Your brain is an amazing, three pound adventure in your body. It keeps you breathing, your heart beating, and your blood pressure somewhere around normal. Well, it normally keeps your blood pressure around normal, but what if you get angry or depressed? What if something exciting happens like a new marriage or a move? How does your brain work in those times? This class will explore the ways and whys you brain works the way it does and how you can have an effect over the way it operates. Dr. Joni Samples invites you to come and listen, enjoy, and participate in the way your brain works!

SUMMER ‘17 INTERSESSION SERIES: “BRAIN STATES”
Your Brain & How It Works For or Against You
Led by Dr. Joni Samples

5 Workshops: Tuesdays, August 1, 8, 15, 22 & 29
When & Where: 10:30AM–Noon | Chico New Thought Center, 14 Hillary Lane
Fee: $10 per session or $45 for the series of 5

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