll move at a leisurely pace with plenty of time to take photographs, smell the flowers, watch the birds, and make new friends. *Special Note(s): We’ll meet for carpooling at 10:00 AM on Friday, March 15, with an approximate return time of 2:00 PM. Specific instructions, including carpool locations, will be provided the week before the hike. Bring water, lunch, and sunscreen. No dogs. We’ll reschedule for the following Friday if it rains.*

OLLI Hikes for Men & Women: Sycamore Hill

Peer Leader(s): Lorna Cunkle; Vickie Stoll
Fri(s), Apr 12 • 9:00 AM–5:00 PM
Location: Various

We’ll hike 5.8 miles, climbing a total of 950 feet of elevation, to the top of Sycamore Hill in Oroville, with views of Oroville Dam, Table Mountain, Sutter Buttes, and the Coastal Range. Along the way we’ll see flowers galore (white globe lilies, pipestem clematis, wild iris, Indian warrior, Ithuriel’s spear, twining brodiaea, to name just a few). For this moderately strenuous hike, boots and a hiking stick or trekking poles are recommended because much of the trail is rocky. We’ll move at a leisurely pace with plenty of time to take photographs, smell the flowers, and make new friends. *Special Note(s): We’ll meet for carpooling at 9:00 AM on Friday, April 12, with a return time of approximately 5:00 PM. Specific instructions, including carpool locations, will be provided the week before the hike. Wear layered clothing, a sun hat, and sturdy hiking boots.*

People-Centered Agricultural & Gardening Improvement

Peer Leader(s): Richard Roth
Tue(s), Jan 29–Apr 30 • 3:00 PM–4:30 PM
Location: Craig Hall: Gordon 1

Learn about the best tested and proven ways to learn and share gardening and farming improvement techniques. Valuable for any community-based development work, not just agricultural. *Special Note(s): Classes meets every other Tuesday - with possible tours and field trips as weather allows in the weeks between classes. Reading for this class is the book "Two Ears of Corn: A Guide to People Centered Agricultural Improvement" and is available in PDF form.*

Photography: Beyond Auto Mode

Peer Leader(s): Dick Emmons
Thu(s), Mar 14–May 09 • 1:00 PM–2:30 PM
Location: Aymer J. Hamilton, Room 124

This course is designed to show the use of the various controls on a digital camera. The class will emphasize those controls dealing with exposure and the effect they have on creating good photographs. Each week a different control will be used. During class students will take photos and the class will conclude with the photos viewed on a TV. A MUST requirement is a digital camera that has controls for Auto, P, Av, Tv or S and M. The camera must also use a SD memory card and a blank one should be brought to the first class.

Photography: Taking Better Digital Pictures

Peer Leader(s): Dick Emmons
Wed(s), Mar 13–May 08 • 1:00 PM–2:30 PM
Location: Aymer J. Hamilton, Room 124

This course is designed to increase your ability to see interesting photos in everyday life. Emphasis will be on learning and applying the basic rules of photographic composition. A particular subject will be assigned each week, then the students will spend class time looking for and taking photos. The session will conclude with the class seeing their pictures on the TV. Any digital camera from point and shoot to DSLR may be used. The only requirement is the camera must use a SD memory card and a blank one should be brought to the first class session.

Plato: Republic and Symposium

Peer Leader(s): Jack Ayer
Tue(s), Jan 29–May 07 • 10:30 AM–12:00 PM
Location: Craig Hall: Gordon 2

Close reading, in English, of two great dialogs. Anyone is welcome, but likely that most enrollees will have taken last semester’s Plato class in which we read The Apology, etc.

Poetry at the Glen

Peer Leader(s): James Kirks
Sat(s), Feb 02–May 11 • 2:00 PM–3:30 PM
Location: Sycamore Glen Key Room

Reading poetry helps you to know things more fully, it commands your attention, and it can sustain good conversation. In this class participants select poetry from favorite sources to read aloud with fellow enthusiasts.

Poetry for Pleasure

Peer Leader(s): James Kirks
Fri(s), Feb 01–May 03 • 9:00 AM–10:30 AM
Location: Aymer J. Hamilton, Room 124

Reading poetry helps you to know things more fully, it commands your attention, and it can sustain good conversation. In this class participants select poetry from favorite sources to read aloud with fellow enthusiasts. *Special Note(s): Class is held 1st, 3rd and 5th Fridays.*

Postcrossing.com: The Joy of Exchanging Postcards

Peer Leader(s): Blaine Waterman
Tue(s), Apr 09–Apr 16 • 1:00 PM–2:30 PM
Location: Craig Hall: Gordon 2

Tired of getting nothing in your mailbox but bills and advertising? Make snail mail FUN again by joining an international community of over 700,000 people who exchange postcards with each other, making connections and learning about other countries and cultures. This course will explain the nuts and bolts of how

Postcrossing works and how to create an account and get started on your journey to a mailbox full of surprises and excitement!!

Qi Gong ~ The Mindful Walk: Section 1 (√)

Peer Leader(s): Matt Cavender
Wed(s), Jan 30 • 4:30 PM–6:00 PM
Location: The Lodge at The Terraces

This class teaches the importance of relaxed breathing and how to apply this relaxed state into the movements presented. Once the mind and body become relaxed enough we will begin the Mindful Walk. Some of the benefits of the mindful walk are avoiding unnecessary falling. This increases your understanding of balance in general and how to catch yourself when a fall is occurring. "I don't know what happened. I lost my balance and was going to fall and all of a sudden my legs and body took over and did a funny dance and I wasn't falling anymore."

Qi Gong ~ The Mindful Walk: Section 2 (√)

Peer Leader(s): Matt Cavender
Wed(s), Mar 27 • 4:30 PM–6:00 PM
Location: The Lodge at The Terraces

This class teaches the importance of relaxed breathing and how to apply this relaxed state into the movements presented. Once the mind and body become relaxed enough we will begin the Mindful Walk. Some of the benefits of the mindful walk are avoiding unnecessary falling. This increases your understanding of balance in general and how to catch yourself when a fall is occurring. "I don't know what happened. I lost my balance and was going to fall and all of a sudden my legs and body took over and did a funny dance and I wasn't falling anymore."

Reading Homer in Greek (√)

Peer Leader(s): Jack Ayer
Tue(s), Jan 29–May 07 • 9:00 AM–10:00 AM
Location: Craig Hall: Gordon 2

A small group of us has been struggling for some months now to read Homer’s Iliad (Book I) in its original Greek. The task is demanding, maddening and deeply rewarding. None of us is remotely expert at this job but we help each other along. We invite suitable others to join us. To participate, you wouldn’t want to know too much Greek or you’d be bored. You wouldn’t want to know too little or you’d be left in the dust. Email Jack Ayer for help in identifying the Goldilocks point at jdayer@ucdavis.edu. Coursebook: Pharr, Homeric Greek

Reading Poetry for Insight and Inspiration

Peer Leader(s): Dennis Daniel
Tue(s), Jan 29–May 07 • 1:00 AM–2:30 PM
Location: Craig Hall: Bradley 1

Each week we will examine three or four poems, mostly from the Western tradition, some in translation from other languages. We will look at classic themes such as: self-discovery, fear, compassion, insight, aging and mortality, relationships, et al. Our goal will be to see how the poem works and what it says

to us as readers with divergent backgrounds. We will read each poem in depth and appreciation.

Reincarnation: A Bigger Picture: Chico

Peer Leader(s): Deborah Muth
Mon(s), Feb 11–Feb 25 • 9:00 AM–10:00 AM
Location: Craig Hall: Gordon 2

The concept of reincarnation is accepted as reality by many in the East and West. The varied and many successive lifetimes are commonly viewed as an endlessly repeating wheel. In this course we will look at the journey of "jiv-atma" (embodied soul) or the Divine Theme, of which reincarnation is only a part. In this class we will explore the Divine Theme, focusing on the mechanics that drive the soul from taking form in the first place. The material is based mostly on Meher Baba's major work "God Speaks," his philosophical treatise on the biography of the soul.

Reincarnation: A Bigger Picture: Oroville

Peer Leader(s): Deborah Muth
Tue(s), 26-Feb–Mar 12 • 10:30 AM–11:30 AM
Location: TBD

The concept of reincarnation is accepted as reality by many in the East and West. The varied and many successive lifetimes are commonly viewed as an endlessly repeating wheel. In this course we will look at the journey of "jiv-atma" (embodied soul) or the Divine Theme, of which reincarnation is only a part. In this class we will explore the Divine Theme, focusing on the mechanics that drive the soul from taking form in the first place. The material is based mostly on Meher Baba's major work "God Speaks," his philosophical treatise on the biography of the soul.

Science Projects with Grandkids (√)

Peer Leader(s): Stephanie Parker
Tue(s), 19-Feb–12-Mar • 1:00 PM–2:30 PM
Location: Gateway Science Museum

This 4 week course will give you the skills and know-how to provide your loved ones with a fun and engaging science experience. Learn how to incorporate themes of discovery and curiosity into the time you spend with your grandchildren while developing their skills of investigation and inquiry. After this course, which uses the exhibits and educational programs of the Gateway Science Museum as a backdrop, you will be able to carry out at least 4 hands-on science investigations with materials that can be found at the grocery or hardware store.

Shakespeare Videos, Lectures & Plays

Peer Leader(s): Bill Augros; Tom Jordon
Wed(s), Jan 30–May 08 • 1:00 PM–3:00 PM
Location: Faith Lutheran Church

This class will consist of a video lectures from the Great Course Company on Shakespeare's plays and video versions of the plays from the BBC. You will learn a

set of interpretive tools, drawn from the texts themselves, that give direct insight into Shakespeare's plays. You can then follow the narratives of the plays as they unfold, with a clear understanding of how the plays function and fit together. *Special Note(s):* The following Greek plays will be covered: 1. A MIDSUMMER NIGHT'S DREAM 2. TROILUS AND CRESSIDA 3. LOVE'S LABOR'S LOST 4. TIMON OF ATHENS 5. MUCH ADO ABOUT NOTHING 6. THE WINTER'S TALE 7. THE COMEDY OF ERRORS 8. PERICLES

Sharing Stories With Children and Adults

Peer Leader(s): Paul Belz
Mon(s), Jan 28–Feb 18 • 10:30 AM–12:00 PM
Location: Craig Hall: Bradley 1

People have gathered to tell and hear stories since our earliest days. This ancient art is still vital as we strive to build communities where all people can share their lives, cultures, and fantasies. This class will focus on trickster tales, world folktales, nature stories, true narratives about peoples' lives, and more. We will consider reasons for storytelling, and will look at basic steps tellers use to construct and present a tale. You are welcome, but not required to tell a story; if you just want to listen, please come! *Special Note(s):* There will not be a required reading list for this class. I will share an optional reading list of books about storytelling, as well as collections of tales.

Sing Gospel Music With or Without Instruments

Peer Leader(s): Phil Elkins
Mon(s), Jan 28–May 06 • 10:00 AM–11:30 AM
Location: The Lodge at The Terraces

Singing and/or playing popular gospel songs. Bring your voice, guitar, violin, cello, harmonica, squeeze box or other instrument and join a group of people singing and playing gospel music. This is not meant to be religious. It's just a place to enjoy gospel music.

Sleep and Dreams

Peer Leader(s): Susan Bollinger
Mon(s), Jan 28–Mar 25 • 1:00 PM–2:30 PM
Location: Craig Hall: Bradley 1

We will look into some research on sleep, particularly how sleep changes with age. The majority of the class will be devoted to looking at methods to understand our dreams. Small groups will be used to discuss and work toward understanding how your dreams work for you.

Smart Phone 101: Android

Peer Leader(s): Judy Barclay
Mon(s), Feb 25–Apr 15 • 3:00 PM–4:30 PM
Location: Craig Hall: Gordon 1

This class covers the basic functions and vocabulary of the smart phone and tablet (not iPhone or iPad.) If you have an iPhone or iPad, look for Smart Phone 101 - iPhone/iPad in schedule. Using slides and live demonstrations, the class seeks to

get you more familiar and comfortable with your smart phone or tablet. It will also give you resources that you can use to teach yourself how to enjoy these wonderful devices.

Smart Phone 101: Apple iPhone and iPad

Peer Leader(s): Susan Levine
Mon(s), Jan 28–Feb 18 • 3:00 PM–4:30 PM
Location: Craig Hall: Gordon 1

This class covers the basic functions and vocabulary of the iPhone and iPad. If you have any other smart phone or tablet, look for Smart Phone 101 - Android (not iPhone) in schedule. Using slides and live demonstrations, the class seeks to get you more familiar and comfortable with your iPhone or iPad. It will also give you resources that you can use to teach yourself how to enjoy these wonderful devices.

Tai Chi as Self Defense: Section 1 (√)

Peer Leader(s): Matt Cavender
Wed(s), Feb 06 • 4:30 PM–6:00 PM
Location: The Lodge at The Terraces

Tai Chi holds within its practice more than just strength and balance. This ancient form of Tai Chi, dating back more than 5,000 years, is also a complete self-defense system. Learn to use your opponent’s energy with your own to better safeguard yourself. The more a person practices, the more they discover the hidden defensive aspects within. Pre-requisite: Complete "Qi Gong: The Mindful Walk" OLLI course.

Tai Chi as Self Defense: Section 2 (√)

Peer Leader(s): Matt Cavender
Wed(s), Apr 03 • 4:30 PM–6:00 PM
Location: The Lodge at The Terraces

Tai Chi holds within its practice more than just strength and balance. This ancient form of Tai Chi, dating back more than 5,000 years, is also a complete self-defense system. Learn to use your opponent’s energy with your own to better safeguard yourself. The more a person practices, the more they discover the hidden defensive aspects within. Pre-requisite: Complete "Qi Gong: The Mindful Walk" OLLI course.

Tai Chi Twice a Week for Beginners (√)

Peer Leader(s): Mike McCluskey
Mon(s), Jan 28–May 09 • 8:30 AM–9:30 AM
Location: The Lodge at The Terraces

Tai Chi is a gentle slow movement system originating in China. Students will learn the 24 form Yang style, Whu Shu School version of Tai Chi. Two forms will be taught each week until all 24 forms are learned. Tai Chi is known to enhance flexibility, strength and balance. Senior citizens that practice Tai Chi have 37% fewer falls than their counterparts. It requires practice at home. Please note: This class is for first-time participants -- those who have NOT signed up for a Tai Chi

class before. A commitment to attend all classes is requested. *Special Note(s):* Class meets 2 times per week: Mondays and Thursdays.

Technology Tips, Tricks, Secrets and Shortcuts

Peer Leader(s): Lon Halley
Mon(s), Feb 25–Mar 11 • 1:00 PM–2:30 PM
Location: Faith Lutheran Church

Learn hundreds of techniques that will save you time. For the beginner and seasoned users alike, this class will show you all kinds of nifty ideas. Keyboard shortcuts that you never knew existed. Windows Screen Shortcuts. Fun tricks. For all users of PC or MAC; Smart Phone Users, Android or iPhone; AND MUCH MORE; Impress your Children and/or Grandkids with secrets that they don’t even know. Cool and fun things to do with Technology. If you are bored with mundane everyday computing this will put some spice back into your technology experience. Computing to the next level!!

Technology, Society, Culture and Faith

Peer Leader(s): Lon Halley
Mon(s), Apr 22–May 06 • 1:00 PM–2:30 PM
Location: Faith Lutheran Church

Technology is pervasive throughout every aspect of our lives, which seem more and more complicated as we adopt new technologies constantly. Some hail technology as one of the best advances in the development of human societies. Others lament, saying it’s causing great harm in the way we live and that we are increasingly controlled by these technologies. It deadens our “spirituality”. This course will exam the impact of technology. Is technology “good” or “bad” for society? Is it an ever-encroaching evil in our culture that will eventually control our lives, losing what it means to be human?

TED Talks (√)

Peer Leader(s): Judy Gargas
Thu(s), Jan 31–Apr 25 • 10:30 AM–12:00 PM
Location: Craig Hall: Gordon 2

TED Conferences LLC (Technology, Entertainment, Design) is a media organization that posts talks online for free distribution under the slogan "ideas worth spreading." TED's early emphasis was on technology and design, consistent with its Silicon Valley origins, but it has since broadened its repertoire to include talks on many scientific, cultural, and academic topics. Join us for the opportunity view and discuss various TED Talks. And, as an added bonus, you will get to know more OLLI members. *Special Note(s):* Class does not meet on the first Thursday of the month.

The Chant of Compassion: Section 1

Peer Leader(s): Matt Cavender
Wed(s), Jan 16 • 4:30 PM–6:00 PM
Location: The Lodge at The Terraces

The most famous chant in the world, "Om Mani Padme Hum," is thousands of years old. It is said that all of the teachings of enlightenment are contained in these words, which when practiced can cause powerful positive effects in your life. It taps into Mercy and Severity, the power of forgiveness and the strength to be brave, which unite in resonance and harmony. The mantra calms fears, soothes concerns and heals broken hearts. This class is offered to help deal with the trauma of the Camp Fire, or anyone suffering from a heavy heart or loss.

The Chant of Compassion: Section 2

Peer Leader(s): Matt Cavender
Wed(s), Mar 20 • 4:30 PM–6:00 PM
Location: The Lodge at The Terraces

The most famous chant in the world, "Om Mani Padme Hum," is thousands of years old. It is said that all of the teachings of enlightenment are contained in these words, which when practiced can cause powerful positive effects in your life. It taps into Mercy and Severity, the power of forgiveness and the strength to be brave, which unite in resonance and harmony. The mantra calms fears, soothes concerns and heals broken hearts. This class is offered to help deal with the trauma of the Camp Fire, or anyone suffering from a heavy heart or loss.

The Gospel of Thomas (\$)

Peer Leader(s): Jerome Dirnberger
Mon(s), Apr 22–May 06 • 10:30 AM–12:00 PM
Location: Craig Hall: Bradley 1

The Gospel of Thomas was found in 1945 in the Egyptian town of Nag Hammadi. Some biblical scholars call it the "Fifth Gospel" as it might be the oldest (written in the first half of the 1st Century AD) because about half of Jesus' sayings are shorter than in the Canonical Gospels. This gospel consist of 114 of Jesus' sayings. We will concentrate on Jesus' thoughts about his view of the cosmos, his vision of how we should live in community, and obtaining more self-knowledge. This may surprise you because it is different than Paul's teachings. *Special Note(s): Jerome will provide a copy of the Gospel of Thomas for your use during the class schedule.*

The History of Spain: Land on a Crossroad, Continued (√)

Peer Leader(s): Sal Ventura
Wed(s), Jan 30–May 08 • 10:30 AM–12:00 PM
Location: Craig Hall: Bradley 1

This is the continuation of the course, with the same title, offered in the Fall Semester. Based in the "Great Courses" class presented by Dr. Joyce E. Salisbury Ph.D. from the University of Wisconsin, Green Bay, this course reveals a broad and fascinating panorama of Spanish History, spanning the centuries from the first Neolithic settlement of the peninsula to Spain's 20th Century Civil War. In addition to the DVD presentations, time will be allocated for further information and class discussion.

The Short Story (El Cuento)

Peer Leader(s): Liduvina Hoil
Thu(s), Jan 31–May 09 • 3:00 PM–5:00 PM
Location: Craig Hall: Gordon 1

This class is for advanced Spanish students who want to refine their Spanish language skills and deepen their appreciation of the Latin American culture. By reading short stories, students will learn new vocabulary, new idiomatic expressions and improve their understanding of the Spanish language structure. In addition, students will also learn about Latin American authors, their writings and the Latin America historical context, etc. *Special Note(s): Class meets 2nd and 4th Thursdays of the month. Material will be accessed by internet. For the first class, read "El clis de sol," by Manuel González Zeledón (Magón), and the author's biography.*

The Wizard of Oz as a Spiritual Adventure

Peer Leader(s): Rosie Potestio
Thu(s), Jan 31–Mar 07 • 10:30 AM–12:00 PM
Location: Craig Hall: Gordon 1

You could be an orphan being raised by an aunt and uncle. Or a dog under a death sentence, a brainless guy with big dreams, a man of tin with nothing inside, or a leader afraid of his shadow. On this journey everyone belongs, and we will explore it together. We will follow the story as written by L. Frank Baum in 1901. Join me for a tour of the classic OZ story as a means of reexamining our own stories and helping each other find our way home in this classic hero's journey.

The World of Byzantium

Peer Leader(s): Bill Augros
Wed(s), Jan 30–May 08 • 10:30 AM–12:00 PM
Location: Faith Lutheran Church

Byzantium was the greatest state in Christendom through much of the Middle Ages. Muslims owe much to Byzantium. Get a widened perspective on the decline of imperial Rome to the rise of the Renaissance. The Greek-speaking Byzantium occupied a crucial place in time and space that began with Constantine and endured for more than a millennium. Byzantium's spiritual grandeur and mystical vision of humanity, God, and the cosmos can still be glimpsed. The Orthodox Christian state influence was felt in Russia, southeastern Europe, the Islamic world and the Italian Renaissance.

Thoughts Become Things ~ The Art of Thinking Yourself to Success: Chico

Peer Leader(s): Rosario Clerici-Green
Mon(s), Jan 28–Feb 18 • 10:30 AM–12:00 PM
Location: Craig Hall: Gordon 2

Our thoughts influence our perception of the world around us and play a significant role in our situational outcomes. We will learn to apply Guided Imagery techniques and Thought Management to bring about positive outcomes and bring meaning to the experiences in our life. We will practice skills known to lower

stress, blood pressure, anxiety, depression, and purge unwanted habits. Learn critical skills to help you make desired changes, overcome challenges, and experience more successful outcomes towards a better quality of life. *Special Note(s): Peer Leader will provide a pdf file containing the class workbook.*

Thoughts Become Things ~ The Art of Thinking Yourself to Success: Oroville

Peer Leader(s): Rosario Clerici-Green
Wed(s), Jan 30–Feb 20 • 10:30 AM–12:00 PM
Location: TBD

Our thoughts influence our perception of the world around us and play a significant role in our situational outcomes. We will learn to apply Guided Imagery techniques and Thought Management to bring about positive outcomes and bring meaning to the experiences in our life. We will practice skills known to lower stress, blood pressure, anxiety, depression, and purge unwanted habits. Learn critical skills to help you make desired changes, overcome challenges, and experience more successful outcomes towards a better quality of life. *Special Note(s): Peer Leader will provide a pdf file containing the class workbook.*

Tuesday Tunes

Peer Leader(s): Bitz Haley
Tue(s), Jan 29–May 07 • 10:00 AM–11:30 AM
Location: Haley's Martial Arts Center

Start your Tuesday with music and songs. Join us in a fun, informal weekly sing along. Bring your voices and/or musical instruments. We will provide reasons for smiles and laughter, a venue with chairs, and songs with chords. Please note that the operative word is "fun." If you like music, you will like this class. All levels welcome.

Water Conservation 101

Peer Leader(s): Kyle Ramey
Wed(s), Apr 17 • 10:30 AM–12:00 PM
Location: Craig Hall: Gordon 1

Water Conservation 101 provides attendees with valuable information on water supplies, drought impacts, reservoir conditions, and ways to monitor and reduce household water use. Learn about high efficiency water saving devices and what rebate programs are available to you.

Watercolor for Beginners: Section 1 (√ \$)

Peer Leader(s): Christine MacShane
Fri(s), Feb 01–Feb 22 • 10:00 AM–12:00 PM
Location: Christine Mac Shane's Studio

An introduction to watercolor painting. Techniques, color blending, color mixing and brush work for all levels. *Special Note(s): Materials and studio fee of \$12 per class.*

Watercolor for Beginners: Section 2 (√ \$)

Peer Leader(s): Christine MacShane
Fri(s), Mar 01–Mar 29 • 10:00 AM–12:00 PM
Location: Christine Mac Shane's Studio

An introduction to watercolor painting. Techniques, color blending, color mixing and brush work for all levels. *Special Note(s): Materials and studio fee of \$12 per class.*

Watercolor for Beginners: Section 3 (√ \$)

Peer Leader(s): Christine MacShane
Fri(s), Apr 05–Apr 26 • 10:00 AM–12:00 PM
Location: Christine Mac Shane's Studio

An introduction to watercolor painting. Techniques, color blending, color mixing and brush work for all levels. *Special Note(s): Materials and studio fee of \$12 per class.*

What's Your Name?

Peer Leader(s): Robin Dizard
Thu(s), Mar 14–May 09 • 10:30 AM–11:30 AM
Location: Craig Hall: Gordon 1

Questions this class asks, and might answer are: What is your name? Were you named in honor of someone? Did you ever change your given name or surname or have it altered by others? What old family lore attaches to your name? Pursuing these and related topics, the class explores histories of names, nick-names and name-calling. We will search out information and entertainment, alike. Participants may find they want to write about their discoveries.

Will

Peer Leader(s): Lynn Elliott
Wed(s), Jan 30–Apr 10 • 10:30 AM–12:00 PM
Location: Craig Hall: Gordon 1

It was a time of radical change, a time of violence. England was under siege, internally and externally, by foreign adversaries. Being on the wrong side, politically or religiously, could result in torture and death. Into this confusing and disordered world strode a young married man who had left his home of Stratford-upon-Avon to attempt his hand at playwriting for the London stage. His name was William Shakespeare. After a few relevant comments from the instructor, the class will watch weekly episodes of the lively, rambunctious and riotous series "WILL." *Special Note(s): Note! This is definitely not your high-school, stodgy Shakespeare and not for the faint of heart! As one of the actors says, 'Imagine Shakespeare on sex, drugs and rock and roll'!*

Wisdom Through Meditation (√)

Peer Leader(s): Gayle Womack
Wed(s), Jan 30–May 08 • 10:30 AM–12:00 PM
Location: Lakeside Pavilion

Wisdom through meditation is a piece of advice yogis have given for thousands of years, saying "Take a deep breath and relax." Experience Meditation: learn how to discover your own personal truth and wisdom by calming the busy mind. Presentation of concepts, discussion, practice and meditation define this course.

Women & Money: Making Smart Financial Decisions in Retirement

Peer Leader(s): Mistie Ciadakis
Thu(s), Feb 21–Mar 07 • 9:00 AM–10:00 AM
Location: Craig Hall: Bradley 1

This class will cover creating a living legacy, long-term care, widowhood and making smart financial decisions in retirement. Topics also include key risks that can detour your retirement, income planning using the bucket strategy, distribution/accumulation phases, and basic estate planning. Women & Money classes are designed for women only to create a comfortable environment to engage in conversations about money and investing.

World Dance (√)

Peer Leader(s): Memo Keswick
Fri(s), Feb 08–26-Apr • 3:00 PM–4:00 PM
Location: The Lodge at The Terraces

Fun social dances from around the world, including Bulgaria, Romania, Serbia, Greece, Israel, Scotland, and the United States. Line, circle, and couple dances. No partner required.

World Dance Singing

Peer Leader(s): Memo Keswick
Fri(s), Feb 08–Apr 26 • 1:00 AM–2:15 PM
Location: Private Residence

Class teaches World Dance songs that challenge the singer tonally, phonetically, and rhythmically. The songs may be performed for many audiences, including for local Chico World Dancers. Whenever possible (especially for performances) singers will be "backed up" by local musicians. Come sing with us! *Special Note(s): Materials fee of \$10 for singing materials.*

Writer's Workshop: Section 1 (√)

Peer Leader(s): Velda Stubbings; Carolyn Ayers
Wed(s), Jan 30–May 08 • 1:00 PM–3:30 PM
Location: Lakeside Pavilion

Writers' Workshop is a class in writing production. It's a chance for you to bring things you've written to a group of involved writers for input. You will read things you've written and share your perceptions of others' writing in the discussion sessions that follow each reading. We welcome all genre of writing with the exception of poetry.

Yahi Trail: Upper Bidwell Park Hike for Men & Women (√)

Peer Leader(s): Cynthia Finnegan; Pam Waldsmith
Mon(s), Mar 11 • 8:00 AM–4:00 PM
Location: Various

Because this is a 10 mile hike round trip at a brisk pace, this is rated as challenging. There is >200 ft. elevation gain on this trail that follows Big Chico Creek and extends the length of Upper Bidwell Park. We will pass by Bear Hole, Alligator Hole and Day Camp. At Devil's Kitchen we will have excellent views of the canyon. Hikers should be able to hike for extended time, be able to negotiate uneven surfaces and be able to do some climbing. Bring plenty of water (at least 1 1/2 liter), wear sturdy hiking boots. Poles are highly recommended for this hike. If you question your ability to participate, please contact Cindy or Pam and we can evaluate together. *Special Note(s): Meet at the park-n-ride for carpooling for an 8am departure.*