

Losses Through Life Talk – March 2012

Losses and changes NOT Age Related

Moving

Friend moves

Friend dies

Pet dies

Grandparent dies

Sibling dies

New sibling

Change schools

Divorce

Remarriage –step siblings

Graduating from high school or college

1st love

1st job

Marriage-change in lifestyle

Loss of job

Loss of dream – i.e. – home ownership

Bankruptcy

War injury-mental or physical

Financial changes

Major health change

Separation from family members

Being “de-friended” on Facebook!

Loss of a long friendship