Join Us!

The Osher Lifelong Learning Institute (OLLI) at CSU, Chico offers those age 50 and better more than 300 enrichment opportunities annually in a climate fostering friendship and the mutual sharing of ideas and life experiences. We are a member-centered, member-led program. Members decide which classes to offer and when to offer them. They plan and host social events. They set the tone for learning that reflects THEIR interests.

The OLLI fall schedule offers a cultural feast celebrating a wide array of interests in history, literature, the natural and social sciences, fine arts, and current events. Interested in enhancing your financial life? OLLI offers classes in estate planning, investing, and retirement strategies. Thinking about using the extra cash to travel? Learn a second language, explore the world, or upgrade your photography skills.

Need to move your body? Classes in dance are fun, as is walking, hiking, Tai Chi, and visiting local parks. Try relaxation techniques through meditation or mindfulness for health.

Treat yourself to new experiences and delight in human creativity with more than a dozen classes in music and the arts, like singing, guitar, coloring, painting, and museum tours. All of these are made possible by our volunteer instructors, called Peer Leaders, who share their talents and passions with our membership!

YOU’RE INVITED!

Bring family & friends to the OLLI Fall Class Preview! Visit with other OLLI members, preview upcoming courses, and meet our Peer Leaders.

Fall Class Preview
August 8, 10 a.m.–Noon
Manzanita Place, 1705 Manzanita Avenue, Chico

For additional information, call 530-898-6679 or visit the OLLI website.

olli.csuchico.edu

MEMBER BENEFITS

- Unlimited classes
- Priority registration for Peer Leaders & Classroom Hosts
- Free parking at primary classroom complex
- Discount meal plan at the OLLI classroom complex
- CSU, Chico Library Card
- Free admission to the OLLI Community Speaker Series
- Discounts to select Chico Performances main stage events

FALL 2019 KEY DATES & EVENTS

- August 8: Class Preview
- August 15: Class Registration Opens @ 9am
- September 3: Fall Classes Begin
- October 9: Community Speaker Series

Find a complete list of fall dates and details, plus membership and registration information, on our website.
MEMBERSHIP

Membership is required to participate in OLLI classes, activities, and events. OLLI instructors, also called “Peer Leaders,” are also required to join. Joining OLLI allows members age 50 and better to participate in as many classes and activities as their lives will hold at one price. Some classes have an additional supply fee, but the vast majority may be attended at no additional cost. Because of our volunteer-based program, Chico has some of the lowest program fees of the 122 unique OLLI programs nationwide. Join now to learn, grow, socialize and make new friends.

CHICO CHAPTER (Classes in All Locations)

Fall ‘19, Spring ‘20 & Summer ‘20: $230
Fall ‘19 & Spring ‘20 Bundle: $215

THANK YOU! SPECIAL FOR ‘19-‘20 PEER LEADERS

Fall ‘19, Spring ‘20 & Summer ‘20 Membership: $230
☐ $185…Save $45!

HOW TO REGISTER ~ CLASS REGISTRATION OPENS AUGUST 15 @ 9AM

• Online! Visit olli.csuchico.edu today to join OLLI & pay membership fees by VISA/MC, and to sign up for classes when registration opens on August 15.
• Complete and mail the enclosed Membership & Class Request Form.
• Call the OLLI office at 530-898-6679.

DONATE & SHARE THE GIFT OF OLLI!

Gifts to the OLLI annual fund can help provide an OLLI membership to a friend, family member, or someone in need, as well as support a host of free classes and activities so that more may enjoy and benefit from lifelong learning. Give today at olli.csuchico.edu or call 530-898-6679.

WHERE IS THE OLLI OFFICE LOCATED?

We’re located in the Aymer J. Hamilton Building, Room 118B, on the CSU, Chico campus near the Gateway Science Museum and Bidwell Mansion. Office hours are Monday–Thursday, 9am–1pm. You can also find us at the OLLI Service Desk (limited staff hours) across from the coffee shop in the Bradley Lobby at The Social Chico!

Mailing Address:
Osher Lifelong Learning Institute
CSU, Chico
400 W. First Street
Chico, CA 95929-0792

Get in Touch:
• Web: olli.csuchico.edu
• Phone: 530-898-6679
• Email: olli@csuchico.edu
• Facebook: facebook.com/ollichico

WHERE ARE OLLI CLASSES?

Most OLLI classes are held in four dedicated classrooms at The Social Chico, 1400 W. 3rd St. There is ample free parking, as well as food & beverage service available on site. Other classes are held in a variety of indoor and outdoor locations around the greater Chico area. Details and maps can be found online and in the class schedule.

Web: olli.csuchico.edu • Phone: 530-898-6679 • E-mail: olli@csuchico.edu
### MONDAY CLASSES

**Meditation and Contemplation**
George McClendon  
8:30–10  
Sep 09–Dec 09  
The Social Chico: Bradley 1

**Behavioral Finance and the Psychology of Investing**
√  
Steven Ciaiakas  
9–10  
Sep 09–Sep 23  
The Social Chico: Bradley 1

**History Through Mystery: 1st Mondays**
√  
Claire Altheuser  
9:30–11  
Sep 02–Dec 02  
Private Residence

**History Through Mystery: 2nd Mondays**
√  
Claire Altheuser  
9:30–11  
Sep 09–Dec 09  
Private Residence

**History Through Mystery: 3rd Mondays**
√  
Claire Altheuser  
9:30–11  
Sep 16–Dec 16  
Private Residence

**History Through Mystery: 4th Mondays**
√  
Claire Altheuser  
9:30–11  
Sep 23–Dec 23  
Private Residence

**Sing Gospel Music With or Without Instruments**
Phil Elkins  
10–11:30  
Sep 09–Dec 09  
The Lodge at The Terraces

**Duplicate Bridge**
$ Sherri Farokj  
10:15–11:45  
Sep 09–Oct 14  
Bidwell Bridge Studio

**Exploring Butte County History**
√  
April Pryor  
10:30–12  
Sep 09–Dec 09  
The Social Chico: Bradley 2

**Climate Change: How We Know It’s Real**
Gordon Gregory  
10:30–12  
Dec 02–Dec 09  
The Social Chico: Bradley 1

**Cracker Barrel**
David Price  
10:30–12:30  
Sep 09–Dec 09  
The Social Chico: Gordon 1

**Skeptic’s Guide to the Universe**
√  
Gary Hedlund  
11–12  
Sep 09–Oct 07  
The Social Chico: Bradley 1

**French 1: Language Adventures**
Leanne Ulvang  
1–1:50  
Sep 09–Dec 09  
The Social Chico: Gordon 2

**Computers: Fundamentals for Beginners**
Lon Halley  
1–2:30  
Sep 09–Sep 23  
Faith Lutheran Church

**Knitting Boot Camp: Section 1**
√  
Gale Ulvang  
1–2:30  
Sep 09–Sep 30  
Private Residence

**CSU, Chico Faculty Lecture Series**
√  
Ann Nikolai  
1–2:30  
Sep 09–Dec 09  
The Social Chico: Bradley 2

**Zen Buddhism and the Arts**
Katherine Harper  
1–2:30  
Sep 09–Dec 09  
The Social Chico: Bradley 1

**Knitting Boot Camp: Section 2**
√  
Gale Ulvang  
1–2:30  
Oct 07–Oct 28  
Private Residence

**Computer Backups - Avoid the Nightmare**
Lon Halley  
1–2:30  
Oct 14–Oct 21  
Faith Lutheran Church

**Technology Security: PC/MAC; Smart Phones/Tablets**
Lon Halley  
1–2:30  
Oct 28–Nov 11  
Faith Lutheran Church

**Where and How Did it Begin?**
Lon Halley  
1–2:30  
18–Nov–Dec 09  
Faith Lutheran Church

**Smart Phone 101: Apple iPhone and iPad**
√  
Susan Levine  
1:30–3  
Sep 09–Sep 30  
The Social Chico: Gordon 1

**Aging Bodies: An Owner’s Manual**
√  
Susan Levine  
1:30–3  
Oct 07–Oct 28  
The Social Chico: Gordon 1

**French 2: Nailing It**
Leanne Ulvang  
1:55–2:45  
Sep 09–Dec 09  
The Social Chico: Gordon 2

**French 3: Conversation**
Leanne Ulvang  
2:50–3:45  
Sep 09–Dec 09  
The Social Chico: Gordon 2

**Armchair Travel Sketching: Advanced**
Marvey Mueller  
3–4:30  
Oct 07–Nov 04  
The Social Chico: Bradley 1

### TUESDAY CLASSES

**Reading Homer in Greek**
Jack Ayer  
9–10  
Sep 03–Dec 10  
The Social Chico: Gordon 2

**Tuesday Tunes**
Bitz Haley  
10:15–11:30  
Sep 03–Dec 10  
Haley’s Martial Arts Center

**Philosophy of Life**
Jerome Dirnberger  
10:30–11:30  
Nov 05–Nov 19  
The Social Chico: Bradley 1

**Aviation History: The Dark Clouds of War**
Gary Hendrickson  
10:30–12  
Sep 10–Oct 22  
The Social Chico: Bradley 1

**Current Issues with Emphasis on Media Coverage**
√  
Robert Main  
10:30–12  
Sep 03–Dec 10  
The Social Chico: Bradley 2

**Hail to the Celts!**
Lynn Elliott  
10:30–12  
Sep 03–Dec 10  
The Social Chico: Gordon 1

**Shakespeare: Slow-reading Hamlet**
Jack Ayer  
10:30–12  
Sep 03–Dec 10  
The Social Chico: Gordon 2

**Fall Garden: Tools and Tips!**
√  
Joyce Hill  
10:30–12:30  
Sep 03–Sep 24  
Patrick Ranch Demonstration Garden

**How I "Grow" My Paintings**
Dolores Mitchell  
1–2:30  
Sep 03  
The Social Chico: Bradley 2

$ = Class Has Additional Fee  
√ = Counts Toward 5-Class Limit  
Limit will be lifted Aug. 29 at 9am

8/29/19
<table>
<thead>
<tr>
<th>TUESDAY CLASSES</th>
<th>Time</th>
<th>Name</th>
<th>Location</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exploring the Adult World of Coloring</td>
<td>1–2:30</td>
<td>Patty Baroni</td>
<td>Sep 03–Dec 10</td>
<td>The Social Chico: Bradley 1</td>
</tr>
<tr>
<td>Reading Poetry for Insight and Inspiration: Chico</td>
<td>1–2:30</td>
<td>Dennis Daniel</td>
<td>Sep 03–Dec 10</td>
<td>The Social Chico: Bradley 1</td>
</tr>
<tr>
<td>Tai Chi</td>
<td>√ 1–2:30</td>
<td>Lenora Wong</td>
<td>Sep 03–Dec 12</td>
<td>Windchime of Chico</td>
</tr>
<tr>
<td>Smart Phone 101: Android</td>
<td>√ 1–2:30</td>
<td>Judy Barclay</td>
<td>Oct 29–Nov 19</td>
<td>The Social Chico: Bradley 2</td>
</tr>
<tr>
<td>Thoughts Become Things—The Art of Thinking Yourself to Success</td>
<td>1–3</td>
<td>Rosario Clerici-Green</td>
<td>Oct 29–Nov 19</td>
<td>The Social Chico: Bradley 2</td>
</tr>
<tr>
<td>OLLI 2.0: Becoming a Peer Leader</td>
<td>1:30–3</td>
<td>Susan Levine</td>
<td>Oct 22</td>
<td>The Social Chico: Gordon 1</td>
</tr>
<tr>
<td>Healthier You! A Lecture Series by Enloe Medical Center</td>
<td>3–4:30</td>
<td>Suzie Lawry-Hall</td>
<td>Sep 03–Oct 29</td>
<td>Enloe Conference Center</td>
</tr>
<tr>
<td>Let's Knit</td>
<td>3–4:30</td>
<td>Gale Ulvang</td>
<td>Sep 03–Dec 10</td>
<td>The Social Chico: Bradley 1</td>
</tr>
<tr>
<td>Gift of the Arts: The Janet Turner Print Museum</td>
<td>4:30–6</td>
<td>Laura Nice</td>
<td>Sep 17–Dec 10</td>
<td>Janet Turner Print Museum</td>
</tr>
<tr>
<td>A Night at the Chico Community Observatory (CCO): Section 2</td>
<td>6:30–9</td>
<td>Mike Davis</td>
<td>Nov 19</td>
<td>Chico Community Observatory</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>WEDNESDAY CLASSES</th>
<th>Time</th>
<th>Name</th>
<th>Location</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dog Obedience: Basics</td>
<td>9–10</td>
<td>Debra Folsom</td>
<td>Sep 04–Oct 16</td>
<td>Various</td>
</tr>
<tr>
<td>Guitar: Beginning - Level Two</td>
<td>10–11:30</td>
<td>Phil Elkins</td>
<td>Sep 04–Dec 11</td>
<td>The Lodge at The Terraces</td>
</tr>
<tr>
<td>Barbarian Empires of the Steppes: Video Lectures</td>
<td>10:30–12</td>
<td>Bill Augros</td>
<td>Sep 04–Dec 11</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Documentary Films of Historical Interest</td>
<td>10:30–12</td>
<td>Robert Main</td>
<td>Sep 04–Dec 11</td>
<td>The Social Chico: Bradley 2</td>
</tr>
<tr>
<td>Playing Shakespeare</td>
<td>10:30–12</td>
<td>Walter Coffey</td>
<td>Sep 04–Dec 11</td>
<td>The Social Chico: Gordon 1</td>
</tr>
<tr>
<td>Wisdom through Meditation</td>
<td>10:30–12</td>
<td>Gayle Womack</td>
<td>Sep 11–Dec 11</td>
<td>Lakeside Pavilion</td>
</tr>
<tr>
<td>Life Talks - Creating Conversations, Connections &amp; Traditions</td>
<td>10:30–12</td>
<td>Peggy Jennings-Severe</td>
<td>Nov 13–Dec 04</td>
<td>The Social Chico: Bradley 1</td>
</tr>
<tr>
<td>Curious Logic of Slavery</td>
<td>10:30–12</td>
<td>Robin Dizard</td>
<td>Sep 04–Nov 6</td>
<td>The Social Chico: Bradley 1</td>
</tr>
<tr>
<td>Easy Peasy Fall Decoration</td>
<td>12:30–2:30</td>
<td>Judi Holohan</td>
<td>Sep 04</td>
<td>The Social Chico: Bradley 1</td>
</tr>
<tr>
<td>Recycling - Lunch’n Learn with Waste Zero Specialist</td>
<td>1–2</td>
<td>Becky Holden</td>
<td>Oct 30</td>
<td>The Social Chico: Gordon 1</td>
</tr>
<tr>
<td>Transferring Wealth to Your Heirs</td>
<td>2–3</td>
<td>Cheryl Tyree</td>
<td>Nov 13–Dec 4</td>
<td>The Social Chico: Gordon 1</td>
</tr>
<tr>
<td>Photography: Taking Better Digital Pictures</td>
<td>1–2:30</td>
<td>Dick Emmons</td>
<td>Sep 04–Oct 23</td>
<td>CARD Center</td>
</tr>
<tr>
<td>Writing Your Memoir</td>
<td>1–2:30</td>
<td>David Swanson</td>
<td>Sep 11–Oct 23</td>
<td>The Social Chico: Bradley 1</td>
</tr>
<tr>
<td>Native American Women’s Voices</td>
<td>1–2:30</td>
<td>Sandra Flake</td>
<td>Oct 02–Oct 30</td>
<td>The Social Chico: Bradley 2</td>
</tr>
<tr>
<td>Documentaries of Rich Hall</td>
<td>1–3</td>
<td>Walter Coffey</td>
<td>Sep 04–Oct 23</td>
<td>The Social Chico: Gordon 1</td>
</tr>
<tr>
<td>Shakespeare - Video Lectures &amp; Plays</td>
<td>1–3</td>
<td>Bill Augros</td>
<td>Sep 04–Dec 11</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Writer’s Workshop</td>
<td>1–3:30</td>
<td>Velda Stubbings</td>
<td>Sep 04–Dec 11</td>
<td>Lakeside Pavilion</td>
</tr>
<tr>
<td>Writing Short Plays</td>
<td>1–3:30</td>
<td>Pamela Loyd</td>
<td>Sep 04–Dec 11</td>
<td>Private Residence</td>
</tr>
<tr>
<td>Cribbage: Learn AND Play</td>
<td>1:30–3:30</td>
<td>Susan Levine</td>
<td>Sep 04–Dec 04</td>
<td>Windchime of Chico</td>
</tr>
<tr>
<td>Wine Tasting at LaRocca Vineyards Tasting Room</td>
<td>2–4</td>
<td>Phaedra LaRocca</td>
<td>Nov 20</td>
<td>LaRocca Vineyards Tasting Room</td>
</tr>
<tr>
<td>Ancient Tai Chi and its Applications: Section 1</td>
<td>3–4</td>
<td>Matt Cavender</td>
<td>Sep 11</td>
<td>The Lodge at The Terraces</td>
</tr>
<tr>
<td>Ancient Tai Chi and its Applications: Section 2</td>
<td>3–4</td>
<td>Matt Cavender</td>
<td>Nov 06</td>
<td>The Lodge at The Terraces</td>
</tr>
<tr>
<td>Local Author &amp; Artist Lecture Series</td>
<td>√ 3–4:30</td>
<td>Gayle Womack</td>
<td>Sep 04–Dec 11</td>
<td>The Social Chico: Bradley 2</td>
</tr>
<tr>
<td>Mindful Movements Workshop: Section 1</td>
<td>3:30–4:30</td>
<td>Matt Cavender</td>
<td>Sep 25</td>
<td>The Lodge at The Terraces</td>
</tr>
<tr>
<td>Mindful Movements Workshop: Section 2</td>
<td>3:30–4:30</td>
<td>Matt Cavender</td>
<td>Nov 20</td>
<td>The Lodge at The Terraces</td>
</tr>
<tr>
<td>Adopt a School</td>
<td>4–5</td>
<td>Bill Augros</td>
<td>Sep 04</td>
<td>Faith Lutheran Church</td>
</tr>
</tbody>
</table>
### WEDNESDAY CLASSES

<table>
<thead>
<tr>
<th>Class</th>
<th>Instructor</th>
<th>Time</th>
<th>Start Date/End Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>A Night at the Chico Community Observatory (CCO): Section 1</td>
<td>Mike Davis</td>
<td>6:30–9</td>
<td>Oct 02</td>
<td>Chico Community Observatory</td>
</tr>
</tbody>
</table>

### THURSDAY CLASSES

<table>
<thead>
<tr>
<th>Class</th>
<th>Instructor</th>
<th>Time</th>
<th>Start Date/End Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women &amp; Money: Changing the Conversation</td>
<td>Miste Cladakis</td>
<td>9–10</td>
<td>Sep 12–Sep 26</td>
<td>The Social Chico: Bradley 1</td>
</tr>
<tr>
<td>Birding in the Chico Area</td>
<td>Joyce Bond</td>
<td>9–11</td>
<td>Sep 05–Dec 05</td>
<td>Various</td>
</tr>
<tr>
<td>Acrylic Painting for Beginners and Beyond: Section 1</td>
<td>Christine Mac Shane</td>
<td>9:30–11:30</td>
<td>Sep 05–Sep 26</td>
<td>Christine Mac Shane’s Studio</td>
</tr>
<tr>
<td>Acrylic Painting for Beginners and Beyond: Section 2</td>
<td>Christine Mac Shane</td>
<td>9:30–11:30</td>
<td>Oct 03–Oct 24</td>
<td>Christine Mac Shane’s Studio</td>
</tr>
<tr>
<td>Acrylic Painting for Beginners and Beyond: Section 3</td>
<td>Christine Mac Shane</td>
<td>9:30–11:30</td>
<td>Oct 31–Nov 21</td>
<td>Christine Mac Shane’s Studio</td>
</tr>
<tr>
<td>Wizard of Oz as a Spiritual Adventure: Part 2</td>
<td>Rosie Potestio</td>
<td>10:30–12</td>
<td>Sep 05–Oct 10</td>
<td>The Social Chico: Bradley 1</td>
</tr>
<tr>
<td>OLLI Book Group</td>
<td>Marian Milling</td>
<td>10:30–12</td>
<td>Sep 05–Dec 05</td>
<td>The Social Chico: Bradley 2</td>
</tr>
<tr>
<td>Groundwater Characterization and Remediation</td>
<td>Rick Weissborn</td>
<td>10:30–12</td>
<td>Sep 05–Dec 12</td>
<td>The Social Chico: Gordon 2</td>
</tr>
<tr>
<td>Jug Band Music</td>
<td>Rebecca Herring Reiner</td>
<td>10:30–12</td>
<td>Sep 05–Dec 12</td>
<td>The Social Chico: Gordon 1</td>
</tr>
<tr>
<td>TED Talks</td>
<td>Gayle Womack</td>
<td>10:30–12</td>
<td>Sep 12–Dec 12</td>
<td>The Social Chico: Bradley 2</td>
</tr>
<tr>
<td>Investigating a President</td>
<td>Bill Augros</td>
<td>1–2:30</td>
<td>Sep 05–Oct 10</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Photography: Beyond Auto Mode</td>
<td>Dick Emmons</td>
<td>1–2:30</td>
<td>Sep 05–Oct 24</td>
<td>Aymer J. Hamilton #124</td>
</tr>
<tr>
<td>Gypsy Dance</td>
<td>Pamela Loyd</td>
<td>1–2:30</td>
<td>Sep 05–Oct 31</td>
<td>The Lodge at The Terraces</td>
</tr>
<tr>
<td>Great Decisions</td>
<td>William Tefteller</td>
<td>1–2:30</td>
<td>Sep 05–Dec 12</td>
<td>The Social Chico: Bradley 2</td>
</tr>
<tr>
<td>Leader to Elder</td>
<td>Janet Rechtman</td>
<td>1–2:30</td>
<td>Sep 05–Dec 12</td>
<td>The Social Chico: Gordon 2</td>
</tr>
<tr>
<td>Storytelling and the Oral Tradition</td>
<td>Sydney Wilde</td>
<td>1–2:30</td>
<td>Sep 05–Dec 12</td>
<td>The Social Chico: Gordon 1</td>
</tr>
<tr>
<td>Ballroom Dance: Beginning</td>
<td>Gloria Hylton</td>
<td>1–3</td>
<td>Sep 05–Nov 14</td>
<td>Lakeside Pavilion</td>
</tr>
<tr>
<td>Contemporary World Cinema</td>
<td>Peter Hogue</td>
<td>1–4</td>
<td>Sep 05–Dec 12</td>
<td>The Social Chico: Bradley 1</td>
</tr>
<tr>
<td>Feed The Homeless</td>
<td>Bill Augros</td>
<td>2:30–3:30</td>
<td>Sep 05</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Spanish Study in Cuernavaca, Mexico: Section 1</td>
<td>Memo Keswick</td>
<td>3:30–5</td>
<td>Sep 19</td>
<td>The Social Chico: Gordon 1</td>
</tr>
<tr>
<td>Spanish Study in Cuernavaca, Mexico: Section 2</td>
<td>Memo Keswick</td>
<td>3:30–5</td>
<td>Nov 07</td>
<td>The Social Chico: Gordon 1</td>
</tr>
<tr>
<td>Climate Change: Butte County Issues</td>
<td>Marvey Mueller</td>
<td>7–8:30</td>
<td>Sep 19–Dec 05</td>
<td>Gateway Science Museum</td>
</tr>
</tbody>
</table>

### FRIDAY CLASSES

<table>
<thead>
<tr>
<th>Class</th>
<th>Instructor</th>
<th>Time</th>
<th>Start Date/End Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>OLLI Hikers: Brokeoff Mountain for Women</td>
<td>Lorraine Smith</td>
<td>7–5</td>
<td>Sep 20</td>
<td>Various</td>
</tr>
<tr>
<td>OLLI Hikers: Deer Creek for Men and Women</td>
<td>Pamela Waldsmith</td>
<td>8:30–4</td>
<td>Oct 18</td>
<td>Various</td>
</tr>
<tr>
<td>OLLI Hikers: Yahi Part 2 for Men and Women</td>
<td>Pamela Waldsmith</td>
<td>9–3</td>
<td>Nov 08</td>
<td>Various</td>
</tr>
<tr>
<td>OLLI Hikers: Big Bald Rock Dome for Men and Women</td>
<td>Lorna Cunkle</td>
<td>9–4</td>
<td>Oct 25</td>
<td>Various</td>
</tr>
<tr>
<td>OLLI Hikers: Red Bluff Recreation Area for Men and Women</td>
<td>Lorna Cunkle</td>
<td>9–4</td>
<td>Nov 15</td>
<td>Various</td>
</tr>
<tr>
<td>Poetry for Pleasure</td>
<td>Jim Kirks</td>
<td>9–10:30</td>
<td>Sep 06–Dec 06</td>
<td>Aymer J. Hamilton #124</td>
</tr>
<tr>
<td>Watercolor Made Simple: Section 1</td>
<td>Christine MacShane</td>
<td>9:30–11:30</td>
<td>Sep 06–Sep 27</td>
<td>Christine Mac Shane’s Studio</td>
</tr>
<tr>
<td>Watercolor Made Simple: Section 2</td>
<td>Christine MacShane</td>
<td>9:30–11:30</td>
<td>Oct 04–Oct 25</td>
<td>Christine Mac Shane’s Studio</td>
</tr>
<tr>
<td>Watercolor Made Simple: Section 3</td>
<td>Christine MacShane</td>
<td>9:30–11:30</td>
<td>Nov 01–Nov 22</td>
<td>Christine Mac Shane’s Studio</td>
</tr>
<tr>
<td>Let’s Walk</td>
<td>Deb Stouthernup</td>
<td>10–11</td>
<td>Sep 06–Dec 13</td>
<td>Bidwell Park</td>
</tr>
<tr>
<td>Age Well, Drive Smart: Keys to Driving Safer and Driving Longer</td>
<td>Suzie Lawry-Hall</td>
<td>10–11:30</td>
<td>Sep 20</td>
<td>Enloe Conference Center</td>
</tr>
<tr>
<td>OLLI Hikers: Gray Lodge for Women</td>
<td>Lorraine Smith</td>
<td>10–4</td>
<td>Dec 06</td>
<td>Various</td>
</tr>
</tbody>
</table>
## FRIDAY CLASSES

<table>
<thead>
<tr>
<th>Class Title</th>
<th>Instructor</th>
<th>Time</th>
<th>Dates</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>India and China: Historical Overviews</td>
<td>Walter Coffey</td>
<td>10:30–12</td>
<td>Sep 06–Dec 13</td>
<td>The Social Chico: Gordon 1</td>
</tr>
<tr>
<td>World Dance Singing</td>
<td>Memo Keswick</td>
<td>1–2:15</td>
<td>Sep 06–Nov 22</td>
<td>Private Residence</td>
</tr>
<tr>
<td>More About Roses</td>
<td>Jan Burnham</td>
<td>1–2:30</td>
<td>Sep 06–Dec 06</td>
<td>The Social Chico: Bradley 1</td>
</tr>
<tr>
<td>Arts &amp; Eats</td>
<td>Maureen Fredrickson</td>
<td>1–3</td>
<td>Sep 06–Dec 13</td>
<td>Various</td>
</tr>
<tr>
<td>Music and Musicians</td>
<td>Walter Coffey</td>
<td>1–3</td>
<td>Sep 06–Dec 13</td>
<td>The Social Chico: Gordon 1</td>
</tr>
<tr>
<td>Artisan Bread Making – Beginning: Chico: Section 1</td>
<td>Doreen Fogle</td>
<td>1–3:30</td>
<td>Oct 04</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Artisan Bread Making – Beginning: Chico: Section 2</td>
<td>Doreen Fogle</td>
<td>1–3:30</td>
<td>Oct 11</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Artisan Bread Making – Advanced: Chico: Section 1</td>
<td>Cathryn Hudin</td>
<td>1–3:30</td>
<td>Nov 08</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Artisan Bread Making – Advanced: Chico: Section 2</td>
<td>Cathryn Hudin</td>
<td>1–3:30</td>
<td>Nov 15</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Make Dairy-Free Cheese the Easy Way: Section 1</td>
<td>Trudi Meier</td>
<td>1–4</td>
<td>Sep 27</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Make Dairy-Free Cheese the Easy Way: Section 2</td>
<td>Trudi Meier</td>
<td>1–4</td>
<td>Oct 25</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>World Dance</td>
<td>Memo Keswick</td>
<td>3–4</td>
<td>Sep 06–Nov 22</td>
<td>The Lodge at The Terraces</td>
</tr>
<tr>
<td>Charlie Chaplin Movies</td>
<td>Bill Augros</td>
<td>6–9</td>
<td>Sep 06–Jan 03</td>
<td>Faith Lutheran Church</td>
</tr>
</tbody>
</table>

## SATURDAY & SUNDAY CLASSES

<table>
<thead>
<tr>
<th>Class Title</th>
<th>Instructor</th>
<th>Time</th>
<th>Dates</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Music for the Soul: A Gospel Workshop</td>
<td>Robert Morton</td>
<td>12–1:30</td>
<td>Sep 21</td>
<td>Bethel AME Church</td>
</tr>
<tr>
<td>Let’s Play Board &amp; Card Games</td>
<td>Bill Augros</td>
<td>1–4</td>
<td>Sep 14–Jan 11</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Let’s Make Juice, Jelly, &amp; Jam…Without Sugar</td>
<td>Bill Augros</td>
<td>1–4</td>
<td>Sep 28</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Poetry at the Glen</td>
<td>Jim Kirks</td>
<td>2–3:30</td>
<td>Sep 07–Dec 14</td>
<td>Sycamore Glen</td>
</tr>
<tr>
<td>Movies at the Pageant Theatre</td>
<td>Bill Augros</td>
<td>1–5</td>
<td>Sep 01–Jan 05</td>
<td>Pageant Theatre</td>
</tr>
</tbody>
</table>

## CLASS LOCATIONS

Maps & directions to most class locations can be found on the OLLI website. Meet up locations and/or directions for many field trips, private residences, and “various” locations will be sent to participants prior to the class dates.

- Aymer J. Hamilton Bldg #124...........................................CSU, Chico Campus
- Bethel AME Church ......................................................821 Linden St., Chico
- Bidwell Bridge Studio ................................................................965 Salem St., Chico
- Bidwell Park.............................................................................See Class Detail on Website
- CARD Center ............................................................................545 Vallombrosa Ave., Chico
- Chico Community Observatory ...........................................1 Observatory Way, Chico
- Christine Mac Shane’s Studio ...........................................561 E. Lindo Ave, Chico
- Enloe Conference Center ..................................................1528 Esplanade, Chico
- Faith Lutheran Church ....................................................667 E. 1st Avenue, Chico
- Gateway Science Museum ...................................................625 Esplanade, Chico
- Haley’s Martial Arts Center .............................................260 Cohasset Rd #150, Chico
- The Lodge at The Terraces................................................2750 Sierra Sunrise Terrace, Chico
- The Social Chico .....................................................................1400 W. 3rd Street, Chico
- LaRocca Vineyards Tasting Room ........................................222 W 2nd St, Chico
- Lakeside Pavilion ..................................................................2565 California Park Dr, Chico
- Northwood Commons Clubhouse ............................................Northwood Commons Pl, Chico
- Pageant Theatre ......................................................................351 E. 6th Street, Chico
- Patrick Ranch .........................................................................10381 Midway, Chico, CA
- Sycamore Glen, Key Room ...................................................1199 Diablo Ave, Chico
- The Social Chico .....................................................................1400 W. 3rd Street, Chico
- Unitarian Church ....................................................................1289 Filbert Ave, Chico
- Windchime of Chico ..................................................................855 Bruce Road, Chico

FIND COMPLETE SCHEDULE INFORMATION, INCLUDING CLASS DESCRIPTIONS, ONLINE AT OLLI.CSUUCHICO.EDU

Osher Lifelong Learning Institute • 400 W. First Street • Chico, CA 95929-0792 • 530.898.6679
**Name:** ___________________________________________________________ **OLLI ID#** __________________________

### FALL ’19 CLASS REQUEST

**CLASSES HAVE DIFFERENT START DATES THROUGHOUT THE SEMESTER. PLEASE CONSULT THE CLASS SCHEDULE.**

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#### Monday Classes

- √ Aging Bodies: An Owner’s Manual
- √ Armchair Travel Sketching: Advanced
- √ Behavioral Finance . . . Investing
- Climate Change: How We Know…
- Computer Backups
- Computers: Fundamentals
- Cracker Barrel

<table>
<thead>
<tr>
<th>Class</th>
<th>Registration</th>
</tr>
</thead>
<tbody>
<tr>
<td>CSU, Chico Faculty Lecture Series</td>
<td>Duplicate Bridge</td>
</tr>
<tr>
<td>Exploring Butte County History</td>
<td>French 1: Language Adventures</td>
</tr>
<tr>
<td>French 2: Nailing It</td>
<td>French 3: Conversation</td>
</tr>
<tr>
<td>History Through Mystery: 1st Mon</td>
<td>History Through Mystery: 2nd Mon</td>
</tr>
<tr>
<td>History Through Mystery: 3rd Mon</td>
<td>History Through Mystery: 4th Mon</td>
</tr>
<tr>
<td>Knitting Boot Camp: Section 1</td>
<td>Knitting Boot Camp: Section 2</td>
</tr>
<tr>
<td>Meditation and Contemplation</td>
<td>Sing Gospel Music</td>
</tr>
<tr>
<td>Skeptic’s Guide to the Universe</td>
<td>Smart Phone 101: iPhone / iPad</td>
</tr>
<tr>
<td>Technology Security</td>
<td>Where and How did it Begin?</td>
</tr>
<tr>
<td>Zen Buddhism and the Arts</td>
<td></td>
</tr>
</tbody>
</table>

#### Tuesday Classes

- A Night at the Observatory: Sect 2
- Aviation History
- √ Current Issues / Media Coverage
- Exploring the Adult World of Coloring
- Fall Garden: Tools and Tips!
- Fundamentals of Acting Workshop

<table>
<thead>
<tr>
<th>Class</th>
<th>Registration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gift of the Arts</td>
<td>OLLI 2.0: Becoming a Peer Leader</td>
</tr>
<tr>
<td>Hail to the Celts!</td>
<td>Philosophy of Life</td>
</tr>
<tr>
<td>Healthier You! A Lecture Series</td>
<td>Reading Homer in Greek</td>
</tr>
<tr>
<td>Home Curing Olives</td>
<td>Reading Poetry for Insight</td>
</tr>
<tr>
<td>How I “Grow” My Paintings</td>
<td>Shakespeare: Slow-reading Hamlet</td>
</tr>
<tr>
<td>Let’s Knit</td>
<td>Smart Phone 101: Android</td>
</tr>
<tr>
<td>Tai Chi</td>
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<tr>
<td>Philosophy of Life</td>
<td></td>
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<tr>
<td>Reading Homer in Greek</td>
<td></td>
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<tr>
<td>Reading Poetry for Insight</td>
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</tr>
<tr>
<td>Shakespeare: Slow-reading Hamlet</td>
<td></td>
</tr>
<tr>
<td>Smart Phone 101: Android</td>
<td></td>
</tr>
</tbody>
</table>

#### Wednesday Classes

- A Night at the Observatory: Sect 1
- Adopt a School
- Ancient Tai Chi: Sect 1
- Ancient Tai Chi: Sect 2
- Barbarian Empires of the Steppes
- Cribbage: Learn AND Play
- Curious Logic of Slavery
- √ Documentaries of Rich Hall

<table>
<thead>
<tr>
<th>Class</th>
<th>Registration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dog Obedience: Basics</td>
<td>Mindful Movements: Sect 1</td>
</tr>
<tr>
<td>Easy Peasy Fall Decoration</td>
<td>Mindful Movements: Sect 2</td>
</tr>
<tr>
<td>French for Travelers</td>
<td>Native American Women’s Voices</td>
</tr>
<tr>
<td>Guitar: Beginning – Level Two</td>
<td>Photography: Better Digital Pictures</td>
</tr>
<tr>
<td>Intermediate Spanish Conversation</td>
<td>Playing Shakespeare</td>
</tr>
<tr>
<td>Life Talks</td>
<td>Recycling - Lunch’n Learn</td>
</tr>
<tr>
<td>Local Author &amp; Artist Lecture Series</td>
<td>Shakespeare - Video Lectures &amp; Plays</td>
</tr>
<tr>
<td>Transferring Wealth to Your Heirs</td>
<td></td>
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<tr>
<td>Wine Tasting at LaRocca</td>
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<tr>
<td>Wisdom through Meditation</td>
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<tr>
<td>Writer’s Workshop</td>
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<tr>
<td>Writing Short Plays</td>
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<tr>
<td>Writing Your Memoir</td>
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<tr>
<td>Tai Chi</td>
<td></td>
</tr>
<tr>
<td>Current Issues / Media Coverage</td>
<td></td>
</tr>
<tr>
<td>Exploring the Adult World of Coloring</td>
<td></td>
</tr>
<tr>
<td>Fall Garden: Tools and Tips!</td>
<td></td>
</tr>
<tr>
<td>Fundamentals of Acting Workshop</td>
<td></td>
</tr>
</tbody>
</table>

#### Thursday Classes

- Acrylic Painting: Sect 1
- Acrylic Painting: Sect 2
- Acrylic Painting: Sect 3
- Ballroom Dance: Beginning
- Birding in the Chico Area
- Climate Change: Butte County Issues

<table>
<thead>
<tr>
<th>Class</th>
<th>Registration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contemporary World Cinema</td>
<td>Investigating a President</td>
</tr>
<tr>
<td>Disciples, Apostles, and Leaders</td>
<td>Spanish Study in Cuernavaca: Sect 2</td>
</tr>
<tr>
<td>Feed The Homeless</td>
<td>Jug Band Music</td>
</tr>
<tr>
<td>Great Decisions</td>
<td>Leader to Elder</td>
</tr>
<tr>
<td>Groundwater Characterization</td>
<td>OLLI Book Group</td>
</tr>
<tr>
<td>Gypsy Dance</td>
<td>Photography: Beyond Auto Mode</td>
</tr>
<tr>
<td>Mindful Movements: Sect 1</td>
<td>Spanish Study in Cuernavaca: Sect 1</td>
</tr>
<tr>
<td>Mindful Movements: Sect 2</td>
<td>Ted Talks</td>
</tr>
<tr>
<td>Native American Women’s Voices</td>
<td>Wizard of Oz: Part 2</td>
</tr>
<tr>
<td>Photography: Better Digital Pictures</td>
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</tr>
<tr>
<td>Playing Shakespeare</td>
<td>Women &amp; Money</td>
</tr>
<tr>
<td>Recycling - Lunch’n Learn</td>
<td></td>
</tr>
<tr>
<td>Shakespeare - Video Lectures &amp; Plays</td>
<td></td>
</tr>
<tr>
<td>Transferring Wealth to Your Heirs</td>
<td></td>
</tr>
</tbody>
</table>

#### Friday Classes

- Age Well, Drive Smart
- Artisan Bread Making — Adv: Sect 1
- Artisan Bread Making — Adv: Sect 2
- Artisan Bread Making — Beg: Sect 1
- Artisan Bread Making — Beg: Sect 2
- Arts & Eats
- Cancer: Exploring YOUR Path

<table>
<thead>
<tr>
<th>Class</th>
<th>Registration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Charlie Chaplin Movies</td>
<td>OLLI Hikers: Big Bald Rock Dome</td>
</tr>
<tr>
<td>India and China</td>
<td>OLLI Hikers: Brokeoff Mountain</td>
</tr>
<tr>
<td>Let’s Walk</td>
<td>OLLI Hikers: Deer Creek</td>
</tr>
<tr>
<td>Make Dairy-Free Cheese: Sect 1</td>
<td>OLLI Hikers: Gray Lodge</td>
</tr>
<tr>
<td>Make Dairy-Free Cheese: Sect 2</td>
<td>OLLI Hikers: Red Bluff Rec Area</td>
</tr>
<tr>
<td>More About Roses</td>
<td>OLLI Hikers: Yahi Part 2</td>
</tr>
<tr>
<td>Music and Musicians</td>
<td>Poetry for Pleasure</td>
</tr>
<tr>
<td>Watercolor Made Simple: Sect 1</td>
<td></td>
</tr>
<tr>
<td>World Dance</td>
<td></td>
</tr>
<tr>
<td>Watercolor Made Simple: Sect 2</td>
<td></td>
</tr>
<tr>
<td>World Dance Singing</td>
<td></td>
</tr>
<tr>
<td>Watercolor Made Simple: Sect 3</td>
<td></td>
</tr>
<tr>
<td>World Dance Singing</td>
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</tbody>
</table>

#### Non-Restricted Class Selections:

- Charlie Chaplin Movies
- India and China
- Let’s Walk
- Make Dairy-Free Cheese: Sect 1
- Make Dairy-Free Cheese: Sect 2
- More About Roses
- Music and Musicians
- OLLI Hikers: Big Bald Rock Dome
- OLLI Hikers: Brokeoff Mountain
- OLLI Hikers: Deer Creek
- OLLI Hikers: Gray Lodge
- OLLI Hikers: Red Bluff Rec Area
- OLLI Hikers: Yahi Part 2
- Poetry for Pleasure

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### Class Registration

Opens Aug. 15 @ 9am

#### Class Selections:

Please write in your class selections below AND circle your choice at left.

**Top 5 Restricted Class Selections (with √):**

1. 
2. 
3. 
4. 
5. 

**Additional Restricted Class Selections:**

We will add these classes to your schedule if space is available after the restrictions are lifted.

---

### Saturday (S) & Sunday (U) Classes

- Let’s Make Juice, Jelly, & Jam (S)
- Let’s Play Board & Card Games (S)
- Thoughts Become Things (S)
- Music for the Soul: A Gospel Workshop (S)
- Poetry at the Glen (S)
- Movies at the Pageant Theatre (U)

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**Osher Lifelong Learning Institute**  •  **400 W. First Street**  •  **Chico, CA 95929-0792**  •  **530.898.6679**  •  **6/12/2019**
Osher Lifelong Learning Institute at CSU, Chico

FALL 2019 MEMBERSHIP FORM

Membership for those aged 50+ or retired is required to participate in OLLI classes, activities, and events. OLLI instructors, also called “Peer Leaders,” are also required to join. Joining OLLI at CSU, Chico supports its programs and enables you to enjoy our full range of offerings, make new friends, and socialize with people who share common interests.

Your Contact Information:  Please check the box(es) if the information is being updated since the last time you registered.

☐ Name ___________________________ Member ID # ___________________________

☐ Address ___________________________ ☐ City ___________________________ ☐ Zip ___________________________

☐ Email ___________________________ ☐ Home Phone # ___________________________

☐ Cell Phone # ___________________________ ☐ Emergency Contact Phone# ___________________________

☐ Emergency Contact’s Name & Relationship to You: ___________________________

OLLI shares information by email and on our website. If you do not have access to a computer or email account, please check here to receive the information by mail. [   ]

Available Chico Chapter Membership Options: Installments Now Available!

If you wish to pay your membership fee installments, make your selection next to the option you prefer and enter your credit card information below. As with membership fees paid in one sum, there are no refunds and no cancellations of your recurring billing installments until your membership is paid in full.

Fall ’19, Spring ’20 & Summer ’20 Bundle

☐ 2 Payments of $115 or
☐ 5 Payments of $46 or
☐ 10 Payments of $23 or
☐ Single Payment of $230

Fall ’19 & Spring ’20 Bundle

☐ 2 Payments of $107.50 or
☐ 5 Payments of $43 or
☐ 10 Payments of $21.50 or
☐ Single Payment of $215

Peer Leader Fall ’19 & Spring ’20 & Summer ’20 Bundle

☐ 2 Payments of $92.50 or
☐ 5 Payments of $37 or
☐ 10 Payments of $18.50 or
☐ Single Payment of $185

Informed Consent Agreement:

As a participant in the Osher Lifelong Learning Institute at CSU, Chico, I understand that risk of accident and injuries can arise out of participation in program activities and agree to release from liability and hold harmless the CSU, Chico Research Foundation, its programs, the Trustees of the California State University, and their officers and employees, from claims against them arising from injuries or property damage which might occur in connection with this activity. I certify that I am in good health and have the capacity to participate in programs of this nature. I give permission to be medically treated for illness or injury occurring during participation in the above activity, and certify that I am covered by medical insurance and/or willing to bear financial responsibility for any costs incurred in medical treatment. I also give permission for photos taken during OLLI classes or activities to be published.

Signature (Required): ___________________________ Date: ___________________________

Membership Payment:

☐ Check(s) enclosed, payable to “Chico State Enterprises.” ☐ Charge My Credit Card $_________________________

VISA/MC Card # ___________________________

Exp. ___________________________ 3-Digit Card Security Code: ___________________________

Refund Policy: No refunds will be given but any unused membership fees will help to support our programs. Thank you.

Mail Form & Payment To: OLLI at CSU, Chico ● 400 W. 1st St ● Chico, CA 95929-0792 ● 530.898.6679
A Night at the Chico Community Observatory (CCO): Section 1

Peer Leader(s): Mike Davis  
Wednesday(s), Oct 02 ● 6:30 PM—9 PM  
Location: Chico Community Observatory

If you didn’t know about, or you just haven’t gotten out there, now is your chance for a private OLLI night of stargazing at the Chico Community Observatory. With their two large telescopes, the observatory staff will show you what’s up in the heavens, and explain the details of these deep space wonders, followed by a constellation tour of the night sky. If the weather does not cooperate on the planned evening of the field trip, then we will reschedule.

A Night at the Chico Community Observatory (CCO): Section 2

Peer Leader(s): Mike Davis  
Tuesday(s), Nov 19 ● 6:30 PM—9 PM  
Location: Chico Community Observatory

If you didn’t know about, or you just haven’t gotten out there, now is your chance for a private OLLI night of stargazing at the Chico Community Observatory. With their two large telescopes, the observatory staff will show you what’s up in the heavens, and explain the details of these deep space wonders, followed by a constellation tour of the night sky. If the weather does not cooperate on the planned evening of the field trip, then we will reschedule.

Acrylic Painting for Beginners and Beyond: Section 1 (√ $)

Peer Leader(s): Christine Mac Shane  
Thursday(s), Sep 05–Sep 26 ● 9:30 AM—11:30 AM  
Location: Christine Mac Shane’s Studio

This is a class designed to introduce the basics of acrylic painting as we paint an acrylic painting. The subjects will be simple and focus on color mixing, brush work, and design. Recommended for beginners and as a refresher. Special Note(s): $12 per class for materials fee.

Acrylic Painting for Beginners and Beyond: Section 2 (√ $)

Peer Leader(s): Christine Mac Shane  
Thursday(s), Oct 03–Oct 24 ● 9:30 AM—11:30 AM  
Location: Christine Mac Shane’s Studio

This is a class designed to introduce the basics of acrylic painting as we paint an acrylic painting. The subjects will be simple and focus on color mixing, brush work, and design. Recommended for beginners and as a refresher. Special Note(s): $12 per class for materials fee.

Adopt a School

Peer Leader(s): Bill Augros  
Wednesday(s), Sep 04 ● 4 PM—5 PM  
Location: Faith Lutheran Church

“It takes a village to raise a child!” We are a caring people in this community and can show our caring by adapting a school child who needs assistance with their education. Chico has a very good Reading Pals program and you can help! Visit their website at www.readingpalschico.org. We won’t be judgmental of the children’s learning difficulties or background. We will show our love through our actions. The “Adopt a School” class can lets us all help in the education of OUR children. You will be able to donate as much or little time as you desire.

Age Well, Drive Smart: Keys to Driving Safer and Driving Longer

Peer Leader(s): Suzie Lawry-Hall  
Friday(s), Sep 20 ● 10 AM—11:30 AM  
Location: Enloe Conference Center

Age Well, Drive Smart is designed to help senior drivers tune up their driving skills, refresh their knowledge of the rules of the road, learn about age-related physical changes, and how to adjust to these changes. California Highway Patrol will also discuss when it might be time to limit or stop driving and help individuals understand alternatives. Participants will receive a certificate of completion from the California Highway Patrol. Certificates may make participants eligible for reduced rates on their car insurance. Special Note(s): The class will be taught by Midge Vander Velden, a retired Chico State professor. Midge is one of seven volunteers for CHP. She works with a great group of people. With the help of a CHP officer, Midge now teaches Age Well, Drive Smart as one of her many jobs.

Aging Bodies: An Owner’s Manual (√)

Peer Leader(s): Susan Levine  
Monday(s), Oct 07–Oct 28 ● 1:30 PM—3 PM  
Location: The Social Chico: Gordon 1

You are given only one body to last you for life. As you work your way through your mature years toward your expiration date, we have experts to advise you on getting the best out of your vintage model in the years ahead. This class will be a series of lecturing experts on various subjects related to our aging bodies.
Ancient Tai Chi and its Applications: Section 1

Peer Leader(s): Matt Cavender
Wednesday(s), Sep 11 ● 3 PM–4 PM
Location: The Lodge at The Terraces

The practice of Tai Chi consists of simple circular movements that are designed to promote better health and well-being dating back more than 5,000 years. These simple movements, used as self-defense, can provide effective protection in a confrontation situation. Please join me for this workshop as we explore the many aspects of these ancient movements.

Ancient Tai Chi and its Applications: Section 2

Peer Leader(s): Matt Cavender
Wednesday(s), Nov 06 ● 3 PM–4 PM
Location: The Lodge at The Terraces

The practice of Tai Chi consists of simple circular movements that are designed to promote better health and well-being dating back more than 5,000 years. These simple movements, used as self-defense, can provide effective protection in a confrontation situation. Please join me for this workshop as we explore the many aspects of these ancient movements.

Armchair Travel Sketching: Advanced

Peer Leader(s): Marvey Mueller
Monday(s), Oct 07—Nov 04 ● 3 PM–4:30 PM
Location: The Social Chico: Bradley 1

Take a pretend vacation every week as you learn to sketch the beauty of far-away places. In this five-session course you will spend each week getting intimate with a different scenic view through pen and ink. In each class you will learn how to build a sketch, from basic shapes to dramatic details. Don’t worry if you’ve never sketched before, the journey is in the learning and the looking through a sketcher’s eyes. Your sketchbook is only for you and your imagination. It’s all you have to pack for this trip.

Artisan Bread Making ~ Advanced: Chico: Section 1 ($)

Peer Leader(s): Cathryn Hudin; Doreen Fogle;
Friday(s), Nov 08 ● 1 PM–3:30 PM
Location: Faith Lutheran Church

Building on the techniques learned in the beginning-level class, you’ll learn to transform the basic dough into more beautiful, specialty seasonal breads.
Prerequisite: Artisan Bread Making ~ Beginning Special Note(s): A small donation is requested to help defray material costs.

Artisan Bread Making ~ Advanced: Chico: Section 2 ($)

Peer Leader(s): Cathryn Hudin; Doreen Fogle;
Friday(s), Nov 15 ● 1 PM–3:30 PM
Location: Faith Lutheran Church

Building on the techniques learned in the beginning-level class, you’ll learn to transform the basic dough into more beautiful, specialty seasonal breads.
Prerequisite: Artisan Bread Making ~ Beginning Special Note(s): A small donation is requested to help defray material costs.

Artisan Bread Making ~ Beginning: Chico: Section 1

Peer Leader(s): Doreen Fogle; Cathryn Hudin;
Friday(s), Oct 04 ● 1 PM–3:30 PM
Location: Faith Lutheran Church

In this one-day class, participants will learn how to use four ingredients—flour, yeast, salt & water—to make many kinds of bread just like those lovely French baguettes. This class is based on the book “The New Artisan Bread in Five Minutes a Day” by Jeff Herzberg, M.D. & Zoe Francois. This class is a prerequisite to the advanced Artisan Bread Making classes.

Artisan Bread Making ~ Beginning: Chico: Section 2

Peer Leader(s): Doreen Fogle; Cathy Hudin;
Friday(s), Oct 11 ● 1 PM–3:30 PM
Location: Faith Lutheran Church

In this one-day class, participants will learn how to use four ingredients—flour, yeast, salt & water—to make many kinds of bread just like those lovely French baguettes. This class is based on the book “The New Artisan Bread in Five Minutes a Day” by Jeff Herzberg, M.D. & Zoe Francois. This class is a prerequisite to the advanced Artisan Bread Making classes.

Arts & Eats (√)

Peer Leader(s): Maureen Fredrickson
Friday(s), Sep 06–Dec 13 ● 1 PM–3 PM
Location: Various

We’ll visit museums, art galleries, and studios in the area and talk with curators and artists to learn more about the places and the work. Afterwards, we’ll go to coffee houses or restaurants for no-host treats and conversation with group members.

• Osher Lifelong Learning Institute at CSU, Chico • where learning never retires...
Aviation History: The Dark Clouds of War

Peer Leader(s): Gary Hendrickson  
**Tuesday(s)**, Sep 10–Oct 22  •  10:30 AM–12 PM  
**Location:** The Social Chico: Bradley 1

This course will describe the secret build-ups of the German air force and the Japanese navy prior to World War II, as well as American and British aviation developments of that period.

Ballroom Dance: Beginning

Peer Leader(s): Gloria Hylton  
**Thursday(s)**, Sep 05–Nov 14  •  1 PM–3 PM  
**Location:** Lakeside Pavilion

Dances taught this Fall 2019 will be Jitterbug Swing in September and Foxtrot in October. Class time will consist of 1:30–2:30 – class instruction. 2:30–3 – social dancing after class (dance mixers included). Couples and singles are welcome – no experience required. Enjoy photos from previous Proms and Halloween Dance Parties at chicogloria.blogspot.com and www.studiooneballroom.com. Special Note(s): Flexible shoes or dance shoes are required. No flip flops. No class on October 10th.

Barbarian Empires of the Steppes: Video Lectures

Peer Leader(s): Bill Augros  
**Wednesday(s)**, Sep 04–Dec 11  •  10:30 AM–12 PM  
**Location:** Faith Lutheran Church

This course will examine the relationship of the barbarians of the Eurasian steppes with the sedentary civilizations of Europe, the Middle East, India, and China. Using videos from the Great Courses (Teaching Company), we begin our study with a description of the 1258 sack of Baghdad by the Mongols under Hulagu, grandson of Genghis Khan. The Mongols ended the Abbasid Caliphate, a major shock to the Islamic world. Muslims still regard this event as a catastrophe and a turning point in their history. The incident sums up popular images and stereotypes about the fierce steppe nomads.

Behavioral Finance and the Psychology of Investing (✓)

Peer Leader(s): Steven Cliadakis  
**Monday(s)**, Sep 09–Sep 23  •  9 AM–10 AM  
**Location:** The Social Chico: Bradley 1

What is “Behavioral Finance” and how does it work? What is the psychology behind risk-taking and investing? What makes people feel the way they do when making financial decisions? We will highlight the theories of leading Behavioral Finance academics — Kahneman, Tversky, Thaler, and others — and discuss how they attempt to explain irrational investor behavior. The goal is to explore how we may develop a better understanding of our cognitive and emotional selves to help make better financial decisions.

Birding in the Chico Area (✓)

Peer Leader(s): Joyce Bond  
**Thursday(s)**, Sep 05–Dec 05  •  9 AM–11 AM  
**Location:** Various

Through observation and the use of binoculars and field guides, class participants have the opportunity to learn to identify birds in their natural habitat, using accepted birding etiquette. The first class (optional for experienced birders) will be held in a classroom to go over birding basics and answer any questions. The remainder of the classes will be field trips, and we will meet at various sites around Chico and the surrounding area. Transportation is not provided, but we will carpool to some of the farther destinations. Special Note(s): Class meets the 1st & 3rd Thursdays of each month. For the first class, we’ll meet in Bradley 1 at The Social (Craig Hall). After the classroom session, we will go on field trips to various locations. If there’s bad weather on one of the scheduled days, we’ll meet the following Thursday instead. I’ll email specific directions and information for each field trip the weekend before class meets.

Cancer: Exploring YOUR Path

Peer Leader(s): Terry Matthews  
**Friday(s)**, Sep 06–Dec 13  •  10:30 AM–12 PM  
**Location:** The Social Chico: Gordon 2

Are you fearful, frustrated, or overwhelmed? Do you not even know which questions to ask? This class will present easy to understand tips for coping with surgery, chemotherapy, and radiation, as well as with emotional issues such as hair loss, grieving, and family dynamics. The information is a gift for the newly-diagnosed man or woman and a valuable tool for family members and friends at any place on the journey. Each week will address a different topic so you can come for the presentations that fit your situation. Caregivers are especially encouraged to attend. Special Note(s): Terry Matthews is a long-term cancer survivor (ovarian and breast) and author. The class will discuss material from her book, “Cancer: Exploring YOUR Path.” Guest speakers with expertise in technical aspects of chemotherapy and radiation will present information and answer questions. Each class will stand alone, and a list of topics will be available as the class begins.

Charlie Chaplin Movies

Peer Leader(s): Bill Augros  
**Friday(s)**, Sep 06–Jan 03  •  6 PM–9 PM  
**Location:** Faith Lutheran Church

Join us in screening Charlie Chaplin’s full-length feature films from last to first, as well as his short films from first to last. In October, we start with Chaplin’s first short movie (b/w-silent) and a film about Chaplin himself. In November, we screen Chaplin’s second short and his last full-length feature in color and sound. In December, we watch another short and Chaplin’s last b/w sound movie. Finally, in January 2020, we’ll watch a movie about The Great Dictator and the movie itself. Special Note(s): Class meets the 1st Friday of each month: Sep 6, Oct 4, Nov 1, Dec 6.
Climate Change: Butte County Issues (√)

**Peer Leader(s):** Marvey Mueller  
**Thursday(s),** Sep 19–Dec 05 • 7 PM–8:30 PM  
**Location:** Gateway Science Museum

This speaker series is co-sponsored by the Butte County League of Women Voters and open to the public. A number of cities in California have joined cities around the world in declaring a climate emergency and initiated a mobilization plan to work toward a sustainable future. The October 2018 report of the UN Panel on Climate Change warns that there are only 12 years to avoid catastrophic breakdown. Learn what local actions are being taken in other cities in response to this emergency and what is possible for us here in Butte County.  

**Special Note(s):** This will be a series of presentations on current technologies and local plans already in effect with the goal to end city-wide greenhouse gas emissions. Local representatives will also speak on current discussions for action in Chico. Additional speakers will be joining these lead presenters on the panels for each night. Currently scheduled topics are:

- **September 19:** “Climate Change - We are living it” Ali Meders-Knight, Environmental teacher for the Mechoopda Maidu Tribe
- **October 17:** “Possibilities for Change in Chico” John Mitchell, Engineer and author of Climate mobilization plans for 9 U.S. cities
- **November 14:** “Where we are Now - Chico’s Sustainability Plan/Actions” Ann Schwab, Chico City Councilwoman
- **December 5:** “Regenerative Agriculture” Local farmers and ranchers practicing sustainable agriculture

Climate Change: How We Know It's Real & What It's Already Doing

**Peer Leader(s):** Gordon Gregory  
**Monday(s),** Dec 02–Dec 09 • 10:30 AM–12 PM  
**Location:** The Social Chico: Bradley 1

The class will cover the science, effects, and future of climate change, with an emphasis on wildfire risk. The first session will focus on how we know climate change is happening and will examine its current and future effects. We will also discuss how to reduce the risks from it. The second session will be a discussion about how warming temperatures drive wildfire, particularly in our region.

Computer Backup - Avoid the Nightmare

**Peer Leader(s):** Lon Halley  
**Monday(s),** Oct 14–Oct 21 • 1 PM–2:30 PM  
**Location:** Faith Lutheran Church

The Nightmare - lost forever, all of your family pictures, your life’s work, memoirs and years of research, recipes, records, and more. ALL gone. What happens when your computer “crashes,” burns during a fire, is stolen or lost? This course will explain how to protect your information and share alternative ways to back up your memories, creating archives, using different media, plus the pros and cons of local versus remote (“Cloud”) backup, and how to automate, schedule, and restore files.

Computers: Fundamentals for Beginners

**Peer Leader(s):** Lon Halley  
**Monday(s),** Sep 09–Nov 23 • 1 PM–2:30 PM  
**Location:** Faith Lutheran Church

A bewildering world of technology: computers, laptops, smart phones, tablets, mobile computing, the cloud, software, apps, social media. This course will teach skills for using technology, including: file and folder management; how to work and navigate Windows Desktop; how to perform computer tune-ups to keep your technology running efficiently and fix minor problems; “techno-babble” and terminology; managing privacy and security; removing viruses; how to protect documents and pictures; and different methods of “backing up.” Windows, Google, and Mac users welcome.

Contemporary World Cinema (√)

**Peer Leader(s):** Peter Hogue  
**Thursday(s),** Sep 05–Dec 09 • 1 PM–4 PM  
**Location:** The Social Chico: Bradley 1

Viewing and discussion of major contemporary films by great international directors, with particular emphasis on foreign-language films, including many which have not been shown in local theaters.

Cracker Barrel

**Peer Leader(s):** David Price  
**Monday(s),** Sep 09–Dec 09 • 10:30 AM–12:30 PM  
**Location:** The Social Chico: Gordon 1

A scintillating review of current themes in the media will be discussed each class. Class members present a topic, discuss that topic, then open the floor for discussion and debate. Poetry, literature, scientific discovery, and educational progress are examples of the issues dealt with. Special guests are always welcome to present.

Cribbage: Learn AND Play

**Peer Leader(s):** Susan Levine  
**Wednesday(s),** Sep 04–Dec 04 • 1:30 PM–3:30 PM  
**Location:** Windchime of Chico

Cribbage is a great card game for two people: fast, unpredictable and portable. Though the game has many rules, this class will take you step-by-step through all facets of the game. By the time you have finished this class, you will not only know the game well but you will also know how to teach the game to others. If you already know the game, come play with us. Been looking for someone to play with? Maybe you will find a new friend and opponent here!  

Special Note(s): No Class on October 9, the day of the General Meeting and November 27 for Thanksgiving Week.
CSU, Chico Faculty Lecture Series (✓)

Peer Leader(s): Ann Nikolai

Monday(s), Sep 09–Dec 09 • 1 PM–2:30 PM

Location: The Social Chico: Bradley 2

CSU, Chico’s tradition of academic excellence goes back more than 130 years. With 1,000 faculty members and 17,000 students, the University’s teaching and learning community is thriving. Join us in learning more about the CSU, Chico faculty and the subjects in which they are experts. Presentations on comparative religions, anthropology, theatre, nutrition and more will highlight OLLI’s fall curriculum each Monday for 14 weeks. Discover the imagination, cutting-edge research, and expertise that flourish in our own backyard!

Curious Logic of Slavery

Peer Leader(s): Robin Dizard

Wednesday(s), Sep 04–Nov 06 • 10:30 AM–12:30 PM

Location: The Social Chico: Bradley 1

The course asks what the legacy of slavery is and has meant in American culture. There are, of course, long-term effects in areas like politics, economics, and law. Likewise, there are powerful effects on our collective imagination, our ideas about who we are. Such ideas inform the ways we represent and talk about ourselves in literature and the arts in general. This course selects examples from literature and popular culture to see how slavery persists in America’s memory and imagination.

Current Issues with Emphasis on Media Coverage (✓)

Peer Leader(s): Robert Main

Tuesday(s), Sep 03–Dec 10 • 10:30 AM–12 PM

Location: The Social Chico: Bradley 2

Vigorous, civil discussion among participants is anticipated and welcomed in this class dedicated to current events and the media coverage thereof. The course focuses on political (national, state and local) issues with media presentations and discussions. Topics may be presented by use of video programs, PowerPoint presentations, or other media.

Disciples, Apostles, and Leaders: Women in the Early Jesus Movement

Peer Leader(s): Ginger Harwood

Thursday(s), Oct 17–Nov 21 • 10:30 AM–12 PM

Location: The Social Chico: Bradley 1

This course begins with a close study of Jesus’ relationship with and teachings about women, and then it traces the various roles women played in the early church community by looking at references to their work in Acts and the various epistles. Finally, we will look at church policy statements and archeological finds that provide evidence of women’s leadership in the first four centuries of Christianity. Special Note(s): The Bible will be the only required textbook. Lists for further exploration of the topic will be distributed in class.

Duplicate Bridge ($) 

Peer Leader(s): Sherri Faroky

Monday(s), Sep 09–Oct 14 • 10:15 AM–11:45 AM

Location: Bidwell Bridge Studio

Do you want to improve your skills at the game of bridge? Do you play social bridge and want to upgrade to duplicate bridge? Then this class is for you. We will review the four main elements of the game: bidding, card play, defense, and

Documentaries of Rich Hall (✓)

Peer Leader(s): Walter Coffey

Wednesday(s), Sep 04–Oct 23 • 1 PM–3 PM

Location: The Social Chico: Gordon 1

American expatriate Rich Hall started his comedy career writing for the David Letterman Show and became a regular on Saturday Night Live. For the last 20+ years he has been featured on British television where he has written and presented a series of sardonic documentaries about the movie industry, American culture, and music. The eight documentaries shown in this class feature Native Americans, Texans, southerners, the working class, and country music. Special Note(s): There’s a website for this class at ollivideos.blogspot.com.
duplicate scoring. Each session will have a lesson followed by play of hands. Knowledge of the basics of bridge is required. Special Note(s): A binder containing printout of lessons, quizzes and additional bridge information will be available for purchase at cost, estimated at $5.

**Easy Peasy Fall Decoration**

**Peer Leader(s):** Judi Holohan  
**Wednesday(s),** Sep 04 • 12:30 PM–2:30 PM  
**Location:** The Social Chico: Bradley 1

We will take a block of wood and turn it into a simple, yet cute-as-can-be fall/Halloween decoration. Join us! Special Note(s): Wooden blocks will be provided. Participants will need to bring orange acrylic paint, a paint brush, and fall-colored ribbon of choice.

**Exploring Butte County History (√)**

**Peer Leader(s):** April Pryor; Maureen Fredrickson;  
**Monday(s),** Sep 09–Dec 09 • 10:30 AM–12 PM  
**Location:** The Social Chico: Bradley 2

What forces shaped our modern Butte County? Let’s look at why and how our towns and industries grew. Through presentations by guest speakers we’ll learn about such topics as the original land grants, the growth of farming and ranching, the local effect of world wars and the effect of the college on Chico.

**Exploring the Adult World of Coloring**

**Peer Leader(s):** Patty Baroni; Sherry McGagin;  
**Tuesday(s),** Sep 03–Dec 10 • 1 PM–2:30 PM  
**Location:** The Social Chico: Bradley 1

This class will explore the artistic, creative world coloring—the rejuvenating, calming, therapeutic, meditative and enjoyable art of using colors to display or affect mood or mindset. Using colored pencils, pens and markers, you’ll color geometric designs, flora & fauna, line drawings of Old Masters, and mandalas. The class will explore the symbolic role of color with a limited explanation of the history and modern day developing techniques and honing intrinsic talent. Our goal for this class is to learn, experiment with color, and have fun. Special Note(s): Some coloring pieces will be provided, and/or you may bring your own. Please bring to class quality coloring pencils, 3 ring binder, pencil sharpener, colored pencil eraser, and plastic sleeves (8-1/2” x 11). We highly recommend the Staedtler 24 Ergosoft Colored Pencils, which can be found on Amazon.com. Great stand up case and price. Any questions please feel free to call or email Sherry McGagin.

**Fall Garden: Tools and Tips! (√)**

**Peer Leader(s):** Joyce Hill  
**Tuesday(s),** Sep 03–Sep 24 • 10:30 AM–12:30 PM  
**Location:** Patrick Ranch Demonstration Garden

You may be thinking that after the long hot summer, garden activity comes to a halt. Actually, fall is the best time of year to take care of maintenance in the garden and prepare for a successful harvest the next season. The course topics will include fall and winter planting, including vegetables and cover crops; integrated pest management; fruit tree pruning and planting; rain water catchment; and tools and tips for gardening for a lifetime! Join us at the UC Master Gardeners of Butte County’s Demonstration Garden at Patrick Ranch to learn more!

**Feed The Homeless**

**Peer Leader(s):** Bill Augros  
**Thursday(s),** Sep 05 • 2:30 PM–3:30 PM  
**Location:** Faith Lutheran Church

People living without homes in Butte County face many challenges. Come join a group to help them. The Jesus Center and Torres Shelter are two groups in town working with the homeless. You can sign up to help serve once a month—or just one time. Jesus Center serves breakfast on the 3rd Saturday of each month from 7:30–9am. Torres Shelter serves dinner on the 1st Tuesday of each month from 4:30–6pm.

**French 1: Language Adventures**

**Peer Leader(s):** Leanne Ulvang; Michèle Martens;  
**Monday(s),** Sep 09–Dec 09 • 1 PM–1:50 PM  
**Location:** The Social Chico: Gordon 2

Either start to learn French or brush up on your French from long ago. This class experiments with helping newcomers learn the grammar, usage, and vocabulary of basic French. Beginners must be willing to commit themselves to doing homework regularly and memorizing — otherwise the class won’t work. Returning students will find themselves exposed to different usage and structures that may expand their ability to communicate with others in French.

**French 2: Nailing It**

**Peer Leader(s):** Leanne Ulvang  
**Monday(s),** Sep 09–Dec 09 • 1:55 PM–2:45 PM  
**Location:** The Social Chico: Gordon 2

You know a fair amount of French, but you sometimes blank on a verb conjugation or wonder when to use which relative pronoun or a particular tense? You want to express your thoughts in French with more facility. Be prepared for classes that focus on grammar, usage, creating French sentences, and improving listening skills, plus reading French writings to hone our skills.
French 3: Conversation  
Peer Leader(s): Leanne Ulvang; Claude Geffray; Jane Ziad  
Monday(s), Sep 09–Dec 09  ●  2:50 PM–3:45 PM  
Location: The Social Chico: Gordon 2  

On parle français dans cette classe, sans traduction (si nous avons de la chance). On doit avoir l’envie d’entendre et de parler mieux le français, et peut-être un jour le parler couramment. Il n’y a pas de textes.

French for Travelers  
Peer Leader(s): Leanne Ulvang; Michèle Martens;  
Wednesday(s), Sep 04–Dec 11  ●  1:30 PM–2:30 PM  
Location: The Social Chico: Gordon 2  

This class is for those who want to focus on pronunciation, politesse and practicalities -- the vocabulary and idioms helpful for travelers in French-speaking countries (or as armchair travelers). The class is conducted mainly in English, with the aim of explaining how to say and understand basic French expressions.

Fundamentals of Acting Workshop  
Peer Leader(s): Joan Cleveland  
Tuesday(s), Sep 10–Oct 15  ●  1 PM–3 PM  
Location: The Social Chico: Bradley 2  

Ever wanted to act, but been afraid to try? Or maybe you want to improve your technique? If so, then this class is for you. Learn about acting, without having to memorize a single line. Through a series of six workshops led by experienced OLLI directors and actors, you’ll learn about scripts and blocking and you’ll practice character development. Increase confidence and skills in this safe environment. Come to laugh and to learn by DOING. No acting experience required!

Gift of the Arts: The Janet Turner Print Museum  
Peer Leader(s): Laura Nice  
Tuesday(s), Sep 17–Dec 10  ●  4:30 PM–6 PM  
Location: Janet Turner Print Museum  

Join us for lively and participatory discussion about art at the Janet Turner Print Museum on the CSU, Chico campus. September 17: Exhibition discussion with Turner Curator and Chico State art faculty for Drawn In—By Hand: Graphic Prints; October 15: A fun monotype workshop where you get to make the prints! November 5 - Exhibition discussion and flash fiction reading with Turner Curator and creative writing students for 3rd Story: Prints with Prose; December 10 - A special tour of the Turner Archive, home to over 4,000 fine art prints.

Great Decisions (√)  
Peer Leader(s): William Tefteller; Myron Flindt;  
Thursday(s), Sep 05–Dec 12  ●  1 PM–2:30 PM  
Location: The Social Chico: Bradley 2  

The Great Decisions study group is the Foreign Policy Association’s public education program to stimulate more informed citizens by discussing U.S. foreign policy and global affairs issues. The topics for fall 2019 are: Refugees and Global Migration, The Rise of Populism in Europe, U.S.-China Trade, India, and the State Department and Diplomacy. We will also add some foreign policy topics that are of interest to the class. The 2019 study guide costs $32 plus shipping at www.fpa.org and it is also available as a Kindle version.

Groundwater Characterization and Remediation  
Peer Leader(s): Rick Weissenborn  
Thursday(s), Sep 05–Dec 12  ●  10:30 AM–12 PM  
Location: The Social Chico: Gordon 2  

This course will present an overview of how groundwater contaminated with organic compounds can be identified and remediated. The general techniques used to identify the presence and extent of organic chemicals in groundwater, horizontally and vertically, will be the initial focus of the class. The class will then present methods that can be used to remove the chemicals from the groundwater.

Guitar: Beginning - Level Two  
Peer Leader(s): Phil Elkins  
Wednesday(s), Sep 04–Dec 11  ●  10 AM–11:30 AM  
Location: The Lodge at The Terraces  

This is for those who already know the basics of beginning guitar. We will learn 12 bar blues progressions and some blues licks, how to transpose the key of a song to another key to suit your own singing voice, how to write a song, some finger picking and a lot more songs.

Gypsy Dance  
Peer Leader(s): Pamela Loyd; Debbie Vermette;  
Thursday(s), Sep 05–Oct 31  ●  1 PM–2:30 PM  
Location: The Lodge at The Terraces  

Gypsy Dance is a form of low-impact aerobic dance exercise, except there are no set steps you have to follow or complicated routines to learn. Instead, let your free-spirited “Inner Gypsy” out and join in the playful free-flowing group dancing to upbeat music, while keeping rhythm with such implements as maracas, tambourines, ribbons, scarves, and twinkling light wands (all provided by peer leaders). Wear comfortable clothes and shoes that allow for easy dancing and turning.
Hail to the Celts!

Peer Leader(s): Lynn Elliott  
**Tuesday(s)**, Sep 03–Dec 10 ● 10:30 AM–12 PM

Location: The Social Chico: Gordon 1

The Celtic Fringe is composed of six nations: Britannia, Cornwall, Ireland, the Isle of Man, Scotland, and Wales. Through their ancient language and culture, [they] are the inheritors of nearly three thousand years of unbroken cultural tradition. “The continuing existence of a Welsh [and Celtic] identity is in itself a remarkable historical fact…. At any time since the eleventh century, it could have disappeared, but for the determination of one generation or another that it should not. . . . [It] is a history of unending resistance and unexpected survival.” (Emyr Humphreys, The Taliesin Tradition)

Healthier You! A Lecture Series Presented by Enloe Medical Center

Peer Leader(s): Suzie Lawry-Hall  
**Tuesday(s)**, Sep 03–Oct 22 ● 3 PM–4:30 PM

Location: Enloe Conference Center

This lecture series includes eight distinct classes, each designed to address a unique area of health-related issues. Presented by highly-qualified physicians and other caregivers, these classes will provide you an opportunity to learn more about staying healthy and active. Each class is a complete topic. You are invited to attend any combination of the offerings during the series.

History Through Mystery: 1st Mondays (√)

Peer Leader(s): Claire Altheuser  
**Monday(s)**, Sep 02–Dec 02 ● 9:30 AM–11 AM

Location: Private Residence

A trip through history with the fun of reading and discussing historical mysteries. The groups are limited to 9 members and meet once a month at the home of Peer Leader Claire Altheuser. It is strongly urged that members have access to a computer in order to receive e-mails and other supplementary material for the books. Special Note(s): The book for September is "Still Life with Murder," by P. B. Ryan. This section will, as usual, meet on Labor Day in order to accommodate the other three sections.

History Through Mystery: 2nd Mondays (√)

Peer Leader(s): Claire Altheuser  
**Monday(s)**, Sep 09–Dec 09 ● 9:30 AM–11 AM

Location: Private Residence

A trip through history with the fun of reading and discussing historical mysteries. The groups are limited to 9 members and meet once a month at the home of Peer Leader Claire Altheuser. It is strongly urged that members have access to a computer in order to receive e-mails and other supplementary material for the books. Special Note(s): The book for September is “Still Life with Murder,” by P. B. Ryan.

History Through Mystery: 3rd Mondays (√)

Peer Leader(s): Claire Altheuser  
**Monday(s)**, Sep 16–Dec 16 ● 9:30 AM–11 AM

Location: Private Residence

A trip through history with the fun of reading and discussing historical mysteries. The groups are limited to 9 members and meet once a month at the home of Peer Leader Claire Altheuser. It is strongly urged that members have access to a computer in order to receive e-mails and other supplementary material for the books. Special Note(s): The book for September is "Still Life with Murder," by P. B. Ryan.

History Through Mystery: 4th Mondays (√)

Peer Leader(s): Claire Altheuser  
**Monday(s)**, Sep 23–Dec 23 ● 9:30 AM–11 AM

Location: Private Residence

A trip through history with the fun of reading and discussing historical mysteries. The groups are limited to 9 members and meet once a month at the home of Peer Leader Claire Altheuser. It is strongly urged that members have access to a computer in order to receive e-mails and other supplementary material for the books. Special Note(s): The book for September is "Still Life with Murder," by P. B. Ryan.

Home Curing Olives

Peer Leader(s): Susan Levine  
**Tuesday(s)**, Dec 03 ● 1:30 PM–3 PM

Location: The Social Chico: Bradley 2

If you have ever tasted a home-cured olive, you will know it is not the same as the ones from the store. Using the guidelines developed by UC Davis, Susan and her husband have been curing and sharing olives since 1980. If you are curious, come see how you can do it, too.

How I “Grow” My Paintings

Peer Leader(s): Dolores Mitchell  
**Tuesday(s)**, Sep 03 ● 1 PM–2:30 PM

Location: The Social Chico: Bradley 2

My paintings grow from seeds of inspiration that require fertilization and pruning. For ten years I’ve shot photos of my paintings in their stages of development from sketches, to roughing in, to dead ends and new directions, ending in final details. I’ll show this process in examples from five series: San Francisco Fantasies, Chico Mythology, Sutter Buttes, Gray Lodge, and North State Rice Fields and Orchards. There will be time for questions and discussion.
India and China: Historical Overviews (✓)

Peer Leader(s): Walter Coffey

Friday(s), Sep 06–Dec 13 ● 10:30 AM–12 PM

Location: The Social Chico: Gordon 1

The glories of Rome, Egypt, and Greece have been the subject of TV portraits, but India and China, the two most populous countries on the planet, have been strangely neglected. British historian Michael Wood remedies the oversight in two six-part documentaries: The Story of India and The Story of China. India, the world’s most ancient surviving civilization, has unbroken continuity back into prehistory, while China has been incubator to many of the most important inventions in history. We’ll be treated to overviews of the development of the world’s largest democracy and one of the world’s most dynamic economies. Special Note(s): There is a website for this class at ollivideos.blogspot.com.

Intermediate Spanish Conversation

Peer Leader(s): Memo Keswick

Wednesday(s), Sep 04–Nov 20 ● 11 AM–12:15 PM

Location: The Social Chico: Gordon 2

For folks who want to improve their ability to converse in Spanish and meet other Spanish speakers. Spanish “Study Abroad” and online learning tools may be discussed and shared. Specific “themes” for day will be chosen dependent on level of participants and we’ll meet in a variety of locations, including parks and cafes. Guest Spanish speakers may be invited.

Investigating a President

Peer Leader(s): Bill Augros; Tom Jordon

Thursday(s), Sep 05–Oct 10 ● 1 PM–2:30 PM

Location: Faith Lutheran Church

Watch video lectures of acclaimed law professor Paul Rosenzweig, Professorial Lecturer in Law at George Washington University Law School, for a nonpartisan examination of what happens when a US president is accused of abuse of power. Anyone striving to make sense of what is going on in government today will appreciate the historical and legal perspectives brought by an impartial and nonpartisan professor. The lectures are designed to provide an unbiased view of current events, exploring them through the lens of American political history and law practice.

Jug Band Music

Peer Leader(s): Rebecca Herring Reiner

Thursday(s), Sep 05–Dec 12 ● 10:30 AM–12 PM

Location: The Social Chico: Gordon 1

"A Jug Band is a band employing a jug player and a mix of conventional and homemade instruments . . . they play a mixture of blues, ragtime and jazz." (Wikipedia) Let’s get together once a week to explore the history of jug bands, learn some jug band songs, and maybe even make some jug band instruments.

This group is less about musicianship, and more about exploring the roots of this great American art form. We will watch excerpts from a video about jug bands, listen to some early recordings, and trace jug band influences into modern day music. Then we’ll make music!

Knitting Boot Camp: Section 1 (✓)

Peer Leader(s): Gale Ulvang

Monday(s), Sep 09–Sep 30 ● 1 PM–2:30 PM

Location: Private Residence

This class is specifically for new knitters or those who learned long ago and need to refresh their skills. The intention is to give you a good start on a simple project after learning the basic knit and purl stitches. Attendees are invited to then join the "Let's Knit" class offered Tuesday afternoons. Special Note(s): Materials required: a pair of wooden knitting needles and yarn (see the pdf with precise information).

Knitting Boot Camp: Section 2 (✓)

Peer Leader(s): Gale Ulvang

Monday(s), Oct 07–Oct 28 ● 1 PM–2:30 PM

Location: Private Residence

This class is specifically for new knitters or those who learned long ago and need to refresh their skills. The intention is to give you a good start on a simple project after learning the basic knit and purl stitches. Attendees are invited to then join the "Let's Knit" class offered Tuesday afternoons. Special Note(s): Materials required: a pair of wooden knitting needles and yarn (see the pdf with precise information).

Leader to Elder

Peer Leader(s): Janet Rechtman

Thursday(s), Sep 05–Dec 12 ● 1 PM–2:30 PM

Location: The Social Chico: Gordon 2

What happens when a VIP (very important person) becomes a FIP (formerly important person), a.k.a. retires? How does a Type A (as in actively ambitious) become a Type E (as in energetic elder)? How can you create and sustain a legacy at the same time you let go of a lifetime of control and recognition? How might elders in the world of business, community, government and nonprofit organizations engage with at least four younger generations? This class uses the arts and reflective practice to engage those who are exploring how a lifetime of leading and leadership might bridge into eldership.

Let’s Knit (✓)

Peer Leader(s): Gale Ulvang

Tuesday(s), Sep 03–Dec 10 ● 3 PM–4:30 PM

Location: The Social Chico: Bradley 1

Osher Lifelong Learning Institute at CSU, Chico • where learning never retires...
Let's Walk

Peer Leader(s): Bill Augros  
**Saturday(s):** Sep 28 (10 AM–11 AM) and Oct 26 (10 AM–11 AM)  
**Location:** Bidwell Park

Joining a walking group is one of the best ways to start and maintain a healthy walking habit. WHERE: Meet by the bathrooms on the Vallombrosa Avenue (north) side of Sycamore/One Mile Pool  
WHEN: 10 am EVERY Friday of the year except stormy days and Christmas. Yes, some of us wear a raincoat if it's not too bad.  
DISTANCE: Choose a 1-mile route looping at Hwy 99 or a 2.5-mile route looping at the 2nd (Cedar Grove) bridge. HOW does it work? Find group/person your own speed/distance. We are quite a friendly bunch, so please don’t be shy about joining any group.

Let’s Make Juice, Jelly, & Jam…Without Sugar

**Peer Leader(s):** Bill Augros  
**Saturday(s):** Sep 28 (1 PM–4 PM)  
**Location:** Faith Lutheran Church

Normal pectin requires sugar for jam to gel. Other kinds of sweetener do not work. In fact it requires seven cups of sugar for four cups of fruit to make jam. So the jam is 77% sugar! Pomona's Universal Pectin requires NO SUGAR. Come to this class to learn how to make jam, as well as jelly and juice, with NO or very little sugar (or sweetener of choice). You will also be able to take home some jam & jelly samples. Class notes will be emailed before the class. Everything will be provided. Donations will be accepted.  
Special Note(s): We will also make some Juices: Apple • Orange • Parsley • Spinach  
We will make the following: Peach Jam • Pineapple Jam • Cherry Jelly • Grape Jelly • Pomegranate Jelly • Mango Jam • Plum, sour jam w/ sugar.

Let's Play Board & Card Games

**Peer Leader(s):** Bill Augros  
**Saturday(s):** Sep 28 (1 PM–4 PM)  
**Location:** Faith Lutheran Church

Do you like card games or board games? We’ll play a card game called “Jok-R-ummy” – it’s like rummy, but a little different. The board game will be “Ticket to Ride” which is a cross-county adventure connecting cities by laying claim to railway routes on a map of North America. Instructions for both will be provided.  
Special Note(s): Class meets the 2nd Saturday of each month: Sep 14, Oct 12, Nov 9, Dec 14.

Let's Walk

**Peer Leader(s):** Deb Siouxthorup; Linda Stukey;  
**Friday(s):** Sep 06–Dec 13 (10 AM–11 AM)  
**Location:** Bidwell Park

Knitting with others creates a wonderful learning environment. This class is designed to give knitters who already know the basic stitches of knitting a chance to challenge themselves to expand their repertoire of skills and projects. All levels of ability are encouraged to participate; a separate class is offered for new knitters to learn the basics before moving into this class. If there is a wait list for this class, everyone on the list will have an opportunity to join the class a few weeks into the semester. Bring a project and join the fun!

**Local Author & Artist Lecture Series (✓)**

**Peer Leader(s):** Gayle Womack; Debbie Vermette;  
**Wednesday(s):** Sep 04–Dec 11 (3 PM–4:30 PM)  
**Location:** The Social Chico: Bradley 1

Learn more about how authors and artists are inspired to create. Each author and artist will share their own story and the results of their craft. Join us in getting to know our own local talent and how their writing and art bring them satisfaction. Some sessions will have an interactive workshop along with the presentation. Questions and answers will follow each presentation.

**Make Dairy-Free Cheese the Easy Way: Section 1 ($)**

**Peer Leader(s):** Trudi Meier  
**Friday(s):** Sep 27 (1 PM–4 PM)  
**Location:** Faith Lutheran Church

Ever wonder how cheese is made? Trying to cut back on dairy in your diet? Then this is the class for you! Making cheese at home is quite simple, and you can help the environment, too, by using all plant-based ingredients. In this one-day class, we will learn to make hard and soft cheeses with many different flavors, like Dill Havarti, Pepper Jack, and Herbes de Provence. Special Note(s): There is a $15 fee to help toward ingredients, and everyone will go home with easy printed instructions, recipes, and cheese samples.

**Make Dairy-Free Cheese the Easy Way: Section 2 ($)**

**Peer Leader(s):** Trudi Meier  
**Friday(s):** Oct 25 (1 PM–4 PM)  
**Location:** Faith Lutheran Church

Ever wonder how cheese is made? Trying to cut back on dairy in your diet? Then this is the class for you! Making cheese at home is quite simple, and you can help the environment, too, by using all plant-based ingredients. In this one-day class, we will learn to make hard and soft cheeses with many different flavors, like Dill Havarti, Pepper Jack, and Herbes de Provence. Special Note(s): There is a $15 fee to help toward ingredients, and everyone will go home with easy printed instructions, recipes, and cheese samples.

**Life Talks - Creating Conversations, Connections & Traditions**

**Peer Leader(s):** Peggy Jennings-Severe  
**Wednesday(s):** Nov 13–Dec 04 (10:30 AM–12 PM)  
**Location:** The Social Chico: Bradley 1

Learn simple, effective, and sustainable tools for having more meaningful and satisfying conversations with your spouses, children, grandchildren, friends and acquaintances. Participants will also learn how to build traditions that allow and create an environment that supports connections and a sense of community. This workshop is highly interactive and fun!

**Questions and answers will follow each presentation.**

**Local Author & Artist Lecture Series (✓)**

**Peer Leader(s):** Gayle Womack; Debbie Vermette;  
**Wednesday(s):** Sep 04–Dec 11 (3 PM–4:30 PM)  
**Location:** The Social Chico: Bradley 2

Learn more about how authors and artists are inspired to create. Each author and artist will share their own story and the results of their craft. Join us in getting to know our own local talent and how their writing and art bring them satisfaction. Some sessions will have an interactive workshop along with the presentation. Questions and answers will follow each presentation.

**Make Dairy-Free Cheese the Easy Way: Section 1 ($)**

**Peer Leader(s):** Trudi Meier  
**Friday(s):** Sep 27 (1 PM–4 PM)  
**Location:** Faith Lutheran Church

Ever wonder how cheese is made? Trying to cut back on dairy in your diet? Then this is the class for you! Making cheese at home is quite simple, and you can help the environment, too, by using all plant-based ingredients. In this one-day class, we will learn to make hard and soft cheeses with many different flavors, like Dill Havarti, Pepper Jack, and Herbes de Provence. Special Note(s): There is a $15 fee to help toward ingredients, and everyone will go home with easy printed instructions, recipes, and cheese samples.
Meditation and Contemplation

Peer Leader(s): George McClendon  
Monday(s), Sep 09–Dec 09 • 8:30 AM–10 AM  
Location: Unitarian Church

Whether you are new to the class or returning, we'll review and practice meditative and contemplative techniques. We'll also explore the connection between contemplative and compassionate living. Class starts and ends with silent meditation, time for questions, discussion, and short "Dharma" talks in between.

Mindful Movements Workshop: Section 1

Peer Leader(s): Matt Cavender  
Wednesday(s), Sep 25 • 3:30 PM–4:30 PM  
Location: The Lodge at The Terraces

This class is about learning ancient form of movements, dating back over 5,000 years, for the use of discovering one's true range of motion. Each person's body moves slightly differently; this class will be working with customizing each movement to fit each individual's body type. The benefits of a person knowing their true range of motion is that the chances of injuring yourself as you age becomes much less. The information learned within the workshop can be applied to everyday living. All levels of mobility and expertise are welcome.

Mindful Movements Workshop: Section 2

Peer Leader(s): Matt Cavender  
Wednesday(s), Nov 20 • 3:30 PM–4:30 PM  
Location: The Lodge at The Terraces

This class is about learning ancient form of movements, dating back over 5,000 years, for the use of discovering one's true range of motion. Each person's body moves slightly differently; this class will be working with customizing each movement to fit each individual's body type. The benefits of a person knowing their true range of motion is that the chances of injuring yourself as you age becomes much less. The information learned within the workshop can be applied to everyday living. All levels of mobility and expertise are welcome.

More About Roses (✓)

Peer Leader(s): Jan Burnham  
Friday(s), Sep 06–Dec 06 • 1 PM–2:30 PM  
Location: The Social Chico: Bradley 1

This course will continue the discussions about roses as presented during Spring 2019. This course is for those who are new to growing roses as well as those who are veterans. It will cover rose growing basics for fall/winter rose care. One session will focus on rose show logistics so class members can either enjoy the rose show sponsored by Butte Rose Society in late October or participate by entering the show itself. Ideally, members would have attended the Spring 2019 course, but new attendees are welcome. Special Note(s): Class will meet once a month on the first Friday of each month.

Movies at the Pageant Theatre ($)  
Peer Leader(s): Bill Augros  
Sunday(s), Sep 01–Jan 05 • 1 PM–5 PM  
Location: Pageant Theatre

Meet at the Pageant Theatre to enjoy a movie and then discuss it together afterward over refreshments at Faith Lutheran Church. Tickets are $6.50 senior price at the door. A description of all the movies we’ll see will be sent by email or letter to each person enrolled in the class. Please bring half a dozen cookies or equivalent per person per movie to share. Coffee, tea, hot chocolate, and ice water will be provided. Special Note(s): Class meets the first Sunday of each month: Sep 1, Oct 6, Nov 3, Dec 5.

Music and Musicians (✓)

Peer Leader(s): Walter Coffey  
Friday(s), Sep 06–Dec 13 • 1 PM–3 PM  
Location: The Social Chico: Gordon 1

Each week we’ll view and discuss either a feature-length documentary or two shorter films. The films will generally feature a performer or composer, the impact of their environment on their music, and the impact of their music on other musicians and on society. Or the focus might be on a style of music from swing to country to jazz or rock. This is a class for the open-minded and intellectually curious because, paraphrasing Mick Jagger, you might not always hear what you like but sometimes you just might like what you hear. Special Note(s): There is a website for this class at http://ollivideos.blogspot.com.

Music for the Soul: A Gospel Workshop  
Peer Leader(s): Robert Morton  
Saturday(s), Sep 21 • 12 PM–1:30 PM  
Location: Bethel AME Church

The roots of gospel music are not well documented. Early recordings were lost. Stories behind the songs weren’t written down. In this workshop, we’ll talk about the history of gospel music and its deep roots in the rich traditions of the African-American church. The class will take place at Bethel AME Church (821 Linden St) in Chico, where the local gospel choir rehearses each week, and leads to a culminating experience and spring performance by the choir to which the OLLI class is invited.

Native American Women's Voices  
Peer Leader(s): Sandra Flake  
Wednesday(s), Oct 02–Oct 30 • 1 PM–2:30 PM  
Location: The Social Chico: Bradley 2

• Osher Lifelong Learning Institute at CSU, Chico • where learning never retires...
In this course we will continue to listen to Native American Women’s Voices, with more poetry and essays from online resources and readings of memoir, traditional tales, contemporary stories, and more. Classes offer the opportunity to listen to poetry, discuss readings, and share perspectives on the voices of Native American women from many tribes and over time. Special Note(s): This class will use one text, Storyteller, by Leslie Marmon Silko (Laguna), as well as online resources for poetry and other readings.

OLLI 2.0: Becoming a Peer Leader

Peer Leader(s): Susan Levine
Tuesday(s), Oct 22 • 1:30 PM–3 PM
Location: The Social Chico: Gordon 1

Do you have an interest you would like to share with new friends? Have you been thinking about becoming a Peer Leader? Our volunteer instructors are called peer leaders because they are sharing a passion with their fellow members. Spend an hour with experienced peer leaders to find the answers to all your questions. How long or short can a class be? Do I have to have a credential? (No!) Can we just go on field trips? (Absolutely!) and whatever else you might be wondering about.

OLLI Book Group (√)

Peer Leader(s): Marian Milling; Blaine Waterman;
Thursday(s), Sep 05–Dec 05 • 10:30 AM–12 PM
Location: The Social Chico: Bradley 2

Participants will read and discuss a wide variety of books, from short stories, classic novels, contemporary novels, biographies to non-fiction. Information about currently scheduled books and books that have been read previously in the group can be found on the web site at ollibookgroup.blogspot.com. The same website links to copy availability of each book, either through the local libraries or to purchase. It also offers a method to make suggestions for future reading. Special Note(s): This class meets on the first Thursday of each month, so there are 4 book discussions during the semester. All details of the book group can be found at this web address: http://ollibookgroup.blogspot.com/

OLLI Hikers: Big Bald Rock Dome for Men and Women (√)

Peer Leader(s): Lorna Cunkle; Margaret Rader;
Friday(s), Oct 25 • 9 AM–4 PM
Location: Various

We’ll hike about 2 miles while exploring this 140-million-year-old granite dome. The distance makes this seem easy, but there will be a significant amount of rock scrambling, with an elevation gain of approximately 300 feet. Boots with good vibram soles are essential. From the high point, we’ll see fantastic views of the Sacramento Valley and the Coastal Range. We’ll move at a leisurely pace with plenty of time to enjoy the view and make new friends. Special Note(s): Specific instructions, including carpool location, will be provided the week before the hike. Bring water, lunch, and sunscreen. Hiking stick or trekking poles recommended. No dogs. In case of rain, we’ll reschedule for the following Friday.

OLLI Hikers: Brokeoff Mountain for Women (√)

Peer Leader(s): Lorraine Smith; Vickie Stoll;
Friday(s), Sep 20 • 7 AM–5 PM
Location: Various

This very strenuous 8-mile, high-elevation hike with 2,600 feet of elevation gain is only for experienced adventurers. But the rewards are plentiful! Considered a “Best Hike” in Lassen Park, this trail traverses through meadows, fir forest, subalpine and alpine habitats, and offers 360 degree views from the spectacular 9,235’ summit. Sign up only if you recently have been hiking at least 6 miles with elevation gain. Our pace will be moderate, with time to take photographs and enjoy the scenery. Team up with other women to create a fun and challenging outdoor adventure! Special Note(s): Sturdy hiking boots required; hiking poles strongly recommended.

OLLI Hikers: Deer Creek for Men and Women (√)

Peer Leader(s): Pamela Waldsmith; Cynthia Finnegan;
Friday(s), Oct 18 • 8:30 AM–4 PM
Location: Various

This is a moderately strenuous 6-mile roundtrip hike along Deer Creek. Our eyes will feast on steep canyon walls, a forest with Fall color, and a waterfall. We’ll go downstream to a Forest Service area that leads into the Ishi Wilderness. We will hike to the bridge and then have lunch somewhere nearby in our lovely setting. Deer Creek is one of a decreasing number of creeks in California that still provides habitat for native trout and migrating Chinook Salmon. We will also have a chance to see the new fish ladder at Lower Deer Creek Falls. Hiking and enjoyment! Special Note(s): The trail is sometimes narrow, steep, and rocky. Sturdy hiking boots, hiking poles, plenty of water and food, a first aid kit, emergency contacts, and layered clothing are recommended. You may wish to bring a camera and binoculars.

OLLI Hikers: Gray Lodge for Women (√)

Peer Leader(s): Lorraine Smith; Vickie Stoll;
Friday(s), Dec 06 • 10 AM–4 PM
Location: Various

This is an easy 2-mile hike on level, established paths. If you want to hike, but are reluctant to try a “moderate” or “strenuous” hike — this will be a great hike for you! You must be able to walk comfortably for approximately 2 hours, but our pace will be leisurely, with time to take photographs, identify some birds, enjoy gorgeous views looking out to the Sutter Buttes, and perhaps see beautiful flocks of waterfowl that winter here. Team up with other women to enjoy a fun day outdoors! Special Note(s): A CDFW Lands Pass (or hunting/fishing license) must be purchased prior to the event and carried with you. View/download a flyer on how to purchase.
OLLI Hikers: Red Bluff Recreation Area for Men and Women (♀)

Peer Leader(s): Lorna Cunkle; Margaret Rader;
Friday(s), Nov 15 ● 9 AM–4 PM
Location: Various

On this easy, 3.5-mile hike, we’ll explore 488 acres of both paved and unpaved trails along the Sacramento River. Our route will take us through a riparian forest, grasslands, wetlands, and oak woodlands, with views of surrounding mountains. We’ll see Paynes Slough, Ben’s Pond, and a two-acre native plant garden. Elevation gain will be a minimal 50 feet. We’ll move at a leisurely pace with plenty of time to take photographs, identify the abundant birds, and make new friends. Special Note(s): Specific instructions, including carpool location, will be provided the week before the hike. Wear layered clothing, a hat, and good walking shoes. Bring water, lunch, binoculars, and sunscreen. No dogs. In case of rain, we’ll reschedule for the following Friday.

OLLI Hikers: Yahi Part 2 for Men and Women (♀)

Peer Leader(s): Pamela Waldsmith; Cynthia Finnegan;
Friday(s), Nov 08 ● 9 AM–3 PM
Location: Various

This is a moderately strenuous 5-mile hike over uneven ground. Have you ventured past Bear Hole, Diversion Dam, and/or Salmon Hole and gone to the very end of the Yahi Trail? No? Well, here’s your chance. We will drive into Diversion Dam and then hike past Salmon Hole and beyond to the end of the Yahi Trail. This will be a lovely adventuresome hike that will give us some time for exploring the geology, flora, and fauna of the park. Special Note(s): Sturdy hiking boots, hiking poles, plenty of water and food, a first aid kit, emergency contact information, and layered clothing are recommended. You may wish to bring a camera and binoculars.

Philosophy of Life

Peer Leader(s): Jerome Dinmberger
Tuesday(s), Nov 05–Nov 19 ● 10:30 AM–11:30 AM
Location: The Social Chico: Bradley 1

No matter your religious beliefs, you have your own unique philosophy of life. It has three aspects: your understanding of the cosmos (the orderly universe); how to live in a community (morality, ethics); and cognizance of yourself (knowledge, awareness). Why would you want to describe your philosophy of life? Because by setting down your priorities, it will be easier for you to make some of life’s more difficult decisions, especially when you compare their relative impact and importance. In order to have a more peaceful life, you need to reduce your stress and avoid getting angry. Special Note(s): Jerome will provide a copy of his book, **Thinking Critically**, during the class schedule.

Photography: Beyond Auto Mode

Peer Leader(s): Dick Emmons
Wednesday(s), Sep 04–Oct 23 ● 1 PM–2:30 PM
Location: Aymer J. Hamilton #124

This course is designed to show the use of the various controls on a digital camera. The class will emphasize those controls dealing with exposure and the effect they have on creating good photographs. Each week a different control will be used. During class students will take photos and the class will conclude with the photos viewed on a TV. A MUST requirement is a digital camera that has controls for Auto, P, Av, Tv or S and M. The camera must also use a SD memory card and a blank one should be brought to the first class.

Photography: Taking Better Digital Pictures

Peer Leader(s): Dick Emmons
Wednesday(s), Sep 04–Oct 23 ● 1 PM–2:30 PM
Location: Aymer J. Hamilton #124

This course is designed to increase your ability to see interesting photos in everyday life. Emphasis will be on learning and applying the basic rules of photographic composition. A particular subject will be assigned each week, then the students will spend class time looking for and taking photos. The session will conclude with the class seeing their pictures on the TV. Any digital camera from point and shoot to DSLR may be used. The only requirement is the camera must use a SD memory card and a blank one should be brought to the first class session.

Playing Shakespeare

Peer Leader(s): Walter Coffey
Wednesday(s), Sep 04–Dec 11 ● 10:30 AM–12 PM
Location: The Social Chico: Gordon 1

In 1979 Trevor Nunn, then artistic director of Britain’s Royal Shakespeare Company, devised a two-part television workshop to consider the art and technique of acting in Shakespeare’s plays. He was joined by RSC co-founder and Associate Director John Barton and a group of the leading actors of the day, including Patrick Stewart, Ian McKellen, and David Suchet. Four years later Mr. Barton greatly expanded the series with nine additional installments, which he hosted. To the roster of actors were added Mike Gwilym, Ben Kingsley, Barbara Leigh-Hunt, Judi Dench, Roger Rees and Dame Peggy Ashcroft. Special Note(s): There is a website for this class at ollivideos.blogspot.com.

Poetry at the Glen

Peer Leader(s): Jim Kirks
Saturday(s), Sep 07–Dec 14 ● 2 PM–3:30 PM
Location: Sycamore Glen

Reading poetry helps you to know things more fully, it commands your attention, and it can sustain good conversation. In this class participants select poetry from favorite sources to read aloud with fellow enthusiasts.
Poetry for Pleasure

**Peer Leader(s):** Jim Kirks  
**Friday(s),** Sep 06–Dec 06 ● 9 AM—10:30 AM  
**Location:** Aymer J. Hamilton #124

Reading poetry helps you to know things more fully, it commands your attention, and it can sustain good conversation. In this class participants select poetry from favorite sources to read aloud with fellow enthusiasts. **Special Note(s): This class meets the 1st, 3rd and 5th Fridays.**

Reading Homer in Greek

**Peer Leader(s):** Jack Ayer  
**Tuesday(s),** Sep 03–Dec 10 ● 9 AM–10 AM  
**Location:** The Social Chico: Gordon 2

A small group of us has been struggling for some months now to read Homer’s Iliad (Book I) in its original Greek. The task is demanding, maddening and deeply rewarding. None of us is remotely expert at this job but we help each other along. We invite suitable others to join us. To participate, you wouldn’t want to know too much Greek or you’d be bored. You wouldn’t want to know too little or you’d be left in the dust. Email Jack Ayer for help in identifying the Goldilocks point at jdayer@ucdavis.edu. Coursebook: Pharr, Homeric Greek

Reading Poetry for Insight and Inspiration: Chico

**Peer Leader(s):** Dennis Daniel  
**Tuesday(s),** Sep 03–Dec 10 ● 1 PM–2:30 PM  
**Location:** The Social Chico: Gordon 2

Each week we will examine three or four poems, mostly from the Western tradition, some in translation from other languages. We will look at classic themes such as: self-discovery, fear, compassion, insight, aging and mortality, relationships, et al. Our goal will be to see how the poem works and what it says to us as readers with divergent backgrounds. We will read each poem in depth and appreciation.

Recycling - Lunch’n Learn with Waste Zero Specialist

**Peer Leader(s):** Becky Holden  
**Wednesday(s),** Oct 30 ● 1 PM–2 PM  
**Location:** The Social Chico: Gordon 1

Join Recology Waste Zero Specialist Becky Holden for an hour-long seminar on Recycling. The presentation will cover a wide range of topics related to waste and resource recovery including: How the recycling industry works; Ways to be better at the bin; Reducing plastics pollution; Pro tips for reusing; along with the latest recycling updates. First 40 participants to arrive will also be provided a brown bag Zero Waste Vegetarian Lunch.

Shakespeare - Video Lectures & Plays

**Peer Leader(s):** Bill Augros; Tom Jordon;  
**Wednesday(s),** Sep 04–Dec 11 ● 1 PM–3 PM  
**Location:** Faith Lutheran Church

This class will consist of video lectures from the Great Course Company on Shakespeare’s plays and video versions of the plays from the BBC. You will learn a set of interpretive tools, drawn from the texts themselves, that give direct insight into Shakespeare’s plays. You can then follow the narratives of the plays as they unfold, with a clear understanding of how the plays function and fit together.  

Shakespeare: Slow-reading Hamlet

**Peer Leader(s):** Jack Ayer  
**Tuesday(s),** Sep 03–Dec 10 ● 10:30 AM–12 PM  
**Location:** The Social Chico: Gordon 2

We’ll try to get in under the hood of Shakespeare’s most famous play and see how (and why) it works. No actual stage skills necessary, but with luck we will develop a better sense of what makes Shakespeare Shakespeare. If by chance we finish Hamlet, we can tackle another—maybe Midsummer Night’s Dream.

Sing Gospel Music With or Without Instruments

**Peer Leader(s):** Phil Elkins  
**Monday(s),** Sep 09–Dec 09 ● 10 AM–11:30 AM  
**Location:** The Lodge at The Terraces

Singing and/or playing popular gospel songs. Bring your voice, guitar, violin, cello, harmonica, squeeze box or other instrument and join a group of people singing and playing gospel music. This is not meant to be religious. It’s just a place to enjoy great music. Join us!

Skeptic’s Guide to the Universe (√)

**Peer Leader(s):** Gary Hedlind  
**Monday(s),** Sep 09–Oct 07 ● 11 AM–12 PM  
**Location:** The Social Chico: Bradley 1

The course, based on the work of Dr. Steven Novella, is a review of core concepts every skeptic should know: mechanisms of deception, metacognition, science and pseudoscience, as well as skepticism and the media. It will address the questions: What do I believe? and Should I believe it? The class will provide special emphasis on the use of logic to validate conclusions. The method is primarily lecture/presentation followed by time allotted for discussion.
Smart Phone 101: Android (√)

Peer Leader(s): Judy Barclay
Thursday(s), Oct 29–Dec 10 • 1 PM–2:30 PM
Location: The Social Chico: Gordon 1

This class covers the basic functions and vocabulary of the smart phone and tablet (not iPhone or iPad.) If you have an iPhone or iPad, look for Smart Phone 101 - iPhone/iPad in schedule. Using slides and live demonstrations, the class seeks to get you more familiar and comfortable with your smart phone or tablet. It will also give you resources that you can use to teach yourself how to enjoy these wonderful devices.

Smart Phone 101: Apple iPhone and iPad (√)

Peer Leader(s): Susan Levine
Monday(s), Sep 09–Sep 30 • 1:30 PM–3 PM
Location: The Social Chico: Gordon 1

This class covers the basic functions and vocabulary of the iPhone and iPad. If you have any other smart phone or tablet, look for Smart Phone 101 - Android (not iPhone) in schedule. Using slides and live demonstrations, the class seeks to get you more familiar and comfortable with your iPhone or iPad. It will also give you resources that you can use to teach yourself how to enjoy these wonderful devices.

Spanish Study in Cuernavaca, Mexico: Section 1

Peer Leader(s): Memo Keswick
Thursday(s), Sep 19 • 3:30 PM–5 PM
Location: The Social Chico: Gordon 1

Discussion of studying Spanish abroad and remotely. Two study abroad programs (Cuernavaca, Mexico and Cuenca, Ecuador) will be reviewed. This class is designed to address topics related to studying Spanish abroad or remotely in a program designed for non-Spanish speakers.

Spanish Study in Cuernavaca, Mexico: Section 2

Peer Leader(s): Memo Keswick
Thursday(s), Nov 07–Nov 07 • 3:30 PM–5 PM
Location: The Social Chico: Gordon 1

Discussion of studying Spanish abroad and remotely. Two study abroad programs (Cuernavaca, Mexico and Cuenca, Ecuador) will be reviewed. This class is designed to address topics related to studying Spanish abroad or remotely in a program designed for non-Spanish speakers.

Spanish: Advanced Level

Peer Leader(s): Liduvina Hoil; Josefina Hoil;
Thursday(s), Sep 12–Dec 12 • 4 PM–5 PM
Location: The Social Chico: Gordon 2

This class is for those with advanced Spanish skills who want to improve their language skills and increase an appreciation of Latin American culture. In class, students will learn about Latin American authors, their writings, and the Latin American social context. Through reading short stories, students will also learn new expressions and expand their vocabulary. Students are encouraged to share their comments on reading assignments and to listen and learn from what others have to say. Oral and written Spanish skills will receive personal attention to produce a deeper and more comfortable understanding of the Spanish language.

Special Note(s): Class meets 2 and 4 Thursdays of the month.

Storytelling and the Oral Tradition

Peer Leader(s): Sydney Wilde
Thursday(s), Sep 05–Dec 12 • 1 PM–2:30 PM
Location: The Social Chico: Gordon 1

Using excerpts from a Great Courses DVD called The Art of Storytelling, video clips from nationally known storytellers, and my own 35-year experience telling stories, we will explore the importance of oral tradition. We will cover how to tell a good story; the power of telling fairy tales; myth and the hero’s journey; and how to organize and tell family stories. There will be opportunities to tell our own stories as well as enjoy the stories of others. This class is guaranteed to provide fun and laughter, thus lowering our blood pressure and making our day!

Tai Chi (√)

Peer Leader(s): Lenora Wong
Tuesday(s), Sep 03–Dec 12 • 1 PM–2:30 PM
Location: Windchime of Chico

Tai Chi is a slow, no impact form of exercise that enhances flexibility and mobility. It is a form of meditation in movement. The aim is to learn the sequence of movements of the Yang style of tai chi chuan in this series of on-going classes. I learned the long form of 108 movements in 1978 and began teaching in the early 1980’s. Special Note(s): Class meets two times per week: Tuesday and Thursday.

Technology Security: PC/MAC; Smart Phones/Tablets

Peer Leader(s): Lon Halley
Monday(s), Oct 28–Nov 11 • 1 PM–2:30 PM
Location: Faith Lutheran Church

Identity theft, hacking, viruses, spam, and scams. It is a dangerous world out there. This course will inform you of the risks and what you can do to protect yourself, your finances, and identity. What do you need on your computer, smartphone, or tablet to protect yourself? What are the various products and services available both free and for a fee? This course will help you understand the terms and language of technology protection and simple strategies to assure your internet, texting and/or emailing are safe. Happy computing and don’t be a victim of cybercrime!
Thoughts Become Things ~ The Art of Thinking Yourself to Success

Peer Leader(s): Rosario Clerici-Green
Tuesday(s), Oct 29–Nov 19 • 1 PM–3 PM
Location: The Social Chico: Gordon 1

Our thoughts influence our perception of the world around us and play a significant role in our situational outcomes. We will learn to apply Guided Imagery techniques and Thought Management to bring about positive outcomes and bring meaning to the experiences in our life. We will practice skills known to lower stress, blood pressure, anxiety, depression, and purge unwanted habits. Learn critical skills to help you make desired changes, overcome challenges, and techniques and Thought Management to bring about positive outcomes and bring meaning to the experiences in our life. We will practice skills known to lower stress, blood pressure, anxiety, depression, and purge unwanted habits. Learn critical skills to help you make desired changes, overcome challenges, and

Transferring Wealth to Your Heirs

Peer Leader(s): Cheryl Tyree; Dana Campbell;
Wednesday(s), Nov 13–Dec 04 • 2 PM–3 PM
Location: The Social Chico: Gordon 1

This course is designed to assist you in planning the transfer of your wealth to spouses, children, grandchildren, and any other person you desire to benefit from your estate. We will explore the advantages and disadvantages of different methods for wealth transfer to enable you to make better decisions regarding your own estate. The structure of the course is both lecture and discourse, as we find that participants possess information and knowledge that enhances everyone’s learning. We look forward to taking this journey with you.

Tuesday Tunes

Peer Leader(s): Bitz Haley
Tuesday(s), Sep 03–Dec 10 • 10:15 AM–11:30 AM
Location: Haley’s Martial Arts Center

Start your Tuesday with music and songs. Join us in a fun, informal, weekly sing-along. Bring your voices and/or musical instruments. We will provide reasons for smiles and laughter, a venue with chairs, and songs with chords. Please note that the operative word is “fun.” If you like music, you will like this class. All levels welcome!

Watercolor Made Simple: Section 1

Peer Leader(s): Christine Mac Shane
Friday(s), Sep 06–Sep 27 • 9:30 AM–11:30 AM
Location: Christine Mac Shane’s Studio

An introduction to watercolor painting. Techniques, color blending, color mixing and brush work for all levels. Special Note(s): $12 per-class materials fee.

Where and How Did it Begin?

Peer Leader(s): Lon Halley
Monday(s), 18-Nov–Dec 09 • 1 PM–2:30 PM
Location: Faith Lutheran Church

Different perspectives on creation are based on either scientific or faith-based premises. This course surveys the basic tenets, presuppositions, evidence and/or arguments of different philosophical, religious and cultural perspectives. These include comparative analyses of Science/Darwinism, Atheism, Creationism, other Multicultural Creation Stories, and Intelligent Design. We’ll also review historical developments of the so-called Science/Religion War and the debate on the relationships between the two. While not a debate class, interactive participation is welcome. Special Note(s): Guest speakers will include Scientist, Evolutionist/Darwinian: Theistic Evolution and Creationism from different traditions (both Christian and non-Christian), with stories from other cultures such as Native American. Multimedia sources such as DVD’s or YouTube video clips will be used. A PowerPoint comparison chart will be presented.

Watercolor Made Simple: Section 2

Peer Leader(s): Christine Mac Shane
Friday(s), Oct 04–Oct 25 • 9:30 AM–11:30 AM
Location: Christine Mac Shane’s Studio

An introduction to watercolor painting. Techniques, color blending, color mixing and brush work for all levels. Special Note(s): $12 per-class materials fee.

Watercolor Made Simple: Section 3

Peer Leader(s): Christine Mac Shane
Friday(s), Nov 01–Nov 22 • 9:30 AM–11:30 AM
Location: Christine Mac Shane’s Studio

Wine Tasting at LaRocca Vineyards Tasting Room

Peer Leader(s): Phaedra LaRocca
Wednesday(s), Nov 20 • 2 PM–4 PM
Location: LaRocca Vineyards Tasting Room

- Osher Lifelong Learning Institute at CSU, Chico
Nestled in the northern region of the Sierra Foothills on Doe Mill Ridge, overlooking Butte Creek Canyon, LaRocca Vineyards is where the southern buttes of the Cascade Mountains meets the Sierra Nevada Mountains at the base of Mt. Lassen. Trumpping our prestigious geographical location are our organic farming practices. We proudly honor the alchemy of our habitat — the soil, butterflies, frogs, bees, earthworms, owls, birds, and most of all the vinifera. We will be learning about and tasting our delicious certified organic wines. Special Note(s): $10 materials fee.

Wisdom through Meditation
Peer Leader(s): Gayle Womack
Wednesday(s), Sep 11–Dec 11 ● 10:30 AM–12 PM
Location: Lakeside Pavilion

Wisdom through meditation is a piece of advice yogis have given for thousands of years, saying “Take a deep breath and relax.” Experience Meditation: learn how to discover your own personal truth and wisdom by calming the busy mind. Presentation of concepts, discussion, practice and meditation define this course.

Wizard of Oz as a Spiritual Adventure: Part 2
Peer Leader(s): Rosie Potestio
Thursday(s), Sep 05–Oct 10 ● 10:30 AM–12 PM
Location: The Social Chico: Bradley 1

Join us on a spiritual adventure to the magical, mystical Land of Oz. We will be traveling with our old friends, Dorothy, Toto, Scarecrow, Tin Woodsman, and the Lion. We continue the narrative of this first American Fairy Tale and explore the questions that arise like, “The Wizard realizes that he has created something in his life that no longer fits and does not know how to get out of it.” Join us with L. Frank Baum’s 1900 classic, “The Wonderful Wizard of Oz.” Special Note(s): This class is a continuation of the spring 2019 class, but you do not need to have attended part 1 to enjoy this class.

Women & Money: Changing the Conversation
Peer Leader(s): Miste Cliadakis
Thursday(s), Sep 12–Sep 26 ● 9 AM–10 AM
Location: The Social Chico: Bradley 1

Let’s change the conversation. What’s important about money to you? Discussion topics include: Where does your money go, understanding the markets, building a financial strategy, planning for life’s big moments, engaging the younger generation, and identity theft. Women & Money classes are designed for women only to create a comfortable environment to engage in conversations about money and investing.

World Dance
Peer Leader(s): Memo Keswick
Friday(s), Sep 06–Nov 22 ● 3 PM–4 PM
Location: The Lodge at The Terraces

Fun social dances from around the world, including Bulgaria, Romania, Serbia, Greece, Israel, Scotland, and the United States. Line, circle, and couple dances. No partner required.

World Dance Singing ($)
Peer Leader(s): Memo Keswick
Friday(s), Sep 06–Nov 22 ● 1 PM–2:15 PM
Location: Private Residence

Class teaches World Dance songs that challenge the singer tonally, phonetically, and rhythmically. The songs may be performed for many audiences, including for local Chico World Dancers. Whenever possible (especially for performances) singers will be “backed up” by local musicians. Come sing with us! Special Note(s): $10 materials fee.

Writer’s Workshop
Peer Leader(s): Velda Stubbings; Carolyn Ayers;
Wednesday(s), Sep 04–Dec 11 ● 1 PM–3:30 PM
Location: Lakeside Pavilion

Writers’ Workshop is a class in writing production. It’s a chance for you to bring things you’ve written to a group of involved writers for input. You will read things you’ve written and share your perceptions of others’ writing in the discussion sessions that follow each reading. We welcome all genre of writing with the exception of poetry. Special Note(s): The 10/9 class will be held at the CARD Main Office on Vallombrosa. All other classes will be held at Lakeside Pavillion.

Writing Short Plays
Peer Leader(s): Pamela Loyd
Wednesday(s), Sep 04–Dec 11 ● 1 PM–3:30 PM
Location: Private Residence

Learn to write a short play. In this class we will examine the basics of playwriting including format, structure, character, conflict, and dialogue. This is a workshop-style class in which we will discuss concepts and techniques, share what we have written, and spend part of each class writing short exercises to develop skills. Prompts will be offered to stimulate your ideas. There will be an opportunity for some of the plays to be staged at the OLLI Summer Play Festival.
Writing Your Memoir

**Peer Leader(s):** David Swanson; Kristin Swanson;

**Wednesday(s),** Sep 11–Oct 23 ● 1 PM–2:30 PM

**Location:** The Social Chico: Bradley 1

To tell your story is to give meaning to your life. Join us for a trip down story lane by writing your memoir, a legacy for family, friends, and beyond. The Camp Fire experience presents an opportunity to chronicle a window in time using memoir style. We will write 3-4 pages per week and submit them for feedback and expansion. Course participants will interact with each other in presenting and discussing their writing. Your memoir will emerge and evolve. By the end of the course, you will have a finished memoir ready to share with family, friends, or possible publication. **Special Note(s):** The textbook for the class, “How to Write a Memoir in 30 Days” (Roberta Temes, 2013), will be given to participants at the first meeting. Examples of memoirs include: Krystalynn Martin’s “Please Excuse our Smoke, It’s Just the Memories of Paradise;” Brian Fries’ “A Fire Story;” Caitlin Doughty’s “Smoke Gets in Your Eyes;” and Joan Didion’s “A Year of Magical Thinking.”

Zen Buddhism and the Arts

**Peer Leader(s):** Katherine Harper

**Monday(s),** Sep 09–Dec 09 ● 1 PM–2:30 PM

**Location:** The Social Chico: Bradley 1

This course examines the precepts of Buddhism in general and of the Chan/Zen branch of Buddhism specifically. We will explore major examples of art and architecture related to Zen. A primary goal of the class is to examine the historical context for the development of the Zen arts; therefore, an examination of the social, religious, political and cultural influences on the production of art and architecture will be important. In addition, we will consider the fundamental teachings of Buddhism and meditation as a means for developing thoughtful and humane interactions in contemporary life.