Welcome!

Retirement is the time of life to explore what you want, instead of what you have to do. OLLI at CSU, Chico is celebrating 30 years of offering our members opportunities to learn and explore in many directions. No matter what you are thinking of delving into or expanding, there will probably be classes to suit. Our classes are taught by volunteers called Peer Leaders that are excited to share their passions with you.

What about art? Learn about the art of ancient India, take a dive into Russian culture and art history, learn to draw and paint human figures or try your hand at acrylic painting. Up the quality of your picture taking by learning better techniques in photography. Enjoy looking at art with a social group that visits local galleries. Perhaps you paint already and would like to join a group of artists for connection and support. From learning about it, looking at it, or making it, art enriches your life.

Do you want to move more in a fun environment? How about dancing or hiking? Bird watching gets you out into the fields and waterways around town to breathe the country air and look at nature’s creatures. You can join a group that walks in Bidwell Park each week or take hikes into the foothills.

Interested in learning some useful information? OLLI offers classes for your computer and smart phone, as well as information about handling money and estates. Maybe you want to learn French or how to play the ukulele. You can learn how to play the card game cribbage and teach it to your family members.

YOU’RE INVITED!

Bring family & friends to the OLLI Fall Class Preview. Visit with other OLLI members, preview upcoming courses, and meet our Peer Leaders.

Chico Fall Class Preview

August 9, 10 AM–12 PM
Manzanita Place
1705 Manzanita Avenue, Chico

Greater Butte County Chapter Class Preview

August 14, 1–2 PM
Butte County Library
1820 Mitchell Avenue, Oroville

For additional information, visit the olli.csuchico.edu or call 530-898-6679.

MARK YOUR CALENDAR FOR THESE UPCOMING DATES & EVENTS

- Aug. 7: “Brain States” Lecture Series Starts
- Aug. 9: Chico Class Preview: 10am-12pm, Manzanita Place
- Aug. 14: Greater Butte County Chapter Class Preview: 1-2pm, Butte County Library, Oroville
- Aug. 16: Class Registration Opens @ 9am
- Sept. 4: Fall Classes Begin
- Oct. 1: Spring ’19 Course Proposal Due
- Oct. 10: Fall General Meeting: 11:30am-1pm, Chico Masonic Family Center
- Nov. 12: Veterans’ Day (No Classes)
- Nov. 19–23: Thanksgiving Break (No Classes)
- Dec. 12: Holiday Luncheon, 11:30am-1pm, Canyon Oaks Country Club
- Dec. 14: Last Day of Fall Classes

For more information and to sign up for classes, visit the OLLI website.
MEMBERSHIP

All participants in OLLI, Chico are required to pay membership fees; class members and volunteer instructors, our “Peer Leaders,” alike. Joining OLLI allows members to participate in as many classes and activities as their lives will hold at one price. Some classes have an additional supply fee, but the vast majority may be attended at no additional cost. Because of our volunteer based program, Chico has some of the lowest program fees of the 121 unique OLLI programs nationwide. Join now to learn, grow, socialize and make new friends.

CHICO CHAPTER (Classes in All Locations)
Fall ’18, Spring ’19 & Summer ’19: $230
Fall ’18 & Spring ’19 Bundle: $215
Spring ’19 & Summer ’19 Bundle: $145
Spring ’19 Only: $125
Summer ’19 Only: $75

GREATER BUTTE COUNTY CHAPTER (Paradise & Oroville Classes Only)
Fall ’18 & Spring ’19 Bundle: $80
Spring ’19 Only: $45

*To qualify for the Peer Leader discount, you must lead at least one class during the 18-19 academic year (fall, spring, and/or summer terms).

HOW TO REGISTER ~ REGISTRATION OPENS AUGUST 16 @ 9AM

• Online! Visit olli.csuchico.edu today to join OLLI & pay membership fees by VISA/MC, and to register for classes beginning Aug. 16.
• Complete and mail the enclosed Membership & Class Request Form.
• Call the OLLI office at 530-898-6679.

GIVE THE GIFT OF LEARNING

Giving an OLLI membership to a friend or relative provides a host of free classes and activities to any older adult interested in the joy of learning. Call OLLI for more information.

FEE ASSISTANCE PROGRAM

Through the generosity of our members donating to the Annual Fund, OLLI can offer some financial assistance for those who are fiscally challenged. Please call the OLLI office and speak to Susan to ask for Fee Assistance. She will explain the process and limitations.

WHERE IS THE OLLI OFFICE LOCATED?

We’re located in the Aymer J. Hamilton Building, Room 118B, on the CSU, Chico campus near the Gateway Science Museum and Bidwell Mansion. Office hours are Monday—Thursday, 9am—1pm. And beginning this fall, look for us across from the coffee shop in the Bradley Lobby at Craig Hall!

Osher Lifelong Learning Institute
CSU, Chico
400 W. First Street
Chico, CA  95929-0792

• Web: olli.csuchico.edu
• Phone: 530-898-6679
• Email: olli@csuchico.edu
• Facebook: facebook.com/ollichico

FIND COMPLETE SCHEDULE INFORMATION, INCLUDING CLASS DESCRIPTIONS, ONLINE AT OLLI.CSUCHICO.EDU
# Fall 2018 Schedule

**Registration Opens August 16 @ 9AM**

## MONDAY CLASSES

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<thead>
<tr>
<th>Course</th>
<th>Instructor</th>
<th>Time</th>
<th>Dates</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tai Chi Twice a Week for Beginners (Meets Both Mon &amp; Thu)</td>
<td>Mike McCluskey</td>
<td>8:30–9:30</td>
<td>Sep 10–Dec 13</td>
<td>The Lodge at The Terraces</td>
</tr>
<tr>
<td>Financial Planning &amp; Investments: Trends &amp; Best Practices</td>
<td>Steven Cliadakis</td>
<td>8:30–10</td>
<td>Sep 10–Sep 24</td>
<td>Craig Hall: Bradley 1</td>
</tr>
<tr>
<td>Genealogy Case Studies: California Mavericks</td>
<td>Kathleen Corrigan</td>
<td>8:30–10</td>
<td>Sep 10–Oct 29</td>
<td>Craig Hall: Gordon 1</td>
</tr>
<tr>
<td>Meditation and Contemplation</td>
<td>George McClendon</td>
<td>8:30–10</td>
<td>Sep 10–Dec 10</td>
<td>Unitarian Church</td>
</tr>
<tr>
<td>Myths, Legends &amp; Tales of the Celts</td>
<td>Lynn Elliott</td>
<td>8:30–10</td>
<td>Sep 10–Dec 10</td>
<td>Craig Hall: Bradley 2</td>
</tr>
<tr>
<td>History Through Mystery: 1st Mondays</td>
<td>Claire Altheuser</td>
<td>9:30–11</td>
<td>Oct 01–Dec 03</td>
<td>Private Residence</td>
</tr>
<tr>
<td>History Through Mystery: 2nd Mondays</td>
<td>Claire Altheuser</td>
<td>9:30–11</td>
<td>Sep 10–Dec 10</td>
<td>Private Residence</td>
</tr>
<tr>
<td>History Through Mystery: 3rd Mondays</td>
<td>Claire Altheuser</td>
<td>9:30–11</td>
<td>Sep 17–Dec 17</td>
<td>Private Residence</td>
</tr>
<tr>
<td>History Through Mystery: 4th Mondays</td>
<td>Claire Altheuser</td>
<td>9:30–11</td>
<td>Sep 24–Dec 24</td>
<td>Private Residence</td>
</tr>
<tr>
<td>Drum Circle</td>
<td>Judy Kane</td>
<td>10–11</td>
<td>Sep 10–Dec 10</td>
<td>Private Residence</td>
</tr>
<tr>
<td>Sing Gospel Music With or Without Instruments</td>
<td>Phil Elkins</td>
<td>10–11:30</td>
<td>Sep 10–Dec 10</td>
<td>The Lodge at The Terraces</td>
</tr>
<tr>
<td>Great Authors of 20th Century</td>
<td>Roy Cook</td>
<td>10:30–11:45</td>
<td>Sep 10–Dec 10</td>
<td>Craig Hall: Gordon 2</td>
</tr>
<tr>
<td>Historical Novels &amp; Biographies</td>
<td>Roy Cook</td>
<td>10:30–11:45</td>
<td>Sep 17–Dec 03</td>
<td>Craig Hall: Gordon 2</td>
</tr>
<tr>
<td>Climate Change Solutions: Research and Action</td>
<td>Gordon Gregory</td>
<td>10:30–12</td>
<td>Oct 29</td>
<td>Craig Hall: Bradley 1</td>
</tr>
<tr>
<td>Current Issues With an Emphasis on Media Coverage</td>
<td>Robert Main</td>
<td>10:30–12</td>
<td>Sep 10–Dec 10</td>
<td>Craig Hall: Bradley 2</td>
</tr>
<tr>
<td>Transcontinental Airmail and Great Flights of Exploration</td>
<td>Gary Hendrickson</td>
<td>10:30–12</td>
<td>Sep 10–Oct 22</td>
<td>Craig Hall: Bradley 1</td>
</tr>
<tr>
<td>Cracker Barrel</td>
<td>Chamey Herst</td>
<td>10:30–12:30</td>
<td>Sep 10–Dec 10</td>
<td>Craig Hall: Gordon 1</td>
</tr>
<tr>
<td>French 1: Resurrecting French</td>
<td>Leanne Ulvang</td>
<td>1–1:45</td>
<td>Sep 10–Dec 10</td>
<td>Craig Hall: Gordon 2</td>
</tr>
<tr>
<td>Computer and Online Security</td>
<td>Lon Halley</td>
<td>1–2:30</td>
<td>Oct 08–Oct 22</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Computer Tune-Up</td>
<td>Lon Halley</td>
<td>1–2:30</td>
<td>Oct 29–Nov 05</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Computers: Fundamentals for the Beginner</td>
<td>Lon Halley</td>
<td>1–2:30</td>
<td>Sep 10–Oct 01</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Creating a Doodle Journal</td>
<td>Christine Wright</td>
<td>1–2:30</td>
<td>Sep 10–Dec 10</td>
<td>Northwood Commons</td>
</tr>
<tr>
<td>Happiness 101</td>
<td>Pamela Loyd</td>
<td>1–2:30</td>
<td>Sep 10–Oct 29</td>
<td>Craig Hall: Bradley 1</td>
</tr>
<tr>
<td>Knitting Boot Camp: Section 1</td>
<td>Gale Ulvang</td>
<td>1–2:30</td>
<td>Sep 10–Oct 01</td>
<td>Private Residence</td>
</tr>
<tr>
<td>Knitting Boot Camp: Section 2</td>
<td>Gale Ulvang</td>
<td>1–2:30</td>
<td>Oct 08–Oct 29</td>
<td>Private Residence</td>
</tr>
<tr>
<td>Using Computers/Smart Phones/Internet to Manage Your</td>
<td>Lon Halley</td>
<td>1–2:30</td>
<td>Nov 26–Dec 10</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Saving/Investments/Retirement</td>
<td>Susan Levine</td>
<td>1:30–3</td>
<td>Nov 26</td>
<td>Craig Hall: Gordon 1</td>
</tr>
<tr>
<td>Home Curing Olives</td>
<td>Susan Levine</td>
<td>1:30–3</td>
<td>Nov 26</td>
<td>Craig Hall: Gordon 1</td>
</tr>
<tr>
<td>Smart Phone 101: iPhone and iPad</td>
<td>Susan Levine</td>
<td>1:30–3</td>
<td>Sep 10–Oct 01</td>
<td>Craig Hall: Gordon 1</td>
</tr>
<tr>
<td>French 2: Beyond the Basics</td>
<td>Leanne Ulvang</td>
<td>1:50–2:35</td>
<td>Sep 10–Dec 10</td>
<td>Craig Hall: Gordon 2</td>
</tr>
<tr>
<td>French 3: Conversation</td>
<td>Leanne Ulvang</td>
<td>2:40–3:45</td>
<td>Sep 10–Dec 10</td>
<td>Craig Hall: Gordon 2</td>
</tr>
<tr>
<td>Armchair Travel Sketching: Advanced</td>
<td>Marvey Mueller</td>
<td>3–4:30</td>
<td>Oct 08–Dec 10</td>
<td>Craig Hall: Bradley 1</td>
</tr>
</tbody>
</table>

## TUESDAY CLASSES

<table>
<thead>
<tr>
<th>Course</th>
<th>Instructor</th>
<th>Time</th>
<th>Dates</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reading Homer in Greek</td>
<td>Jack Ayer</td>
<td>9–10</td>
<td>Sep 04–Dec 11</td>
<td>Craig Hall: Gordon 2</td>
</tr>
<tr>
<td>Oregon Shakespeare Festival Workshop</td>
<td>Ann Nikolai</td>
<td>9–11</td>
<td>Nov 27</td>
<td>Various</td>
</tr>
<tr>
<td>Tuesday Tunes</td>
<td>Blitz Haley</td>
<td>10–11:30</td>
<td>Sep 04–Dec 11</td>
<td>Haley's Martial Arts Studio</td>
</tr>
<tr>
<td>Drawing and Painting the Human Figure: Section 1</td>
<td>Christine Mac Shane</td>
<td>10–12</td>
<td>Sep 04–Sep 25</td>
<td>Christine Mac Shane's Studio</td>
</tr>
<tr>
<td>Drawing and Painting the Human Figure: Section 2</td>
<td>Christine Mac Shane</td>
<td>10–12</td>
<td>Oct 02–Oct 23</td>
<td>Christine Mac Shane's Studio</td>
</tr>
<tr>
<td>Drawing and Painting the Human Figure: Section 3</td>
<td>Christine Mac Shane</td>
<td>10–12</td>
<td>Oct 30–Nov 27</td>
<td>Christine Mac Shane's Studio</td>
</tr>
</tbody>
</table>

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### TUESDAY CLASSES, cont.

<table>
<thead>
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<th>Time</th>
<th>Dates</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>A Thriving We Will Go</td>
<td>Linda Patrick</td>
<td>10:30–12</td>
<td>Oct 23–Nov 13</td>
<td>Craig Hall: Bradley 1</td>
</tr>
<tr>
<td>Finding &amp; Sharing Your Wisdom</td>
<td>Peggy Jennings-Severe</td>
<td>10:30–12</td>
<td>Nov 13–Nov 15</td>
<td>Craig Hall: Bradley 1</td>
</tr>
<tr>
<td>Artist's Workshop</td>
<td>Jack Lee</td>
<td>10:30–12</td>
<td>Sep 04–Oct 16</td>
<td>Craig Hall: Bradley 1</td>
</tr>
<tr>
<td>Life Talks - Creating Conversations, Connections &amp; Traditions</td>
<td>Peggy Jennings-Severs</td>
<td>10:30–12</td>
<td>Nov 06–Nov 08</td>
<td>Craig Hall: Bradley 1</td>
</tr>
<tr>
<td>History Through the Lens of a Film Documentarian</td>
<td>Robert Main</td>
<td>10:30–12</td>
<td>Sep 04–Dec 11</td>
<td>Craig Hall: Bradley 2</td>
</tr>
<tr>
<td>Plato</td>
<td>Jack Ayer</td>
<td>10:30–12</td>
<td>Sep 04–Dec 11</td>
<td>Craig Hall: Gordon 2</td>
</tr>
<tr>
<td>Power of Myth</td>
<td>Sydney Wilde</td>
<td>10:30–12</td>
<td>Sep 04–Dec 11</td>
<td>Craig Hall: Gordon 1</td>
</tr>
<tr>
<td>The &quot;Why&quot; of Consciousness</td>
<td>Deborah Muth</td>
<td>1–2</td>
<td>Sep 04–Oct 02</td>
<td>Craig Hall: Gordon 2</td>
</tr>
<tr>
<td>Building Resiliency</td>
<td>Rosie Potestio</td>
<td>1–2:30</td>
<td>Sep 04–Oct 02</td>
<td>Craig Hall: Bradley 2</td>
</tr>
<tr>
<td>Russian Culture and Art History</td>
<td>Mary Claire Morin</td>
<td>1–2:30</td>
<td>Sep 04–Dec 11</td>
<td>Craig Hall: Gordon 1</td>
</tr>
<tr>
<td>Science Projects with Grandkids</td>
<td>Jessica Edmunson</td>
<td>1–2:30</td>
<td>Oct 23–Nov 13</td>
<td>Gateway Science Museum</td>
</tr>
<tr>
<td>Smart Phone 101: Android</td>
<td>Judy Barclay</td>
<td>1–2:30</td>
<td>Sep 11–Oct 16</td>
<td>Craig Hall: Bradley 1</td>
</tr>
<tr>
<td>Fake News and Internet Junk – Know It When You See It</td>
<td>Carolyn Dusenbury</td>
<td>1–4</td>
<td>Oct 09</td>
<td>Craig Hall: Bradley 2</td>
</tr>
<tr>
<td>OLLI All-Star Revue: Guest Presenters from 30 Years of Lifelong Learning</td>
<td>Ann Nikolai</td>
<td>3–4:30</td>
<td>Sep 11–Dec 11</td>
<td>Craig Hall: Bradley 2</td>
</tr>
<tr>
<td>Healthier You! A Lecture Series Presented by Enloe Medical Center</td>
<td>Deanna Squires</td>
<td>3–4:30</td>
<td>Sep 11–Nov 13</td>
<td>Enloe Conference Center</td>
</tr>
<tr>
<td>Let's Knit</td>
<td>Gale Uhrig</td>
<td>3–4:30</td>
<td>Sep 04–Dec 11</td>
<td>Craig Hall: Bradley 1</td>
</tr>
<tr>
<td>National Security and the U.S. Intelligence Community</td>
<td>Terry Wilson</td>
<td>3–4:30</td>
<td>Sep 11–Sep 25</td>
<td>Craig Hall: Gordon 1</td>
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### WEDNESDAY CLASSES

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<th>Dates</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Fall and Winter Birds of the Chico Area</td>
<td>Roger Lederer</td>
<td>9–10</td>
<td>Sep 05–Sep 19</td>
<td>Craig Hall: Bradley 2</td>
</tr>
<tr>
<td>Successful Aging Project</td>
<td>Bonnie Kenaley</td>
<td>10–11</td>
<td>Oct 10</td>
<td>Craig Hall: Bradley 1</td>
</tr>
<tr>
<td>Beginning Guitar: Level 2</td>
<td>Phil Elkins</td>
<td>10–11:30</td>
<td>Sep 05–Dec 12</td>
<td>The Lodge at The Terraces</td>
</tr>
<tr>
<td>CANCELLED - Writer's Workshop: Section 2</td>
<td>Sandy Thorpe</td>
<td>10–12</td>
<td>Sep 05–Dec 12</td>
<td>The Lodge at The Terraces</td>
</tr>
<tr>
<td>25 Contemporary Cancer Cures</td>
<td>Carl Colbie</td>
<td>10:30–12</td>
<td>Oct 17</td>
<td>Craig Hall: Bradley 1</td>
</tr>
<tr>
<td>Reading Poetry for Insight</td>
<td>Dennis Daniel</td>
<td>10:30–12</td>
<td>Sep 05–Dec 12</td>
<td>Craig Hall: Gordon 2</td>
</tr>
<tr>
<td>Estate Planning 101</td>
<td>Cheryl Tyree</td>
<td>10:30–12</td>
<td>Sep 05–Sep 19</td>
<td>Craig Hall: Bradley 2</td>
</tr>
<tr>
<td>History of the Ottoman Empire: Video Lectures</td>
<td>Bill Augros</td>
<td>10:30–12</td>
<td>Sep 05–Dec 12</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>The History of Spain: Land on a Crossroad</td>
<td>Sal Ventura</td>
<td>10:30–12</td>
<td>Sep 05–Dec 12</td>
<td>Craig Hall: Gordon 1</td>
</tr>
<tr>
<td>The Incredible Human Journey</td>
<td>Walter Coffey</td>
<td>10:30–12</td>
<td>Sep 05–Oct 03</td>
<td>Craig Hall: Bradley 1</td>
</tr>
<tr>
<td>The Tao Te Ching: An Introduction</td>
<td>Jerry Dirmberger</td>
<td>10:30–12</td>
<td>Dec 05–Dec 12</td>
<td>Craig Hall: Bradley 1</td>
</tr>
<tr>
<td>Wisdom through Meditation</td>
<td>Gayle Womack</td>
<td>10:30–12</td>
<td>Sep 05–Dec 12</td>
<td>Lakeside Pavilion</td>
</tr>
<tr>
<td>Spanish Conversation</td>
<td>Memo Keswick</td>
<td>10:45–12</td>
<td>Sep 05–Nov 07</td>
<td>Various</td>
</tr>
<tr>
<td>Exploring the History of Butte County</td>
<td>April Pryor</td>
<td>1–2</td>
<td>Sep 05–Dec 12</td>
<td>Craig Hall: Bradley 2</td>
</tr>
<tr>
<td>Maps: Power, Plunder, Possession &amp; Exploration</td>
<td>Walter Coffey</td>
<td>1–2:30</td>
<td>Sep 05–Oct 24</td>
<td>Craig Hall: Gordon 1</td>
</tr>
<tr>
<td>Photography: Taking Better Digital Pictures</td>
<td>Dick Emmons</td>
<td>1–2:30</td>
<td>Sep 05–Oct 24</td>
<td>Aymer J. Hamilton #124</td>
</tr>
<tr>
<td>Acrylic Painting Step by Step: Section 1</td>
<td>$ Christine Mac Shane</td>
<td>1–3</td>
<td>Sep 05–Sep 26</td>
<td>Christine Mac Shane’s Studio</td>
</tr>
<tr>
<td>Acrylic Painting Step by Step: Section 2</td>
<td>$ Christine Mac Shane</td>
<td>1–3</td>
<td>Oct 03–Oct 24</td>
<td>Christine Mac Shane’s Studio</td>
</tr>
<tr>
<td>Acrylic Painting Step by Step: Section 3</td>
<td>$ Christine Mac Shane</td>
<td>1–3</td>
<td>Oct 31–Nov 28</td>
<td>Christine Mac Shane’s Studio</td>
</tr>
<tr>
<td>Shakespeare Lecture &amp; Videos</td>
<td>Bill Augros</td>
<td>1–3</td>
<td>Sep 05–Dec 12</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Writer's Workshop: Section 1</td>
<td>Velda Stubbing</td>
<td>1–3</td>
<td>Sep 05–Dec 12</td>
<td>Lakeside Pavilion</td>
</tr>
</tbody>
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### Wednesday Classes, cont.

<table>
<thead>
<tr>
<th>Class</th>
<th>Instructor</th>
<th>Time</th>
<th>Dates</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Writing Short Plays</td>
<td>Pamela Loyd</td>
<td>1–3:30 Sep 05–Dec 12</td>
<td>Private Residence</td>
<td></td>
</tr>
<tr>
<td>Classic Movie Westerns</td>
<td>Peter Hogue</td>
<td>1–4 Sep 05–Dec 12</td>
<td>Craig Hall: Bradley 1</td>
<td></td>
</tr>
<tr>
<td>French for Travelers</td>
<td>Leanne Uvlang</td>
<td>1:30–2:30 Sep 05–Dec 12</td>
<td>Craig Hall: Gordon 2</td>
<td></td>
</tr>
<tr>
<td>Cribbage: Learn AND Play</td>
<td>Susan Levine</td>
<td>1:30–3:30 Sep 05–Dec 12</td>
<td>The Lodge at The Terraces</td>
<td></td>
</tr>
<tr>
<td>Ancient Qi Gong</td>
<td>Matt Cavender</td>
<td>3:30–4:30 Sep 12–Oct 03</td>
<td>The Lodge at The Terraces</td>
<td></td>
</tr>
<tr>
<td>Adopt a School</td>
<td>Bill Augros</td>
<td>3:30–4:30 Sep 05</td>
<td>Faith Lutheran Church</td>
<td></td>
</tr>
<tr>
<td>Mindful Movements Workshop: Section 1</td>
<td>Matt Cavender</td>
<td>3:30–5 Sep 05</td>
<td>The Lodge at The Terraces</td>
<td></td>
</tr>
<tr>
<td>Mindful Movements Workshop: Section 2</td>
<td>Matt Cavender</td>
<td>3:30–5 Oct 10</td>
<td>The Lodge at The Terraces</td>
<td></td>
</tr>
</tbody>
</table>

### Thursday Classes

<table>
<thead>
<tr>
<th>Class</th>
<th>Instructor</th>
<th>Time</th>
<th>Dates</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Birding in the Chico Area</td>
<td>Joyce Bond</td>
<td>9–11 Sep 06–Dec 06</td>
<td>Various</td>
<td></td>
</tr>
<tr>
<td>Geology of the Terrestrial Planets</td>
<td>Stewart Monroe</td>
<td>10:30–12 Sep 06–Dec 13</td>
<td>Craig Hall: Bradley 2</td>
<td></td>
</tr>
<tr>
<td>Jug Band Music</td>
<td>Rebecca Herring Reiner</td>
<td>10:30–12 Sep 06–Dec 13</td>
<td>Craig Hall: Gordon 1</td>
<td></td>
</tr>
<tr>
<td>OLLI Book Group</td>
<td>Marian Milling</td>
<td>10:30–12 Sep 06–Dec 06</td>
<td>Craig Hall: Gordon 2</td>
<td></td>
</tr>
<tr>
<td>TED Talks and the Class Responds</td>
<td>Judy Gargas</td>
<td>10:30–12 Sep 13–Dec 13</td>
<td>Craig Hall: Gordon 2</td>
<td></td>
</tr>
<tr>
<td>Great Decisions</td>
<td>William Tetteller</td>
<td>1–2:30 Sep 06–Dec 13</td>
<td>Craig Hall: Bradley 2</td>
<td></td>
</tr>
<tr>
<td>Optim-Eyes Life With Macular Degeneration</td>
<td>Judy Barclay</td>
<td>1–2:30 Sep 06–Dec 13</td>
<td>Craig Hall: Gordon 2</td>
<td></td>
</tr>
<tr>
<td>Photography: Beyond Auto Mode</td>
<td>Dick Emmons</td>
<td>1–2:30 Sep 06–Oct 25</td>
<td>Aymer J. Hamilton #124</td>
<td></td>
</tr>
<tr>
<td>The Development of American Values and Institutions</td>
<td>Dan Ostrander</td>
<td>1–2:30 Sep 06–Nov 01</td>
<td>Craig Hall: Gordon 1</td>
<td></td>
</tr>
<tr>
<td>Contemporary World Cinema</td>
<td>Peter Hogue</td>
<td>1–4 Sep 06–Dec 13</td>
<td>Craig Hall: Bradley 1</td>
<td></td>
</tr>
<tr>
<td>Ballroom Dance: Beginning</td>
<td>Gloria Hylton</td>
<td>2–3 Sep 06–Oct 25</td>
<td>Studio One Ballroom</td>
<td></td>
</tr>
<tr>
<td>Learning Disabilities, Abilities &amp; Education</td>
<td>Jerry Kirsch-Chandler</td>
<td>3–4:30 Sep 06–Dec 06</td>
<td>Craig Hall: Gordon 1</td>
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</table>

### Friday Classes

<table>
<thead>
<tr>
<th>Class</th>
<th>Instructor</th>
<th>Time</th>
<th>Dates</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>OLLI Hikers: Women's Hike to Feather Falls</td>
<td>Lorraine Smith</td>
<td>7:30–5 Oct 26</td>
<td>Various</td>
<td></td>
</tr>
<tr>
<td>OLLI Hikers: Women's Hike to Yana Trail and Inks Creek</td>
<td>Lorraine Smith</td>
<td>8–4 Nov 09</td>
<td>Various</td>
<td></td>
</tr>
<tr>
<td>OLLI Hikers: Green island and Saucer Lakes</td>
<td>Lorna Cunkle</td>
<td>8–5 Sep 14</td>
<td>Various</td>
<td></td>
</tr>
<tr>
<td>Poetry for Pleasure</td>
<td>James Kirks</td>
<td>9–10:30 Sep 07–Dec 07</td>
<td>Aymer J. Hamilton #124</td>
<td></td>
</tr>
<tr>
<td>OLLI Hikers: Forks of Butte Recreation Area</td>
<td>Lorna Cunkle</td>
<td>9–4 Nov 02</td>
<td>Various</td>
<td></td>
</tr>
<tr>
<td>OLLI Hikers: Humboldt Peak and Beyond</td>
<td>Pamela Waldsmith</td>
<td>8–5 Sep 07</td>
<td>Various</td>
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<tr>
<td>Let's Walk</td>
<td>Deborah SiouxThompson</td>
<td>10–11 Sep 07–Dec 14</td>
<td>Bidwell Park</td>
<td></td>
</tr>
<tr>
<td>Llano Seco Wildlife Sanctuary Bird Tour</td>
<td>Herman Gray</td>
<td>10–12 Dec 14</td>
<td>Llano Seco Wildlife Area</td>
<td></td>
</tr>
<tr>
<td>Watercolor for Beginners: Section 1</td>
<td>Christine Mac Shane</td>
<td>10–12 Sep 07–Sep 28</td>
<td>Christine Mac Shane's Studio</td>
<td></td>
</tr>
<tr>
<td>Watercolor for Beginners: Section 2</td>
<td>Christine Mac Shane</td>
<td>10–12 Oct 05–Oct 26</td>
<td>Christine Mac Shane's Studio</td>
<td></td>
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<tr>
<td>Watercolor for Beginners: Section 3</td>
<td>Christine Mac Shane</td>
<td>10–12 Nov 02–Nov 30</td>
<td>Christine Mac Shane's Studio</td>
<td></td>
</tr>
<tr>
<td>Mary Beard’s Ultimate Rome: Empire Without Limit</td>
<td>Walter Coffey</td>
<td>10:30–12 Sep 07–Dec 14</td>
<td>Craig Hall: Gordon 1</td>
<td></td>
</tr>
<tr>
<td>Poetry for Pleasure at Craig Hall</td>
<td>James Kirks</td>
<td>10:30–12 Sep 14–Dec 14</td>
<td>Craig Hall: Bradley 2</td>
<td></td>
</tr>
<tr>
<td>Sharing Nature With Children</td>
<td>Paul Belz</td>
<td>10:30–12 Sep 07–Sep 28</td>
<td>Craig Hall: Gordon 2</td>
<td></td>
</tr>
<tr>
<td>Mindfulness for Health &amp; Wellbeing</td>
<td>Rosann Lampkin</td>
<td>10:30–12:30 Oct 19–Dec 14</td>
<td>Craig Hall: Gordon 2</td>
<td></td>
</tr>
<tr>
<td>World Dance Singing</td>
<td>Memo Keswick</td>
<td>1–2:15 Sep 07–Nov 09</td>
<td>Private Residence</td>
<td></td>
</tr>
<tr>
<td>Art of Ancient India</td>
<td>Katherine Harper</td>
<td>1–2:30 Sep 07–Dec 14</td>
<td>Craig Hall: Bradley 2</td>
<td></td>
</tr>
<tr>
<td>Society's Betrayal of the Child</td>
<td>Charlee Ann Lewis</td>
<td>1–2:30 Sep 07–Oct 26</td>
<td>Craig Hall: Bradley 1</td>
<td></td>
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</table>
## FRIDAY CLASSES, cont.

<table>
<thead>
<tr>
<th>Course</th>
<th>Instructor(s)</th>
<th>Dates</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arts, Eats, and Museums</td>
<td>Maureen Fredrickson</td>
<td>1–3 Sep 07–Dec 14</td>
<td>Various</td>
</tr>
<tr>
<td>Music and Musicians</td>
<td>Walter Coffey</td>
<td>1–3 Sep 07–Dec 14</td>
<td>Craig Hall: Gordon 1</td>
</tr>
<tr>
<td>Artisan Bread Making — Beginning: Chico: Section 1</td>
<td>Doreen Fogle</td>
<td>1–4 Sep 21</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Artisan Bread Making — Beginning: Chico: Section 2</td>
<td>Doreen Fogle</td>
<td>1–4 Sep 28</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Artisan Bread Making — Advanced: Chico: Section 1</td>
<td>Cathryn Hudin</td>
<td>1–4 Oct 19</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Artisan Bread Making — Advanced: Chico: Section 2</td>
<td>Cathryn Hudin</td>
<td>1–4 Oct 26</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>World Dance</td>
<td>Memo Keswick</td>
<td>3–4:15 Sep 07–Nov 09</td>
<td>The Lodge at The Terraces</td>
</tr>
<tr>
<td>Gilbert &amp; Potter Lectures on Books and Movies</td>
<td>Bill Augros</td>
<td>6–9 Sep 07–Dec 07</td>
<td>Faith Lutheran Church</td>
</tr>
</tbody>
</table>

## SATURDAY & SUNDAY CLASSES

<table>
<thead>
<tr>
<th>Course</th>
<th>Instructor(s)</th>
<th>Dates</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Comanche Creek Greenway: A Walk</td>
<td>Liz Stewart</td>
<td>10–12 Sat: Sep 22</td>
<td>Comanche Creek Greenway</td>
</tr>
<tr>
<td>Let's Make Jam with No Sugar</td>
<td>Bill Augros</td>
<td>1–4 Sat: Sep 15</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Let's Play Games</td>
<td>Bill Augros</td>
<td>1–4 Sat: Sep 08–Dec 08</td>
<td>Faith Lutheran Church</td>
</tr>
<tr>
<td>Poetry at the Glen</td>
<td>James Kirks</td>
<td>2–3 Sat: Sep 08–Dec 15</td>
<td>Sycamore Glen, Key Room</td>
</tr>
<tr>
<td>Movies at the Pageant Theatre</td>
<td>Bill Augros</td>
<td>1–5 Sun: Sep 02–Dec 02</td>
<td>Pageant Theatre</td>
</tr>
<tr>
<td>SF Grand Opera Cinema Series: Showboat</td>
<td>Ann Nikolai</td>
<td>2–4 Sun: Oct 14</td>
<td>Zingg Recital Hall, CSU, Chico</td>
</tr>
<tr>
<td>Harry Potter Lectures on Books and Movies</td>
<td>Bill Augros</td>
<td>2:30–5:30 Sun: Sep 16–Dec 9</td>
<td>Faith Lutheran Church</td>
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</tbody>
</table>

## OROVILLE CLASSES

<table>
<thead>
<tr>
<th>Course</th>
<th>Instructor(s)</th>
<th>Dates</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Butte County Miscellany: Speaker Series</td>
<td>Machelle Conn</td>
<td>1–2:30 Sep 10–Oct 15</td>
<td>Butte County Office of Education</td>
</tr>
<tr>
<td>Spanish: Beginning Conversation</td>
<td>Sue Hees</td>
<td>1–3:30 Sep 11–Nov 20</td>
<td>Butte County Office of Education</td>
</tr>
<tr>
<td>Ukulele for Beginners</td>
<td>Shirley Sherwood</td>
<td>10–11:30 Sep 05–Oct 10</td>
<td>Feather River Senior Center</td>
</tr>
</tbody>
</table>

## PARADISE CLASSES

<table>
<thead>
<tr>
<th>Course</th>
<th>Instructor(s)</th>
<th>Dates</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ridge Writers' Workshop</td>
<td>Debi Durham</td>
<td>3–5 Sep 05–Dec 12</td>
<td>Paradise Center for Spiritual Living</td>
</tr>
</tbody>
</table>

## CLASS LOCATIONS

Maps & directions to most class locations can be found on the OLLI website. Meet up locations and/or directions for many field trips, private residences, and "various" locations will be sent to participants prior to the class dates.

FIND COMPLETE SCHEDULE INFORMATION, INCLUDING CLASS DESCRIPTIONS, ONLINE AT OLLI.CSUUCHICO.EDU

Osher Lifelong Learning Institute • 400 W. First Street • Chico, CA 95929-0792 • 530.898.6679

8/21/18
Osher Lifelong Learning Institute at CSU, Chico

FALL 2018 MEMBERSHIP FORM

Membership is required to participate in OLLI classes, activities, and events. OLLI instructors, also called “Peer Leaders,” are also required to join. Joining OLLI at CSU, Chico supports its programs and enables you to enjoy our full range of offerings, make new friends, and socialize with people who share common interests.

Your Contact Information: Please check the box(es) if the information is being updated since the last time you registered.

☐ Name ___________________________ Member ID # ___________________________
☐ Address ___________________________ ☐ City _______________ ☐ Zip _______________
☐ Email ___________________________ ☐ Phone ___________________________
☐ Male ☐ Female Are you retired? ☐ Yes ☐ No

OLLI shares most updates and information by email and on our website in order to conserve resources. If you do not have access to a computer or email account, please check here to receive the information by mail. [ ]

Available Membership Options:

CHICO CHAPTER (Classes in All Locations)
☐ Fall ’18, Spring ’19 & Summer ’19: $230
☐ Fall ’18 & Spring ’19 Bundle: $215
☐ Spring ’19 & Summer ’19 Bundle: $145
☐ Spring ’19 Only: $125
☐ Summer ’19 Only: $75

GREATER BUTTE COUNTY CHAPTER (Paradise & Oroville Classes Only)
☐ Fall ’18 & Spring ’19 Bundle: $80
☐ Spring ’18 Only: $45

*To qualify for the Peer Leader discount, you must lead at least one class during the 18-19 academic year (fall, spring, and/or summer terms)

Annual Campaign Gift:

☐ I would like to become a Sustaining Member ☐ I would like to make a one-time gift

Gift Amount: ☐ $300 ☐ $100 ☐ $60 ☐ $30 ☐ Other $_________________________

Note: Sustaining gifts will continue monthly as specified unless a change is made through University Advancement.

Gift Payment:

☐ Separate Check, Payable to CSU, Chico University Foundation ☐ Charge My Credit Card (Enter # Below)
☐ I’d like to set up ACH transactions from my bank account. (We’ll email you a simple form to complete & mail to University Advancement.)

INFORMED CONSENT AGREEMENT: As a participant in the Osher Lifelong Learning Institute at CSU, Chico, I understand that risk of accident and injuries can arise out of participation in program activities and agree to release from liability and hold harmless the CSU, Chico Research Foundation, its programs, the Trustees of the California State University, and their officers and employees, from claims against them arising from injuries or property damage which might occur in connection with this activity. I certify that I am in good health and have the capacity to participate in programs of this nature. I give permission to be medically treated for illness or injury occurring during participation in the above activity, and certify that I am covered by medical insurance and/or willing to bear financial responsibility for any costs incurred in medical treatment. I also give permission for photos taken during OLLI classes or activities to be published.

Signature (Required): ___________________________ Date: ___________________________

Membership Payment:

☐ Check(s) enclosed. Note: Separate Checks Required for Memberships Fees & Gifts ☐ Charge My Credit Card $_________________________

Membership Check Payable to CSU, Chico Research Foundation. Donation / Gift Check Payable to CSU, Chico University Foundation.

VISA/MC Card #: ___________________________ Exp. ___________________________ 3-Digit Card Security Code: ___________________________

Please note: No refunds will be given but any unused membership fees will help to support our programs. Thank you.

Mail Form & Payment To: OLLI at CSU, Chico ● 400 W. 1st St ● Chico, CA 95929-0792 ● 530.898.6679
<table>
<thead>
<tr>
<th>Class Selections:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Please write in your class selections below AND circle your choice at left.</td>
</tr>
</tbody>
</table>

### Monday Classes in Chico

- √ Armchair Travel Sketching: Advanced
- √ Climate Change Solutions
- √ Computer and Online Security
- √ Computer Tune-Up
- √ Computers: Fundamentals
- √ Creating a Doodle Journal
- • Current Issues / Media Coverage
- √ Drum Circle

### Tuesday Classes in Chico

- √ A Thriving We Will Go
- √ Artist’s Workshop
- √ Building Resiliency
- √ Drawing the Human Figure: Sect 1
- √ Drawing the Human Figure: Sect 2
- √ Drawing the Human Figure: Sect 3
- √ Happiness 101

### Wednesday Classes in Chico

- √ 25 Contemporary Cancer Cures
- √ Acrylic Painting: Sect 1
- √ Acrylic Painting: Sect 2
- √ Traveling the History of the Chico Area
- √ Adopt a School
- √ Ancient Qi Gong
- √ Beginning Guitar: Level 2
- √ Let’s Knit

### Thursday Classes in Chico

- √ Ballroom Dance: Beginning
- √ Birding in the Chico Area
- √ Contemporary World Cinema
- √ History of the Ottoman Empire
- √ Hiking & Backpacking:
- √ History Through the Lens
- √ Let’s Knit

### Friday Classes in Chico

- √ Art of Ancient India
- √ Artisan Bread Making—Adv: Sect 1
- √ Artisan Bread Making—Adv: Sect 2
- √ Artisan Bread Making—Beg: Sect 1
- √ Artisan Bread Making—Beg: Sect 2
- √ Arts, Eats, and Museums
- √ Gilbert & Sullivan Operas on Video

### Saturday (S) & Sunday (U) Classes

- √ Comanche Creek Greenway: A Walk (S)
- √ Let’s Make Jam with No Sugar (S)
- √ Let’s Play Games (S)

### Paradise (P) & Oroville (O) Classes

- √ Butte County Miscellany: Speaker Series (O)
- √ Women & Money (O)

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**Registration Opens August 16 @ 9am**

**Top 5 Restricted Class Selections (with √):**

1. 
2. 
3. 
4. 
5. 

Additional Restricted Class Selections:

- We will add these classes to your schedule if space is available after the restrictions are lifted.

**Non-Restricted Class Selections:**

- 
- 
- 
- 
- 

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8/13/2018
25 Contemporary Cancer Cures

Peer Leader(s): Carl Colbie
Wed(s), Oct 17–Oct 17 • 10:30 AM–12:00 PM
Location: Craig Hall: Bradley 1

This class is based on the book “Tomorrow’s Cancer Cures Today” by Allan Spreen, M.D. We will focus on alternatives to conventional cancer treatments and learn what some of them are and where they can be accessed.

A Thrifting We Will Go (√)

Peer Leader(s): Linda Patrick
Tue(s), Oct 23–Nov 13 • 10:30 AM–12:00 PM
Location: Craig Hall: Bradley 1

This is an introductory course on how to effectively shop at thrift and consignment stores. These types of stores are becoming very popular and are a great way to enjoy and reap the benefits by not paying high end retail prices for fashion and household items, as well as how to re-purpose many items found in your home and garage. Special Note(s): Two classes in classroom; two out and about.

Acrylic Painting Step by Step: (√ $)

Peer Leader(s): Christine Mac Shane
Location: Christine Mac Shane’s Studio

| Section 1: Wed(s), Sep 05–Sep 26 | 1:00 PM–3:00 PM |
| Section 2: Wed(s), Oct 03–Oct 24 | 1:00 PM–3:00 PM |
| Section 3: Wed(s), Oct 31–Nov 28 | 1:00 PM–3:00 PM |

A hands on class using acrylic paint and mixed medias that introduces the beginner painter (and refreshes the seasoned artist) to the medium. We will look at composition, color choices, color mixing and technique in relation to choice of subject. Special Note(s): Materials included with a $40 fee.

Adopt a School

Peer Leader(s): Bill Augros
Wed(s), Sep 05–Sep 05 • 3:30 PM–4:30 PM
Location: Faith Lutheran Church

“It takes a village to raise a child!” We are a caring people in this community and can show our caring by adopting a school child who needs assistance with their education. Chico has a very good Reading Pals program and you can help! Visit their website at www.readingpalschico.org. We won’t be judgmental of the children’s learning difficulties or background. We will show our love through our actions. The “Adopt a School” class can let us all help in the education of OUR children. You will be able to donate as much or little time as you desire.

Ancient Qi Gong

Peer Leader(s): Matt Cavender
Wed(s), Sep 12–Oct 03 • 3:30 PM–4:30 PM
Location: The Lodge at The Terraces

Qi Gong is an ancient Chinese practice that dates back over 5000 years. It is also the birthplace for all modern Qi Gong practices. In ancient times throughout Asia, this practice was used as medicine for creating harmony and well being. In essence, this practice is not only a moving meditation, but also a way of unifying one’s breath and movement, thus bringing them together as one. Special Note(s): Class meets in the exercise room.

Armchair Travel Sketching: Advanced (√)

Peer Leader(s): Marvey Mueller
Mon(s), Oct 8–Dec 10 • 3:00 PM–4:30 PM
Location: Craig Hall: Bradley 1

This class will continue to build the skills of participants who were in Armchair Travel Sketching: Beginning. Only those who have attended that class should enroll in this one. Through the use of slides and demonstrations, we will continue to explore techniques and ideas related to journal sketching. Some off-site experiences will be included so that the students can become familiar with outdoor sketching.

Art of Ancient India (√)

Peer Leader(s): Katherine Harper
Fri(s), Sep 07–Dec 14 • 1:00 PM–2:30 PM
Location: Craig Hall: Bradley 2

The class will consider the art history of Ancient India from the Prehistoric through the Medieval Period. Class presentations will include PowerPoint reviews of key works and archaeological monuments as well as important background information on Buddhism and Hinduism. Special Note(s): A syllabus with names and terms as well as a recommended list of readings will be emailed to participants.

Artisan Bread Making ~ Advanced: Chico:

Peer Leader(s): Cathryn Hudin
Location: Faith Lutheran Church

| Section 1: Fri(s), Oct 19 | 1:00 PM–4:00 PM |
| Section 2: Fri(s), Oct 26 | 1:00 PM–4:00 PM |

Building on the techniques learned in the beginning-level class, you’ll learn to transform the basic dough into more beautiful, specialty seasonal breads. Prerequisite: Artisan Bread Making ~ Beginning Special Note(s): To help defray the cost of materials a donation of $2-3 is suggested.

Artisan Bread Making ~ Beginning: Chico:

Peer Leader(s): Doreen Fogle
Location: Faith Lutheran Church

| Section 1: Fri, Sep 21 | 1:00 PM–4:00 PM |
| Section 2: Fri, Sep 28 | 1:00 PM–4:00 PM |

In this one-day class, participants will learn how to use four ingredients—flour, yeast, salt & water—to make many kinds of bread just like those lovely French baguettes. This class is based on the book “The New Artisan Bread in Five Minutes
a Day” by Jeff Herzberg, M.D. & Zoe Francois. Come an hour early and get some hands-on experience. This class is a prerequisite to the advanced Artisan Bread Making classes.

**Artist’s Workshop**

**Peer Leader(s):** Jack Lee  
**Tue(s), Sep 04–Oct 16**  
**Location:** Craig Hall: Bradley 1

Students meet to leverage the group’s collective knowledge of painting and drawing by investigating ideas and sharing tips and tricks to produce better art. Each class will include a lesson on general art principles. Members are encouraged to bring their work to the group for discussion and feedback. Artists of all skill levels are welcome. Emphasis on, but not limited to, painting and drawing. Class will include one field trip to a local art museum.

**Arts, Eats, and Museums**

**Peer Leader(s):** Maureen Fredrickson; Bobbie Peterson  
**Fri(s), Sep 07–Dec 14**  
**Location:** Various

We’ll visit museums, art galleries, and studios in the area and talk with curators and artists to learn more about the places and the work. Afterwards, we’ll go to coffee houses or restaurants for no-host treats and conversation with group members.

**Ballroom Dance: Beginning**

**Peer Leader(s):** Gloria Hylton  
**Thu(s), Sep 06–Oct 25**  
**Location:** Studio One Ballroom

This fall, you’ll learn to dance Jitterbug in September and Foxtrot in October. The Fall 2018 Halloween Dance Party is scheduled for Saturday, October 20 @ Studio One Ballroom. Flexible shoes or dance shoes are required. No flip flops. Price is $30.00 for OLLI members (1st class each month is free), or $5 per class. Enjoy photos from previous Proms and Halloween Dance Parties at http://chicogloria.blogspot.com and http://www.studiooneballroom.com/ Click on “Photos”

**Beginning Guitar: Level 2**

**Peer Leader(s):** Phil Elkins  
**Wed(s), Sep 05–Dec 12**  
**Location:** The Lodge at The Terraces

This class is for people who know how to play the basic A to G chords on guitar, although class members may bring other stringed instrument to play (mandolin, bass, ukulele, banjo, harmonica or squeeze box), or they can come just to sing along with no instrument. I send out the songs via email with the lyrics and chords every week before class by artists like Johnny Cash, Bob Dylan, The Beatles, The Everly Brothers, and The Drifters, as well as other music from the 50’s and 60’s.

**Birding in the Chico Area**

**Peer Leader(s):** Joyce Bond  
**Thu(s), Sep 06–Dec 06**  
**Location:** Various

Through observation and the use of binoculars and field guides, class participants have the opportunity to learn to identify birds in their natural habitat, using accepted birding etiquette. The first class (optional for experienced birders) will be held in a classroom to go over birding basics and answer any questions. The remainder of the classes will be field trips, and we will meet at various sites around Chico and the surrounding area. Transportation is not provided, but we will carpool some of the farther destinations. Special Note(s): Class meets the 1st & 3rd Thursdays of each month. For the first class, we’ll meet in Craig Hall, Gordon 1. After the classroom session, we will go out on a total of 6 field trips. If there’s bad weather on one of the scheduled days, we’ll meet the following Thursday instead. Schedules with the locations and directions will be given out in the first class and also emailed.

**Building Resiliency**

**Peer Leader(s):** Rosie Potestio  
**Tue(s), Sep 04–Oct 02**  
**Location:** Craig Hall: Bradley 2

Resilience is the strength and ability to recover from misfortune, stress or hardship. It is the ability to bounce back from adversity, and adapt in a quickly changing and difficult world. Aging brings new stressors and we thrive when we boost our resilience, building the coping skills we need to meet today’s challenges. We can strengthen resilience with practice. We will focus on techniques to foster personal resilience, so we are ready when we need our strength the most: embracing change, problem solving, personal growth, new perspectives, acting decisively, the importance of flexibility and self nurture.

**Butte County Miscellany: Speaker Series**

**Peer Leader(s):** Machelle Conn  
**Mon(s), Sep 10–Oct 15**  
**Location:** Butte County Office of Education

Each class will center on a particular interesting aspect of Butte County. Topics for fall ’18 are: Butte County Demographics and the 2020 census, Butte County and the Civil War, The History of the Oroville Jewish Cemetery, The Hmong in Butte County, The Bard of Butte County, The Organ Project/History of the State Theater, with one possible switch from the Civil War to a talk on the High School Mock Trial Competition.

**Classic Movie Westerns**

**Peer Leader(s):** Peter Hogue  
**Wed(s), Sep 05–Dec 12**  
**Location:** Craig Hall: Bradley 1

A survey of the history of western movies, with special emphasis on the classics of the genre from 1929 to the present. Viewing and discussion of major examples directed by such masters of the genre as John Ford, Raoul Walsh, William...
Climate Change Solutions: Research and Action

**Peer Leader(s):** Gordon Gregory  
**Mon(s), Oct 29**  
**Location:** Craig Hall: Bradley 1

Climate Change is possibly the most important issue of our time. Learn about what is being done and what CAN be done in a non-partisan, upbeat, solution-focused presentation. From new carbon sequestration technologies to low-carbon agriculture, clean energy and potential legislation, this course will help you understand where we are now and where we might go to address the great challenge facing us.

Comanche Creek Greenway: A Walk

**Peer Leader(s):** Liz Stewart  
**Sat, Sep 22**  
**Location:** Comanche Creek Greenway

In 2006 the City of Chico purchased approximately 20 acres on both sides of Comanche Creek in South Chico. Edgar Slough was its historic name. Then, in July 2016, after a years-long effort to clear out invasive plants, buried trash and the construction of trails and a bike/pedestrian bridge, the greenway was finally opened to the public. Friends of Comanche Creek Greenway have worked with the Parks Division of Public Works to help turn this area into a more accessible space for the public to explore and enjoy. Come learn about the plants and historic use of the area.  
**Special Note(s):** The length of the walk is approximately one mile, lasting about 2 hours. We’ll meet at the end of Otterson Drive, on the south side of the greenway. Parking is available on the street or in the Mosquito District lot. Wear close-toed shoes and bring water and a sack lunch. (If Country Morning Bakery and Cafe is still open, that’s a great place for sandwiches and tea or sodas).

Computer and Online Security

**Peer Leader(s):** Lon Halley  
**Mon(s), Oct 08–Oct 22**  
**Location:** Faith Lutheran Church

Do you fear going online and using your computer in today’s hostile computer world? Russian hacking influencing USA elections? China hacking into government records! Hospital, financial, retail, and health records hacked! Ransomware! Spam! Cell phone tapping! TV and phone cameras invade your privacy! Identity theft, credit card fraud! Social Security Numbers compromised! Scams ad nauseam! This course will help you: develop a defensive strategy to protect yourself; identify suspicious activity; compare and choose the right software; and learn current methods to protect you and your technology.

Computers: Fundamentals for the Beginner

**Peer Leader(s):** Lon Halley  
**Mon(s), Sep 10–Oct 01**  
**Location:** Faith Lutheran Church

A bewildering world of technology: computers, laptops, smart phones, tablets, mobile computing, the cloud, software, apps, social media. This course will teach skills for using technology, including: file and folder management; how to work and navigate Windows Desktop; how to perform computer tune-ups to keep your technology running efficiently and fix minor problems; “techno-babble” and terminology; managing privacy and security; removing viruses; how to protect documents and pictures; and different methods of “backing up.” Windows, Google, and Mac users welcome.

Contemporary World Cinema

**Peer Leader(s):** Peter Hogue  
**Thu(s), Sep 06–Dec 13**  
**Location:** Craig Hall: Bradley 1

Viewing and discussion of major contemporary films by great international directors, with particular emphasis on foreign-language films, including many which have not been shown in local theaters.

Cracker Barrel

**Peer Leader(s):** Charney Herst; Dave Price  
**Mon(s), Sep 10–Dec 10**  
**Location:** Craig Hall: Gordon 1

A scintillating review of current themes in the media will be discussed each class. Class members present a topic, discuss that topic, then open the floor for discussion and debate. Poetry, literature, scientific discovery, educational progress, etc., are examples of the issues dealt with. Special guests are always welcome to present.
Creating a Doodle Journal (✓)

Peer Leader(s): Christine Wright
Mon(s), Sep 10–Dec 10 ● 1:00 PM–2:30 PM
Location: Northwood Commons Clubhouse

Can you draw a straight line? Neither can I. But, I love to doodle. This course will be an opportunity to refine your "doodling" skills and incorporate journaling. Self-reflection and meditation are a natural result of doodling and writing. We will doodle, write, sing, and color. No artistic skill or experience is required!

Cribbage: Learn AND Play (✓)

Peer Leader(s): Susan Levine
Wed(s), Sep 05–Dec 12 ● 1:30 PM–3:30 PM
Location: Windchime of Chico

Cribbage is a great card game for two people: fast, unpredictable and portable. Though the game has many rules, this class will take you step-by-step through all facets of the game. By the time you have finished this class, you will not only know the game well but you will also know how to teach the game to others. If you already know the game, come play with us. Been looking for someone to play with? Maybe you will find a new friend and opponent here!

Current Issues With an Emphasis on Media Coverage (✓)

Peer Leader(s): Robert Main
Mon(s), Sep 10–Dec 10 ● 10:30 AM–12:00 PM
Location: Craig Hall: Bradley 2

Vigorous, civil discussion among participants is anticipated and welcomed in this class dedicated to current events and the media coverage thereof. The course focuses on political (national, state and local) issues with media presentations and discussions and topics may be presented by use of video programs, PowerPoint presentations, or other media. Participants are encouraged to make presentations of topics of special interest and expertise they have.

Drawing and Painting the Human Figure: (√ $)

Peer Leader(s): Christine Mac Shane
Location: Christine Mac Shane’s Studio

Section 1: Tue(s), Sep 04–Sep 25 ● 10:00 AM–12:00 PM
Section 2: Tue(s), Oct 02–Oct 23 ● 10:00 AM–12:00 PM
Section 3: Tue(s), Oct 30–Nov 27 ● 10:00 AM–12:00 PM

In this course we will be exploring the human figure in sketches and paint. All classes will be suitable for both beginner and experienced artist. Special Note(s): Materials included with a $40 fee.

Drum Circle

Peer Leader(s): Judy Kane
Mon(s), Sep 10–Dec 10 ● 10:00 AM–11:00 AM
Location: Private Residence

OLLI Encore Drum Circle is an improvisational drum group. Members provide their own drums; some rhythm instruments are available.

Estate Planning 101

Peer Leader(s): Cheryl Tyree
Wed(s), Sep 05–Sep 19 ● 10:30 AM–12:00 PM
Location: Craig Hall: Bradley 2

Many believe they have put their “Affairs in Order” and their assets will pass to intended recipients. This class examines estate planning options available and their legal effect. Some choices made are effective only on death, some are effective immediately, and some are effective upon the occurrence of a specific event. A primary goal of this class is to expose you to various options to assist you in gaining a greater understanding of them and expose you to tools that will assist you in selecting an estate plan that meets your individual goals and needs.

Exploring the History of Butte County (✓)

Peer Leader(s): April Pryor; Maureen Fredrickson
Wed(s), Sep 05–Dec 12 ● 1:00 PM–2:00 PM
Location: Craig Hall: Bradley 2

What forces shaped our modern Butte County? Let’s look at why and how our towns and industries grew. Through presentations by guest speakers we’ll learn about such topics as the original land grants, the growth of farming and ranching, the local effect of world wars and the effect of the college on Chico.

Fake News and Internet Junk ~ Know It When You See It

Peer Leader(s): Carolyn Dusenbury
Tue, Oct 09 ● 1:00 PM–4:00 PM
Location: Craig Hall: Bradley 2

This 3-hour course will give some easy-to-remember criteria that can be applied to any online source or site to determine its credibility, accuracy and currency.

Fall and Winter Birds of the Chico Area (✓)

Peer Leader(s): Roger Lederer
Wed(s), Sep 05–Sep 19 ● 9:00 AM–10:00 AM
Location: Craig Hall: Bradley 2

The birds of the Chico area change with the seasons. Some live here all year round, some only pass through, and some come to spend the fall and winter. Whether you avidly birdwatch on your outdoor walks or just peek at the feathered creatures out of your kitchen window, fall and winter is a good time to learn how to identify these birds, find out what they do here, and learn how to attract them to your bird feeder.

Financial Planning & Investments: Trends & Best Practices

Peer Leader(s): Steven Cliadakis
Mon(s), Sep 10–Sep 24 ● 8:30 AM–10:00 AM
Location: Craig Hall: Bradley 1
French 1: Resurrecting French ( √ )

Peer Leader(s): Leanne Ulvang; Michèle Martens
Mon(s), Sep 10–Dec 10 • 1:00 PM–1:45 PM
Location: Craig Hall: Gordon 2

Studied French in high school or college? Have a long-term goal to communicate with native French speakers at a level above basic travel needs? This is your class.

You’ve mastered the basics of the French grammar and vocabulary, but now want to transform thoughts into French so that they aren’t lost in translation. Classes will focus on grammar, usage, creating French sentences and improving listening skills, using Living Language’s “Beyond the Basics” as a text, supplemented by other materials. We also read aloud from French novels and translate.

French 2: Beyond the Basics ( √ )

Peer Leader(s): Leanne Ulvang
Mon(s), Sep 10–Dec 10 • 1:50 PM–2:35 PM
Location: Craig Hall: Gordon 2

You’ve mastered the basics of the French grammar and vocabulary, but now want to transform thoughts into French so that they aren’t lost in translation. Classes will focus on grammar, usage, creating French sentences and improving listening skills, using Living Language’s “Beyond the Basics” as a text, supplemented by other materials. We also read aloud from French novels and translate.

French 3: Conversation ( √ )

Peer Leader(s): Leanne Ulvang; Jane Ziad; Claude Geffray
Mon(s), Sep 10–Dec 10 • 2:40 PM–3:45 PM
Location: Craig Hall: Gordon 2

On parle français dans cette classe, sans traduction (si nous avons de la chance). On doit avoir l’envie d’entendre et de parler mieux le français, et peut-être un jour le parler couramment. Il n’y a pas de textes.

French for Travelers ( √ )

Peer Leader(s): Leanne Ulvang; Michèle Martens
Wed(s), Sep 05—Dec 12 • 1:30 PM–2:30 PM
Location: Craig Hall: Gordon 2

This class is for those who want to focus on pronunciation, politesse and practicalities -- the vocabulary and idioms helpful for travelers in French-speaking countries (or as armchair travelers). The class is conducted mainly in English, with the aim of explaining how to say and understand basic French expressions.

Genealogy Case Studies: California Mavericks

Peer Leader(s): Kathleen Corrigan; Betty Porter
Mon(s), Sep 10—Oct 29 • 8:30 AM–10:00 AM
Location: Craig Hall: Gordon 1

Our country’s early western expansion was fueled by the mavericks of that time. Join us while we study a select group of Butte County and California pioneers. Our hope is that you will gain valuable research experience and formulate some new strategies and techniques. As we share new and seldom used sources, perhaps you will view your own research with a fresh perspective.

Geology of the Terrestrial Planets ( √ )

Peer Leader(s): Stewart Monroe
Thu(s), Sep 06—Dec 13 • 10:30 AM–12:00 PM
Location: Craig Hall: Bradley 2

Internal heat accounts for volcanism, earthquakes, and mountain building which along with surface processes such as running water, wind and glaciers make Earth a dynamic, evolving planet. The main objective in this course is Earth’s geology, but wherever possible we will investigate how effective (or not) these processes are on the other terrestrial planets (Mercury, Venus, Earth’s Moon, and Mars). In addition, we will review the history of life on Earth and explore the possibility of life elsewhere in the Solar System.

Gift of the Arts: The Janet Turner Print Museum

Peer Leader(s): Karen Avis
Thu(s), Sep 13—Nov 15 • 10:30 AM–12:00 PM
Location: Janet Turner Print Museum

A three part brown bag series, including a curator’s museum talk, print explanation, and discussion on the current exhibits at the Janet Turner Print Museum at CSU, Chico. This program is a lively interaction with the curator, Catherine Sullivan, focusing on understanding, appreciating and analyzing fine art prints held at the Turner Museum. Special Note(s): Class meets monthly on Sept. 13, Oct 25, and Nov. 15.
Gilbert & Sullivan Operas on Video

Peer Leader(s): Bill Augros  
Fri(s), Sep 07–Dec 07  •  6:00 PM–9:00 PM  
Location: Faith Lutheran Church

From the immortal partnership of composer Arthur Sullivan and librettist W.S. Gilbert, whose comic operas have been delighting audiences around the world for more than a century. We’ll watch videos from the popular BBC series featuring music by the London Symphony Orchestra and highlighting a host of international stars, including Vincent Price, Joel Grey, Peter Marshall, Keith Michell, William Conrad, Peter Allen & Frankie Howard. **Special Note(s): This class will be held on the first Friday of each month.**

Great Authors of 20th Century

Peer Leader(s): Roy Cook; John Meehan  
Mon(s), Sep 10–Dec 10  •  10:30 AM–11:45 AM  
Location: Craig Hall: Gordon 2

This class meets every other week. We normally read a 400-800 page book from a great author every two weeks. **Special Note(s): Class dates: 9/10, 9/24, 10/8, 10/22, 11/5, 11/26, 12/10. Please read Animal Farm (George Orwell, 128 pages) prior to the first class. We will also read these other 20th century writers: Solzhenitsyn, Beckett, Auden, Camus, Bellow and Marquez. These are all considered part of the 100 greatest authors series. You may sit in to see if its your cup of tea. **Download the complete semester book list online.**

Great Decisions

Peer Leader(s): William Tefteller; Myron Flindt  
Thu(s), Sep 06–Dec 13  •  1:00 PM–2:30 PM  
Location: Craig Hall: Bradley 2

The Great Decisions study group is the Foreign Policy Association’s public education program to stimulate more informed citizens by discussing U.S. foreign policy and global affairs issues. The topics for Fall 2018 are: China and America: the new geopolitical equation, Turkey: a partner in crisis, and Global health: progress and challenges. We will also add three or four more foreign policy topics that are of interest to the class. The 2018 study guide will cost $25 plus shipping at www.fpa.org.

Happiness 101

Peer Leader(s): Pamela Loyd  
Mon(s), Sep 10–Oct 29  •  1:00 PM–2:30 PM  
Location: Craig Hall: Bradley 1

We will explore happiness and well-being, relatively new subjects in the field of psychology, and learn what researchers have discovered. Some of the topics include what is meant by “happiness” and “well-being,” what does and does not make us happy, how much do our circumstances affect our happiness, why is happiness so often temporary, and how much of our happiness is in our control. We will also examine specific behaviors and attitudes that have been shown to increase one’s level of happiness, and consider how we can incorporate them into our lives.

Harry Potter Lectures on Books and Movies

Peer Leader(s): Bill Augros  
Sun(s), Sep 09–Dec 16  •  2:30 PM–5:30 PM  
Location: Faith Lutheran Church

There are seven books and eight movies of Harry Potter’s adventures. Several local college professors and other Harry Potter experts will review each of these with us. The first four will be covered in the 2018 Fall semester. The rest will be covered in the 2019 Spring semester. **Special Note(s): The class will meet on the 2nd & 3rd Sundays each month.**

Healthier You! A Lecture Series Presented by Enloe Medical Center

Peer Leader(s): Deanna Squires; Jolene Francis  
Tue(s), Sep 11–Nov 13  •  3:00 PM–4:30 PM  
Location: Enloe Conference Center

This lecture series includes seven distinct classes, each designed to address a unique area of health-related issues. Presented by highly-qualified physicians and other caregivers, these classes will provide you an opportunity to learn more about staying healthy and active. Each class is a complete topic. You are invited to attend any combination of the offerings during the series. **Special Note(s): Class meets: Sept. 11, 18, 25; Oct. 2, 9, 30; Nov. 6, 13.**

Hiking & Backpacking: A Guide to Starting Your Journey

Peer Leader(s): Cynthia Finnegan  
Tue(s), Oct 23–Nov 06  •  1:00 PM–3:00 PM  
Location: Craig Hall: Bradley 2

The first class will explore (1) the benefits of hiking/backpacking; (2) where one can find hikes and backpacking trails; (3) when these opportunities are offered; and (4) how one goes about equipping themselves to begin the adventure of hiking/backpacking. The second session will go further into explaining what are specific options for various pieces of equipment needed; how to ready oneself for various journeys; and resources for where to find equipment/food/clothing. Discussions and demonstrations about packing, equipment use and safety will be included. **Special Note(s): Hike to Iron Canyon Loop for 3rd session of class. This is a 4.5-mile loop with less than 200 feet of elevation gain. We’ll move at a leisurely pace, with plenty of time to take photographs and enjoy the scenery. We will carpool and each contribute $5 to the driver. Pack a lunch, snacks and water for the hike.**

Historical Novels & Biographies

Peer Leader(s): Roy Cook  
Mon(s), Sep 17–Dec 03  •  10:30 AM–11:45 AM  
Location: Craig Hall: Gordon 2

This class meets every other week. We normally read a 400-600 page book every two weeks. **Special Note(s): Class meets every other Monday: 9/17, 10/1, 10/15, 10/29, 11/12, 12/3. We only read the very best historical novels and biographies. Please read Martin Luther: The Man Who Rediscovered God and Changed the World (Metaxas, 455 pages) prior to the first class. You are invited to sit in to see if its your cup of tea. **Download the complete semester book list online.**
History of the Ottoman Empire: Video Lectures

Peer Leader(s): Bill Augros

Wed(s), Sep 05–Dec 12 • 10:30 AM–12:00 PM
Location: Faith Lutheran Church

This class covers the history of the Ottoman Empire from 1300 until 1900. What made the Empire just as powerful – if not more so - than those of Western Europe? Discover the answer in this thrilling adventure that covers over 600 years of Near Eastern history.

History Through the Lens of a Film Documentarian

Peer Leader(s): Claire Altheuser

Location: Private Residence

1st Mondays, Oct 01–Dec 03 • 9:30 AM–11:00 AM
2nd Mondays, Sep 10–Dec 10 • 9:30 AM–11:00 AM
3rd Mondays, Sep 17–Dec 17 • 9:30 AM–11:00 AM
4th Mondays, Sep 24–Dec 24 • 9:30 AM–11:00 AM

Documentary films of American lives; people who shaped America viewed through the lens of Ken Burns. A video presentation of American History by our country's greatest documentary film producer with a discussion of the events portrayed.

History Through Mystery (✓)

Peer Leader(s): Claire Altheuser

Location: Private Residence

1st Mondays, Oct 01–Dec 03 • 9:30 AM–11:00 AM
2nd Mondays, Sep 10–Dec 10 • 9:30 AM–11:00 AM
3rd Mondays, Sep 17–Dec 17 • 9:30 AM–11:00 AM
4th Mondays, Sep 24–Dec 24 • 9:30 AM–11:00 AM

A trip through history with the fun of reading and discussing historical mysteries. The groups are limited to 9 members and meet once a month at the home of Peer Leader Claire Altheuser. It is strongly urged that members have access to a computer in order to receive e-mails and other supplementary material for the books. Special Note(s): Please read "Mars the Avenger" by Alan Scribner for the first class.

Let's Knit

Peer Leader(s): Rebecca Herring Reiner

Location: Craig Hall: Bradley 1

Mon(s), Nov 26 • 1:30 PM–3:00 PM

If you have ever tasted a home-cured olive, you will know it is not the same as the ones from the store. Using the guidelines developed by UC Davis, Susan and her husband have been curing and sharing olives since 1980. If you are curious, come see how you can do it, too.

Knitting Boot Camp: (✓)

Peer Leader(s): Gale Ulvang

Location: Private Residence

Section 1: Mon(s), Sep 10–Oct 01 • 1:00 PM–2:30 PM
Section 2: Mon(s), Oct 08–Oct 29 • 1:00 PM–2:30 PM

This class is specifically for new knitters or those who learned long ago and need to refresh their skills. The intention is to give you a good start on a simple project after learning the basic knit and purl stitches. Attendees are invited to then join the "Let's Knit" class offered Tuesday afternoons.

Learning Disabilities, Abilities & Education

Peer Leader(s): Jerry Kirsch-Chandler

Thu(s), Sep 06–Dec 06 • 3:00 PM–4:30 PM
Location: Craig Hall: Gordon 1

A discussion on learning disabilities (LD), abilities and education from the standpoint of one who has ADD and had major problems from K to a BA in philosophy from Penn State. Later I became a trained reading specialist and still later earned an MS (in LD) from Johns Hopkins. I will explain how the diagnosis of LD is made in the educational setting, and what is done with that diagnosis. I'll also touch on some of the medical aspects of LD and my philosophy on education. Throughout the class I will encourage questions.

Let's Make Jam with No Sugar

Peer Leader(s): Bill Augros

Sat(s), Sep 15 • 1:00 PM–4:00 PM
Location: Faith Lutheran Church

Normal pectin requires sugar for jam to gel. Other kinds of sweetener do not work. In fact it requires seven cups of sugar to four cups of fruit to make jam. So the jam is 77% sugar! Pomona's Universal Pectin requires NO SUGAR. Come to this class to learn some jug band songs, and maybe even make some jug band instruments. This group is less about musicianship, and more about exploring the roots of this great American art form. We will watch excerpts from a video about jug bands, listen to some early recordings, and trace jug band influences into modern day music. Then we'll make music!
learn how to make jam with NO or very little sugar (or other sweetener of choice). You will also be able to take home some jam & jelly samples. Class notes will be emailed before the class. Everything will be provided. Donations will be accepted.

**Let’s Play Games**

**Peer Leader(s):** Bill Augros  
**Sat(s),** Sep 08–Dec 08 • 1:00 PM–4:00 PM  
**Location:** Faith Lutheran Church

Do you like card games or board games? We’ll play a card game called “Jok-R-ummy” – it’s like rummy, but a little different. The board game will be “Ticket to Ride” which is a cross-county adventure connecting cities by laying claim to railway routes on a map of North America. Instructions for both will be provided.  
**Special Note(s):** This class meets on the 2nd Saturday of each month.

**Let’s Walk**

**Peer Leader(s):** Linda Stukey; Deb Siouxthorup  
**Fri(s),** Sep 07–Dec 14 • 10:00 AM–11:00 AM  
**Location:** Bidwell Park

Joining a walking group is one of the best ways to start and maintain a healthy walking habit. Aside from the benefits of positive peer pressure, a walking group is safer, more fun, social, and something you’ll probably look forward to each and every time you meet.

**Life Talks - Creating Conversations, Connections & Traditions (✓)**

**Peer Leader(s):** Peggy Jennings-Severs  
**Tue(s),** Nov 06–Nov 08 • 10:30 AM–12:00 PM  
**Location:** Craig Hall: Bradley 1

Learn simple, effective, and sustainable tools for having more meaningful and satisfying conversations with your spouse, children, grandchildren, friends and acquaintances. Participants will also learn how to build traditions that allow and create an environment that supports connections and a sense of community. This workshop is highly interactive and fun!  
**Special Note(s):** This class meets both Tuesday and Thursday.

**Llano Seco Wildlife Sanctuary Bird Tour**

**Peer Leader(s):** Herman Gray  
**Fri(s),** Dec 14 • 10:00 AM–12:00 PM  
**Location:** Llano Seco Wildlife Area

Visit snow geese, white-fronted geese, sandhill cranes, and several species of ducks at Llano Seco on 7 Mile Lane, SW of Dayton. Meet at parking lot. Viewing platform is next to parking lot. Dress warmly, wear walking shoes, and bring binoculars/field glasses.

**Maps: Power, Plunder, Possession & Exploration (✓)**

**Peer Leader(s):** Walter Coffey  
**Wed(s),** Sep 05–Oct 24 • 1:00 PM–2:30 PM  
**Location:** Craig Hall: Gordon 1

This course has two linked video series. The first three classes present the extraordinary stories behind maps. Professor Jerry Brotton uncovers how maps aren’t simply about getting from A to B, but are revealing snapshots of defining moments in history and tools of political power and persuasion. The second part of the course presents the stories of five explorers: John Muir, William Speiers Bruce, David Livingstone, Thomas Blake Glover and John Wesley Powell. Their explorations ranged from Yosemite and the Grand Canyon to Africa, Japan, and Antarctica.  
**Special Note(s):** This class has a website at: http://ollivideos.blogspot.com/

**Mary Beard’s Ultimate Rome: Empire Without Limit (✓)**

**Peer Leader(s):** Walter Coffey  
**Fri(s),** Sep 07–Dec 14 • 10:30 AM–12:00 PM  
**Location:** Craig Hall: Gordon 1

Mary Beard is is Professor of Classics at the University of Cambridge, a fellow of Newnham College, and Royal Academy of Arts Professor of Ancient Literature. She is unusual in that she is a popular TV personality while being well-respected by her peers. This class begins with her 4-part overview of the Roman Empire and continues with her examination of the lives of ordinary Romans in the series Meet the Romans. The class concludes with her exploration of Pompeii and programs about Caligula and the most famous Roman of them all, Gaius Julius Caesar.  
**Special Note(s):** there is a website for the class at http://ollivideos.blogspot.com/

**Meditation and Contemplation**

**Peer Leader(s):** George McClendon; Abe Baily  
**Mon(s),** Sep 10–Dec 10 • 8:30 AM–10:00 AM  
**Location:** Unitarian Church

Whether you are new to the class or returning, we’ll review and practice meditative and contemplative techniques. We’ll also explore the connection between contemplative and compassionate living. Class starts and ends with silent meditation, time for questions, discussion, and short “Dharma” talks in between.

**Mindful Movements Workshop**

**Peer Leader(s):** Matt Cavender  
**Location:** The Lodge at The Terraces

**Section 1: Wed(s),** Sep 05 • 3:30 PM–5:00 PM  
**Section 2: Wed(s),** Oct 10 • 3:30 PM–5:00 PM

This class is about learning ancient form of movements, dating back over 5,000 years, for the use of discovering one’s true range of motion. Each person’s body moves slightly differently; this class will be working with customizing each movement to fit each individual’s body type. The benefits of a person knowing their true range of motion is that the chances of injuring yourself as you age becomes much less. The information learned within the workshop can be applied to everyday living. All levels of mobility are welcome. This class will meet in California Park, in the Lodge.
Mindfulness for Health & Wellbeing (√)
Peer Leader(s): Rosann Lampkin
Fri(s), Oct 19–Dec 14 • 10:30 AM–12:30 PM
Location: Craig Hall: Gordon 2

This course will teach participants about the research behind and efficacy of mindfulness practice. It is an experiential course that can be easily incorporated into daily life. Based on the work of Jon Kabat-Zinn and others, the course will include practice in sitting and walking meditation, gentle yoga, and chi gong. Readings and audio tapes from world-renowned mindfulness teachers are utilized. This class will provide the foundation for the intention, commitment, and practice of mindfulness, fostering and promoting health and wellbeing. Special Note(s): There will be a day-long session on Saturday, Dec. 1 from 9am-3pm.

Movies at the Pageant Theatre
Peer Leader(s): Bill Augros
Sun(s), Sep 02–Dec 02 • 1:00 PM–5:00 PM
Location: Pageant Theatre

Meet at the Pageant Theatre to enjoy a movie and then discuss it together afterward over refreshments at Faith Lutheran Church. Tickets are $6.50 senior price at the door. A description of all the movies we’ll see will be sent by email or letter to each person enrolled in the class. Please bring half a dozen cookies or equivalent per person per movie to share. Coffee, tea, hot chocolate, and ice water will be provided. Special Note(s): Meets the 1st Sunday of each month: 9/2; 10/7; 11/4; and 12/2.

Music and Musicians (√)
Peer Leader(s): Walter Coffey
Fri(s), Sep 07–Dec 14 • 1:00 PM–3:00 PM
Location: Craig Hall: Gordon 1

Each week we’ll view and discuss either a feature-length documentary or two shorter films. The films will generally feature a performer or composer, the impact of their environment on their music, and the impact of their music on other musicians and on society. Or the focus might be on a style of music from swing to rock. Participants will read and discuss a wide variety of books, from short stories, classic novels, contemporary novels, biographies to non-fiction. Information about purchase. It also offers a method to make suggestions for future reading. Links to copy availability of each book, either through the local libraries or to web site at ollibookgroup.blogspot.com. The same website includes practice in sitting and walking meditation, gentle yoga, and chi gong. Readings and audio tapes from world-renowned mindfulness teachers are utilized. This class will provide the foundation for the intention, commitment, and practice of mindfulness, fostering and promoting health and wellbeing. Special Note(s): The class has a website at: http://ollivideos.blogspot.com/

Myths, Legends & Tales of the Celts
Peer Leader(s): Lynn Elliott
Mon(s), Sep 10–Dec 10 • 8:30 AM–10:00 AM
Location: Craig Hall: Bradley 2

W.B. Yeats once said, “Celtic myths are the visions of a world expressed by people who believed trees to be divine, that could take a human or grotesque shape and dance among the shadows.” “Adventure, heroism, romance, and magic are a few of the elements that make Celtic mythology one of the most entrancing mythologies of Europe. Once a powerful people who dominated much of Europe, the Celts were reduced to a few small groups after the Roman invasions. However, their mythology survived, thanks largely to the efforts of medieval Irish and Welsh monks who wrote down the stories.”

National Security and the U.S. Intelligence Community
Peer Leader(s): Terry Wilson
Tue(s), Sep 11–Sep 25 • 3:00 PM–4:30 PM
Location: Craig Hall: Gordon 1

A description of the 17 intelligence agencies that comprise the US intelligence community will be offered. It will include the 5 basic intelligence sources. A description will be offered of the 6 steps of the intelligence cycle. We will drill down into several of the intelligence agencies, such as the DIA, the Defense Intelligence Agency. Relevant books and periodicals will be recommended.

OLLI All-Star Revue: Guest Presenters from 30 Years of Lifelong Learning (√)
Peer Leader(s): Ann Nikolai
Tue(s), Sep 11–Dec 11 • 3:00 PM–4:30 PM
Location: Craig Hall: Bradley 2

Celebrate our rich history of lifelong learning with a trip down memory lane. This 14-week class features OLLI’s longest serving peer leaders in a weekly series of “best of” tributes. Revisit the death of King Tut with Sue Monroe; explore the physics of toys and cooking with Scott Perry; learn about “Big Alma” and the Legion of Honor Museum with Carol Cody; and learn something new about mobile devices with Linda Perry. These are just a few of the dozen guest lecturers—some of our longest-serving members—who’ll be sharing their knowledge in this 30th Anniversary showcase series. Special Note(s): No class meeting on Oct. 9.

OLLI Book Group (√)
Peer Leader(s): Marian Milling; Cindy Weiner
Thu(s), Sep 06–Dec 06 • 10:30 AM–12:00 PM
Location: Craig Hall: Gordon 2

Participants will read and discuss a wide variety of books, from short stories, classic novels, contemporary novels, biographies to non-fiction. Information about currently scheduled books and books that have been read previously in the group can be found on the web site at ollibookgroup.blogspot.com. The same website links to copy availability of each book, either through the local libraries or to purchase. It also offers a method to make suggestions for future reading. Special Note(s): The book group meets once a month on the first Thursday of the month.

OLLI Hikers: Forks of Butte Recreation Area (√)
Peer Leader(s): Lorna Cunkle; Wendy Pine
Fri(s), Nov 02 • 9:00 AM–4:00 PM
Location: Various

First we’ll hike down the west side of Butte Creek from the Doe Mill Bridge for fabulous views, multiple cascades, and the sound of water ouzels. At 1.2 miles, the going gets difficult with huge rocks to climb, so we’ll turn around and, after returning to the Doe Mill Bridge, hike upstream on the east side of Butte Creek.
We think this is the best hike in Butte County for fall colors. Although this hike is only 4 miles (elevation gain 575 feet), parts of the trail are challenging (very rocky, downed tree to climb over, one very steep section). Special Note(s): Specific instructions, including carpool locations, will be provided the week before the hike. Wear layered clothing, a hat, and sturdy hiking shoes/boots. Bring water, lunch, and a sense of adventure. No dogs. We'll reschedule in case of rain.

OLLI Hikers: Green Island and Saucer Lakes (√)

Peer Leader(s): Lorna Cunkle; Wendy Pine
Fri(s), Sep 14 • 8:00 AM–5:00 PM
Location: Various

For this hike of 6 miles with 1,100 feet of elevation gain, we’ll drive up Highway 32, then through Butte Meadows and Jonesville to the Sunflower Flat trailhead. We’ll begin at an elevation of 6,315 feet, high enough to escape the hot September days in Chico. We’ll hike through an old mixed-conifer forest that is a known habitat for spotted owls. Green Island Lake has unusual plants and a floating bog of vegetation, one of only two in Lassen National Forest. If it’s a warm, sunny day, even at high elevation, we’ll cool off in the deeper Saucer Lake. Special Note(s): We’ll meet for carpooling at 8:00 AM, with a return time no later than 5 PM. Specific instructions, including carpool locations, will be provided the week before the hike. Wear layered clothing, a hat, and sturdy hiking shoes/boots. Bring water, lunch, sunscreen, water shoes, and a bathing suit. No dogs. Rain cancels. NOTE: You should have done a hike at high elevation and with significant elevation gain within the month before September 14. If you’ve ever experienced altitude sickness, this hike is NOT for you.

OLLI Hikers: Humboldt Peak and Beyond (√)

Peer Leader(s): Pamela Waldsmith; Cindy Finnegan
Fri(s), Sep 07 • 8:00 AM–5:00 PM
Location: Various

On this challenging, 5 mile, high elevation hike, we will be treated to beautiful vistas, a red fir forest, and emerge to open views of Lassen Peak. We will experience this unique section of the infamous PCT, which stretches from Mexico to Canada. For this 7,000+ feet elevation hike and 600+ ft. gain, you will want to be comfortable hiking at high elevation and on uneven ground. There will be an optional climb up rocks to get to the peak which allows a 360 degree breathtaking view. We will move along at a steady but comfortable rate with time to enjoy the incredible outdoor beauty. Special Note(s): This challenging hike is for those outdoor enthusiasts who are currently active in hiking and are physically able to handle elevation gains. It is recommended that you have plenty of water, food, hiking poles, sturdy hiking shoes, and wear layered clothing. We are really looking forward to sharing this lovely hike with you.

OLLI Hikers: Lower Trail ~ Colter Way to Li’l Falls & Ponderosa Way (√)

Peer Leader(s): Pamela Waldsmith; Cindy Finnegan
Fri(s), Oct 12 • 9:00 AM–4:00 PM
Location: Various

This is one of the favorite hikes of Roger and Helen Ekins, from their book, The Flumes and Trails of Paradise. We will likely enjoy waterfalls, plants, birds, and fall foliage. Much of this lovely trail runs alongside middle Butte Creek. We will be hiking 3-4 miles round trip with the trail being steep & rocky in places. This should be a lovely fall day in which to take a hike among the fall foliage in Paradise. Special Note(s): It is recommended that you have plenty of water, food, hiking poles, excellent hiking shoes, and wear layered clothing to be ready for any kind of weather. More information will be sent about a week before the hike.

OLLI Hikers: Women’s Hike to Feather Falls (√)

Peer Leader(s): Lorraine Smith; Vickie Stoll
Fri(s), Oct 26 • 7:30 AM–5:00 PM
Location: Various

For this hike, we’ll go to Feather Falls Scenic Area in Plumas County. The hike to the 400+ foot waterfall, right above the confluence of Fall Creek and the Middle Fork of the Feather River, is strenuous (8.5 miles round trip, 900 feet elevation gain). Sign up only if you have been hiking at least 6 miles on uneven ground. Our pace will be leisurely, with time to take photographs, identify wildflowers, perhaps identify a bird or two, and enjoy the views of Bald Rock and the Feather River. Team up with other women to create a fun outdoor adventure! Special Note(s): Sturdy hiking boots and hiking poles strongly recommended.

OLLI Hikers: Women’s Hike to Yana Trail and Inks Creek (√)

Peer Leader(s): Judy Barclay
Fri(s), Nov 09 • 8:00 AM–4:00 PM
Location: Various

This is a pleasant trail through several diverse habitats, located outside of Red Bluff. The hike is moderate, 6 miles with only a 300 ft. elevation gain. Much of the trail follows alongside the riparian habitat of the Sacramento River; it is quite scenic with beautiful views of Lassen Peak in the distance. There are often numerous birds to enjoy. Our pace will be leisurely, with time to take photographs, spot some birds, enjoy the scenery, and have lunch alongside Inks Creek. Team up with other women to create a fun outdoor adventure! Special Note(s): Sturdy hiking boots recommended; hiking poles optional but helpful.

Optim-Eyes Life With Macular Degeneration

Peer Leader(s): Judy Barclay
Thu(s), Sep 06–Dec 13 • 1:00 PM–2:30 PM
Location: Craig Hall: Gordon 2

Have you or a loved one been diagnosed with Macular Degeneration? Not sure what to expect? This course is designed for persons with Macular Degeneration and their family members to get a general overview of the disease and how to “optimize” life while dealing with vision loss.

Oregon Shakespeare Festival Workshop

Peer Leader(s): Ann Nikolai
Tue(s), Nov 27 • 9:00 AM–11:00 PM
Location: Various

The CSU, Chico residency program partners professional artists with students. This fall, OLLI students are invited to participate when actors from the exalted Oregon Shakespeare Festival present at CSU, Chico for 1 or 2 weeks. Students will participate in the work and play with the actors, writers, and directors of these incredible professional productions.
Photography: Beyond Auto Mode

**Peer Leader(s):** Dick Emmons  
**Thu(s),** Sep 06–Oct 25 ● 1:00 PM–2:30 PM  
**Location:** Aymer J. Hamilton #124

This course is designed to show the use of the various controls on a digital camera. The class will emphasize those controls dealing with exposure and the effect they have on creating good photographs. Each week a different control will be used. During class students will take photos and the class will conclude with the photos viewed on a TV. A MUST requirement is a digital camera that has controls for Auto, P, Av, Tv or S and M. The camera must also use a SD memory card and a blank one should be brought to the first class.

Photography: Taking Better Digital Pictures

**Peer Leader(s):** Dick Emmons  
**Wed(s),** Sep 05–Oct 24 ● 1:00 PM–2:30 PM  
**Location:** Aymer J. Hamilton #124

This course is designed to increase your ability to see interesting photos in everyday life. Emphasis will be on learning and applying the basic rules of photographic composition. A particular subject will be assigned each week, then the students will spend class time looking for and taking photos. The session will conclude with the class seeing their pictures on the TV. Any digital camera from point and shoot to DSLR may be used. The only requirement is the camera must use a SD memory card and a blank one should be brought to the first class session.

Plato (√ )

**Peer Leader(s):** Jack Ayer  
**Tue(s),** Sep 04–Dec 11 ● 10:30 AM–12:00 PM  
**Location:** Craig Hall: Gordon 2

I’d like to collaborate on a slow read of some of Plato’s early dialogs, to try to get some sense of what exactly he does and how he does it. All class reading will be in English, not Greek.

Poetry at the Glen

**Peer Leader(s):** James Kirks; Roger Kaye  
**Sat(s),** Sep 08–Dec 15 ● 2:00 PM–3:00 PM  
**Location:** Sycamore Glen, Key Room

Reading poetry helps you to know things more fully, it commands your attention, and it can sustain good conversation. In this class participants select poetry from favorite sources to read aloud with fellow enthusiasts. **Special Note(s): Class meets 1st and 3rd Saturdays of the month.**

Poetry for Pleasure

**Peer Leader(s):** James Kirks  
**Fri(s),** Sep 07–Dec 07 ● 9:00 AM–10:30 AM  
**Location:** Aymer J. Hamilton #124

Reading poetry helps you to know things more fully, it commands your attention, and it can sustain good conversation. In this class participants select poetry from favorite sources to read aloud with fellow enthusiasts. **Special Note(s): Class meets 1st, 3rd & 5th Fridays of the month.**

Poetry for Pleasure at Craig Hall

**Peer Leader(s):** Sydney Wilde  
**Tue(s),** Sep 04–Dec 11 ● 10:30 AM–12:00 PM  
**Location:** Craig Hall: Gordon 1

Reading poetry helps you to know things more fully, it commands your attention, and it can sustain good conversation. In this class participants select poetry from favorite sources to read aloud with fellow enthusiasts. **Special Note(s): Class meets 2nd and 4th Fridays of month.**

Power of Myth

**Peer Leader(s):** Sydney Wilde  
**Tue(s),** Sep 04–Dec 11 ● 10:30 AM–12:00 PM  
**Location:** Craig Hall: Gordon 1

The Big Myths offer universal motifs which tell us what to expect from the Universe and how to experience our lives fully. This class is based on the Bill Moyers/Joseph Campbell conversations, “The Power of Myth” (PBS circa 1985). Each session will view a ½ hour video from the program and then discuss our own insights into the wonderful world of comparative mythology and cultures. We’ll trace with Campbell the procession of mythological structure from the hunter gatherers, through agricultural societies, and into the future. **Special Note(s): This class is a reprise of the class taught in 2013-2014. Each class will begin with ½ hour video clips from the PBS Series The Power of Myth. Class discussion will include pondering how our myths answer the basic human questions: Who am I? And, how do I relate: to myself, to others and to the cosmos? We will also ponder the mythologies of our time, and how our lives, and the world we live in, would differ if we understood the world through a different mythological lens. Class discussions include the Myths we live by today, how they guide our daily relationships, and the need for a new mythology in our changing world.**

Reading Homer in Greek (√ )

**Peer Leader(s):** Jack Ayer  
**Tue(s),** Sep 04–Dec 11 ● 9:00 AM–10:00 AM  
**Location:** Craig Hall: Gordon 2

A small group of us have been struggling for some months now to read Homer’s Iliad (Book I) in its original Greek. The task is demanding, maddening and deeply rewarding. None of us is remotely expert at this job but we help each other along. We invite suitable others to join us. To participate, you wouldn’t want to know too much Greek or you’d be bored. You wouldn’t want to know too little or you’d be left in the dust. Email Jack Ayer for help in identifying the Goldilocks point at jdayer@ucdavis.edu. Coursebook: Pharr, Homeric Greek.
Reading Poetry for Insight

Peer Leader(s): Dennis Daniel
Wed(s), Sep 05–Dec 12 ● 10:30 AM–12:00 PM
Location: Craig Hall: Gordon 2

Each week we will examine three or four poems, mostly from the Western tradition, some in translation from other languages. We will look at classic themes such as: self-discovery, fear, compassion, insight, aging and mortality, relationships, et al. Our goal will be to see how the poem works and what it says to us as readers with divergent backgrounds. We will read each poem in depth and appreciation.

Ridge Writers’ Workshop

Peer Leader(s): Debi Durham
Wed(s), Sep 05–Dec 12 ● 3:00 PM–5:00 PM
Location: Paradise Center for Spiritual Living

The Ridge Writers’ Workshop welcomes writers of all levels and genres who are serious about professional level work. Participants will offer positive feedback through critiquing and editing each other’s work. We will challenge each other to think creatively and constructively. Writing groups are often used to help and guide the writer by turning a manuscript into the most effective piece of fiction or nonfiction. With the ultimate goal being publication, we will also explore publishing ideas and resources. Special Note(s): Suggested readings: “Writing Down the Bones” by Natalie Goldberg and “The Writing and Critique Group Survival Guide” by Becky Levine.

Russian Culture and Art History (√)

Peer Leader(s): Mary Claire Morin
Tue(s), Sep 04–Dec 11 ● 1:00 PM–2:30 PM
Location: Craig Hall: Gordon 1

We will be exploring Russian art and culture from its beginnings to present day. What were the influences on early Russian art? Where has it been found? Who made it? Who were the movers and shakers of Russian society? Let’s get ready for an interesting search for answers while looking at fabulous art!

SF Grand Opera Cinema Series: Showboat

Peer Leader(s): Ann Nikolai
Sun, Oct 14 ● 2:00 PM–4:00 PM
Location: Zingg Recital Hall, CSU, Chico Campus

A true classic of American musical theater, this tale of life on the Mississippi from the 1880s to the 1920s is both a poignant love story and a powerful reminder of the bitter legacy of racism. The magnificent Jerome Kern-Oscar Hammerstein score, which includes such classic songs as “Ol’ Man River,” “Can’t Help Lovin’ Dat Man,” “Make Believe,” and “You Are Love” sounds glorious under the baton of music-theater maestro John DeMain. Discounted tickets available to OLLI at $12.80 each by purchasing online or by calling the OLLI office at (530) 898-5858. See you there!

Science Projects with Grandkids

Peer Leader(s): Jessica Edmunson
Tue(s), Oct 23–Nov 13 ● 1:00 PM–2:30 PM
Location: Gateway Science Museum

Wow your grandchildren with fun, hands-on science activities! This 4 week course will give you the skills and know-how to provide your loved ones with a fun and engaging science experience. Learn how to incorporate themes of discovery and curiosity into the time you spend with your grandchildren while developing their skills of investigation and inquiry. After this course, which uses the exhibits and educational programs of the Gateway Science Museum as a backdrop, you will be able to carry out at least 4 hands-on science investigations with materials that can be found at the grocery or hardware store.

Shakespeare Lecture & Videos

Peer Leader(s): Bill Augros; Tom Jordan
Wed(s), Sep 05–Dec 12 ● 1:00 PM–3:00 PM
Location: Faith Lutheran Church

This class will consist of a video lectures from the Great Course Company on Shakespeare’s plays and video versions of the plays from the BBC. You will learn a set of interpretive tools, drawn from the texts themselves, that give direct insight into Shakespeare’s plays. You can then follow the narratives of the plays as they unfold, with a clear understanding of how the plays function and fit together.

Sharing Nature With Children

Peer Leader(s): Paul Belz
Fri(s), Sep 07–Sep 28 ● 10:30 AM–12:00 PM
Location: Craig Hall: Gordon 2

Children grow in many ways when they play outside and explore natural environments, and adults grow when they share these adventures with children whom they love! This class will offer environmental education activities adults can share with preschool and elementary school aged children. We’ll learn science activities, stories, games, music, and art activities that strengthen youngsters’ connections with nature. “The Sense of Wonder” by Rachel Carson is a great introductory book on this topic, but it is optional. I will share information about other optional books and articles during class. Special Note(s): The class will include some short walks for easy outdoor activities. I will include more information on these at the first meeting.

Sing Gospel Music With or Without Instruments

Peer Leader(s): Phil Elkins
Mon(s), Sep 10–Dec 10 ● 10:00 AM–11:30 AM
Location: The Lodge at The Terraces

Singing and/or playing popular gospel songs. Bring your voice, guitar, violin, cello, harmonica, squeeze box or other instrument and join a group of people singing and playing gospel music. This is not meant to be religious. It’s just a place to enjoy gospel music.
Smart Phone 101: Android (✓)

Peer Leader(s): Judy Barclay

Tue(s), Sep 11–Oct 16 ● 1:00 PM–2:30 PM

Location: Craig Hall: Bradley 1

Formerly known as “Do I Want A Smartphone?” this class covers the basic functions and vocabulary of the smartphone and tablet (not iPhone or iPad.) If you have an iPhone or iPad, look for Smart Phone 101 - iPhone/iPad in schedule. Using slides and live demonstrations, the class seeks to get you more familiar and comfortable with your smartphone or tablet. It will also give you resources that you can use to teach yourself how to enjoy these wonderful devices.

Smart Phone 101: iPhone and iPad (✓)

Peer Leader(s): Susan Levine

Mon(s), Sep 10–Oct 01 ● 1:30 PM–3:00 PM

Location: Craig Hall: Gordon 1

Formerly known as “Do I Want A Smartphone?” this class covers the basic functions and vocabulary of the iPhone and iPad. If you have any other smart phone or tablet, look for Smart Phone 101 - Android (not iPhone) in schedule. Using slides and live demonstrations, the class seeks to get you more familiar and comfortable with your iPhone or iPad. It will also give you resources that you can use to teach yourself how to enjoy these wonderful devices.

Society’s Betrayal of the Child (✓)

Peer Leader(s): Charlee Ann Lewis

Fri(s), Sep 07–Oct 26 ● 1:00 PM–2:30 PM

Location: Craig Hall: Bradley 1

An in-depth historical look at the treatment of children in various countries with specific attention to the U.S. and our evolution of standards and laws that protect children. Included are discussions dealing with gun violence in schools, and the plight of sexual abuse affecting our youngest children through young adulthood. The trauma that poverty, all forms of abuse, incomplete education levels for children leaving school early, children’s self-awareness and self empowerment lacking in our children to be able to protect themselves from assault, abduction, physical abuse and hunger. Special Note(s): Optional text: “THOU SHALT NOT BE AWARE: Society’s Betrayal Of The Child” by Alice Miller. We will use the research basis of the text as the format to discuss child abuse.

Spanish Conversation (✓)

Peer Leader(s): Memo Keswick

Wed(s), Sep 05–Nov 07 ● 10:45 AM–12:00 PM

Location: Various

For folks who want to improve their ability to converse in Spanish and meet other Spanish speakers. Spanish “Study Abroad” and online learning tools may be discussed and shared. Specific “themes” for day will be chosen dependent on level of participants and we’ll meet in a variety of locations, including parks and cafes. Guest Spanish speakers may be invited. Special Note(s): Materials shared will be through internet. No class 10/31.

Spanish: Beginning Conversation

Peer Leader(s): Sue Hees

Tue(s), Sep 11–Nov 20 ● 1:00 PM–3:30 PM

Location: Butte County Office of Education

Basic conversational Spanish with an emphasis on vocabulary you might use for traveling, in your work such as at the hospital, taking into account what the students want or need. No books are required, no previous knowledge or experience needed. Come casual, bring a smile, and join the fun. Special Note(s): No class Oct. 16.

Successful Aging Project

Peer Leader(s): Bonnie Kenaley

Wed(s), Oct 10 ● 10:00 AM–11:00 AM

Location: Craig Hall: Bradley 1

OLLI Chico was selected by the Osher National Research Center to participate in a national study on aging. Dr. Bonnie Kenaley, researcher from Boise State University, is conducting a research study to examine the factors and predictors for “successful aging.” The intent of the study is to identify successful aging pathways and examine factors related to successful aging, such as health, physical exercise, emotional well-being, coping skills, and life satisfaction. The study’s results will contribute to updating current programs, services, and policies. Dr. Kenaley will discuss the project and distribute a survey to be taken in class.

Tai Chi Twice a Week for Beginners (✓)

Peer Leader(s): Mike McCluskey

Mon(s), Sep 10–Dec 13 ● 8:30 AM–9:30 AM

Location: The Lodge at The Terraces

Tai Chi is a gentle slow movement system originating in China. Students will learn the 24 form Yang style, Whu Shu School version of Tai Chi. Two forms will be taught each week until all 24 forms are learned. Tai Chi is known to enhance flexibility, strength and balance. Senior citizens that practice Tai Chi have 37% fewer falls than their counterparts. This class is for people who have never tried Tai Chi before and want to learn. It requires practice at home. Special Note(s): Class meets 2 times per week on Mondays and Thursdays.

TED Talks and the Class Responds (✓)

Peer Leader(s): Judy Gargas; George McIntyre

Thu(s), Sep 13–Dec 13 ● 10:30 AM–12:00 PM

Location: Craig Hall: Gordon 2

TED Talks (Technology, Entertainment, and Design) is a nonprofit devoted to spreading ideas, usually in the form of short, powerful talks often very personal that include a focus on science, business and global issues. Join us for the opportunity view and discuss these talks and even debate them. And get to know more OLLI members. Special Note(s): Class doesn’t meet on 1st Thursday of month.

The ”Why” of Consciousness

Peer Leader(s): Deborah Muth
The Incredible Human Journey (✓)

Peer Leader(s): Walter Coffey

Wed(s), Sep 05–Oct 03 • 10:30 AM–12:00 PM

Location: Craig Hall: Bradley 1

The Incredible Human Journey is a five-episode, 300 minute, science documentary film presented by Alice Roberts, based on her book by the same name. It explains the evidence for the theory of early human migrations out of Africa and subsequently around the world, supporting the Out of Africa Theory. This theory claims that all modern humans are descended from anatomically modern African Homo sapiens rather than from the more archaic European and Middle Eastern Homo neanderthalensis or the indigenous Chinese Homo pekinensis, and that the modern African Homo sapiens did not interbreed with the other species of genus Homo. Special Note(s): There is a website for this class at: http://ollivideos.blogspot.com/

The Tao Te Ching: An Introduction

Peer Leader(s): Jerry Dimberger

Wed(s), Dec 05–Dec 12 • 10:30 AM–12:00 PM

Location: Craig Hall: Bradley 1

The Tao Te Ching is a Chinese classic book, or better, a series of 81 poems/chapters written by the philosopher Lao Tzu over 2500 years ago. In it he poetically explains the universe and humans’ part in it. In this workshop, students will be presented with the various themes and concepts of Tzu’s philosophy and how this can lead to living a more satisfying life. The Tao is supposedly the second most translated book in the world next to the Bible. Each version is different because of Tzu’s poetic style and various meanings of his ancient Chinese characters. Special Note(s): The first session will deal with the overall history and philosophy of life concepts of the book (CHING) especially dealing with the TAO. The second session will concentrate on the idea of the TE which is morality and ethics, or better, how we should live in society.

Transcontinental Airmail and Great Flights of Exploration

Peer Leader(s): Gary Hendrickson

Mon(s), Sep 10–Oct 22 • 10:30 AM–12:00 PM

Location: Craig Hall: Bradley 1

A follow up to the WW-1 aviation history course. How the U.S. Postal Service started the transcontinental air mail, leading to commercial airlines, and the national airway system. The course will additionally cover famous flights of exploration, and the colorful aviators who performed them.

Tuesday Tunes

Peer Leader(s): Bitz Haley

Tue(s), Sep 04–Dec 11 • 10:00 AM–11:30 AM

Location: Haley’s Martial Arts Studio

Start your Tuesday with music and songs. Join us in a fun, informal weekly sing along. Bring your voices and/or musical instruments. We will provide reasons for smiles and laughter, a venue with chairs, and songs with chords. Please note that the operative word is “fun.” If you like music, you will like this class. All levels welcome.

Ukulele for Beginners

Peer Leader(s): Shirley Sherwood

Wed(s), Sep 05–Oct 10 • 10:00 AM–11:30 AM

Location: Feather River Senior Center

The “uke” is easy to learn and great fun to play. If you’ve never played a musical instrument before, then this class is for you. We will be learning some very basic chords to accompany music for songs you probably can already sing. Reading music is not needed. Ukuleles that are tuned to G,C,E,A should be used (not baritone). We will be singing and strumming from the first day, and learning together. No prior experience is needed to have fun in this class.
Women & Money: Take Control of Your Finances

Peer Leader(s): Miste Cliadakis
Mon(s), Oct 01–Oct 15 ● 10:30 AM–11:30 AM
Location: Butte County Office of Education

Women often face unique financial circumstances in their lives. Women have longer life expectancies, are more likely to be living on their own, and are often more conservative investors than men. More and more women are becoming the main breadwinners and find themselves having to make important financial decisions with little preparation. This class will cover the principles of investing and financial planning, including retirement income, asset allocation, diversification, stocks, bonds, mutual funds, ETFs, estate planning, and financial scams. This class is for women only!

World Dance (✓)

Peer Leader(s): Memo Keswick
Fri(s), Sep 07–Nov 09 ● 3:00 PM–4:15 PM
Location: The Lodge at The Terraces

Fun social dances from around the world, including Bulgaria, Romania, Serbia, Greece, Israel, Scotland, and the United States. Line, circle, and couple dances. No partner required.

Women & Money: Making Smart Financial Decisions in Retirement

Peer Leader(s): Miste Cliadakis
Wed(s), Oct 03–Oct 17 ● 10:30 AM–12:00 PM
Location: Craig Hall: Bradley 2

Studies show that men are more likely to invest with a performance goal, while women tend to prefer structuring investments into pools for specific purposes. These purposes are often related to women’s security and financial goals. This class will cover creating a living legacy, long-term care, widowhood and making smart financial decisions in retirement. Topics also include key risks that can detour your retirement, income planning using the bucket strategy, distribution/accumulation phases, and basic estate planning. Women & Money classes are designed for women only to create a comfortable environment to engage in conversations about money and investing.
CANCELLED: Writer’s Workshop: Section 2 (√)

Peer Leader(s): Sandy Thorpe
Location: The Lodge at The Terraces

Writers’ Workshop is a class in writing production. It’s a chance for you to bring things you’ve written to a group of involved writers for input. You will read things you’ve written and share your perceptions of others’ writing in the discussion sessions that follow each reading.

Writing Short Plays (√)

Peer Leader(s): Pamela Loyd
Wed(s), Sep 05–Dec 12 • 1:00 PM–3:30 PM
Location: Private Residence

Learn to write a short play. In this class we will examine the basics of playwriting including format, structure, character, conflict, and dialogue. This is a workshop-style class in which we will discuss concepts and techniques, share what we have written, and spend part of each class writing short exercises to develop skills. Prompts will be offered to stimulate your ideas. There will be an opportunity for some of the plays to be staged at the OLLI Summer Play Festival.