

# Welcome!

OLLI at CSU, Chico offers classes and activities exploring a wide array of interests in history, literature, the natural and social sciences, fine arts, and current events. Whether it involves the discovery of your genealogical heritage or finding your singing voice, there is something for everyone.

This semester our volunteer instructors are offering classes to sharpen your brain in subjects like astrophysics and recreational math. Learn about multiple intelligences, megageology, and science ABC's by a non-scientist.

Improve your overall health and wellbeing by de-cluttering your house, focusing on gratitude, or making plans to get the most out of this last chapter of your life. Need to move your body? Classes in dance are fun, as is walking, hiking, Tai Chi, birding, and visiting local parks.

Treat yourself to new experiences and delight in human creation, with more than a dozen classes in music and the arts, like singing, guitar, ukulele, armchair travel sketching, painting, and museum tours. All of these are made possible by our volunteer instructors, called peer leaders, who share their talents and passions with our membership. Now is the time to learn, make new friends, and be an active part of OLLI's extraordinary community. Enjoy!

## YOU'RE INVITED!

Bring family & friends to the OLLI Spring Class Previews! Visit with other OLLI members, preview upcoming courses, and meet our Peer Leaders.

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### Chico Class Preview

January 10, 10 AM–12 PM

Manzanita Place / Chico Elks Lodge  
1705 Manzanita Avenue, Chico

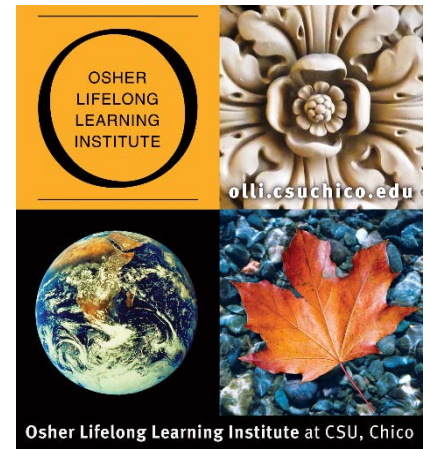
### Greater Butte County Chapter Class Preview

January 16, 1–3 PM

Butte County Library  
1820 Mitchell Avenue, Oroville

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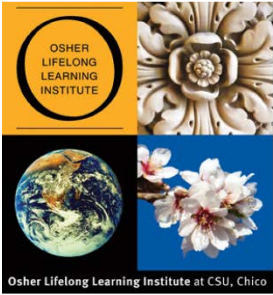
For additional information, visit the [olli.csuchico.edu](http://olli.csuchico.edu) or call 530-898-6679.



## SPRING 2018 KEY DATES & EVENTS

- Jan. 10: Chico Class Preview: 10am-12pm, Manzanita Place / Chico Elks Lodge
- Jan. 16: Greater Butte County Chapter Class Preview: 1-3pm, Butte County Library: Oroville Branch
- Jan. 18: Class Registration Opens @ 9am
- Jan. 29: Spring Classes Begin
- Feb. 1: Class Limit Lifted. Sign up for more!
- Feb. 1: Summer '18 Course Proposals Due
- March 7: Spring General Meeting, 11:30am-1pm, Chico Masonic Family Ctr.
- March 7: Fall '18 Course Proposals Due
- March 19–23: Spring Break (No Classes)
- March 30: César Chávez Day Observed (No Classes)
- May 9: Spring Luncheon & Peer Leader Recognition, 11:30am-1pm, Canyon Oaks Country Club
- May 11: Last Day of Spring Classes

*For more information and to sign up for classes, visit the OLLI website.*



# Spring 2018 Schedule

Registration Opens January 18 @ 9AM

§ = Class Has Additional Fee  
√ = Counts Toward 5-Class Limit.  
Limit will be lifted Feb. 1 at 9am

## MONDAY CLASSES

Tai Chi Twice a Week for Beginners	✓	Mike McCluskey	8:30–9:30	Jan 29–May 10	The Lodge at The Terraces
Genealogical Ethnic Migration Patterns	✓	Kathleen Corrigan	8:30–10	Jan 29–Mar 05	Craig Hall: Gordon 1
Meditation and Contemplation	✓	George McClendon	8:30–10	Jan 29–May 07	Unitarian Church
Behavioral Finance III: Psychology of Decision Making	✓	Steven Cliadakis	8:30–10	Mar 26–Apr 09	Craig Hall: Bradley 1
Financial Planning & Investments: Trends & Best Practices	✓	Steven Cliadakis	8:30–10	Feb 26–Mar 12	Craig Hall: Bradley 1
History Through Mystery: 1st Mondays		Claire Altheuser	9:30–11	Feb 05–May 07	Private Residence
History Through Mystery: 2nd Mondays		Claire Altheuser	9:30–11	Feb 12–May 14	Private Residence
History Through Mystery: 3rd Mondays		Claire Altheuser	9:30–11	Feb 19–May 21	Private Residence
History Through Mystery: 4th Mondays		Claire Altheuser	9:30–11	Feb 26–Apr 23	Private Residence
Drum Circle	✓	Judy Kane	10–11	Jan 29–May 07	Private Residence
Sing Gospel Music With or Without Instruments		Phil Elkins	10–11:30	Jan 29–May 07	The Lodge at The Terraces
Historical Novels & Biographies		Roy Cook	10:30–11:45	Jan 29–Apr 30	Craig Hall: Gordon 2
Great Authors of the 20th Century		Roy Cook	10:30–11:45	Feb 05–May 07	Craig Hall: Gordon 2
American Aviation in WWI: Foundations of Air Power	✓	Gary Hendrickson	10:30–12	Jan 29–Mar 12	Craig Hall: Bradley 2
Electronic Calendars		Lon Halley	10:30–12	Jan 29–Feb 12	Faith Lutheran Church
Google: Search Skills for the Internet		Lon Halley	10:30–12	Feb 19–Mar 12	Faith Lutheran Church
Cracker Barrel		Charney Herst	10:30–12:30	Jan 29–May 07	Craig Hall: Gordon 1
CANCELLED - Sporting Views: "30 for 30"	✓	Jim Fiack	10:30–12:30	Jan 29–May 07	Craig Hall: Bradley 1
Beginning Ceramics: Hand Building Techniques	✓ §	Pat Koszis	10:30–2:30	Jan 29–Mar 26	Private Residence
Hiking & Backpacking: A Guide to Starting Your Journey	✓	Cynthia Finnegan	12:30–2:30	Jan 29–Feb 05	Craig Hall: Bradley 2
French 1: Resurrecting French	✓	Leanne Ulvang	1–1:45	Jan 29–May 07	Craig Hall: Gordon 2
Collage for Fun	✓	Debbie Vermette	1–2:30	Jan 29–Feb 26	Craig Hall: Bradley 1
Creating a Doodle Journal		Christine Wright	1–2:30	Jan 29–May 07	Northwood Commons Clubhouse
Heaven & Hell: Historical Development Across All Religions		Lon Halley	1–2:30	Jan 29–May 07	Faith Lutheran Church
Knitting Boot Camp: Section 1	✓	Gale Ulvang	1–2:30	Feb 05–Feb 26	Private Residence
Knitting Boot Camp: Section 2	✓	Gale Ulvang	1–2:30	Mar 05–Apr 02	Private Residence
Geospatial Info Systems, Maps, and Aerial Photographs	✓	James Tyler	1:30–2:30	Feb 26–Mar 19	Craig Hall: Bradley 2
Smart Phone 101 - Android (Not iPhone)		Judy Barclay	1:30–3	Jan 29–Feb 12	Craig Hall: Gordon 1
Smart Phone 101 - iPhone/iPad		Susan Levine	1:30–3	Feb 19–Mar 05	Craig Hall: Gordon 1
French 2: Beyond the Basics		Leanne Ulvang	1:50–2:35	Jan 29–May 07	Craig Hall: Gordon 2
French 3: Conversation		Leanne Ulvang	2:40–3:45	Jan 29–May 07	Craig Hall: Gordon 2
Armchair Travel Sketching: Section 1	✓	Marvey Mueller	3–4:30	Feb 05–Mar 05	Craig Hall: Bradley 1
NEW: Armchair Travel Sketching: Section 2	✓	Marvey Mueller	3–4:30	Feb 12–Mar 16	Craig Hall: Bradley 1

## TUESDAY CLASSES

Arabic Language Conversation		Ali Sarsour	9–10	Jan 30–Mar 06	Craig Hall: Gordon 1
Reading Homer in Greek		Jack Ayer	9–10	Jan 30–May 08	Craig Hall: Gordon 2
Tuesday Tunes		Bitz Haley	10–11:30	Jan 30–May 08	Haley's Martial Arts Center

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## TUESDAY CLASSES, cont.

<b>Current Issues with Emphasis on Media Coverage</b>	✓	Robert Main	10:30–12	Jan 30–May 08	Craig Hall: Bradley 2
<b>Great Greek Historians: Thucydides</b>		Jack Ayer	10:30–12	Jan 30–May 08	Craig Hall: Gordon 2
<b>Gardening with California Native Plants</b>	✓	Cindy Weiner	10:30–12	Feb 06–Mar 06	Craig Hall: Gordon 1
<b>Women &amp; Money: Take Control of Your Finances!</b>		Miste Cliadakis	10:30–12	Feb 06–Feb 20	Craig Hall: Bradley 1
<b>IQ and Multiple Intelligences</b>		Pamela Beeman	10:30–12	Feb 27–Mar 06	Craig Hall: Bradley 1
<b>Water Conservation 101</b>		Kyle Ramey	10:30–12	Mar 13	Craig Hall: Gordon 1
<b>CANCELLED - Home Garden Design and Maintenance</b>	✓	Tina Bishop	10:30–12	Apr 03–May 08	Craig Hall: Bradley 1
<b>Armchair Traveler</b>	✓	Sue Monroe	1–2:30	Jan 30–May 08	Craig Hall: Bradley 2
<b>Coloring for Seniors</b>		Rosalyn McGillivray	1–2:30	Jan 30–May 08	Craig Hall: Bradley 1
<b>Reading Poetry for Insight and Meditation: Chico</b>		Dennis Daniel	1–2:30	Jan 30–May 08	Craig Hall: Gordon 1
<b>Learn How to Draw</b>	✓	Susan Levine	1:30–3	Jan 30–May 08	Aymer J. Hamilton #124
<b>Let's Knit</b>	✓	Gale Ulvang	3–4:30	Jan 30–May 08	Craig Hall: Bradley 1
<b>Sleep and Dreams</b>	✓	Susan Bollinger	3–4:30	Jan 30–Mar 27	Craig Hall: Gordon 1

## WEDNESDAY CLASSES

<b>Beginning Guitar: Level 2</b>		Phil Elkins	10–11:30	Jan 31–May 09	The Lodge at The Terraces
<b>Writer's Workshop: Section 2</b>	✓	Jim Smith	10–12	Jan 31–May 09	The Lodge at The Terraces
<b>Islamic Golden Age</b>		Bill Augros	10:30–12	Jan 31–May 09	Faith Lutheran Church
<b>Ken Burn's Vietnam War Documentary</b>	✓	Robert Main	10:30–12	Jan 31–May 09	Craig Hall: Bradley 2
<b>The Logic of Slavery</b>		Robin Dizard	10:30–12	Jan 31–May 09	Craig Hall: Gordon 1
<b>The Tao Te Ching: An Introduction</b>		Jerome Dirnberger	10:30–12	Jan 31–Feb 07	Craig Hall: Bradley 1
<b>Wisdom through Meditation</b>	✓	Gayle Womack	10:30–12	Jan 31–May 09	Lakeside Pavilion
<b>The 'Why' of Consciousness</b>	✓	Deborah Muth	10:30–12	Feb 14–Mar 07	Craig Hall: Bradley 1
<b>Introduction to Bioacoustics: Section 1</b>	✓	Judy Chambers	10:30–12	Mar 28	Private Residence
<b>Estate Planning 101</b>		Cheryl Tyree	10:30–12	Apr 04–Apr 18	Craig Hall: Gordon 2
<b>House De-Cluttering: Section 1</b>		Geraldine Denser	10:30–12	Apr 04–May 09	Craig Hall: Bradley 1
<b>Introduction to Bioacoustics: Section 2</b>	✓	Judy Chambers	10:30–12	Apr 11	Private Residence
<b>Introduction to Bioacoustics: Section 3</b>	✓	Judy Chambers	10:30–12	Apr 25	Private Residence
<b>Mindfulness for Health &amp; Wellbeing</b>	✓	Rosann Lampkin	10:30–12:30	Jan 31–Mar 28	Craig Hall: Gordon 2
<b>MOVED - Exploring Butte County History</b>	✓	April Pryor	1–2	Mar 07–May 09	Craig Hall: Bradley 2
<b>MOVED - From Lies and Beauty to Thinking Dangerously</b>	✓	Gary Hedlind	1–2:30	Jan 31–Mar 07	Craig Hall: Gordon 1
<b>Photography: Taking Better Digital Pictures</b>	✓	Dick Emmons	1–2:30	Mar 14–May 09	Aymer J. Hamilton #124
<b>Shakespeare Video Lectures &amp; Plays</b>		Bill Augros	1–3	Jan 31–May 09	Faith Lutheran Church
<b>Writer's Workshop: Section 1</b>	✓	Velda Stubbings	1–3	Jan 31–May 09	Lakeside Pavilion
<b>Acrylic Painting Step by Step: Section 1</b>	✓	\$ Christine Mac Shane	1–3	Feb 07–Feb 28	Christine Mac Shane's Studio
<b>Acrylic Painting Step by Step: Section 2</b>	✓	\$ Christine Mac Shane	1–3	Mar 07–Mar 28	Christine Mac Shane's Studio
<b>Acrylic Painting Step by Step: Section 3</b>	✓	\$ Christine Mac Shane	1–3	Apr 04–Apr 18	Christine Mac Shane's Studio
<b>Classic Western Movies</b>	✓	Peter Hogue	1–4	Jan 31–May 09	Craig Hall: Bradley 1
<b>French for Travelers</b>	✓	Leanne Ulvang	1:30–2:30	Jan 31–May 09	Craig Hall: Gordon 2
<b>World Dance Singing</b>		Memo Keswick	3–4:30	Feb 07–Apr 11	Private Residence
<b>NEW: House De-Cluttering: Section 2</b>		Geraldine Denser	3–4:30	Feb 13–Mar 27	Craig Hall: Bradley 2
<b>Rehearsing Your Last Passage</b>	✓	Donald Heinz	3–4:30	Feb 28–Apr 18	Craig Hall: Gordon 1
<b>Megageology</b>	✓	Dee Randolph	3–4:30	Mar 07–May 09	Craig Hall: Bradley 2
<b>Paint with Watercolors: Video Lessons</b>		Bill Augros	4–5:30	Jan 31–May 09	Faith Lutheran Church

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## THURSDAY CLASSES

Recreational Mathematics	✓		LaDawn Haws	9–10	Feb 01–May 10	Craig Hall: Bradley 1
Birding in the Chico Area	✓		Joyce Bond	9–11	Feb 01–May 03	Various
Gratitude in Daily Life			Rosie Potestio	10–11:30	Feb 01–Feb 22	New Vision Church
Gifts of the Arts: The Janet Turner Print Museum			Sheri Tarman	10:30–12	Feb 01–May 03	Janet Turner Print Museum
OLLI Book Group	✓		Marian Milling	10:30–12	Feb 01–May 03	Craig Hall: Gordon 2
Trails West: History & Geology of Oregon/California Trail	✓		Stewart Monroe	10:30–12	Feb 01–May 10	Craig Hall: Bradley 2
Who Said You Can't Act?			Bill O'Hare	10:30–12	Feb 01–May 10	Craig Hall: Gordon 1
TED Talks and Class Responds	✓		Judy Gargas	10:30–12	Feb 15–May 10	Craig Hall: Bradley 1
Acrylic Painting Step by Step: Section 4	✓	\$	Christine Mac Shane	10:30–12:30	Feb 01–Feb 22	Christine Mac Shane's Studio
Acrylic Painting Step by Step: Section 5	✓	\$	Christine Mac Shane	10:30–12:30	Mar 01–Mar 29	Christine Mac Shane's Studio
Acrylic Painting Step by Step: Section 6	✓	\$	Christine Mac Shane	10:30–12:30	Apr 05–Apr 19	Christine Mac Shane's Studio
Healthy Living Workshop: Chico	✓		Celia Hirschman	10:30–3:30	Feb 08	Craig Hall: Gordon 2
Astrophysics for Dummies	✓		Tom Lampkin	1–2:30	Feb 01–Mar 15	Craig Hall: Gordon 1
Great Decisions	✓		William Tefteller	1–2:30	Feb 01–May 10	Craig Hall: Bradley 2
Photography: Beyond Auto Mode	✓		Dick Emmons	1–2:30	Mar 15–May 10	Aymer J. Hamilton #124
Contemporary World Cinema	✓		Peter Hogue	1–4	Feb 01–May 10	Craig Hall: Bradley 1
Ballroom Dance: Beginning	✓	\$	Gloria Hylton	2–3	Feb 01–Apr 26	Studio One Ballroom

## FRIDAY CLASSES

OLLI Hikers: Women's Hike to Phantom Falls/Table Mtn.	✓	\$	Lorraine Smith	8:30–4	Apr 06	Various
OLLI Hikers: Women's Hike to Feather Falls	✓		Lorraine Smith	8–5	Apr 20	Various
Poetry for Pleasure			James Kirks	9–10:30	Feb 02–May 04	Aymer J. Hamilton #124
Table Mountain Wild Flowers		\$	Herman Gray	9–1	Apr 13–Apr 13	Various
OLLI Hikers: North Thermalito Forebay	✓	\$	Lorna Cunkle	9–2	Mar 09–Mar 09	Various
OLLI Hikers: Iron Canyon Loop	✓		Lorna Cunkle	9–4	Feb 23–Feb 23	Various
Let's Walk			Joseph Berezna	10–11:30	Feb 02–May 11	Bidwell Park
Science ABC's for Non-Scientists by a Non-Scientist	✓		Walter Coffey	10:30–12	Feb 02–May 11	Craig Hall: Gordon 1
Chakra Chat: Chico	✓		Cathryn Hudin	10:30–12:30	Feb 02–Feb 02	Craig Hall: Gordon 2
Watercolor for Beginners: Section 1	✓	\$	Christine Mac Shane	10:30–12:30	Feb 02–Feb 23	Christine Mac Shane's Studio
Watercolor for Beginners: Section 2	✓	\$	Christine Mac Shane	10:30–12:30	Mar 02–Mar 30	Christine Mac Shane's Studio
Watercolor for Beginners: Section 3	✓	\$	Christine Mac Shane	10:30–12:30	Apr 06–May 04	Christine Mac Shane's Studio
Korea: Culture, Art & History from Ancient times to Present	✓		Mary Claire Morin	1–2:30	Feb 02–May 11	Craig Hall: Bradley 1
Old Time Radio Readers Theatre			Bill O'Hare	1–2:30	Feb 02–May 11	Craig Hall: Bradley 2
Visiting Native Plant Gardens	✓		Cindy Weiner	1–2:30	Apr 06–May 11	Various
Arts, Eats & Museums	✓	\$	Maureen Fredrickson	1–3	Feb 02–May 11	Various
Music and Musicians	✓		Walter Coffey	1–3	Feb 02–May 11	Craig Hall: Gordon 1
Artisan Bread Making ~ Beginning: Chico: Section 1			Bill Augros	1–4	Feb 02	Faith Lutheran Church
Artisan Bread Making ~ Advanced: Chico: Section 1		\$	Cathryn Hudin	1–4	Mar 02	Faith Lutheran Church
Artisan Bread Making ~ Advanced: Chico: Section 2		\$	Cathryn Hudin	1–4	Apr 06	Faith Lutheran Church
World Dance			Memo Keswick	3–4:15	Feb 02–Apr 13	The Lodge at The Terraces
Adopt a School			Bill Augros	4–5	Feb 02	Faith Lutheran Church
Birding at Llano Seco for the Waterfowl "Fly-Out"			Joyce Bond	4–6:30	Feb 02	Llano Seco Wildlife Area
Video Musicals			Bill Augros	6–9	Feb 02–May 04	Faith Lutheran Church

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## SATURDAY & SUNDAY CLASSES

<b>Comanche Creek Greenway: A Walk</b>	✓	Elizabeth Stewart	Sat: 10–12	Mar 17	Various
<b>Build a Box Kite</b>		Bill Augros	Sat: 1–4	Feb 10	Faith Lutheran Church
<b>Build a Tetrahedron Kite</b>		Bill Augros	Sat: 1–4	Feb 24	Faith Lutheran Church
<b>Artisan Bread Making ~ Beginning: Chico: Section 2</b>		Bill Augros	Sat: 1–4	Apr 14	Faith Lutheran Church
<b>Let's Make Jam</b>		Bill Augros	Sat: 1–4	May 19	Faith Lutheran Church
<b>Movies at the Pageant Theater</b>	\$	Bill Augros	Sun: 2–5	Feb 04–May 06	Pageant Theatre

## OROVILLE CLASSES

<b>Butte County Miscellany: Speaker Series</b>		Machelle Conn	Mon: 10:30–12	Mar 12–Apr 30	Butte County Library - Oroville
<b>American Democracy</b>		Michael Ochoa	Mon: 1–2:30	Feb 05–May 07	Butte County Library - Oroville
<b>Spanish: Beginning Conversation</b>		Sue Hees	Tue: 1–3:30	Feb 06–24-Apr	Butte County Library - Oroville
<b>Beginning Ukulele: Fun and Easy!</b>		Shirley Sherwood	Wed: 1–2:30	Jan 31–Feb 14	Butte County Library - Oroville
<b>Healthy Living Workshop: Oroville</b>		Celia Hirschman	Th: 10:30–3:30	Mar 01	Private Residence
<b>CANCELLED - Reading Poetry for Insight and Meditation</b>		Dennis Daniel	Fri: 10:30–12	Apr 06–May 11	Butte County Library - Oroville
<b>Chakra Chat: Oroville</b>		Cathryn Hudin	Fri: 1–3	Feb 09	Butte County Library - Oroville

## PARADISE CLASSES

<b>Ridge Writers' Workshop</b>		Debi Durham	Tue: 3–5	Jan 30–May 08	Paradise Center for Spiritual Living
<b>CANCELLED - Reading Poetry for Insight and Meditation</b>		Dennis Daniel	Wed: 1–2:30	Mar 28–May 09	Butte County Library - Paradise

**CLASS LOCATIONS** Maps & directions to most class locations can be found on the OLLI website. Meet up locations and/or directions for many field trips, private residences, and "various" locations will be sent to participants prior to the class dates.

Aymer J. Hamilton Bldg #124 .....	CSU, Chico Campus	Lakeside Pavilion.....	2565 California Park Dr, Chico
Bidwell Park.....	See Class Detail on Website	Llano Seco Wildlife Area .....	See Class Detail on Website
Butte County Library, Oroville .....	1820 Mitchell Ave., Oroville	New Vision Church .....	1600 Mangrove, Ste. 177, Chico
Butte County Library, Paradise.....	5992 Clark Rd, Paradise	Northwood Commons Clubhouse.....	Northwood Commons Pl, Chico
Christine Mac Shane's Studio .....	561 E. Lindo Ave, Chico	Pageant Theatre.....	351 E. 6th Street, Chico
Craig Hall .....	1400 W. 3rd Street, Chico	Paradise Center for Spiritual Living .....	789 Bille Road, Paradise
Faith Lutheran Church .....	667 E. 1st Avenue, Chico	Studio One Ballroom .....	707 Wall St, Chico
Haley's Martial Arts Center.....	260 Cohasset Rd #150, Chico	The Lodge at The Terraces.....	2750 Sierra Sunrise Terrace, Chico
Janet Turner Print Museum.....	CSU, Chico Campus	Unitarian Church .....	1289 Filbert Ave, Chico

FIND COMPLETE SCHEDULE INFORMATION, INCLUDING CLASS DESCRIPTIONS, ONLINE AT **OLLI.CSUCHICO.EDU**

Osher Lifelong Learning Institute • 400 W. First Street • Chico, CA 95929-0792 • 530.898.6679

## MEMBERSHIP

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Membership is required to participate in OLLI classes, activities, and events. OLLI's volunteer instructors, or "Peer Leaders," are also required to join. Joining OLLI at CSU, Chico supports its programs and enables you to enjoy our full range of offerings, make new friends and socialize with people who share common interests. Membership options now available are:

### CHICO CHAPTER *(Classes in All Locations)*

- **Spring '18 Only: \$85**
- **Summer '18 Only: \$60**
- Spring '18 & Summer '18 Bundle: \$135

### GREATER BUTTE COUNTY CHAPTER *(Paradise & Oroville Classes Only)*

- **Spring '18 Only: \$45**

## HOW TO REGISTER

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- Online! Visit [olli.csuchico.edu](http://olli.csuchico.edu) to join OLLI, renew your membership, and register and pay for classes by VISA or MasterCard.
- Complete and mail the enclosed Membership & Class Request Form.
- Call the OLLI office at 530-898-6679.

## 5-CLASS LIMIT

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To provide more fair opportunities for members to enroll in their favorite classes, we will continue the class-limit policy through the first two weeks of registration. The limited classes are notated by a checkmark ( ✓ ). After two weeks we will turn off the class limit and you may add additional classes to your schedule where space is available.

## CLASSES WITH ADDITIONAL FEES

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OLLI prides itself on providing quality lifelong learning programming at a reasonable cost. Some classes, marked with a ( \$ ), have an additional, nominal cost for supplies, entry fees, etc. These are specified in the class' Special Notes section online or in the class descriptions document.

## FEE ASSISTANCE PROGRAM

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A portion of OLLI Annual Fund contributions are used to help members who cannot afford full membership fees. If you would like to be considered for our fee assistance program, please send a personal letter to the OLLI office at the address below. In the letter explain your situation and list in priority order up to three classes you'd like to take. If space is available you will be notified before classes begin and charged a \$25 processing fee.

## WHERE IS THE OLLI OFFICE LOCATED?

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We're located in the Aymer J. Hamilton Building, Room 118B, on the CSU, Chico campus near the Gateway Science Museum and Bidwell Mansion. Office hours are Monday–Thursday, 9am–1pm.

### **Osher Lifelong Learning Institute**

CSU, Chico  
400 W. First Street  
Chico, CA 95929-0792

- Web: [olli.csuchico.edu](http://olli.csuchico.edu)
- Phone: 530-898-6679
- Email: [olli@csuchico.edu](mailto:olli@csuchico.edu)
- Facebook: [facebook.com/ollichico](https://www.facebook.com/ollichico)

SPRING 2018 MEMBERSHIP FORM

Membership is required to participate in OLLI classes, activities, and events. OLLI instructors, also called "Peer Leaders," are also required to join. Joining OLLI at CSU, Chico supports its programs and enables you to enjoy our full range of offerings, make new friends, and socialize with people who share common interests.

Your Contact Information: Please check the box(es) if the information is being updated since the last time you registered.

Form fields for Name, Address, Email, City, Zip, Phone, and gender/retirement status.

OLLI shares most updates and information by email and on our website in order to conserve resources. If you do not have access to a computer or email account, please check here to receive the information by mail.

Available Membership Options:

- CHICO CHAPTER (Classes in All Locations)
• Spring '18 Only: \$85
• Summer '18 Only: \$60
• Spring '18 & Summer '18 Bundle: \$135

- GREATER BUTTE COUNTY CHAPTER (Paradise & Oroville Classes Only)
• Spring '18 Only: \$45

Annual Campaign & Reentry Scholarship Gift Options:

Annual Campaign Gift Amount: \$250, \$100, \$50, \$25, Other \$

I would like to schedule a Recurring Gift: Yes Frequency: Monthly, Quarterly (3 months)

Recurring Gift Start Date: / / # of Gift Payments

Note: Gift Amount above will be charged as the first installment, and will be the amount charged for all subsequent payments. Example: If you wish to make a \$100 gift in four monthly installments, select \$25 as your gift amount.

I would like to make an additional donation to the Prime Timers Reentry Scholarship in the amount of: \$

Separate Check Enclosed, Payable to CSU, Chico University Foundation Charge My Credit Card (Enter # Below)

INFORMED CONSENT AGREEMENT: As a participant in the Osher Lifelong Learning Institute at CSU, Chico, I understand that risk of accident and injuries can arise out of participation in program activities and agree to release from liability and hold harmless the CSU, Chico Research Foundation, its programs, the Trustees of the California State University, and their officers and employees, from claims against them arising from injuries or property damage which might occur in connection with this activity.

Payment:

Check(s) enclosed. Note: Separate Checks Required for Memberships Fees & Gifts Charge My Credit Card \$ Membership Check Payable to CSU, Chico Research Foundation. Donation / Gift Check Payable to CSU, Chico University Foundation.

VISA/MC Card #

Exp. 3-Digit Card Security Code:

Please note: No refunds will be given but any unused membership fees will help to support our programs. Thank you.



Name: \_\_\_\_\_ OLLI ID# \_\_\_\_\_

# SPRING '18 CLASS REQUEST

CLASSES HAVE DIFFERENT START DATES THROUGHOUT THE SEMESTER. PLEASE CONSULT THE CLASS SCHEDULE.

## Monday Classes in Chico

- |                                     |                                 |                                  |                                 |
|-------------------------------------|---------------------------------|----------------------------------|---------------------------------|
| ✓ American Aviation in WWI          | Electronic Calendars            | Heaven and Hell                  | ✓ Meditation and Contemplation  |
| ✓ Armchair Travel Sketching: Sect 1 | ✓ Financial Planning            | ✓ Hiking & Backpacking: A Guide  | Sing Gospel Music               |
| ✓ Armchair Travel Sketching: Sect 2 | ✓ French 1: Resurrecting French | Historical Novels & Biographies  | Smart Phone 101 - Android       |
| ✓ Beginning Ceramics                | French 2: Beyond the Basics     | History Through Mystery: 1st Mon | Smart Phone 101 - iPhone/iPad   |
| ✓ Behavioral Finance Part III       | French 3: Conversation          | History Through Mystery: 2nd Mon | CANCELLED - Sporting Views      |
| ✓ Collage for Fun                   | ✓ Genealogical Patterns         | History Through Mystery: 3rd Mon | ✓ Tai Chi 2x/Week for Beginners |
| ✓ Cracker Barrel                    | ✓ Geospatial Info Systems       | History Through Mystery: 4th Mon |                                 |
| ✓ Creating a Doodle Journal         | Google: Search Skills           |                                  |                                 |
| ✓ Drum Circle                       | Great Authors of 20th Century   | ✓ Knitting Boot Camp: Sect 1     |                                 |
|                                     |                                 | ✓ Knitting Boot Camp: Sect 2     |                                 |

## Tuesday Classes in Chico

- |                                   |                                    |                        |                        |
|-----------------------------------|------------------------------------|------------------------|------------------------|
| Arabic Language Conversation      | ✓ Gardening with Native Plants     | ✓ Learn How to Draw    | ✓ Sleep and Dreams     |
| ✓ Armchair Traveler               | Great Greek Historians: Thucydides | ✓ Let's Knit           | Tuesday Tunes          |
| Coloring for Seniors              | ✓ Home Garden Design               | Reading Homer in Greek | Water Conservation 101 |
| ✓ Current Issues / Media Coverage | IQ and Multiple Intelligences      | Reading Poetry: Chico  | Women & Money          |

## Wednesday Classes in Chico

- |                                  |  |                                    |                              |
|----------------------------------|--|------------------------------------|------------------------------|
| ✓ Acrylic Painting: Sect 1       | ✓ From Lies and Beauty                 | ✓ Megageology                      | ✓ The 'Why' of Consciousness |
| ✓ Acrylic Painting: Sect 2       | House De-Cluttering: Sect 1            | ✓ Mindfulness Health & Wellbeing   | ✓ Wisdom through Meditation  |
| ✓ Acrylic Painting: Sect 3       | House De-Cluttering: Sect 2            | Paint with Watercolors             | World Dance Singing          |
| Beginning Guitar: Level 2        | ✓ Introduction to Bioacoustics: Sect 1 | ✓ Photography: Better Digital Pics | ✓ Writer's Workshop: Sect 1  |
| ✓ Classic Western Movies         | ✓ Introduction to Bioacoustics: Sect 2 | ✓ Rehearsing Your Last Passage     | ✓ Writer's Workshop: Sect 2  |
| Estate Planning 101              | ✓ Introduction to Bioacoustics: Sect 3 | Shakespeare Lectures & Plays       |                              |
| ✓ Exploring Butte County History | Islamic Golden Age                     | The Logic of Slavery               |                              |
| ✓ French for Travelers           | ✓ Ken Burn's Vietnam War               | The Tao Te Ching: An Introduction  |                              |

## Thursday Classes in Chico

- |                             |                                      |                                  |                         |
|-----------------------------|--------------------------------------|----------------------------------|-------------------------|
| ✓ Acrylic Painting: Sect 4  | ✓ Birding in the Chico Area          | ✓ Healthy Living Workshop: Chico | ✓ Trails West           |
| ✓ Acrylic Painting: Sect 5  | ✓ Contemporary World Cinema          | ✓ OLLI Book Group                | Who Said You Can't Act? |
| ✓ Acrylic Painting: Sect 6  | Gifts of the Arts: The Turner Museum | ✓ Photography: Beyond Auto Mode  |                         |
| ✓ Astrophysics for Dummies  | Gratitude in Daily Life              | ✓ Recreational Mathematics       |                         |
| ✓ Ballroom Dance: Beginning | ✓ Great Decisions                    | ✓ TED Talks and Class Responds   |                         |

## Friday Classes in Chico

- |                                    |                                   |                                    |                                    |
|------------------------------------|-----------------------------------|------------------------------------|------------------------------------|
| Adopt a School                     | ✓ Chakra Chat: Chico              | ✓ OLLI Hikers: Thermalito Forebay  | Video Musicals                     |
| Artisan Bread Making ~ Adv: Sect 1 | ✓ Korea: Culture, Art and History | ✓ OLLI Hikers: Feather Falls       | ✓ Visiting Native Plant Gardens    |
| Artisan Bread Making ~ Adv: Sect 2 | Let's Walk                        | ✓ OLLI Hikers: Phantom Falls       | ✓ Watercolor for Beginners: Sect 1 |
| Artisan Bread Making ~ Beg: Sect 1 | ✓ Music and Musicians             | Poetry for Pleasure                | ✓ Watercolor for Beginners: Sect 2 |
| ✓ Arts, Eats & Museums             | Old Time Radio Readers Theatre    | ✓ Science ABC's for Non-Scientists | ✓ Watercolor for Beginners: Sect 3 |
| Birding at Llano Seco              | ✓ OLLI Hikers: Iron Canyon Loop   | Table Mountain Wild Flowers        | World Dance                        |

## Saturday (S) & Sunday (U) Classes

- |  |                                       |                                   |
|--|---------------------------------------|-----------------------------------|
| Artisan Bread Making ~ Beg: Sect 2 (S) | Build a Tetrahedron Kite (S)          | Let's Make Jam (S)                |
| Build a Box Kite (S)                   | ✓ Comanche Creek Greenway: A Walk (S) | Movies at the Pageant Theater (U) |

## Paradise (P) & Oroville (O) Classes

- |   |                                       |  |
|---|---------------------------------------|--|
| American Democracy (O)                      | Beginning Ukulele: Fun and Easy! (O)  | CANCELLED - Reading Poetry: Oroville (O) |
| Butte County Miscellany: Speaker Series (O) | Healthy Living Workshop: Oroville (O) | Ridge Writers' Workshop (P)              |
| Spanish: Beginning Conversation (O)         | Chakra Chat: Oroville (O)             | CANCELLED - Reading Poetry: Paradise (P) |

## Registration Opens January 18 @ 9am

### Class Selections:

Please write in your class selections below AND circle your choice at left.

Top 5 Restricted Class Selections (with ✓):

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_
- 5) \_\_\_\_\_

Additional Restricted Class Selections:

*We will add these classes to your schedule if space is available after the restrictions are lifted.*

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Non-Restricted Class Selections:

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**Acrylic Painting Step by Step (✓ \$)**

**Peer Leader(s):** Christine Mac Shane

**Section 1: Wednesday(s)**, Feb 07–Feb 28 • 1 PM–3 PM

*Class meets 2/7, 2/21 and 2/28.*

**Section 2: Wednesday(s)**, Mar 07–Mar 28 • 1 PM–3 PM

*Class meets 3/7, 3/21 and 3/28.*

**Section 3: Wednesday(s)**, Apr 04–Apr 18 • 1 PM–3 PM

*Class meets weekly on 4/4, 4/11 and 4/18.*

**Section 4: Thursday(s)**, Feb 01–Feb 22 • 10:30 AM–12:30 PM

*Class meets 2/1, 2/8 and 2/22.*

**Section 5: Thursday(s)**, Mar 01–29-Mar • 10:30 AM–12:30 PM

*Class meets 3/1, 3/22 and 3/29.*

**Section 6: Thursday(s)**, Apr 05–19-Apr • 10:30 AM–12:30 PM

*Class meets weekly on 4/5, 4/12 and 4/19.*

**Location:** Christine Mac Shane’s Studio

A hands on class using acrylic paint and mixed medias that introduces the beginner painter (and refreshes the seasoned artist) to the medium. We will look at composition, color choices, color mixing and technique in relation to choice of subject. *Special Note(s): Class meets 2/7, 2/21 and 2/28. \$30 materials fee.*

**Adopt a School**

**Peer Leader(s):** Bill Augros

**Friday(s)**, Feb 02 • 4 PM–5 PM

**Location:** Faith Lutheran Church

“It takes a village to raise a child!” We are a caring people in this community and can show our caring by adapting a school child who needs assistance with their education. Chico has a very good Reading Pals program and you can help! Visit their website at [www.readingpalschico.org](http://www.readingpalschico.org). We won’t be judgmental of the children’s learning difficulties or background. We will show our love through our actions. The “Adopt a School” class can let us all help in the education of OUR children. You will be able to donate as much or little time as you desire.

**American Aviation in WWI: Foundations of Air Power (✓)**

**Peer Leader(s):** Gary Hendrickson

**Monday(s)**, Jan 29–Mar 12 • 10:30 AM–12 PM

**Location:** Craig Hall: Bradley 2

As we experience the 100 year anniversary of WWI, I feel it appropriate to review the significant events that became the basis for the use of aviation as a strategic and tactical force. I intend to describe and illustrate the rapid technological advances in aircraft, engines and armament 1914-1918. I will also describe and illustrate the remarkable, colorful and often eccentric personalities of these first aerial warriors. Most importantly, there will be an underlying theme of the tragedy of war. WWI must be remembered as one of mankind’s greatest follies...yet its lessons remain unlearned.

**American Democracy**

**Peer Leader(s):** Michael Ochoa

**Monday(s)**, Feb 05–May 07 • 1 PM–2:30 PM

**Location:** Butte County Library - Oroville

This term we will learn about James and Dolley Madison, Alexander Hamilton, George Washington, Thomas Jefferson, and James Monroe in the pages of Madison's Gift by David O Stewart. We will also read Madison's FEDERALIST #10 while considering modern populism and the problem of majority tyranny. (Attendance at prior terms is not required.) *Special Note(s): Class will not meet the last Monday of each month due to scheduling difficulties.*

**Arabic Language Conversation**

**Peer Leader(s):** Ali Sarsour

**Tuesday(s)**, Jan 30–Mar 06 • 9 AM–10 AM

**Location:** Craig Hall: Gordon 1

Classical Arabic conversation. Arabic is spoken by about 500 million people in the Middle East and North Africa. Come and join us to learn this international language.

**Armchair Travel Sketching: (✓)**

**Peer Leader(s):** Marvey Mueller

**Section 1: Monday(s)**, Feb 05–Mar 05 • 3 PM–4:30 PM

**NEW - Section 2: Monday(s)**, Mar 12–Apr 16 • 3 PM–4:30 PM

**Location:** Craig Hall: Bradley 1

Take a pretend vacation every week as you learn to sketch the beauty of far-away places. In this five-session course you will spend each week getting intimate with a different scenic view through pen and ink. In each class you will learn how to build a sketch, from basic shapes to dramatic details. Don't worry if you've never sketched before, the journey is in the learning and the looking through a sketcher's eyes. Your sketchbook is only for you and your imagination. It's all you have to pack for this trip. *Special Note(s): A simple materials list will be available. No great expense necessary.*

**Armchair Traveler (✓)**

**Peer Leader(s):** Sue Monroe

**Tuesday(s)**, Jan 30–May 08 • 1 PM–2:30 PM

**Location:** Craig Hall: Bradley 2

St. Augustine said, “The World is a book and those who don’t travel read only one page.” Well, Armchair Traveler is here to make sure you get the whole exciting story. Each week one of your classmates will share an adventure through pictures and stories, filling your book with excitement and inspiring you to head out and return with an adventure of your own. Or maybe you will travel via your armchair, inspired to explore via books and media the areas you traveled to in class.

**Artisan Bread Making ~ Advanced: Chico (\$)**

**Peer Leader(s):** Cathryn Hudin  
**Section 1: Friday(s),** Mar 02 • 1 PM–4 PM  
**Section 2: Friday(s),** Apr 06 • 1 PM–4 PM

**Location:** Faith Lutheran Church

Building on the techniques learned in the beginning-level class, you'll learn to transform the basic dough into more beautiful, specialty seasonal breads.  
 Prerequisite: Artisan Bread Making ~ Beginning *Special Note(s): A donation of \$2 is requested to help offset ingredient costs.*

**Artisan Bread Making ~ Beginning: Chico**

**Peer Leader(s):** Bill Augros  
**Section 1: Friday(s),** Feb 02 • 1 PM–4 PM  
**Section 2: Saturday(s),** Apr 14 • 1 PM–4 PM

**Location:** Faith Lutheran Church

In this one-day class, participants will learn how to use four ingredients—flour, yeast, salt & water—to make many kinds of bread just like those lovely French baguettes. This class is based on the book “The New Artisan Bread in Five Minutes a Day” by Jeff Herzberg, M.D. & Zoe Francois. Come an hour early and get some hands-on experience. This class is a prerequisite to the advanced Artisan Bread Making classes.

**Arts, Eats & Museums (✓ \$)**

**Peer Leader(s):** Maureen Fredrickson; Bobbie Peterson  
**Friday(s),** Feb 02–May 11 • 1 PM–3 PM  
**Location:** Various

We'll visit museums, art galleries, and studios in the area and talk with curators and artists to learn more about the places and the work. Afterwards, we'll go to coffee houses or restaurants for no-host treats and conversation with group members. *Special Note(s): Some galleries and exhibits may require a small entry fee.*

**Astrophysics for Dummies (✓)**

**Peer Leader(s):** Tom Lampkin  
**Thursday(s),** Feb 01–Mar 15 • 1 PM–2:30 PM  
**Location:** Craig Hall: Gordon 1

Each video-based class will introduce and enlighten folks interested in becoming more familiar with the night sky and the laws of nature governing our universe. Basics of astronomy and the physics of gravity and relativity are the main topics of the curriculum. Typical classes will view related videos and then have time for questions and discussions. The only homework will be to look up at the night sky once or twice a week. *Special Note(s): We may schedule one or two night meetings at the Chico Community Observatory.*

**Ballroom Dance: Beginning (✓ \$)**

**Peer Leader(s):** Gloria Hylton  
**Thursday(s),** Feb 01–Apr 26 • 2 PM–3 PM  
**Location:** Studio One Ballroom

This spring, you'll learn to dance the Waltz in February, Rumba in March & Night Club 2 Step during March. The Spring 2018 Prom is scheduled for Saturday, April 21 at Studio One Ballroom. Flexible shoes or dance shoes are required. No flip flops.

Enjoy photos from Fall 2017 Halloween dance party and Spring 2017 OLLI ballroom “Senior Prom” at <http://chicogloria.blogspot.com>. *Special Note(s): There is a \$45 fee for this class. (\$5 per week and the first week of each month is free to OLLI members.)*

**Beginning Ceramics: Hand Building Techniques (✓ \$)**

**Peer Leader(s):** Pat Koszic  
**Monday(s),** Jan 29–Mar 26 • 10:30 AM–2:30 PM  
**Location:** Private Residence

My goal in teaching ceramics is to give my students the tools they need in order to transform their ideas into clay, and finish them as envisioned. I'm a hand builder; I can throw but have more fun with hand building. We'll start with pinch pots, make soft sided and hard sided slab boxes and finish with coils. You can make anything using and combining these three techniques. *Special Note(s): Students must provide their own clay. I will provide tools, glazes and firings. A materials fee of \$50.00 is required.*

**Beginning Guitar: Level 2**

**Peer Leader(s):** Phil Elkins  
**Wednesday(s),** Jan 31–May 09 • 10 AM–11:30 AM  
**Location:** The Lodge at The Terraces

This class is for people who know how to play the basic A to G chords on guitar, although class members may bring other stringed instrument to play (mandolin, bass, ukulele, banjo, harmonica or squeeze box), or they can come just to sing along with no instrument. I send out the songs via email with the lyrics and chords every week before class by artists like Johnny Cash, Bob Dylan, The Beatles, The Everly Brothers, and The Drifters, as well as other music from the 50's and 60's. *Special Note(s): On the 2nd week of the month we meet at Amber Grove Long-Term & Hospice Care, 3049 Esplanade, Chico, CA 95973. On the 4th week of the month we meet at Windchime of Chico Assisted Living, 855 Bruce Rd., Chico, CA 95928. Meeting times are the same.*

**Beginning Ukulele: Fun and Easy!**

**Peer Leader(s):** Shirley Sherwood  
**Wednesday(s),** Jan 31–Feb 14 • 1 PM–2:30 PM  
**Location:** Butte County Library - Oroville

This class is for anyone who has wanted to play the ukulele but never learned, as well as for those who may already play the ukulele. Everyone is welcome. We will learn basic chords and sing songs together. Bring your own ukulele. We will supply chords and the music!

**Behavioral Finance Part III: Psychology of Decision Making (✓)**

**Peer Leader(s):** Steven Cliadakis  
**Monday(s),** Mar 26–Apr 09 • 8:30 AM–10 AM  
**Location:** Craig Hall: Bradley 1

In a continuation of last term’s class, we’ll cover the psychology behind investing, risk-taking, and other important decisions. We’ll highlight theories of Ariely (Predictably Irrational), Duhigg (The Power of Habit), Shiller (Irrational Exuberance), Taleb (The Black Swan), and Cialdini (Influence: The Power of Persuasion). We’ll explore what influences the decisions we make and learn how we adopt biases in our reasoning. Our goal is to understand how to become more aware of our cognitive and emotional selves and the surrounding influences to help make better decisions.

**Birding at Llano Seco for the Waterfowl “Fly-Out”**

**Peer Leader(s):** Joyce Bond  
**Friday(s),** Feb 02 • 4 PM–6:30 PM  
**Location:** Llano Seco Wildlife Area

Visit the Llano Seco Viewing Platform to learn to identify the ducks and geese that spend the winter here. At dusk, the waterfowl fly out from the ponds to nearby fields to feed at night. This can be an impressive sight, with the large number of flocks in the air. Bring a folding chair and binoculars, and we’ll sit back and enjoy the scenic view as we watch them flying through the sunset. *Special Note(s): We’ll stay until after sunset, around 6:30 or so, but you may leave whenever you want. If it’s raining that Friday, it will be postponed until the next evening, if the forecast is better.*

**Birding in the Chico Area (✓)**

**Peer Leader(s):** Joyce Bond  
**Thursday(s),** Feb 01–May 03 • 9 AM–11 AM  
**Location:** Various

Through observation and the use of binoculars and field guides, class participants have the opportunity to learn to identify birds in their natural habitat, using accepted birding etiquette. The first class (optional for experienced birders) will be held in a classroom to go over birding basics and answer any questions. The remainder of the classes will be field trips, and we will meet at various sites around Chico and the surrounding area. Transportation is not provided, but we will carpool to some of the farther destinations. *Special Note(s): Class meets the 1st & 3rd Thursdays of each month. For the first class on February 1, we’ll meet for an hour in Craig Hall, Gordon 1. After the classroom session, we will go out on a total of 6 field trips. If there’s bad weather on one of the scheduled days, we’ll meet the following Thursday instead. For those who have taken this class before, we’ll be visiting some new locations this semester in addition to some perennial favorites. Schedules with the locations and directions will be given out in the first class and also emailed.*

**Build a Box Kite**

**Peer Leader(s):** Bill Augros  
**Saturday(s),** Feb 10 • 1 PM–4 PM  
**Location:** Faith Lutheran Church

Learn how to build a box kite that is 4 feet tall and 2 feet square. Or 3 feet tall! Or a 2-foot or even 1-foot tall kite! How about a 6-foot kite? A kite needs a tail; learn how to make one. Also, a wooden string winder. How about a bag for the kite and tail? You’ll learn how to make one of those, too. A parts list and step-by-step instructions will be provided to make, assemble and fly a 4-, 3-, 2- or 1-foot kite. All materials will be provided.

**Build a Tetrahedron Kite**

**Peer Leader(s):** Bill Augros  
**Saturday(s),** Feb 24 • 1 PM–4 PM  
**Location:** Faith Lutheran Church

Come and learn how to build a foldable tetrahedron kite out of soda straws. It can have one level, or two, or three, or four, or five, or ... Also, learn how to assemble the kite and fly it. Kites can also be built with dowels. A parts list and step by step instructions will be provided. All materials will be provided. Donations will be accepted.

**Butte County Miscellany: Speaker Series**

**Peer Leader(s):** Mabelle Conn  
**Monday(s),** Mar 12–Apr 30 • 10:30 AM–12 PM  
**Location:** Butte County Library - Oroville

Each class will center on a particular interesting aspect of Butte County. Topics for Spring '18 are: Land Use in Butte County, The Butte County Grand Jury, Butte County Sheriff’s 2nd Chance K9 for Veteran’s Program, The Three Concert Bands of Butte County (plus a little music), African American Migration to Butte County, Butte Bots, The Bard of Butte County, and Walking Paths of Butte County.

**Chakra Chat: Chico (✓)**

**Peer Leader(s):** Cathryn Hudin; Barbara Fletcher  
**Friday(s),** Feb 02 • 10:30 AM–12:30 PM  
**Location:** Craig Hall: Gordon 2

A brief exploration of the chakra energy fields, how to access them, and what they are according to some teachings. We will utilize deep breathing yoga techniques to learn how to access these energy fields during meditation. Students who have meditated previously will find this an interesting expansion. This class is inspired by Eastern religions and philosophies and is an ancient form of healing.

**Chakra Chat: Oroville**

**Peer Leader(s):** Cathryn Hudin; Barbara Fletcher  
**Friday(s),** Feb 09 • 1 PM–3 PM  
**Location:** Butte County Library - Oroville

A brief exploration of the chakra energy fields, how to access them, and what they are according to some teachings. We will utilize deep breathing yoga techniques to learn how to access these energy fields during meditation. Students who have meditated previously will find this an interesting expansion. This class is inspired by Eastern religions and philosophies and is an ancient form of healing.

**Classic Western Movies (✓)**

**Peer Leader(s):** Peter Hogue  
**Wednesday(s),** Jan 31–May 09 • 1 PM–4 PM  
**Location:** Craig Hall: Bradley 1

A survey of the history of western movies, with special emphasis on the classics of the genre from 1929 to the present. Viewing and discussion of major examples directed by such masters of the genre as John Ford, Raoul Walsh, William Wellman, Howard Hawks, Allan Dwan, Anthony Mann, Budd Boetticher, Sam Peckinpah, etc. (with such actor/icons as John Wayne, Gary Cooper, Henry Fonda, Randolph Scott, James Stewart, Clint Eastwood, etc.)

**Collage for Fun (✓)**

**Peer Leader(s):** Debbie Vermette  
**Monday(s),** Jan 29–Feb 26 • 1 PM–2:30 PM  
**Location:** Craig Hall: Bradley 1

Collage is a creative medium that is accessible to people of all artistic skill levels. Anything that is glued onto something else might be broadly interpreted as collage. It is fun and non-intimidating. We'll start with magazine collages, and move on to using different papers, paints, etc. *Special Note(s): Bring your own special 'papers' if you have them. I'll bring a supply to share and collage books to inspire.*

**Coloring for Seniors**

**Peer Leader(s):** Rosalyn McGillivray  
**Tuesday(s),** Jan 30–May 08 • 1 PM–2:30 PM  
**Location:** Craig Hall: Bradley 1

This class will explore the artistic, creative world of the Colorist. Coloring is the rejuvenating, calming, therapeutic, meditative and enjoyable Art of using colors to display or affect mood or mindset. Using colored pencils, pens and markers, participants will color geometric designs, flora and fauna, line drawings of Old Masters, Easter eggs, and mandalas. Some coloring pieces will be provided, and/or participants may bring their own. The class will explore the symbolic role of color and coloring in history and modern day, developing techniques and honing intrinsic talent.

**Comanche Creek Greenway: A Walk (✓)**

**Peer Leader(s):** Elizabeth Stewart  
**Saturday(s),** Mar 17 • 10 AM–12 PM  
**Location:** Various

In 2006 the City of Chico purchased approximately 20 acres on both sides of Comanche Creek in South Chico. Edgar Slough was its historic name. Then, in July

2016, after a years-long effort to clear out invasive plants, buried trash and the construction of trails and a bike/pedestrian bridge, the greenway was finally opened to the public. Friends of Comanche Creek Greenway have worked with the Parks Division of Public Works to help turn this area into a more accessible space for the public to explore and enjoy. Come learn about the plants and historic use of the area. *Special Note(s): The length of the walk is approximately one mile, lasting about 2 hours. We'll meet at the end of Otterson Drive, on the south side of the greenway. Parking is available on the street or in the Mosquito District lot. Wear close-toed shoes, a hat, sunscreen and bring water and a sack lunch. (If the Country Morning Bakery and Cafe is still open, that's a great place for sandwiches and tea or sodas).*

**Contemporary World Cinema (✓)**

**Peer Leader(s):** Peter Hogue  
**Thursday(s),** Feb 01–May 10 • 1 PM–4 PM  
**Location:** Craig Hall: Bradley 1

Viewing and discussion of major contemporary films by great international directors, with particular emphasis on foreign-language films, including many which have not been shown in local theaters.

**Cracker Barrel**

**Peer Leader(s):** Charney Herst; Dave Price  
**Monday(s),** Jan 29–May 07 • 10:30 AM–12:30 PM  
**Location:** Craig Hall: Gordon 1

A scintillating review of current themes in the media will be discussed each class. Class members present a topic, discuss that topic, then open the floor for discussion and debate. Poetry, literature, scientific discovery, educational progress, etc., are examples of the issues dealt with. Special guests are always welcome to present. *Special Note(s): Cracker Barrel welcomes input from the class members. Offerings of headline news, book reviews, scientific discoveries, and any new topics are acceptable including videos, slides and PowerPoint presentations.*

**Creating a Doodle Journal**

**Peer Leader(s):** Christine Wright  
**Monday(s),** Jan 29–May 07 • 1 PM–2:30 PM  
**Location:** Northwood Commons Clubhouse

Can you draw a straight line? Neither can I. But, I love to doodle. This course will be an opportunity to refine your "doodling" skills and incorporate journaling. Self-reflection and meditation are a natural result of doodling and writing. We will doodle, write, sing, and color. No artistic skill or experience is required!

**Current Issues with Emphasis on Media Coverage (✓)**

**Peer Leader(s):** Robert Main  
**Tuesday(s),** Jan 30–May 08 • 10:30 AM–12 PM  
**Location:** Craig Hall: Bradley 2

Vigorous, civil discussion among participants is anticipated and welcomed in this class dedicated to current events and the media coverage thereof. The course

focuses on political (national, state and local) issues with media presentations and discussions and topics may be presented by use of video programs, PowerPoint presentations, or other media. Participants are encouraged to make presentations of topics of special interest and expertise they have.

**Drum Circle (✓)**

**Peer Leader(s):** Judy Kane  
**Monday(s),** Jan 29–May 07 • 10 AM–11 AM  
**Location:** Private Residence

OLLI Encore Drum Circle is an improvisational drum group. Members provide their own drums; some rhythm instruments are available.

**Electronic Calendars**

**Peer Leader(s):** Lon Halley  
**Monday(s),** Jan 29–Feb 12 • 10:30 AM–12 PM  
**Location:** Faith Lutheran Church

Kids, grandkids, shopping, vacations, chores, doctor appointments, church and community activities, OLLI classes, etc. This is retirement? Whew! How do I keep up with it all? In a word: "calendar." Whether you use a smart phone (iPhone or Android), tablet (iPad or other brands), computer (PC or Mac; laptop or desktop), or other calendaring software (like Microsoft Outlook), an e-calendar is an effective tool for time management and avoiding missed appointments (always embarrassing). It's easy to learn how to use reminders, alarms, and other techniques to keep track of your life.

**Estate Planning 101**

**Peer Leader(s):** Cheryl Tyree  
**Wednesday(s),** Apr 04–Apr 18 • 10:30 AM–12 PM  
**Location:** Craig Hall: Gordon 2

Many believe they have put their "Affairs in Order" and their assets will pass to intended recipients. This class examines estate planning options available and their legal effect. Some choices made are effective only on death, some are effective immediately, and some are effective upon the occurrence of a specific event. A primary goal of this class is to expose you to various options to assist you in gaining a greater understanding of them and expose you to tools that will assist you in selecting an estate plan that meets your individual goals and needs.

**Exploring Butte County History (✓)**

**Peer Leader(s):** April Pryor; Maureen Fredrickson  
**Wednesday(s),** Mar 07–May 09 • 1 PM–2 PM  
**MOVED - Location:** Craig Hall: Bradley 2

What forces shaped our modern Butte County? Let's look at why and how our towns and industries grew. We are going to learn about such topics as the original land grants, the growth of farming and ranching, the local effect of world wars and the effect of the college on Chico. The class will consist of guest speakers and field trips.

**Financial Planning & Investments: Trends & Best Practices (✓)**

**Peer Leader(s):** Steven Cliadakis  
**Monday(s),** Feb 26–Mar 12 • 8:30 AM–10 AM  
**Location:** Craig Hall: Bradley 1

This class covers key principles of financial planning & investments, with a focus on recent trends & best practices. Topics include: financial planning fundamentals, goal-based investing, asset-class investing, impact / socially responsible investing, environmental, social and governance, asset allocation, diversification, asset correlation, stocks, bonds, mutual funds, index funds, exchange-traded funds, annuities, retirement income options, alternative investments, online tools, insurance, tax strategies, gifting & wealth transfer strategies, and financial scams. *Special Note(s): Each weekly class covers stand-alone topics. You can attend any class without having to attend the previous classes.*

**French 1: Resurrecting French (✓)**

**Peer Leader(s):** Leanne Ulvang; Michèle Martens  
**Monday(s),** Jan 29–May 07 • 1 PM–1:45 PM  
**Location:** Craig Hall: Gordon 2

For people who have had some high school or college French (even years ago) whose long-term goal is to communicate with native French speakers at a level above basic travel needs. We use a textbook, "Easy French Step-by-Step" by Myrna Bell Rochester (McGraw-Hill, 2009), with supplemental exercises from other books. The semester will continue with present tense verb conjugations, so students new to the class may want to brush up on gender, adjectives and use of "avoir" and "être."

**French 2: Beyond the Basics**

**Peer Leader(s):** Leanne Ulvang  
**Monday(s),** Jan 29–May 07 • 1:50 PM–2:35 PM  
**Location:** Craig Hall: Gordon 2

You've mastered the basics of the French grammar and vocabulary, but now want to transform thoughts into French so that they aren't lost in translation. Classes will focus on grammar, usage, creating French sentences and improving listening skills, using Living Language's "Beyond the Basics" as a text, supplemented by other materials. We also read aloud from French novels and translate.

**French 3: Conversation**

**Peer Leader(s):** Leanne Ulvang; Jane Ziad; Claude Geffray  
**Monday(s),** Jan 29–May 07 • 2:40 PM–3:45 PM  
**Location:** Craig Hall: Gordon 2

On parle français dans cette classe, sans traduction (si nous avons de la chance). On doit avoir l'envie d'entendre et de parler mieux le français, et peut-être un jour le parler couramment. Il n'y a pas de textes.



**French for Travelers** (✓)

**Peer Leader(s):** Leanne Ulvang; Michèle Martens  
**Wednesday(s),** Jan 31–May 09 • 1:30 PM–2:30 PM  
**Location:** Craig Hall: Gordon 2

This class is for those who want to focus on pronunciation, politesse and practicalities -- the vocabulary and idioms helpful for travelers in French-speaking countries (or as armchair travelers). The class is conducted mainly in English, with the aim of explaining how to say and understand basic French expressions.

**From Lies and Beauty to Thinking Dangerously** (✓)

**Peer Leader(s):** Gary Hedlind  
**Wednesday(s),** Jan 31–Mar 07 • 1 PM–2:30 PM  
**MOVED - Location:** Craig Hall: Gordon 1

After watching debates on modern philosophical issues presented by Institute of Art and Ideas, members will discuss the speakers' opinions and share their own. Each class will cover one topic: Lies and Beauty: Is lying somehow essential to our lives? • Beware Banker Bearing Gifts: Do we need debt? • Knowing Others and Knowing Oneself: Are the minds of others profoundly knowable? • The Weird and the Wonderful: Why does interest in spirituality continue to grow? • Humans versus Nature: Are humans part of nature or a hostile enemy? • Thinking Dangerously, Living Differently: Can philosophy change the way we think?

**Gardening with California Native Plants** (✓)

**Peer Leader(s):** Cindy Weiner  
**Tuesday(s),** Feb 06–Mar 06 • 10:30 AM–12 PM  
**Location:** Craig Hall: Gordon 1

Learn how to transform a current garden to one that is water-wise, attractive to birds and other wildlife, and has a real sense of place. Class participants will learn how to research and choose the correct plants for a particular site and will receive tips for planting and irrigating natives as well as where to buy them. You'll be introduced to a large number of California natives that grow well in this area.

**Genealogical Ethnic Migration Patterns** (✓)

**Peer Leader(s):** Kathleen Corrigan; Betty Porter  
**Monday(s),** Jan 29–Mar 05 • 8:30 AM–10 AM  
**Location:** Craig Hall: Gordon 1

Join us as we identify the reasons and circumstances that caused people to migrate to different areas of the United States. We will explore the major migration routes and roads that existed during different time frames. Understanding migration will help you better understand your ancestors.

**Geospatial Info Systems, Maps, and Aerial Photographs** (✓)

**Peer Leader(s):** James Tyler  
**Monday(s),** Feb 26–Mar 19 • 1:30 PM–2:30 PM  
**Location:** Craig Hall: Bradley 2

The Meriam Library is digitizing part of its map archives and is inviting OLLI members to learn about the process. Maps have changed significantly over the past 30 years with the growth of the internet: what used to be on paper is now online. Historical maps, however, haven't been moved online well in a way that is useable; this course will provide an overview history of maps and an introduction to an online tool (the Maps and Aerial Locator Tool that provides access to historical maps and aerial photographs of California. *Special Note(s):* The first session will include a review of the Meriam Library maps collection and the use of maps in an academic environment. The second session will provide an overview of Geospatial Information Systems (GIS) and what technical work is done to make maps findable online. The third session will provide an overview of digitization, focusing on file types, naming conventions, and file sizes for aerial photographs. The final meeting will be a hands-on workshop, putting together all of the principles learned in the first sessions. The final class meeting on March 19 will be at Meriam Library at CSU, Chico.

**Gifts of the Arts: The Janet Turner Print Museum**

**Peer Leader(s):** Sheri Tarman; Laura Nice  
**Thursday(s),** Feb 01–May 03 • 10:30 AM–12 PM  
**Location:** Janet Turner Print Museum at CSU, Chico

A three part brown bag series, including a curator's museum talk, print explanation, and discussion on the current exhibits at the Janet Turner Print Museum at CSU, Chico. This program is a lively interaction with the curator, Catherine Sullivan, focusing on understanding, appreciating and analyzing fine art prints held at the Turner Museum. *Special Note(s):* Class meets on three Thursdays: February 1, March 15, and May 3.

**Google: Search Skills for the Internet**

**Peer Leader(s):** Lon Halley  
**Monday(s),** Feb 19–Mar 12 • 10:30 AM–12 PM  
**Location:** Faith Lutheran Church

Searching the web using Google is one of the most used purposes of the Internet. Just as the phrase "Xerox it" has become synonymous with "make a copy," the phrase "Google it" has become synonymous with "do a search." Yet many people search the Internet inefficiently. Learn skills to narrow your searches to exactly what you want. We'll learn to use a rifle not a shotgun to improve Internet searching, like using punctuation to fine tune searches. The class will cover "data mining" and how to use internet browsers.

**Gratitude in Daily Life**

**Peer Leader(s):** Rosie Potestio  
**Thursday(s),** Feb 01–Feb 22 • 10 AM–11:30 AM  
**Location:** New Vision Church

The teachings and practices of gratitude are found in all spiritual traditions, supporting the work of positive psychology research showing that a grateful life helps produce peace of mind and enhances mental and physical well-being. Gratitude transforms our life. This four-part interactive workshop explores ever-deepening levels of gratitude as we integrate living with an attitude of gratitude more fully into our daily life.

**Great Authors of the 20th Century**

**Peer Leader(s):** Roy Cook; John Meehan  
**Monday(s),** Feb 05–May 07 • 10:30 AM–11:45 AM  
**Location:** Craig Hall: Gordon 2

This class meets every other week. We normally read a 400-800 page book from a great author every two weeks. *Special Note(s):* Class meeting dates: 2/5, 2/19, 3/5, 3/26, 4/9, 4/23, 5/7. Please read *Mourning Becomes Electra* (Eugene O'Neill, 210 pages) prior to the first class. We will also read these other 20th century writers: *Eliot, Huxley, Faulkner, Borges, Nabokov and Orwell.*

**Great Decisions (✓)**

**Peer Leader(s):** William Tefteller; Myron Flindt  
**Thursday(s),** Feb 01–May 10 • 1 PM–2:30 PM  
**Location:** Craig Hall: Bradley 2

The Great Decisions study group is the Foreign Policy Association's public education program to create more informed citizens by discussing U.S. foreign policy and global affairs issues. The topics for 2018 are: The Waning of Pax Americana?, Russia, China, Media and Foreign Policy, Turkey, U.S. global engagement and the military, South Africa, and Global health. We will cover four of these in the spring and four in the fall. The class study group will also add some foreign policy topics that are of interest to the class. The 2018 study guide will cost \$25 plus shipping at <http://www.fpa.org>

**Great Greek Historians: Thucydides**

**Peer Leader(s):** Jack Ayer  
**Tuesday(s),** Jan 30–May 08 • 10:30 AM–12 PM  
**Location:** Craig Hall: Gordon 2

Thucydides chronicled the great war that rendered major damage on Athens in its golden age. He was a general in that war. He was forcibly retired. He deployed his leisure and his experience to create the first great narrative of a single conflict—how and why it came about, who fought and with what motives and what mistakes. As such he has served as a point of departure for every later discussion of the politics and governance of warfare. Thucydides is often paired with his great contemporary, Herodotus. But Herodotus is more wide ranging; Thucydides, more focused and austere. *Special Note(s):* You'll want your own copy. Any standard modern translation will do. Look for 'Peloponnesian War' by Thucydides. The Penguin edition is good and usually available cheap second hand. The newer Landmark Edition is fun but perhaps more than you need. There are Kindle editions, some as low as 99 cents. Those with courage will tackle the classic translation by the philosopher Thomas Hobbes in a new edition by U of Chicago (but it is not necessary).

**Healthy Living Workshop: Chico (✓)**

**Peer Leader(s):** Celia Hirschman  
**Thursday(s),** Feb 08 • 10:30 AM–3:30 PM  
**Location:** Craig Hall: Gordon 2

This workshop on rethinking your health, your age and your future, will cover: What Really Determines Health; New Science in Nutrition; Chronic Illnesses; Why

The Gut Is So Important; Spirituality, Stress Relief & Emotional Fulfillment; Alternatives in Exercise; and A Health Roadmap for Your Future. *Special Note(s):* Please bring a brown bag lunch.

**Healthy Living Workshop: Oroville**

**Peer Leader(s):** Celia Hirschman  
**Thursday(s),** Mar 01 • 10:30 AM–3:30 PM  
**Location:** Private Residence

This workshop on rethinking your health, your age and your future, will cover: What Really Determines Health; New Science in Nutrition; Chronic Illnesses; Why The Gut Is So Important; Spirituality, Stress Relief & Emotional Fulfillment; Alternatives in Exercise; and A Health Roadmap for Your Future. *Special Note(s):* Please bring a brown bag lunch.

**Heaven and Hell: Historical Development Across All Religions**

**Peer Leader(s):** Lon Halley  
**Monday(s),** Jan 29–May 07 • 1 PM–2:30 PM  
**Location:** Faith Lutheran Church

Beliefs about Heaven and Hell vary widely across faith traditions. Do "Near Death Experiences" attest to an afterlife? Has a loved one appeared to you after their death? Is this life all there is? Is Dante's Hell an accurate portrayal? We will explore these questions and cover the historical development of beliefs from several religious traditions -- whether considered myth or reality. This is not a doctrinal course advocating any belief system; we seek greater understanding of how these beliefs affected millions over centuries in manifestations of many faith traditions. *Special Note(s):* Videos and guest speakers will provide a multiplicity of perspectives. All views and reasonings are welcome during the class discussions, but we will not debate which beliefs might be "more correct."

**Hiking & Backpacking: A Guide to Starting Your Journey (✓)**

**Peer Leader(s):** Cynthia Finnegan  
**Monday(s),** Jan 29–Feb 05 • 12:30 PM–2:30 PM  
**Location:** Craig Hall: Bradley 2

The first class will explore (1) the benefits of hiking/backpacking; (2) where one can find hikes and backpacking trails; (3) when these opportunities are offered; and (4) how one goes about equipping themselves to begin the adventure of hiking/backpacking. The second session will go further into explaining what are specific options for various pieces of equipment needed; how to ready oneself for various journeys; and resources for where to find equipment/food/clothing. Discussions and demonstrations about packing, equipment use and safety will be included.

**Historical Novels & Biographies**

**Peer Leader(s):** Roy Cook  
**Monday(s),** Jan 29–Apr 30 • 10:30 AM–11:45 AM  
**Location:** Craig Hall: Gordon 2

This class meets every other week. We normally read a 400-600 page book every two weeks. *Special Note(s): Class meets every other Monday: 1/29, 2/12, 2/26, 3/12, 4/2, 4/16, 4/30 Please read as much as you can of "Alexander Hamilton" (Chernow, 826 pages) prior to the first class. Download the complete semester book list from the OLLI website.*

**History Through Mystery**

**Peer Leader(s):** Claire Altheuser

**1<sup>st</sup> Monday(s),** Feb 05–May 07 • 9:30 AM–11 AM

**2<sup>nd</sup> Monday(s),** Feb 12–May 14 • 9:30 AM–11 AM

**3<sup>rd</sup> Monday(s),** Feb 19–May 21 • 9:30 AM–11 AM

**4<sup>th</sup> Monday(s),** Feb 26–Apr 23 • 9:30 AM–11 AM

**Location:** Private Residence

A trip through history with the fun of reading and discussing historical mysteries. The groups are limited to 9 members and meet once a month at the home of Peer Leader Claire Altheuser. It is strongly urged that members have access to a computer in order to receive e-mails and other supplementary material for the books. *Special Note(s): Please read "Jade Dragon Mountain" by Elsa Hart for the first class in February.*

**CANCELLED - Home Garden Design and Maintenance (✓)**

**Peer Leader(s):** Tina Bishop

**Tuesday(s),** Apr 03–May 08 • 10:30 AM–12 PM

**Location:** Craig Hall: Bradley 1

Updating or designing a new yard? Join the Butte UC Master Gardeners as we take you through the steps from designing your yard to maintaining your yard. We will spend time discussing hardscape, landscape design, soils, irrigation, plant selection and planting, and integrated pest management. If participants are interested we will have a field trip to Patrick Ranch to show you how we have implemented all of these topics into our demonstration garden.

**House De-Cluttering**

**Peer Leader(s):** Geraldine Denser

**Section 1: Wednesday(s),** Apr 04–May 09 • 10:30 AM–12 PM

**NEW - Section 2: Tuesday(s),** Feb 13–Mar 27 • 3 PM–4:30 PM

**Location:** Craig Hall: Bradley 1

This course engages your mind and emotions in the process of deciding what you keep in your life and what you get rid of. It is a structured approach to removing from your home the unused, unusable, unneeded and unloved items that we all accumulate over the years - and how to effectively store the things that you choose to keep. Clutter distracts the mind. We'll look at how it affects us, how it accumulates, how to reduce it - and how to keep it from coming back. *Special Note(s): You'll want to take notes - bring something to write on.*

**Introduction to Bioacoustics: (✓)**

**Peer Leader(s):** Judy Chambers

**Section 1: Wednesday,** Mar 28 • 10:30 AM–12 PM

**Section 2: Wednesday,** Apr 11 • 10:30 AM–12 PM

**Section 3: Wednesday,** Apr 25 • 10:30 AM–12 PM

**Location:** Private Residence

Bioacoustics is a holistic modality. It is a form of "sound therapy." This class is simply an introduction. People will be able to go home with reports on their health.

**IQ and Multiple Intelligences**

**Peer Leader(s):** Pamela Beeman

**Tuesday(s),** Feb 27–Mar 06 • 10:30 AM–12 PM

**Location:** Craig Hall: Bradley 1

What is "IQ?" How is it measured? How reliable are IQ tests? Are there different ways to be intelligent? How does our understanding of intelligence affect how we learn? Hear about these issues from a retired school psychologist who has given thousands of IQ tests and is pretty opinionated. Try some online "tests" and discuss. *Special Note(s): If you have internet access, you might like to try out an online "test" in between the two sessions, but this is not a condition for the class.*

**Islamic Golden Age**

**Peer Leader(s):** Bill Augros

**Wednesday(s),** Jan 31–May 09 • 10:30 AM–12 PM

**Location:** Faith Lutheran Church

Most history students have only a passing familiarity with a significant period known as the Islamic Golden Age in the Greater Middle East, about 750 to 1258. Advancements in medicine, algebra and astronomy are overlooked by the traditional story of the Middle Ages, which only gloss the surface of one of the most important periods of world history. Learn the power, accomplishments, and importance of the crucial 500-year history of the Islamic Golden Age. Hear Professor Gearon's brilliant insights into an era too often overlooked by traditional history. (Teaching Company course.)

**Ken Burn's Vietnam War Documentary (✓)**

**Peer Leader(s):** Robert Main

**Wednesday(s),** Jan 31–May 09 • 10:30 AM–12 PM

**Location:** Craig Hall: Bradley 2

A presentation of Ken Burn's Vietnam War documentary with limited discussion after each episode.



**Knitting Boot Camp (✓)**

**Peer Leader(s):** Gale Ulvang

**Section 1: Monday(s),** Feb 05–Feb 26 • 1 PM–2:30 PM

**Section 2: Monday(s),** Mar 05–Apr 02 • 1 PM–2:30 PM

**Location:** Private Residence

This class is specifically for new knitters or those who learned long ago and need to refresh their skills. The intention is to give you a good start on a simple project after learning the basic knit and purl stitches. Attendees are invited to then join the "Let's Knit" class offered Tuesday afternoons.

**Korea: Culture, Art & History from Ancient Times to Present Day (✓)**

**Peer Leader(s):** Mary Claire Morin

**Friday(s),** Feb 02–May 11 • 1 PM–2:30 PM

**Location:** Craig Hall: Bradley 1

Korea has been in the news almost every day lately. This is our chance to explore this unique culture and its people and art. We will start with ancient times, look at Korea's relationships with its nearest neighbors, China and Japan, also Russia. Hopefully we will be able to taste some Korean food, sample some Korean dramas, discuss Korean soft power and investigate the legacy of the Kim family in the north. This course will stay away from political opinions, but will examine the dynamics of Korean art and culture and its influence on the Korea of today.

**Learn How to Draw (✓)**

**Peer Leader(s):** Susan Levine

**Tuesday(s),** Jan 30–May 08 • 1:30 PM–3 PM

**Location:** Aymer J. Hamilton #124

This course is based on the book by Betty Edwards, "Drawing On The Right Side Of The Brain." The 1979 book incorporates the new knowledge of how the brain works to help people learn to draw what they see. Using exercises to tap into the spatial side of the brain, students will learn to shut down the verbal side of their brain that tells them they can't draw. This allows the student to "see the way an artist does" and draw what they see. Though Susan is not an artist, she has successfully taught 11-year olds to discover their untapped drawing abilities.

**Let's Knit (✓)**

**Peer Leader(s):** Gale Ulvang No Name

**Tuesday(s),** Jan 30–May 08 • 3 PM–4:30 PM

**Location:** Craig Hall: Bradley 1

Knitting with others creates a wonderful learning environment. This class is designed to give knitters who already know the basic stitches of knitting a chance to challenge themselves to expand their repertoire of skills and projects. All levels of ability are encouraged to participate; a separate class is offered for new knitters to learn the basics before moving into this class. If there is a wait list for this class, everyone on the list will have an opportunity to join the class a few weeks into the semester. Bring a project and join the fun! *Special Note(s): OLLI knitters who don't*

*enroll during the initial enrollment period are welcome to enroll and bring their projects to work on in the class anytime after the first three weeks. Come join the fun!*

**Let's Make Jam**

**Peer Leader(s):** Bill Augros

**Saturday(s),** May 19 • 1 PM–4 PM

**Location:** Faith Lutheran Church

Apples are a good choice in the fall. We can make apple jelly by straining the juice and then make apple butter from the pulp and add a little cinnamon. We can turn the hot jars of jam upside down on a cloth and, as they cool, they will seal themselves. If any don't seal, just put them in the refrigerator and use them first. Other methods will be discussed and tried. All supplies will be provided.

**Let's Walk**

**Peer Leader(s):** Joseph Berezna; Deb SiouxThorup

**Friday(s),** Feb 02–May 11 • 10 AM–11:30 AM

**Location:** Bidwell Park

Joining a walking group is one of the best ways to start and maintain a healthy walking habit. Aside from the benefits of positive peer pressure, a walking group is safer, more fun, social, and something you'll probably look forward to each and every time you meet.

**Meditation and Contemplation (✓)**

**Peer Leader(s):** George McClendon; Abe Baily

**Monday(s),** Jan 29–May 07 • 8:30 AM–10 AM

**Location:** Unitarian Church

Whether you are new to the class or returning, we'll review and practice meditative and contemplative techniques. We'll also explore the connection between contemplative and compassionate living. Class starts and ends with silent meditation, time for questions, discussion, and short "Dharma" talks in between.

**Megageology (✓)**

**Peer Leader(s):** Dee Randolph

**Wednesday(s),** Mar 07–May 09 • 3 PM–4:30 PM

**Location:** Craig Hall: Bradley 2

This class is not for the faint-of-heart! We will explore some of the most catastrophic events in human history, as well as forces almost unimaginable to conceive. No formal books or reading lists will be assigned. Informational sources will be referenced and further reading material on specific geological phenomena or events will be made available for students seeking more information.

**Mindfulness for Health & Wellbeing (✓)**

**Peer Leader(s):** Rosann Lampkin  
**Wednesday(s),** Jan 31–Mar 28 • 10:30 AM–12:30 PM  
**Location:** Craig Hall: Gordon 2

This course will teach participants about the research behind and efficacy of mindfulness practice. It is an experiential course that can be easily incorporated into daily life. Based on the work of Jon Kabat-Zinn and others, the course will include practice in sitting and walking meditation, gentle yoga, and chi gong. Readings and audio tapes from world-renowned mindfulness teachers are utilized. This class will provide the foundation for the intention, commitment, and practice of mindfulness, fostering and promoting health and wellbeing. *Special Note(s): There will be a day-long session from 9 a.m. until 3 p.m. on the Saturday after week six (3/10/18).*

**Movies at the Pageant Theater (\$)**

**Peer Leader(s):** Bill Augros  
**Sunday(s),** Feb 04–May 06 • 2 PM–5 PM  
**Location:** Pageant Theatre

Meet at the Pageant Theatre to enjoy a movie and then discuss it together afterward over refreshments at Faith Lutheran Church. Tickets are \$6.50 senior price at the door. A description of all the movies we'll see will be sent by email or letter to each person enrolled in the class. Please bring half a dozen cookies or equivalent per person per movie to share. Coffee, tea, hot chocolate, and ice water will be provided. *Special Note(s): Class meets on the first Sunday of each month. Movie time & movie description will be emailed the week before the first of each month.*

**Music and Musicians (✓)**

**Peer Leader(s):** Walter Coffey  
**Friday(s),** Feb 02–May 11 • 1 PM–3 PM  
**Location:** Craig Hall: Gordon 1

Each week we'll view and discuss either a feature-length documentary or two shorter films. The films will generally feature a performer or composer, the impact of their environment on their music, and the impact of their music on other musicians and on society. Or the focus might be on a style of music from swing to country to jazz or rock. This is a class for the open-minded and intellectually curious because, paraphrasing Mick Jagger, you might not always hear what you like but sometimes you just might like what you hear. *Special Note(s): There is a website for this class at <http://ollivideos.blogspot.com/>.*

**Old Time Radio Readers Theatre**

**Peer Leader(s):** Bill O'Hare  
**Friday(s),** Feb 02–May 11 • 1 PM–2:30 PM  
**Location:** Craig Hall: Bradley 2

Return to those exciting days of yesteryear when radio was young and so were we! Remember "Baby Snooks," "Burns and Allen," and "The Bickersons?" Now you can bring back the nostalgia of the past by repeating the same words uttered by those wonderful voices we grew up with. Original scripts and sound effects plus

your voice is all that is needed. *Special Note(s): Students will have an opportunity to perform shows at local assisted living facilities.*

**OLLI Book Group (✓)**

**Peer Leader(s):** Marian Milling; Cindy Wiener  
**Thursday(s),** Feb 01–May 03 • 10:30 AM–12 PM  
**Location:** Craig Hall: Gordon 2

Participants will read and discuss a wide variety of books, from short stories, classic novels, contemporary novels, biographies to non-fiction. Information about currently scheduled books and books that have been read previously in the group can be found on the web site at [ollibookgroup.blogspot.com](http://ollibookgroup.blogspot.com). The same website links to copy availability of each book, either through the local libraries or to purchase. It also offers a method to make suggestions for future reading. *Special Note(s): This semester features a change in the book group. Instead of meeting on 1st and 3rd Thursdays of each month, the class now meets once a month--on the first Thursday.*

**OLLI Hikers: Iron Canyon Loop (✓)**

**Peer Leader(s):** Lorna Cunkle; Wendy Pine  
**Friday(s),** Feb 23 • 9 AM–4 PM  
**Location:** Various

For this hike, we'll travel toward Red Bluff to the Sacramento River Bend Outstanding Natural Area. This sunny trail, a 4.5-mile loop with less than 200 feet of elevation gain, is perfect for a cold winter day, although we'll probably see early spring flowers, too. The riparian zone close to the river is home to lots of native species of trees, plants and animals. We might see bald eagles and osprey, as well as migratory and song birds. We'll move at a leisurely pace, with plenty of time to take photographs and make new friends. *Special Note(s): We'll meet for carpooling at 9 AM, with a return time no later than 4 PM. Specific instructions, including carpool locations, will be provided the week before the hike. Wear layered clothing, a hat (lots of sun on this trail), and good walking shoes. Bring water, lunch, and sunscreen. No dogs. We'll reschedule if it rains.*

**OLLI Hikers: North Thermalito Forebay (✓ \$)**

**Peer Leader(s):** Lorna Cunkle; Wendy Pine  
**Friday(s),** Mar 09 • 9 AM–2 PM  
**Location:** Various

This day-use area managed by the California Department of Parks & Recreation includes a couple of easy trails worth exploring. We'll do about 4.5 miles with less than 200 feet of elevation gain. We'll climb one of the hills on a wheelchair-accessible trail for views of the Sutter Buttes and Table Mountain. The remainder of the trail along the Forebay is on a gravel road, so you won't need boots or poles for this one. We'll move at a leisurely pace, with the hope of seeing lots of birds and spring wildflowers. *Special Note(s): We'll meet for carpooling at 9 AM, with a return time no later than 2 PM. Specific instructions, including carpool locations, will be provided the week before the hike. Parking fee at the North Forebay is \$8 per car. Wear layered clothing, a hat (lots of sun on this trail), and good walking shoes. Bring water, lunch, and sunscreen. No dogs. We'll reschedule if it rains.*

**OLLI Hikers: Women's Hike to Feather Falls (✓)**

**Peer Leader(s):** Lorraine Smith; Vickie Stoll  
**Friday(s),** Apr 20 • 8 AM–5 PM  
**Location:** Various

For this hike, we'll go to Feather Falls Scenic Area in Plumas County. The hike to the 400+-foot waterfall, right above the confluence of Fall Creek and the Middle Fork of the Feather River, is strenuous (8.5 miles round trip, 900 feet elevation gain). Sign up only if you have been hiking at least 6 miles on uneven ground. Our pace will be leisurely, with time to take photographs, identify wildflowers, perhaps identify a bird or two, and enjoy the views of Bald Rock and the Feather River. Team up with other women to create a fun outdoor adventure! *Special Note(s): Sturdy hiking boots strongly recommended; hiking poles optional but helpful.*

**OLLI Hikers: Women's Hike to Phantom Falls/Table Mountain (✓ \$)**

**Peer Leader(s):** Lorraine Smith; Vickie Stoll  
**Friday(s),** Apr 06 • 8:30 AM–4 PM  
**Location:** Various

Wildflowers and waterfalls will be the highlights of this moderately strenuous hike (6.6 miles, 850' elevation gain). Table Mountain typically offers a succession of blooms late February through April; we'll enjoy a colorful array of flowers on this hike, and will have opportunities to view 6 waterfalls along our path. This is a cross-country loop hike, over UNEVEN ground. Our pace will be leisurely, with time to take photographs, identify the abundant wildflowers, and enjoy the scenery. Team up with other women to create a fun outdoor adventure! *Special Note(s): As of January 1, the purchase of a \$4.32 lands pass is required to visit the North Table Mountain Ecological Reserve. They can be purchased from Big 5, Dick's Sporting Goods, and Sportsman's Warehouse. Additional information can be requested from the OLLI.*

**Paint with Watercolors: Video Lessons**

**Peer Leader(s):** Bill Augros  
**Wednesday(s),** Jan 31–May 09 • 4 PM–5:30 PM  
**Location:** Faith Lutheran Church

This class offers everything you need to start painting with watercolors. Join expert Kateri Ewing in this comprehensive beginner's class on video as she helps you navigate all the basics. You'll explore a range of tools and supplies, essential techniques, hands on demonstrations, and so much more. Color your world with watercolors! Bring your own supplies. Videos by the Teaching Company

**Photography: Beyond Auto Mode (✓)**

**Peer Leader(s):** Dick Emmons  
**Thursday(s),** Mar 15–May 10 • 1 PM–2:30 PM  
**Location:** Aymer J. Hamilton #124

This course is designed to show the use of the various controls on a digital camera. The class will emphasize those controls dealing with exposure and the effect they have on creating good photographs. Each week a different control will be used. During class students will take photos and the class will conclude with the photos

viewed on a TV. A MUST requirement is a digital camera that has controls for Auto, P, Av, Tv or S and M. The camera must also use a SD memory card and a blank one should be brought to the first class.

**Photography: Taking Better Digital Pictures (✓)**

**Peer Leader(s):** Dick Emmons  
**Wednesday(s),** Mar 14–May 09 • 1 PM–2:30 PM  
**Location:** Aymer J. Hamilton #124

This course is designed to increase your ability to see interesting photos in everyday life. Emphasis will be on learning and applying the basic rules of photographic composition. A particular subject will be assigned each week, then the students will spend class time looking for and taking photos. The session will conclude with the class seeing their pictures on the TV. Any digital camera from point and shoot to DSLR may be used. The only requirement is the camera must use a SD memory card and a blank one should be brought to the first class session.

**Poetry for Pleasure**

**Peer Leader(s):** James Kirks  
**Friday(s),** Feb 02–May 04 • 9 AM–10:30 AM  
**Location:** Aymer J. Hamilton #124

Reading poetry helps you to know things more fully, it commands your attention, and it can sustain good conversation. In this class participants select poetry from favorite sources to read aloud with fellow enthusiasts. *Special Note(s): Class meets 1st, 3rd and 5th Fridays of the month.*

**Reading Homer in Greek**

**Peer Leader(s):** Jack Ayer  
**Tuesday(s),** Jan 30–May 08 • 9 AM–10 AM  
**Location:** Craig Hall: Gordon 2

A small group of us have been struggling for some months now to read Homer's Iliad (Book I) in its original Greek. The task is demanding, maddening and deeply rewarding. None of us is remotely expert at this job but we help each other along. We invite suitable others to join us. To participate, you wouldn't want to know too much Greek or you'd be bored. You wouldn't want to know too little or you'd be left in the dust. Email Jack Ayer for help in identifying the Goldilocks point at jdayer@ucdavis.edu. Coursebook: Pharr, Homeric Greek

**Reading Poetry for Insight and Meditation: Chico**

**Peer Leader(s):** Dennis Daniel  
**Tuesday(s),** Jan 30–May 08 • 1 PM–2:30 PM  
**Location:** Craig Hall: Gordon 1

Each week we will examine three or four poems, mostly from the Western tradition, some in translation from other languages. We will look at classic themes such as: self-discovery, fear, compassion, insight, aging and mortality, relationships, et al. Our goal will be to see how the poem works and what it says to us as readers with divergent backgrounds. We will read each poem in depth and appreciation.

**CANCELLED - Reading Poetry for Insight and Meditation: Oroville**

**CANCELLED - Reading Poetry for Insight and Meditation: Paradise**

**Recreational Mathematics (✓)**

**Peer Leader(s):** LaDawn Haws

**Thursday(s),** Feb 01–May 10 • 8:30 AM–9:30 AM

**Location:** Craig Hall: Bradley 1

A lot of people think they don't like math, or that they are not "good" at it. In this course, we will look at interesting mathematical problems and people, and do fun, hands-on activities that will (hopefully!) help you discover that inner-math lover inside you! I will bring cool demos from the History of Math class that I teach at Chico State. Bring an open mind and a sense of adventure! *Special Note(s): There will not be a book for this class, but I might give you some assigned videos to watch on YouTube, or some "just for fun" assignments to play with in between classes.*

**Rehearsing Your Last Passage (✓)**

**Peer Leader(s):** Donald Heinz; Rebecca Senoglu

**Wednesday(s),** Feb 28–Apr 18 • 3 PM–4:30 PM

**Location:** Craig Hall: Gordon 1

Rilke wrote: "Who cares anything today for a finely-finished death? The wish to have a death of one's own will be just as rare as a life of one's own." Not! This class puts dying back on stage and invites experimental theater. Death is reviving in America. Imagine dying as a spiritual journey. Consider end of life ethics and California Aid-in-Dying, then write an "Advance Directive." Before you go, consider: Can dying be an art? A last career? Life review? Composing our last chapter? Part of achieving a good death is producing a ritual for our last passage. Get started. *Special Note(s): Donald Heinz's "The Last Passage" is an optional text available used from Amazon.com or in class. Class topics are: 1) Considering the 2nd half of life; 2) Reviving death in America; 3) Imagining dying/death/afterlife as spiritual journeys; 4) Could dying be a lost art?; 5) Make dying a last career; 6) Prepare and rehearse a ritual for your passage; and 7) Green burials and family-directed death care, presented by Rebecca Senoglu.*

**Ridge Writers' Workshop**

**Peer Leader(s):** Debi Durham

**Tuesday(s),** Jan 30–May 08 • 3 PM–5 PM

**Location:** Paradise Center for Spiritual Living

The Ridge Writers' Workshop welcomes writers of all levels and genres who are serious about professional level work. Participants will offer positive feedback through critiquing and editing each other's work. We will challenge each other to think creatively and constructively. Writing groups are often used to help and guide the writer by turning a manuscript into the most effective piece of fiction or nonfiction. With the ultimate goal being publication, we will also explore publishing ideas and resources.

**Science ABC's for Non-Scientists by a Non-Scientist (✓)**

**Peer Leader(s):** Walter Coffey None

**Friday(s),** Feb 02–May 11 • 10:30 AM–12 PM

**Location:** Craig Hall: Gordon 1

Atom, Botany and Chemistry are the ABC's in the course title. Borrowing the expertise of physicist Jim Al-Khalili, botanist Timothy Walker and geologist Iain Stewart we'll view their video presentations and increase our understanding of the ABC's of planet Earth. We'll start with "Atom", continue with "Botany: A Blooming History", and "Chemistry: A Volatile History", all 3-part series. We'll conclude with "Earth, the Power of the Planet" which examines five forces that have shaped the Earth: volcanoes, the atmosphere, ice, oceans, and rare earth. *Special Note(s): There is a website for the class at <http://ollivideos.blogspot.com/>.*

**Shakespeare Video Lectures & Plays: (✓)**

**Peer Leader(s):** Bill Augros

**Wednesday(s),** Jan 31–May 09 • 1 PM–3 PM

**Location:** Faith Lutheran Church

This class will consist of a video lectures from the Great Course Company on Shakespeare's plays and video versions of the plays from the BBC. You will learn a set of interpretive tools, drawn from the texts themselves, that give direct insight into Shakespeare's plays. You can then follow the narratives of the plays as they unfold, with a clear understanding of how the plays function and fit together.

**Sing Gospel Music With or Without Instruments**

**Peer Leader(s):** Phil Elkins

**Monday(s),** Jan 29–May 07 • 10 AM–11:30 AM

**Location:** The Lodge at The Terraces

Singing and/or playing popular gospel songs. Bring your voice, guitar, violin, cello, harmonica, squeeze box or other instrument and join a group of people singing and playing gospel music. This is not meant to be religious. It's just a place to enjoy gospel music. *Special Note(s): On the first week of every month we meet at California Park Rehabilitation Hospital, 2850 Sierra Sunrise Terrace, Chico, CA, 95928. Meeting time is the same.*

**Sleep and Dreams (✓)**

**Peer Leader(s):** Susan Bollinger

**Tuesday(s),** Jan 30–Mar 27 • 3 PM–4:30 PM

**Location:** Craig Hall: Gordon 1

We will look into some research on sleep, particularly how sleep changes with age. The majority of the class will be devoted to looking at methods to understand our dreams. Small groups will be used to discuss and work toward understanding how your dreams work for you.



**Smart Phone 101 - Android (Not iPhone)**

**Peer Leader(s):** Judy Barclay  
**Monday(s),** Jan 29–Feb 12 • 1:30 PM–3 PM  
**Location:** Craig Hall: Gordon 1

Formerly known as "Do I Want A Smartphone?" this class covers the basic functions and vocabulary of the smart phone and tablet (not iPhone or iPad.) If you have an iPhone or iPad, look for Smart Phone 101 - iPhone/iPad in schedule. Using slides and live demonstrations, the class seeks to get you more familiar and comfortable with your smart phone or tablet. It will also give you resources that you can use to teach yourself how to enjoy these wonderful devices.

**Smart Phone 101 - iPhone/iPad**

**Peer Leader(s):** Susan Levine  
**Monday(s),** Feb 19–Mar 05 • 1:30 PM–3 PM  
**Location:** Craig Hall: Gordon 1

Formerly known as "Do I Want A Smartphone?" this class covers the basic functions and vocabulary of the iPhone and iPad. If you have any other smart phone or tablet, look for Smart Phone 101 - Android (not iPhone) in schedule. Using slides and live demonstrations, the class seeks to get you more familiar and comfortable with your iPhone or iPad. It will also give you resources that you can use to teach yourself how to enjoy these wonderful devices.

**Spanish: Beginning Conversation**

**Peer Leader(s):** Sue Hees  
**Tuesday(s),** Feb 06–24-Apr • 1 PM–3:30 PM  
**Location:** Butte County Library - Oroville

Basic conversational Spanish with an emphasis on vocabulary you might use for traveling, in your work such as at the hospital, taking into account what the students want or need. No books are required, no previous knowledge or experience needed. Come casual, bring a smile, and join the fun. *Special Note(s): No class meeting on April 10.*

**CANCELLED - Sporting Views: "30 for 30" (✓)**

**Table Mountain Wild Flowers (\$)**

**Peer Leader(s):** Herman Gray  
**Friday(s),** Apr 13 • 9 AM–1 PM  
**Location:** Various

This will be a one-time tour to view the wild flowers blooming on Table Mountain. See lupines, popcorn flowers, bitter root, blue dicks, Doublas violets, & others. Wear walking shoes, a jacket if it is cool. A good reference book with color photos of the common flowers on the mountain is "Wildflowers of Table Mt.," by Albin Bills & Samantha Mackey, but it is not required for the course. *Special Note(s): Meet at Chico Park & Ride East Section at 9 am to share car rides. As of January 1, the purchase of a \$4.32 lands pass is required to visit the North Table Mountain*

*Ecological Reserve. They can be purchased from Big 5, Dick's Sporting Goods, and Sportsman's Warehouse. Additional information can be requested from the OLLI.*

**Tai Chi Twice a Week for Beginners (✓)**

**Peer Leader(s):** Mike McCluskey  
**Monday(s),** Jan 29–May 10 • 8:30 AM–9:30 AM  
**Location:** The Lodge at The Terraces

Tai Chi is a ancient Chinese form of exercise practiced by millions of Chinese daily. It is known for helping maintain balance, keeping muscles stretched and flexible and light exercise. It is also known for calming the mind and is often described as a form of moving meditation. Of the 51 forms of Tai Chi found on the internet, this is formally called the 24 form, Yang style, Wushu school. A video on YouTube: <https://www.youtube.com/watch?v=iaSobj3vAJY> gives the most common form of that school but we will be learning the "seniors" version, adapted for OLLI members. *Special Note(s): This class meets 2 times a week, Mondays and Thursdays, in the Fitness Room. Beginners meet for 1 hour then returners meet for 1/2 hour.*

**TED Talks and Class Responds (✓)**

**Peer Leader(s):** Judy Gargas; George McIntyre  
**Thursday(s),** 15-Feb–May 10 • 10:30 AM–12 PM  
**Location:** Craig Hall: Bradley 1

TED Talks (Technology, Entertainment, and Design) is a nonprofit devoted to spreading ideas, usually in the form of short, powerful talks often very personal that include a focus on science, business and global issues. Join us for the opportunity view and discuss these talks and even debate them. And get to know more OLLI members.

**The Logic of Slavery**

**Peer Leader(s):** Robin Dizard  
**Wednesday(s),** Jan 31–May 09 • 10:30 AM–12 PM  
**Location:** Craig Hall: Gordon 1

The course asks what the legacy of slavery is and has meant in American culture. There are, of course, long-term effects in areas like politics, economics, and law. Likewise there are powerful effects on our collective imagination, our ideas about who we are. Such ideas inform the ways we represent and talk about ourselves in literature and the arts in general. This course selects examples from literature and popular culture to see how slavery persists in America's memory and imagination.

**The Tao Te Ching: An Introduction**

**Peer Leader(s):** Jerome Dirnberger  
**Wednesday(s),** Jan 31–Feb 07 • 10:30 AM–12 PM  
**Location:** Craig Hall: Bradley 1

The Tao Te Ching is a Chinese class book, or better, a series of 81 poems/chapters written by the philosopher Lao Tzu over 2500 years ago. In it he poetically explains the universe and humans' part in it. In this workshop, students will be presented with the various themes and concepts of Tzu's philosophy and how this can lead to living a more satisfying life. The Tao is supposedly the second most

translated book in the world next to the Bible. Each version is different because of Tzu's poetic style and various meanings of his ancient Chinese characters. *Special Note(s): Since the Tao is more of meditative book it only requires some background information for the 1st session and an instructional meditative 2nd session. Each one and a half hours in length.*

**The 'Why' of Consciousness (✓)**

**Peer Leader(s):** Deborah Muth  
**Wednesday(s),** Feb 14–Mar 07 • 10:30 AM–12 PM  
**Location:** Craig Hall: Bradley 1

The concept of reincarnation is accepted as reality by many in the East and West. The varied and many successive lifetimes are commonly viewed as an endlessly repeating wheel. In this course we will look at the journey of "jiv-atma" (embodied soul) or the Divine Theme, of which reincarnation is only a part. In this class we will explore the Divine Theme, focusing on the mechanics that drive the soul from taking form in the first place. The material is based mostly on Meher Baba's major work "God Speaks," his philosophical treatise on the biography of the soul.

**Trails West: History and Geology of the Oregon/California Trail (✓)**

**Peer Leader(s):** Stewart Monroe  
**Thursday(s),** Feb 01–May 10 • 10:30 AM–12 PM  
**Location:** Craig Hall: Bradley 2

From 1840 until 1869, the Oregon/California Trail was the main avenue for migration to the West. Indeed, 400,000 to 500,000 people made this trek, mostly by wagon train. The main focus in this course is the trip itself, especially the difficulties of travelling across a continent, and the geology of the areas the pioneers encountered; i.e. the Great Plains, Forty-Mile Desert, and Sierra Nevada.

**Tuesday Tunes**

**Peer Leader(s):** Bitz Haley  
**Tuesday(s),** Jan 30–May 08 • 10 AM–11:30 AM  
**Location:** Haley's Martial Arts Center

Start your Tuesday with music and songs. Join us in a fun, informal weekly sing along. Bring your voices and/or musical instruments. We will provide reasons for smiles and laughter, a venue with chairs, and songs with chords. Please note that the operative word is "fun." If you like music, you will like this class. All levels welcome.

**Video Musicals**

**Peer Leader(s):** Bill Augros  
**Friday(s),** Feb 02–May 04 • 6 PM–9 PM  
**Location:** Faith Lutheran Church

Come enjoy famous musical videos. A schedule of the musicals will be provided. Price of admission? Half a dozen cookies or equivalent per person per movie to share with the group. Coffee, tea, hot chocolate, ice water will be provided. This class meets the first Friday of each month. *Special Note(s): Class meets the first Friday of the month: Feb. 2; Mar. 2; Apr. Apr. 6 and May 4.*

**Visiting Native Plant Gardens (✓)**

**Peer Leader(s):** Cindy Weiner  
**Friday(s),** Apr 06–May 11 • 1 PM–2:30 PM  
**Location:** Various

We'll visit 5 public gardens and 1 residential garden in the Chico area to see how to use native plants in landscaping. The gardens range from newly planted to fully mature. Some are 100% native and others have natives mixed with non-natives. You'll learn to recognize some of the most commonly used native plants and gain an appreciation for attractive combinations of plants. Meet the first week on the patio in front of Laxson Auditorium on the Chico State Campus.

**Water Conservation 101**

**Peer Leader(s):** Kyle Ramey  
**Tuesday(s),** Mar 13 • 10:30 AM–12 PM  
**Location:** Craig Hall: Gordon 1

Water Conservation 101 provides attendees with valuable information on water supplies, drought impacts, reservoir conditions, and ways to monitor and reduce household water use. Learn about high efficiency water saving devices and what rebate programs are available to you.

**Watercolor for Beginners (✓ \$)**

**Peer Leader(s):** Christine Mac Shane  
**Sect. 1: Friday(s),** Feb 02–Feb 23 • 10:30 AM–12:30 PM  
**Sect. 2: Friday(s),** Mar 02–Mar 30 • 10:30 AM–12:30 PM  
**Sect. 3: Friday(s),** Apr 06–May 04 • 10:30 AM–12:30 PM

**Location:** Christine Mac Shane's Studio

An introduction to watercolor painting. Techniques, color blending, color mixing and brush work for all levels. *Special Note(s): Class meets 2/2, 2/9 and 2/23. \$30 materials fee.*

**Who Said You Can't Act?**

**Peer Leader(s):** Bill O'Hare  
**Thursday(s),** Feb 01–May 10 • 10:30 AM–12 PM  
**Location:** Craig Hall: Gordon 1

Who said you can't act? All actors start with their natural resources, their voice, and body. The goal of this class is to introduce students on how to use their resources in performing on stage. The course will address the following: (1) Learning the Lingo; (2) Training Your Talent-Intro; (3) Discovering Physical Action; (4) Getting Into the Part; (5) Getting into Character; (6) Getting into the Play; (7) Speaking the Lines; (8) Auditioning for the Play; (9) Rehearsing the Play; and (10) Playing the Part.

**Wisdom through Meditation** (✓)

**Peer Leader(s):** Gayle Womack; Kathy Oscamou  
**Wednesday(s),** Jan 31–May 09 • 10:30 AM–12 PM  
**Location:** Lakeside Pavilion

Wisdom through meditation is a piece of advice yogis have given for thousands of years, saying "Take a deep breath and relax." Experience Meditation: learn how to discover your own personal truth and wisdom by calming the busy mind. Presentation of concepts, discussion, practice and meditation define this course.

**Women & Money: Take Control of Your Finances!**

**Peer Leader(s):** Mistie Cliadakis  
**Tuesday(s),** Feb 06–Feb 20 • 10:30 AM–12 PM  
**Location:** Craig Hall: Bradley 1

Women often face unique financial circumstances in their lives. Women have longer life expectancies, are more likely to be living on their own, and are often more conservative investors than men. More and more women are becoming the main breadwinners and find themselves having to make important financial decisions with little preparation. This class will cover the principles of investing and financial planning, including retirement income, asset allocation, diversification, stocks, bonds, mutual funds, ETFs, estate planning, and financial scams. This class is for women only! *Special Note(s): On Tuesday, 2/13, class will meet from 10-11:30am.*

**World Dance**

**Peer Leader(s):** Memo Keswick  
**Friday(s),** Feb 02–Apr 13 • 3 PM–4:15 PM  
**Location:** The Lodge at The Terraces

Fun social dances from around the world, including Bulgaria, Romania, Serbia, Greece, Israel, Scotland, and the United States. Line, circle, and couple dances. No partner required.

**World Dance Singing**

**Peer Leader(s):** Memo Keswick  
**Wednesday(s),** Feb 07–Apr 11 • 3 PM–4:30 PM  
**Location:** Private Residence

Class teaches World Dance songs that challenge the singer tonally, phonetically, and rhythmically. The songs may be performed for many audiences, including for local Chico World Dancers. Whenever possible (especially for performances) singers will be "backed up" by local musicians. Come sing with us!

**Writer's Workshop: Section 1** (✓)

**Peer Leader(s):** Velda Stubbings  
**Wednesday(s),** Jan 31–May 09 • 1 PM–3 PM  
**Location:** Lakeside Pavilion

Writers' Workshop is a class in writing production. It's a chance for you to bring things you've written to a group of involved writers for input. You will read things you've written and share your perceptions of others' writing in the discussion sessions that follow each reading. We welcome all genre of writing with the exception of poetry.

**Writer's Workshop: Section 2** (✓)

**Peer Leader(s):** Jim Smith  
**Wednesday(s),** Jan 31–May 09 • 10 AM–12 PM  
**Location:** The Lodge at The Terraces

Writers' Workshop is a class in writing production. It's a chance for you to bring things you've written to a group of involved writers for input. You will read things you've written and share your perceptions of others' writing in the discussion sessions that follow each reading. We welcome all genre of writing with the exception of poetry