



Osher Lifelong Learning Institute

at CSU, Chico

SUMMER '17 INTERSESSION SERIES: "BRAIN STATES"

Your Brain & How It Works For or Against You

Led by Dr. Joni Samples

5 Workshops: Tuesdays, August 1, 8, 15, 22 & 29

When & Where: 10:30AM–Noon | Chico New Thought Center, 14 Hillary Lane

Fee: \$10 per session or \$45 for the series of 5



Your brain is an amazing, three pound adventure in your body. It keeps you breathing, your heart beating, and your blood pressure somewhere around normal. Well, it normally keeps your blood pressure around normal, but what if you get angry or depressed? What if something exciting happens like a new marriage or a move? How does your brain work in those times? This class will explore the ways and whys you brain works the way it does and how you can have an effect over the way it operates. Dr. Joni Samples invites you to come and listen, enjoy, and participate in the way your brain works!

SUMMER 2017 INTERSESSION LECTURE SERIES

Sign Me Up for Brain States!

- August 1 \$10 August 22 \$10
- August 8 \$10 August 29 \$10
- August 15 \$10 Series of 5 \$45

Name(s): _____

Full Address: _____

Email Address: _____ Phone: _____

Payment: Check payable to CSU, Chico Research Foundation Charge My Credit Card \$ _____

VISA/MC Card #: _____

Exp. _____ 3-Digit Card Security Code: _____

Mail your completed form to the OLLI office. You can also pay at the door for any workshop(s) you attend.

Mail to: OLLI at CSU, Chico
400 W. 1st Street
Chico, CA 95929-0792

Please make sure to include 4-digit zip code extension!

olli.csuchico.edu