



OLLI AT CSU, CHICO

LEARNING *Never Retires!*

October 2009
Volume XIX, Issue 2

Osher Lifelong Learning Institute at CSU, Chico ■ Aymer J. Hamilton 118B, Chico, CA 95929-0792
(530) 898-6679 ■ www.rce.csuchico.edu/osher



PRESIDENT'S LETTER

When I retired from my job at Stanford University, the doctoral physics students I had supported gave me a present of a fancy, vibrating, heated back cushion. It was sweet of them, and I was grateful, but... well, their idea of what retirement was about did not match my expectations. Not that I knew what experiences retirement would hold for me, but I knew I was not interested in sitting in a recliner and being mechanically massaged. I wanted to be active doing some of the things I enjoyed and hadn't had time to explore previously. Traveling and taking non-credit classes, learning for the love of it, were two of the top things on my list. And thus, when I heard about OLLI (then called Prime Timers), I signed up.

My first class was Italian with peer leader Lena Valcarenghi, and although I never quite got the pronunciation right, Lena's laugh was captivating, and everyone enjoyed the class. There I met two other students, Joyce Anderson and Maria Martin, who were interested in taking a trip to Italy. So along with my friend, Julia Jenkins, the four of us went to the hill towns of Italy on an Elderhostel tour. We called ourselves the "Chico Chicks," and had a wonderful time together. We still do. When we returned to Chico, I signed up for as many classes as I could.

INSIDE THIS ISSUE

President's Message	1
General Meeting	1
Meet Abe Baily, Peer Leader	2
Boeuf Bourguignon in Five Steps	2
One Shot Tour of CSU campus	3
Movie Matinee Film List	3
Late Starting Classes and Class Changes	3
Antiques Road Show	3
Officers and Directors	4
Healthy Aging Summit	4
Curriculum Proposals	4

The next week I donated the vibrating massage cushion to a nursing home.

I love OLLI's new motto: **Learning never retires.** For me it's about stretching myself to explore new interests and meet new friends, both of which are enriching. Fall is full of compelling events, such as the presentation on how to protect yourself from identity theft (Oct 7), and *Fifty Years of Astronomy* (Nov 4). Both events occur at 11:30am at the Masonic Family Center, 1110 W. East Avenue. Some really great classes have their first session this month. Check out page 3 for 'late starting classes.'

Linda Hubby

NOVEMBER 4 GENERAL MEETING

Don't miss it! OLLI peer leader Scott Perry will be the speaker at the November 4 general meeting at the Masonic Family Center, 1110 W. East Avenue at 11:30am. In his presentation, *Fifty Years of Astronomy*, he will cover some of the technological and scientific developments in astronomy during the latter half of the twentieth century. Anyone who has taken one of Scott's classes will agree that he knows how to make learning fun. Join us for an enjoyable presentation!

MEET ABE BAILY, PEER LEADER

By Mike Sajben



Photo by Polly Tripp

Abraham (Abe) Baily creates a strong first impression. A rich, resonant voice, fine choices of words to match and a smile to top it all off – quite a package. The full

head of white hair and the

well-trimmed white mustache are a bonus. It comes as no surprise that he was a radio volunteer for 25 years and name reader for three decades worth of commencements. He has also enjoyed filling master-of-ceremony roles for many events, all of them in Chico.

Abe was a dean of students at CSUC. Most of his activities involved young people: he was director of the educational opportunity programs, director of University outreach programs and athletics development director. He is a founding board member and past president of the Boys and Girls Club of Chico.

Abe was also active on the national scene. He was consultant to several national organizations (ACTION-Peace Corps, National Student Volunteer Program and Service Learning program) and member of the professional development and standards committee for the National Association of Student Personnel Administrators.

Abe left his mark on local civic life also: he is a past president of the Greater Chico Chamber of Commerce. He is current president of the board of directors for the Work Training Center.

He enjoys reading, bicycling, public speaking, good coffee, riding his BMW1200RC motorcycle and listening to good music. He is married, has four children and four grandchildren.

His current course is called *Soliloquy, Information, Motivation, Improvisation*, a title he uses to convey the message that he will discuss the elements of effective speaking and debate, in public or otherwise. The course meets Tuesdays at 2:30pm at University of Phoenix. It is Abe's second appearance as a peer leader, but we suspect it is not going to be the last.

A BOEUF BOURGUIGNON IN (GASP) FIVE STEPS

By Charlie McCarthy

When our somewhat experimental Food and Wine class held its first meeting on August 24, we had a built-in conversational stimulus thanks to *Julie & Julia*. The week following the movie's release about 22,000 copies of *Mastering The Art of French Cooking* were sold. I looked to see if we still had our copy of *Mastering...* and my wife, Pat, pointed out we'd disposed of it in one of our many garage sales. I re-

counted for the class that we can still remember a glorious meal a friend prepared for us in Boston, about 40 years ago, using Julia Child's recipe for Jambon Braisé Morvandelle. I think our hostess spent most of that Saturday painstakingly following the multi-page recipe for braised ham from the Morvan

(region of Burgundy) style.

A recent article in the Wednesday Dining section of the *New York Times* stimulated me to share it with the class. The article's headline was *A Boeuf Bourguignon In (Gasp) Five Steps* — clearly a recipe with perhaps ten fewer steps than in Ms. Child's original. I thought our Newsletter readers might also enjoy the recipe, so here it is:

1 T. oil / 3 oz. onions, chopped / 3½ oz. thick-cut bacon, diced / 1½ lbs. stewing beef cut into 1½ inch pieces, patted dry / ¼ c. flour / 1¼ c. stock, hot / 1¼ c. red wine / 1 bouquet garni (1 bay leaf, 3 sprigs thyme and 3 sprigs parsley, tied together) / black pepper, salt / 3½ oz. mushrooms, diced

1. In heavy pan, over medium heat, heat oil. Add onions and bacon, cook stirring until browned. Remove from pan, leave in oil. **2.** Add beef and brown on all sides. **3.** Sprinkle browned beef with flour, stir until browned and add stock. Stir, scraping bottom of pan, then add reserved bacon and onions, the wine and bouquet garni. Season with pepper. **4.** Simmer gently for 2 hours. **5.** Add mushrooms and cook 30 minutes more. Season with salt and serve. Yield: 4 – 6 servings.

Bon appétit!



Photo by Pat McCarthy



Photo by Bob Brand

OLLI members listen attentively to Chico State students during a ‘one-shot tour’ of the CSU campus.

2009-2010 MOVIE MATINEE FILM LIST

Sept 9	<i>Americanization of Emily</i> 1964	England
Sept 16	<i>Playboys</i> 1992	England
Sept 23	<i>Nobody Knows</i> 2004 captions	Japan
Sept 30	<i>Nothing is Sacred</i> 1937	U. S.
Oct 7	<i>Girl with the Green Eyes</i> 1964	England
Oct 14	<i>Coup de Torchon</i> 1981 captions	France
Oct 21	<i>Madness of King George</i> 1994	England
Oct 28	<i>Strictly Ballroom</i> 1993	Australia

ANTIQUES ROADSHOW?

Do you have a collection of interesting objects to share? A proposed antiques class for spring semester would be led by participants showing their personal collections. Call Celeste Haynes, 894-5813, for more information.

LATE STARTING CLASSES FOR FALL 2009

- **Oct 12 to Nov 9** - Mon., 1-2:30pm, U of P
Chico Urban Area Issues & Controversies
Peer Leader: Fred Davis
- **Oct 14, Nov 4 & 18** - Tours - Wed., 1:30 - 3pm
Lodestar Olive Farm, Chico Area Art Studio Tour, Lundberg Family Farm—Peer Leaders: Frank Benjamin & Pat LeBlanc - Call Peer Leader for directions
Tel. 345-3581 (Frank) or 872-4159 (Pat)
- **Oct 15 to Dec 3** – Thur., 9 - 11:30am
Birding in the Chico Area
Peer Leader: Carl Waters Tel. 343-0398
- **Oct 28 to Nov 18** - Wed., 9 - 11am
Getting to Know Bidwell Park Flora
Peer Leaders: Wes Dempsey & Lisa Smith
Tel. 342-2293 (Wes)
- **Nov 3 to Nov 17** – Tues, 12:30 - 2pm, U of P
Cuba 2001: Trains and Cultural Observations
Peer Leader: Klaus Keil

PLEASE NOTE the following time and location change for *Beginning Spanish* with Neal Wiegman:
New time: 10—11:30am New location: University of Phoenix

LEARNING Never Returns!

Osher Lifelong Learning Institute
California State University, Chico
118B Aymer J. Hamilton
Chico, CA 95929-0792

Osher Lifelong Learning Institute, CSU, Chico

Aymer J. Hamilton 118B, Chico, CA 95929-0792

Hours: Monday-Thursday 9 – 1 pm

www.rce.csuchico.edu/osher

Linda MacMichael, Program Coordinator, 898-5858

lmacmichael@csuchico.edu

Koni Needles, Program Assistant, 898-6679

kneedles@csuchico.edu

OFFICERS & DIRECTORS:

President Linda Hubly 893-5905

1st VP/Re-Entry Scholarships David Murphy 345-7833

2nd VP/Program Chairman Mary McCart 893-5363

Secretary Barbara Todd 342-2549

Treasurer Don Smith 879-1879

Director Ruth Hetherington 345-3565

Director Sharron Mathans 342-2995

Director Charles McCarthy 343-3169

Director Gretchen Piercy 343-4998

COMMITTEE CHAIRPERSONS:

Curriculum Co-Chair M'K Veloz 893-1558

Curriculum Co-Chair Victoria Simone-Letcher 343-2109

Hospitality Joyce Anderson 895-3093

Membership Julia Jenkins 893-5905

Newsletter Elisabeth Stewart 891-5060

Publicity/Pub. Rel. Francine Gair 892-1818

Past President Roxanne Ferry 891-1722

Healthy Aging Summit and Senior Expo

CARD, Enloe Home Health, Interim Home Style and AARP are presenting this free event that offers a great chance to see the latest products and services, view demonstrations, participate in screenings and gather information specifically targeted for those over the age of 50. Educate yourself, family and friends about the importance of prevention and maintaining health for independence. For a detailed flyer of events, please contact the CARD Office.

Date: Thursday, October 8

Time: 10am-2pm

Where: CARD Community Center

CURRICULUM PROPOSALS

The curriculum committee is soliciting proposals for spring semester. The deadline is October 13. The committee is also looking for new peer leaders. For more information, contact M'K Veloz (893-1558, mkveloz@comcast.net) or Victoria Simone-Letcher (343-2109, simoneletcher@gmail.com).