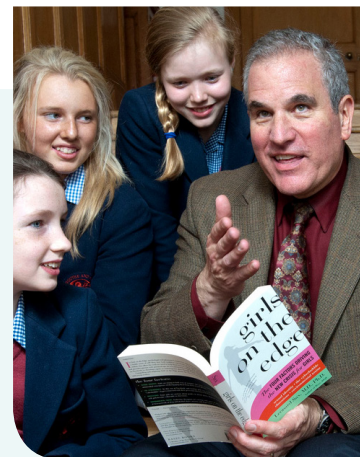


# boys adrift & girls on the edge

Presented by **Leonard Sax, MD, PhD**  
**October 19, 2013 at CSU, Chico**



## Presenter:

**Leonard Sax, MD, PhD**  
[www.leonardsax.com](http://www.leonardsax.com)

Leonard Sax, MD, PhD, graduated Phi Beta Kappa from the Massachusetts Institute of Technology (MIT), and then went on to the University of Pennsylvania, where he earned both a PhD in psychology, and an MD. He completed a 3-year residency in family practice at Lancaster General Hospital in Lancaster, Pennsylvania. He practiced primary-care medicine in the suburbs of Washington DC for 19 years before beginning an extended sabbatical to visit schools and to lead workshops on child and adolescent development. Dr. Sax returned to clinical medicine in 2013.

In 2005, Doubleday published his first book, *Why Gender Matters*. His second book, *Boys Adrift*, was published in 2007. His third book, *Girls on the Edge*, was published in 2010. His fourth book will be published in 2014. Dr. Sax has spoken on issues of child and adolescent development for communities in the United States, Australia, Bermuda, Canada, England, Germany, Italy, Mexico, New Zealand, Scotland, Spain, and Switzerland.

**Part 1 - Boys Adrift** — A growing number of boys today regard academic achievement as something girls care about. Working hard to get straight A's in the era of Eminem, John Mayer and Justin Timberlake has come to seem unmasculine in the eyes of many boys (but not all; we talk about the exceptions). Dr. Sax begins this presentation with an overview of the five factors driving this growing epidemic of unmotivated boys. He then shares strategies which have been effective in re-engaging some of these disengaged boys and young men. Key aspects of this presentation include best practice for identification of boys at risk and effective intervention with those boys. Also considered is the risk of over-diagnosis of conditions such as ADHD and Oppositional-Defiant Disorder, with special attention to how professionals who work with teenage boys can be effective advocates for those boys within the system.

**Part 2 - Girls on the Edge** — An increasing proportion of girls today are struggling. Forty years ago, it was unusual for girls to have trouble sleeping through the night; today it's common. Forty years ago, it was rare to find a girl who was deliberately and repeatedly cutting herself with razor blades; but some of the latest reports suggest that today, at least one in five girls age 10 to 18 is deliberately and repeatedly hurting herself by cutting, burning herself with matches, etc. Why are a growing number of girls so anxious? Why are one in eight young American women now taking anti-depressant medication? What do professionals who work with teenage girls need to know in order to intervene effectively?

## Who Should Attend?

Psychologists • Marriage & Family Therapists • Attorneys • Social Workers • School Counselors • Mediators • Child Custody Evaluators • Physicians • Behavioral Health Professionals • Nurses • Children's Advocates • Teachers & School Administrators • Concerned Parents

## Earn Continuing Education for Professionals

This program is submitted for 7 hours from:

- ▶ Board of Registered Nursing (Provider 00656)
- ▶ Board of Behavioral Sciences (Provider PCE 799)
- ▶ California Psychological Association Accrediting Agency (Pending)
- ▶ California Bar Association Provider (Pending)

## Registration Fees:

- ▶ Individual Registration, \$195. \$225 after Oct. 1
- ▶ Group of 3+, \$175
- ▶ CSU Faculty, Staff & Students, \$75

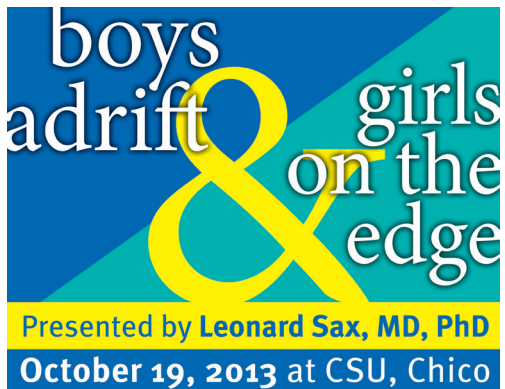


Register online or call **530-898-6105**.  
 For more information, program agenda, and presenter bios, please visit the website.

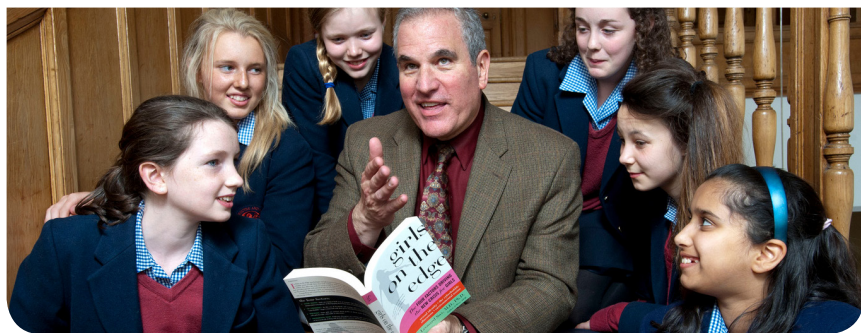
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### Boys Adrift & Girls On the Edge—October 19



- Achieve a better understanding of the factors which motivate boys to achieve in school and in the workplace.
- Understand some of the stresses facing girls, as well as new problems such as non-suicidal self-injury.
- Understand sex differences in the propensity to delinquent behaviors.



### Domestic Violence Update—November 8

## Save the Date!

### NOVEMBER 8, 2013

Colusa Hall Conference & Event Center | Chico State Campus



- Explore the continuing changes in Family Courts as a result of the Judicial Council's Elkins Task Force.
- Understand the requirements surrounding and options available for children wishing to participate in child custody cases in Family Court.
- Understand the role of a mental health professional in the court system.
- Understand the point of view of the law and the judge in a family law/domestic violence case.



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