Losses Through Life Talk – March 2012

**Losses and changes NOT Age Related**

Moving
Friend moves
Friend dies
Pet dies
Grandparent dies
Sibling dies
New sibling
Change schools
Divorce
Remarriage – step siblings
Graduating from high school or college
1st love
1st job
Marriage – change in lifestyle
Loss of job
Loss of dream – i.e. – home ownership
Bankruptcy
War injury – mental or physical
Financial changes
Major health change
Separation from family members
Being “de-friended” on Facebook!
Loss of a long friendship