Africa: Exploring the Dark Continent
To many of us, this great and diverse continent is shrouded in mystery. We’ll unravel some of its secrets through lectures, film and personal experiences. (This is a repeat of our spring 2012 class.)
Marvey Mueller, 345-2785
Day: Wednesday
Time: 1:30 - 3pm except Oct 24
Location: Craig Hall
Dates (late start): Sept 26 - Nov 7 (7 sessions)
Special Note: Oct 24 class will begin at 12:30

American Wars-Part 2
We continue our American War series by looking at the Indian Wars in the first half of the 1800s, and the US and Mexican War. Videos and discussion will depict the origins and conduct of each war and the immediate and long-term consequences to the parties involved.
Robert Main, 895-0139
Day: Tuesday
Time: 9:15 - 10:45am
Location: Chico New Thought Center
Dates: Sept 4 – Dec 11

Ancient Methods of Self Realization
Great mystical teachers of India developed methods to experience the Divine based on the personality of spiritual seekers. We will explore karma yoga, bhakti yoga and jnana yoga.
Harry Keshet, 636-4003; hkeshet@yahoo.com
Day: Tuesday
Time: 8:30 - 10am
Location: AJH 118B
Dates: Sept 4 - Oct 23 (8 sessions)

Ballroom Dance, Beginning
Learn swing, foxtrot, waltz and more. Couples and singles welcome. We change partners often so everyone dances.
Gloria Hylton, 345-4170
Day: Thursday
Time: 2 - 3:30pm
Location: Studio One Dance
Dates: Sept 6 - Nov 15 (no class Oct 18)
Special Notes: $5 fee payable to peer leader; Hard-soled shoes

(The) Bhagavad Gita
Explore the practical and devotional mysticism of ancient India. This poetic work is the central inspiration for self discovery in modern times.
Harry Keshet, hkeshet@yahoo.com
Day: Thursday
Time: 8:30 - 10am
Location: AJH 118B
Dates: Sept 6 - Nov 8 (10 sessions)

Birding in the Chico Area
Enjoy locating and identifying birds in the Chico area.
Carl Waters, 343-0398
Day: Thursday
Time: 9 - 11:30am
Location: Various sites
Dates: Sept 13, 27; Oct 11, 25; Nov 8; Dec 13

Book Group
Join this lively group to read and discuss fiction and non-fiction books in a continuing search for great reading.
1st, 3rd, and 5th Thursdays.
Ike Evans, 343-5028; Joan Olmstead, 896-1165
Day: Thursday
Time: 10:45 - Noon
Location: Craig Hall
Dates: Sept 6 - Dec 6 (1st, 3rd and 5th Thurs)

Book in Common: Unquenchable
Join us to discuss America’s water crisis and what to do about it. The Book in Common is a joint project of CSU, Chico; Butte College; the City of Chico; Butte County and the City of Oroville. The author will visit CSU, Chico on October 8. Please read chapter1 prior to first class.
Brooks Thorlaksson, bthorlaksson @csuchico.edu
Day: Tuesday
Time: 2:45 - 4pm
Location: Butte County Library, Chico branch
Dates: Sept 11, 18, 25

Cracker Barrel
A spirited forum on current events awaits you, so drop by and share your perspective.
Charney Herst, 342-3338; Ali Sarsour, 893-1768, Bob Kromer, Karen Rogers, Gene Martin
Day: Monday
Time: 10:30 - 12:30pm
Location: Craig Hall
Dates: Sept 11, 18, 25

Cribbage: Learn to Play
Learn to play cribbage, described as the best card game for two people. Unpredictable and fast-paced, a game can be finished in 30 minutes or less -- once you learn the rules. Partner encouraged but not required. Game pieces provided.
Susan Levine, 895-3650; criblady@gmail.com
Day: Wednesday
Time: 2 - 4pm
Location: Sycamore Glen Retirement Community
Dates (late start): Sept 12 - Oct 31 (8 sessions)
Special Note: Class limit is 20

(The) Ecstatic Poetry of the Sufis
Sufi poets such as Rumi, Hafiz, Attar, Ibn al Arabi, and the honored women poets Rabia al Basri, Lalla and Mirabai have gained a following in the West during the last several decades. This course will offer the unique perspectives of mystical Sufi poets as they express their welcoming embrace of cultural and religious traditions.
Jewel Cox, 403-9736
Day: Wednesday
Time: 1 - 3:30pm
Location: AJH 118B
Dates: Sept 5 - Dec 12
**For a Better Government**
Debate and discuss how we might improve government with emphasis on campaign financing and term limits.
*Gregory Ghica, 877-8182*
  
  **Day:** Thursday  
  **Time:** 11:45 - 12:45  
  **Location:** AJH 118B  
  **Dates (late start):** October 18, 25, November 1, 8

**French: Level A**
In Level A we study basic vocabulary and grammar, and focus on pronunciation. You should have at least one year of high school or college French as this class is not designed for a complete beginner. A textbook is used (available online as a used book).
*Leanne Ulvang, 342-3174*
  
  **Day:** Monday  
  **Time:** 1:15 - 1:45pm  
  **Location:** AJH 118B  
  **Dates:** Sept 10 - Dec 10

**French: Level B**
In Level B we advance our ability to conjugate verbs and construct sentences, questions and stories in French. We practice listening comprehension. Some knowledge of French is a prerequisite. This class uses the same textbook as “Level A.”
*Leanne Ulvang, 342-3174*
  
  **Day:** Monday  
  **Time:** 1:45 - 2:30pm  
  **Location:** AJH 118B  
  **Dates:** Sept 10 - Dec 10

**French: Conversation**
*French Conversation* is for people with a good working knowledge of French who want to have discussions en français, write and read in French, and study grammar and usage (using a textbook).
*Leanne Ulvang, 342-3174*
  
  **Day:** Monday  
  **Time:** 2:35 - 3:35pm  
  **Location:** AJH 118B  
  **Dates:** Sept 10 - Dec 10

**Genealogy**
On the hunt for your ancestors? Learn to trace your family history through the use of online sources, census, church records, city directories, county histories and more. All skill levels are welcome and add to the dynamics of the class. $5 materials fee payable to peer leader.
*Kathleen Corrigan, 876-1901; Betty Porter, 893-1566*
  
  **Day:** Monday  
  **Time:** 8:30 - 10am  
  **Location:** Craig Hall  
  **Dates:** Sept 10 - Dec 10  
  **Special Note:** $5 fee payable to peer leader

**Geology and Natural Resources**
Everything we use comes from natural resources, many of which are geological. Examples include minerals and rocks (iron ore, precious metals, salt, building stone, gemstones, etc.), surface water (oceans, rivers, lakes, and swamps), groundwater, soils, and sources of energy (oil, natural gas, uranium, and coal). In this course we will examine how resources form, how they are found and exploited, and why the U.S., a resource-rich nation, must import many of its resources.
*Stewart Monroe, 566-1066*
  
  **Day:** Tuesday  
  **Time:** 1:15 - 2:30 pm  
  **Location:** Chico New Thought Center  
  **Dates:** Sept 4 - Dec 11

**Great Books of Western Civilization**
Discuss the book you’ve read before each class. Why is it considered great? Why is it still being read today? What important ideas does it express? Please read Dante’s *The Divine Comedy* (516 pages) prior to the first class. Newcomers are welcome to this multi-year course.
*Roy Cook, 934-5234, royofsf@gmail.com*
  
  **Day:** Friday  
  **Time:** 10:45 - 12:30pm  
  **Location:** Craig Hall  
  **Dates:** Sept 7, 28; Oct 5, 19; Nov 2, 16, 30; Dec 14

**Great Decisions 2012**
The Great Decisions Discussion Program is the Foreign Policy Association’s public education initiative to create more informed citizens by bringing people together to discuss U.S. foreign policy and global affairs issues. The study group will engage four major topics during the Fall 2012 semester: Middle East realignment, Mexico, exit from Afghanistan and Iraq, and Indonesia. The 2012 study guide is available for purchase for $20 plus shipping at www.fpa.org or by phone.
*William Tefelter, 879-0231; Myron Flindt, 343-8507*
  
  **Day:** Thursday  
  **Time:** 1:30 - 3pm  
  **Location:** Craig Hall  
  **Dates:** Sept 6 - Dec 13

**Guitar: Beginning – Level Two**
This is for those who already know the basics of beginning guitar. We will learn 12 bar blues progressions and some blues licks, how to transpose the key of a song to another key to suit your own singing voice, how to write a song, some finger picking and a lot more songs.
*Phil Elkins, 514-8974*
  
  **Day:** Tuesday  
  **Time:** 9 - 10:30am  
  **Location:** The Lodge at the Terraces  
  **Dates:** Sept 4 - Nov 6 (10 sessions)

**Health and Dentistry**
This is a class that will offer information about healthy dentistry and maintaining good oral hygiene.
*Carl Colbie, 343-1768*
  
  **Day:** Thursday  
  **Time:** 9 - 10am  
  **Location:** Craig Hall  
  **Date:** Nov 15 (one session)

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Health and Diet
Discussion of health issues applicable to all of us.
Carl Colbie, 343-1768
Day: Thursday
Time: 9 - 10am
Location: Craig Hall
Date: Nov 29 (one session)

iPad for Beginners
An iPad has much to offer, but do you know how to get the most from yours? Bring your iPad and learn tips and tricks for navigation, configuration, and organization. Find out about using the native apps (Maps, Calendar, Safari, etc.), eBooks from iBooks, podcasts from iTunes and iTunes U, and a wide variety of apps to download from the App Store. Find apps that will interest you and others that will entertain and educate your grandchildren.
Linda Perry, 891-5148
Day: Friday
Time: 9 - Noon
Location: Craig Hall
Date: Oct 26 (one session)
Special Note: Class limit is 45

iPad: Beyond the Basics
Are you already comfortable using your iPad to surf the Web, do e-mail, read eBooks, and download new apps or podcasts? Now ... learn to edit movies, create a Website/blog, create a narrated slideshow, create a multimedia presentation or brochure, and more. This is not a beginning iPad class. Bring your iPad to complete a project.
Linda Perry, 891-5148
Day: Friday
Time: 9 - Noon
Location: Craig Hall
Date: Nov 9 (one session)
Special Note: Class limit is 20

Italian Cinema, Classics of, Part 2
Join us on this guided tour through further (and more recent) high points in the distinguished history of Italian cinema. We'll view and discuss major films by great directors, past and present--Fellini, Rossellini, Antonioni, Visconti, De Sica, Pasolini, Bertolucci, etc.
Peter Hogue, 343-0445
Day: Thursday
Time: 1 - 4pm
Location: AJH 118B
Dates (late start): Sept 13 - Dec 13

Jukebox Physics
In this series of stand-alone presentations we will explore a variety of topics, several by guest lecturers. We'll find the physics in The Kitchen, Our Sun, Toys, Baseball, Biophysics, Discovering New Planets, Animals & Plants, Nuclear Energy, and a few others.
Scott Perry, 891-5148
Day: Tuesday
Time: 11:15 - 12:30pm
Location: Chico New Thought Center
Dates: Sept 4 - Dec 11

(The) King David Cycle
We will read and discuss the material about King David in the Bible (Samuel I & II). The material will be treated as literature and will draw on several traditions of interpretation.
Dennis Daniel, 809-0619
Day: Tuesday
Time: 1 - 2:30pm
Location: AJH 118B
Dates: Sept 4 - Dec 11

Landscaping for Homeowners
Looking for information on landscaping? This class, conducted by a professional landscaper, is for you. Topics covered include design, installation, repairs, maintenance, soil improvement, water management and minimization of chemical use. Questions encouraged!
Craig Seabury, 345-8446
Day: Monday
Time: 10:15 - 12:15
Location: AJH 118B
Dates: Sept 10 - Oct 22 (7 sessions)

Laughter for Health
Laughter Yoga is an activity where you laugh for the sake of laughing to increase your sense of well-being. This is not a physical exercise like Hatha Yoga; however, it does include some yoga breathing. It is not necessary to be in "good shape" to enjoy this process
Janine Soleil, 343-4052
Day: Monday
Time: 3 - 4 pm
Location: Craig Hall
Dates: Sept 10 - Dec 10
Special Note: Class limit is 40

Let's Walk
Walking provides many physical and mental health benefits. If you hate to walk alone, put on your shoes and join us for a stroll through Bidwell Park.
Ike Evans, 343-5028; M' K Veloz, 893-1558
Day: Friday
Time: 10:45 - Noon
Location: Meet at CARD on Vallombrosa
Dates: Sept 7 - Dec 14
Special Note: No dogs allowed

(The) Life and Times of American Presidents: Lincoln’s War Years
Learn about the people, culture and economic climate. This is not a military history course.
Bob LoFaso, 894-6854; rglofaso@hotmail.com
Day: Tuesday
Time: 10:30 - Noon
Location: Craig Hall
Dates: Sept 4 - Dec 11
Love Your Library
Move "beyond the card catalog" and learn how to set up an account and manage it at the Butte County Library as well as find information on the library's electronic resources. Please obtain Butte County library card prior to first class meeting.

Marian Milling, 864-2269
Day: Thursday
Time: 3:15 - 4:15
Location: Craig Hall
Dates: November 1, 8, 15, 29

Media Issues and Ethics
Discuss historic and contemporary issues concerning media and communication issues, practices and ethics. Format is videos, lectures and vigorous discussion. Class participation is encouraged in the selection and presentation of issues and examples of salutary or egregious media conduct. Emphasis is on the news function of media and the First Amendment protection of independent expression in all media forms.

Robert Main, 895-0139
Day: Wednesday
Time: 10:15 - 11:45pm
Location: Craig Hall
Dates: Sept 5 - Dec 12

Meditation and Contemplation
Whether you are new to the class or returning, we'll review and practice meditative and contemplative techniques. We'll also explore the connection between contemplative and compassionate living.

George McClendon, 898-9833
Day: Monday
Time: 8:30 - 10am
Location: AJH 118B
Dates: Sept 10 - Dec 10

Movie Matinee
Who doesn't love a good movie? View and discuss artful, diverse films in a comfortable setting on a widescreen TV. Some will be subtitled; many will be award winners.

Lucille Schell, 343-8605; Phyllis Stillwell, 894-1405
Day: Wednesday
Time: 1:30 - 3:30pm
Location: The Lodge at the Terraces
Dates: Sept 5 - Dec 12

Poetry for Pleasure
Reading poetry is a wonderful, creative medium. Students select and copy poems of interest from books, magazines and newspapers. Members of the class take turns reading poetry selections aloud with their fellow poetry enthusiasts.

Jim Kirks, 342-2179
Day: Friday
Time: 9 - 10:30am
Location: AJH 124
Dates: Sept 7 - Dec 7 (1st, 3rd, 5th Friday)

Power of Myth
How do myths affect us personally and psychologically? Each class will view the Bill Moyer/Joseph Campbell conversations (PBS circa 1985) followed by discussion of the universal insights and motifs of mythology.

Sydney Wilde, 2skwilde@gmail.com; 809-0619
Day: Friday
Time: 1 - 2:30
Location: Craig Hall
Dates (late start): Sept 21 - Dec 14

Reading Historical Novels
Read, relish and discuss the best of Western historical novels. These novelists make history come alive in ways that travel and history writers often can't as they take you to another place and another time. Please read Niccolo Rising (Dorothy Dunnett) prior to the first class.

Roy Cook, 934-5234; royofs@comcast.com
Day: Tuesday
Time: 12:30 - 1:45pm
Location: Craig Hall
Dates: Sept 4, 18; Oct 2, 16, 30; Nov 13, 27; Dec 11

Reading Shakespeare
To learn Shakespeare is to learn about life. Plays chosen by the class are placed in historical context by the peer leader while class members read plays aloud. Discussion of plot, character development, and Shakespeare's use of language and poetry will enhance your appreciation of the Bard.

JoAnne Starnes, 342-0429
Day: Tuesday
Time: 10:30 - Noon
Location: AJH 118B
Dates: Sept 4 - Oct 30 (9 sessions)

Spanish Conversation, Beginning
This is designed for those with a small knowledge of Spanish. We will study basic vocabulary and grammar and practice pronunciation. Required text is Easy Spanish Step-by-Step by Barbara Bregstein, available in paperback.

Rita Allen, 343-2176; ritarun2@yahoo.com
Day: Tuesday
Time: 9 - 10am
Location: Craig Hall
Dates: Sept 4 - Nov 27 (12 sessions)

Special Note: Class limit is 30

Symphony Notes
Already love the North State Symphony or possibly want to learn more? Each one-hour class will cover the composers, pieces to be played, and guest artists specific to the upcoming concert. Concerts are within one week of the lecture.

Victoria Simone-Letcher, 343-2109
Class #1: Thurs, Sept 20, 3:30 - 4:30pm
Class #2: Wed, November 7, 3:30 - 4:30pm
Location: Craig Hall
Taking Sides
This debate and discussion forum continues from the spring with political and social topics such as Should America Adopt Public Financing for Political Campaigns?, Does the News Media have a Liberal Bias?, and Should the Government Provide National Health Insurance? Newcomers are welcome.
Gregory Ghica, 877-8182
   Day: Thursday
   Time: 10:15 - 11:45am
   Location: AJH 118B
   Dates (late start): Oct 18 - Dec 13

Voyages of Discovery in the Pacific Islands
We will explore great sea voyages of adventure and discovery by the Polynesians, the 19th Century Europeans and the U.S. Navy.
Ann Stewart, 342-2991
   Day: Wednesday
   Time: 9 - 10am
   Location: Craig Hall
   Dates (late start): Sept 26 - Nov 14 (8 sessions)

Willows Book Group
Join this lively group to read and discuss fiction and non-fiction books in a continuing search for great reading. 2nd and 4th Tuesdays.
Marianne Madariaga, 520-4463
   Day: Tuesday
   Time: 10:30 - 11:45am
   Location: First Lutheran Church, Willows
   Dates: Sept 11 - Dec 11 (2nd and 4th Tuesdays)

Winter Waterfowl - Gray Lodge
See wintering ducks and geese at Gray Lodge. Dress warmly, wear walking shoes, bring field glasses. We will walk 1 mile to viewing platform and back. Let’s miss the morning fog and meet at 1:00pm.
Herman Gray, 893-9714
   Day: Friday
   Time: 1 - 3pm
   Location: Meet at Gray Lodge Parking Lot 14
   Date: Nov 16 (one session)

Winter Waterfowl - Llano Seco
Visit wintering ducks, geese, cranes at Llano Seco on 7 Mile Lane, SW of Dayton. Meet at parking lot. Viewing platform is right there. Dress warmly and bring binoculars.
Herman Gray, 893-9714
   Day: Saturday
   Time: 10 - Noon
   Location: Meet at parking lot
   Date: Dec 8 (one session)

Wisdom through Meditation
Learn how to discover your own personal truth and wisdom through calming the busy mind. Class format is the presentation of concepts, discussion, practice and meditation.
Gayle Womack, 332-9414; gaylew11@aol.com
   Day: Wednesday
   Time: 10 - 11:30am
   Location: Lakeside Pavilion (CARD-owned)
   Dates: Sept 5 - Dec 12
   Special Note: Class limit is 40

World of Opera
Opera takes the human voice to the absolute limits of its capability. Listen to the world’s greatest singers in the world’s greatest opera productions on a widescreen TV in a comfortable theatre. Why opera? Try it and you will know why.
Clare-Louise Bates, 873-2186
   Day: Thursday
   Time: 1 - 4pm
   Location: The Lodge at the Terraces
   Dates: Sept 6 - Dec 13

Writers’ Workshop
Join the writers’ workshop and share your creative writing efforts and short stories, articles and novels. This group is open to published authors as well as novices.
Velda Stubbings, 342-1163; Jim Smith, 877-8176
   Day: Wednesday
   Time: 1:30 - 4pm
   Location: Lakeside Pavilion (CARD-owned)
   Dates: Sept 5 - Dec 12
   Special Note: Class limit is 20

Writing Your Slice of Life
If you have always wanted to write your story and leave a written account of your life, this class provides assistance -- in a low-key and non-judgmental atmosphere -- with the writing process: how to get started and keep going; how to use exercises, both in class and at home, to stimulate creativity; and how to go about sharing your story with others. 2nd and 4th Thursdays.
Mary Brashears, 897-6915; marybrash@aol.com
   Day: Thursday
   Time: 10:45 - Noon
   Location: Craig Hall
   Dates: Sept 13 - Dec 13 (2nd and 4th Thurs)